

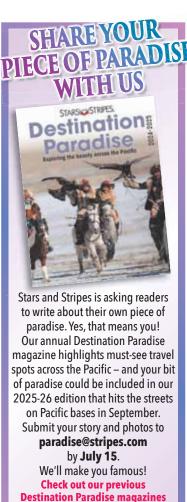


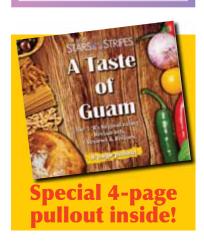
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Island life: A spouse's take

BY KACI CURTIS, STRIPES GUAM

n this military life, many of us have weathered the storm of at least ONE set of surprise PCS orders. The kind that knocked glasses askew when they blasted into our lives, and spun us in a whirlwind of confusion.

When my husband came home with the surprise choice between Bahrain or Guam, I suddenly doubted whether I'd ever studied a complete map of the world. For if I had, surely I would have been able to point to at least one of them on a map without googling it first. Neither of those options were Virginia, which was where we had been told we would be heading next. But I had to let that expectation go, and quickly. OCONUS (outside the continental United States) moves require a lot of preparation, and therefore, time. The choice turned out to be relatively easy: one was an accompanied tour, and the other was not. My family had endured enough of my husband's absence in recent years; I wouldn't choose a duty station where we weren't allowed to go with him.

Other side of the world

So here we are, two years later, living on an island in the middle of the Pacific Ocean. One that doesn't even show up on the map, unless you zoom in. A lot! Compared to some OCONUS locations, Guam is a gentler transition, because it is a U.S. territory. It was invaded and occupied by the Japanese during World War II in 1941, and liberated by U.S. Marines in 1944. Most people speak English here, though there is a heavy Asian influence, and a ton of tourists from Japan and other Asian countries. Though connected to the U.S. in name, it's impossible to forget that we're on the other side of the world. There's no daylight savings time here. Only 931 miles from the equator, the sun is incredibly powerful. It's always hot, and from May to November, the wet season hurls tropical depressions and typhoons toward our little island with the accuracy of an MLB pitcher. Year round and without warning, we have earthquakes, averaging 170 of them per year.

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Don't mind education gap, but do understand it

The Meat and

Potatoes of Life

Lisa Smith Molinari

million years ago, I was a litigation attorney with a bright professional future and significant earning potential. That was before I married a Navy man and began moving to U.S. states and foreign countries where my law licenses weren't worth the paper on which they were printed.

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Despite these challenges, I maintained hope that one day, I'd rekindle my law career. However, mili-

tary family life marched on, and it wasn't until our youngest entered high school after our ninth move that I drafted a new résumé.

That day, I dropped the kids at school, then grabbed the only available table at Starbucks -- next to the restrooms. When I had something important to do, I couldn't start until I spent a requisite amount of time dawdling. So, I removed crumpled gum wrappers from my purse, checked email and people-watched.

Finally, I opened a blank document, sighed dramatically and thought, "The kids are old enough now. It's time to find a paying job."

"RÉSUMÉ [return] ... Lisa Smith Molinari," I keyed onto the top of the page. I picked up steam, quickly tapping out my address, phone number and email, adding aesthetically pleasing fonts, underlining and bold. After a few thumps on the return key, I typed "EDUCATION" and enjoyed a trip down memory lane to the ivy-tangled architecture of Miami of Ohio, and the endless racks of thick casebooks at Thomas Cooley Law School in Michigan.

I added "law review" and "cum laude," feeling a surge of confidence. But, no sooner did I type "WORK EXPERIENCE" when my hands began to tremble. "It's just the caffeine," I thought, and strained to recall the details of my last paying job.

'Hmm ... was it 1995? When I worked for that law firm in California while Francis was assigned to the Naval Postgraduate School? I can't put a job from two decades ago on my résumé ... I'll be a laughingstock!" I realized that, since marrying my Navy husband in 1993, I had no paid "work" experience except a few short-lived legal jobs between military moves. Recognizing that my skinny vanilla latte had nothing to do with my shaking hands, I pressed on, trying my best to make 25 years as a stay-at-home military mom read like a thriving professional career.

As I filled my résumé gap with various volunteer gigs I'd had through

the years, I tsked. How is a milspouse supposed to convince an employer that she is capable of a challenging job because managing an active duty military family IS her "work experience"?

Despite the bonbons-and-soapoperas stereotype for stay-at-home parents, any milspouse who has successfully managed a full household through stateside and over-

seas moves, lengthy deployments and various TDYs, broken hot water heaters, clogged gutters, HHG damage claims, Scout meetings, soccer tournaments, EFMP paperwork, orthodontist appointments and parent-

teacher conferences -- is most definitely worthy of gainful employment.

I resisted the urge to add the cutesy moniker "Domestic Engineer" in hopes that potential employers would respect me for putting my own career aside to help my husband serve his country. Instead, under the heading "REMARKS," I wrote, "Despite gaps in my job history, I have always exemplified hard work and dedication, whether as a lawyer, writer, volunteer, mother or military spouse," pounding the period button with a self-righteous poke.

A few years later, I gave up my job search because each promising lead had ended in final-round rejections due to "lack of work experience." Instead, I co-founded a military nonprofit, Orion Military Scholarships, and created my own dream job, helping military children find stable educational experiences.

Frankly, I'd grown tired of "mil-splaining" the impact that active duty Navy life had on my career to civilian employers who would never understand what I knew — that military life requires higher-level competence, determination, selflessness, work ethic and executive problemsolving skills.

Employers, when considering a military spouse, don't mind the gap. Being frequently moved to new locations, managing complex circumstances and shepherding a family through constant unknowns gives milspouses the gritty "must-do/can-do/will-do" mentality that you'd do well to appreciate.

Read more of Lisa Smith Molinari's columns at: themeatandpotatoesoflife.com and in Lisa's book, The Meat and Potatoes of Life: My True Lit Com Email: meatandpotatoesoflife@gmail.com





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Hiking along the Priest Pools trail. Photo by Kaci Curtis



CONTINUED FROM PAGE 1

There is plenty to miss about the mainland, if I allow myself to fall into the trap of comparison. Most recognizable American shopping: the big box stores, outdoor centers, bookstores, clothing outlets, or restaurants... won't be found here. Sometimes I dream of drifting through a Barnes N' Noble or browsing in Sam's Club. Don't even ask me how often I lament over the loss of Target or Whole Foods.

■ Logistical challenges

There are stocking issues in the stores that we do have. Everything takes a long time to get here, and so not only is our stock unreliable, but we can go weeks or even months without seeing our favorite products (or flavors) on the shelves. If we manage to get off-season produce, the price is three times what we were used to paying back in the States. And because of how long it takes to get it all here, it's neither very fresh, nor long-lasting. Living on the island has been an absolute eye -opener to just how much convenience and accessibility has embedded itself into the American lifestyle.

Until we left the mainland, my husband and I had no idea just how easy it had been for us to get whatever we wanted, whenever we wanted. It didn't matter if it was in season, or if there had been a bad storm. Now, it's the norm to wait 4 weeks or more just for an Amazon package to arrive (and that's if it manages not to get lost on the way here).

