

STARS AND STRIPES

dandelions



Exploring the Pacific

Kids' Kitchen

Using chopsticks

Making Origami

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THE NEW SANNO
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dandelions

STARS AND STRIPES

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Japan.Stripes.com



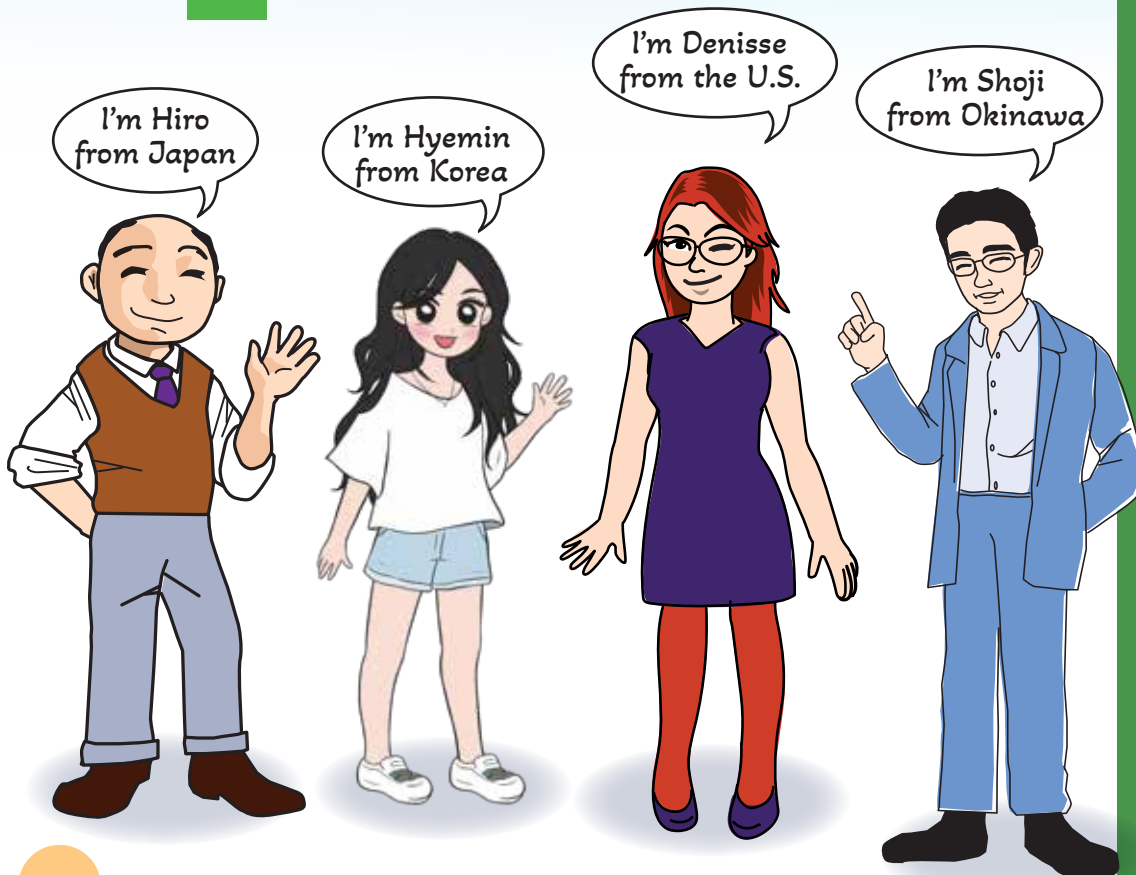
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Guam.Stripes.com



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FACEBOOK



INSTAGRAM

IT'S ALL ABOUT ME

MY NAME IS:

I WAS BORN IN:

PLACES I HAVE LIVED:

MY FAVORITE PLACE TO LIVE IS:

MY GOAL WHILE LIVING HERE IS:

I'M HAPPY WHEN:

Our parents took us to see 'Aquaman' at the pool. I was swimming just like the superheros in the movie!



