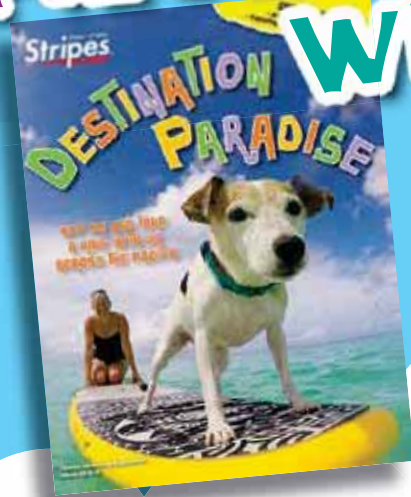


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- The Stripes Korea staff

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**INSIDE INFO**



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**ON THE HUNT**

Korea's markets are treasure troves

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# MEDITATION *and* MINDFULNESS

Veteran yogi wants troops to reach level of zen

STORY AND PHOTO BY SETH ROBSON,  
STARS AND STRIPES  
Published: June 5, 2019

**CAMP ZAMA** – The Army should start teaching soldiers meditation techniques in basic training to make them more resilient to trauma they might face in combat, according to the author of an upcoming book on military mindfulness.

“Military and Mindful: Eight Essential Elements to Manage Your Military Career and Motherhood,” by Iraq War veteran Benefshah Verell will be published in December.

The Zama-based Army spouse and former military policewoman said she became interested in meditation after attending a yoga retreat in

upstate New York in 2008. “I was a captain in the Army teaching at West Point while my husband was deployed to Iraq,” she said May 30 at Zama. “I was looking after my 2 ½ year old and pregnant with our daughter and working full time and I was drowning. I was angry all the time.”

Yoga and meditation helped her change her mindset, said Verell, who trained to become a yoga instructor in

2012. “I realized I didn’t have to be angry and miserable all the time,” she said.

Mindfulness, according to Verell, is being present in the moment. “Meditation and yoga help build this awareness because they focus on breathing, sensation in the body and noticing your thoughts,” she said.

A person can practice mindfulness while gardening, swimming, running or doing other activities, Verell added.

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SEE YOGA ON PAGE 5



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# 'IT HITS HARD WITH ME'

**Troops hear actors Terry Crews and Rebecca King-Crews talk about sexual assault**

STORY AND PHOTOS BY MATTHEW KEELER,  
STARS AND STRIPES  
Published: June 3, 2019

**CAMP HUMPHREYS** — Television and film actors Terry Crews and Rebecca King-Crews recently shared their personal experiences with sexual assault with servicemembers and their families in support of Eighth Army's Sexual Harassment/Assault Response and Prevention Program.

The husband-and-wife team brought their message of support for victims of sexual assault and harassment to military installations across South Korea, including Camps Humphreys, Casey, Carroll and Henry, Osan Air Base, and Yongsan Garrison.

"I am shocked and amazed at how progressive the military is and impressed that they would bring us here to talk about a sensitive subject," Crews told a crowd Thursday at Humphreys, home of the Eighth Army, 2nd Infantry Division and U.S. Forces Korea.

The couple entered the base's Collier Community Fitness Center gymnasium, packed full of hundreds of the actors' fans, as the Spartan Brass of the Eighth Army Band played the theme song from the NBC show "Brooklyn Nine-Nine." Crews is a member of the popular TV sitcom's ensemble cast, and he and his wife had a reality show called "The Family Crews."

On stage, he talked about the toxic days of his career in the NFL. He recalled how normal it was for players to get off a plane and head for the popular strip clubs. The women would entertain on stages, but eventually came to the players to discuss their problems.

"They would come down and want to talk about kids and bills," Crews told the audience, "and it was like: Stop! Stop! Stop! You're ruining it."

"One thing I learned, years later after therapy and counseling, is that the woman was becoming a human being before my eyes," he said. "Before that she was an object."

For about an hour, the couple took turns sharing the microphone, detailing moments from their 30-year marriage and earlier incidents that brought them to the stage as activists and survivors of sexual assault.

Crews said he was assaulted three years ago by a man during a party hosted by movie star Adam Sandler. Crews said he waited a long time before coming forward, fearing he would destroy his Hollywood career by speaking out.

"We want to give a different perspective, and the issue is there are a lot of men that have experienced sexual assault, harassment and violence," he said. "We want to take something that is normally looked at as a two-dimensional issue and make it a three-dimensional issue."

In testimony before the Senate Judiciary Committee in June 2018, Crews said he was grabbed by the genitals in February 2016 by a Hollywood agent, who told him at the time "that he was in control," according to a Time magazine report.

King-Crews also shared her experience of being assaulted as a minor, by a teacher, while spending the night with a friend.

"My hopes as a victim of sexual assault are that perpetrators are named, victims gain the courage to go forward, and then, sincerely, people that might

Crews said he was assaulted three years ago by a man during a party hosted by movie star Adam Sandler. Crews said he waited a long time before coming forward, fearing he would destroy his Hollywood career by speaking out.

not consider their behavior predatory will stop and rethink their actions," she said.

According to the Army, soldiers are required to get a minimum of three hours of Sexual Harassment/Assault Response and Prevention Program, or SHARP, training each year, which is often broken up into quarterly sessions.

"Army training is known for death by PowerPoint, it's a fact," Pfc. Weslie Reich, an operations assistant with the 501st Military Intelligence Brigade, told Stars and Stripes after Thursday's event. "We are flooded with the same SHARP information constantly, so it is good to introduce the same topic through a different medium and that's exactly what they did today."

Reich said when he discovered Crews was coming to the area, he instantly planned to attend and hear the star's message, regardless of the subject matter.

"After hearing Terry's story, it hits hard with me, Reich said. "There were moments I could relate to in many ways."

Crews, 50, is viewed by millions on

television and in movies as a dominant figure in nearly every role in which he is cast. In another role, however, he was cast by Time as one of several "silence breakers," celebrities who spoke publicly about sexual assault they experienced and whom the magazine collectively named Person of the Year in 2017.

"It is very important that people see me as a real person," Crews told Stars and Stripes Thursday. "Fame is nothing without honor."

Hai-Wen Chu, the Eighth Army's SHARP manager, said sponsoring the celebrities allowed the program to share the couple's message with the troops.

"We want to bring them here to help attack a popular stigma," Chu said.

"Terry is a very large male," she said. "If harassment or assault can happen to him, it can happen to anyone regardless of age, gender or position."

Chu stressed that victims should care for themselves first, then possibly pursue further actions when the time is right for them, both physically and mentally.

Isolation is a fact of military life, King-Crews said; servicemembers spend a lot of time away from family.

"My mother used to say an idle mind is a devil's workshop. Sometimes people do things away from home, away from family and support systems that they wouldn't otherwise do," she said.

"Certainly not every male is a rapist," King-Crews said, "but I can guarantee you that there are some good guys that have crossed the line, that have done things that the person on the receiving end of their actions would have considered harassment."

keeler.matthew@stripes.com

EXCLUSIVE NEWS FROM:  
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# YOGA: New techniques for resiliency

CONTINUED FROM PAGE 2

“The repetition of movement in the body acts as a meditation,” she said. “The person brings the attention back to the breath and sensation in the body when they notice the mind wandering away from the task.”

Mindfulness techniques are already helping the Zama American Middle-High School football team, according to Carmen Middleton, a special education teacher at the school.

For the past 18 months the team, which reached the Department of Defense Education Activity-Pacific Division II Championship game for the first time in six years last season, has been practicing mindfulness techniques before practices, she said.

Getting kids to focus these days is harder than ever with all the distractions, such as cellphones and social media, and that’s where mindfulness comes in, Middleton said.

A technique used by the players involves finding an anchor point when visiting a competing school’s field, she said.

“When they start to get overwhelmed or their head is not in the game they look at their anchor point and re-center,” she said. “The whole thing

**“If you give them these skills they will be better prepared to deal with things they might face in combat.”**

– Benefsheh Verell

on other bases in Japan.

“My dream is to have mindfulness start in basic training and continue throughout the soldier’s career,” she said. “If you give them these skills they will be better prepared to deal with things they might face in combat.”

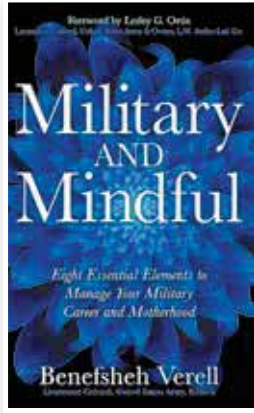
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is trying to get them in the zone.”

Verell’s goal is to bring mindfulness practices to the Army in a way that’s accessible to troops, she said. She is also involved in training yoga instructors to work in military communities.

“People who are dealing with trauma need some way to process that,” she said.

The Army offers resiliency classes for troops, but the training isn’t consistent across the service, said Verell, who plans to start a mindfulness group for servicemembers on Zama and work with the military to hold workshops



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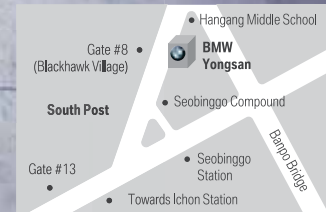
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Seoul American High School opened in 1959 for the children of U.S. servicemembers in Korea and has operated on Yongsan Garrison South Post for 60 years.



Eighth Army commander Lt. Gen. Michael Bills and Department of Defense Education Activity Director Tom Brady stand at attention for the national anthem during a closing ceremony for the Seoul American school complex.



