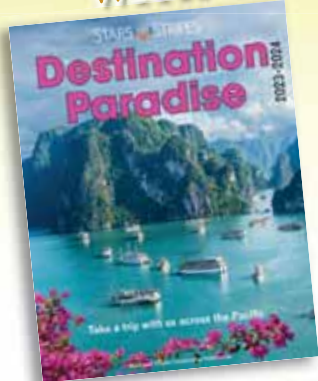


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**INSIDE INFO**



**ARIAKE**  
A SCENIC WATERFRONT TOKYO DISTRICT  
PAGE 2



**MUSEUM EXPLORES 'HAWAII OF SETOUCHI'**  
PAGE 6

**Seaside Line**

## Hop on monorail to enjoy Yokohama seaside fun

STORY AND PHOTOS BY TAKAHIRO TAKIGUCHI, STRIPES JAPAN

The Kanazawa district of Yokohama City, 10 miles north of Yokosuka Naval Base, was once known as a popular sightseeing area made up of scenic shorelines and mountains, along with majestic Buddhist temples and the library of a samurai lord.

The scenic landscapes of the district were called “Kanazawa Hakkei” (Eight Views of Kanazawa district) and drew inspiration for great ukiyo-e (traditional wood print) artists, such as Utagawa Hiroshige.

**SEE YOKOHAMA ON PAGE 4**

# Hachinohe

City near Misawa AB full of fun, food

**Pages 4-5**

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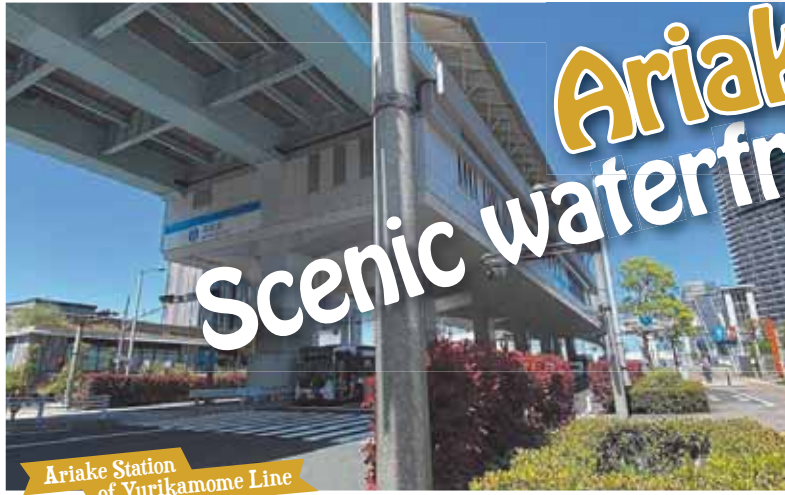
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Ariake Station of Yurikamome Line



Ariake Garden



Ariake



Ariake Coliseum



Tokyo Big Sight



Ariake



Ariake Disaster Prevention Park

STORY AND PHOTOS BY  
TAKAHIRO TAKIGUCHI,  
STRIPES JAPAN

Ariake is a scenic waterfront district in Tokyo near Odaiba. Here, you might find yourself attending a sports event, concert or design festival as the area is home to some important entertainment venues. In addition, the area also has some great shopping and expansive gardens and parks to enjoy.

Access to Ariake can be made via the Yurikamome autonomous monorail from Shimbashi. The monorail allows for a breathtaking bird's eye view of the water with sweeping views of Tokyo Tower and skyscrapers high above the Rainbow Bridge.

The centerpiece of Ariake is the Tokyo Big Sight, an intimidating, enormous 58-meter-high building shaped like an inverse pyramid. Inside the building, you'll find 22 halls and conference rooms where hundreds of trade fairs, anime conventions and other events are simultaneously held throughout the year.

Nearby, Ariake Garden is a large shopping and entertainment spot with a hotel, concert venue,

spa and event hall in addition to over 200 shops and 50 dining options.

Ariake Arena and Coliseum is another entertainment venue in the district that was recently used for the 2020 Tokyo Olympics and Paralympics. The arena was where tennis, BMX, gymnastics and volleyball games were played.