My mom and dad let me build my own pizza - ham, pineapple and pepperoni - it was delicious! I can't wait to visit again!



IT'S A KIDS' WORLD

The New Sanno Hotel's brand new SANNOKiDZ program ensures our junior guests enjoy their stay as much as their parents do.

The New Sanno Hotel is here for the military family, no matter how young - come and see for yourself!



Pool Parties



Yoga Classes



Karate Classes



Movie Nights

The Edge
Recreation Program



THE NEW SANNO
TOKYO



INFORMATION
229-7262
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MY DREAMS

If I could travel to one place in the Pacific with my family, it would be:

If I could go to one place with just my friends, it would be:

If I could pick one international food to eat right now, it would be:

In 10 years, I will be:

Tell us your story!

If you are reading this, you are part of the military community. And because of that, we're going to make you famous!

Each year, Stars and Stripes celebrates April's Month of the Military Child by publishing stories from our wonderful military children.

So, tell us what it's like to be a military child and we'll post your story on our special Month of the Military Child website, militarychild.stripes.com, and it could appear in one of our community papers.



militarychild.stripes.com



An island full of wonder

By Malia Ocampo

From going to the beach and hiking, to seeing unbelievable stunts at a circus, it is a time to appreciate the environment of Guam.

You'll have a great time in Chamorro Village, which has fun carnival games, wonderful goods and shops that sell toys, clothing, hats, jewelry, and more cute items.

The ocean and beaches are two of the top things to

see and experience in Guam. Some of the top spots are Tumon Beach, Ritidian Point, Gun Beach, and Ypao Beach. You can play in the sand and make sandcastles, or splash in the cool, crystal-clear sea. You can also go swimming, snorkeling, or scuba diving and you just might see sea animals such as fish, turtles, clams and starfish! And your parents will love the beautiful orange sunrises and sunsets.

Lastly, Guam has many hills and mountains just waiting to be climbed! This is a great way to get exercise, breathe fresh air and enjoy

the environment of Guam. Once you get to the top of the mountain, you can see the gorgeous view of the area. There are steep mountains, muddy paths, and green trees, so make sure to wear hiking gear! When you're hiking, your family is sure to have a great time!

Guam has many places, things, and activities to enjoy at any time! You and your family will laugh, bond, and make memories together. You'll have a wonderful time exploring the island of Guam!



Malia



Let's go boonie stomping!

Hey, kids! one of the most adventurous and memorable outdoor activities you can experience on Guam is "boonie stomping," which is what locals call hiking in the jungle. Guam's landscape is dotted with stunning sites, including secluded rivers and coastlines, cascading waterfalls, majestic mountain peaks, natural caves, remnants of its ancient Chamorro civilization, and historical World War II battlegrounds. Exploring the jungle can be fun, but never do it alone. Ask your parents about boonie stomping. Here's a good place to start: www.facebook.com/GuamBoonieStompers



Welcome	Bienbenidu
Hello	Hafa A dai
Excuse me/Sorry	Dispensa yu
Thank you	Si Yu'us ma'ase
You're welcome	Buen prubechu
Where's the toilet?	Manu na gaigne i kemmon?



QUIZ TIME

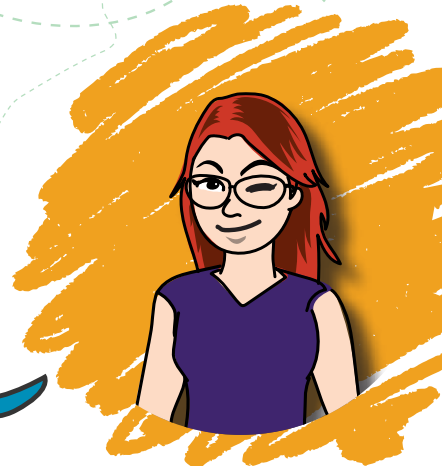


Draw a line to the correct answer

1. Guam's most famous spot for visitors •
2. One of the tallest mountains in the world •
3. Air Force base on Guam •
4. Navy base on island •
5. What hiking is called on Guam •