This undated photos shows the old Seoul American High School on the south post of Yongsan Garrison. Photo courtesy of Michael O'Brien

# 'WE WILL ALWAYS BE FALCON FAMILY'

## Yongsan bids farewell to Seoul American school complex after 60 years

STORY AND PHOTOS BY DAVE ORNAUER,  
STARS AND STRIPES  
Published: June 3, 2019

**YONGSAN GARRISON** – Students, teachers, administrators, community and alumni from as far back as the 1970s gathered on Monday to bid farewell to Seoul American elementary, middle and high schools.

Some 1,200 people, including more than 50 alumni, filled Falcon Gym to capacity with standing room in the back. Spillover spectators viewed the school complex's closing ceremony via live stream in the auditorium a couple of hundred feet away.

"It's bittersweet," elementary school principal Tiffany Weddle said at a reception at the Dragon Hill Lodge mezzanine following the 1½-hour-long ceremony.

It was a day of celebration, Weddle said, of the history of the schools, which opened in 1959 for the children of U.S. servicemembers in Korea and operated on Yongsan Garrison South Post for 60 years.

"The sad part is that all the relationships that have developed here are coming to an end," she said.

Students and alumni were emotional in their views of the school complex closing its doors.

"I was born here. I went to all the schools here. Now, they're going to be gone," senior Ashley Clifton said.

Zoe Hall, a 2016 graduate who recently finished her junior year at Utah State, said: "I can't believe the school is actually closing."

Seoul American's schools will close their doors for good later this month as part of the relocation of U.S. Forces Korea from Yongsan to Camp Humphreys,



Seoul American students perform the U.S. and Korean national anthems during a closing ceremony for the school complex on Yongsan Garrison, June 3.

a process that began earlier this decade.

Monday's closing ceremony preceded by five days the last graduation in Seoul American High School history. The last day of classes is scheduled for June 14 and administration and faculty are to remain until June 28.

Monday's ceremony featured a who's who of leadership from the Department of Defense Education Activity, with DODEA Director Tom Brady one of many guest speakers.

He was accompanied by principal deputy director Linda Curtis, Pacific area director Lois Rapp and outgoing Korea district superintendent Judith Allen.

Current middle/high school principal Willy Williams, who's moving to Osan

American High School next year, also spoke.

Yongsan's garrison commander, Col. Monica Washington, and Eighth Army commander Lt. Gen. Michael Bills also spoke for a few minutes on the importance of the schools to the community during the relocation.

"Throughout the transformation period, Seoul American schools have never wavered" in their part of the military's mission at Yongsan, Washington said. "And we can't be more grateful for their contributions to the community."

The ceremony featured several music numbers appropriate for a farewell occasion, including Richard Rodgers and Oscar Hammerstein II's "So Long, Farewell" from the "Sound of Music." It was performed by Seoul American elementary school's kindergarten and

first-grade classes.

The elementary school's second-through fifth-grade classes sang a rendition of Anna Kendrick's "Cups," and the ceremony concluded with the playing of Green Day's "Time of Your Life" over the sound system.

Several current and former students spoke recalled how the Seoul American schools evolved from the collection of Quonset huts on South Post to the brick buildings that housed the schools from 1982.

Said Eddie Rozzi, a 2003 Seoul American High School graduate and faculty member the past two years, who's moving to Humphreys: "Even though the doors will close, we will always be the Falcon family."

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# 'I EQUATE IT TO WALKING ON THE MOON'

American families get rare look at Korean War remains recovery site in DMZ

STORY AND PHOTO BY KIM GAMEL,  
STARS AND STRIPES  
Published: June 3, 2019



Dorothy Antonelli and Edward McCormick, top photo, are the niece and grandnephew of Army Sgt. Peter Albert Patete, who was killed in the Korean War in 1950. Above: Annie Winstead, Tracey Province and Melanie Mikeska join other relatives of missing American servicemembers in a moment of silence.



Annie Winstead, center, and Gloria McCall learn about the area where their uncle, Army Pfc. Johnnie Street, was believed to have been killed during the 1950-53 Korean War.

ARROWHEAD HILL – One by one or in pairs, Americans related to servicemembers still missing from the Korean War laid white flowers on a table on the roof of a military outpost in the Demilitarized Zone.

They bowed slightly, then looked out somberly over the former battlefield where hundreds of soldiers were killed while fighting to repel waves of Chinese Communist troops trying to invade from the North.

It was an unprecedented opportunity for families of fallen soldiers to visit the site known as Arrowhead Hill, which sits in an eastern section of the heavily fortified border area that has largely been sealed off for decades.

"We thought we were prepared for what we were going to experience here, but it's been unbelievably emotional," said Chester Uhlik, whose wife's uncle was shot down over North Korea shortly after the three-year war started in 1950.

"I equate it to walking on the moon. We're going into areas where most people haven't been in nearly 70 years, and walking on the battlefields," he said, choking back tears.

The concrete outpost, which is surrounded by two layers of barbed wire fences, has become ground zero for Seoul's efforts to unearth remains since it agreed with the North last year to remove land mines and allow excavation in the area.

Renewed momentum in the search for fallen

servicemembers was one of the most tangible outcomes from the first U.S.-North Korean summit nearly a year ago in Singapore.

Hopes have dwindled as the broader nuclear talks between the two countries stalled, but the South Koreans have persisted with the border digs.

The May 29 ceremony at Arrowhead Hill was part of a week-long tour sponsored by the Ministry of Patriots and Veterans Affairs for the 50 Americans to highlight its continued efforts.

"It was very moving," said Susan Filkins, a 55-year-old botanist from Boise, Idaho, who was traveling with her 88-year-old mother, Arlene Barton, and six other family members.



Judith Britton of Hobbs, N.M., joined other relatives of missing American servicemembers in a visit to the Korean War battleground.

## SEARCH CONTINUES

More than 7,600 American troops and more than 133,000 South Koreans remain unaccounted for since the war ended in an armistice instead of a peace treaty, leaving the peninsula divided by the no man's land known as the Demilitarized Zone, or DMZ.

The remains of American and other forces who died fighting under the U.N. banner as well as enemy troops were trapped inside.

Amid warming ties last year, the two Koreas cleared mines in the area and built a road to facilitate joint excavation efforts.

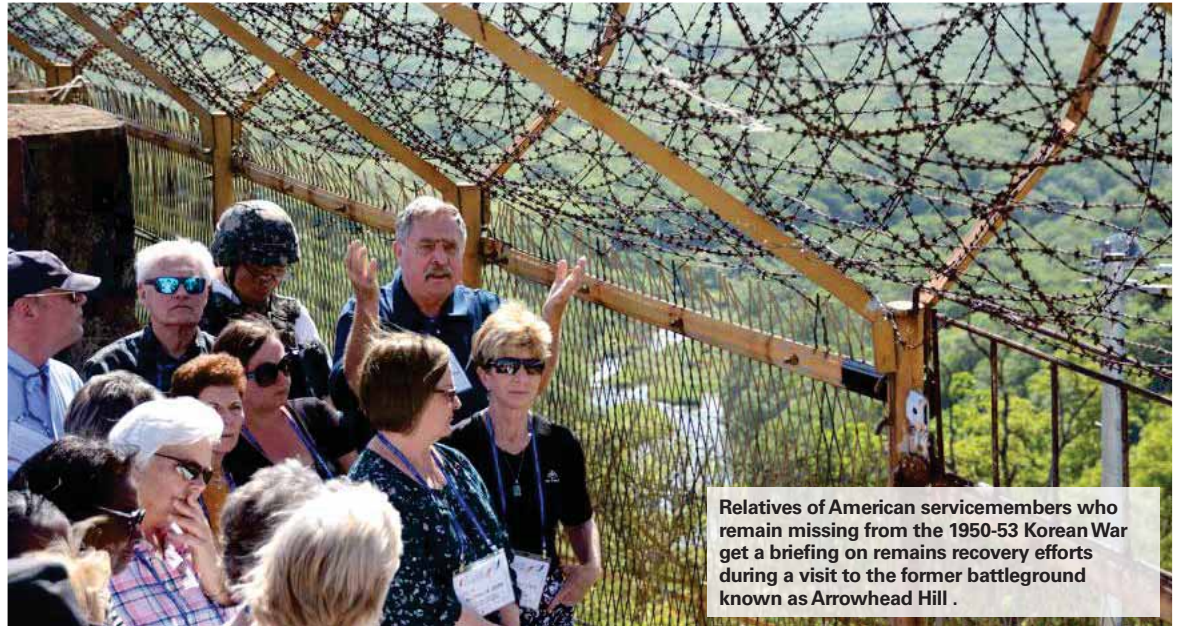
The North has stopped engaging, a casualty of the diplomatic stalemate, but the South Koreans resumed recovery operations on April 1.

While the numbers are a fraction of the





Arlene Barton is the 88-year-old sister of Army Cpl. Raymond Andrew Yafate who was killed during the 1950-53 Korean War.



Relatives of American servicemembers who remain missing from the 1950-53 Korean War get a briefing on remains recovery efforts during a visit to the former battleground known as Arrowhead Hill.

overall total, with some 5,300 Americans believed to have been lost in North Korea, the border excavation has yielded hundreds of bone fragments and artifacts that include bulletproof vests.

South Korean Col. Moon Byung-wook, the head of the task force overseeing the project, said his team hasn't heard from their North Korean counterparts since early March.

"At the moment it is only South Korea that is working on recovering remains, but when we join hands with North Korea the process will accelerate," he told the families gathered on the roof of the outpost.

"The South Korean government is working hard on resuming the joint recovery effort," he added. "Our soldiers here also will do our utmost to return your loved ones to you."

### NOT LIKE 'CSI'

Once found, the remains will need to be identified in a process that can take decades.

Scientists and anthropologists at the Defense POW/MIA Accounting Agency lab in Hawaii use DNA, dental records and other forensic techniques, but many of the bones have been mixed together.

"People think that it's going to be like 'CSI' to find the remains and match the DNA. That's not how it works. It takes time," Judith Britton said, referring to a popular television show.

