

VOLUME 9 NO. 21

FEBRUARY 18 - MARCH 3, 2021

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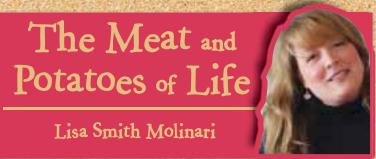
Learning to lose now in order to win in the long run

his month, we all bore witness to the horrific extremes that some people will go to in order to avoid losing. Although no one wants to fail, the vast majority of us won't turn to insurrection, violent assault or malicious destruction of property to win.

Besides, for most of us, personal success or failure is not gauged by national elections, the stock market report or the Super Bowl. Winning and losing happens in small moments throughout our daily lives. We all experience failure when we burn the toast, are late for a meeting or eat too much dessert. We succeed when we have a good hair day, make it to the gym or have a bonding moment with our teenage daughter.

Hands down, my husband, Francis, has the most self-esteem in our family. He nurtures his iron-clad ego by remaining in complete denial of his shortcomings, and celebrating himself daily. I, on the other hand, am one of those annoying women who can't accept a compliment, point out my flaws and minimize my accomplishments.

I recognize those tendencies in our children, too. Our son overcame symptoms of autism as a child but has a limited sense of social awareness, so he is generally secure and oblivious to judgement from others. Our



middle child inherited Francis' self assuredness, but our youngest struggles with confidence at

When Francis and I witnessed each child's sense of self emerge during adolescence, it was hard not to panic. Knowing that parenting contributes to whether a person feels like a winner or a loser was daunting. Of course, we recognized our children's accomplishments, and told them they were smart, funny, beautiful and talented. But being a self-doubter, I wondered if I was making mistakes.

When I was in 10th grade, I came home one day with big news. Throughout middle school, my self image was skewed: Fat, desperate, goofy, not very good at anything in particular. But a small personal triumph in ninth grade (I improved from worst swimmer on the team to middle of the pack) instilled a twinge of newfound ambition.

"Dad, guess what?" I announced at dinner.

"What is it. Lee Lae?" my father said affectionately, between bites of Swiss steak. My older brother, the family superstar, was a new plebe at the Naval Academy, and of course they were thrilled with his accomplishments. This was my chance to make them proud of me, too.

"I'm my homeroom's new representative for Student Government Association. They voted for me!" I stared at my father, waiting for his reaction.

He scooped a forkful of potatoes dotted with peas and chewed, his eyes glued to his plate ... another bite of steak ... more chewing.

Finally, he raised his eyes and his fork, and proclaimed, "You know what you need to do? You need to become President of Student Government. That's what you should do."

My father meant well. He was trying to say that he believed in me, that I had the potential to do anything. But what my fragile constitution heard was, "You're

not good enough." This simple moment had the potential to bolster my burgeoning sense of confidence, but instead, it reinforced my insecurities. In my adolescent mind, I had failed.

As parents, how do we encourage our kids to try, to improve, to practice, to achieve, without making them feel they aren't good enough? Ironically, experts say that we must teach our kids to fail if we want them to succeed. Disappointments represent a learning experience, when children can develop coping skills, resilience, creative thinking and perseverance.

At the same time, parents should help kids build self esteem without showering them with so much praise that they become dependent on validation. Studies show that "[s]uccess leads to feeling good about yourself, not the other way around." And one of the best ways parents can build a child's self worth? To model confidence themselves.

I never did run for SGA President, but I survived the gantlet of adolescence and went on to become a lawyer, a writer, a Navy wife, and a mother of three resilient military children.

I guess I am a winner after all. Read more of Lisa Smith Molinari's columns at:

themeatandpotatoesoflife.com Email: meatandpotatoesoflife@ googlemail.com



Jeju Fire Festival

The Jeju Fire Festival is one of the world's greatest fire festivals. It reinterprets with a modern take the cattle farming traditions of Jeju. In 2000, Saebyeol Volcanic Cone was selected as the official festival ground. The name "Saebyeol," which means "star" in Korean, was given because the area shines like the stars with many small volcanic cones within view. Due to the COVID-19 pandemic, the Jeju Fire Festival will likely be held online in early March. Please note that the festival's schedule and details may change depending on the situation.

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VARSITY VIDEOGAMING

DODEA's pilot esports program may expand to all Pacific high schools



TOKYO - Four Defense Department high schools in Japan and South Korea are in a pilot program to create a sanctioned esports program that, like high school athletics, could create a path for some students to higher education.

The goal is to eventually have schools in the Department of Defense Education Activity-Pacific competing in videogaming events at a varsity level, with a district championship, just like other school sports, DODEA program manager Tuya Rosenberry said in a Jan. 13 email to Stars and Stripes.

"There is a growing interest

among our students to participate in esports," she said.