Ocean's wonders

Despite its logistical challenges, Guam has a lot to offer, especially if you step off the beaten track. The beaches are stunning; the crystal waters everything you'd expect from a tropical island. The sea life we encounter in one afternoon at our local beach could fill a BBC documentary. It's provided a once-in-a-lifetime opportunity to immerse our kids into the ocean's wonders.

Guam has fostered a connection to the sea that I hope will last throughout our lives. We frequently see baby black tip sharks, trigger fish, eels, butterfly fish, sea cucumbers, puffer fish, urchins, blue sea stars, and crabs of all kinds. Going down to the beach at sunset has become one of our favorite things to do as a family; we search for coconut crabs, which emerge at night and can weigh up to 9 lbs. We also look for eels and other nocturnal hunters among the tide pools. There's also lots of hiking, affectionately called "Boonie Stomping," here on the island. Most hikes lead to the beach, or to waterfalls and swimming holes. Some treks climb summits, including Mount Lam Lam. Some consider it to be the tallest mountain in the world, since it originates from the floor of the Marianas Trench, the deepest oceanic trench on our planet.

■ Be flexible

We never expected to be here, but the shift that our island home has provided has been invaluable. It has reinforced the need to be flexible, and to look for the good in the unexpected. It has illuminated the places where we needed to grow in gratitude, and given us a personal stake in the protection of our oceans. It has offered us the time, albeit at a slower island pace, to take in the adventures and lessons that this tiny green dot on the map has to offer, amidst its expanse of blue.

(This story first appeared on missionmilspouse.org) About the Author: Kaci Curtis is a Navy wife and mom. Her historical fiction novel, "Along the Trail," is forthcoming with The Wild Rose Press. Follow her on FB (@KCurtisWriter) and check out her blog (and many others!) with Mission: Milspouse for more inspiring stories.



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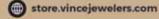


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STRIPES GUAM

Naval Base Guam's Gab Gab Beach

Gab Gab Beach, or Fab Gab as we like to call it, is truly a hidden gem and easily our family's regular go-to place for no-frills, low-cost weekend fun.

Great for picnics, birthday parties, unit gatherings, hail & farewells, snorkeling, swimming, diving, sand volleyball, SUP'ing and all sorts of water play. The beach umbrellas and grill grates can be rented for a meager amount, and camping is allowed by reservation with the Outdoor Recreation Center. There is something for everyone.

Gab Gab is located on Naval Base Guam, so you'll need base access to get to it, its also one of the most popular shore dives on Guam, and any given day of the week you're likely to find divers exiting or readying to enter the water via the easy stairs next to the "3-sided pool."

If you get there early enough, make a leisure surface swim due north out to the Atlantis Submarine Tender buoy, and drop down on the plateau reef at about 50', known as Gab Gab II, where baited buckets attract the fish for the viewing pleasure of the underwater tourists. You're almost guaranteed to get an up close view of the docile Nurse Sharks, large schooling fish, and possibly a moray eel in the artificial reef ball. Also look out for anemones teeming with clown fish at various locations on the reef.

Steer clear of the submarine while diving, but be sure and give a wave to all the tourists peering out the portholes.



Gather with friends at Gab Gab Beach. Photo courtesy of USS Emory S. Land

It's also a beginner snorkeler's paradise. Enter the water via the stairs and you're only yards from colorful coral, sloping reefs, an abundance of fish and there is always a greater than average chance of seeing a turtle along the reef edge. Note, no forms of fishing or collection of marine life (live or dead) is permitted at Gab Gab.

Bathrooms are provided, and outdoor showers are just steps away from the water stairs-convenient for divers and snorkelers exiting the water to rinse their gear and themselves. During your surface interval, enjoy some beach volleyball, relaxing under the umbrellas, barbecuing in the poolside grills.

Enjoy fabulous Gab Gab, but be sure and clean up after yourselves when you leave.

Dadi Beach

Dadi Beach is also located on Naval Base Guam. It is

quiet, away from the hustle and bustle, and is a great spot for laying out and soaking up some sun, swimming, picnics and watching sunrises. You can even catch glimpses of dolphins, turtles and manta rays.

San Luis Beach

San Luis Beach is another oasis on Naval Base Guam. It is known for being a great dive, standup paddle boarding and kayaking spot.

Fantasy Island

Fantasy Island is located off base at Polaris Point which is two miles from the front gate of Naval Base Guam in the beautiful village of Piti. It is most known for its camping grounds.

• Planning on heading out to the Guerrero beaches this weekend but don't have the proper outdoor equip-

ment? Don't let it ruin your plans! Drop into Rec-N-Crew and inquire about all your outdoor needs. Call (671) 564-

Family fun at Tarague Beach.



Whether you're with a group of friends or looking for some personal time, Tarague Beach on Andersen Air Force Base is your answer to camping on Guam.

Make the most of the day at the beach enjoying activities



Gab Gab II is one of the most popular and most enjoyable dives on Guam. Photo courtesy of mdaguam.com



uch as swimming, snorkeling, beach volleyball or bareque. The beach also provides a playground for kids, a ature trail for hiking and exploring the different historical ighlights and agriculture in the area.

Tarague Beach offers 20 campsites along the sandy each. Most of the campsites are shaded by beautiful pine rees and the ocean breeze keeps you cool. Each campsite ncludes a picnic table and grill. Bathrooms and showers re centrally located so all patrons can use them conve-

Bamboo Willies beachfront restaurant is open 11 a.m. to 5 p.m., Saturday and Sunday.

As the evening approaches, catch a breathtaking sunset, roast marshmallows or make smores.

Camping at Tarague is open all year round. However, December through February usually offers the best weather conditions: slightly cooler with a little less rain and humidity. This makes for perfect camping.

Sirena Beach

Sirena Beach has a pavilion where you can spend the night camping under the stars.

• If you don't own any camping equipment, Outdoor Recreation has all your supplies such as tents and other camping equipment for rent. Reservations for campsites as well as supplies can be made online at www.MilitaryMWRGuam.

om under Outdoor Recreation or by calling (671) 366-5204

hoto by Tessie Faustino

• Fishing is allowed by permit only. Permits are \$12 at utdoor Recreation.

See BEACHIN' on Page 8

Best public beaches

STORY AND PHOTOS BY THE GUAM GUIDE

uam is a beautiful island with some of the most breathtaking beaches in the world. From the calm waters of Tumon Bay to the rugged coastline of Ritidian Point, there is a beach for everyone on Guam. So come and explore the island's many beaches and experience the beauty of Guam for yourself!



Asan Beach Park

Asan Beach was one of the two primary beaches U.S. troops stormed when trying to recapture Guam from Japanese occupation during World War II. There are a number of memorials, relics, and informational signs scattered around the park for visitors. The beach area of Asan Beach Park is lined

with coconut trees to provide shade from the tropical sun. In addition to the beach, there is a huge triangular park which can be used by the public for just about any activity.

Tanguisson

Covered picnic tables and BBQ pits are part of the park amenities at Tanguisson Beach. Entrance to the municipal power plant property is near Two Lover's Point. Uncultivated beach



and rugged margin open up to a park setting with large shade trees and manicured grass for games and gatherings. If you're looking for Guam's famous "mushroom rocks," head to Hila'an Beach, which is a little further down from Tanguisson.







