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 Community Publication

VOLUME 19 NO. 1

AUGUST 5 – AUGUST 18, 2024

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# STARS AND STRIPES

www.stripes.com

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## Community

# Finding a job on Guam

Downtown Tumon.  
Photo by Taro Boyd

STRIPES GUAM

**S**o you've PCSed with your spouse to Guam. They have a job. You don't. There are jobs available on Guam, but you just need to know where to look. Here's some helpful resources to get you started.

### Guam Department of Labor's One-Stop Career Center

Great place to visit early on so your name can be placed on a list of jobseekers and your resume can be available to a potential employer match.

**Office Location:** Bell Tower Plaza, 3rd Floor  
710 West Marine Corps Drive  
Hagatna, GU 96910

**Website:** <https://dol.guam.gov>



**The PDN's online job finder service** [guampdn.com/classifieds/job/](http://guampdn.com/classifieds/job/) is a great resource.



### Indeed.com

Indeed strives to put job seekers first, giving them free access to search for jobs, post resumes, and research companies. Every day, we connect millions of people to new opportunities.



### www.usajobs.gov

Looking for a job with the U.S. government? Here's the site to check out.



### On-base agencies

#### Regional NAF

#### Human Resources Office

Joint Region Marianas

[www.militarymwr Guam.com/jobs](http://www.militarymwr Guam.com/jobs)

**Phone:** (671) 349-1154/2154 /2210/5154/3154

**Email:** [NAFjobs@fe.navy.mil](mailto:NAFjobs@fe.navy.mil)



# Community resources

STRIPES GUAM

**G**uam boasts a vibrant local community that provides resources and support to active duty military and their families.

Check out the following resources and get connected with your new community!



### Armed Forces Committee

Within the Guam Chamber of Commerce is the Armed Forces Committee (AFC), which "Fosters mutual respect and a congenial working relationship between businesses and the military communities; promotes cooperation through the free flow of information; and ensures fair treatment for local business with the military."



[www.guamchamber.com/gu/committees/armed-forces-committee](http://www.guamchamber.com/gu/committees/armed-forces-committee)

### Navy League

The role of the Navy League in Guam is "Proudly providing support for men and women who serve in our country's sea services; and the youth of Guam who participate in NLUS supported programs. For more information about the support services provided by the Navy League, visit



[www.facebook.com/NavyLeagueUS](http://www.facebook.com/NavyLeagueUS)

CONTINUED ON PAGE 8



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Available to active duty military service members and their dependents. BYOP sign-ups only. Promotion applies to Live Unlimited wireless plan. No term commitment required. Service members and dependents must show a valid active military ID or military dependent ID to avail of the promo. Offer valid till August 31, 2024. Visit [gta.net](http://gta.net) for more information.

Community

# Guam online

## Choice sites to help you enjoy your stay

STRIPES GUAM

### Stars and Stripes

This is, hands down, the most comprehensive site for local military community news and events as well as travel, restaurant reviews and off-base activities on island. [guam.stripes.com](http://guam.stripes.com)



For important news you may have missed straight to your inbox, don't forget to sign up for one or all of Stars and Stripes informative newsletters. [ww2.stripes.com/subscribe/newsletters](http://ww2.stripes.com/subscribe/newsletters)



Every April, the spotlight is on our military kids! We receive thousands of drawings, pictures, poems and written submissions from military kids pacific-wide which are published in the paper and online. <https://militarychild.stripes.com/>



No matter where you are stationed, this is the most relevant source of news for America's military, other Defense Department personnel and their families. [www.stripes.com](http://www.stripes.com)



### Guam news

This is Guam's major daily newspaper. [www.guampdn.com](http://www.guampdn.com)



Another source for island news. [www.postguam.com](http://www.postguam.com)



### Guam factoids

This is an online encyclopedia of almost all things Guam, including its history, culture and indigenous language as well as contemporary arts, issues and more. [www.guampedia.com](http://www.guampedia.com)



### Government

The official website of the Guam government is loaded with useful info on the island territory, including a handy "how to" section with info ranging from registering a vehicle to starting a business. [www.guam.gov](http://www.guam.gov)



### Culture

Detailed site offers a wealth of information, from dining and shopping to entertainment and maps. [www.guam-online.com](http://www.guam-online.com)



Fun website and a great source for local activities, attractions, travel and more. [theguamguide.com](http://theguamguide.com)



### Food

Guam native and former Air Force officer can help you create some tasty Chamorro dishes. [www.annieschamorrokitchen.com](http://www.annieschamorrokitchen.com)



All things about BBQing, cooking and eating on [bbqguam.blogspot.com](http://bbqguam.blogspot.com)



### Military

[www.andersen.af.mil](http://www.andersen.af.mil)



[www.cnic.navy.mil](http://www.cnic.navy.mil)



[www.facebook.com/USNavalBaseGuam](http://www.facebook.com/USNavalBaseGuam)



Joint Region Marianas - Home | Facebook



War in the Pacific National Historical Park was established to commemorate the bravery and sacrifice of those participating in the campaigns of the Pacific Theater of World War II. <https://www.nps.gov/wapa/index.htm>



### Tourism

The official website of Guam Visitors Bureau offers all the essentials needed for a first time visit or extended stay – including a pretty handy island-wide events calendar. [www.visitguam.com](http://www.visitguam.com)



