Got a great shot of mainland Japan, Okinawa, Korea or Guam? If so, submit it and maybe it’ll end up on the front page of Welcome to the Pacific.

Photo deadline: Jan. 15

SEONGSU-DONG
Handcrafted footwear in a hip area

PAGES 12-13

Dear

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LEADERSHIP IN ACTION
IMCOM-P NCO of the Year embodies excellence

STORY AND PHOTO BY SPC. MATTHEW MARCELLUS, USAG HUMPHREYS

CAMP HUMPHREYS – The unbreakable spirit of strong and effective leadership defines the role of an Army leader, is a vital aspect of the Army’s success and provides for soldiers to reach their warfighting potential in an ever-changing world.

For Sgt. Brennan M. Wamble, a native of Chicago and an air traffic control operator assigned to Headquarters and Headquarters Company, United States Army Garrison – Humphreys, the value of his leadership was on full display after he won the HHC Soldier of the Quarter, HHC NCO of the Quarter and ultimately the U.S. Army Installation Management Command – Pacific NCO of the Year competitions in 2020.

“I define leadership as being brave enough to want more, but also being disciplined enough to work for it,” said Wamble, reflecting upon the pressure that Army leaders often handle. “I think everyone should strive to want more, but also being disciplined enough to work for it.”

The IMCOM-P NCO of the Year competition determines the top NCO from across the command’s garrisons in the Pacific region, including installations across South Korea, Japan, Hawaii, Kwajalein and Alaska, through a rigorous competition designed to stress the competitors’ soldier skills and Army knowledge. This year’s competition was held in a much more virtual format than previous years’ events, in response to the COVID-19 pandemic, demonstrating the Army’s continued commitment to the health and safety of its soldiers and communities.

“Because the competition was a lot more virtual, people had a lot more time and opportunity to compete,” said Wamble. “We got everything way ahead of time. I tried to make myself look extremely good on paper by showing all of my awards and accomplishments while scoring a 300 on the Army Physical Fitness Test. I strove to be the best at each category that the competition offered.”

Finding a sense of inspiration and drive in an ever-changing world, Wamble emphasizes the importance of this belief. “I define leadership as being brave enough to want more, but also being disciplined enough to work for it.”

“I try to lead by example, my soldiers see my work every day and I make sure that I am trying my best because I’m a role model to them,” said Wamble. “They look at me and say ‘Sgt. Wamble works hard, if he does that then why shouldn’t I do that?’”

Mentoring junior soldiers is an important part of being an NCO, ensuring that soldiers maintain a strong sense of readiness, lethality and proficiency at their tasks and specialties.

“The most important part of mentoring another soldier for me, is being able to do the job right and being able to motivate,” said Wamble. “When it comes to balancing soldier training with ATC training, we have an intense training program. As a leader, I can impact my soldiers’ ability to be powerful and lethal by leading by example.”
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Dear Mom 

I am thankful that you clean my room and wash my clothes. I am thankful for the way you treat me with care and love. Dad, you are thoughtful, brave, and selfless. You never put yourself first and you think of your children’s needs above your own. I am thankful that you take time to talk to me and understand me. I am also thankful for my allowances and for letting me spend my money on Pokemon Go and X-Box. I am also thankful for you going out on raids with me. You both work tirelessly for our family to ensure we are taken care of and have fun. I am grateful for movie nights on the big screen, bike rides, card games and cool vacations to Disney and Hawaii.

Because of your family-first values, our family has bonded together as much as the golden reef weaver spider’s web in our backyard. I love you both and thank you for all you do for me.

Love,

Caelan, 6th Grade

Dear Parents,

Thank you for everything you’ve done for me, every morning you wake up with me. Every morning you make me breakfast so I’m not hungry all day. When I come home you ask how my day was and you’re always there to listen to what I say. You give me so much for me to enjoy, every night you make sure I have everything ready. You taught me how to use important things from a simple pencil to smartphones. I have learned, what would seem like simple things, but actually very important things, from you. Every time I fail, you’re always on my side helping me. Your presence makes me feel safe and secure. I feel like I’m a part of your family and I’m grateful for you.

I have problems or questions and you always have an answer to anything I ask. I love you guys to the bottom of my heart and always will.

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Love,

Caelan, 6th Grade
Dear Mom and Dad,

I am thankful that you brought me into this world and show me love. I am also thankful that you care about our education. You have taught me how to read, write, talk, and prepared me for school which helps me right now and it will help me in the future. You have helped me in quarantine because of the pandemic that is currently going on right now. This is why I am thankful that you are my mother.

Sincerely,
Sumeijah Murphy, 6th grade

Dear Kevin Do,

I am so grateful for you! You are helping your lives to save other people. Most people wouldn’t do that. You are heroes to me. You let the people know that there is hope and that we can fight this virus. When I hear on the news about doctors helping patients with COVID-19 it makes me smile because I know you guys are there. A lot of people have given up in the world, but you doctors must stay positive and keep moving forward. This means the world to me. It is very important that how many people were saved during this time. You’re the reason so many people are surviving. Keep doing what you’re doing because you’re the reason I still have hope! Thank you for everything.

Sincerely,
Dylan Layman, 6th grade

Dear Dr. Murph,

I am very interested in writing a letter to you since most of the time we call but I need to tell you about the articles that I have read about you. Gratitude helps you feel more positive emotions, good experiences, improve your health, deal with adversity, and build strong relationships. Gratitude has also been linked to better physical health, as well as better sleep and reduces stress levels. You can live a much better life when you’re grateful because as you improve your relationship to the world, you feel better within your body. Gratitude shows how much you appreciate things and how much you care for it. It also shows how kind you can be to one and another. Practicing gratitude can benefit your health and to keep moving forward. Gratitude helps with relationships to keep us healthy. This is because the people that you hang out with or spend time with make you feel appreciated and encourage you to stay together. And most of all, the relationships will always manage to maintain health and help you be thankful for all the good things that are happening in the present, no matter how big or small those might be.