Shark Cove

Guam's exclusive beaches are off the beaten path. Shark Cove Beach is worth every minute of the half-mile hike to get there. Protective beach shoes are a necessity and snorkel equipment is rec-

Gun Beach

The namesake gun of Gun Beach is located in the far right end of the small lagoon created in part by a massive cliff on the north end. On the left of the old gun is an entrance to another se-



cluded cove called Fai Fai Beach. Gun Beach features good snorkeling, when safe conditions prevail, and a dive site with steep reef sides and a cable trench leading into deep water.

Inarajan Pools

For rugged beauty and photo appeal, Inarajan Pools has the most intriguing geology. Natural bathing spots



surround a public park on the main road that circumnavigates the island. Coral outcroppings resembling the lava flows of volcanic islands loom at 15 to 20 feet above the horizon, blocking the view of the reef beyond.

Tagachang

Set between jungle topped cliffs, Tagachang beach is one of Guam's many beautiful beaches but unlike some,

this one is remote and ungroomed. Unlike Tumon Bay beaches, Tagachang is quiet, but best enjoyed during daylight hours for safety. Like many of the eastern beaches, an outer reef breaks the surf and makes the beach calm and safe for swimming.





Talofofo Beach

This rock beach lies adjacent to the Talofofo River bridge. The low-lying outlet is lined with a protective rock levy reminiscent of San Francisco Bay.



Ipan Beach

This southern beach is popular with locals and right next to Jeff's Pirate's Cove. Kite surfers are often seen from this rugged spot.

The northernmost perimeter reef of Guam is accessible without security clearance from Ritidian Beach. The U.S. Fish and Wildlife Preserve is located near the rec-



reation area. Strict obedience to posted warnings about the rip currents and conditions will ensure a safe and enjoyable visit to one of the most pristine beaches on

BEACHIN': Don't be afraid to dive into fun

Bamboo Willies at Tarague Beach.

CONTINUED FROM PAGE 7

Swimming pools

The Navy operates three swimming pools on the island. At Naval Base Guam, the swimming pool is located near South Tipalao Housing and the barracks area. Call

the pool at (671) 564-1822.

At the Naval Communications Station, the pool is located on the main drive of the base, next to the laundromat. For more information, call (671) 355-5091/564-1822.

At the Naval Hospital, the pool is located near the housing area. To reach the Naval Hospital pool please call (671) 564-1822/344-9009.

The Andersen pool is located near housing, directly next to the Youth Center and Skate Park. They have an aquatics program for all ages and interests. Red Cross certified instructors teach swim les-

sons to all ages and all ability levels. They also have lap swim, open recreation swim, a wading pool for your little ones and a picnic area that is available on a first come, first serve basis. For inquiries, email andersenaquatics@gmail.com, or call (671) 366-3202.

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For boat owners, two boat-launch ramps are provided as well as outdoor dry storage pads and wet slips at the marina docks. For more information, call (671) 564-1826.

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Faha and priest pools

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> For more information: www.facebook.com/ GuamBoonieStompers



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A STARS AND STRIPES COMMUNITY PUBLICATION

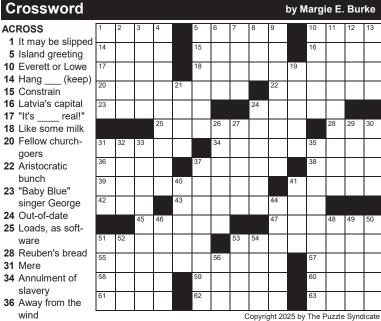
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- 2 Type of gas 3 Animal in a roundup
- 39 Written account 41 Beds on base 4 Tupperware
 - product
- 42 Anastv music
- 43 Skilled boater 45 Puppeteer

37 Like Liberace

38 No walk in the

park

genre

- Lewis 47 Does an IRS job
- 51 Tariff target
- 53 CDC worry
- 55 Like some
- garden paths 57 Word after "cut" or "second"
- 58 Walk the floor
- 59 Verso's oppo-
- 60 Alaska's first
- governor
- 61 Downhill racer
- 62 Web destinations 63 Bodywork target
- **DOWN**
- 1 Former newsman Lou

- sergeant
 - 30 Concludes 31 All there

32 Happy as a

field

37 First-string

players

33 Lockheed Martin

35 Roared deeply

40 Oscar or Tony

41 Modem measure

- 5 Gives a
- heads-up
- 6 As it happens 7 Middle Eastern
- gulf
- 8 Cheer starter
- 9 Without much harmony
- 10 Shore dinner
- entree
- 11 Nazi-like
- 12 "The Morning Watch" writer
- James 13 A&W competitor
- 19 Mantegna's "Criminal Minds' role
- 21 Touch
- 24 One who works on snow days
- 26 South Pacific
- 27 Overhead

- 29 Famed WWI 44 Tropical fruits 46 Sharpened
 - 48 Mirror
 - 49 Nashville NFLer
 - 50 Candle feature
 - 51 Little devils
 - 52 Dinner, eg.
 - 53 Ancient Celt
 - 54 Feed the kitty
 - 56 Outdoor gear

Answers to Previous Crossword:



SUDOKU Edited by Margie E. Burke **HOW TO SOLVE:** 3 6 Each row must contain the numbers 1 to 9; each column must 5 2 4 contain the numbers 1 to 9; and 477-CARS each set of 3 by 3 boxes must PATRIOTCARRENTAL.COM 8 **Military** 4 5 Free shuttle service **Special** 1 7 5 4 \$25 8 9 6 / day rentals \$500 9 3 / month rentals 477-CARS (2277) 140 Hernan Cortez Ave Hagatna Copyright 2025 by The Puzzle Syndicate GU 96932 across Agana boat basin next to Main Street bakery