### Nearby islands

Information – including a handy events calendar – about the neighboring Northern Mariana Islands (Saipan, Tinian and Rota) is at: [mymarianas.com](http://mymarianas.com)



### Diving

Hosted by MDA (Micronesia Divers Association), this site is a great place to start when it comes to getting the basics on diving in Guam. [www.mdaguam.com](http://www.mdaguam.com)



### Running

With its list of annual foot races, courses, race results and contacts, the homepage of the host of the annual Guam Marathon is a good starting point for getting into any race. [facebook.com/100062131155758/](https://facebook.com/100062131155758/)





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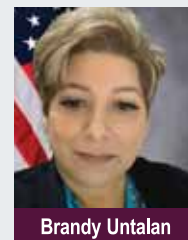
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## GSA in Guam



GSA Global Supply® has partnered with M80 Systems, a local small business, to serve civilian and military customers in Guam. M80 is now storing and delivering approximately 350 high-demand National Stock Number (NSN) items formerly stored in and shipped from the continental United States. The change reduces delivery time to a few days from weeks or months.

Customers can order using GSA websites (GSA Global Supply or GSA Advantage!®) or via existing customer logistics platforms (e.g., GCSS-Army). GSA's systems recognize the items stocked in Guam and fulfill orders locally. Other items will ship from the mainland. An electronic catalog is available.



Brandy Untalan

The program does not replace existing retail stores managed by GSA at Andersen AFB and Naval Base Guam. Instead, the stores and new outlets are complementary. For more information, please contact your local GSA Customer Service Director, Brandy Untalan, at 671-333-4721 or [brandy.untalan@gsa.gov](mailto:brandy.untalan@gsa.gov).

Check Out GSA's Guam Catalog!



Scan this QR code to view GSA's Guam catalog.



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Culture

# Speakin' Chamorro

STRIPES GUAM

## BASIC CHAMORRO PHRASES



**Hafa Adai!**

Most of the younger Chamorros you meet on Guam, or “Guåhan,” are not likely to speak much more of the Chamorro language than the ubiquitous greeting, “Hafa adai!” But while the number of Chamorro speakers has decreased over the decades, a recent surge in interest in preserving local history, traditions and culture indicate the language may be around for centuries to come. English may be the lingua franca on the island today, but you might be surprised at how many speak some of the Chamorro language – and would appreciate your attempt to speak it, too. Here are some basics to get you started.

### Letter Pronunciation

A (æ)	E (e)	I (i)	Ñ (ɲ)	~ (ɻ)
Å (ɑ)	F (f)	K (k)	Ng (ŋ)	S (s)
B (b)	G (g)	L (l)	O (o)	T (t)
Ch (tʃ)	Gu (gʷ)	M (m)	P (p)	U (u)
D (d)	H (h)	N (n)	R (r)	Y (dz)

- Welcome – **Bienbenidu**
- Hello - **Hafa Adai**
- How are you? - **Hafa tatamanu hao?**
- I'm fine - **Maolek ha yu**
- Long time no see - **Apmam tiempo ti uli'e hao**
- What's your name? - **Hayi na'an-mu?**
- My name is ... - **Na'an-hu si...**
- Where are you from? - **Taotao manu hao?**
- I'm from ... - **Taotao ... yu**
- Pleased to meet you - **Ma'gof yu sa umali'i hit**
- Good morning - **Buenos dias**
- Good afternoon - **Buenos tatdes**
- Good evening - **Buenas noches**
- Goodbye - **Adios**
- Good luck - **Suette!**
- Cheers/Good health! - **Hago lao!**
- Have a nice day - **Puedi ha todo maolek**
- Bon appetit - **Buen prubechu**
- Bon voyage - **Buen biahe**
- I don't understand - **Ti hu kumprende**
- Please speak more slowly - **Pot fabot na despasio i kuentos-mu**
- Please write it down - **Tuge' papa pot fabot**

- Do you speak Chamorro? - **Kao siña hao fumino' Chamorro?**
- Yes, a little - **A'a, didide' ha**
- How do you say ... in Chamorro? - **Hafa taimanu un sangan ... gi fino' Chamorro?**
- Excuse me/Sorry - **Dispensa yu**
- How much is this? - **Kuanto baliña?**
- Thank you - **Si Yu'us ma'ase**
- You're welcome - **Buen prubechu**
- Where's the toilet? - **Manu na gaige i kemmon?**
- This gentleman/lady will pay for everything - **Para guiya hu apasi todo este**
- Would you like to dance with me? - **Malagu hao bumaila yan guahu?**
- I love you - **Hu guiaya hao**
- Get well soon - **Puedi homlo hao ti apmam**
- Leave me alone! - **Sappe! Litira hao! Basta ma estotba yu!**
- Help! Fire! Stop! - **Ayuda! Guafe! Basta!**
- Call the police! - **Agang i polisia!**
- One language is never enough - **Un linguahe ni ngai'an u nahom**

Note: The letter Y is pronounced more like DZ (an approximation of the regional Spanish pronunciation). The letters N and Ñ, and A and Å, are not always distinguished in print. Thus, the Guamanian place name spelled “Yona” is pronounced “Dzoña,” not “Jona” as might be expected. “Ch” is usually pronounced like “Ts,” rather than as it is in English. The Chamorro R is a flat (r), like a Spanish R between vowels, and a retroflex approximant (ɻ), a type of consonantal sound, like the English R at the beginning of words.