The pilot program began in Au-

gust at Kubasaki High School at Camp Foster and Kadena High School at Kadena Air Base, both on Okinawa; Matthew C. Perry High School at Marine Corps Air Station Iwakuni, also in Japan; and Humphreys High School at

Camp Humphreys in South Korea. More than 100 students are signed up.

If the program succeeds, all four schools may establish esports varsity programs, or esports clubs could expand to all 12 DODEA Pacific high schools by the 2022-23 school year, Rosenberry said.

"We are capturing lessons learned and best practices, looking into equipment and network requirements and costs," she

Kyte Mettke, a junior esports club member at Kubasaki High School, said gaming has played a significant role in his social life both inside and outside of school.

"I've always loved playing games and played them with my family and friends," he said. "It's how I made some of my friends. I think gaming is a good way to

connect with the **EXCLUSIVE NEWS FROM:** people you love."

Once satirized as an all-consuming pastime for slackers, competi-

tive video gaming today at the professional level generates arena-sized events and prize money in the millions. The International 10 Dota 2 tournament last year, for example, offered the largest prize pool up to that time, \$34.3



Members of Matthew C. Perry High School's esports club meet at Marine Corps Air Station Iwakuni. Photos provided by Department of Defense Education Activity-Pacific. DODEA

million, according to Forbes magazine in August.

Colleges and universities have their own teams and some, like New York University, University of California Irvine, Southwestern College and Kansas-Wesleyan offer scholarships ranging from \$5,000 to \$20,000.

All military branches also have official esports teams that are often used as recruiting tools.

Organizing to compete

"I'm a lifelong video game player, ever since the Atari 600 in the '80s," Matthew C. Perry high school teacher Jason Perdew

told Stars and Stripes via Zoom on Jan. 5. "I would like to see this become a competitive sport with scholarship opportunities."

Two years ago, Perdew enrolled the Perry esports club in the High School Esports League, an organization for interschool competitions at both the club and varsity levels, so his students could cut their teeth at competition.

The difference in time zones posed a challenge as the U.S. organizations hold its tournaments on Eastern Standard Time.

"Students had to play at 6 a.m. before school, which can be taxing and tiring on the kids to have to get up that early and then have a full school day," Perdew

A stronger esports presence in the Pacific can help eliminate that problem, he said.

Esports teams also offer a competitive extracurricular activity for students unable to physically participate in sports, said Brent Church, a computer science teacher and esports club director at Kadena High School, by phone Jan. 7.

'Esports serves a demographic of students who might get overlooked," Church said. "It gives these students the opportunity to earn a letterman jacket, belong in a group and have something to look forward to at school."

Parental pushback

The DODEA Pacific teams play strategy games, virtual sports, first-person shooter and puzzle games. Popular games among students are League of Legends, Super Smash Bros., Fortnite and Rocket League, Church said.

Each school decided to vet a list of games with parents, he said. The Kadena club, for example, won't play first-person shooter games like Call



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Member of the esports club at Matthew C. Perry High School play on computers built and purchased by teacher Jason Perdew.

of Duty.

"We won't have any games with a mature rating that has violence or gore," he said. "We want to keep it wholesome and consider the sensitivity of all our students."

For parents still unsure about

their children playing video games rather than engaging in physical activity, Church said to consider the handeye coordination, team strategy and communication skills involved in esports.

"Besides, a lot of students play video games after school, so they might as well get social fulfillment and maybe even a scholarship out of it," he said.

The student players can't use the secure DODEA networks, so the club supervisors reached into their own pockets to purchase internet access and club equipment like PCs, routers and game consoles.

At Perry High, Perdew built the computers for the esports club himself from parts he already had or bought secondhand. Kids at all four schools are encouraged to bring their own consoles.

However, a console can be an expensive purchase, and not all students come from a home that can afford a \$500 gaming console or a \$1,000 gaming computer, he said.

Perdew said he

hopes that once esports is officially recognized as a varsity sport that schools will have equipment to lend to students. Until then, the clubs get by on fundraising, donations and teachers' money.

"I don't want any child to be excluded because their family can't afford it," he said.

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A STARS AND STRIPES COMMUNITY PUBLICATION

here are a few choice dishes that one might think of when dreaming of Korean food. Bulgo-

STORY AND PHOTOS BY CHIHON KIM,

gi, Korean barbeque beef, is one of those. Literally translated to "fire meat," bulgogi is just that... fire because it's so delicious! As you travel throughout the Peninsula and abroad, you'll notice there are a few variations on the way it is prepared. For the most part, however, ingredients like soy sauce, minced garlic, sugar, and sesame oil are standard for bulgogi.