You can make gratitude a part of your daily life. All you need to do is do most of these simple things. You can keep a gratitude journal, you can tell someone that they are special and you appreciate them, you can smile more often to people, you can do random acts of kindness, don’t judge others, pay attention to the present and not the future, and you can meditate. These are all some of the things that you can see gratitude in for your daily life.

I am grateful for my family, food, water, and the roof above my head. Without any of these things I don’t think I would be able to. But thanks to my parents for bringing me up, there would be no change because of me. I appreciate everything they do for me and so should you.

Sincerely,
Kagaya Politman, 8th Grade

Dear Ms. Garcia,

Now that I’m in 6th grade I realize how hard it actually is. Thanks to you though it has been so much easier. In 5th grade, I was worried about 6th grade and what it was going to be like. I have used some of the skills you taught us to make it 10 times easier this year. Two things that I thought that I really need in 6th grade is time management and getting stuff turned in on time. These two skills are super important and have helped me in all my classes including your science class. Thank you for preparing me.

Sincerely,
Dylan Layman, 6th grade

Dear Doctors Working with COVID-19 Patients,

I am so grateful for you! You are helping your lives to save other people. Most people wouldn’t do that. You are heroes to me. You let the people know that there is hope and that we can fight this virus. When I hear on the news about doctors helping patients with COVID-19 it makes me smile because I know you guys are there. A lot of people have given up in the world, but you doctors must stay positive and keep moving forward. This means the world to me. I will never forget how many people were saved during this time. You’re the reason so many people are surviving. Keep doing what you’re doing because you’re the reason I still have hope! Thank you for everything.

Sincerely,
Anthony Carver, 6th Grade

Dear Mr. Rubik,

Hello Mr. Rubik! I hope you are doing well. I’m writing this letter to you because I want to thank you so much for creating the Rubik’s Cube! It is really fun for you, and it also allows stress for me. Cubing has helped me make awesome friends, and has also given me something that I am truly passionate about. It is the only hobby in my life that I have not abandoned after a while. Learning how to solve the Rubik’s Cube was really difficult, with all of the different methods and hundreds of algorithms. But unlike some other difficult things, I didn’t give up one up. I just kept practicing and practicing, until I could finally solve it. The thing I like most about Cubing is being part of the Cubing Community. It’s something I feel very proud of. Once again, I really want to thank you for creating the Rubik’s Cube! I hope you have a good day, Mr. Rubik!

Sincerely,
Jillian Cho, 6th grade

Dear Mom and Dad,

You have been hard on me sometimes but that is how I know you care and love me. You are harsh because you want me to know and see what it going to happen in the future. I think you are mad at me, but really, you are just teaching me. Thank you so much Mom and Dad.

Love,
Alessandra Mai Mercorio Babalbos, 6th grade

Dear Master Kishimoto,

I would like to thank you for making my favorite anime, Naruto. I’m very grateful for that. I’m making Naruto, you have given me a way to make new friends. This is because when I was little, I did not have many friends or knew how to make friends. When I saw that Naruto had no friends I felt sad, but when he made friends I thought I could make some too. Because a lot of people like Anime, I find friends now much easier. Your creation also makes me happy because when I am sad or have had a long day I can sit back and watch Naruto (Although it did make me cry a couple of times).

There are some Questions I would like to ask if I meet you. 1. Obviously I would ask for an autograph. 2. What happened to Ramen guy (Erocho)? 3. Why did you kill-Zabuza and Obito? I felt like Obito and Naruto would have been great friends and I really wanted-Zabuza to see Naruto become Hokage 4. And if you get the chance could you do a spin off series with One piece?

Sincerely,
Austin Hanson, 6th grade

Dear Doctors and Nurses,

I am writing this letter to you to thank you. Covid-19 has been a big turning point in history, and you have been a big part of it. You have been taking care of people and saving lives throughout this tough time. One day kids are going to learn about Covid-19 and you are going to be a big part of that story because you are risking your lives every day to save people. I want to be a doctor when I grow up and be just like you. I want to help people and take care of them. Thank you for all the work you have done and the people you are saving! You have inspired me!

Sincerely,
Aynai Godfrey, 6th grade
YONGSAN GARRISON — The day President Truman signed the order desegregating the military in 1948, now-retired Lt. Col. Herbert E. Carter remembers a mix of emotions among his fellow black aviators.

The decision meant the Tuskegee Airmen — an all-black group of pilots, who trained and fought together in World War II, in the skies over Europe — would no longer be assembled in one group but be dispersed among different Air Force units.

It meant the realization of a long-time goal — racial equality, at least in one segment of society — but also the end of an era.

“You see in my group, we had been together since 1942 for some six years,” said Carter, who, at 84 years old, looks two decades younger.

“There was that esprit de corps, that fellowship, that unity. Now we come to realize we were going to be shifted to the four winds. You were going to lose that camaraderie.”

By the end of World War II, the Army Air Corps had trained 992 black men at the Tuskegee Air Base, South Carolina, for Black History Month.

“Today it might be Muslims, tomorrow it might be anti-Semitic. You still need attention.

“We have not eliminated racism in America, and there are people just waiting for an opportunity to let it rear its ugly head again,” Carter said.

“Today it might be Muslims, tomorrow it might be anti-Semitic. You still have people who feel and think the African-American is inferior and not equal to them and should not be in public school with them.

“It isn’t dead,” he said. “It’s been reduced tremendously, but there is still much work to be done.”
More notes on Arthur Godfrey’s trip to Korea

BY AL RICKETTS,
STARS AND STRIPES
Published: April 19, 1960

MORE NOTES ON ARTHUR GODFREY’S TRIP TO KOREA: Between chop- per flights and surprise visits to military night clubs, Arthur made several appear- ances on AFKN-TV. He gave the weather report last Friday night (explaining that he had been taking showers for years “but I didn’t learn how to take a bath till I got to Japan”) and showed up Saturday after- noon for a two-hour radio-TV simulcast.

The Saturday shindig drew an estimat- ed 1,000 fans who had come to Vagabond Hill to watch Joe (Stickbuddy) Cooper and Al (the Sound) Evans bury the hatchet at the end of their heated feud over hillbilly and pop music.