[chamorrolanguage.blogspot.com](http://chamorrolanguage.blogspot.com)



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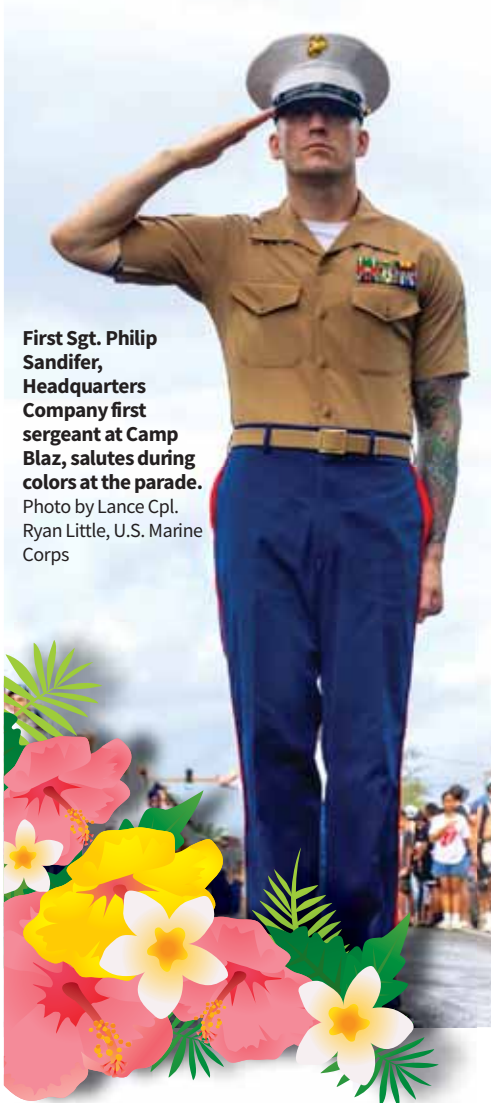




U.S. service members participate in the 80th Guam Liberation Day parade in Hagåtña. Photo by Lance Cpl. Ryan Little, U.S. Marine Corps



# 80TH ANNIVERSARY GUAM LIBERATION



First Sgt. Philip Sandifer, Headquarters Company first sergeant at Camp Blaz, salutes during colors at the parade. Photo by Lance Cpl. Ryan Little, U.S. Marine Corps



Camp Blaz Marines wave to the crowd from a float for Malesso Village. Photo by Lance Cpl. Afton Smiley, U.S. Marine Corps



Members of the Barigada float wave along the parade route. Photo by Lance Cpl. Afton Smiley, U.S. Marine Corps



Marines and Guamanians are all smiles on a float for the Village of Dededo. Photo by Lance Cpl. Afton Smiley, U.S. Marine Corps



U.S. service members, elected officials, and WWII survivors toss rice into the ocean during the Inaláhan Memorial Ceremony. Photo by Lance Cpl. Afton Smiley, U.S. Marine Corps



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CONTINUED FROM PAGE 2

**American Red Cross**

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**Hero Care Center** at 1-877-272-7337

**Andersen AFB:** (671) 366-2574/688-0283

**Guam Chapter (Main Office):** (671) 472-6217/9

<https://www.redcross.org/get-help/military-families/emergency-communication.html>

**Navy-Marine Corps Relief Society**

The mission of the Navy-Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other need-based assistance to active-duty and retired sailors and Marines, their eligible family members, and survivors.

**NMCRS Guam:** 671-564-1885

**Email:** Guam@nmcrs.org

**Air Force Aid Society**

When unexpected financial emergencies arise, AFAS provides no-interest loans and grants to help Air Force families meet immediate needs and make a positive step towards a lasting financial solution.

Airman & Family Readiness Center, Bldg. 22026, Andersen AFB, GU 96929

**Tel:** (671) 366-8136

**Email:** 36fss.fsh@us.af.mil

**Spouse programs**

COMPASS is a spouse-to-spouse mentoring and orientation program that helps familiarize attendees to various aspects of the military lifestyle. Learn about your sailor's command, opportunities for you and your family, network with other spouses and develop skills to handle the challenges of military life.

For more information about COMPASS Guam, to register for a COMPASS class or become a COMPASS volunteer, visit

[www.nsfamilyline.org/compass](http://www.nsfamilyline.org/compass)



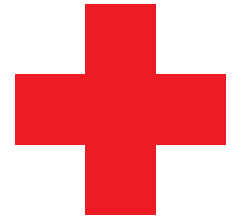

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See the Shop, Dine & Win Game Booth in the Micronesia Mall Center Court for details.

**NOVEMBER 9, 2024 | 2PM**

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Call G.A.I.N. (Guam Animals In Need) Animal Shelter in Yigo at 653-4246 or visit <www.guamanimals.org> for more information on adopting this pet. G.A.I.N. is a shelter-based humane society with a mission to prevent cruelty to animals, educate the public and promote good animal laws. Under Water World will donate one adult admission for every Pet of the Week adopted.