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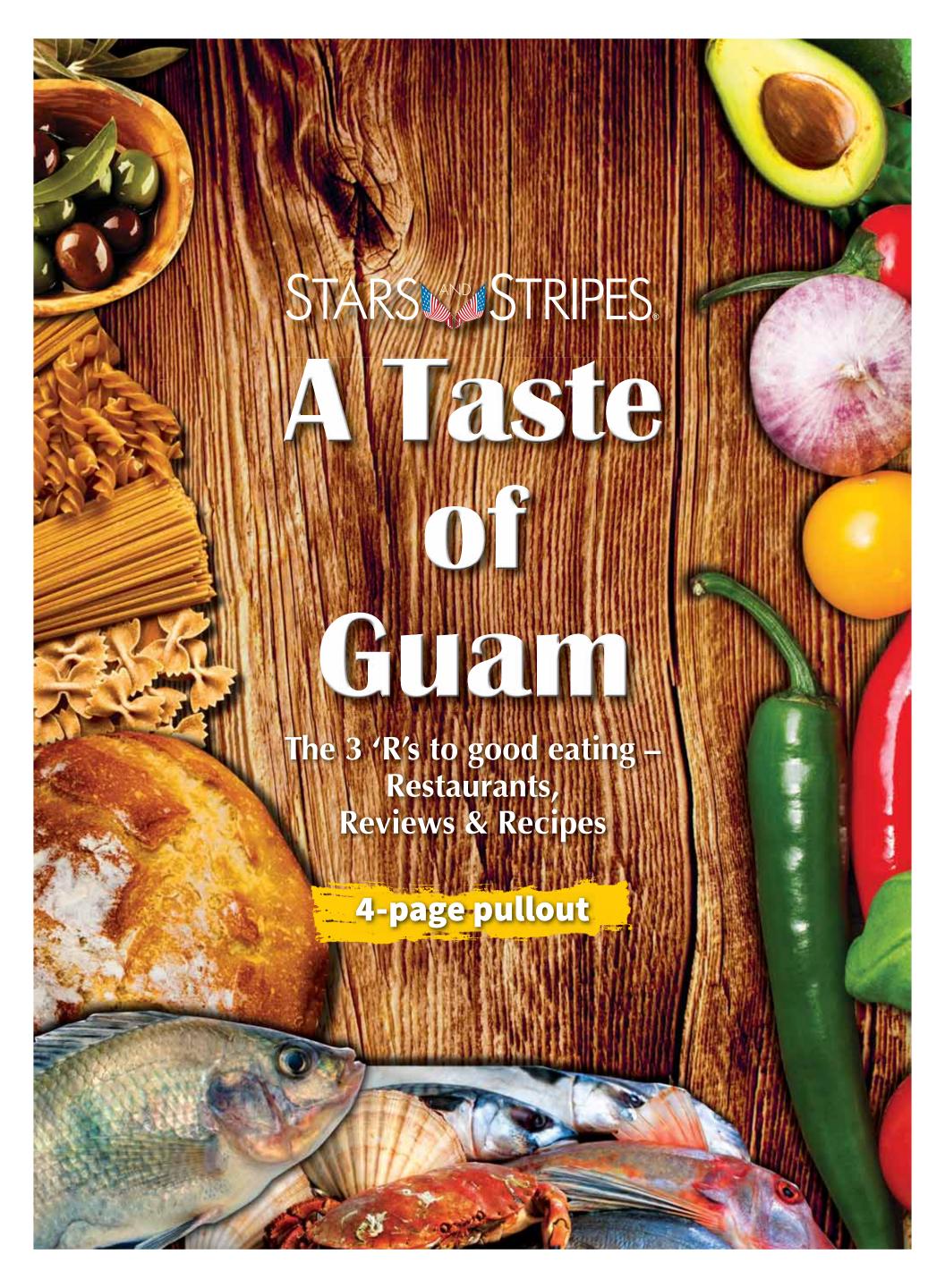


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New restaurants, cafés on guam to try

THE GUAM GUIDE

EW MONTH, NEW BITES & VIBES! Guam's food scene is heating up with fresh flavors and cool new spots! From a dessert that's a nostalgic dream come true to coffee shops with vibes as bold as their brews, we're diving into the island's latest must-tries. Let's eat!







Twirly Swirly Twisted Creamery

Twirly Swirly Twisted Creamery combines our

childhood favorites - ice cream and cereal! Conveniently located in the heart of our island's capital, Hagatna, Twirly Swirly Twisted Creamery is ready to serve you ALL week (except Sundays). Cool down in the best way possible.



INSTAGRAM

LOCATION: Suite 166, Chamorro Village (Paseo Side), Hagatna

HOURS: Monday to Saturday from 9 a.m. to 5 p.m., Wednesday from 9 a.m. to 9 p.m., Closed on

INSTAGRAM: @twirly.swirly.twisted.creamery



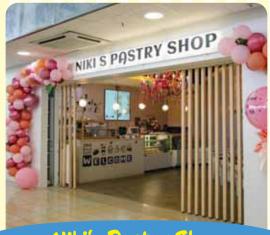
Coffee Club Guam

Start your day with quality coffee and end it with fine wine at Coffee Club Guam. Run by husband-and-wife duo Patty and Andrew Ellison, the café is inspired by their global travels in search of good coffee and good wine. Now, they're bring-

ing that passion to Guam. Don't miss their famous savory pies they sell out fast, so call ahead to reserve yours! And if you haven't tried a New Zealand Roll, it's time to change that. Stop by Coffee Club Guam today!



LOCATION: Star Building, 888 N Marine Corps Dr Ste 124, Upper Tumon, 96913, Guam HOURS: Monday to Saturday from 6 a.m. to 6 p.m., Sunday from 7 a.m. to 3 p.m. INSTAGRAM: @coffeeclubguam



Niki's Pastry Shop

From fluffy cupcakes and buttery croissants to decadent cakes and tropical-inspired treats, EV-ERYTHING is made fresh daily with love and

island flavor at the new Niki's Pastry Shop located at the Micronesia Mall center court. Niki's is your new go-to for feel good indulgence – whether it's a quick pick-me-up or a custom creation for your next celebration! Sweet moments start at Niki's!



INSTAGRAM

回路級回

LOCATION: Micronesia Mall HOURS: Daily from 10 a.m. to 9 p.m. INSTAGRAM: @niki_tea_cake



BreadBar by Okayama Kobo

BreadBar Guam brings the tradition of Okayama Kobo's allnatural baking to the island, crafting fresh, additive-free bread daily. Using high-quality Hokkaido flour, they blend Japanese artistry with local flavors, redefining Guam's bread scene—one warm, hand-shaped loaf at a time.



INSTAGRAM

LOCATION: Micronesia Mall HOURS: Wednesday to Saturday from 10 a.m. to

INSTAGRAM: @breadbarguam



Patisserie PariSco

PariSco's new location at Dededo's Macheche Plaza features a drive-thru offering French-style pastries, cakes, parfaits, macarons, and drinks like lattes and frappuccinos. Founded by Shizuka

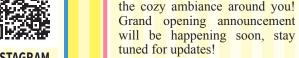
and Michael Louboutin in 2013, this family-run bakery blends French and Japanese pastry traditions, growing from a small home business to a beloved local favorite. Now, Guam can enjoy their high-quality, handcrafted treats with added convenience.

INSTAGRAM: @pariscoguam



INSTAGRAM

LOCATION: 131 Macheche Avenue Suite 100, Macheche, 96912, Guam HOURS: Open Daily from 6:30 a.m. to 6:30 p.m.



will be happening soon, stay INSTAGRAM tuned for updates!

detail. Tucked away on Route 8

in Barrigada, it's the perfect spot

to sip, read, and escape into a sto-

ry—whether from a book or just

Barrigada, GU 96913 HOURS: (Temporary) Monday to Saturday from 10 a.m. to 2 p.m., Closed on Sunday INSTAGRAM: @allegorycoffeeandstories

LOCATION: 494 West Route 8, Barrigada Plaza,

Allegory Coffee and Stories

Love coffee, books, and that magical Ghibli-

style vibe? Then you need to check out Allegory Coffee and Stories! This cozy little café feels like stepping into a fairytale, with its charming

cottage-core aesthetic and warm, inviting atmo-

sphere. It's a dream come true for the Hecita fam-

ily, and you can feel the love they put into every

Café at Rootz

Pop in to Café at Rootz, located inside the Guam Plaza Hotel lobby. This cozy little café, right next to Rootz Restaurant, is a perfect pitstop to grab a refreshing drink — we're loving the Green Glow smoothie — or treat yourself to something sweet like croffles, pastries and cakes. We stopped by for brekky and had the Breakfast Quesadilla and Smoked Salmon Benedict (hello, creamy hollandaise!). Their all-day menu has everything from curry rice to fluffy pancakes.