Godfrey, sporting an olive drab field jacket, strummed his uke and sang at length for the receptive crowd. In the end, Country Cousin Cooper presented the grinning redhead with a framed certificate that made him a member-in-good-standing of the Piney Woods Rooters Club, of which Cooper is something called “the supreme exalted nabob.”

We, too, were admitted to the Piney Woods club after Cooper introduced us to the highly partisan crowd as “the man who started all this.” Our heart sang with joy when we were greeted with friendly cries of “Boo!” and “Git that fat man off thuh stage!” Nevertheless, it was a pie-munch- ing social of the first order.

While Fran Scott (Tony’s wife) poured gal- lons of green tea, Arthur and Tony had a ball.

Aided by top-flight kotoist Shinichi Yuize, Tony played two of his own com- positions (“The Cranes in Vie Winter Fly Away” and “Cherry Blossoms Falling on Children Playing”) for the chor- riling Godfrey.

Back in Japan after his whirlwind 36-hour tour of Ko- rea, Godfrey continued to tape a one-hour radio pro- gram every day. Before leaving for Korea he did a hotel room show with Jack Benny, staged a jam session in which Benny fiddled while Arthur uked (?). Both Benny and Godfrey wore yukata for the occasion.

Arthur’s last day in Japan (Tuesday) was event in a taping session at the home of clarinetist Tony Scott, who has staked out a little claim in the heart of old Shinjuku.

While Fran Scott (Tony’s wife) poured gal- lons of green tea, Arthur and Tony had a ball.

Aided by top-flight kotoist Shinichi Yuize, Tony played two of his own com- positions (“The Cranes in Vie Winter Fly Away” and “Cherry Blossoms Falling on Children Playing”) for the chor- riling Godfrey.

Later on, Mitsubu Oyama, a country boy who plays some swinging samisen, and a cute little singer named Hiroko Moriysasu got into the act. Arthur struggled mightily with a difficult Japanese folk song but got the hang of it in time to back Hiroko with his faithful uke.

Unfortunately, the wildest part of the whole session wasn’t taped. The Shinjuku Jazz Quartet (consisting of uke- leke, clarinet, koto and samisen, with Hiroko joining in) sat down in an- other room to wail their way through an unusual version of “St. Louis Blues.”

Arthur left Japan Tuesday night but plans to return in June to film a television special featuring Japanese talent.

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2020 OPEN SEASON
Mon. Nov. 9 – Mon. Dec. 14
As we sat there planning trips for the school vacation during monsoon season, my friend Melanie and I knew that we needed a flexible indoor and outdoor plan. Something that was fun for the kids, as well as of interest to the adults; somewhere the children could run around but wasn’t too expensive or too far to travel. Were we aiming too high? Apparently not, because we managed to create a great day out for everyone in Cheongdo at the Persimmon Wine Tunnel, and the Rail Bike.

Cheongdo, a small town south of Daegu, is mainly known for bull fighting. However, with the pandemic, the public stadium and museum have been closed to the public recently. Less commonly known is that the Cheongdo region is noted for growing persimmons. Persimmons are not a well-known fruit to most Americans, but here in Korea, they are deeply rooted in tradition, culture and mythology. This orange fruit grows on trees from October to December. As well as being eaten fresh, dried and juiced, persimmons are used in candies, desserts, salads, and to make tea and vinegar. Persimmons were traditionally used as a natural dye for clothing and wood. The juice of unripe persimmons dyed fabric a brownish orange and helped ward off insects and prevent mould. It is this fact and the belief that “ions” from the bricks aid in the fermentation process, that make the tunnel an ideal place for storing the wine.

After the recent rain, the tunnel was damp underfoot but still suitable for strollers and was a nice relief from the humidity outside. Inside, there are huge vats containing the fermenting juice and crates of bottled wine of different vintages. The tunnel was also filled with fun photo opportunities. While most of these were wine or dining related, there was also a black light room and the children definitely enjoyed themselves posing with the various props and scenes. The tunnel was free but at the entrance is a shop selling both dry and sweet wines and other persimmon products. Persimmon wine is definitely an acquired taste – even the sweet version is quite bitter. The wine tunnel is located in a small village in the countryside outside of Cheongdo. Parking can be difficult on weekends and during the high season. There are a number of cafes and restaurants in the local vicinity, including a frog themed café. The Wine Tunnel is open daily, all year round.

As the rain was holding off despite the clouds, we drove south of the city to the Cheongdo Rail Bike. Nestled in a valley and along the Cheongdocheon stream, the Rail Bike is a 4-person cart that you pedal along a rail track. The children were very excited as we set off but it was hard work for those of us providing the leg power! The bikes are heavy and we were relieved to reach a slight downhill to give ourselves a rest and a chance to enjoy the picturesque countryside. At the end of the track, a turntable sets the bike on its return journey and luckily, a pulley gets the bike up that slope we so freely coasted down on the way out. The trail is 5km in length and takes around 45min. Prepare to feel leg burn the next day!

A 4-person rail bike costs 20,000W; discounts are available for large groups. The Cheongdo Rail Bike area also includes 2-seater road bikes for rent, campsite, mini train, mountain bike jump course, playpark and duck boats. There is a small 7/11 shop but no restaurant or café. The Rail Bike is open daily, all year round.

To finish up our day, we ended up at a cute café called Souju. The food was Korean with a couple of Western dishes, and they had a group room available to use. Despite the excellent food and setting, the highlight for the children was the small water stream running through the grounds. By this time, the rain had started up again but they happily spent the rest of the afternoon splashing around in the water.
Plenty to see and do at Mangmi-dong’s F1963

F1963 is a successful example of adaptive reuse. The former wire factory has been transformed into an awesome art complex. What once produced wire ropes for almost 50 years now produces delicious coffee, beers and provides a venue for artwork, books, music and plants. Dynamic Busan Magazine lists five great reasons why to head to F1963.

Take your time and linger among the many wonderful books.

Hours: 11 a.m. to 8 p.m. weekdays; 11 a.m. to 9 p.m. weekends

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I have been searching for an escape from the city where you can roam freely on the road without traffic jams or traffic lights? Go-karting tracks in South Korea are bringing the speed and action you may be looking for.

