

H&R BLOCK®

TOKYO OFFICE AVAILABLE
YEAR-AROUND

1-16-8 Shinbashi, 4th Floor, Minato-ku, Tokyo
Call or Email for Appointment!
Japan@hrblock.com
Tel: 03-3528-8766

STARS AND STRIPES

www.stripes.com

Max D. Lederer Jr.

Publisher

Laura Law

Chief Operating Officer

Lt. Col. Lucas Crouch

Commander

John Albaugh

Chief of Staff

Scott Foley

Revenue Director

Chris Verigan

Engagement Director

Marie Woods

Publishing and Media Design Director

Chris Carlson

Publishing and Media Design Manager

Eric Lee

Revenue Manager

Enrique "Rick" W. Villanueva Jr.

Japan Area Manager

Kentaro Shimura

Production Manager

Rie Miyoshi

Engagement Manager

Denisse Rauda

Publishing and Media Design Editor

Publishing and Media Design Writers

Shoji Kudaka Hyemin Lee

Luis Samayoa Takahiro Takiguchi

Layout Designers

Yuko Okazaki Kurema Tamura

Yurika Usui

Multimedia Consultants

Max Genao Doug Johnson

Hans Simpson Chae Pang Yi

Benjamin Yoo Gianni Youn

Robert Zuckerman

Graphic Designers

Mamoru Inoue Kazumi Hasegawa

Yukiyo Oda Yosuke Tsuji

Sales Support

Yeseul Kim Dong Ju Lee

Yoko Noro Yusuke Sato

Saori Tamañana Toshie Yoshimizu

Mako Watanabe

For feedback and inquiries,

contact CustomerHelp@stripes.com

To place an ad, call DSN 227-7370

japan.stripes.com/contact

Giant Gundam statue makes last stand in Tokyo

STORY AND PHOTO BY JUAN KING,
STARS AND STRIPES
Published: June 29, 2026

A long time featured Gundam, or General-Purpose Utility Non-Discontinuity Augmentation Maneuvering weapon system, stands for the last time this summer on Tokyo's entertainment island.

The 64½-foot-tall RX-0 Unicorn Gundam has stood outside of Odaiba's DiverCity Tokyo Plaza complex for almost nine years, but sadly it is scheduled to be taken down on Aug. 31.

The full-scale Gundam was stood up in September 2017 to replace the previous RX-78-2 Gundam statue there, which stood at about 60 feet. Gundam, which come in a multitude of styles and varieties, are popular worldwide, with millions of fans of its art, models, manga and animations, according to a 2025 poll by Bandai Namco, which makes the collectible Gundam figures.

Gundam Unicorn has drawn its share of crowds during its tenure. To cap off its time, it was adorned with a new set of special decals on June 20 by mechanical designer Hajime Katoki, the website said.

The decals transform the Mobile Suit Gundam Unicorn into "RX-0 Unicorn Gundam Ver. TWC Final."

The mechanical body panels on the robot open and close during daily performances and the signature unicorn projection splits into two horns revealing its "destroy mode" form.

During a rainy day outside the complex, large crowds gathered with umbrellas to witness the transformations, dramatic sound effects and light-evolutions of the giant robot.

As day turned to night, the view of the Unicorn

Gundam's change was even more amazing. The evening show is much more dramatic and worth catching. The daytime Unicorn Gundam transformation shows run at 11 a.m., 1 p.m., 3 p.m. and 5 p.m.

The night shows, which include a large video projected onto the DiverCity building backdrop, begin at 7 p.m. and run every 30 minutes until 9:30 p.m.

The evening performances start with the Mobile Suit Gundam Flash Hathaway Special Movie and end with "Gundam: Beyond," featuring a newly created video for Gundam's 40th anniversary, according to its website.

I checked out the "Midnight Cha Cha," the 7:30 p.m. portion of the evening exhibit that features the Unicorn Gundam's transformation to "protect Odaiba" from a perceived attack. The video projected in the background depicted animated battle scenes of the robot against enemy robot threats.

Make sure to grab a souvenir or other gift item at the Gundam Base Tokyo store nearby. Items for purchase include Gundam model kits, coffee mugs, pillows and key chains.

Gundam enthusiasts and visitors alike get a last chance to see the RX-0 Unicorn Gundam in all its splendor before summer's end.