LOCATION: Guam Plaza Resort & Spa HOURS: Open Daily from 6:30 a.m. to 5 p.m.

WORTH THE REVISIT...



Subway - Oreo Footlong (Limited

Okay, you HAVE to try this—Subway's Oreo Footlong Cookie is insane! It's a whole foot of soft, chocolatey, cookies-and-cream goodness, and trust me, one bite is not enough. It's like your

favorite Oreo got a major glowup! Whether you're sharing (or keeping it all for yourself—no judgment), this is the ultimate sweet treat. Go grab one before they're gone!

Subway is available for dinein, take<mark>out and delive</mark>ry.



WEBSITE



Chili's - Fried Mozzarella (Limited)

You NEED to try this—Chili's Fried Mozzarella is here on Guam, and they're next-level cheesy perfection! Whether you

go for the Original or turn up the heat with Honey Chipotle, every bite is crispy, gooey, and downright addictive. That cheese pull? Unreal. That flavor? Out of this world. Don't wait—get your hands on these ASAP!



INSTAGRAM

LOCATION: Tumon Sands Plaza 1082 Pale San Vitores Rd Tumon, Guam 96913 HOURS: Open Daily from 11 a.m. to 9 p.m.

INSTAGRAM: @chilis_guam



A Taste of Guam





(7) KFC Guam [0] kfc_guam

KFC sweetens the heat with **Mike's Hot Honey Strips!**

KFC Guam is turning up the flavor with Mike's Hot Honey Strips! You can enjoy KFC's signature crispy chicken strips drizzled with the perfect blend of sweet and spicey Mike's Hot Honey – a bold new twist that's both craveworthy and comforting. Available for a limited time at participating KFC Guam locations, Mike's Hot Honey Strips offer a delicious balance of heat and sweetness that will leave you wanting more. Whether dining in, taking out or ordering delivery, it's time to experience the buzz everyone's talking about. Get ready, Guam, sweet heat has arrived at KFC! KFC, It's Finger Lickin' Good.

RESTAURANT INFO



Dig into delicious cheese crust pizza

Head into Sbarro's where you'll be in for a cheesy delight! Try our delicious traditional New York Style Pizza with a mozzarella cheese-stuffed crust, topped with plenty of pepperoni slices and even more cheese. That's enough cheese for even the cheesiest of cheese lovers! Treat yourself with a freshly-baked slice or grab a whole cheesy pizza pie your entire family will enjoy! Sbarro's Authentic New York Pizza and Pasta is available at Micronesia Mall & GPO food courts and get Sbarro's delivered straight to your door via the Good to Go and UnoGo apps.

RESTAURANT INFO





A Taste of Guam







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When off base stop by and try the serious food we've become famous for, Kingston BBQ Jerk Chicken & Boston Beach Ribs Combo, Jamaican Oxtail, Jerk Burgers, Fresh Local Catch, Roasted Bananas, Festive Tropical Cocktails, Jammin Beer Fest and so much more! Whether you dine in or take out and enjoy our award winning flavors of Jamaica and Guam fused together in a culinary explosion second to none. We have 4 convenient locations to serve you - Hagatna, Tumon, Dededo or Mangilao - whichever's closer. Online ordering available as well!

Ya Mon See You SOON!

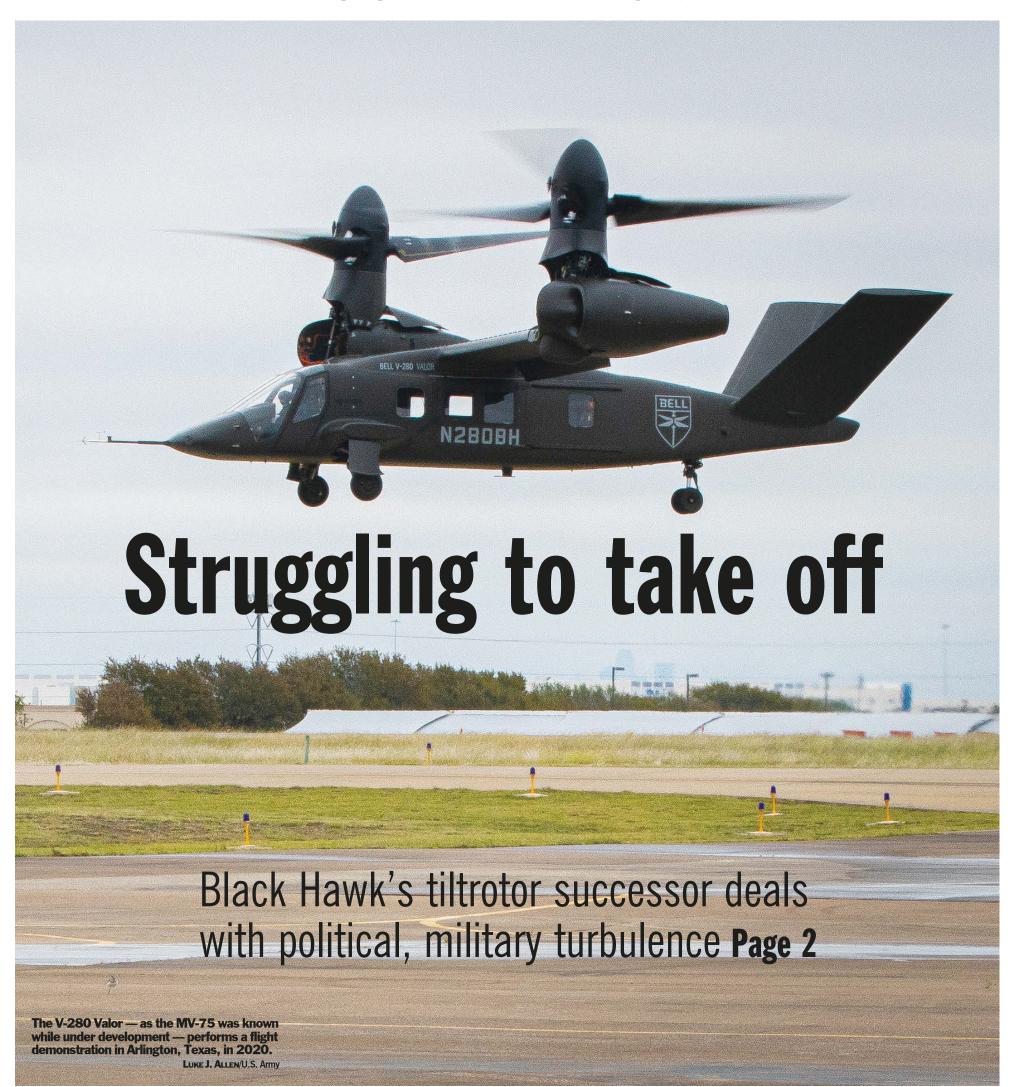


RESTAURANT INFO

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June 9, 2025



PAGE 2第3種郵便物認可STARS AND STRIPES •Monday, June 9, 2025

COVER STORY

Black Hawk's tiltrotor successor struggles

Army's new MV-75 hits political and military turbulence

By Gary Warner Stars and Stripes

The Army has announced the future of air assault: the MV-75 tiltrotor.