If you're wanting to bring the taste of Korea to your kitchen, give this one a try. I dug deep into my memory to when I served in the Korean Navy and had to pull kitchen duty aboard ship for this bulgogi recipe.

kim.chihon@stripes.com

■ PREP TIME: 10 mins

■ SERVINGS: 4

COOKTIME: 5 mins ■ MARINATING TIME: At the least 3 hours or overnight

■ TOTAL TIME: 15 -20 mins ■ **DIFFICULTY**: Easy

INGREDIENTS



- ■Some thinly sliced mushrooms (shiitake, enoki, or button mushrooms) about 40g (optional)
- ■1 cup thinly sliced onion (150g)
- ■1 cup sliced scallions (80g)
- Sesame seeds (optional)

MARINADE

- ■1Tbsp minced garlic
- 2Tbsp minced onion (optional)
- ■2 pieces minced pineapple or kiwi, Asian pear, red apple (optional)
- 2Tbsp brown sugar (or 8Tbsp pineapple juice)
- ■3Tbsp sesame oil
- ■5Tbsp dark soy sauce
- ■Black pepper

INSTRUCTIONS

Choose the cut of meat: Tender parts of beef such as sirloin, blade, tenderloin are commonly used for this dish. While ribeye is used often, if you're comfortable with tenderizing meat cuts, then choose whichever you prefer. For my recipe, I chose a chuck roll, which is a little tough but less expensive than other cuts, but it still worked well for my bulgogi.

My way to make meat more tender: I usually use pre-cut bulgogi from the freezer section of a Korean grocery store. If you have a large portion of meat in your fridge or prefer to cut meat yourself, freeze the meat for about 2 hours, then slice it.

Not every cut of meat is melt-in-your-mouth tender, so I usually use pineapple to tenderize it. This is a good tip that I learned from the battleship kitchen. Minced Korean pear, red apple, or kiwi also work well.

Cut the meat into 2-3mmthick and place them in a deep pan or food container. If you get tough meat such as chuck roll. then cut it into 1-1.5mmthick slices.

2 Gather all the marinade ingredients into a bowl. Instead of brown sugar, I mixed in the juice from canned pineapple as well as a few pieces of minced pineapple and a minced half onion.





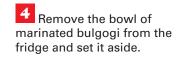








Marinate the meat for at least 3 hours. I sometimes marinate the meat overnight in the fridge like I learned in the Navy.



Slice the veggies thinly, then gently mix them in with the meat.

Over high heat, add the mixture into a pan and cook until the meat begins to sear. Be careful not to overcook the meat, so this process should take about 1 to 1.5 minutes per

Put black peppers and sprinkle sesame seeds on it. Serve it with a bowl of rice. Bon appetite or 잘 먹겠습니다! (Pronounced: jal meok-kesseum-nida)!











corner store near Osan AB is not the first place one might think to find a Philly cheesesteak. But, it is! In South Korea, there are many places where Americans can try to get a taste of home, but the Philly cheesesteak is not a common option. Min Yong-gi, owner of restaurant Philadelphia, however, is using his memories and flavors from his 15-year stay in the City of Brotherly Love to bring that Philly flavor to Pyeongtaek.

STRIPES KOREA

sports memorabilia. "I designed the dining area, as keeping in my mind someplace where soldiers can recall the memory of their childhood back home and feel cozy," Min said.

The simple Philly décor matches the simple menu which only has two sizes of cheesesteaks and fries. I ordered the lunch special that included an 8-inch cheesesteak, French fries and soda for 10,000 won (about \$10) to-go.

I didn't want to wait until I got home, so I decided

to dig in from my car. The warm, pillowy bread, which Min said is baked fresh on-site every morning, was delicious. The meat was cooked to perfection and the cheese completed this sandwich. The French fries were hot and crisp with just the right amount of seasoning.

Though I've yet to make it to Philly, this cheesesteak definitely took my taste buds on a vacation. Give it a try and on your birthday and get a free cheesesteak when you show your ID. Philadelphia is also a dogfriendly restaurant and Min offers treats to furry customers.

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ere we are, a year later and still hanging in at home to stop the spread of COVID-19. You may feel as if you've finished all of Netflix, but I'm here to show you some more great Korean hits streaming now.

Last time, I suggested a couple of dramas and movies you could

watch on the streaming service, so don't forget to visit korea.stripes. com for that list here.

Don't let these titles intimidate you — they're easy to follow and come with English subtitles!

kim.chihon@stripes.com

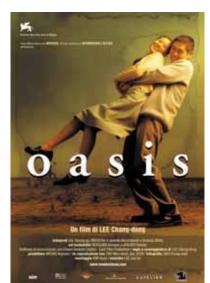
STRIPES KOREA

Fun Korean movies

Oasis - Drama, 132 minutes, Rotten Tomatoes score 90%, Audience score 84%

Released in 2002, "Oasis" is a drama directed by my favorite director Lee Changdong. The reason why I love his movie is the "realism" that pervades in the most of the movies he has directed. When you watch Lee's films, you are likely to feel as if you're watching a documentary. This film depicts an unusual romance between a social misfit just released from prison and a woman with severe cerebral palsy.