If you miss the chance, do not despair; although Bandai currently has revealed no plans, the giant robot could possibly be replaced with a new one. Fans will just have to wait and hope.

king.juan@stripes.com
juanking_17



The 64 1/2-foot-tall RX-0 Unicorn Gundam, which has been standing outside of Odaiba's DiverCity Tokyo Plaza complex for almost nine years.

Things to know

DIRECTIONS: A 5-minute walk from Yurikamome Daiba Station to DiverCity Tokyo Plaza, 2F Festival Square, 1-1-10 Aomi, Koto-ku, Tokyo, 135-0064.

HOURS: A full daily performance schedule runs through Aug. 31. Daytime performances start at 11 a.m., 1 p.m., 3 p.m. and 5 p.m. Night shows start at 7 p.m. and run every 30 minutes until 9:30 p.m.

COST: Free to visit.

FOOD: Restaurants available inside DiverCity Tokyo Plaza complex.



WEBSITE

DRAGON HILL LODGE

TIME TO EXPLORE SEOUL!

6 Days / 5 Nights

Room Package

Stay at Dragon Hill Lodge to be right in the center of Seoul's attractions, and also enjoy onsite access to services and facilities serving our U.S military and DoD communities.

\$499

USAG YONGSAN

DSN: #315-738-2222
or #02-790-0016 ext.1

reservations@dragonhilllodge.com

www.dragonhilllodge.com



Book Us Directly!

E-mail: booking@streetkart.com

TEL: +81-80-8899-8899



Booking QR Code

We at Street kart has our own reservation center in Japan. Please book us directly through our QR code or email us at booking@streetkart.com or call us at +81-80-8899-8899. It is faster, to book directly and easier to find a date and time that will best fit your schedule. No hassle going through a third party such as travel agents or travel websites.