A recent trend in the country is combining go-karts and high-speed racetracks for an experience beyond what you’d expect.

I recently visited Inje Speedium, a go-kart racing venue featuring a sea horse-shaped course with various elevation changes where you can get your kicks by driving freely and very fast.

Inje Speedium is a place where people who dream of becoming professional racers can go to try their hand at karting on a circuit like a professional. The race track meets the global standards (Fédération Internationale de L’Automobile - FIA Grade 2), drawing kart enthusiasts from all over.

Unlike other karting tracks, this track has a width of about 14 meters and is 1.3 km long. So, bring your friends because the generous width of the circuit allows others to attempt to whiz by as they vie for first place.

It took me about a lap to get used to the track, but soon I was flying at a speed of 70 km per hour. I felt like I was in a convertible going way faster than that.

With every turn, the massive G-force reminded me I was driving on a real racetrack.

ABOUT THE KARTS

There are three types of karts you can ride at Inje Stadium. The first is a recreational kart (25000 KRW or about $22 per 10 min) which is the standard go-kart available in the states. These karts are for children over 11 years old, as they are low-speed and are mostly just for entertainment.

In Korea, a go-kart is commonly referred to as small kart for kids. So, don’t expect the U.S. standard go-kart when you ask for one in Korea, they will surely take you children’s kart. Instead, ask for a circuit kart.

Circuit karts weigh about 154 pounds, are powered by four-stroke engines with nine horsepower and will set you back about 30,000 KRW per 10 minutes.

The track is a fun way to get some speed and have fun with your friends and family. Also, good to note: karting experiences vary by stadium, thus mak-
There are only two places in Korea where the official go-karting racing competition is held: Paju Speed Park and Korea International Circuit (KIC). The coolest thing about these tracks is that there is no speed limit, unlike the Inje Speedium track with a max speed limit of 70 km.

Located in the Yeongam-gun, Jeollanam-do region, the Korea International Circuit (KIC) is the hybrid F1 circuit that is about a three-and-a-half-hour drive from Camp Humphreys and Osan Air Base. Their miniature go-kart circuit reflects the feature of the real F1 race track. Their sport kart has a top speed of 60km and costs 25,000KRW per 10 min. You’ll need to get a circuit license (about 150 min. and 100,000 won) if you want to drive a racing kart with no speed limit.

The Paju Speed Park is located north of Gyeongi-do, and its 1.2 km-long, 12-meter wide kart circuit is just for the go-karting (50,000KRW per 10 min). Racing from the 12 corners and 2 hairpin corners are the real charm of go-karting.

You know, drifting kart in Mario Kart game is easy as a pie, but the real racing was a different story. And who knows, you may just be a racing champion in the making. Some of the best professional drivers - Michael Schumacher, Daniel Riccardo, and Lewis Hamilton - all began their motorsport careers in karts.

Perfect fit for you.
And, while you’re there, take some time to enjoy the nature that surrounds the track. The mountainous region of Gwangwon-do is home to Wonaeri, a birch forest that is great for hiking. The forest is rich in snow-white birch, which grows thick along the mountain path. (Note: Entrance into the forest will be available after May 16 this year.)

To counter the stroll through the forest, a thrilling go-kart race at high velocity might be just what you need. Inje stadium will definitely have you flying by the seat of your kart and feeling like a professional driver.

Directly across from the track’s grandstands, find the Inje Speedium Classic Car Museum, featuring a touch of nostalgia with vintage cars. Check out the seven different display spaces featuring classic cars. Hop into a light-weight roadster MG MGB from the late 1960s for a quick pic. The space of the museum divided into various zones inspired by racecar films. Check out the old garage and gas station zone, part of a scene from Australian crime thriller “Son of a Gun,” which features many cars from the 1970s to 2000. The size of the museum is smaller than others and the entrance fee is not cheap (12,000 won per adult) considering the number of displays. But, for classic car enthusiasts, this is worth a gander.

Price: Service person, group over 10 people (6,000KRW)
Open Hours: Jan to Dec 10 a.m. to 6 p.m. (closed every Monday)}
SEONGSU-DONG

Hip neighborhood continues decades-old tradition of handcrafted footwear

STORY AND PHOTOS BY CHINON KIM, STRIPES KOREA

Seongsu-dong, located in central Seoul, is historically a semi-industrial district known for its handmade shoes and stylish cafes in repurposed warehouses and factories. Old print shops and small factories in this neighborhood have been converted into restaurants and art galleries, making it a hot spot for fashionistas and local shoppers.

In the 80s, shoe artisans from Myeong-dong, another one of Seoul’s famous fashion districts, experienced a golden age, but soon sky-high rents would cause a mass-exodus of these small business owners to nearby Seongsu-dong. A tiny museum at the Seoungsu Subway Station traces this history and growth of the handmade shoe street after this transition.

Today, the importation of cheaper goods and consumer buying habits have changed the shoe business. As the shoe business declined, so did the foot traffic on the street, leaving behind shabby factories and dilapidated houses.

Seoungsu-dong is currently undergoing a revival as the city’s urban regeneration project and young artists are bringing new life to this area. Between the exit 1 and 2 of Seoungsu Station, “fromSS” and “SSST,” two of the area’s most symbolic shops, sit across from each other. SSST houses 11 shoe workshops as a joint market where you can get handmade shoes at affordable prices from around 50,000 to 80,000 won (about $42.25 to 67.60). SSST houses 7 stores where you can see the skills of the seven experienced shoemakers offering the luxury of made-to-measure shoes setting you back anywhere between 180,000 to 400,000 won for a pair.

From Seoungsu Station, using exit 3 or 4 as a starting point, you will have access to over 500 stores handling various materials like leather fabrics and hardware for shoemaking. A stop here is a great option to those in the market for high-quality leather at good prices.

Down the street at JS Shoes Design Lab you’ll find Joo Tae-soo, the shoemaker known for making first lady Kim Jung-sook’s shoes for her visit to the United States in 2015 with President Moon Jae-in. Though the workshop uses the latest technology to measure clients for the perfect fit, he still prefers to use the old way of crafting and creating quality footwear.