This film was highly acclaimed for both its cinematic quality and terrific performances, earning prizes



Oasis Photo courtey of CJ entertainment

at numerous film festivals. Lee won the Special Director's prize at the 2002 Venice Film Festival and Moon So-ri, who gave an inspired performance as a disabled person, was given the Emerging Actress prize at the same event. Oasis is an art film and despite there being no special effects or any explosion, it still manages to draw you in.

Snowpiercer - Cult Sci-Fi & Fantasy, 125 minutes, Rotten Tomatoes score 94%, Audience score 72%

This sci-fi action flick is directed by four-time Oscar winner Bong Joonho and is inspired by the French graphic novel "Le Transperceneige" by Jacques Lob, Benjamin Legrand and Jean-Marc Rochette. Though the film veers from the plot of the book, it does bring forth the authors' world view into the movie plot. Bong is also the director of awardwinning "Parasite," which like "Snowpiercer" also incorporates his signature critiques of capitalism and the wealth gap between rich and poor.



Snowpierce Photo courtey of CJ entertainment

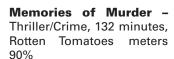
The film portrays a failed attempt to stop global warming which brings on a second Ice Age. The last human survivors on earth carry on their lives on a snowpiercer train that never stops. Each character's life is different based on what train car they live on. Each compartment car has its own unique symbolic elements, and a series of events take place when the lower-class tail-section passengers try to break through to the engine at the front of the train. Hop on the train and the young leader Curtis, played by Hollywood star Chris Evans, will make you join in the rebellion against the elite at the front of the train!

Welcome to Dongmakgol - Drama, War, Comedy, 133 minutes, Rotten Tomatoes score 86%, Audience score

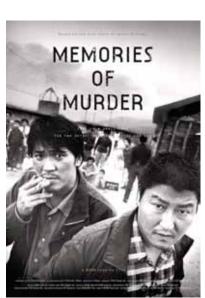
Though set in the cruelty of the Korean War of 1950, "Welcome to Dongmakgol" does not feature any war scenes or blood making it a good movie to enjoy with your family. Before watching this movie, I didn't expect much from this film because the poster didn't seem appealing. By the end of the movie, I was glad I didn't judge a movie by its cover!

The film begins when Captain Neil Smith, a member of the U.S. Navy, is caught in a mysterious storm of butterflies and makes a crash

landing into Dongmakgol Village, located in a pretty remote and mountainous area in Korea. The tension in the movie increases as South Korean, Allied and North Korean troops meet here. However, hilarity ensues as the villagers have no clue there is an ongoing war. Director Jang-Jin's gift here is to show a little light, laughter and humanity in the face of a tragic event like war.



Directed by four-time Oscar winner Bong Joonho, "Memories of Murder" is a masterpiece which made Bong a household name. Released in 2003, the film's plot is centered on true events surrounding serial rape-murder case in Hwaseong, Gyeonggi Province from 1986 to 1991. In this thriller, which will have you on the edge of your seat, Bong takes the viewer inside Korean society's darker side in the 80s.



Welcome to Dongmakgol

Photo courtey of Showbox

Memories of Murder

JSA (Joint Security Area) - Drama/Mystery, 110 minutes, Rotten Tomatoes meters 77%

This is one of those where the Rotten Tomatoes meter is a little off, because the audience scored this a lot higher at 91 percent "fresh." I have to say I agree with the audience, JSA is a good one to watch.

This 2000 film elevates Park Chan-wook from an ordinary movie director to a maestro. Twenty years since it's release, and this is still considered a theatrical masterpiece depicting the division of Korea through the precarious friendship

and tragedy between South and Nor

Mother - Horror/Thriller, 121 minutes, Rotten Tomatoes meters 96%

Here, another one of Bong Joon-ho's films. Despite the interpretation of "Mother" being a complicated story by critics, at its core, this film is a simple story about motherhood and the meaning of maternal love.

Famed Korean actor Kim Hyeja plays a widow with a 27-yearold son who has developmental disabilities. The plot involves a murder in which her son is implicated and the widow attempts to solve. Watch out for the impressive dance scene at the beginning reminiscent of Joker's bathroom dance scene in the 2019 blockbuster. I'm still wondering whether this is a coincidence or an homage. Check it out and let me know your thoughts!



Train to Busan - Horror/Thriller, 118 minutes, Rotten Tomatoes meters 93%

Released in 2016, the "Train to Busan" is a zombie flick directed by Yeon Sang-ho. After its release, this movie was harshly criticized at home, but foreign critics and audiences loved it. I liked it, too. This film depicts the main characters' struggle to survive on the train from Seoul to Busan while a zombie virus breaks out in South Korea. The film mostly takes place on a train and the unpredictable situation of every stop at the train station brings tension throughout the whole movie. Though its cinematic quality isn't that great, the plot and movie itself is very entertaining. If you're a zombie movie enthusiast like me, hop on the train to Busan.