TOKYO

14,000 yen/ 1 hour and 17,500 yen/ 2 hour

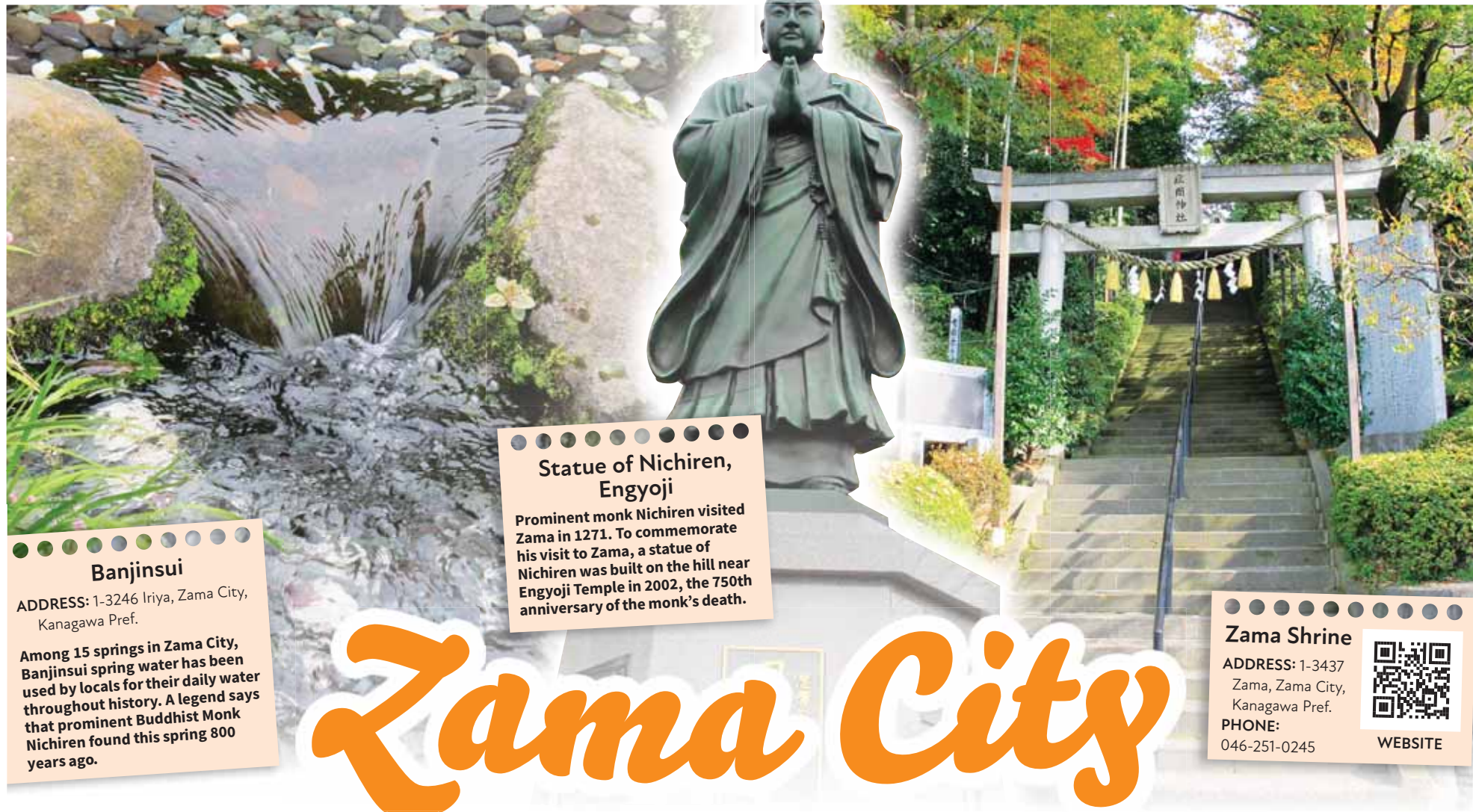
OKINAWA

6,500 yen/ 1 hour and 8,000 yen/2 hour

※Okinawa price is a special US Armed Forces pricing ※full coverage insurance not included in prices above

To enjoy our wonderful tours
all you need is a valid SOFA license
OR a ACTIVE MILITARY ID and STATE SIDE
DRIVERS LICENSE!!





Banjinsui
 ADDRESS: 1-3246 Iriya, Zama City, Kanagawa Pref.
 Among 15 springs in Zama City, Banjinsui spring water has been used by locals for their daily water throughout history. A legend says that prominent Buddhist Monk Nichiren found this spring 800 years ago.

Statue of Nichiren, Engyoji
 Prominent monk Nichiren visited Zama in 1271. To commemorate his visit to Zama, a statue of Nichiren was built on the hill near Engyoji Temple in 2002, the 750th anniversary of the monk's death.

Zama Shrine
 ADDRESS: 1-3437 Zama, Zama City, Kanagawa Pref.
 PHONE: 046-251-0245
 WEBSITE

Camp Zama surrounded by beautiful nature

STORY AND PHOTOS BY
 TAKAHIRO TAKIGUCHI,
 STRIPES JAPAN

Blessed with balmy, moderate temperature, pure spring water, great landscape, beautiful forests and endless sunflowers fields, Zama is a great city to take a stroll.

Back in the day, the city developed into an important inn town along the Hachioji Boulevard that connected two important cities - Yokohama and Hachioji. In 1937, the Imperial Japanese Army Academy was created, but with the end of World War II, the facility was turned over to the U. S. Army and became Camp Zama.

Nowadays, the nature surrounding the military installation is a joy to explore.

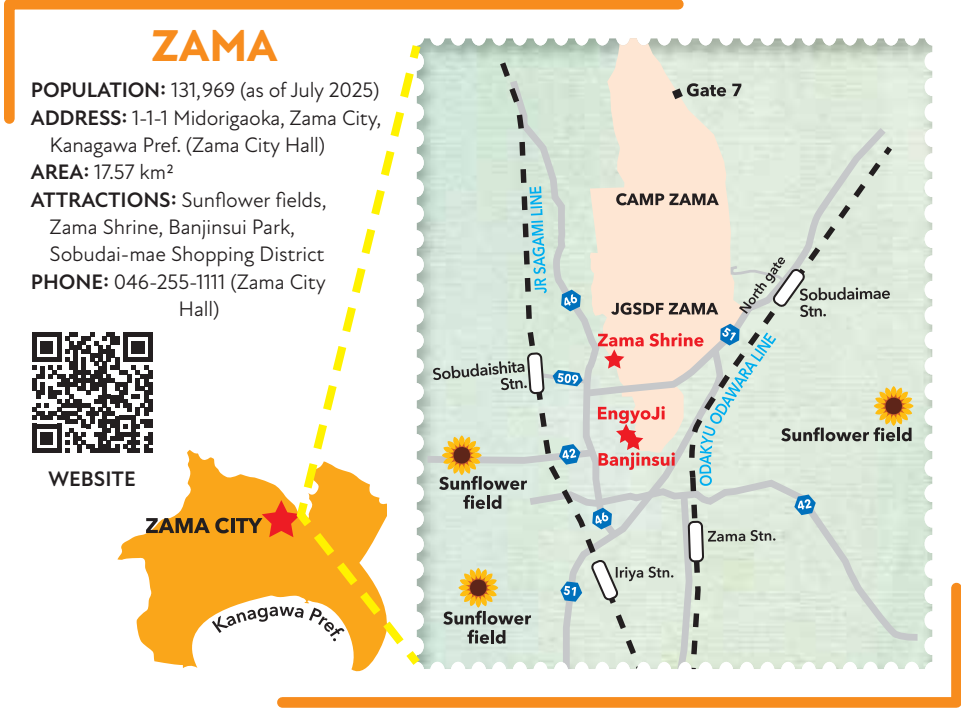
"I often see wild owls flying over to the forests," says Machiko Wakabayashi, owner of Wakabayashi Saketen (liquor shop) near Camp Zama. "Surrounded by beautiful forest and full of nature, Zama is very nice place to live."