For some outdoor fun, head to some Ariake's parks for spotless seasonal flower gardens to enjoy. Though Disaster Prevention Park is dedicated to emergency response facilities, an experience center and learning center, it also has a multipurpose plaza and outdoor plaza on its grounds with vast green space perfect for a relaxing stroll.

Tennis Forest Park is a center for the gentlemen's sport but the seasonal flowers in the area make it a favorite for joggers and walkers around the park's path.

Though an event, fair or concert might draw you to Ariake, don't miss the district's other wonderful attractions!

[takiguchi.takahiro@stripes.com](mailto:takiguchi.takahiro@stripes.com)

**Ariake Garden**  
Location: 2-2-8 Ariake,  
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VIEW VIDEO



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# YOKOHAMA: Seaside fun for whole family

CONTINUED FROM PAGE 1



Umi no Koen Marine Park



VIEW VIDEO

Although today many of the beautiful inlets and coastlines have unfortunately been obscured with modern construction, you can still appreciate the skyline and pieces of the coast in the area. A stroll in the district is nice, but a ride on the Kanazawa Seaside Line, an unmanned monorail which runs between Shin Sugita and Kanazawa Hakkei stations, will give you a good view of Hirakata Gulf and more.

Along the monorail line, there are stops along the way with impressive parks like the Umi no Koen (Marine Park) and Hakkeijima Sea Paradise. These parks preserve a taste of old Kanazawa Hakkei and allow you to spend some time enjoying some quality outdoors time.

At Umino-Koen-Shibaguchi Station, head to Marine Park, one of the largest public parks in Yokohama City. The park is often filled with runners and sunbathers in the warmer months.

Hakkeijima Sea Paradise is one stop away from Marine Park at Hakkeijima Station. The seaside park sits on a

man-made island and has plenty of activities for a family or group of friends. There is an amusement park with an aquarium that houses over 100,000 sea creatures, various shops, a BBQ field, a hotel and a port for yachts and boats. Admission to the park is free, and you can enjoy walking on the island while enjoying views of the Tokyo Gulf, even if you don't buy a ticket for an attraction or ride.

Hop a ride on the Kanazawa Seaside Line this summer to appreciate and explore the beauty worthy of classic masterpieces.

[tagiguchi.takahiro@stripes.com](mailto:tagiguchi.takahiro@stripes.com)



Hakkeijima Sea Paradise

For more info



Hakkeijima Sea Paradise



Umi no Koen (Marine Park)



Seaside Line



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# 4 great attractions in Hachinohe



STORY AND PHOTOS BY TAKAHIRO TAKIGUCHI,  
STRIPES JAPAN

**H**achinohe City, only a 30-minute drive from Misawa Air Base, is a good destination to enjoy the great weather and great attractions. Here are four great spots to visit in Hachinohe City.  
takiguchi.takahiro@stripes.com



## ■ Fish Market

To get a look at the freshest catch, make sure to time an early morning visit to Mutsuminato Fish Market. I dropped by the market at around 7 a.m. and over 50 shops at the market and lining the street to the JR Matsuminato Station were buzzing with activity. The “Isaba no Kachha,” literally “fish mothers” is what the women selling fish at the market are called, were hawking a variety of seafood from their stalls.

The market, mostly run by elderly women, is astonishingly open 365 days a year. So, as long as you visit early, you’re likely to catch the fish mothers tending to their stalls. As I browsed the fresh selection, I made sure to stop for a delicious breakfast at one of the market restaurants. For about 600 yen (\$4), I got a sashi and shellfish set with white rice and miso soup on the side.



## ■ Kabushima Jinja

My next stop was Kabushima Jinja, a Shinto shrine known for beauty but also its over 40,000 umineko black-tailed sea gulls. The gulls vacation at the shrine from February through August, so make sure to borrow an umbrella before you start your hike up the shrine steps to avoid getting an aerial splattering.

The shrine itself dates back 700 years, but the main shrine had to be reconstructed after a fire in 2015.

Take in the impressive grounds and buildings of the shrine, which is thought to bring good fortune for fishermen.




**Kabushima Shrine**  
**ADDRESS:** Same, Same-cho, Hachinohe City, Aomori Prefecture  
**TEL:** 0178-46-4040

## ■ Tanesashi Kaigan Beach

Near the shrine, make your way through the pine woods along a coastal trail to Tanesashi Kaigan. This unusual beach is not sandy but instead, a green lawn spreading straight to the shoreline. Standing on the green beach, I could not help but keep inhaling the cool, refreshing sea breeze as much as I could.