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## SCHEDULE 2024

Dates	Locations
<b>August- Family Friendly month</b>	
Aug. 10 (Sat.)	1000 Steps (Easy & medium options)
Aug. 17 (Sat.)	Gun Beach to Fai Fai Caves (Easier medium)
Aug. 24 (Sat.)	Togcha Cemetery Hike (Easy)
Aug. 31 (Sat.)	Waterfall Valley (Medium)
<b>September- Waterfall Month</b>	
Sept. 7 (Sat.)	Lonfit Falls (Medium & double difficult available)
Sept. 14 (Sat.)	Malaa & Unnamed Falls (Difficult)
Sept. 21 (Sat.)	Madofan → Agaga (difficult)

**Fai Fai Caves**

**REMINDER! We no longer meet at Chamorro Village. We meet at the trailhead.**

Every Saturday, Guam Boonie Stompers offers public hikes to a variety of destinations such as beaches, snorkeling sites, waterfalls, mountains, caves, latte sites, and World War II sites. We meet at the trailhead on Saturdays at 9 AM. Directions to the trailhead will be posted on the Guam Boonie Stompers Inc Facebook page. The cost is \$5.00 for hikers over 17. Children must be accompanied by a responsible adult. Hikers should provide their own transportation. Guam's trails are not developed. Weather conditions can make the hikes more difficult than described. No reservations required.

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## Crossword

by Margie E. Burke

**ACROSS**

- 1 Leaves for lunch?
- 6 Exam format
- 10 Mixed in with
- 14 Pointless
- 15 Go to the polls
- 16 Tomato type
- 17 Hopeless undertakings
- 19 Lake vessel
- 20 Furtively
- 21 Cleaning aid
- 23 Make smooth
- 24 College offerings
- 25 Raspy-voiced
- 28 Baby's headwear
- 29 Not yet known, for short
- 30 Hollywood's Hawke
- 32 Small pies
- 35 Quick note
- 37 Lingerie fabric
- 39 Tackle box item
- 40 Full of baloney
- 42 Bishop's assistant
- 44 Stage signal
- 45 Nike rival
- 47 Reached the top of one's game
- 49 Acting fitfully
- 51 Enthralled
- 52 Manet or Monet, e.g.
- 53 Pursue, as a lead
- 57 Cancel
- 58 Light up
- 60 Slender reed
- 61 Well-groomed
- 62 Jeweler's weight
- 63 Tear up
- 64 Marvin of Motown
- 65 Primary

**DOWN**

- 1 Missile holder
- 2 Erelong, to a bard
- 3 Fifth out of five, say
- 4 Place for pollen
- 5 Pass away
- 6 Seed structure
- 7 Promising
- 8 Supped
- 9 Teacher's unit
- 10 Like the koala or sloth
- 11 1987 movie starring Cher
- 12 Bitmap, for one
- 13 Goes out with
- 18 Stocks and such
- 22 Fourth down option
- 24 Like a witch's hat
- 25 Webmaster's code
- 26 Outdated wedding vow word
- 27 Great respect
- 28 Hand-dyed fabric
- 31 Mayhem
- 33 Test choice
- 34 Future flower
- 36 Biased
- 38 Flamethrower fuel
- 41 Catches on
- 43 Carbon copy
- 46 Like a winter wind
- 48 Keyless, as music
- 49 Enjoy deeply
- 50 Dig deeper
- 51 Way to go
- 53 Whip
- 54 "Star Trek" speed
- 55 Bryce Canyon locale
- 56 Anti-fur org.
- 59 Grazing spot

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
17					18				19				
20								21	22				
			23				24						
25	26	27				28							
29				30		31			32		33	34	
35			36		37			38		39			
40				41		42			43		44		
			45			46			47		48		
49	50							51					
52								53			54	55	56
57						58	59						
60						61				62			
63						64				65			

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**Answers to Previous Crossword:**

H	I	S	T	S	K	I	M	P	E	Y	E	S	
O	B	O	E	P	I	T	A	S	L	I	M	O	
S	E	P	A	R	A	T	E	L	Y	D	E	A	N
E	X	O	T	I	C	M	I	C	H	E	L	I	N
R	I	D	E	R	H	A	R	D	L	Y			
G	R	I	M	B	A	R	B	E	L	L			
L	I	F	E	S	A	V	E	R	T	Y	P	E	S
A	L	I	P	R	E	P	A	R	E	R	U	E	
D	E	C	A	L	N	E	V	E	R	M	O	R	E
S	H	I	N	E	S	S	T	O	N	E			
L	I	C	E	N	S	E	D	H	A	S	S	L	E
I	R	I	S	E	V	A	P	O	R	A	T	E	D
C	E	N	T	S	A	L	E	M	R	E	N	D	
E	D	G	Y	S	N	I	P	E	D	D	A	Y	

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## ANNOUNCING THE BEST OF 2024

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## Stripes Sports Trivia

The first National Table Tennis Championship was held from Jan. 24 to Jan. 29, 1938 where the US men's team took the bronze and took the gold for Men's Doubles. Where was the event held?