- Andersen Air Force Base
- Naval Base Guam
- Two Lovers Point
- Mount Lam Lam
- Boonie stomping

Answers:
1. Two Lovers Point 2. Mount
Lam Lam 3. Andersen Air Force
Base 4. Naval Base Guam
5. Boonie stomping



Now that you've passed the quiz, let's take a dive and color in a cool sight you can see off Guam's coast.



Fun facts

South Korea is home to K-pop sensation BTS, considered one of the most famous singing groups in the world.

If you want everyone to smile for a photo, you need to say "kimchi," not "cheese."

Toilet paper is considered a great house-warming gift for Koreans.

When South Koreans are born, they are already considered one year old.

The number 4 is considered unlucky.



Let me teach you some Korean phrases and words.

Hi / Hello	Annyeong-haseyo	Spoon	Sujeo / Sutgarak
My name is (your name)	Je ireum-eun [John] innida	Chopsticks	Jeotgarak
I'm from (your country, city)	Jeo-neun [New York]-eh-seo wasseo-yo	Bowl / Plate	Geu-reut
Nice to meet you	Manna-seo ban-gap-seum-nida	Rice	Bap
Bye	Annyeonghee gah-seh-yo	Soup	Guk

Let's learn how to use chopsticks!



Don't stick your chopsticks standing straight up in a rice bowl!



1 Place the upper part of the first chopstick between the thumb and index finger and put the lower part on a ring finger.

2 Grab the second chopstick between the index and middle finger and hold it with the thumb.

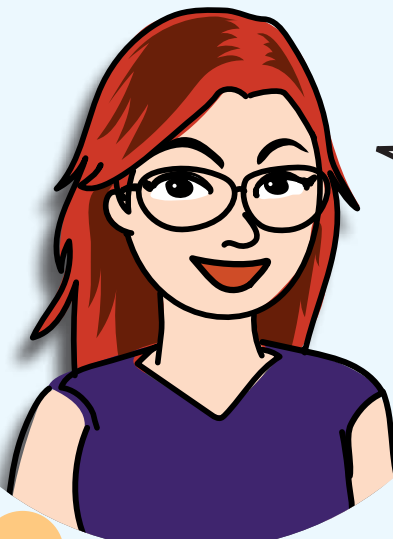
3 You don't have to move the first chopstick. Open and close the second chopstick to pick up food by using the index and middle finger.

A-MAZE-ING KOREA



Grab a pencil and
make your way
across my
beautiful country.

Exploring the Pacific



Look at all the countries on the map! Use the Country Flags box to help you write the name under each flag.