It was hard to believe that such a scenic coastal area was devastated by the deadly Tsunami triggered by the 9.0 earthquake that shook the nation in 2011. Two days after the earthquake and tsunami, U.S. military members from nearby Misawa AB and beyond arrived to lend a hand as part of Operation Tomodachi. Though the area has recovered in the 13 years since the devastating disaster, the connection within the local community and the signs of renewal remain. Hachinohe is blessed with natural beauty, delicious seafood and rich traditions. Visit it yourself and enjoy what the unusual coastal city has to offer!

**Tanesashi Kaigan Information Center**  
**ADDRESS:** 14-167 Tanakubo, Same-cho, Hachinohe City, Aomori Prefecture  
**WEBSITE:** <http://tanesashi.info/>  
**TEL:** 0178-51-8500



**Mutsuminato Asaichi (morning market)**  
**ADDRESS:** Kubo, Minato-cho, Hachinohe City, Aomori Prefecture  
**HOURS:** Mon. - Sat., 3 a.m. - noon (close Sunday and second Saturdays every month)  
**TEL:** 0178-33-7242







Photos by Yoshihito Morita

→ ■ **Hachinohe Park**

As mainland Japan enters the muggy, dreary tsuyu rain season, you mustn't forget that the humidity is the perfect environment for some of the most stunning flowers of the season. Although not as famous as the cherry blossoms in the spring, summer's roses, hydrangeas and irises are just as beautiful.

At Hachinohe Park, a short 40-minute drive from Misawa Air Base, you and your whole family can enjoy the sprawling botanical garden as well as a zoo and children's amusement park. The rose garden at the park boasts over 650 rose bushes spanning dozens of varieties. Some include those named after royal figures like Queen Elizabeth and Japan's Empress Michiko and Princess Aiko. Roses in the park's garden are in full bloom, so make sure to get over to the park soon.

**Hachinohe Park**  
**ADDRESS:** 33-2 Tenma, Tokaichi, Hachinohe City, Aomori Prefecture 031-0012  
**WEBSITE :** <https://www.city.hachinohe.aomori.jp/soshikikarasagasu/koenryokuchika/koen/4659.html>  
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# Museum explores 'Hawaii of Setouchi'

STORY AND PHOTOS BY  
TAKAHIRO TAKIGUCHI,  
STRIPES JAPAN



VIEW VIDEO

Located off the coast of Iwakuni, Suo-Oshima is known as "Hawaii of Setouchi" thanks to its beautiful landscape, sandy beaches and crystal-clear waters, along with Hawaiian-style attire, customs, and look of its residents.

On the island, there are many attractions including shops and restaurants keeping the Hawaiian-style vibe. From late June through the end of August, the island carries out a unique "Aloha Biz" campaign that allows staffers of town hall, banks, post offices and hotels to wear Hawaiian shirts as official attire. On Saturdays, you can catch hula dancing performances at various spots around the island as part of their "Saturday Hula" promotion.

But, why does the island of a short 60-minute drive from MCAS Iwakuni have an Aloha State vibe?

Visit the Museum of Japanese Emigration to Hawaii for some insight into this interesting history.

Housed in a native wooden building, the museum was founded in 1999 to tell the story of Suo Oshima locals who migrated to Hawaii around 130 years ago. The exhibits in the museum explore the migrants' stories and documents the evolution of Suo-Oshima after their

children and grandchildren returned. "With a lot of children, the islander's life in the 19th century was very harsh. So, they applied for the Japanese government's recruitment for emigration to overseas countries (1885 – 1894) and emigrated to Hawaii looking for a better life," said museum curator Eiko Kawano.

According to Kawano, most of the Japanese immigrants worked in sugar cane and pineapple plantations. They kept sending money to their families back home, which then contributed to the building of schools and shrines throughout the years.

Descendants of these original Japanese residents have since returned and with them brought Hawaiian culture and customs. Suo-Oshima even signed a sister contract with Kauai Island in 1963 marking the strong connection and friendship they keep to this day.

In recent years, a lot of Japanese Hawaiians have visited the museum in quest of their origin, according to Kawano. With a database and the documents furnished in the museum, you can look into records of 130,000 Japanese who emigrated to Hawaii from 1885 to 1908.