**Answer**

Royal Albert Hall and Wembley Empire Pool and Sports Arena, London

## SUDOKU

Difficulty: Easy

3						5						
		1	4								3	
6						1					2	
	3		6									8
2		4	1								7	
		5		9		4						
1			7									
	5	2		8								
4											2	

HOW TO SOLVE:  
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answer to Previous Sudoku:

5	1	8	7	4	9	6	3	2
4	2	7	6	5	3	8	9	1
9	6	3	1	8	2	7	5	4
8	3	2	9	1	7	4	6	5
6	7	9	4	3	5	1	2	8
1	5	4	8	2	6	9	7	3
3	4	6	5	9	8	2	1	7
7	8	5	2	6	1	3	4	9
2	9	1	3	7	4	5	8	6

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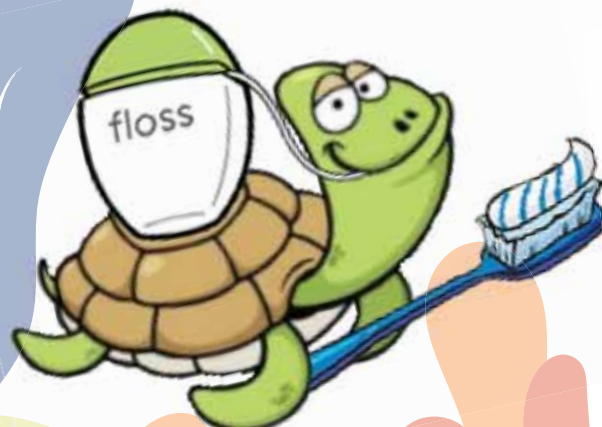
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# A Taste of Guam

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**4-page pullout**

# Green Tea Furikake

## Tea to top your rice with

BY RIEKO SUZUKI,  
METROPOLIS MAGAZINE

**T**he season for the year's first batches of green tea is upon us, and there are many ways to enjoy it. But did you know you can turn used green tea leaves into rice toppings? Furikake made with used tea leaves and other healthy ingredients lets you enjoy the wonderful fragrance of green tea, and goes well with rice, salad, tofu, or grilled meat and fish.

Servings: 4-5  
Cooking time: 15 min.

### INGREDIENTS

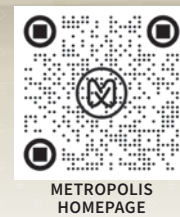
- 4 tbsp used tea leaves
- 1 tbsp white sesame seeds
- 1 sachet (3g) dried bonito shavings (katsuobushi)
- 2 tbsp boiled, dried baby sardines (chirimenjako)
- 1 tbsp soy sauce
- 2 tsp sake
- 1 tsp salt

### DIRECTIONS

- 1** In frying pan, fry used tea leaves without oil on very low heat.
- 2** Add sesame seeds, bonito, and sardines to pan, and keep frying on low until the ingredients dry completely.
- 3** Add soy sauce and sake to the mix. Stir gently but quickly to blend ingredients well. Continue frying to evaporate the moisture.
- 4** Turn off heat and add salt.
- 5** Store in dry, cool place with sealed container and consume within a week.



Courtesy photo



# A Taste of Guam

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**GUAM EDITION**

**AUGUST 5, 2024**



## Ready to respond

Marine rotational force in Australia prepared to aid Philippines if crisis arises  
**Page 2**

Marine Cpl. Jack Fox with Marine Rotational Force – Darwin 24.3 patrols to a defensive position during a company level field exercise at Mount Bunday Training Area, Australia, in May 9.

MANUEL RIVERA/U.S. Marine Corps

## COVER STORY

# Marines set to support Manila in skirmish

## Commander says rotational force is ready to back Philippines

By **SETH ROBSON**  
*Stars and Stripes*

MOUNT BUNDEY TRAINING AREA, Australia — A Marine rotational force in northern Australia is ready to back up the Philippines in clashes with China over disputed territory in the South China Sea, according to the force's commander.

"We were given a warning order to support the Philippines defense forces in resupplying of the Second Thomas Shoal," Marine Rotational Force — Darwin commander Col. Brian Mulvihill said recently at an Outback training camp in the Northern Territory.

Mulvihill, a veteran of Iraq and Afghanistan, commands 2,000 Marines in the territory. He said members of the rotational force have been in the Philippines for extended periods this year for the Balikatan, Valiant Shield and Marine Aviation Support Activity exercises.

Clashes between Filipino and Chinese forces at the shoal have intensified in recent months. The Chinese coast guard has interrupted Filipino navy and coast guard efforts to resupply troops on the grounded BRP Sierra Madre. The rusted warship houses a garrison to reinforce the Philippines' claim to the shoal.

Beijing and Manila agreed recently to deescalate at the shoal without conceding either side's territorial claims, according to statements from both country's foreign ministries reported by The Associated Press.

The Marines have been monitoring events at the shoal over a drone feed, Mulvihill said.

"We were ready to support the Philippine defense forces," he said, noting that Marines across the Pacific are also ready to back the U.S. ally.

The rotational force can airlift food and water by pushing pallets out of helicopters, he added.

"We can control airspace and aircraft from many nations," he said. "We provide a range of options if a host nation, through the embassy, requires assistance."

The rotational force was also ready to support Papua New Guinea after a deadly May 24 landslide that buried hundreds of people. Marines were in the islands earlier that month, but local officials did not ask for



MIGEL REYNOSA/U.S. Marine Corps

**Marine Lance Cpl. Emanuel Saulsberry with 2nd Battalion, 5th Marine Regiment (Reinforced), Marine Rotational Force — Darwin launches an RQ20 Puma as part of a counter-unmanned aircraft systems field test recently at Mount Bunde Training Area, Australia.**

**"In order to create stability in the region we need to partner with the forces that live here and know the region better than we do."**

**Col. Brian Mulvihill**  
Marine Rotational Force — Darwin

their help, Mulvihill said.