“I started this job when I was 13 and I’ve been working on it for over 50 years now, but it’s still difficult for me to meet all the demanding customer requirements,” said Joo Tae-soo. “The moment I make shoes that fit a customer’s feet well is the happiest time for me.”

Around the corner from the station, hip hop graffiti covers store fronts and alleyways, embodying the youth cool vibe the new generation of Seongsu-dong dwellers is bringing with them. The street is a really great place to check it out.

SHOE SIZE CHART

<table>
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</tr>
</tbody>
</table>

Check it out
the coexistence of old and new while watch-
ing craftsmen still working on their wearable pieces of art.

Though the shoes here are slightly more expensive than you can get at a mall or a gen-
eric shoe store, the quality attention to detail and the history might just be worth spending a little extra for a unique pair. And even if you’re not on the mar-
ket for a new pair of kicks, this district offers plenty of restaurants, pubs and shops to spend some time exploring.

js.designlab@gmail.com

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Plenty to see, eat at Daeilm Changgo

As new entrepreneurs and leather goods’ craftsmen have begun to settle throughout this rustic neighborhood, so have new cafés and eateries mirroring the new tenants’ cool, hip aesthetic.

Daeilm Changgo, a café-slash-gallery, is one of those that I happened to stumble upon on my walk around the neighborhood.

The location opened in May 2016 in what was once a rice mill built in the 1970s. Hong Dong-hui, the owner, studied Western painting in college and has a background in architecture and interior design. You can see his handiwork in the Daeilm Changgo Gallery, including various sculptures, colorful lighting and interior garden.

From the exterior, the gallery and café look small, but once inside, the spacious interior is overwhelming.

The café is divided into four different seating sections — two areas on the first floor with many art pieces and funky paintings in every corner. Another seating area is a tiny space between the first floor and the rooftop. For an escape from the bustling ground floor, head to the rooftop to enjoy experimental art work and a completely different atmosphere.

As for the food, you can choose from full meals such as pasta and wood-fired pizza, or you can go for a quick bite. For drinks, I recommend their fresh juices or cups of joe made from coffee roasted on-site. I picked the Hallabong-ade made of Jeju oranges for 7,500 won (about $6.34) to quench my thirst. The fresh drink was not too sweet and so refreshing! If you’re not driving, they have a great selection of craft beers.

The seats were filled with young locals and foreign tourists there to enjoy the art, and this weekday afternoon. On weekends, you’re required to pay a 10,000 won entrance fee. If this place is busy, “Café Onion” or “Zagmachi” in the neighborhood would be alternative options to enjoy the laid-back atmosphere and great drinks.

Can I help you?
Dowa deurikkayo?

I’m looking for some dress shoes.
Jeongjang gudureul chatgo isseoyo.

Would you fit alright? Jal majayo?

Ne Pyeonghaeyo.

Jal majayo?

Ne Pyeonghaeyo.

very comfortable. Ne Pyeonghaeyo.

they fit me well. Jal majayo. I-gelol juseyoy.

accept credit cards? Sinyongkaede batnayos?

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A STARS AND STRIPES COMMUNITY PUBLICATION
75 YEARS IN THE PACIFIC

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TEL: 02-484-1000. 010-5204-1060
E-MAIL: shoes3355@naver.com

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ADDRESS: 78, Seongsui-ro, Seongdong-gu, Seoul
PRICE RANGE: 8,000 to 29,000 won
PHONE: 02-449-9669
HOURS: Daily 11 a.m. to 11 p.m.
WEBSITE: https://www.instagram.com/daeilm_changgo/
5 reasons to give Gimhae a visit

By Yun-Hee Jeong, HAPS KOREA MAGAZINE

Birthplace of former Korean president Roh Moo-hyun, Gimhae is not just a place to go catch a flight to your next destination. Located along the Nakdong River, the half-million residents that call it home have plenty of things to see and do in this bustling city.

Here are five reasons to give it a look if you’re looking for a quick day trip out nearby.

LOCATION
Gimhae is located in Gyeongsangnam-do, with Changwon and Masan also nearby making Gimhae quite accessible for a short day trip. It just takes 30 minutes to an hour by car or by the Busan-Gimhae Light Rail. The city itself is easily accessible to get around as well.

IT’S A QUIET CITY
For those looking for city life with a slightly country feel, Gimhae is a good place to start. The city is full of amenities, but with about five times fewer people than in Busan. Traffic is much lighter and people-friendly. There are also a lot of great authentic foreign restaurants for the foodies.

LOTS OF HISTORIC THINGS TO SEE
Gimhae has a lot of historical relics from Gaya, so there are lots of museums and the royal tomb from the Gaya Dynasty that are mostly well-preserved. Events and festivals are opened in front of the museum, with regular flea markets and the always interesting Gaya Culture Festival which has been hosted since 1962.

THERE’S A LOT OF PARKS
There are parks all over Gimhae, so you can go for a nice, leisurely stroll just about anywhere. Many people take a walk in the park in the morning and night, and especially, Yeonji park is worth a visit.

THE WEATHER
Gimhae is southwest of Busan and due to the coastal climate, it’s the mildest city in Korea with an annual average temperature of 15°C with moderate precipitation. It’s also inland enough that snow falls occasionally in winter. The region’s weather also has helped it become an agricultural leader in the country and is known for growing flowers, especially roses.
A Guide for Medical Tour in Jeollabuk-do

Wonkwang University Hospital
Donggunsan Hospital
Jesus Hospital
Seok Jeong Wellpark Hospital
Luke Korean Medical Hospital
Innoplus Plastic Surgery
Wonkwang University Dental Hospital
Wonkwang University Korean Medicine Hospital, Iksan
Wonkwang University Korean Medicine Hospital, Jeonju
Wonkwang Health Science University

Explore Korea and bring your pet, too

BY CHIHON KIM, STRIPES KOREA

We all love our furry friends! Traveling with a pet is a great way to share some nice memories with Fido but be prepared for some minor inconveniences along your journey. In South Korea, every transport company has particular rules regarding pets, so it’s important to plan ahead. If you’ve traveled with pets before or are just beginning to, you’ll want to take note of the tips below.