Country Flags



AUSTRALIA



BANGLADESH



BHUTAN



BRUNEI



CAMBODIA



CHINA



EAST TIMOR



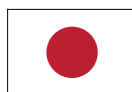
GUAM



INDIA



INDONESIA



JAPAN



LAOS



MALAYSIA



MALDIVES



MONGOLIA



MYANMAR



NEPAL



NORTH KOREA



PALAU



PAPUA NEW GUINEA



PHILIPPINES



RUSSIA



SINGAPORE



SRI LANKA



SOUTH KOREA



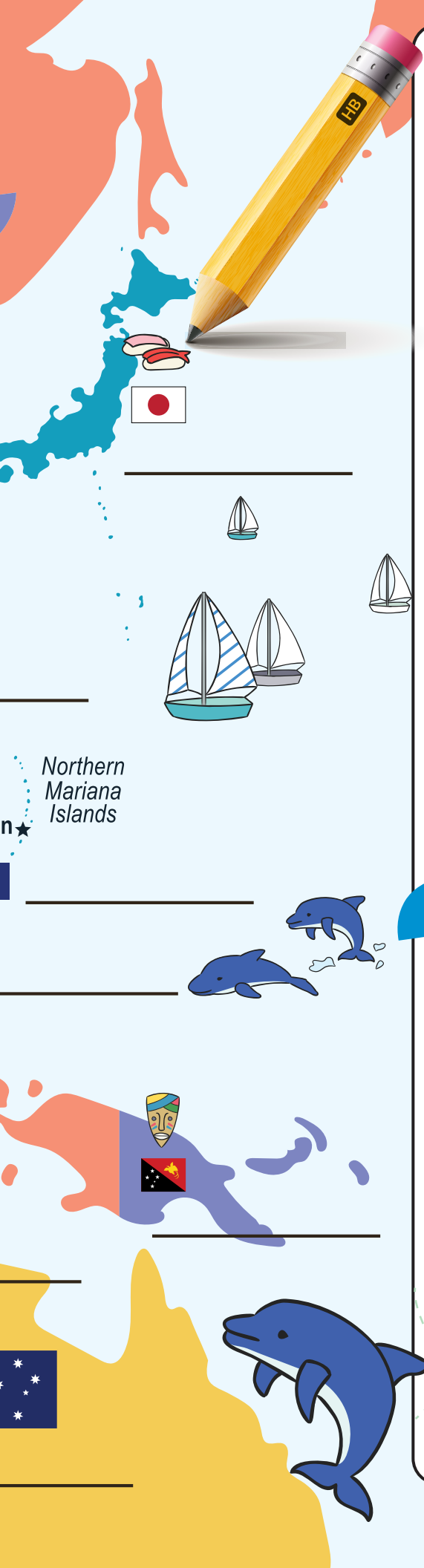
TAIWAN



THAILAND



VIETNAM



QUIZ TIME



Draw a line to the correct answer

- | | |
|---|---------------|
| 1. Tokyo is part of this country • | • DMZ |
| 2. Where is Seoul located? • | • Okinawa |
| 3. Country where Bali is located • | • Mount Fuji |
| 4. The Great Wall is in this country • | • Indonesia |
| 5. This island in a U.S. territory • | • China |
| 6. Japan's tallest mountain • | • Guam |
| 7. The land between North and South Korea • | • Japan |
| 8. Island chain in Japan • | • South Korea |

Answers: 1. Japan 2. South Korea 3. Indonesia 4. China 5. Guam 6. Mount Fuji 7. DMZ 8. Okinawa

JAPANESE CULTURE WORD SEARCH



CHERRY BLOSSOM	BENTO BOX	SAMURAI
CHRYSANTHEMUM	EAST ASIA	TEMPLES
HELLO KITTY	BUDDHIST	YEN
MOUNT FUJI	EMPEROR	BONSAI
TECHNOLOGY	ORIGAMI	GEISHA



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Novice

FUN FACTS

Japan is made up of more than 6,800 islands.

Tokyo is the capital and largest city of Japan.

Mount Fuji is the country's tallest mountain and an active volcano that last erupted in 1707.



Japan has more than 50,000 Buddhist temples and Shinto shrines.

Cherry blossoms, or sakura, are very important in Japanese culture and bloom in the spring.

Sumo wrestling is the country's national sport.



Green tea is the most popular beverage in Japan and popular worldwide.

Japanese animation is enjoyed by people around the world.



Manga are Japanese comic books that are popular inside and outside Japan.

Speakin' Japanese

GAMBATTE!
(GOOD LUCK TO YOU!)

My name is~.

Watashi no namae wa ~ desu.

Wah-tah-shee noh nah-ma-eh wah ~ dehs.

What's your name?

Anata no namae wa nandesuka?

Ana-tah noh na-ma-eh wah nan-de-sue-kah.

Thank you.

Arigato (informal)

Air-ee-gah-toe.

Thanks.

Domo (very casual)

Dough-moe.

That's ok.