Marine Rotational Force — Darwin has evolved from a unit that trains with its counterparts to a crisis-response force under the Hawaii-based U.S. Indo-Pacific Command, he said.

"Anything we do here, we are partnered with another mil-



SETH ROBSON/Stars and Stripes

**The commander of Marine Rotational Force — Darwin, Col. Brian Mulvihill, poses at Mount Bunde Training Area.**

itary," he said. "In order to create stability in the region we need to partner with the forces that live here and know the region better than we do."

The force sent Marines and sailors to the Micronesian island of Nauru in May and June for

Operation Render Safe, an Australian-led effort to clear explosives dating to World War II from Oceania, Mulvihill said.

The bomb-disposal crews, along with medical personnel, will fly to the Solomon Islands on MV-22 Osprey aircraft to perform the same mission from August to September, he said.

Three Marines attached to Marine Medium Tiltrotor Squadron 363 and deployed with the previous rotation to Darwin died after their MV-22B Osprey crashed on Melville Island, part of the Tiwi Islands, Aug. 4, 2023.

Darwin is an excellent platform for launching forces into Southeast Asia, according to Grant Newsham, a retired Marine colonel and senior researcher with the Japan Forum for Strategic Studies in Tokyo.

"It's good to see Darwin and Northern Territory being used this way ... rather than just as a training area for Marines, Air Force, and Australian and other forces," he said by email Thursday.

The Marines can offer the Philippines fire support coordination. They can help with logistics and intelligence, surveillance and reconnaissance and guard locations that support Philippine forces operating towards the disputed shoal, he said.

"Of course, Marines can deploy aboard Philippine resupply boats alongside [Philippine] personnel," he said.

Marine engineers could repair the Sierra Madre at the shoal and Marine helicopters could resupply it, Newsham added.

"A U.S. amphibious ship or two with Marines and their aircraft and other hardware aboard deployed to Second Thomas Shoal would be a serious force — and also sending a clear message," he said. "Deploying Marines in the Philippines with their aviation, long-range rockets, and other hardware has a political significance in itself."

## PACIFIC

# DODEA grad to represent Guam in Paris

## Seoul American graduate set to compete in judo at the Olympics

By **DAVE ORNAUER**  
*Stars and Stripes*

Maria Escano personifies the term international athlete.

The 2019 Seoul American graduate has competed in judo in 15 countries on four continents. She's a college student on scholarship at Sendai University in Japan. She speaks four languages. Her father is Filipino and her mother Russian.

The next step in her 22-year life's journey is in Paris, where Escano will represent Guam in the 57-kilogram weight class.

"Amazing is one way to put it, but when I got the confirmation that I was going, the feeling was indescribable," Escano said. "I cried at first because it has been a really, really long road. I still don't think it's hit me, but I'm really looking forward to the Games."

Escano, 22, has lived in Korea most of her life; it was where she was introduced to judo in Uijeongbu, about 13 miles north of Seoul, when she was just 7 years old.

Her father, Jim, worked as a contractor for U.S. Forces Korea at Camp Red Cloud starting in 1999, then moved to Yongsan Garrison when the former shut down as part of the relocation of U.S. forces south of Seoul. He and his job have since moved to Camp Humphreys.

Escano attended Casey Elementary starting in 2008 then Seoul American until her graduation.

She began her martial arts training at the Uijeongbu Judo Center, under the coach she refers to as her "judo dad," Lee Jong-myong.

She couldn't compete for Korea because it would involve a citizenship change. And could not compete for the States because she wasn't registered with a U.S. club.

Seizing on her family ties to Guam — her grandmother lives there — Escano traveled to Guam in 2017, sought out the island's judo federation and became acquainted with Ricardo Blas, who competed for Guam in the 2008 and 2012 Olympic Games.

"They took a chance on me and I took a chance on them," Escano recalled. "He (Blas) was the one who convinced the



PHOTOS BY GUAM JUDO

**Maria Escano, a 2019 graduate of Seoul American High School, has competed in judo for Guam in 15 countries, including France, where she'll compete in the Summer Olympic Games in Paris.**

**"Amazing is one way to put it, but when I got the confirmation that I was going, the feeling was indescribable. I cried at first because it has been a really, really long road. I still don't think it's hit me."**

**Maria Escano**

members of Guam's judo team at the Paris Olympics

federation that they should take me in, so I have him to thank for opening the door."

Escano began competing for Guam in 2018, graduated a year early from Seoul American High School and earned a scholarship to attend Sendai University in Japan, about halfway between Misawa Air Base and Tokyo.

She credits Sendai husband-and-wife coaches Mitsutoshi and Kazue Nanjo for pushing her in her judo career, and coach Lee for getting her started lo' those many years ago.

"But I would say that my parents are the ones I'm forever grateful for," Escano said. "I couldn't have done it without

them. They do so much for me and my journey."

In addition to South Korea and Japan, Escano has competed in Hong Kong, Italy, Hungary, Tahiti, Australia, Bulgaria, Poland, Turkey, Croatia, France, Austria and the old Soviet republics of Azerbaijan and Georgia.

