

Healthy Living

A medical guide for military community members visiting South Korea

May 2022

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HAVE MEDICAL CONCERNS?

U-MEDI can connect you with top-notch healthcare in South Korea

U-MEDI

For those of you living on Guam, you know first-hand the island is a tropical paradise. We at U-MEDI want to introduce you to another piece of paradise, one where your medical needs are taken care of by some of the top doctors in the world while you also enjoy the sights, sounds and culture of beautiful South Korea.

U-MEDI is a medical tourism company that assists foreigners in accessing healthcare in South Korea. U-MEDI provides united medical services to foreigners who are sick or pursuing beauty and wellness care. U-MEDI will find a doctor specializing in a patient's health needs, support transportation to the hospital, and work with patients to ensure medical expenses are paid. But most importantly, U-MEDI is there to

“
I've been here for three years but I've never felt so good about doing something for myself. I'm glad I came on a U-MEDI tour. Thank you so much for being an awesome host.
”

- Bonita Hunter,
U.S. DOD civilian

provide assistance and help educate patients on the health care process as needed.

It is important to know that U-MEDI

is an official registered company approved by U.S. Forces Korea and provides assistance to those in the U.S. military community stationed in South Korea seeking medical services. U-MEDI also has a global program where military members and DOD civilians can receive Korean medical services while on vacation in Korea. U-MEDI has secured public confidence through cooperation with local governments throughout the country, with a nationwide network of more than 1,000 hospitals and clinics.

At U-MEDI, it's all about getting you the best health care possible. Whether it's cancer related or you want to remove a tattoo or do some other type of cosmetic surgery, we'll here to help you with all your needs. Take a look at Page 4 for more about what we can do for you!

VIP medical tours!

U-MEDI regularly works with different levels of Korean government who want to show off their medical and tourism infrastructure to foreigners living, working or traveling in Korea. At no cost to you! Packages usually include transportation, hotel, dining, tourism/culture guides and, of course, complimentary medical care and checkups at some of the nation's most prestigious medical institutions! Contact us today to become a free U-MEDI Friend!

BEAUTIFUL BUSAN

K-culture in Busanjin-gu



Busan Citizens Park – BTS

In Busan Citizens Park, there is a promenade that V from BTS walked along when he traveled to Busan. Strolling in this park within the city will soothe your weary body and mind, and when you come to the place where V took his photo, try striking up the same pose.

73, Simingongwon-ro, Busanjin-gu, Busan



Hocheon Village – Movie locations

Hocheon Village gained its reputation as a mountainous area where tigers often appeared, but it became most famous as the shooting location for Namil Bar in the drama “Fight for My Way.” It has also been a sought-after location for dramas and movies such as “Life on Mars,” “The Third Charm”, and “Just Between Lovers.”

Try being the star of your own drama, by taking photos against the backdrop of the dazzling night view that unfolds as you climb the 180 steps.

491, Eomgwang-ro, Busanjin-gu, Busan

Hocheon Village Culture Platform

491, Eomgwang-ro, Busanjin-gu, Busan

Mt. Manli Public Parking Lot

Rooftop Park
AM10:00~PM22:00



Heal your body & mind



Samgwangsa Temple

Samgwangsa Temple, located in Choeup-dong, Busanjin-gu, is the second temple of the Cheontae Order. From late April to early May, as many as 50,000 lanterns are hung to commemorate Buddha’s birthday.

The Lotus Lantern Festival is a traditional Korean culture event that has been around for over 1300 years. It is a festival intended to light up the hearts of citizens that may have been darkened by greed and selfishness by lighting the lanterns on the day of the coming of Buddha, and to pray for harmony and prosperity in society in general.

On Buddha’s birthday, you can experience not only the Lotus Lantern Festival, but also a temple stay where you can enjoy traditional Korean culture, make lotus flowers, and walk in the forest. Try taking a break from Busan while looking introspectively at yourself at Samgwangsa Temple in the heart of the city!