The MV-75 is designed to sweep into battle at more than 320 mph, skimming over the treetops before seeming to stop mid-air as its rotors pivot to a vertical for landing.

Up to 14 soldiers could spill out into a firefight. Litters carrying wounded could be loaded for the return flight. In less than five minutes, the MV-75 could lift off, shift to horizontal flight, and race miles away from danger.

"This aircraft changes how we move forces — it changes the geometry of ground combat," Gen. James Mingus, the Army vice chief of staff, said recently.

But that future isn't here yet.

The Army chose the "Screaming Eagles" of the 101st Airborne Division as first in line to fly the new aircraft. But the 101st won't get the MV-75 tiltrotor until 2030 — though Army officials said they hope to shave a year or more off the timeline through acquisition reforms announced recently by Secretary of Defense Pete Hegseth.

The MV-75 is part of the Army's Future Vertical Lift (FVL) program to replace all of its helicopters by mid-century.

While the MV-75 was given a boost by Mingus' announcement, the FVL program has already seen one project canceled at a cost of \$2 billion and others being questioned as outdated by the Army's recently announced "transformational rebalancing" of its air assets.

Hegseth announced in April that the Army would review its warfighting abilities with an eye toward downplaying manned helicopter use and instead focusing on the use of uncrewed drones.

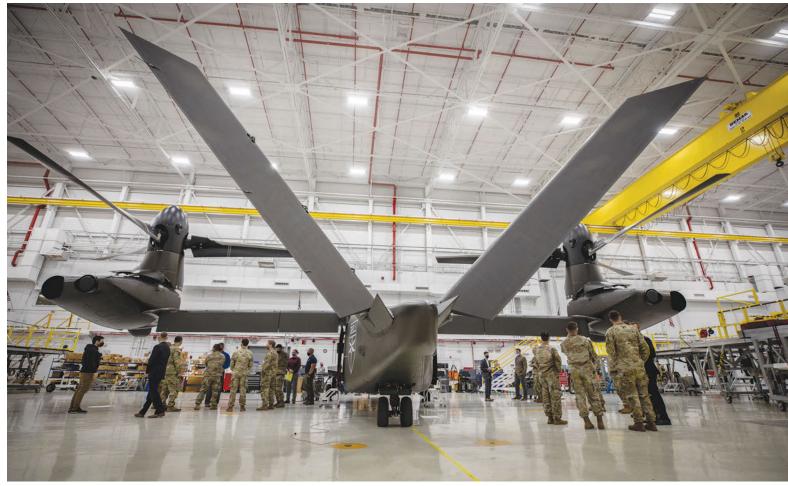
"The Army must transform at an accelerated pace," Hegseth said.

The MV-75 aircraft is so new, it doesn't even have an official name

The prototype from Bell and Lockheed Martin is called the V-280 Valor.

At the Army Aviation Association of America conference, Army officials said the new aircraft would carry the designation "MV" for "multi-mission vertical" takeoff and landing.

The numerical change from 280 to 75 is a salute to 1775, the year the Army was founded.



LUKE J. ALLEN/U.S. Army

Members of the 101st Airborne Division visit Bell Flight's Arlington, Texas facility in 2020. The division is the first in line to fly the new aircraft.

"This aircraft changes how we move forces — it changes the geometry of ground combat."

Gen. James Mingus Army vice chief of staff

In the past the Army has named its helicopters after Indian tribes. Even the UH-1 Huey is officially named the "Iroquois" although the name didn't stick like Black Hawk and Apache.

Will the new tiltrotor follow or break the naming tradition?

"That is TBD — to be determined," said Col. Marty Meiners, a spokesman for the 101st Airborne Division.

The MV-75 is the first aircraft the Army announced in 2009 that it planned to field by mid-century under the Future Vertical Lift program.

The program was launched in 2009 to find replacements for U.S. military helicopters that the Pentagon said had aged more rapidly than anticipated due to the high tempo of deployments and operations in the wars against terror following the 9/11 attacks.

The pipeline for new designs had also become so extended

that the military primarily relied on updated versions — blocks of existing designs, some of which were more than 50 years old.

"I don't want my grandchildren flying the AH-64 Apache Longbow Block 80," Army Maj. Gen. Anthony Crutchfield quipped at the Army Aviation Association of America conference in 2011.

The Army plan called for replacing its aging inventory of UH-60 Black Hawk, CH-47 Chinook, AH-64 Apache, and OH-58 Kiowa helicopters.

If the designs proved successful, the Pentagon said the aircraft could be adopted by other services, possibly replacing up to 25 helicopter and fixed-wing aircraft types across all branches

Two programs were first up. The Future Long-Range Assault Aircraft (FLRAA) competition to replace the UH-60 Black Hawk was decided in December 2022. The Army selected the V-280 tiltrotor from Bell and Lockheed Martin, beating out the SB>1 Defiant, a coaxial rotor helicopter submitted by Sikorsky and Boeing.

The win for the V-280 has the potential for \$72 billion in orders from the Army. Coming in second meant the SB>1 will be displayed at the Army Aviation Museum at Fort Novosel, Ala.

The Future Attack Reconnaissance Aircraft (FARA) competition to replace the OH-58 Kiowa

reached a key point in 2020 with the Bell 360 Invictus and Sikorsky Raider X chosen as finalists.

After spending \$2 billion on developing the FARA, the Pentagon pulled the plug on the program in February 2024.

Pentagon officials have said that lessons learned from combat between Russian and Ukrainian forces had shown battlefield tactics had changed, particularly in the use of cheap but deadly drones. Critics argued that crewed helicopters were vulnerable to drones and shoulder-launched missiles.

Until the future arrives, soldiers will go into battle, search for downed pilots, hoist stranded ship crews at sea and drop sonar on submarines much the way they have for the past half-century — with one of the 5,000 UH-60 Black Hawks and its variants built for the U.S. military.

For some, that's just fine.
"The Black Hawk today is something like the Huey in the old Vietnam days — everybody has been in it, knows it, trusts it," said Chief Warrant Officer 5
Barry Sledd of the 7th Infantry Division at Joint Base Lewis-McChord, Wash.

Sledd has been in the Army since 1989 and believes that modernization is a key to success on the battlefield. But so is familiarity and trust.

"I had 2000 combat hours in Iraq and Afghanistan," Sledd said. "There were several times we were shot at and came back with bullet holes to prove it. The Black Hawk performed as advertised — it got us home."

Sledd recalled serving with Col. Derek A. Smith when he was commander of the 16th Combat Aviation Brigade, 7th Infantry Division.

At his July 2024 retirement ceremony, Smith called out his family's history with the Black Hawk.

"My dad was a UH-60 pilot, and he retired as a brigadier general," Smith told the au-

The first Black Hawk flew on Oct. 17, 1974.

Black Hawk variants have flown in every U.S. military conflict since the Invasion of Grenada in October 1983. Another 36 nations have purchased the Black Hawk for their militaries, rescue or emergency services.

The UH-60 isn't going away. Until — or unless — the MV-75 wins over congressional budget writers and troops in the field, the Black Hawk is available to step up — or even step in.