"It was definitely an experience, to say the least," Escano said. "I wouldn't be half the person I am without it."

In short, it's been a whirlwind journey to her first Olympics bout Monday.

"Absolutely insane," Escano said of her roundabout road to Paris. "But I wouldn't have it any other way."



**Maria Escano will compete at 57 kilograms for Guam in the Summer Olympic Games in Paris.**

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## MILITARY

# New strategy for the High North unveiled

## US military calls for updated tech and improved communications

By CAITLYN BURCHETT  
*Stars and Stripes*

WASHINGTON — The Defense Department is working to modernize early warning systems and build a communication network in the Arctic as warmer weather opens more waterways and allows Russia and China to threaten stability in the region.

“Climate change and the resulting shifts in the operating environment require us to rethink how we best protect our warfighters and prevent conflict. This transformation affects how we support our allies and partners, and it impacts our ability to deter and, if needed, defeat our adversaries. And that’s exactly what this new Arctic strategy takes into account,” said Kathleen Hicks, the deputy defense secretary.

The U.S. will take a “monitor and respond” approach by enhancing the Joint Force’s Arctic technology, engaging with allies and partners, including local authorities and Alaskan native tribes, and being more present in the Arctic region, according to the 2024 Arctic Strategy released recently by the Pentagon.

The 18-page document includes efforts to update long-range early warning systems and tracking sensors and maritime surveillance systems for the North American Aerospace Defense Command, as well as conduct independent and joint military operations in the region.

The strategy comes as the Arctic warms three times faster than the rest of the planet. The Arctic could experience its first practically ice-free summer by 2030, according to the Defense Department. Melting sea ice opens the possibility of new shipping lanes and greater access to undersea natural resources that Russia has been looking to exploit.

Russia, the largest of the eight Arctic nations, has built up military infrastructure in the region and has a clear route to the U.S. through the Arctic. Russia’s Arctic access, the document reads, could be used to constrain the ability of the United States to respond to crises in Europe and the Indo-Pacific regions.

Additionally, China declared itself a “near-Arctic state” in 2018, signaling interest in the region. Russia and China have



AVERY CUNNINGHAM/U.S. Army

**Soldiers with Parachute Infantry Regiment assault “enemies” in a village during Arctic Shock 24 in Malselv, Norway, in March. Arctic Shock is a combined U.S. and Norwegian exercise demonstrating interoperability with Arctic partners and capabilities in the harsh environment.**

been collaborating on development in the Arctic, as well as conducting joint training exercises for years, raising U.S. and NATO concerns.

“We must have a strategy that ensures our military readiness in the face of these changes, ensuring our ability to quickly respond to threats in the region and to the overall demands they place on our force,” Hicks said.

The 2024 strategy, she said, works to that end.

Iris Ferguson, the deputy assistant secretary for Arctic & Global Resilience, described the strategy as being “action oriented,” which she said distinguishes it from prior Arctic strategies.

“We unpack where we need to sustain our investments, especially in critical capabilities. What do we have to see? How do we communicate? Do we have the right equipment to operate in the region? My office exists to champion these capabilities, which are vital to the successful implementation of our strategy,” Ferguson said.

To better monitor the High North, the Defense Department will modernize its long-range aerospace and maritime surveillance systems. The Pentagon is also researching options for new space-based missile-warning and observational systems and assessing ways to improve ground-based sensors to complement existing NORAD capabilities. Hicks estimated the Defense



JEFF ATHERTON/U.S. Navy

**A C-130 Hercules assigned to the 109th Airlift Wing, part of the New York Air National Guard, flies over Navy SEALs, Norwegian naval special operations commandos and the attack submarine USS Hampton during an integration exercise in the Arctic Ocean in March.**

Department had invested \$43 million in ground-based sensors in recent years.

A lack of satellite coverage in the Arctic has challenged the establishment of communications that would facilitate tactical and strategic communications, the strategy reads. To combat this, the Pentagon has contracted Starlink, SpaceX and OneWeb to provide services for satellite communications terminals. Connecting terminals to satellite constellations will be tested in the summer of 2025, Ferguson said.

The Defense Department is

also investing in cold weather equipment and mobility for Arctic-based troops living and working in the austere environment.

Hicks said the Pentagon is unable to quantify how much is being invested in implementing the Arctic strategy because it does not budget by region. But Ferguson highlighted some of the funding and where it is going:

- \$7 million dedicated to Pituffik Space Force Base, Greenland, to mitigate permafrost.

- \$280 million on all-terrain vehicles and cold weather gear for the 11th Airborne Division in Alaska.

- \$1.8 billion from the Space Force for a high-frequency military satellite communications system designed to provide 24/7 secure, anti-jam communications for U.S. forces operating in the Arctic.

The strategy also outlines training and operations in the region and a growing partnership between the U.S., Canada and Finland to procure three U.S. Coast Guard ice breakers.

“Should the security environment shift in a way that necessitates a DoD response, DoD will remain able to deploy the joint force globally at the time and place of our choosing. This includes responding in the Arctic, both independently and in cooperation with allies and partners,” the strategy reads.

The Defense Department last updated its strategy for the Arctic in 2019, with the first one published in 2013. More than a decade later, Ferguson said the current strategy reflects a “greater awakening” across the Defense Department as enemy capabilities and technology have advanced.