Temple stay

You can try performing the traditional ‘108 bows’, Zen meditation, walking in the forest, and making lotus flowers. Applications can be made via the website.

www.templestay.com

Samgwangsa Temple

77, Choeupcheon-ro 43beon-gil, Busanjin-gu, Busan

Seonamsa Temple

138, Baekyangsan-ro, Busanjin-gu, Busan



Tasty Healing Journey

In Busanjin-gu, you can partake in a ‘delicious’ healing trip where you can taste traditional teas with various benefits and flavors, as well as homemade sweet red bean jelly.

You can relax your body and mind by drinking tea in a quiet atmosphere and learn how to enjoy traditional Korean tea in your daily life through a tea ceremony experience.



[Instagram@chamadang](https://www.instagram.com/chamadang)



Busan National Gugak Center

The Busan National Gugak Center, which was founded on the site of the former U.S. base known as Camp Hialeah, was built to inherit and develop the traditional performing arts of Busan and Yeongnam. Based on Busan’s rich traditional cultural resources, distinctive and high-quality iconic works are developed and presented, and you can experience traditional art up close through regular performances held every week, as well as traditional music lectures, and youth traditional music experiences.

Busan National Gugak Center

2, Gugak-ro, Busanjin-gu, Busan

<http://busan.gugak.go.kr/>



Bujeon Market Town

Bujeon Market Town is the largest traditional market in Busan and one of the largest markets in the country. An expansive traditional market featuring 3,000 stores and 5,000 merchants, selling a range of products, from fruits, clothing, and sundries to electronic products. In addition, the special ginseng market, opened in 1989, is the largest ginseng market in Busan and Gyeongnam Province. It sells ginseng products such as red ginseng, fresh ginseng, and white ginseng as well as various health foods at a discount of 20% to 50% from the usual market price.



Virtual trip to Busan



Busan destinations for flower lovers



10 reasons why people love Busan



18 virtual trips in Korea



Top 16 Busan attractions



Couple explores Busan

Welcome to busanjin

Seomyeon Medical Street SMS

BUSANJINGU

Seomyeon Medical Street, located in Busanjin-gu, the center of Busan Metropolitan City and iconic maritime capital of Korea.

Seomyeon Medical Street, which took form naturally as medical institutions began to gather around Seomyeon Rotary, is now located within a

500m radius of Seomyeon Subway Station, where as many as 370 various medical institutions such as dermatology, plastic surgery, dentistry, and ophthalmology are concentrated. This concentration of medical technology is unlike anything else in the world. Thousands of foreign tourists visit Seomyeon Medical Street every year for medical services.

At Seomyeon Medical



Street's medical institutions, staff with medical knowledge

and experience accumulated through Korea's excellent medical schools and specialist courses, are waiting for you. If you come to Seomyeon Medical Street, you will receive first-class medical services at a reasonable price (compared to other areas).

The Seomyeon Medical Street Festival, held every October, introduces the latest medical technology of exemplary medical

institutions of SMS, and provides medical experience and professional consultation. It is the first medical tourism festival in Korea where you can enjoy wellness, beauty experiences, performances, and events. The 11th SMS Festival is scheduled to be held October 2022.

Start a beautiful and healthy trip on Seomyeon Medical Street, where you will receive the best medical services!

MEDI-HEALING 7 ZONES



1 MEDICAL

Head to Seomyeon Medical Street to experience the hub of medical technologies, where you can find clinics for cosmetic surgery, dermatology, ophthalmology, and dentistry.



2 ECO WELLNESS

Enjoy some leisurely time healing by walking in **Busan Citizens Park**, which is full of forest scents, meditating in a tranquil temple within the city, or enjoying the beautiful melodies of Korean traditional music.



3 COOLEST

Let's start by exploring the trendy **Jeonpo Cafe Street**, alley filled with cafés that The New York Times also fell in love with.