Strolling around power spot of legends behind Camp Zama

Located in Sobudai-shita district, Zama Shrine and Banjinsui Park are considered



Inuneko Sha
 Inuneko Sha (shrine for dog and cat) is known as the only Shinto shrine for pets. It is located behind Zama Shrine.



as a power spot filled with rich of legends.

Located behind the military base, Zama Shrine is a majestic Shinto Shrine. With the traditional main building, well-arranged shrine garden with 300-year-old shii tree (Japanese chinquapin), old stone stairway approach and grey large torii gates, the shrine is filled with power and spirit.

The shii tree has been considered a tree of God, and the locals believe that a touch of tree helps you recover from disease and give you a long life. Visit there and touch the tree with your hands to feel the power.

I always make a point to stop by the shrine when I visit Camp Zama. I always feel purified after offering a traditional bow - bowing twice, clapping my hands twice and again one deep bow in front of the main shrine.

Behind Zama Shrine there is a tiny shrine for pets, called "Inuneko Sha (dog and cat) shrine." I visited the shrine, and saw hundreds of ema (votive wooden tablets) hung around it. I couldn't help but be moved

when reading the tablets - one saying "May my cat soon recover from disease," and another saying "May my deceased dog be accepted in heaven."

The origin of Zama Shrine dates back to 539-571 when an epidemic prevailed around the region. An old man in white attire told the locals to use spring water in the forest where the shrine is currently located. No sooner did the locals start using the water for their life than the epidemic completely stopped. To commemorate this amazing event, the locals built the shrine, according to the legend.

The legendary spring water is still available near the shrine's stairway and you can bring some of it back home. I always do. The water is very clear and sweet, and perfect for making coffee or tea with it.

Actually, Zama is blessed with plenty of water. There are 15 springs located within the city, and 85 percent of the city water supply comes from the local springs, according to Zama City.

Aside from the famed Zama Shrine Spring, Banjinsui Spring near Camp Zama is another well-known spring behind Camp Zama. Although the water is being used only for fire hydrants today, it was used for drinking and brewing quality sake until the 1950s. The water forms a clean stream, and along with a small shrine, it makes up Banjinsui Park.

A large statue of a Buddhist monk, Nichiren, is located on a hill behind the park. Legend has it that the water rushed from the ground when the monk poked it with his stick.

takiguchi.takahiro@stripes.com



Sunflowers the symbol of Zama

Zama is known as the "town of sunflower," because of its extensive sunflower fields. You can enjoy 550,000 sunflowers in various districts within the city around mid-August, and this year, you can enjoy the Zama Sunflower Festival on Aug. 14-16. Visit the festival to enjoy the sprawling flower fields. At booths installed around the field, you can buy sunflowers and local vegetables. While you're there test your ability at the hand-catching trout event running Aug. 15&16.



Cool down in Komagane, a Japanese celestial basin, mysterious power spot

STORY AND PHOTOS BY
TAKAHIRO TAKIGUCHI,
STRIPE JAPAN

As the scorching weather continues, you may want to escape from the hot and steamy Kanto Plain to get some relief.

Surrounded by Japan's central and southern Alps, Komagane is a scenic city located in the southern part of Nagano Prefecture and a great place to escape the summer heat.