Daijoubu desu.

Dye-joe-boo dehs.

You're welcome.

Doutashimashite.

Dough-tash-ee-mash-ee-teh.

When?

Itsu?

Ee-tsoo.

What?

Nani?

Nan-ee.

Have a nice day.

Yoi ichinichi wo.

Yo-itchy-knee-chi woe.

How much?

Ikura desuka?

Ee-koo-rah deh-sue-kah.

Nice to meet you.

Hajimemashite.

Ha-gee-meh-mash-ee-teh.

What is that?

Sorewa nan desuka?

Sore-eh-wah nan deh-sue-kah.

Word Scramble

Help me spell the names of some of Japan's 47 prefectures correctly!



Correct spelling

- Akita
- Aomori
- Chiba
- Fukuoka
- Fukushima
- Hiroshima
- Hokkaido
- Hyogo
- Iwate
- Kanagawa
- Kyoto
- Nagano
- Niigata
- Nagasaki
- Nara
- Okinawa
- Osaka
- Tokyo
- Yamaguchi

Map labels (scrambled):

- Kokhaido
- Oamori
- Kitaa
- Waite
- Tiigana
- Kufumashi
- Ganano
- Kotyo
- Bachi
- Nakawaga
- Rana
- Kasao
- Wanaoki
- Mahiroshi
- Gohyo
- Okyto
- Yachimagu
- Fukakuo
- Taoi
- Sakinaga

Island life

Okinawa Prefecture, located far south of mainland Japan, is made up of more than 160 inhabited and uninhabited islands.

The capital of Okinawa is Naha. Naha is on the island with the most people, which is known as Okinawa Main Island.

The temperature is warm all year round in Okinawa and there are many beaches. It doesn't snow on Okinawa. People love to go snorkeling to see all the beautiful fish, sea turtles, jellyfish and other sea creatures.

An average person in Okinawa lives to

be older than 90 years old. Many people think that is because Okinawan food is healthy. Fish is very popular, but people also eat sea vegetables and pork.

Okinawa's music is popular all over Japan. A musical instrument called a sanshin is often used.

There are several US military bases in Okinawa, including Kadena Air Base, Torii Station and Camp Foster.



CHECK YOUR KNOWLEDGE OF ISLAND LIFE

1 What is the name of Okinawa Prefecture's biggest island?

2 What is the capital of Okinawa?

3 Does it snow on Okinawa?

4 How old does the average person on Okinawa live to be?

5 What is good way to see fish, sea turtles and jellyfish?

6 Name a musical instrument from Okinawa.

- 1. Okinawa Main Island.
- 2. Naha
- 3. No
- 4. Older than 90
- 5. Go snorkeling
- 6. Sanshin

Answers:

FAMILY FUN



Naha Dragon Boat Race

Every year, colorful boats shaped like dragons storm Naha Port. The three-day event at Naha Port draws around 200,000 people to cheer on the row teams. Some of the teams are even comprised of U.S. servicemembers! Spectators can enjoy music, fireworks, festival food, other vendors, and more.

Naha Tug-of-War

This event is huge – literally. The giant rope used in the event was recognized by the Guinness Book of World Records as the world's largest rice straw rope used in a tug-of-war. Annually, 285,000 Okinawans, Americans, and tourists show up and either pull the rope or root for one side or the other

Shuri Castle Festival

The age of the Ryukyu Kingdom is brought back to life in this autumn event. Traditional ceremonies, parades, and dance/music performances are presented with authentic costumes at Shuri Castle.