File photo

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th's young soldiers.



Photo courtesy of CJ entertainmnet



in to Busan Photo courtesy of NEW

For shorter, easier watching - Korean TV

Sweet Home - Fantasy, Horror, Action, (season1, 10 episodes)

As demand for Korean content grows in Asia, Netflix continues to make bold investments in the production of Korean TV series. What started with another drama "Kingdom" in Dec. 2020, Netflix has nearly matched the production costs with the 30 billion won production "Sweet Home." This originally started as a digital comic which garnered over 1.4 billion views online before being picked up for its Netflix run.

The story starts as loner Cha Hyun-soo, who lost his family in a terrible accident, is forced to move into a shabby apartment. Life in his new place is quiet until a series of horrible incidents start to happen in the building.



Sweet Home Photo courtey of Netflix

Residents around him begin to convert into monsters designed by their hidden desires and Cha Hyun-soo must fight to survive. If you're big fan of creature feature movies, then this is one for you.

Strangers from Hell (Hell Is Other People) - Horror, Crime, Mystery (season1, 10 episodes)

Before watching this horror drama, I read the comic book series behind it. The illustrations were alluring and the story was so captivating that I finished the series in one sitting. The show, like the comic book, is worth a watch and, as I've said before, Koreans really know how to make a great horror show and movie.

The main character, Yoon Jong-woo, is a young guy who moves to Seoul from the countryside. While looking for a place to live, he runs across old Gosiwon, a cheap hostel with a shared kitchen and bathroom. Unpleasant events start to disturb his life once he settles in this building.



Strangers from Hell (Hell Is Other People) Photo courtey of OCN

The character really wants to leave Gosiwon, but he has to stick to his 6-month-plan while he saves enough money to move out. Can Yoon can survive until then?

Crash Landing on You - Comedy, Romance, (16 episodes + 3 special episodes)

Honestly, I'm not a big fan of this romance drama, but this one is worth mentioning. Crash Landing on You has enjoyed a good run in the trending lists on Netflix, not just in Korea but other Asian countries since its release in 2019.

The story follows a rich South Korean heiress who, while paragliding in Seoul, ends up crashlanding on the North Korean side of the DMZ. A North Korean guard finds her, they form a special relationship and romance ensues.



Crash Landing on You Photo courtey of TVN



Kingdom Photo courtey of Netflix

Kingdom – Horror, 2 seasons

Known for its delicate mixture of dramatized history and occult fiction, "Kingdom" is the first TV drama produced by Netflix in South Korea. This \$2-million-per-episode production is gaining steam for its incredible visual beauty and zombie theme set during the Joseon Dynasty.Gen. Adams retweeted Donahoe and added, "Not quite legally required. More like 'strongly encouraged.' You will be glad you did."



Mr.Sunshine Photo courtesy of TVN

Mr. Sunshine – Romance, 1 season

The TV drama series is about a Korean man becoming a U.S. Marine Corps officer and being embroiled in the national resistance movement against Japanese colonialists after returning to Joseon.

Let me first begin by clarifying — this is not my recommendation. I have included this pick as it was one publicly endorsed earlier this year by some leaders of USFK. So, instead of my commentary I will briefly summarize a series tweets by Maj. Gen. Patrick Donahoe, the Eighth Army deputy commading general, and Gen. Robert Abrams, the top U.S. commander in South Korea, on this romance drama.

It all started when Maj. Gen. Donahoe tweeted: "Fair warning. If you are coming to Korea, you are legally required to watch Mr. Sunshine before you arrive. It's on Netflix. That is all."

Gen. Adams retweeted Donahoe and added, "Not quite legally required. More like 'strongly encouraged.' You will be glad you did."





Korea Tip of the Day

Cyclists should know this when riding around ROK

STORY AND PHOTO BY CHIHON KIM, STRIPES KOREA

etting exercise and maintaining social distancing these days may also mean that for many of you, riding a bike is an option. In South Korea, traffic laws also include cyclists on the roadways.

One important rule to be aware of as you hop on for a refreshing bike ride around your neighborhood is that cyclists are required to walk their bikes through the crosswalk.

This applies to situations when you're on a designated bike path that leads through a

crosswalk. According to traffic law, when a vehicle hits a bicycle, it is considered a two-vehicle incident. To avoid this, cyclists are required to dismount and walk their bicycle across the crosswalk. There is an exception to this rule when riding through a designated red lane protected for cyclists, so you can ride freely across this lane.

Remember when riding a bike, if there is no designated bike lane, to keep to the right on the general roadway. Stay safe and happy pedaling!