Her uncle, Air Force 1st Lt. Charles Andrews, was shot down over North Korea in 1951, but she learned about him only recently because her parents apparently found it too painful to talk about him.

After her father died, she found an invitation to an annual conference to brief relatives on the U.S. government's efforts to find missing servicemembers. "He had been invited for years," she said.

Britton, 72, of Hobbs, N.M., said she was



overwhelmed by the warm reception the group received in South Korea.

"It's extremely emotional. It's mind-boggling that the Korean government is still, after all these years, so appreciative about the sacrifices our loved ones made for them," she said.

"I think of my uncle every time I see contrails in the afternoon sky," she said while riding in a black SUV up to the top of the steep hill. "He flew before he drove a car."

### NEVER FORGOTTEN

The South Korean government has sponsored several tours over the years for American veterans to revisit the places where they fought and to see firsthand the prosperous country that has risen from the devastation.

But the trip to Arrowhead Hill, which is in the same northeastern province where the 2018 Winter Olympics were held, was a first.

"North Korea is very close, and it might be

dangerous, but we wanted to have this meaningful event for you here," Moon said, pointing to color-coded lines marking mine-free zones and the sites of recovery operations.

Barton, who lives in San Bernardino, Calif., smiled as she described tattling on her brother when they were children.

But she teared up as she recalled receiving the telegram about her 22-year-old brother's death at her family's homestead in East Bridgewater, Mass.

Her family is hopeful that Yafate's bones may be identified based on new information about remains that had been mixed together in the chaos of the fighting.

"My mother-in-law lost two of her sisters this year so she's the last of the siblings," David Filkins said after laying a flower on the table. "We would like to have his bones found and identified prior to her passing if we can do that so she can have the closure that she so desperately needs."

The North returned 55 boxes filled with bones belonging to U.S. war dead last July following the Singapore summit.

So far six American soldiers have been identified from those remains, according to DPAA.

But the Pentagon announced last month that it had given up on plans to resume joint U.S.-North Korean searches in the isolated country this year due to the stalemate.

Despite the problems, Vice President Mike Pence has promised that the work would continue.

"I can assure you, and assure all the families of our missing fallen, we will never rest until every soldier is accounted for and resting on American soil," he said in his Memorial Day speech at Arlington National Cemetery.

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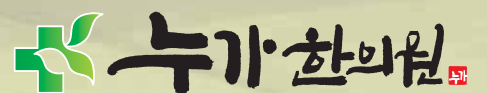
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- \*Sat: 9 a.m. - 1 p.m.
- \*Lunch break: 1 - 2 p.m.





## Hop on Super Rapid Train for high-speed wifi, travel

STORY AND PHOTOS BY CHIHON KIM, STRIPES KOREA

When exploring South Korea, traveling by train is definitely one of the most convenient and useful options for getting around. The popular KTX express train, however, does not stop at Pyeongtaek Station. Save for the inconvenience of having to transfer to the Cheonan-Asan Station to catch the KTX, there is another



option: hopping onto the SRT, or Super Rapid Train operated by the SR Corporation.

The new high-speed rail service operates out of Suseo (southeastern Seoul), Dongtan and Jije (in Pyongtaek). Reaching top speeds of about 330 kilometers per hour, SRT is considered the second generation of KTX.

Passengers on the SRT enjoy spacious seats with outlets to power up your devices, a departure from the



Routes Photo courtesy of SR



KTX which has smaller seats and limited power outlets. The SRT also has free, hi-speed Wi-Fi on board. And, as though you needed another reason to include the SRT for your travels, the ticket to ride this train is about 11 to 20 percent cheaper than a KTX ticket.

So next time you're trying to figure out a commute plan, consider the SRT as a convenient and cheaper alternative to KTX. It will save you time and some cash!

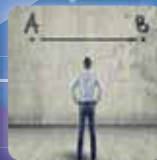
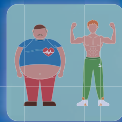
kim.chihon@stripes.com



# How to use your DNA data

How many people know what their DNA consists of? You can find out the secret of your DNA with MyGenomeBox's various applications.

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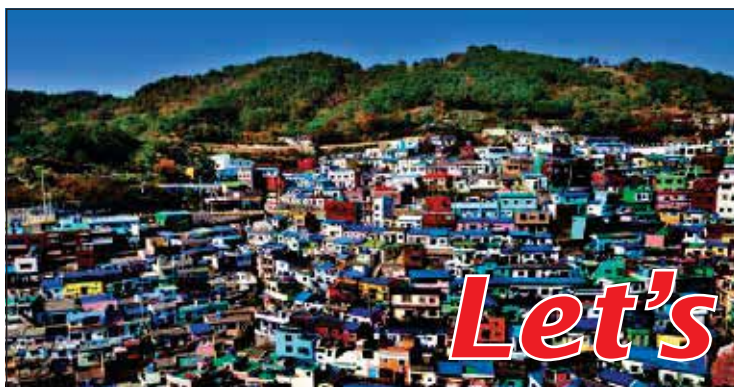
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Let's explore Korea!



# Leave your worries behind and find inner peace at South Korea's Mangisa Temple

STORY AND PHOTOS BY  
MATTHEW KEELER,  
STARS AND STRIPES  
Published: April 11, 2019

In South Korea, the demands of daily life and the stress of living in a bustling city often require residents to seek a bit of rest and relaxation. Luckily, a temple compound nestled in the hills of Jinwi, between Osan and Pyeongtaek, provides the perfect location for locals to get in touch with their spiritual side.

Located just 6 miles from Osan Air Base is Mangisa Temple, home to the Iron Seated Buddha, one of South Korea's national treasures. The country designates national treasures based upon the historical and artistic value of exceptional artifacts or locations — and this extravagant golden statue, said to have been created in the 8th or 9th century, is no exception.

Like the Buddha statue that forms the centerpiece of the temple's grounds, the Mangisa Temple is said to have been established during Korea's Goryeo Period sometime around the year 962. These days, the site remains a popular location for practicing Buddhists to make spiritual pilgrimages — but don't let the temple's religious roots deter you from visiting.

Upon arriving at the temple entrance, visitors pass through a gate decorated with intricate wooden carvings of dragons.

Here, worshippers are expected to leave all problems at the door — literally. Whether plagued by the stresses of work or an impending college entrance exam, pass through the gates of Mangisa Temple and your troubles will (hopefully) vanish into thin air.

Immediately after passing through the temple gate, take note of the colorful statues of the Four Heavenly Kings, Buddhist gods that are said to watch over a different cardinal direction of the world. The Four Heavenly Kings are an essential component of Buddhism and can be found in some form at nearly all Buddhist temples.

A nearby small set of stairs leads into an open courtyard, providing a magnificent view of everything Mangisa Temple has to offer.

At the temple, visitors may enter four buildings of worship, each containing unique artifacts and artwork dating back hundreds, or even thousands, of years. Be sure to wear clean socks, as removing one's shoes is a requirement before entering any of these structures.

Although photography is permitted inside, the temple asks that visitors refrain from taking photos while worshippers are paying their respects to the Buddha.

Daengjeon Hall is where visitors can find the Iron Seated Buddha of Mangisa Temple. When entering the hall, followers of the faith will respectfully bow several times to the Buddha. Some bring offerings of fresh fruits and vegetables to place at the statue's feet.

Hundreds of colorful lanterns and banners hang from the roof of the hall, and for a small fee, worshippers can have the name of a loved one inscribed upon one of these banners to ask for prayers and good fortune.

On Sunday, May 12, the temple celebrates Buddha's birthday by hosting a lively celebration complete with decorations, food and other festivities.

If you make plans to visit Mangisa Temple on a weekend, it might be best to come hungry, as the temple groundskeepers prepare an elaborate meal consisting of a variety of traditional Korean dishes. In keeping with Buddhist tradition, the meal is prepared without the use of animal products,

making this a unique dining experience for vegans and vegetarians alike. Taking part in the meal, which is served at noon, is free — but donations are gladly accepted at deposit boxes located near the Four Heavenly Kings.

There's more to Mangisa Temple than religious artifacts. The grounds also offer some spectacular hiking opportunities on several trails that wind through the hills of Jinwi. The trails are easy to identify, and some portions have ropes for hikers to grab onto for extra stability. The route I took during my visit clocked in at just over 3.5 miles from start to finish, according to my fitness tracker.

The summit is easy to identify, thanks to a large South Korean flag. There's also an observation deck with binoculars providing a magnificent view of the city below. It's an ideal spot for a quick snack or a brief rest before descending the hills back to the temple.

Mangisa Temple is one of the few places in the Pyeongtaek area that brings residents out of the city and closer to nature. Whether you're seeking to explore Korea's past, to find a bit of serenity on an enjoyable hike, or simply looking to visit someplace new, this peaceful compound is a great way to leave the troubles of your 21st century lifestyle behind — if only for an afternoon.

keeler.matthew@stripes.com



## MANGISA TEMPLE

**LOCATION:** 181-82 Jinwi-ro, Jinwi-myeon, Pyeongtaek

**DIRECTIONS:** Mangisa Temple is reachable by public transportation via the Seoul Subway Line 1 at Jinwi Station. The temple gate is roughly 3 km from the station, and taxis are readily available. By car from Osan Air Base, the temple is a short drive away along Jisan-ro to Route 317.

**HOURS:** While there are no official operating hours, visitation is recommended between 9 a.m. and 5 p.m.

**COSTS:** Visiting the temple is free, but donations are appreciated.

**FOOD:** On weekends, temple staff serves a vegan lunch comprised of traditional Korean dishes. The meal is free, but donations are encouraged.