The unique museum is a short 60-minute drive from MCAS Iwakuni via 3,346-foot-long Oshima Ohashi Bridge. The island and its history make for a great day trip to get a taste of Hawaiian culture without leaving Japan.

takiguchi.takahiro@stripes.com



The museum database lets you look into records of 130,000 Japanese immigrants to Hawaii (1885 – 1908)



museum curator  
Eiko Kawano

Museum of Japanese Emigration to Hawaii

Open: Tues. – Mon., 9:30 a.m. – 4:30 p.m.

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The FIFA Women's World Cup, which started in 1991, has been held every four years since. This year, the cup is being held in \_\_\_\_\_. Which team with four wins has been the most successful in the history of the soccer event?

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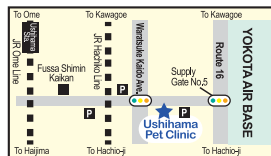
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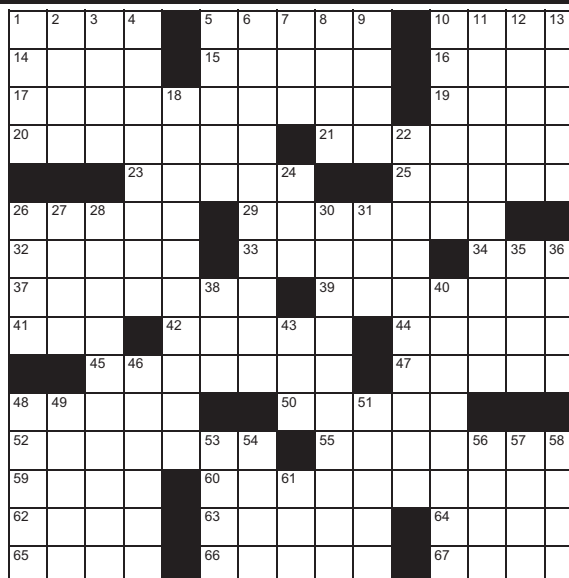
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## The Weekly Crossword

by Margie E. Burke

### ACROSS

- Calcutta attire
- Single-celled organism (var.)
- Booze it up
- Washerful
- Poe's bird
- Like some columns
- Hard to follow
- Lima's locale
- Sunburn aftermath
- Lego line with gears
- Over
- Oscar-winning Berry
- "The Bell Jar" writer
- Fertilizer chemical
- RCA or EMI
- More than dislike
- Schedule abbr.
- In general
- Nuclear plant feature
- Card game for two
- Static
- Palm an ace, say
- Bureaucratic tangle
- Fruity desserts
- Yucca's kin
- Colorado ski resort
- Took in, in a way
- Pipe type
- April forecast
- Young lady, in Lyon
- Cavern, to a poet
- They may be stripped
- Hangout
- Coop group
- Banquet host



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### DOWN

- Yacht spot
- Best of the best
- Preakness, for one
- Worshiper of a statue
- Sports facility
- Reader's notes
- Arden or Plumb
- Like a kneeler's knee
- Neat anagram
- Astaire headwear
- Post for all to read
- Grave danger
- Draw forth
- Toyota model
- People in a novel
- Pen point
- Farm implement
- Volcano output
- Irregularity
- Sixty, in old times
- \_\_\_ v. Wade
- Dinghy or dory
- Sciences' partner
- Piece of land
- ABC and ESPN
- Place to be pampered
- Doings
- Frustrated cry
- Driving hazard
- Model's asset
- Chrome competitor
- Judge
- Thunder sound
- This and that
- "Sesame Street" regular
- Apple product

### Answers to Previous Crossword:

A	S	P	S	H	E	A	T	S	P	O	T	S
B	A	I	T	E	L	B	A	N	A	U	R	U
E	V	E	R	G	R	E	E	N	O	T	T	E
D	E	S	E	L	E	C	T	M	O	R	O	S
W	A	T	T	C	A	P	O	N				
S	A	D	M	I	R	R	O	R	L	A	M	A
P	R	E	C	O	C	I	O	U	S	C	L	A
R	O	T	O	R	C	A	N	R	A	I	T	A
A	M	E	N	D	I	R	T	F	A	R	M	E
Y	A	R	D	I	T	S	E	L	F	B	Y	E
M	U	C	K	Y	N	U	T	S				
C	L	I	C	H	E	H	A	T	E	M	A	I
Y	E	N	T	A	C	O	N	T	R	A	L	T
S	N	E	E	R	O	N	C	E	S	T	E	P
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## DID YOU KNOW?