Senjojiki Cirque

My wife and I recently made the 4-hour drive from our home near Yokosuka Naval Base to Senjojiki Cirque, a semi-circle basin at an altitude of 2,612 meters formed by a glacier erosion about 20,000 years ago.

We parked our car at the Suganodai Bus Center, then hopped



on a 30-minute bus ride to Shirabidai Ropeway Station. The journey took us along a steep, winding mountain road among towering cedar trees. From Shirabidai, we got into a gondola for an 8-minute trek up the remaining 900 meters up to Senjojiki Station for a view of the cirque.

At the top, we were rewarded with a fantastic panoramic view of majestic Mt. Hoken and other Central Alps mountains. A chilly mountain breeze quickly blew off our sweat.

As the name (literally, an area of one thousand tatami mats)

indicates, Senjojiki Cirque is a large high-land basin, wide enough to take us more than one hour to walk along the trail.

Our hike through the expansive green field included views of the more than 150 varieties of Alpine wildflowers, large white stones and a small Kengaike Pond of crystal-clear water. The trail gave us many great photo ops against the backdrop of the snow-peaked mountains.

We were refreshed and cooled down despite walking for about an hour. Before heading out of the natural cooler box, we dropped by the 2612 Café at the station for a short rest and a cup of coffee with a view.

Kozenji, scenic temple with 1166 years of history

After reversing our journey back to our car, we drove to Kozenji, a 1166-year-old Buddhist temple considered southern Nagano's most majestic. Japan designated the temple grounds a National Scenic Beauty spot in 1967.

We walked through old wooden temple gates and explored the ancient halls, bell tower and 3-story pagoda. The stone-paved approach surrounded by tall cedar trees and luminescent moss fields gave a sacred and mysterious feeling.

Kozenji has a unique legend of a spirit dog "Hayataro," who resided in the temple over 700 years ago and exorcised an evil baboon spirit that had terrorized a city nearby. We saw a stone monument dedicated to Hayataro and various Hayataro-shaped lucky charms and items for sale in the temple's shop.

Inside the temple's guest house, we sat in the tatami room facing the peaceful garden. It was a quiet place to reflect and rest.



Yomeishu Brewery



WEBSITE

Trip to the brewery

We wrapped up the day trip at Yomeishu Brewery known for Yomeishu, a famous herbal health tonic. This brew is thought to boost the body's self-regulating functions and promote overall health.

We were allowed to tour the factory and check out how dozens of natural herbs are immersed in alcohol and bottled for the medicinal liquor. We bought some bottles and had a late lunch at the Brewery's restaurant in the cool and refreshing mountain air before heading home.

When we wrapped up our day trip in Komagane in the evening, we felt completely refreshed and cooled down in the chilly mountain air. The sites and atmosphere were the perfect remedy for the steamy heat waiting for us back in Yokosuka.

takiguchi.takahiro@stripes.com



Kozenji



WEBSITE



Grab a cool down treat for Japan summer heat

BY LUIS SAMAYOA,
STRIPES JAPAN

The summer heat is here and the temperature isn't being so kawaii to us here in Japan. But did you know there is a small snack perfect for this temperature that's found at store ice cream freezers? It's called Icebox and it's a simple flavored ice treat sold around Japan convenience stores and some supermarkets that is perfect for this season.

The first time I had this snack, it was a recommendation from my wife last year when the weather was in the high 30s (Celsius or around 86 degrees Fahrenheit). Icebox comes in a plastic tube in a variety of flavors including grape, lemon or lychee.

At first, I was very skeptical about this cup, because I thought it was just a tube of ice. However, my mind changed when I finally tried the lemon Icebox. Especially in Japan's overbearing heat, I really appreciated the cool down it provided and the nice cold lemonade flavor.

Prices for this refreshing treat vary by store, but you can usually get it for around 120 to 180 yen. If you are ever out and about in this heat and need a small snack to cool down, I would highly recommend grabbing an Icebox!

samayoa.luis@stripes.com



More ice cream recommendations

Photos by Yurika Usui, Stripes Japan



Tokyo Physio Yokota

Now Open!

- TRICARE Approved
- Australian Physical Therapy
- Pelvic & Women's Health
- Sports Injuries
- Rehabilitation
- Sports Massage
- Accessible Yokota Location

Ask Your PCM For Authorization To Tokyo Physio

Address: 2302-1 Fussa, Fussa-shi, Tokyo, Japan 197-0011
Email: yokota@tokyophysio.com
Phone: 050-4560-4106
www.tokyophysio.com/yokota



WELCOME TO IWAKUNI!