**INFORMATION:** 031-664-7336



# ON THE HUNT

## Discover hidden treasures at Seoul flea markets

STORY AND PHOTOS BY CHIHON KIM, STRIPES KOREA

Are you an antique hunter? Do you love the delightful feeling of finding rare gems amongst a pool of random knick-knacks? Or are you in search of something truly unique to add a special touch to your home décor? If you answered yes to even one of the above, here are three fun flea markets in Seoul any treasure hunter shouldn't miss!

kim.chihon@stripes.com



Dongmyo Flea Market

### Dongmyo Flea Market & Dongdaegmun Fashion Town

This market was named after the shrine nearby which dates back to the Joseon Dynasty in 1601 and was built in honor of Guan Yu, a Chinese military commander. Take Dongmyo Station's exit 3 and you'll reach the entrance of this bustling market within a minute. Hundreds of street stalls open up along the walls of the shrine and street all the way to Cheonggyecheon Stream. The market is a vintage-inspired outdoor and indoor market that has everything you need from second-hand clothing to film posters, rare accessories and miscellaneous goods.

Once the market actually starts, vintage clothing enthusiasts start to dig through piles in search of the best pick. The best time to go shopping is on Saturday between 2 and 3 p.m. because the vendors usually replenish their stock for the second wave of customers at this time. Baseball gloves and old coins are among the more popular items you can score here.

The market is a really great place to stroll and see some of the old a modern city can offer. Bring won for the shopping or just enjoy browsing around the market like other visitors. The prices of the antiques are a bit high, but you never know what you will find. Also, a great place to shop for unique souvenirs for loved ones back home.

Once you've reached the end of Dongmyo, head down to the Cheonggyecheon Stream, which eventually leads you to the Dongdaemun Design Plaza with its unique architectural design and many shopping malls.

While Dongmyo Market is where you'll find retro Korea, Dongdaemun is where you'll find the latest fashions and modern Korea. This area is world-renown for hosting "Korean Fashion Week" every year and for low-cost to high fashion pieces.

- **PRO TIP:** Dongmyo Market is a bit dusty, so don't forget your face mask if you plan to sift through the clothes piles.
- **ADDRESS:** Dongmyo Park, 84, Nangye-ro 27-gil, Jongno-gu, Seoul
- **HOURS:** 9 a.m. to 6 p.m.



Dongdaemun design plaza





## Seoul Folk Flea Market

Housed in a two-story building along Cheonggyecheon Stream, Seoul Folk Flea Market is a Pungmul market which is a great place for both serious collectors and casual browsers alike. This market is well-organized into color-coordinated sections where you'll find a wide range of items from everyday miscellaneous goods, traditional Korean folk items, antiques, and home items which were once vital to the style of Koreans of times passed.

This place goes beyond flea market as many master craftsmen have their workshops set up here as well. While you're at Seoul Folk, check out the prestigious master craftsman who fixes various instruments, leather, and motorbike accessories, will sometimes serenade shoppers with an impromptu violin performance. On the second floor, take a break from all the shopping for some fried foods and traditional Korean eats at the food court.

- **ADDRESS:** Seoul Pungmul market, 21, Cheonho-daero-4-gil, Dongdaemun-gu, Seoul, Korea (Sinseol-dong)
- **PHONE:** 02-2232-3367(KOR only)
- **DIRECTIONS:** 250m from Exit 6 of Sinseol-dong Subway Station (Line 1) / 100m from Exit 9 or 10 of Sinseol-dong Subway Station (Line 2)
- **ONLINE:** <http://pungmul.seoul.go.kr/> (KOR only)



## Hongdae Art Market Free Market

The Hongdae Free Market is definitely a must-see in Seoul. Visit the free market at the Children's Park near Hongdae District on Saturday afternoons. Unlike other flea markets in Seoul, you won't notice any used goods. They offer brand new handmade crafts and arts which are worth checking out. Unlike, its name, it is not a market where you can get the items for free ('FREE' must be phonetic for 'FLEA'). The market is a meeting place for artists and craftsman, performers to come together and sell their art, while interacting with patrons. Learn about the pieces of art and ask questions about the item you're interested in from the artist before buying.

The market is open to anyone who wants to share their ideas and sell their creative items. Foreigners can sell their art here, too, so if you have a taste for making your own creation and want to participate in this market, contact the market via email ([livingnart257@gmail.com](mailto:livingnart257@gmail.com)).

The shopping doesn't stop when you're done perusing the items for sale at Hogndae Free Market. This hip district is teaming with many more shops and attractions you'll definitely want to check out!

- **ADDRESS:** 19-3 Wausan-ro 21-gil, Seogyo-dong, Mapo-gu, Seoul
- **HOURS:** Mar. to Nov., Every Saturday 1 p.m. to 6 p.m.
- **CONTACT:** 02-325-8553, [livingnart257@gmail.com](mailto:livingnart257@gmail.com).
- **ONLINE:** [www.freemarket.or.kr](http://www.freemarket.or.kr) (ENG/KOR)



## Bindae-tteok at Gwangjang market

Gwangjang market, the oldest daily market in Seoul, is popular with foreign visitors looking to sample some of the best Korean delicacies. The mung-bean pancake called bindae-tteok fried in oil until it is golden brown is made of eggs, ground mung beans, fermented kimchi, and vegetables such as green onions and peppers. Watch as vendors freshly grind mung beans by stone rotary grinder and let the smell of the bindae-tteok lead you to give it a try.

Though Hongdae is known for Korean-style raw beef, Korean sausage(sundae) and mini gimbab (rice roll), I recommend the Bindae-tteok because it's pretty inexpensive (from about \$1.68 to 3.37). I chose Sunhune (순희네), a restaurant I've visited before, to get my bindae-tteok on. My order arrived crispy on the outside and soft like mashed potatoes on the inside and the side sauce made of soy sauce and vinegar give an extra flavor to the Korean-style pancake. The delicacy is well worth trying when you're at Gwangjang market.

- **ADDRESS:** 88 Changgyeonggung-ro, Jongno-gu, Seoul
- **HOURS:** From 8:30 a.m. to 6 p.m. daily. (They are open all year round)



Bindae-tteok

## Gogi twigim (deep-fried pork rolls)

Walk down approximately 400 meters from the exit 5 of Dongmyo-station, to a hidden and worn-down small eatery specializing in the street food called Dongmyo gogi twigim. (KRW 3,000 or \$ 2.52 for two pieces) The deep-fried rolls come stuffed with ground pork, onions, chives, and scallions. You will also find other varieties of rolls like stuffed pepper or deep-fried squid which are both served with soy sauce and pickled radish. This was my first time trying these and two pork rolls I had were enough to feel like I ate a full meal!

I visited on a Tuesday, but this alley and eatery get crowded on weekends. If you don't like waiting in line, I recommend you try their take-out instead, because seating is limited and their gogi twigim are much too delicious to pass up.

- **ADDRESS:** Changshin-dong 401-33
- **PHONE:** 010-3265-5769
- **HOURS:** 10 a.m. to 7 p.m.



Gogi twigim



# Cool down the summer heat with ocean sports in Korea

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**G**iven the characteristics of this small peninsula surrounded by the ocean, it is strange enough that ocean sports such as surfing and snorkeling have not been popular until recently. However, as Korea is becoming multicultural with the growing number of foreign population, its recreational culture diversifies, too. Ocean water sports like surfing are still not something every Korean would do in the ocean, but it is now quite common to see people ride the waves or explore the underwater world.

Do you want to experience for yourself? Trazy introduces hot summer spots for your summer beach fun.



## Surfing at Surfyy Beach, Yangyang County

Surfyy Beach, located in Yangyang's Hajodae beach, is Korea's first surfing-only beach which is exclusively reserved for surfers. The beach is completely separated from other visitors to Hajodae Beach, and that makes you worry less about safety issues.

Surfyy Beach offers quality surf

lessons, surfboard rental services, shower facilities, and lockers as well as the beautiful beach bar & restaurant and camping zones. During the summer season, the entire beach becomes a big party zone with trendy music and street performances, making it a perfect destination for young people who want to have fun on a hot summer night.



## Snorkeling at Jangho Beach, Samcheok

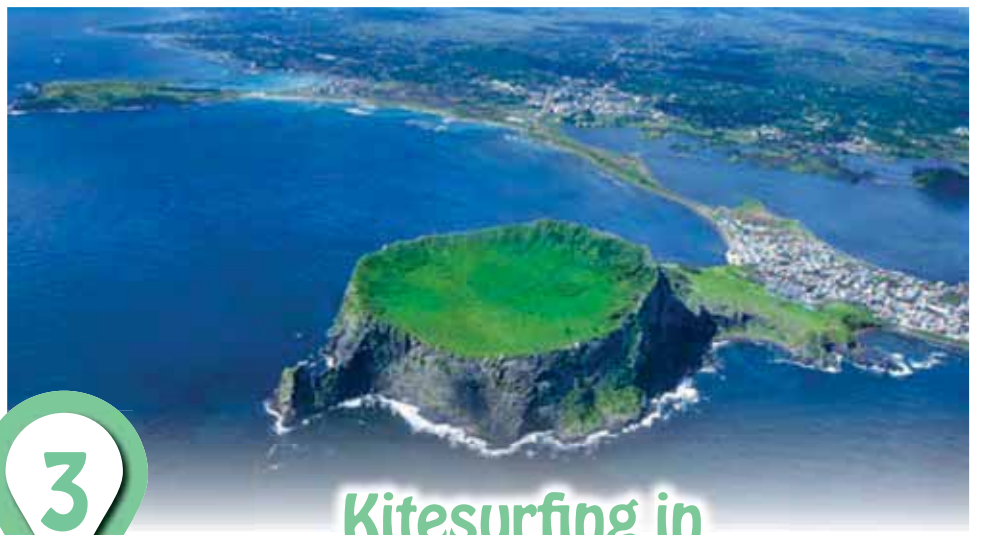
Jangho Beach is a beautiful beach located on the east coast of Korea in Samcheok. Jangho Beach is famous for its serene view and especially the crystal-clear water. Commonly referred to as the "Naples of Korea", this is definitively one of the must-visit beaches in the summer.