Eisa festivals

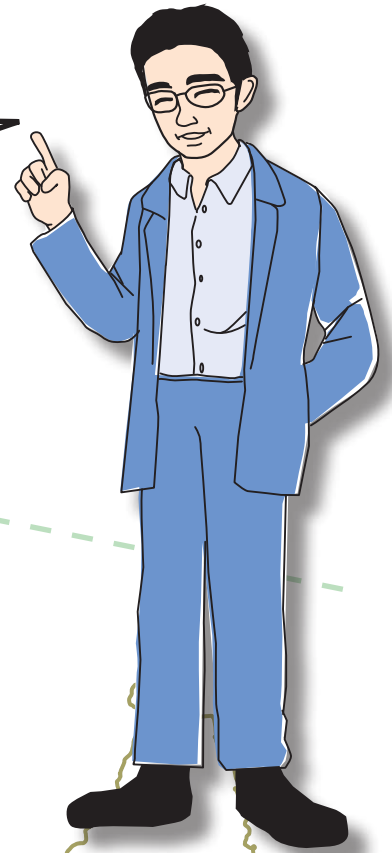
From August through September, many festivals take place that present Eisa, an Okinawan style of dance. Choreographed dancers perform as a group to audiences at a venue, or march through local communities with their drumbeats marking the season of the dance.



Word Scramble

Mainland Japan

Okinawa is made up of many islands. Help me spell the cities and islands correctly.



Okinawa

Kemu Islands

Karame Islands



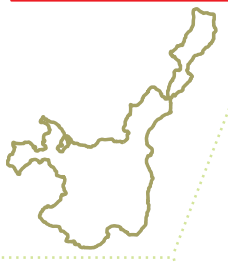
Today Islands

Koyami Islands



Iriotemo Islands

Ishikagi Island



Guniyona Island

Mainland Okinawa

Gona City

Ruma City

Nawaoki City

Yonitam

Kedana

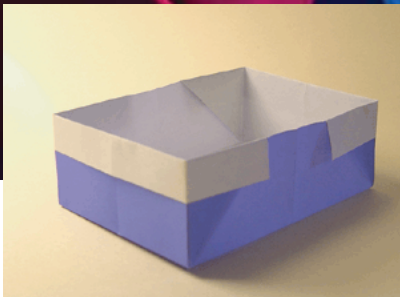
Chetam

Hana City

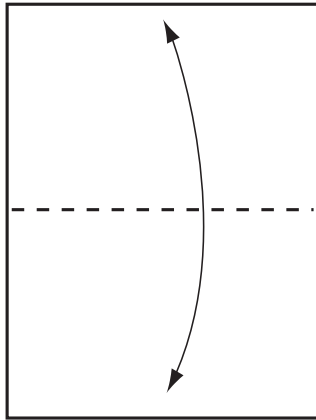
Imotan City

Correct spelling

- Kume Islands
- Kerama Islands
- Daito Islands
- Miyako Islands
- Iriomote Islands
- Ishigaki Island
- Yonaguni Island
- Yomitan
- Kadena
- Chatan
- Uruma City
- Okinawa City
- Naha City
- Itoman City

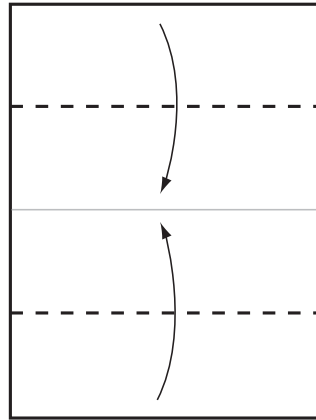


Traditional box

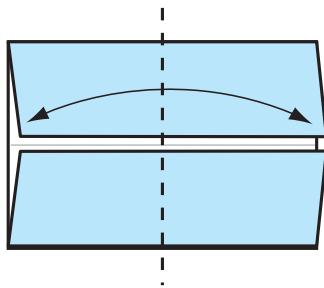


1. Start with a rectangular piece of paper.

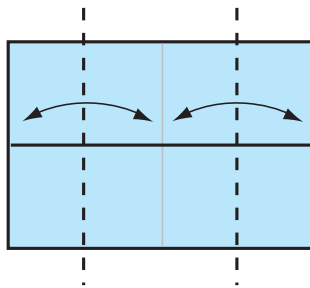
Fold in half, crease and open.