HOUSE & U-CARS AGENT KAZ co.

WE MAKE LIVING IN THE IWAKUNI AREA EASY!

HOME RENTAL AGENT & USED CAR SALES

We offer total support for you daily life needs such as

- Real Estate Services - Consultant / Management for Rental, Buying & Selling
- Vehicle Registration / Repair / Loaner / Junking/Auction
- JCI Insurance Policy Sales
- Internet Service Advisor / Consultant
- Interpreter / Business Consultant

*Furnishings include linens, kitchen items, and toiletries.
** We can provide a land line or pocket Wi-Fi.

English OK! Call NOW at 0827-35-4917
OPEN Monday thru Saturday 10am to 7pm

Cleaning Service! Electric Appliances
Furnishings! Internet! **

WE PROVIDE TOTAL HOUSING SUPPORT and LOCATED OUTSIDE MCAS MAIN GATE!

House/Apartment Search!

Visit KAZ Agent for more Info



Earn your American degree in Tokyo/Kyoto

Admissions Counseling Office

1-14-29 Taishido, Setagaya-ku, Tokyo 154-0004 Japan
✉ ac@tuj.temple.edu ☎ +81-3-5441-9800
🌐 www.tuj.ac.jp/ug



Established in 1966, a local favorite for over 50 years.

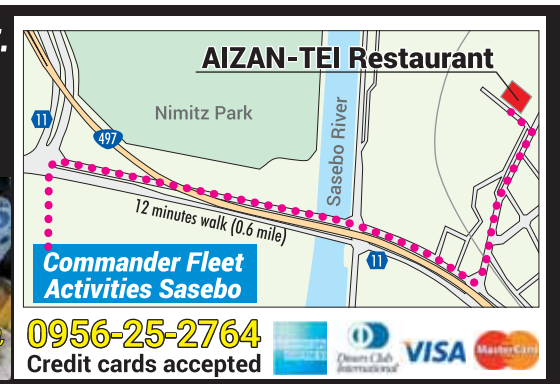
Affordable Prices! We buy our meat directly from the Sasebo Meat Market.
Homemade "Shige's Sauce" Prepared Daily!

Shipmates Program Member

長崎和牛指定店
牛味処 愛山亭
AIZAN-TEI
YAKINIKU & Buffet
AIZAN-TEI Restaurant

Open Hours: (Enter Restaurant by 21:00)
Daily 11:30 - 21:00
(Tuesday 17:00 - 21:00)
We close at 24:00!

Happy Hour On 1130~1830, Drinks 50% OFF!



AIZAN-TEI Restaurant

Nimitz Park
Sasebo River

12 minutes walk (0.6 mile)

Commander Fleet Activities Sasebo

0956-25-2764
Credit cards accepted

VISA MasterCard

Stripes Sports Trivia

What actor won the Academy Award for Best Lead Actor in the boxing biographical movie, "Raging Bull"?

Answer

Robert De Niro

Large or small, standard or custom, we have a wide range of printed products to suit your project!

STARS AND STRIPES DoD authorized printer

PRINTSHOP

printshop.stripes.com

Get a quote or place your order at printshop.stripes.com or call (315)229-3438

NEAR Yokota Air Base!

Used Car Dealer
REAL SPEED AUTO

FEED THE NEED!

- CLEAN AND RELIABLE
- PRE-OWNED VEHICLES
- AT AFFORDABLE PRICES!

3 & 6 Month Vehicle In-Door or Out Storage Available

- 90-Day Warranty w/ 2 Free Oil Changes
- Payment Plans Available
- Dispose & De-register your vehicle with us for cash!!

GOTO OUR WEB SITE AT NOW!
www.realspeed.jp

TEL: 042-513-3593
Open Mon-Fri, 9am-6pm
Sat. & Holiday Close at 5pm (Closed Sun.)

FOLLOW STARS AND STRIPES ON THE SOCIAL MEDIA PLATFORM OF YOUR CHOICE!

youtube.com/StripesChannel

@StarsandStripes
@StripesPacific

facebook.com/StripesMedia
facebook.com/StripesPacific

Stripesphotography
@starsandstripesapacific

@StarsStripes
@StripesPMD

pinterest.com/Stripesnews

DID YOU KNOW?