Thanks to the translucent water, Jangho Beach is the best place to go snorkeling in Korea. Right next to Jangho Beach, you can explore the ocean floor at Jangho Port. The interesting rock formations naturally calm the rolling waves, making the port an ideal place for snorkeling.

You can also try other water activities such as kayaking on a transparent kayak or scuba diving.



Whether it is seeing fish, starfish, and other small sea creatures on your sea adventure or simply relaxing on the beach, make sure to put Jangho Beach into your summer itinerary this summer!



## Kitesurfing in Eastern Jeju Island

If you're visiting Jeju Island this summer, don't miss out on this fun & thrilling experience. Kiteboarding, or also known as kitesurfing, is a must-try outdoor water activity that combines all of surfing, paragliding, wakeboarding, and windsurfing. Riders can catch and pick up the air with their kites and experience kiteboarding at high speeds. The kitesurfing spot (Haemajihae-an-ro) on the eastern Jeju Island faces the beautiful Udo Island across the strait. UNESCO World Heritage Seongsan Ilchulbong (Sunrise Peak) as well as other smaller volcanic cones are also located nearby. Imagine how stunning

it will be to surf on the ocean with the background of a UNESCO World Heritage!

If you're new to this sport, Stage House offers a 2-hour lesson on how to find the best "wind pockets" with the hand-controlled kites and ride the waves using the power of the wind. If you're already an experienced kitesurfer, you may choose to rent the equipment only and enjoy kitesurfing on your own. All of the staff at Stage House speak conversational English. So don't worry about the language and go kitesurfing on the Jeju's emerald ocean under the blue sky!





# Paddle Boarding at Gwangalli Beach, Busan

Gwangalli Beach is well-known for its fine sand and the lively atmosphere with the stunning view of Gwangandaegyo Bridge. Also, it is indeed an ideal place to paddle away from the heat of Korea's steamy summer. Its average water depth of 1.5 meters and the average water temperature of 21°C (69.8°F) makes it the perfect spot for water activities.

Don't worry if you are new to paddle boarding, you will get basic training for about 15 minutes and you'll be all set!

Apart from paddle boarding, there are other fun activities you can enjoy such as water skiing, jet skiing & windsurfing. Gwangalli Beach is also called the "CafeTown" because a lot of private & franchised cafes with unique exterior and interior are located by the seaside overlooking the ocean and Gwangandaegyo Bridge.

Are you planning to visit Busan this summer? Check out Gwangalli Beach, the so-called Busan's mecca for youngsters and water activities.



Thrilling VR Roller Coaster is kicking off in Gwangmyeong Cave now!

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# Too humid in summer?

## Try fun indoor family activities in & around Seoul

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**D**ry 40°C (105°F) can be durable. But 35°C (95°F) with 80% humidity is another story. Sadly, the latter

is what we go through every summer in Korea, which is not very ideal for outdoor activities.

Seoul and the surrounding cities, however, constitute a huge metropolitan area

that includes places for numerous indoor adventures. Can't think of what to do or where to go with kids on steamy hot weekends? Trazy suggests some of the most fun indoor places in the greater Seoul area.

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## 1. Onemount Snow Park & Water Park

Choose a season!

Onemount in the city of Goyang, referring to itself as "The Best Playground on Earth", consists of a shopping mall, snow park, and water park. It is the world's first theme park that delivers winter and summer fun 365 days a year. The water park is equipped with indoor and outdoor slides, surf wave pool, flowing pool, and aqua play. The snow park keeps a wintry temperature throughout the year.



Winter? Summer? Choose a season you like to enjoy at Onemount.

### Onemount Water Park

- **ALL-DAY TICKETS** (Ticketing and admission from 10 a.m.): 50,000 KRW
- **AFTERNOON TICKETS** (Ticketing and admission from 3 p.m.): 22,000 KRW

### Onemount Snow Park

- **ALL-DAY TICKETS** (Ticketing and admission from 10 a.m.): 35,000 KRW
- **AFTERNOON TICKETS** (Ticketing and admission from 3 p.m.): 13,000 KRW

**FOR MORE DETAILS:**

<https://www.trazy.com/spot/2117>

## 2. Lotte World & Aquarium

Massive theme park complex in the heart of Seoul

Lotte World and newly built Lotte World Mall have everything you need and whatever you want for a family-friendly weekend. Lotte World is located in the eastern part of Seoul at Jamsil station, divided into indoor 'Adventure' and outdoor 'Magic Island'. There is an ice skating rink inside Lotte World where you pay separately for usage (Discount available when you purchase a passport ticket).



Photo courtesy of Trazy.com

Lotte World Mall is a shopping mall complex including a department store, duty-free shop, aquarium and cinema all in one building. Lotte World Aquarium, boasting Korea's biggest water tank, is home to 650+ different species. Exotic marine lives such as white beluga whale, Humboldt penguins, cownose ray, and Piranha inhabit 15 different themed zones of the aquarium. Take the subway line 2, get off at Jamsil Station, and enjoy from theme park adventures to an underwater world.

### Lotte World

- **ALL-DAY TICKETS** (Ticketing and admission from 9:30 a.m.)
  - Adult: 52,000 KRW
  - Youth: 45,000 KRW
  - Child: 41,000 KRW
  - Infant: 13,000 KRW

- **AFTERNOON TICKETS** (Ticketing and admission from 4 p.m.)
  - Adult: 41,000KRW
  - Youth: 36,000KRW
  - Child: 32,000KRW
  - Infant: Free of Charge
  - \*Infant: under 36 months / Child: 36 months ~ 12 full years / Youth: 13 ~ 18 full years

### Lotte World Aquarium

- Adult: 29,000 KRW
- Youth: 27,000 KRW
- Child: 25,000 KRW
- \*Child: 36 months ~ 12 full years / Youth: 13 ~ 18 full years / Infants under 36 months are free to enter

**FOR MORE DETAILS:**

- Lotte World: [www.trazy.com/spot/310](http://www.trazy.com/spot/310)  
- Lotte World Aquarium: [www.trazy.com/spot/3113](http://www.trazy.com/spot/3113)





# 3. Woongjin Playdoci

Feel like skiing in summer?

Do you miss winter sports in the hot & humid summer of Korea? Woongjin Playdoci brings a perfect solution to you. Woongjin Playdoci may seem similar to the indoor theme parks previously introduced above. However, its uniqueness lies in its indoor ski slope, the one and only in Korea. Its 150m long and 70m wide ski slope offers skiers and snowboarders a venue to enjoy their favorite winter sports just as if they were in the middle of winter. On top of that, the winter village brings the white romance with white snow falls.



Photo courtesy of Trazy.com

This versatile sports complex, while not having shopping malls, solely focuses on sports activities. Woongjin Playdoci literally has everything from the all-weather indoor water park & luxurious spas to Korea's largest golf range.

### Summer Slide Park (Snow Park)

- **ALL-DAY TICKETS** (Ticketing and admission from 10 a.m.)  
30,000 KRW
  - **AFTERNOON TICKETS** (Ticketing and admission from 3 p.m.)  
20,000KRW
- \*Infants under 36 months are free to enter

### Water Park & Spa

- **ALL-DAY TICKETS** (Ticketing and admission from 10 a.m.)
    - Adult: 50,000 KRW
    - Child: 40,000 KRW
  - **AFTERNOON TICKETS** (Ticketing and admission from 4 p.m.)
    - Adult: 35,000KRW
    - Youth: 25,000KRW
- \*Child: 36 months ~ 12 full years

**FOR MORE DETAILS:**  
[www.trazy.com/spot/2959](http://www.trazy.com/spot/2959)

# 4. Trick Eye Museum & Ice Museum



If you're looking for some unique experience in Seoul, do not miss out Trick Eye Museum. Trick Eye Museum is a 3D art gallery where visitors interact with paintings, posing themselves just right so that they look as if they are part of the art pieces. Ice Museum is located inside the Trick Eye Museum. Everything in the museum is made of ice and since the museum maintains the temperature at -4°C (24.8°F), you'll feel the chill the moment you enter the museum. You can enjoy a variety of ice sculptures under fun themes such as Rudolf slides, Santa Claus, Penguin, Igloo, Ice Castle, Vampire and more!

### Trick Eye Museum & Ice Museum

- **TICKETS**
  - Adult: 18,000 KRW
  - Children: 12,000 KRW

**FOR MORE DETAILS:**  
[www.trazy.com/spot/396](http://www.trazy.com/spot/396)





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Monster burger

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Every Tuesday  
Courtesy of JJ's American Diner

Bacon Deluxe Cheese Burger

Photo courtesy of JJ's American Diner

# JJ's American Diner will take you home

STORY AND PHOTOS BY CHIHON KIM, STRIPES KOREA

When you live overseas, exploring the local food can be fun. But, for those times when you're craving a taste of home, burgers might come to mind. Outside Camp Humphreys, a diner is serving up the American beef, bacon and breakfast classics you may be craving.

I stumbled across JJ's American Diner on Facebook and what drew me in was their signature burger – the Monster Burger (KRW 17900 or \$15). A thick, all-beef patty piled high with fresh tomato slices, fried pickles, three slices of American cheese and then, three deep-fried mozzarella sticks, between two burger buns, this monster is likely to give you lockjaw. As far as the taste, the cheese sticks overpowered the patty but the generous



amount of beef included in this burger was satisfying. The Monster Burger is perfect if you're not on a diet or worried about clogging your arteries and are looking for something to make your taste buds sing!