**Taking your pet on a train**

Korail and SRT trains allow cats and dogs smaller than 23.62 inches long on their express or slower trains. However, your pet must fit comfortably in a pet carrier under the seat in front of you or on your lap.

The carrier must not exceed the dimensions 45cm x 30cm x 25cm for Korail and SRT’s carry-on requirements and the total weight of the carrier and pet must be less than 22 pounds.

Various species of cats and dogs, such as pitbull terriers, Dobermanns and German shepherds, as well as rodents, reptiles, and birds of prey. None of these rules apply to registered service dogs as they are allowed on the train for passengers with disabilities. **Follow the rules**

- Your carrier must be covered, keeping the interior out of view.
- Carry your pet’s vaccination certificate and card at all times.
- Your pet must remain in the carrier for the duration of travel.
- Avoid blocking aisles or doorways with the pet carrier.
- Etiquette: Bath your furry travel companion and control feed 4 to 5 hours before boarding a train.

**TIP:**

Though the KTX’s first-class ticket (for an adult) is more spacious and a little more expensive, it could be a good choice if you want some space for the carrier. If you’ve spent enough time on the rail system in Korea, you may have noticed many pet lovers place their travel kennel at the end of a train car or spacious luggage space.

**On the subway**

Most of the subway providers around the nation don’t have accurate animal policies, but the companies allow you to travel if you have your small pet in a carrier. Visit the line’s own website for more information.

**On the express bus**

Most of the bus companies allow only small pets weighing under 11 pounds on board and only if they are in a carrier. Some companies’ policies state they reserve the right to refuse pets on their vehicles. These policies also vary on weight limitation and carrier dimensions.

If your pet is allowed on the bus, make sure they’re on their best behavior as drivers have discretionary power.

- For more information on PCSing with your pet visit: https://8tharmy.korea.army.mil/site/newcomers/traveling-pets.asp
- kim.chihon@stripes.com

**Trip talk!**

**Speakin’ Korean**

- Can I take my dog/cat on the bus? Gangaji(goyang)ireul derigo boesseue tal su isseoyo?
- My dog (cat) is small. Je ganga-ji-neun jagayo.
- My dog (cat) is so gentle. Je gangajineun jeongmal yamjeonhaeyo.
- Here is my dog’s vaccination card. Gangaji yebang jeopjongkadeu yeogi isseoyo.
- Thank you. Gamsahapnida.
- Sorry for the inconvenience. Buipyeoneul kkichyeo deuryeo gamsahapnida.
- Thank you for your patience. Yanghaehae juseyo gamsahapnida.

**Winter in Jeju:** Camellia Flower

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  - Contact 064-792-0088
  - www.camelliahill.co.kr

- **Jeju Camellia Arboretum**
  - Instagramable place
  - Address 927 Wimi-ri, Namwon-eup, Seogwipo-si
  - Contact 064 764 4473
  - Opening Hours 9:30am-5:00pm
Deadlines for shipping holiday gifts near you

How to send it

- **Space-available (SAM)** – The cheapest service because packages take longer to reach a destination. It offers air transport of parcels on a space-available basis to or from military post offices outside the U.S. and surface transport within the U.S. There is a weight limit of 70 pounds and a combined length and girth limit of 130 inches.

- **Parcel airlift (PAL)** – Uses air transport on a space-available basis similar to SAM plus air transport to the destination city or the city nearest to it inside the U.S. There is a weight limit of 30 pounds and a combined length and girth limit of 60 inches.

- **First class** – Handles items weighing up to 13 ounces. Flat-rate packaging available.

- **Priority** – Same as First-Class mail but for items weighing over 13 ounces to 70 pounds. Combined length and girth limit of 108 inches. Flat-rate packaging available.

- **Express mail military service (EMMS)** – Offers preferred and/or expedited service. Not available from all USAFE APOs.

**Extra services**

- **Insurance** – Offers coverage against loss or damage up to $5,000, with the price based on the declared value of the item(s).

- **Certified** – Provides evidence of mailing as well as the date and time of delivery or attempted delivery. Requires the recipient to sign upon delivery.

- **Delivery confirmation** – Shows when an item was delivered or when delivery was attempted using a Track and Confirm tool you can use on your computer.

- **Certificate of mailing** – Offers evidence of the date your mail was accepted by the post office.

- **Return receipt** – Provides proof that an item was delivered, through a postcard or email showing the signature of the recipient.

- **Restricted delivery** – Specifies a recipient. (For example, military mailing addresses can be restricted to APO/FPO/DPO AE or only to APO/FPO/DPO AE, APO/FPO/DPO AE ZIPs 090-092, or ZIPs 094-098. Ask your local Post Office to determine if this service is available to an APO/FPO/DPO address.

- **Special handling** – Offers preferential handling if you’re sending something that needs extra care.

**Mailing tips**

- Print names and addresses of both shipper and recipient clearly on packages with a pen or permanent marker.

- Put an extra label with the addresses inside the package in case the original one is defaced. Also include an itemized list of contents.

- Leave space for cushioning inside the carton, using bubble wrap, Styrofoam peanuts, or newspaper to protect the contents.

- Use tape designed for shipping, enough to secure the opening and seams of the box.

- Put newspaper or packing material in hollow items to avoid damage during transport.

- Write “fragile” or “perishable” on packages when shipping such items.

- Use boxes, envelopes and tubes the post office provides for Express Mail and Priority Mail.

  – **Military Postal Service Agency**

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**Military Mail Address To and From**

<table>
<thead>
<tr>
<th>Priority Mail Express Military Service (PMEMS)</th>
<th>First-Class Mail Letters and Cards</th>
<th>Priority Mail</th>
<th>Parcel Airlift Mail (PAL)</th>
<th>Space Available Mail (SAM)</th>
<th>Retail Ground</th>
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<td>Dec. 11</td>
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<td>Nov. 27</td>
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<td>Dec. 11</td>
<td>Dec. 11</td>
<td>Nov. 27</td>
<td>Nov. 6</td>
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**Holiday mailing deadlines between the Pacific and CONUS**

1. **PMEMS**: is available to selected military/diplomatic Post Offices. Check with your local Post Office to determine if this service is available to an APO/FPO/DPO address.