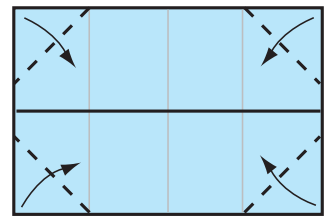
2. Fold top and bottom into the center crease.



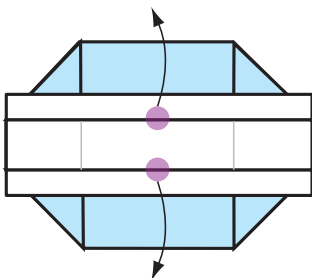
3. Fold in half, crease and open.



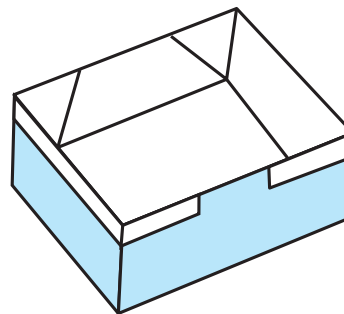
4. Fold outside edges into the center line and open.



5. Fold each corner in to the creases made in the previous step.



7. Grip the model at points shown and open outwards. The box will form itself. You can pinch the corners to make it more rectangular.



Your traditional box, should look like this.

Origami is the Japanese art of folding paper into different objects. Let's have some fun together by making a traditional box and dog. When you're done, you can color them!

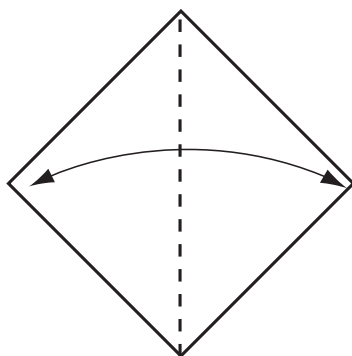


Check out more Origami options at:

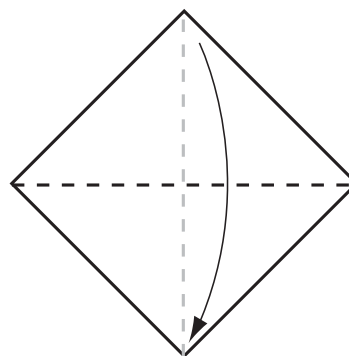


h Origami

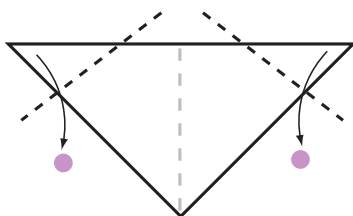
Talking dog



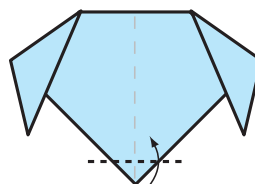
1. Start with a square piece of paper, fold in half then open.



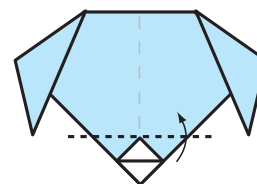
2. Fold the top corner down to the bottom corner.



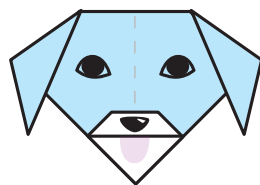
3. Fold the two top corners down to the points shown.



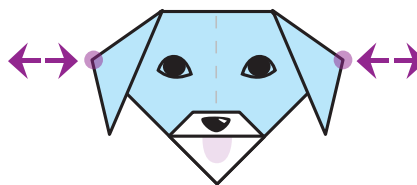
4. Fold the uppermost layer of the bottom corner up a little way.



5. Fold this layer up again, from the top of the triangle as shown.



6. Add eyes and a nose to the dog's face. If you like you can even add a tongue!



To make your dog talk, hold the model by the ears and move back and forwards shown by the arrows.