Though their Monster Burger was the first thing to catch my eye and stomach, I also sampled their Bacon Deluxe Cheeseburger (KRW 9,900 or about \$8.30), a classic burger with the standard toppings, plus a side of crinkle-cut fries. I enjoyed this burger but felt the pickles lacked crunch and tang. Despite that, the beef in the deluxe was juicy, had a decent char and was cooked to the right amount even without telling the kitchen how I like the burger cooked. The bacon wasn't crisp, which is the way I prefer it, but the kitchen will cook it just

the way you like, just make sure to ask when you order. Much like the bacon, the small portion of fries that accompanied my burger were not too crisp, but

**ADDRESS:** 93-4

Anjeongsunhwan-ro 222beon-gil, Paengseong-eup, Pyeongtaek

**HOURS:** Weekday 1000 a.m. to 1000 p.m., Fri 1000 a.m. to 1100 p.m., Sat 830 a.m. to 1100 p.m. Sun 830 a.m. to 1000 p.m.

**PHONE:** 031-8094-1337

**ONLINE:** <https://www.facebook.com/jjsdinerkorea/> (Every Tuesday, they offer free kid menu with other adult entrée menu.)



unlike the bacon, the fries were also not very special. For a beefier burger, I suggest adding an extra patty for 2,000 won.

Beyond burgers, JJ's American Diner also offers a vast selection of sandwiches, salads and desserts. What's more, they offer all-day breakfast. Craving steak and eggs? JJ's has them. Hankerin' for some chicken and waffles? JJ's serves this, too, along with pancakes, omelettes and more.

The restaurant itself is worth a visit for the film memorabilia and U.S. street scene photos, alone. They have indoor and outdoor seating perfect for nice al fresco meals. It's a good place to enjoy holidays and special occasions as it is very roomy and comfortably seats about 100.

JJ's American Diner is Hwang Jincheol's third attempt at opening a restaurant. After his first shop opened six years ago and didn't do so well, Hwang visited the States to learn cooking from his American father-in-law and picked up the burger recipe he now uses at JJ's. The burger recipe Hwang learned is working, as the Camp Humphreys community flocks for more.

Let JJ's American Diner calm your cravings and let its décor take you back to the diners in the States. They also offer daily specials worth checking out and even give free kid's meals with an adult entrée purchase every Tuesday.

[kim.chihon@stripes.com](mailto:kim.chihon@stripes.com)

## STARS AND STRIPES

Community Publication

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# Romantic cafes to visit in Busan

HAPS KOREA MAGAZINE

The City of Busan will provide support for local cafés that have been selected as “romantic cafes”.

The city has said it will develop a local cafe tour course with distinctive local culture and location which take advantage of the beautiful and natural environment.

A total of 134 cafes recommended by local governments were screened and filtered down to 80 through public surveys.

The final 35 cafes have been picked after they were screened by food columnists, architectural culture promoters and other people in travel businesses.

Here’s a look at some of the best romantic cafe’s the city has to offer.

## ■ ■ Jung-gu

Three cafes were included, including Regular House, Notis, and Baunova Baeksan.

Regular House is located in the international market and is popular with visitors at the nearby sightseeing spots. Notis was also renovated from rice warehouses in the 1950s offering a distinct interior while the Baunova Baeksan store was highly evaluated for its potential tourism resources in connection with nearby Chungja Building, Baeksan Memorial Hall, Yongdusan Park, and the Movie Experience Museum.



## ■ ■ Seo-gu

TCC, which has beautiful views of Songdo Beach, and Bin Stock, which is known for its sweet treats were highly recommended for their offerings.

## ■ ■ Dong-gu

The popular milk cafe Choryang 1941 has become a popular stop for Instagram photographers and those looking for a unique experience in Busan.

## ■ ■ Busanjin-gu

The area which hosts the popular Jeonpo Cafe streets, Vintage 38, Before Sunset and Yuwol were selected as the best

around Seomyeon.

## ■ ■ Dongnae

Green and Urban Flow were recognized for their baristas’ expertise were selected along with the ArtK Gallery Café, a cultural space located in the district.

## ■ ■ Nam-gu

Delight Six near KSU and PKNU is a home-renovated house recognized for its originality in their interior design.

## ■ ■ Buk-gu

Located in Hwamyeong-dong, Cafe Luwak brings a taste of Indonesia to the city with a beautiful interior and large outdoor patio.

## ■ ■ Haeundae-gu

Edge 993 offers a fantastic cafe experience with stunning views of Haeundae and Mipo. Port 1902, in Songjeong has also

become one of the most popular cafes in the city with their cabanas and also their pool.

## ■ ■ Saba-gu

Souletter Coffee Company in Sinpyeong built in an old church has a lovely, simplistic interior with lots of greenery in its bright space.

## ■ ■ Geumjeong-gu

Momos, home of 2019 World Barista Championship winner, Jeon Joo-yeon and Teal were chosen the best in the district.

## ■ ■ Gangseo-gu

Forrest 3002 in Noksan has lovely views and a yard while Mont D’or Cafe offers a beautiful view of the river.

## ■ ■ Yeonje-gu

Gorae in Yeonsan-dong has a unique interior and specializes in Whale coffee but is off-limits to customers with kids, pets and anyone looking to study.

## ■ ■ Suyeong-gu

Cafe Afternoon Tea is a beautiful five-story gallery and tea house in Millak-dong and The Box, which has an amazing interior and gorgeous views of Marine City.

## ■ ■ Sasang District

Vsant offers a charming space with gallery-like interiors and riverbank views.

## ■ ■ Yeongdo-gu

Three places were selected in Yeongdo District — Carin Yeongdo Place, Sinki Cafe, and Gemstone all which offer beautiful views and have loyal followings.

## ■ ■ Gijang-gun

Waveon, known for its stunning architectural design and views; Adecoy, known for its sweet desserts and its bold red interior and chandeliers; Hayden Cafe with its unique outdoor forest patio and Veach:da Cafe is also known for its beautiful interior and exterior all made the list.



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- Small, please. Seumol(size of drinks) juseyo.
- Will you be having it here? Yuhgisuh deushilguhyeyo?
- I'll drink it here. Yuhgisuh mashilguhyeyo.

# HAPPENINGS OFF BASE FESTIVALS



**Everland Rose Festival**

**DATE:** Until June 16  
**LOCATION:** Everland  
**INTRODUCTION:**  
 Started in 1985, a long running Rose Festival opens every year in May. With 20,000 m<sup>2</sup> size rose garden, visitors can see various kind of flowers while enjoying the amusement park.  
**TRANSPORTATION:**  
**Subway**  
 Jeondae-Everland Station (Yongin EverLine), Exit 3.  
 - Take the shuttle bus to Everland (Operating hours 05:30-23:30).  
**Bus**  
 1) Sinnonhyeon, Gangnam, Yangjae Stations: Bus 5002  
 2) Pangyo, Segok-dong, Suseo, Songpa, Jamsil, Gangbyeon Stations: Bus 5700  
 3) Sadang, Nambu Terminal Stations (via Bundang and Gwangju): Bus 1500-2  
 4) Gangbyeon, Gangdong Stations (via Gwangju): Bus 1113  
**HOMEPAGE:** everland.com (Korean, English, Japanese, Chinese)



**Korean Folk Village Variety Festival "Welcome to Joseon"**

**DATE:** Until June 23  
**LOCATION:** Korean Folk Village  
**INTRODUCTION:**  
 Korean Folk Village hosts the "Welcome to Joseon" Variety Festival each spring. Programs include parades and performances as well as hands-on activities and cast members wandering freely throughout the park to interact with visitors. Travel in time back to the Joseon Dynasty with the characters in a interesting and real comedy act.  
**TRANSPORTATION:**  
**Bus**  
 From Sinnonhyeon Station (Seoul Subway Line 9), take Bus No. 5001-1.  
 From Gangnam Station (Seoul Subway Line 2), take Bus No. 1560.  
 From Suwon Station (Seoul Subway Line 1), Exit 5. Take Bus No. 37 or 10-5.  
 From Sanggal Station (Bundang Line), Exit 2. Take Bus No. 37 or 10-5.  
 From Jukjeon Station (Bundang Line), take Bus No. 30 in front of Shinsegae Department Store.  
**HOMEPAGE:** www.koreanfolk.co.kr (Korean, English, Japanese, Chinese)



**Walk with a King**



**Busan International Dance Festival**

**DATE:** Until July 8  
**LOCATION:** Busan Cultural Center, Haeundae Beach (stage), Busan Cinema Center  
**INTRODUCTION:**  
 The Busan International Dance Festival (BIDF) is one of the largest dance festivals in Korea. Dancers taking the stage in Haeundae hail from all over the world. Since 2009, BIDF opens AK21 (Arts Korea) international choreographer competitions to open up a way for amateur choreographers to show their talents.  
 Visitors can be assured to experience an eclectic mix of dancing that showcases a variety of excellent dance styles: classical ballet, modern dance, and more.  
**TRANSPORTATION:**  
**Subway**  
 Haeundae Station (Busan Subway Line 2), Exit 3 or 5.  
 Walk about 500m to arrive at Haeundae Beach.  
**Bus**  
 From Busan Station, take Bus 1001 or 1003 to Haeundae.  
**HOMEPAGE:** www.bidf.kr (Korean only)



**Busan International Magic Festival**

**DATE:** June 25 - June 30  
**LOCATION:** Busan Cinema Center, areas of Gunam-ro in Haeundae, Busan Community Media Center  
**INTRODUCTION:**  
 Busan International Magic Festival is the largest magic festival in Asia. Several events are prepared to mesmerize the audience, including the fascinating opening ceremony that takes place on the shore of Haeundae Beach.  
**TRANSPORTATION:**  
 [Haeundae Beach] (Opening ceremony) Haeundae Station (Busan Subway Line 2), Exit 3 or 5.  
 Walk approx. 10 min to Haeundae Beach.  
**HOMEPAGE:** blog.naver.com/bimf7002 (Korean only)