"The reliability of the aircraft, the affordability of the aircraft, having an aircraft that is proven, that has been fielded, is great to have," said Jay Macklin, business development director for Sikorsky, which manufactures the Black Hawk.

"Keeping the Black Hawk reduces risk for future vertical lift needs."

warner.gary@stripes.com



· STARS AND STRIPES · Monday, June 9, 2025

MILITARY

'Largest airstrike' ever from carrier

Attacks by Truman on ISIS in Somalia hailed by top admiral

By Caitlyn Burchett Stars and Stripes

WASHINGTON — The USS Harry S. Truman and its strike group launched the "largest airstrike in the history of the world" from an aircraft carrier during recent operations near Somalia, the Navy's top admiral

About 125,000 pounds of munitions were launched by the Harry S. Truman Carrier Strike Group into the African country, Adm. James Kilby, the acting chief of naval operations, said while speaking at the Council on Foreign Relations' Robert B. McKeon Endowed Series on Military Strategy and Leadership. The annual event brings together U.S. military service chiefs to discuss the future of the American defense strategy, military readiness and emerging global challenges.

U.S. Africa Command, which oversees military operations in the region, is launching airstrikes in Somalia at a recordsetting pace as the military seeks to counter an influx of Islamic State fighters, military figures show.

Since January, AFRICOM has conducted 25 strikes in Somalia,

many of which were directed at ISIS militants, according to command strike reports.

If the intensity of the bombing campaign continues, AFRI-COM will exceed the 63 strikes it launched in Somalia in 2019, the highest tally for the country in the command's history.

The ISIS cell in Somalia has grown from about 500 fighters to 1,500 over the past 18 months, with roughly 60% being foreign, a spokesperson said this

"ISIS-Somalia has proven both its will and capability to attack U.S. forces. [U.S. Africa Command], alongside the federal government of Somalia and Somali Armed Forces, continues to take action to degrade ISIS-Somalia's ability to plan and conduct attacks that threaten the U.S. homeland, our forces and our citizens abroad," the command said on May 3.

Meanwhile, the Truman strike group, Kilby added, has played a vital role in deterring Iranbacked Houthi militants in Yemen from attacking maritime shipping in the Red Sea. The Truman, he said, conducted 670 strikes and intercepted around 160 enemy drones and missiles



An aviation boatswain's mate watches an F/A-18E Super Hornet launch from the flight deck of the aircraft carrier USS Harry S. Truman during flight operations.

during the five months it spent in the Red Sea.

"[The Houthis] are not China, but they are a threat, and they are hunting our ships," Kilby said. "Understanding that and not being dismissive about that and being prepared is what we are focused on now."

Truman left its homeport in Norfolk, Va., on Sept. 23 for a routine deployment to the 6th Fleet. It entered the Middle East on Dec. 14 following the departure of the aircraft carrier USS Abraham Lincoln.

The aircraft carrier and its strike group were due to return to the U.S. in the spring, but its deployment was extended in May as part of a U.S. bid to cripple the Houthi by way of daily strikes.

Since March 15, U.S. forces have hit more than 1,000 Houthi targets in Yemen, killing group leaders and fighters and degrading the group's capabilities, the Pentagon said.

In declaring a ceasefire on May 6, President Donald Trump said the Houthis didn't want to

fight anymore and had agreed to stop attacking ships in the vital waterway.

As of May 19, the Truman, as well as the destroyer USS Jason Dunham and the cruiser USS Gettysburg, had left the Red Sea and were in the Mediterranean Sea to participate in a NATO military exercise.

The Navy has not said when the carrier strike group will return home.

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Joint Region Marianas welcomes new commander

By ALEX WILSON Stars and Stripes

A U.S. Navy flight officer has taken command of Guam's three major military bases and regional installations, as the island wraps up a series of significant leadership changes across its military commands.

Rear Adm. Brett Mietus took command of Joint Region Marianas on May 29 from Rear Adm. Brent DeVore during a change-ofcommand ceremony at Guam High School, according to a livestream of the event on the region's Facebook page.

Mietus was the third new senior leader to take the helm on Guam

He joins Rear Adm. Joshua Lasky, who now leads Joint Task Force-Micronesia, and Col. Charles Cooley, the new commander of the 36th Wing.

DeVore, who took command in June 2024, is headed to San Diego to lead Expeditionary Strike Group 3. During the ceremony, he thanked his family, Guam officials and Joint Region staff for their

support during what he called a pivotal year.

"The staff that we have at Joint Region Marianas is small but mighty — supporting efforts throughout not only Guam and the



Northern Mariana Islands, but also all of Micronesia," he said. 'Our efforts tangibly demonstrate our strength to ensure peace."

DeVore's

tenure, though brief, oversaw a major expansion in construction across Guam's military footprint.

As of last month, the island has approximately 70 ongoing military building projects totaling around \$5 billion, Pacific Daily News reported.

An additional \$2 billion has been allocated for infrastructure repairs following Typhoon Mawar, the Category 4 storm that struck Guam in 2023, DeVore told the newspaper.

Vice Adm. Scott Gray, head of



CURTIS SPENCER/U.S. Navy

Rear Adm. Brett Mietus, shown speaking at Patrol Squadron 30's headquarters in April, took command of Joint Region Marianas on

Navy Installations Command, praised DeVore's work under challenging conditions.

"Going into this typhoon season, we can rest assured that the harbor and our assets here will remain vital and protected," he said during the change of command ceremony.

Mietus most recently served as commander of the Navy's Patrol and Reconnaissance Group based in Norfolk, Va.

There, he oversaw more than 7,000 personnel on both coasts of the United States, including units at Naval Air Station Jacksonville in Florida and Naval Air Station Whidbey Island in Washington.

"My mission here — our mission here — is absolutely imperative," he said during the ceremony. "That mission is to work with the people of Guam and the joint force, so that in times of peace we serve as an inspiring example of collaboration and teamwork."

In times of conflict, he added, the mission is to defend the region and project U.S. power to uphold American and allied values.

Mietus graduated from the U.S. Naval Academy in 1992 with a degree in economics and earned a master's degree in national security and strategic studies from the Naval War College in 2003, according to his official Navy biography.

wilson.alex@stripes.com

MILITARY

Mold, corrosion plague Guam barracks

Major problems prompted Navy secretary to open new housing

By Alex Wilson Stars and Stripes

Major problems with Guam housing prompted the Navy secretary to open new barracks ahead of schedule and triggered a worldwide review of Navy housing conditions, according to a report released recently by a government watchdog.

Secretary of the Navy John Phelan visited Andersen Air Force Base's Palau Hall barracks during a May 1-2 trip to the U.S. territory.

He was left "appalled" and "very upset" by what he saw, including exposed electrical wires, corroded plumbing, deteriorating walls and mold that had been painted over, according to the Washington, D.C.-based Project on Government Oversight.

The barracks was housing sailors assigned to a helicopter squadron temporarily operating from Andersen, René Kladzyk, senior investigator on the report, said by email.

Phelan's visit prompted him to order new bachelor enlisted quarters on Marine Corps Base Camp Blaz to open about a month ahead of schedule, he told the nonprofit watchdog.

The 300-room facility, initially set to open in June, was directed to begin housing service members by May 16, Marine Corps Headquarters spokeswoman Capt. Brenda Leenders said in a May 20 email.