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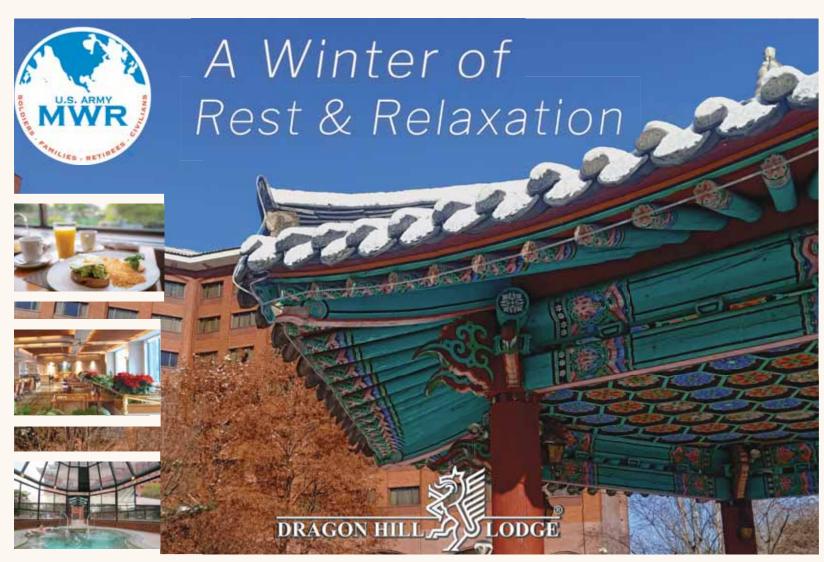
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FROM THE ARCHIVES

On May 14, 1945, Stars and Stripes published its first newspaper in the Pacific. To commemorate 75 years serving the military community in the theater, we're taking a look back at Stripes history through the writing and photography of a dedicated staff spanning generations. Stars and Stripes has proudly supported the Pacific military community since the beginning and will continue to serve the troops and families at the heart of our work.

-There's 'no sweat' riding (outside) copter

BY PAULA BERNSTEIN, STARS AND STRIPES Published:November 27, 1955

WITH U.S. 24TH DIV., Korea (S&S) — Sometimes a soldier balks at flying on his back outside a helicopter,

700 feet in the air.
"I just tell him
'no sweat'. The
ride will last 15
or 20 minutes,

and if he will

keep still, he'll enjoy it a heck of a lot more," says 1st. Lt. Paul Blomquist, who pilots the air ambulancss of the 54th Medical Detachment.

Blomquist is one of five Army fliers ready to take off in the "bubble" choppers within five minutes after getting a call to evacuate a soldier suffering gunshot wounds, skull fractures, broken bones, hepatitis or hemorrhagic fever.

"If the doctor says they have to go by helicopter, they have to go," Blomquist adds.

"Often people with brain concussions are scared." Blomquist "comforts them a little," and wraps the patients in sleeping bags before fastening them down with safety belts. When only one patient la flown, sandbags are strapped to the empty litter on the other side to balance the weight. Once in the air, the plane's balance is so "critical"



November, 1955: 1st Lt. Paul Blomquist, who pilots the air ambulances of the 54th Medical Detachment, secures a patient to the outside of his Bell H-13 Sioux helicopter. The aircraft is equipped with external stretchers — one on each side of the aircraft — to transport wounded soldiers quickly from battlefield to hospital. When only one patient is flown, sandbags are strapped to the other side to balance the weight. Photo courtesy of Al Ternes, Stars and Stripes

that Blomquist says his hands on the control stick can feel a patient's "slightest movement outside."

If a delirious soldier with

a brain injury manages to unfasten his safety belt, unzip his sleeping bag and thrash around in mid-air, Blomquist must set the chopper down immediately to preserve its delicate balance and save the. life of his patient as well as himself.

"Then I tie down with anything I can find, telephone wires





75.stripes.com

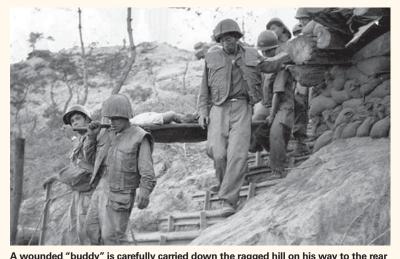
or ropes," he says.

Besides the five helicopters, two ambulances stand ready to deliver the 24th Division's sick and wounded to the hospital adjoining the chopper field.

"A few soldiers are nervous after flying outside the choppers, but most of them are so sick they don't care whether they're in the air or not," reports Capt. Virginia Brown, chief nurse at the hospital.

The quonset hut hospital here is equipped with an X-ray lab, pharmacy, surgery room, dental clinic, library, hobby shop and a patients' mess which opened Thursday.