- ⊕ Medical institutions
- ⊕ Cosmetic surgery, Dermatology
- ⊕ Theme street
- ⊕ Shopping
- ⊕ Accommodation
- ⓘ Busan medical tourism information center +82-51-818-1320,1330
- 🇸🇪 Monument Dedicated to Swedish Armed Forces

The Swedish Field Hospital, which was established here in September 1950, conducted medical relief activities for all UN forces, Korean troops, prisoners, and civilians during the Korean War. In commemoration of this, a monument was erected for friendship with Sweden.

This is now Seomyeon Medical Street.



busanjin

SMS KOREA



4 SHOPPING

From large department stores to duty-free shops, underground shopping malls and roadside venues! If you love shopping, **SMS** is your paradise.



5 TRADITIONAL

If you want to experience the history and culture of Busan, **Bujeon Market Town** is a place you must visit. Feel the energy of the people!



6 ACCOMMODATION

Go to sleep feeling comfortable and safe, in clean accommodations at **Sangsang Madang Busan**, located in the middle of tourist attractions.



7 FOOD

One of the charms of traveling is all the local foods we get to see and taste. Experience Busan's unique cuisine, cultivated by the city's lone history.

OUR STORY

AT U-MEDI, IT'S ALL ABOUT YOU!

U-MEDI

For us, compassion towards those who are suffering from illness ranks high. We understand the drive in those who seek beauty and perfection in their daily lives. We strive for the wellness of others and firmly hold onto our belief that physical and mental wellness are both of equal and utmost importance.

In recognizing the potential language and cultural barriers, U-MEDI has turned its attention to healthcare needs of foreign nationals.

Inconsistent schedules and misunderstandings during the treatment process are some of the challenges patients face in Korean hospitals. These

situations can make patients feel lonely in a setting where doctors and nurses are handling multiple tasks and the care of others. We understand these situations and believe patients need someone who can guide and provide all the necessary information specific to their situation, including cost, diagnosis, procedures and other for better care. At U-MEDI, we are here to help our patients navigate their care in South Korea's state-of-the-art medical system.

We hold great value in trusted partnership by acknowledging cultural differences and providing services with compassion and trustworthiness.

We are for people who need a medical system specialized to their needs, especially foreigners in Korea.



- Visit: www.u-medi.com
- Call: 010-5817-1005
- Follow: [FB.com/UMEDIkorea](https://www.facebook.com/UMEDIkorea)



Our Services

Find a doctor

Choosing a doctor isn't the same as finding a restaurant or nearby attraction. That's why U-MEDI provides a detailed profile and medical information of doctors, including their qualifications, clinical experience, hospital quality, patient reviews and more.

From family doctors to psychiatrists, OB/GYN, neurologists, cardiologists, plastic surgeons, allergists, dermatologists, Korean traditional medicine and more, U-MEDI can help you find a specialized doctor specific for your health needs.

Hospital Interpretation

For years, U-MEDI has faithfully delivered commendable interpretation and translation services to healthcare professionals, caregivers and patients at their critical moments of need. We are very proud to be the trusted language support provider to hundreds of healthcare institutions across the Republic of Korea.

Our service includes interpretation delivered by qualified interpreters, as well as on-site translation of all vital documents to ensure the safety and satisfaction of patients.

Hospital Transportation

U-MEDI provides a non-emergency door-to-door hospital transportation service to individuals and groups who may need special support getting to and from their healthcare appointments. Based on your need, we can suggest the most effective and efficient transportation options available.

We also offer online bookings, making reservations easy and straightforward. At the heart of our service is our commitment to the patient's comfort, customer service and quality.

Seomyeon Medical Street



KIM BYOUNG JOON LEDAS

VARICOSE VEIN CLINIC

1%
Only 1% of
cardiothoracic surgeon

24 Years
Over 24 years of
treatment experience

19,000
More than 19,000
varicose veins surgeries

The only medical institution in Korea that has obtained both JCI and KAHF certifications



Achieved JCI accreditation
(2015, 2019)



Achieved KAHF accreditation
(2019, 2021)



Leading Medical Institution
in the field of medical tourism
of Busan Metropolitan City

Get a consultation **+82-70-4895-0639**

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[global_ledas](https://www.instagram.com/global_ledas)