“We can’t just show up to operate there,” she said. “We have got to exercise proficiency. We have got to make sure that we are working with our partners and actually exercising with one another so that we survive when we are there.”

## MILITARY

# Airman seeking patent for invention

BY MATTHEW M. BURKE  
*Stars and Stripes*

An airman's invention aims to make a lifesaving device wearable and easily accessible in an emergency.

It also just might earn him some extra cash.

Senior Airman Isaiah Demillo, 23, stationed at Sheppard Air Force Base in Texas, applied for a patent in February for the Demillo Rigger's tourniquet belt.



Demillo

Recently, the country liaison for the 82nd Training Support Squadron was headed to a six-week Air Force course in Pittsburgh to refine his prototype and get the backing of medical experts before seeking wide-scale adoption.

Demillo, from Denver, Colo., joined the Air Force in 2021 and a year later found himself asking questions during a Tactical Combat Casualty Care course.

"They told us to never use a belt because it doesn't generate the pressure needed to stop massive bleeding," he said. "It's because the belt was missing the spinning portion that applies pressure with the (combat application) tourniquet. So I thought to myself, 'Add one.'"

The belt can be worn with operational camouflage pattern uniforms and is designed to be self-applied. Demillo hopes it will one day be sold in base exchanges and recommended in the very combat care course that spurred the idea.

"I couldn't tell you where my nearest tourniquet in this building is right now," he said. "So if somebody has it on their waist and it's constantly on them and it's a part of your uniform, it's integrated into your lifestyle."



JULIE SVOBODA/U.S. Air Force

**Senior Airman Isaiah Demillo, a country liaison with the 82nd Training Support Squadron, demonstrates how to use the Demillo rigger's tourniquet belt, at Sheppard Air Force Base, Texas.**

Demillo wasn't the first to imagine a tourniquet on a belt, but existing models used a ratchet to tighten the device, which could lead to tissue damage, he said.

He wrote up his concept and reached out to the base's Spark Cell, which is part of a network of innovation offices at Air Force bases around the world.

The cell referred him to a patent lawyer at Wright-Patterson Air Force Base in Ohio. He began deconstructing tourniquets and planning what his product would look like before making a computer-aided drafting file.

He contacted other units to help him 3D print and sew on the device. The initial prototype

cost about \$46.

Demillo signed away a portion of his rights to proceeds from sales in exchange for the Air Force's assistance. He can't charge the Air Force for using the patent, but Demillo said he would receive the first \$2,000 and 15% of commercial royalties afterward.

Tech. Sgt. Daniel Ramsden, a deputy in the wing's digital integration office, helped Demillo in the belt's early days.

"I have full confidence that he is going to do something with this," Ramsden said. "He is one of the most driven people that I've met."

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# CDC eases rules on rabies for dogs coming to the US

BY KELLY AGEE  
*Stars and Stripes*

Due to public outcry, the Centers for Disease Control and Prevention has eased restrictions on dogs coming into the United States from countries with low or no risk of rabies.

The CDC announced recently that it will require just one form from dog owners entering the U.S. with their pets instead of a package of documents it set forth earlier this month in new regulations.

"These updates incorporate the feedback received from the public, industry partners, and various countries on the dog importation rule, and clarify and simplify the processes for those bringing dogs from dog rabies-free or low-risk countries," the CDC's official website states.

The rules took effect Aug. 1, the tail end of the military's busy season for permanent changes of duty stations, which typically occurs from May to August.

Under the latest revisions, dogs that have spent the previous six months in a country free of or at low risk for canine rabies will need only the free CDC Dog Import Form available online.

The pet owner may complete the form on the day of travel, according to the CDC's website. The document may be printed or shown on a phone screen to U.S. customs officials or airline representatives.

Dogs still must be microchipped and at least 6 months old at time of entry to the U.S. and appear healthy upon arrival.

Meeting all the new requirements to bring a dog into the U.S.

can be pricey. To obtain a health certificate, dogs may undergo preliminary requirements, including microchipping, vaccinations and bloodwork, according to Pet Relocation, an international pet transportation company.

On average, pet owners may expect to pay between \$50 and \$200 for those services, Pet Relocation states on its website. Finally, the dog must undergo a veterinary exam to complete the health certificate, another \$50 to \$200.

The CDC provides a list of high-risk countries on its website. If the country is not listed, it is considered low risk or free of canine rabies.

CDC experts in the poxvirus and rabies branch annually assess individual countries' rabies statuses worldwide.

Since the CDC first revised its guidelines last month, eight airlines have announced they will no longer fly dogs with their owners, the *Military Times* reported.

Information on whether any of them will change that policy was not immediately available.

Military members making PCS moves sometimes fly on commercial airlines due to limited space for pets aboard the Patriot Express, which is allocated on a first-come, first-served basis. The Patriot Express is a contracted passenger air service that links the United States with its overseas installations.

Lufthansa, a German airline, decided last month to stop carrying pet dogs starting Aug. 1, except service dogs. That rule was recently still posted on Lufthansa's website.



GABRIELLE SPALDING/U.S. Air Force

**A dog that traveled on a Patriot Express flight sits in its kennel inside the passenger terminal at Yokota Air Base, Japan, in 2018.**

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