Essential equipment and supplies remain packed and ready to move in a few hours in case of any emergency.



for medical care. Photo courtesy of @1952, Stars and Stripes

Rough withdrawal

BY WALTER CORD, STARS AND STRIPES Published: July 16, 1952

en of the Colombian Battalion - most probably 3rd Platoon, Company A of the 1st Colombian Infantry Battalion - and their South Korean Army counterparts carry one of their wounded men down Hill 400 after the conclusion of a successful raid on the hill. Lasting only an hour and 30 minutes the Colombians killed 28 enemy soldiers, destroyed its artillery positions and took the hill.

The platoon suffered 2 KIA and 15 wounded. By the time the Colombian Battalion returned

home on October 29, 1954, one hundred thirtyone of its servicemembers had died in combat, ten in wartime accidents, two of natural causes and more than 400 were wounded. But the Colombians also received twenty-five Bronze Stars with Valor, nine Bronze Stars, eighteen Silver Stars, and two Presidential Unit Citations (one from the United States and one from South Korea).

Colombia was the only Latin American country to dispatch troops to Korea during the Korean War - the 1st Colombian Infantry Battalion, which became known as the Colombian Battalion, arrived in country June 15, 1951 and during their deployment were attached to several U.S. Army Infantry Regiments.



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MILITARY SALES





ne of the most common phrases you'll practice when learning a foreign language involves expressing hunger or fullness. Food is a great entry point into a new culture and a new life abroad, plus they are a fun way to show off your language skills before or after a meal with friends.

"I'm hungry."

- = 배고파요. (baegopayo) "I'm full."
- = 배불러요 (baebulleoyo)
- •bae = stomach
- · qo-peu-da = to be hungry
- · bu-reu-da = to be full

VIDEO LESSON



ood is an important part of every culture and it is a good way to share our culture and our love. If you are invited to your friend's home for a meal, the host might continue to try to give you more food as a courtesy even if you say you have had enough food.

Here's a polite way to tell your host you're done with your food:

"No, thanks."

- = 아니요, 괜찮아요. (aniyo, kwaenchanayo)
- · aniyo = No
- kwaenchanayo = be stuffed

"I'm full."

- = 배불러요. (bae-bul-leo-yo)
- •bae = stomach
- bea bureuda = be stuffed

VIDEO



hen you visit a Korean treet addresses in South Korea restaurant and are done with your tasty meal, here is a phrase to let the staff know you're done with your plate.

"could you please clean this up?"

= 이것 좀 치워 (해)주 시겠어요? (igeot jom chiwo jusigesseoyo?)

- igeot = this
- jom = please
- · chiwo = clean up
- (hae) jusiqesseoyo = could you

VIDEO LESSON



ow do you stay in touch with friends or family you don't live with? Whether it's in person, by phone or email, check in and practice a few new Korean phrases. Strengthen your vocabulary and impress your friends during social distancing with the words below.

"Long time no see!"

- = 오랜만이에요! (oraenmanieyo)
- = 오랜만입니다! Formal (oraenmanipnida)
- · oraenman = long time

VIDEO LESSON



hether you're going out to eat at a restaurant or planning to cook a meal at home, choosing what to eat is so difficult. But that doesn't mean you can decide alone what to eat ignoring your friends' liking. Let's learn a Korean phrase that will help you share your thoughts when deciding the menu together.

"what do you want to eat for dinner?"

= 저녁으로 뭐 먹고 싶어요? (jeo-nyeog-eu-lo mweomeog-go-sip-eo-yo)

- ·a-chim = breakfast
- · jeom-sim = lunch
- jeo-nyeog = dinner

VIDEO LESSON

Korean

BY CHIHON KIM, STRIPES KOREA

kim.chihon@stripes.co



Speakin' pojanghae





utumn in Korea is relatively short, so expect the daily temperatures to begin to drop rapidly. During the cold weather

this phrase when you express your concern about someone's condition: "Be careful not to

months, we take special care to avoid

catching colds or getting the flu. Try

- = 감기 조심하세요. (Gamqi josim-haseyo)
- · gamqi = cold

catch a cold"

• josim-haseyo = be careful

VIDEO LESSON



f you're at a Korean restaurant and see something that looks irresistibly tasty but spicy, you may hesitate to try the food. It's a good way to ask a server how spicy the food is before ordering your meal if you have a low tolerance for spicy food. If you want to ask a server how spicy the food on the menu, you can use this phrase.

"Is this spicy"

- = 이거 매워요? (Igeo Maewoyo?)
- igeo = this
- · maewoyo = spicy

VIDEO LESSON



s USFK has raised its current health protection condition from "Bravo" to "Charlie" for all areas within South Korea, getting carry-out food at a restaurant is the only option. Don't be disappointed, there are many eateries offering take-out and if you learn to use this key phrase, you'll be able to grab your favorite food to go.