Daisuke Inoue is believed to be the inventor of karaoke. Inoue was a businessman and a musician who used to sing popular songs at parties. When his band was a no-show at one party, he improvised, and it was a huge success. Seeing its potential, he invented the 8 JUKE in 1971 by combining a guitar amplifier, a tape player and a timer that ran for 5 minute when a 100-yen coin was inserted.

Kanji of the week

地
Chi/ji [ground]

Language Lesson

Before - now - later

Sakki - ima - atode

The Weekly Crossword

by Margie E. Burke

ACROSS

- Like some cheddar
- Auction actions
- Self-satisfied
- Seesaw, essentially
- Soundrel
- Bread for gyros
- Crop up
- Writes in the margin
- Small amount
- Parsley, e.g.
- Producing, as electricity
- Mistake maker
- of burden
- Salon jobs
- AWOL soldier
- Infamous Amin
- Citadel student
- "So ___ heard"
- Accompanied
- Pizza topping
- Related maternally
- Sliding stocks
- Whodunit staple
- Earhart, for one
- Made sense
- With fervor
- Guard dog's warning
- "Yes ___?"
- Prefix with call or cop
- Broadcast sound
- Expansive
- Privy to
- Bakery supply

DOWN

- Loud door sound
- Day saver
- Passionate
- Calls it quits
- Lead up to
- Faultfinder
- Suffix with "invent"
- Blue denim fabric
- Mink's kin
- Special wrench
- Pain-lesening
- Western tribe
- Long cut
- Cultural group
- World Heritage Site org.
- Forest denizen
- Salt solution
- "Put a ___ it" (hush)
- Certain Protestants
- Dissolve
- Head lock?
- Unexcitable
- News anchor
- Cooper
- Gorged oneself
- Brought about
- Actress Lohan
- Babe in the woods
- Coloring stick
- Muslim beauty
- Russia's Sea of
- Aloe
- Bit of baby talk
- "Battle Cry" novelist
- Scheme
- Wall St. action

Answers to Previous Crossword:

A	B	I	T	M	A	J	O	R	N	A	G	S
D	O	D	O	A	W	A	R	E	O	G	L	E
D	O	E	R	P	A	G	E	T	U	R	N	E
I	N	A	N	E	L	Y	U	N	D	O	N	E
S	E	S	A	M	E	M	A	R	D	I	S	
D	I	S	C	O	N	N	E	C	T	E	D	
D	E	F	O	G	O	N	D	E	R	I	R	A
E	R	A	R	A	T	T	E	R	S	C	I	D
A	I	L	A	S	T	A	R	H	U	S	K	S
R	E	L	A	T	I	O	N	S	H	I	P	
	A	R	I	A	N	A		A	R	D	E	N
L	E	P	T	O	N		O	N	T	A	R	I
P	L	A	I	N	F	O	L	K	S	T	I	N
G	E	R	E		L	O	O	S	E		E	C
A	C	T	S		U	P	T	O	N		S	A

SUDOKU

Difficulty: Medium

Edited by Margie E. Burke

HOW TO SOLVE:
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answer to Previous Sudoku:

1	3	4	7	8	6	5	9	2
9	6	5	2	3	4	7	1	8
7	8	2	1	5	9	4	3	6
3	5	1	8	6	2	9	4	7
8	9	7	3	4	5	6	2	1
4	2	6	9	7	1	3	8	5
6	4	9	5	1	8	2	7	3
2	7	8	6	9	3	1	5	4
5	1	3	4	2	7	8	6	9

KELLY & KELLY

USED CAR DEALER

ONE STOP SHOP

- Registration Included in Price
- Wide Selection of Vehicles
- Payment Plans Available
- Auto Insurance Provider
- Warranty Included
- Cash Back for Car Junking!

USED CAR EXPERTS
CELEBRATING 59 YEARS 1967-2026
of Service to the Military Community!

@kellyandkelly1967 · Car dealership

View our Vehicles Here!

Call us for Free Pick-up Service

Weekdays 9 a.m. – 6 p.m.
Saturdays 10 a.m. – 4 p.m.
Closed Sunday & Japan Holiday

ONLY 5 MINUTE WALK FROM WEST GATE! Here!

Don Quijote
Route 16
Terminal Gate
AMC YOKOTA

Thank You Yokota Air Base!