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Kanji of the week

都

Miyako/to (metropolis)

## Language Lesson

I'm shocked.

Shokku desu.

## SUDOKU

Difficulty: Medium

Edited by Margie E. Burke

### HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answer to Previous Sudoku:

2	7	8	5	3	1	4	9	6
9	5	4	7	6	2	1	3	8
3	1	6	4	9	8	7	5	2
4	9	1	2	8	3	6	7	5
8	2	7	1	5	6	3	4	9
5	6	3	9	4	7	2	8	1
6	4	2	8	7	9	5	1	3
1	8	5	3	2	4	9	6	7
7	3	9	6	1	5	8	2	4

			5	6				
	4		1	7				2
9								
	7	3			4			
	6			5				1
	1		2	9				
	3					2	6	
		7	5			1		8
						9	4	5

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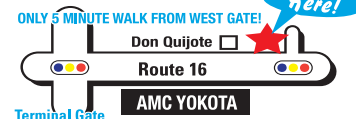


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# Sushi, price right at Sushizanmai

in Roppongi



STORY AND PHOTOS BY TAKAHIRO TAKIGUCHI, STRIPES JAPAN

**S**ushi is one of the most popular washoku dishes in Japan. No matter where you go in the country, you'll have plenty of options of fresh sushi and sashimi spots to choose from.

If you find yourself exploring Tokyo's busy Roppongi District, make time for a delicious and inexpensive sushi lunch set at Sushizanmai, a chain restaurant on the ground floor of the Lapiros Roppongi Building.

Sushizanmai has a colorful exterior and is closest to Roppongi Station Exit 3. As it is a short seven-minute walk from Hardy Barracks, my coworkers and I often head for the popular sushi restaurant for a quick lunch during the workweek.

The spacious restaurant has plenty of seating, so don't worry about the wait if you're there during a busy time.

The menu in Sushizanmai is filled with virtually any kind of hand-shaped and rolled sushi, sashimi (raw fish) and various a-la-carte fish dishes.

I usually order the Kasumi Lunch Set (12 hand-shaped and three small, rolled sushi) for 1,250 yen (\$8) or Kaisendon (bowl of seafood and rice) Lunch Set for 1,050 yen.

The Kasumi Lunch Set includes 12 hand-shaped tuna sushi (fatty and lean), squid, octopus, conger, yellow tail, shrimp, scallop, mackerel, sea bream, gizzard shad and egg, and two small sushi rolls of

tuna and ikura (salmon's eggs). On the side, you get a large portion of gari pickles. The set is a good sample of the daily catch from Tokyo's Tsukiji and Toyosu fish markets.

For the Kaisendon Lunch Set, the vinegar-flavored rice in the bowl is topped with large slices of tuna, salmon, yellow tail, bonito, ikura, egg, and ginger pickles, radish pickles and wasabi. The bowl has a nice color combination of vibrant, shimmering hues almost too delectable to disturb.

Both lunch sets come with complimentary miso soup, and chawanmushi (cup-teamed egg custard hotchpotch).

The impeccable presentation of both sushi and bowl sets always makes me pause before digging in. The chew of each slice of fresh raw fish is incredible. The full-bodied rich, sweet and tender slice paired with the tangy vinegar rice and wasabi kick is delectable.

Besides my quick lunch routine with my coworkers at Sushizanmai, I used to take a half day off on Friday to enjoy the lunch set with a couple of glasses of beer. The restaurant's "lunch beer" is only 200 yen and served ice cold and is a great way to start the weekend!

Don't skip Sushizanmai next time when you're in Roppongi and want to try tasty sushi in a relaxing atmosphere for reasonable prices.

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**Sushizanmai Lapiros Roppongi**

Address: 6-1-24 [1F] Roppongi, Minato-ku, Tokyo  
(a 7-minute walk from Hardy Barracks)  
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Tel: 03-5772-1005

\*Sushizanmai is a large sushi chain, check a shop near you on their website.



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