"Do you have carryout?"

- = 포장되나요? (po-jang doe-na-yo)
- pojang = to godoe-na-yo? = available?

"To-go please."

- = 포장해 주세요. (pojanghae juseyo)
- · pojang = to go
- juseyú = pleáse

hen you taking a taxi or someone is giving you a ride, you might want to use this useful phrase when you arrive at your destination:

"Please drop me off here."

- = 여기서 내려 주세요. (yeogiseo naeryeo juseyo)
- · yeogiseo = here
- · naeryeo= drop off
- juseyo = please

VIDEO LESSON



Stay safe and keep an eye out for the next Speakin' Korean lesson!

might be a little confusing and even for a taxi driver who spends all day roaming the city. Instead, you'll find many Koreans use landmarks to describe their destination instead of

So, when you're in a taxi and the driver reaches the area, try this phrase so they know to drive up a bit closer to your desired destination.

"Please go little more"

- = 조금만 더 가주세요. (joqeumman deo qa juseyo.)
- jogeumman = little
- deó = more
- qa juseyo = please qo

VIDEO LESSON





Stripes Sports Trivia

Most people know him for throwing no-look passes, winning MVP, and a Super Bowl title, but did you know Patrick Mahomes' dad played in the MLB? A right-handed starting pitcher, Mahomes played for 6 Major League teams with a brief gig playing for the Yokohama BayStars in the middle. Which team did he debut for?

Answer

Minnesota Twins



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KNOW?

ontrary to popular belief, dog is not a traditional meat consumed in Korea. Only a very small percentage of South Koreans have tried it, and there are many people who speak out against consumption of dog meat.

Hangul of the week



Language Lesson

It's a hot day outside.

Oneul bakki neomu deowoyo.



Crossword by Margie E. Burke **ACROSS** 1 In this way 5 Bailey of "Hello, Dolly!" 10 Bubbly drink 14 Second to none 15 Sharpshooter Oakley 16 German automaker 17 Fountain fare 18 Plum or apricot, 20 TV show opener, often 22 Cattle catcher 23 Something to lend 24 Vigor's partner 25 Lament loudly 27 Descend 30 1942 flick "My Sal" 33 Go bad 35 Handel specialty

- 4 Clothing line? 5 Footnote word
- (var.) 40 Seductress
- 41 Roof projection
- 43 Not too bright
- 44 Pricing word

37 Kilauea flow

38 Small variety

- 45 Uncontrollable 48 Crv softly
- 49 Very long time
- 50 Suds source
- 53 Met highlights
- 56 Roy Rogers
- ingredient 59 Shrewd bargain
- 61 Flat floater
- 62 Cut. maybe
- 63 Hardens, as clay
- 64 Troop group
- 65 Flat-topped hill 66 On one's toes
- 67 Small particle

DOWN

- 1 Small sample
- 2 Bia to-do
- 3 1977 Alan O'Day hit.

- 6 Place in a crypt
- 7 Soon, to a poet
- 8 Skin infection
- 9 "School Daze"
- director 10 Word before
- reef or snake
- 11 Composer's creation
- 12 Kauai keepsakes
- 13 Type of sax
- 19 GM's birthplace
- 21 Like some grins
- or twins
- 28 Make-up artist?
- 29 Furry one, in
- internet slang
- 30 Concert
- keyboard
- 31 Intentions
- 32 Easy run
- 33 Sow's chow
- 34 Finish a drive? 36 Chef's need
- 38 Left-handed

42 Hugh Laurie 53 "Excuse me ... series

39 Essential

43 Comedian

Carvey

lure

47 "I swear!"

51 Ill-suited

46 Birdwatcher's

48 Rigatoni, et. al.

54 Went on horse back

52 Midler of music

- 55 Van Gogh flower
- 57 Garden tool
- 58 Part of Ringo's
- kit
- 60 Schedule abbr

Answers to Previous Crossword:

L A T T E LARK A R R O W A E R Y S M O K E S T A C K 26 On a trip, maybe POSE SHIPSHAPETERSE E A S E L M E N T O R A B E N T INCITE INTIME I M A G O D I S S E M B L E DEGENERATE

SUDOKU Edited by Margie E. Burke **HOW TO SOLVE:**

9 2 7 8 6 4 1 9 1 2 3 2 9 8 1 6

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9: and each set of 3 by 3 boxes must

Answers to Previous Sudoku:								
1	4	5	6	2	9	7	8	3
2	9	3	5	8	7	6	1	4
8	7	6	4	1	3	2	9	5
3	5	7	2	9	1	8	4	6
9	6	8	3	5	4	1	2	7
4	1	2	7	6	8	3	5	9
5	8	4	1	7	6	9	3	2
7	3	1	9	4	2	5	6	8
6	2	9	8	3	5	4	7	1

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