**Bucheon International Fantastic Film Festival**

**DATE:** June 27 - July 7  
**LOCATION:** Bucheon City Hall Grass Plaza, Eoulmadang & Fantastic Cube; Korea Cartoon Museum; Songnae Eoulmadang Solan Art Hall; CGV Bucheon, CGV Sopyung  
**INTRODUCTION:**  
 Bucheon International Fantastic Film Festival has grown by leaps and became the most representative symbol of Bucheon City known as a mecca of the culture with combination of Animation, Cartoon, Game and Film moving forward to its change and creativity. BiFan has not only got the name of most dynamic film festival that brings together numerous film enthusiast but also evolved into a global fame that deserves the name of place of 'Fantastic' filled with fresh energy and sensitivity.  
 Through the advanced and progressed well planned programming, BiFan has highly ranked by the audiences and those who are working in film industry and confirm its own identity of area by providing newly various themes and styles.  
**TRANSPORTATION:**  
 Bucheon City Hall  
**Subway**  
 Songnae Station (Subway Line 1), Exit 2. Take Bus 23, 70, 80 or 700, and get off at

Bucheon Sicheong (City Hall).  
**HOMEPAGE:** www.bifan.kr (Korean, English)



**Buyeo Seodong Lotus Festival**

**DATE:** July 5 - July 7  
**LOCATION:** Area of Seodong Park (Gungnamji)  
**INTRODUCTION:**  
 This festival celebrates the beautiful lotus flowers and highlights the importance of preserving wild flowers. The festival programs contain many events related to lotus flowers, such as making paper lotus flowers and making lotus flower soap, which are the two particularly popular programs with international visitors. Various other popular tourist destinations are located nearby the festival grounds including several Baekje (18 BC-660 AD) cultural historic sites such as the Baekje Wangneungwon (royal mausoleum), Nakhwaam, and the Baekje Historical Museum.  
**TRANSPORTATION:**  
**Express/Intercity Bus**  
 From Seoul Nambu Bus Terminal, take an intercity bus to Buyeo.  
 - From Buyeo Intercity Bus Terminal, take a taxi to Gungnamji (궁남지, 1.5km).  
**HOMEPAGE:** www.lotusfestival.kr (Korean only)



**Boryeong Mud Festival**

**DATE:** July 19 - July 28  
**LOCATION:** Daecheon Beach area (Mud square)  
**INTRODUCTION:**  
 Of the numerous festivals in Korea, Boryeong Mud Festival attracts the largest number of international visitors. During the festival period, tourists flock to the area to experience the benefits of Boryeong's mud while having a blast. Fully immersed in both the mud and the festival's great atmosphere, visitors enjoy mud wrestling, mud sliding and even swimming in the giant mud bath. Visitors feeling particularly energetic can try the marine mud-training course, while those looking for something more relaxing can enjoy the mud massage zone. In the evening, music and fireworks continue the party going at the beach.  
**TRANSPORTATION:**  
**Bus**  
 - From Seoul Central City Bus Terminal, take an express bus to Boryeong.  
 - From Boryeong Bus Terminal, take a bus bound for Daecheon Beach. (10 min intervals)  
 - From Yongsan Station or Yeongdeungpo Station, take a train to Daecheon Station.  
 From Daecheon Station, take a local bus bound for Daecheon Beach.  
**HOMEPAGE:** www.mudfestival.or.kr (Korean, English, Japanese, Chinese)

**Hangang Summer Festival**



**DATE:** July 19 - Aug. 18  
**LOCATION:** Hangang River and Parks  
**INTRODUCTION:**  
 Hangang Summer Festival, also called Hangang Mongttang Festival, is a large-scale riverside culture festival, and the representative summer festival of Seoul. It consists of about 80 programs including camping, water leisure sports, circus, music concert, movie concert, street performances, bike-riding, paper-boat sailing, fire art, traditional performances, night market, and others, organized by the Hangang Project Headquarters, and various civic organizations. Every type of visitor can enjoy the festival in Hangang Park with the multitude of programs.  
**TRANSPORTATION:**  
**Subway**  
 Yeouinaru Station (Seoul Subway Line 5), Exit 2, 3  
 Express Bus Terminal Station (Seoul Subway Line 3, 7, 9), Exit 8-1  
 Sinbanpo Station (Seoul Subway Line 9), Exit 2  
 Jamsilsaena Station (Seoul Subway Line 2), Exit 6, 7  
**HOMEPAGE:** hangang.seoul.go.kr (Korean only)

**Busan International Rock Festival**



**DATE:** July 27 - July 28  
**LOCATION:** Samnak Ecological Park  
**INTRODUCTION:**  
 Busan International Rock Festival is a leading music festival in Korea, representing the openness and youth of the coastal city of Busan. The festival is organized with the goals of discovering

new musical talent, revitalizing the music industry, and celebrating indie bands. Along with the international film festival in October, the Busan International Rock Festival has played a vital role in promoting the artistic affluence of Busan, the largest port city in South Korea. The festival is widely recognized as strengthening ties between renowned musicians worldwide. It is a fun and widely attended event that is a must-see for any rock music fan in Korea.

**TRANSPORTATION:**  
**Subway**  
 Gwebeop Renicite Station (Busan Subway Busan-Gimhae Light Rail Transit Line), Exit 1. Walk for approx. 17 min.  
**Bus**  
 Take Green Bus No. 123 or 126. Get off at Samnak Ecological Park Bus Stop.  
**HOMEPAGE:** www.bfo.or.kr (Korean, English)

**Busan Sea Festival**



**DATE:** Aug. 2 - Aug. 6  
**LOCATION:** Haeundae Beach, Gwangalli Beach, Dadaepo Beach, Songdo Beach, Songjeong Beach, etc.  
**INTRODUCTION:**  
 The Busan Sea Festival was first held in 1996 to promote Busan as a beautiful harbor city. The festival takes place at Haeundae Beach, Gwangalli Beach, Songdo Beach, Dadaepo Beach, Songjeong Beach, and at other places in Busan. The festival offers various cultural events and unique hands-on programs. As Korea's first general ocean festival, it puts on many exciting programs including a great opening ceremony, cultural performances, and other special events. With a total of 5 beaches holding the event, each beach has different programs and performances for all ages.  
**TRANSPORTATION:**  
**Subway**  
 Haeundae Station (Busan Subway Line 2), Exit 3 or 5.  
 - Walk straight from the exit about 500 m

to arrive at Haeundae Beach.  
**Bus**  
 - From Busan Station, take bus 139, 140, 239, 240 or 302 to Haeundae.  
 - From Busan Airport, take Airport Bus (KAL Limousine Bus) to Haeundae.  
 - From Sasang Terminal, take City Bus 31 or 31-1 bus to Haeundae.  
**HOMEPAGE:** www.bfo.or.kr (Korean, English)

**Suwon Culture Night**



**DATE:** Aug. 9 - Aug. 11  
**LOCATION:** Areas of Suwon Hwaseong Fortress  
**INTRODUCTION:**  
 Suwon Hwaseong Fortress and Hwaseong Haenggung Palace are the venue for Suwon Culture Night. Both areas are decorated with media art of eight night experiences. Every corner of the fortress road has history and stories to offer a historical culture experience.  
**HOMEPAGE:** culturenight.swcf.or.kr (Korean, English, Japanese, Chinese)

**Incheon Pentaport Rock Festival**



**DATE:** Aug. 9 - Aug. 11  
**LOCATION:** Pentaport Park (Incheon Songdo Moonlight Festival Park)  
**INTRODUCTION:**  
 Pentaport Rock Festival is a rock festival ardently supported by not just local rock fans, but by music fans worldwide. The festival takes place normally in early August, in Songdo City. Overseas rock bands play in a lineup with local rock musicians for an energetic rock music festival that's out of this world!  
**TRANSPORTATION:**  
**Subway**

Int'l Business District Station (Incheon Subway Line), Exit 1  
**Bus**  
 Bus No. 9 → Get off at Songdo 2 Dong Community Service Center  
 Bus No. 6-1 → Get off at International School  
 Bus No. 908 → Get off at Prugio Harbor view  
 Bus No. 92 → Get off at Canal Walk(4D)  
 Bus No. M6405 → Get off at Central Park Station  
**HOMEPAGE:** culturenight.swcf.or.kr (Korean, English, Japanese, Chinese)

**Tongyeong Hansan Battle Festival**



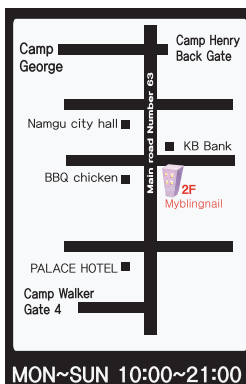
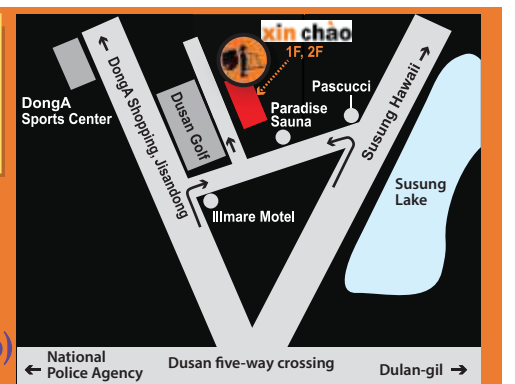
**DATE:** Aug. 10 - Aug. 14  
**LOCATION:** Areas of Tongyeong (Culture Square, Tongjeyeoung, Yi Sun-sin Park, etc.)  
**INTRODUCTION:**  
 Tongyeong Hansan Battle Festival commemorates the Great Battle of Hansan (1592), one of the four most famous sea battles in world history. Visitors to this festival will be able to see models of the geobukseon (turtle ship) designed by Admiral Yi Sun-shin and the ships used by the Japanese navy at the time. In addition to learning all about the battle, guests will be able to enjoy the beautiful natural scenery of Tongyeong. A variety of hands-on experience programs are available for visitors to learn in a fun way.  
**TRANSPORTATION:**  
**Express/Intercity Bus**  
 Take a bus from Gangnam Express Bus Terminal to Tongyeong Bus Terminal.  
**Bus**  
 Get off at Culture Square Bus Stop. Bus No. 101, 141, 200, 231, 301, 401, 420, 505, 530, 600  
**HOMEPAGE:** www.hansanf.org (Korean only)

*NOTE: Festival dates and info subject to change.*  
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# Concerts

## Music Festivals

### Urban Music Festival

Seoul, Jul. 6 & 7, 2 p.m., Sejong University, 66,000 won (1-day Pass), 110,000 won (2-day Pass).