Kids' Kitchen

Grab your parents
and let's start
cooking!



Popping Pooh Popcorn

Ingredients

Popcorn kernels (35g)
Oil (15g)
Honey (30g)
Butter (30g)
Salt (A pinch. This is unnecessary if
your butter includes salt)
Sugar (20g)

- 1 Put popcorn kernels and oil in a pan (or a pot) and mix them.
- 2 Put the pan over medium heat. Make sure you put a lid on the pot while heating.
- 3 When the popcorn starts bouncing, shake the pan.
- 4 Once the kernels are done with popping, put the popcorn on a plate and let them cool down.
- 5 In the pan, mix butter (30g), sugar (20g), and honey (30g) together. (Add a pinch of salt if the butter is unsalted)
- 6 Place the pan over medium heat and keep stirring the ingredients to avoid burning the sauce.
- 7 The sauce gets thick and its color changes gradually.



- 8 When the sauce turns brownish, turn off the stove.
- 9 Add the popcorn back in the pan and mix them with the sauce quickly.
- 10 Spread the popcorn out on a cookie sheet lined with parchment paper and let it cool. (Make sure to spread the popcorn as the sauce is sticky and this will ensure the popcorn is coated separately.)
- 11 Once the sauce has hardened on the popcorn, it's time to enjoy!
いただきます(Bon appetite)!



Charming Churros

Ingredients

240 cc water
120 cc butter
1.25 cc salt
3.75 cc cinnamon
150g all-purpose flour
3 eggs
360 cc vegetable or canola oil
100g sugar

- 1 Pour water in a pot over medium heat and add in butter, salt, half of the cinnamon (1.25 cc).
- 2 Change the medium heat to low.
- 3 Add all-purpose flour and mix it until the dough begins to form. Remove from heat and let the mixture cool for 5 to 7 minutes.
- 4 Add eggs in one at a time as you knead the dough.
- 5 Place the dough in a pastry bag with a star-shaped piping tip. Prepare a plate with paper towels to place fried churros cool and drain excess oil.
- 6 Pour oil into a frying pan or another pot over medium to high heat until the oil reaches about 170°C (338°F).
- 7 When the oil reaches the temperature required, squeeze dough into the oil in 2.5 cm-long portions.



- 8 Fry until golden brown, then transfer onto the plate with the paper towels.
- 9 Mix sugar and cinnamon (2.5cc) in a bowl.



10 After the churros have cooled and strained excess oil, place into the sugar-cinnamon mix and coat.

- 11 After this, your churros are ready to devour. Bon appetite!



Terrific Toast Art

- 1 Draw or print out the character you want on a piece of paper.



- 2 Put the drawing over a paste board or a plastic sheet.



- 3 Cut out outlines and facial features using scissors or a paper cutter. (Have an adult do this for you).

- 4 Toast the bread and smear butter on it.
- 5 Place the stencil over the toast, then sprinkle generously with cocoa powder.



- 6 For my design, I also added a dollop of strawberry jam for my characters mouth.

Materials needed

- Printed design
- Paste board or thin plastic sheet (you can find these at the 100-yen store or even use a sheet protector)
- Toast
- Butter
- Cocoa powder, cinnamon, matcha powder, or any sweet powder you want to decorate your toast with.

- 7 Carefully remove the stencil.
- 8 Bon appetite! Get your picture for the 'gram, then enjoy!



Hello!

Our Sanno Kanji translates into Mountain King "山王" and my name is Mirai, your Hospitable Mountain Lion. Come and join us at The New Sanno Hotel in Tokyo!



Exploring Tokyo

Welcome to the magical city of Tokyo, where fun and exploration awaits!



HARAJUKU



ZOO

Check In

Receive my own Activity Book at the Front Desk



Recreation Fun

Indoor Pool, Family Movies, Birthday Parties, Games all year-round!



Kidz Food

New kids menus, familiar, fun and for you.



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