2. **PAL**: is a service that provides air transportation for parcels on a space-available basis. It is available for Standard Post items not exceeding 30 pounds in weight or 60 inches in length and girth combined. The applicable P&H fee must be paid in addition to the regular surface price for each addressed piece sent by PAL service. It is available from all USAFE APOs.

3. **SAM**: parcels are paid at Standard Post prices with maximum weight and size limits of 15 pounds and 60 inches in length and girth combined. SAM parcels are first transported domestically by surface and then to overseas destinations by air on a space-available basis.

https://www.usps.com/holiday/holiday-shipping-dates.htm

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In Korea, ginseng is considered a superfood and is loaded with antioxidants and anti-inflammatory properties. In addition to regular exercise and getting enough sleep, a healthy diet is key to staying healthy, so why not add a little ginseng into the mix? This traditional herb has a bitter taste and you can find it in many food products around the peninsula. When I was little, my mother used to make me tea with honey-soaked ginseng to help keep me healthy. Below is a great recipe for a delicious local snack and one that may help boost your immune system.

**Ingredients**

**Main**
- 3 fresh ginseng roots (about 90 grams)
- 1/4 carrot – (about 40 grams)
- 1/4 perilla leaf (or green onion) - (about 50 grams)
- 1/4 autumn squash (or sweet potato) – (about 80 grams)
- 1/2 (or 1/4) onion – (about 50 grams)

**Batter**
- 1.5 cups of ice water
- 2 cups of frying powder (Twigimgaru)
- 1 tbsp of chili powder (or 5 tbsp of Kimchi liquid)

**Dipping sauce**: Eat with a sweet dipping sauce, such as honey or syrup.

**Instructions**

1. Wash all ingredients including ginseng thoroughly and pat dry with a towel. A slender ginseng is suitable for frying. Cut them into thin slices and set aside. (You can cut the roots part and fry them separately for presentation).

2. In a large bowl, combine roughly all the frying powder and icy water with chopsticks, then incorporate sliced ginseng. *Take note: If you whisk the batter, the dish will lose the crisp texture. So, expect the batter to be a little on the watery side as this will help create a crispier fried ginseng.*

3. In a large saucepan, heat the oil to 170 degrees Celsius. Add a few drops of batter to the pan. If the batter comes to the surface of the oil it is good sign that the oil is ready for frying.

4. Mix the ginseng and veggies well and carefully place into the oil in batches. Fry until golden brown. Remove from heat and drain on paper towels.

5. Bon appetite or 잘 먹겠습니다! (Pronounced: jal meok-ke-sseum-nida)
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If you’re American, all things pumpkin might be your go-to for fall and the holiday. But in Korea, pears, apples, tangerines and persimmons reign king. For me, the persimmon is the definite representation that fall has arrived in Korea. Sweet persimmons are beloved in Korea and the bright orange fruit is considered a jewel of the season.

This time of year, you will find these gems everywhere, from traditional markets, small grocery stores to big shopping malls at varying prices.

Korea has two major varieties of persimmon: dan-gam (fuyu persimmons) and ddeolbeun-gam (hachiya persimmons). More than a few Koreans get the two confused and even use them interchangeably since the delicious and prevalent persimmons can be a bit of a tricky fruit.

Both persimmons can range from light yellow-orange to a deeper, richer carrot-like hue, however, dan-gam and ddeolbeun-gam have distinct differences in their astringency, the way they are prepared and how they are eaten.

**Dan-gam**

The dan-gam, which literally means “sweet persimmon,” was introduced to Korea in 1920 by a Japanese botanist during the Japanese colonial rule. They are a very different texture from their close relative, the ddeolbeun-gam.

Featuring its squat-shaped figure, the dan-gam variety can be eaten while still hard or soft like watermelon. Its flavor profile is sweet and crisp. Similar to apples, Koreans enjoy the fruit by itself or adding slices to their salads.

**Ddeolbeun-gam**

Known as hachiya persimmons in English, ddeolbeun-gam, on the other hand, are mostly acorn-shaped, but you will find some similar in shape and size to dan-gam. These, however, should not be consumed until they are soft and completely ripe or else suffer the extremely bitter consequences.

Eventually, the fruit sweetens as it ripens and is the basis for almost all of the persimmon treat and pastry recipes. Ddeolbeun-gam’s sweetness is preferred over dan-gams for this very reason.

**Got-gam**

The dried persimmon, a traditional fruit snack called a got-gam, was my favorite when I was a child. Traditionally the dried persimmon was one of the key foods for the ancestral rite ceremony, and my mother used to set aside the sweet snack for me after ancestral rites on Seollal, the Lunar New Year’s Day, and Chuseok, Korean Thanksgiving Day. For me, Seollal and Chuseok are also days to enjoy got-gam, not just for greeting relatives and memorial services.

**Gam mallaeng-I**

This is my new favorite fruit snack. Gam mallaeng-I is a specialty of Cheongdo, a city known for its flat persimmon. The persimmon is cut into bite-sized pieces which makes it an optimal snack for munching. Gam mallaeng-I is not prepared in a traditional process and requires a longer drying time than got-gam or other varieties, thus making the pieces a little chewier. Gam mallaeng-I first appeared in Cheongdo in 1996 and this delicacy is now available throughout the country.

Even if pumpkin is your favorite flavor of the holiday season, you just may find a new favorite in Korea’s fall fruit variety. Visit your local grocery store for all the different persimmon snacks and try them all!

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**Nov. 24 to Dec. 6 (Pacific area only)**

For more details and rules, visit facebook.com/StripesPacific
<p>When the cold weather hits, many of us turn to comforting warm foods and drinks. In Korea, one of our go-to favorites when the signs of winter appear is hot pot. At Bu-heung Garden near Pyeongtaek City Hall, the specialty is dumplings which they also incorporate into their excellent bowl of hot pot soup. Owner Kim Seoung Geun opened this spot over 10 years ago after traveling the peninsula sampling different regional dumplings.