### Poseidon(4SEIDON) Water Music Festival

Busan, Jul. 27, 1 p.m., Busan Asiad Auxiliary Ground, 55,000 won.

### NBA Busser Beat Festival 2019

Seoul, Jul. 13, 1 p.m., KBS Sports World Seoul, Korea, 39,900 won.

### Waterbomb Busan 2019

Busan, Jul. 13, Busan Asiad Auxiliary Ground, 77,000 won (Entrance Ticket).

### Jisan Rock Festival 2019

Gyeonggi-do, Jul. 26, 27 & 28, Jisan Resort, 182,000 won (Early Bird Ticket, 3-Day pass).

### Jeonju Ultimate Music Festival

Jeonju, Aug. 2, 3 & 4, Jeonju Stadium, 62,000 won (2-day Pass), 77,000 won (3-day Pass).

### Incheon Pentaport Rock Festival 2019

Incheon, Aug. 9, 3 p.m., Aug. 10 & 11, 11 a.m., Songdo Moonlight Festival Park, 120,000 won (3-day Pass - Early bird Ticket).

### Waterbomb Incheon 2019

Incheon, Aug. 10, Paradise City Culture Park, 77,000 won (Entrance Ticket).

### EDC Korea 2019

Seoul, Aug. 31 & Sep. 1, 2 p.m., Gwacheon Seoul Land, 125,000 won (Early Owl GA, 2-Day Pass), 180,000 won (Early Owl VIP, 2-Day Pass).

### KB Rapbeat Festival 2019

Seoul, Sep. 28, Gwacheon Seoul Land, 69,900-82,900 won.

## Concerts



### Leo

Seoul, Jun. 14, 8 p.m., Jun. 15, 6 p.m., Jun. 16, 5 p.m., Blue Square Imarket Hall, 99,000-110,000 won.

### BTS

Busan, Jun. 15 & 16, 7 p.m., Busan Asiad Auxiliary Ground, 99,000 won; Seoul, Jun. 22 & 23, 7 p.m., Olympic Park 88 Jandi Madang, 22,000 won (Entrance Ticket for LIVE PLAY In SEOUL), 99,000 won (Ticket for General Section).

### A.C.E

Seoul, Jun. 23, 5 p.m., Yes24 Live Hall, 99,000 won.

### Hwanhee

Seoul, Jun. 28, 8 p.m., Jun. 29, 7 p.m., Jun. 30, 6 p.m., ECC SamsungHall, 99,000 won.

### Totalfat x Riot Kidz

Seoul, Jun. 29, 6 p.m., CLUB bender, 44,000 won (standing).

### Sundeul

Seoul, Jun. 29, 6 p.m., Jun. 30, 5 p.m., Blue Square Imarket Hall, 110,000 won.

### Park Hyo Shin

Seoul, Jun. 29 & Jul. 13, 7 p.m., Jun. 30 & Jul. 7, 6 p.m., Jul.

5 & 11, 8 p.m., Olympic Park KSPO Dome, 77,000 (A section Reserved seats)-104,000 (S section Reserved seats)-126,000 (R section Reserved seats)-143,000 (SR section Reserved seats)-164,000 won (VIP section Reserved seats).



### Forestella

Busan, Jul. 6, 7 p.m., BEXCO Auditorium, 55,000-88,000-110,000-132,000 won.

### Young Joo Song & Sunny Kim

Seoul, Jul. 6, 6 p.m., JCC Concert Hall,

50,000 won.

### Jay Park

Seoul, Jul. 6, 7 p.m., Jul. 7, 6 p.m., Olympic Park Olympic Hall, 99,000-110,000-155,000 won.

### Nulbarich

Seoul, Jul. 20, 7 p.m., Muv Hall, 60,000 won (standing).

### Alexandros

Seoul, Jul. 21, 7 p.m., Muv Hall, 70,000 won.

### Jason Mraz

Seoul, Jul. 24, 8 p.m., Olympic Park 88 Jandi Madang; Busan, Jul. 26, 8 p.m., Busan BEXCO 1st Exhibition Hall, 110,000-132,000 won.

### Thom Yorke

Seoul, Jul. 28, 7 p.m., Olympic Park Olympic Hall, 99,000-110,000-132,000 won.



### The Chainsmokers

Seoul, Sep. 6, 8 p.m., Olympic Park KSPO Dome, 77,000-99,000 won.

For more information, visit Interpark's website: <http://www.globalinterpark.com/main/categoryList?dispNo=01003&prdTp=002>

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# Stripes Sports Trivia

On July 4, 1939, this Major League Baseball player was the first to have his number retired. It was also on the same day as he announced his retirement from The Yankees. Who is the Iron Horse?

**Answer**

Lou Gehrig

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### DID YOU KNOW?

**K**imchi, a fermented vegetable dish, is a staple dish in South Korea. There are hundreds of varieties available, but the one that Americans are most familiar with is made from salted napa cabbage and spices. Kimchi is often mixed with other vegetables like radish, onion and garlic.

### Hangul of the week

**돌**  
 dol (stone)

### Language Lesson

What do you want to eat?

**Mwo meokgo sipeoyo?**

## Crossword

by Margie E. Burke

**ACROSS**

- Smelting waste
- Got a perfect score
- Intense enthusiasm
- Kind of salad
- Wash
- Shove off
- Major work
- Unknown author, briefly
- Keebler's crew
- Kind of ad
- Familiarize
- Killed, as a dragon
- Gracefully trim
- Make believe
- Hibiscus holder
- Research facility
- SALT signer
- Kind of penguin
- Make a collar
- Giving a hand to
- Freeway mishap
- Blender setting
- Long, long \_\_\_\_
- Bring into harmony
- Pinball palaces
- Overseas, perhaps
- Drink like a dog
- Truce talk
- Form incorrectly
- Kind of symmetry
- Large butte
- Many moons
- Spotted horse
- Pirate's drink
- Colonel or captain
- Off
- Locks in a barn?
- Griffith or Garcia

**DOWN**

- Brings to a halt
- Jacket part
- Honda's luxury line
- Grapevine talk
- Astronaut Shepard
- Rummy relative
- Change with the times
- Easy chair site
- On one's toes
- Freed from anxiety
- Matthews or Chappelle
- Dutch \_\_\_\_
- Take a breather
- Sudden influx
- Kids' card game
- Memphis-to-Nashville dir.
- Where tide meets river
- Diva's rendition
- Record number?
- Therefore
- Laddie's love
- Fighting force
- Fiber source
- Computer screen dots
- Step up, as a conflict
- MLB player, eg. Jeffers
- Pentax product
- "The English Patient" setting
- Like Druids and Wiccans
- Knock over
- Annoying
- Perry Como's "\_\_\_\_ Loves Mambo"
- X or Y, in geometry
- Skating surface
- Fragrant herb
- "Grand" hotel in Vegas

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### Answers to Previous Crossword:

A	R	C	S	S	K	E	I	N	P	L	A	T	
C	A	R	E	P	I	A	N	O	V	I	V	A	
R	I	O	T	I	N	S	T	R	I	C	T	O	R
I	S	S	U	E	R	T	E	R	N	E	W	E	
D	E	S	P	A	I	R	R	I	D	E	R		
				S	T	E	M	S	E	R	A	P	H
C	O	F	F	E	E	B	A	R	R	E	L	A	Y
O	P	A	L	D	E	F	E	R	C	L	I	P	
T	U	N	E	R	L	I	F	E	S	T	Y	L	E
E	S	T	E	E	M	A	I	D	E				
	A	T	L	A	S	T	A	R	N	I	S	H	
H	I	S	I	T	E	M	L	E	A	N	T	O	
A	N	T	I	C	I	P	A	T	E	S	U	E	T
S	T	I	R	N	A	D	I	R	T	R	E	E	
P	O	C	K	S	L	E	E	T	Y	E	L	L	

## SUDOKU

Edited by Margie E. Burke

Difficulty: Medium

		1				8		4
	6				4		1	
5			3					
					6	9		
			1	3	2	6	7	
	5			4				1
7	2					1	5	
	3	9	7		1		6	
	1				9			

**HOW TO SOLVE:**  
 Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answers to Previous Sudoku:

1	9	4	6	2	5	8	3	7
8	2	5	1	3	7	4	9	6
7	3	6	9	8	4	1	5	2
5	1	9	3	4	6	2	7	8
3	6	2	7	9	8	5	4	1
4	8	7	2	5	1	9	6	3
2	5	1	4	6	3	7	8	9
6	7	8	5	1	9	3	2	4
9	4	3	8	7	2	6	1	5

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