As of May 22, 25 Marines and 48 sailors had been relocated from Palau Hall, according to the

The poor conditions also led to a fleetwide directive to inspect all Navy unaccompanied housing, according to a May 5 email from Vice Adm. Scott Gray to Navy leadership, cited by the watchdog group. He described the living conditions as "clearly way outside any reasonable standard" and said they reflected a failure of leadership across multiple

Gray, head of Navy Installations Command, wrote it was "baffling to discover Sailors living in these conditions," which he described as "clearly way outside any reasonable standard" and lacking "any sense of ownership or responsibility by the facility operators for the welfare of the

He ordered inspections of all



Photos by Project on Government Oversight

Problems at Palau Hall barracks on Guam include exposed wires, corroded plumbing, deteriorating walls and mold that had been painted over, according to the Project on Government Oversight.

"Andersen Sailors reside in no less than four different buildings none of which are acceptable by today's living standards."

Vice Adm. Scott Gray

single-sailor housing to be completed by May 28. However, a spokesperson for Naval Installations Command told the watchdog that some regions may need more time to conduct thorough

Attached to Gray's email were photos showing issues inside Palau Hall. One image of exposed wiring, he noted, depicted a room that had been assigned just two weeks earlier.

"The scope of this disrepair includes, but is not limited to the Palau building," he wrote. "That



said, Andersen Sailors reside in no less than four different buildings - none of which are acceptable by today's living standards.

An Air Force spokesperson told the watchdog the service is committed to providing safe housing but cited Guam's harsh, corrosive environment as a contributing factor to infrastructure deterioration.

"Unfortunately, in Guam, we face several environmental ele-

ments, and the harsh conditions accelerate the rate at which materials deteriorate and reduce their overall lifespan," the spokesperson said, according to the report.

A Navy officer formerly stationed on Guam told the watchdog they were not surprised by the conditions, saying: "If you're living on base, you're going to be in crappy quarters."

The officer also expressed

concern that the housing inspections could amount to a boxchecking exercise.

Phelan told the watchdog that years of deferred infrastructure spending had created serious maintenance backlogs. He said he is committed to ensuring Navy housing is "acceptable."

The findings align with a September 2023 report by the Government Accountability Office, which found some U.S. military barracks posed "serious health and safety risks," including sewage overflow, mold, mildew, and broken windows and locks.

The watchdog report also cited funding from President Donald Trump's "One, Big Beautiful Bill," which allocated \$1 billion for barracks maintenance and upgrades across all military branches, with an additional \$230 million earmarked for Marine barracks.

However, the watchdog ques tioned whether that funding would be sufficient. The Air Force alone, it said, faces a \$49.5 billion maintenance and repair backlog, citing service official Michael Saunders.

wilson.alex@stripes.com

MILITARY

DOD gets hypersonic missile defense radar

Radar can track objects moving over 5 times speed of sound

By Lara Korte Stars and Stripes

A radar system that can track missiles flying five times the speed of sound has been delivered to the U.S. military, marking a major upgrade to one of the its most essential missile defense

The new version of the AN/ TPY-2 radar comes with a complete gallium nitride-populated array, allowing it to track smaller objects at greater distances, manufacturer Raytheon said in a statement announcing the handover of the first system to the Missile Defense Agency.

It's the most advanced version of AN/TPY-2 that the company has built, said Sam Deneke, Raytheon's president of air and space defense systems.

The agency first awarded Raytheon a \$14.9 million contract in 2016 to incorporate gallium into the radar system. In 2020, the company received a \$2.3 billion contract for seven gallium nitride-based radars as part of a foreign military sale to Saudi Arabia.

The radar system has long been the primary tracking device for Terminal High Altitude Area Defense systems, or THAADs, which are deployed in several other countries, including Israel.

Both Russia and China have



Raytheon recently delivered a new radar to the Missile Defense Agency, the company said in a statement.

"Russia has developed and deployed a nuclear-armed hypersonic weapon that holds the U.S. mainland at risk from a highly survivable nuclear first strike."

> Michael E. White Atlantic Council

highly advanced hypersonic missile arsenals, and Iran claims to have developed similar capabilities.

In March, a think tank report said the U.S. must make development of hardware to counter hypersonic missiles a national

priority to alleviate what it called an "unacceptable asymmetry."

"Russia has developed and deployed a nuclear-armed hypersonic weapon that holds the U.S. mainland at risk from a highly survivable nuclear first strike," Atlantic Council report author Michael E. White said.

The same month the report was issued, the Missile Defense Agency and the Navy conducted a successful hypersonic missile defense test near Hawaii, tracking a simulated projectile from the USS Pinckney.

Protecting against hypersonic missiles has been a key point of discussion in President Donald Trump's initiative to install a defense system known as the "Golden Dome" over the continental U.S.

The missiles can fly at speeds of Mach 5 or faster and are harder to detect than traditional ballistic missiles because of their low flight paths and ability to maneuver.

In recent years, the defense

industry has turned to galliumbased semiconductors to develop advanced radar to track the high-speed projectiles.

The Missile Defense Agency has also been using gallium nitride as part of its effort to modernize radar capabilities in the Patriot defense system.

This is the 13th AN/TPY-2 radar the company has delivered, though it's unclear when the other 12 will receive upgrades.

The agency's 2025 budget called for an additional \$29 million to support replacement of the outdated radars with the gallium nitride versions.

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Unit threatens to fire soldiers after 'extreme' profanity

By Corey Dickstein Stars and Stripes

An Army unit at Fort Leonard Wood, Mo., has barred its soldiers from cussing and threatened those that repeatedly break the new rule with involuntary separation from the service.

The initial entry training post's 43rd Adjutant General Battalion installed the rare swearing ban for its soldiers last month after the completion of a climate and culture investigation initiated to probe complaints of "extreme use of profanity," Tiffany Wood, a spokeswoman for Fort Leonard Wood, said May 20. The battalion is responsible for accepting new Army recruits

into the service and in-processing them before they begin basic training.

The policy bans the use of "profanity, vulgar language [and] rude gestures or remarks" for soldiers while they are on duty, according to an April 17 memorandum that was circulated online via social media. "Vul-

gar or offensive language" is also barred on clothing and personal items in the battalion's work areas.

"All soldiers, trainees and employees deserve to be treated with dignity and respect when performing their duties or operating in the 43rd AG Battalion (Reception)," the memo reads. "The most productive work environment is one where employees and soldiers treat each other as they would like to be treated."

Wood said unit leadership consulted with Army lawyers and Army Training and Doctrine Command regulations before implementing the policy. However, she said the policy was under review by leadership at Fort Leonard Wood's Maneuver Support Center of Excellence, which oversees the battalion and other units that train recruits

and soldiers at the post.

The policy includes a "four strike" system, which applies punitive actions based on how many times a soldier is caught swearing. Soldiers face verbal counseling the first time, written counseling for a second offense and "removal of favorable actions" — things like pending promotions or awards — for a third violation. A fourth infraction could mean the end of a soldier's Army career, according to the policy, which states that strike four results in "separation for misconduct based on a pattern of behavior."

Wood said that, so far, no soldiers have received official punishment or been kicked out of the Army for violating the

no-expletives policy.

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