When I entered the restaurant, the lovely braised dumpling scent enveloped me like a warm hug on a cold autumn day. The restaurant itself wasn’t anything fancy, but if the food tastes as good as it smells, then nothing else matters!

My friend and I ordered a small mandu jeongol dumpling hot pot with seafood for 19,000 won (or $16.85) and we ordered fried dumplings stuffed with pork and chives on the side for 7,000 won. If you’re really hungry or have a bigger party, don’t worry because Bu-heung Garden also offers a medium and large-sized portion of their hot pot. For when I entered the restaurant, the lovely braised dumpling scent enveloped me like a warm hug on a cold autumn day. The restaurant itself wasn’t anything fancy, but if the food tastes as good as it smells, then nothing else matters!

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For our hot pot we chose jiri broth, a creamy, white broth made of seafood. The restaurant offers two other options: botong mat, a moderately spicy broth made of seafood, chili powder and chili paste; and eol-keun-han-mat, which is the spiciest spicy broth available.

Our hot pot came with kimchi dumplings, savory meat dumplings, tofu, enoki mushrooms, vegetables, clams, shrimp and live abalone. During the winter season, this hot pot is topped with a small octopus instead of the abalone.

While waiting for our main dish, we dug into the fried dumplings made by Kim’s mother. We devoured these dumplings, which were perfectly crisp on the outside and soft on the inside with a perfect ratio of vinegar and soy sauce.

Soon, our hot pot arrived and I could smell the ocean. I first tried the broth which was clean and had a deeply rich flavor (Pro tip: If you run out of broth, remember that you can always ask for a refill). Next, I spooned one of the kimchi dumplings floating in hot pot. I bit into the soft dumpling and the well-fermented kimchi inside gave me a burst of flavor which did not overwhelm thanks to the subtle outer portion. The meat dumplings were also delicious and gave depth to the hot pot.

Though Bu-heung Garden is well-known for its dumplings, for me, the best part of the meal was the fried rice at the end of the meal. As we reached the end of our hot pot, our server offered us nalchial-bokkeumbap fried rice with flying fish roe for an additional 3,000 won per person.

To enjoy this side dish, remember to leave some veggies and broth in the pot. I added these to my fried rice for a delicious combination of soft rice, flavorful broth and the crunch of the roe—one last flavor explosion to end the meal right!

Other menu items at Bu-heung Garden include seafood kalguksu jeongol, or dried Pollak dumpling soup, braised short ribs with seafood and a variety of dumplings with different fillings. They also have a kids menu featuring rice balls with flying fish roe for an additional 3,000 won per person.

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Add this neighborhood spot to your list when you’re looking for a good place to warm up with a dumpling hot pot. Its casual setting and delicious food easily made Bu-heung Garden one you’ll want to visit multiple times as the winter weather ramps up.

Kim.chihon@stripes.com

Bu-heung Garden
ADDRESS: KOR [경기 평택시 조개바로26번길 31-8], ENG [31-8, Jogaeteo-ro 26beon-gil, Pyeongtaek-si]
HOURS: Weekday & Sat 11:00 a.m. to 9:00 pm (break time 3~5 p.m. weekday only), Closed on Sunday.
PRICE RANGE: 7000 ~ 39000won
PHONE: 031-658-3015
This year’s Halloween photos submitted by Stripes’ readers were amazing! We had many submissions and many votes. This year, Austin Siegel from Korea won the $50 prize; Rose Betts and her family from Japan won the $30 prize in the group costume category; and, Sarah Arellano Santos from Yokota Air Base won the $20 prize in the individual category. Check out their submissions as well as some other honorable mentions below. And, don’t forget to follow us at Facebook.com/StripesPacific for more great contests like this!
SAY MY NAME! Are you a quarterback? If so, I’m in your nightmares. I’m not that weak offensive lineman on your team. No, I ate him for breakfast. That strict diet led me to the 2016 NFL Defensive MVP award with my former team. Nowadays, though, I play for a franchise known for its defense. Who am I?

Answer

Khalil Mack

Hangul of the week

고향

gohyang (hometown)

Language Lesson

I can’t do it.

Hal su eopseoyo.

SUDOKU

Edited by Margie E. Burke

Difficulty: Medium

HOW TO SOLVE:
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answers to Previous Sudoku:

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Crossword

ACROSS
1 Travel by bike
6 Breeding horse
10 Alternative to plastic
14 Mumbo jumbo
15 Gardner’s need
16 Chorus member
17 Wipe away
18 Anagram of “mila”
19 Kind of chance
20 “Little House on the Prairie” shopkeeper
21 Forestdan
22 Kind of raise
25 Like Scooge
26 Small piano
28 Country estate
30 Anchovy holder
31 “Semper Fi” group
36 Musical drama
38 Colony member
39 Prepare to propose, perhaps
40 80’s Soviet policy
43 Golf gadget
44 Take the wheel
45 “Twilight” vampire
47 Theater fixture
50 Fisherman’s basket
51 Math device
54 Helps out
57 Give the boot
58 Word on a head stone
59 Play loudly
60 Ship’s backbone
61 to rest
62 Rose essence
63 Otherwise
64 “Tickle me” guy
65 Sorority letter
70 Move elsewhere
71 Not easily debunked
72 Deborah of “The King and I”
73 What the haves have
74 Bicycle wheel part
75 More than mean

DOWN
1 “Big Brother” host Julie
2 Days of... Loretta Lynn’s father was one
3 Loretta Lynn’s father was one
4 Let up
5 Ball in a socket
6 Polo, for one
7 Bag for books
8 Secondhand
9 Lands of an estate
10 Skillet material
11 Bold poker bet
12 Police operation
13 Warm and cozy
14 Gyro holder
15 Military lockup
16 Digitalize an old LP, perhaps
16 “Knock it off!”
17 Popeye’s prop
18 Like some piano keys
19 One opposed
20 Hard to find
21 Pay back in kind
22 Social equal
23 Downhill racer
24 More than mean

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DID YOU KNOW?

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**THANKSGIVING SPECIAL**
Non-Verbal Juggling Circus - The Happening Show “My Dream”
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1PM, 3PM @ Gourmet Atrium (first floor)
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