042-551-0556

<http://kellyandkellyjp.com/>

EXPLORE JAPAN.
ADVENTURE
EVERYWHERE.

45 FOREST ADVENTURE
PARKS ACROSS JAPAN

Whether you're planning a family day out, a weekend getaway, or exploring a new part of Japan, **Forest Adventure** is never far away.

45 PARKS
ACROSS JAPAN
OKINAWA • KANAGAWA
HIROSHIMA • NAGASAKI
and MORE!!

FOREST ADVENTURE

FIND A PARK NEAR YOU!
Scan to discover the nearest park.





Photo by Jun Sakahira, Stripes Japan

Doraemon invasion in Tokyo

Through Aug. 23, catch Doraemon at the outdoor section of Roppongi Hills in Tokyo. The display and photo ops throughout the building and grounds are part of TV Asahi's Summer Fes. Doraemon, Japan's longest running TV anime series, first premiered in 1979. The brightly-colored cat-robot character celebrates its birthday on Sept. 3 and TV Asahi will broadcast a special program that month to mark the occasion.

- Takahiro Takiguchi



ADDRESS: Roppongi Hills (6-10-1 Roppongi, Minato-ku, Tokyo)
DATES: Until August 23
PHONE: 03-6406-6000

WEBSITE



VIEW VIDEO

Tricare accepted
English speaking US board-certified
plastic surgery clinic
just a short walk from The New Sanno Hotel



Dr. Robert K Kure

Albert Einstein College of Medicine, NY
UCLA Plastic Surgery
(Chief Resident)
Certified by the American Board of Plastic Surgery
Over 18 years of experience in the U.S.

Foreign insurance accepted

Member



American Society of Plastic Surgeons

Laser hair removal (Diode & YAG)

Botox

Botox for migraine headaches

Restylane, Juvederm

Retin-A, Obagi, Sun Spots treatment

liposuction, eye, mole, scar, breast, facelift, tummy tuck

Laser (Ultherapy, Genesis, IPL)

Tattoo removal

Men's (ED, AGA)

Reconstructive surgery

Laser Hair Removal

50%off ~one time offer~

(some restrictions apply. Ask for details)

A book
"New You with Botox"
is given to
all new patients!





PLAZA PLASTIC SURGERY
プラザクリニック

Tel. 03-5475-2345

English is spoken • Open on Saturday
Hiroo 5-5-1 4F, Shibuya-ku
www.plazaclinic.net



CEDAR
MEDICAL CLINIC
— TOKYO —



U.S. BOARD-CERTIFIED
PHYSICIAN



NATIVE ENGLISH-
SPEAKING DOCTOR
BILINGUAL STAFF

SERVICES WE OFFER



Primary
Care



Telehealth



Health
Check-ups



School
Physicals



Medical Weight
Management



Dr. Hiro L. Hayashi

Board Certifications & Licensure

• U.S. Board-Certified in Internal Medicine

• Licensed in the U.S. and Japan

Education & Training

• University of Chicago

• Rush University Medical Center

BUSINESS HOURS



MONDAY, TUESDAY, 9:30 – 12:30
WEDNESDAY, FRIDAY 14:00 – 17:30



1ST & 3RD SATURDAY 9:00 – 12:30



THURSDAY, 2ND & 4TH SATURDAYS
SUNDAYS, NATIONAL HOLIDAYS

INSURANCE INFORMATION

• Direct billing with guarantee of payment letter

• Detailed English itemized receipts provided for reimbursement claims

Stripes Japan is A Stars and Stripes Community Publication. This newspaper is authorized for publication by the Department of Defense for members of the military services overseas. However, the contents of Stripes Japan are unofficial, and are not to be considered as the official views of, or endorsed by, the U.S. government, including the Department of Defense or the U.S. Pacific Command. As a DOD newspaper, Stripes Japan may be distributed through official channels and use appropriated funds for distribution to remote and isolated locations where overseas DOD personnel are located. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of those products by the Department of Defense or Stars and Stripes. Products or services advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron.

CONTACT US

03-6303-3113

info@cedarmedicaltokyo.com

www.cedarmedicaltokyo.com

153-0062 MT Bldg 2F,
2-1-9 Mita, Meguro-ku, Tokyo

7-minute walk from JR Ebisu station



SCAN HERE
TO BOOK
ONLINE