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Surviving Korean Bureaucracy

Korea is one of the most advanced countries in the world in terms of technology, transportation, and daily convenience. But bureaucracy—official paperwork, registrations, visas, phone plans, banking—can feel confusing even to Koreans. So, if you’re an American trying to navigate Korean systems, don’t worry. This chapter is here to help. The key secret is simple: Korean bureaucracy becomes easy when you understand the rhythm and approach it with patience.

■ The Rhythm of Korean Systems

Korea is fast where it matters: Hospitals — fast. Delivery — incredibly fast. Transportation — on time. Restaurants — unbelievably fast. But government paperwork? More careful. More documented. More formal. Koreans value precision in administrative matters.

■ Politeness Unlocks Everything

This rule is universal across Korea: Politeness makes every process smoother. A gentle tone, a smile, or a simple gesture of respect will gain you endless support. Korean staff will go out of their way to help you if you approach them kindly. But impatience? Raised voices? Aggressive tone? That slows everything down and creates discomfort.

■ Common Situations Americans Face

1. Phone Plans & SIM Cards

You’ll usually need: passport, local address, and occasionally a residency number (for long-term plans). Staff are helpful and use translation apps if needed.

2. Public Transportation Cards

Buy a T-money card at any convenience store. Load money at machines in subway stations. It works everywhere.

3. Banking

Opening a bank account may require: passport, Korean phone number, proof of address, sometimes an ARC card. Korean banking apps are advanced but often require local verification processes.

4. Immigration and Visas

For long-term stays, you may need an Alien Registration Card. Expect: forms, fees, scheduled appointments, fingerprinting. The process is slow but organized.

5. Hospitals

Korean healthcare is fast and modern. You may need: passport or ID, basic registration forms. If language is a challenge, staff will assist with gestures, translation apps, or writing things down.

Useful Attitude Tips:

Be patient. Be respectful. Don’t rush the process. Smile. Show appreciation.

KOREA DECODED

Gianni Youn



Koreans respond strongly to kindness and calm energy.

■ What Surprises Americans Most

1. Everyone Tries to Help

Even if someone does not speak English, they will: draw a map, show you their phone, call a coworker, walk you to the right office.

2. Systems Are More Organized Than They Appear

Forms may look complex, but staff guide you step-by-step.

3. It Gets Easier Over Time

The more you understand the structure, the more naturally it flows.

■ Final Thought

Korean bureaucracy isn’t meant to frustrate you. It’s meant to ensure accuracy and fairness. Approach it with patience and kindness, and Korea will meet you with support and grace.



About the author:

Gianni Youn is a Multimedia Consultant at Stars and Stripes and author of KOREA DECODED: A Korean American’s Guide for Americans Who Want to Understand Korea. For more cultural insights, follow Gianni on Instagram: @Gianni_Youn



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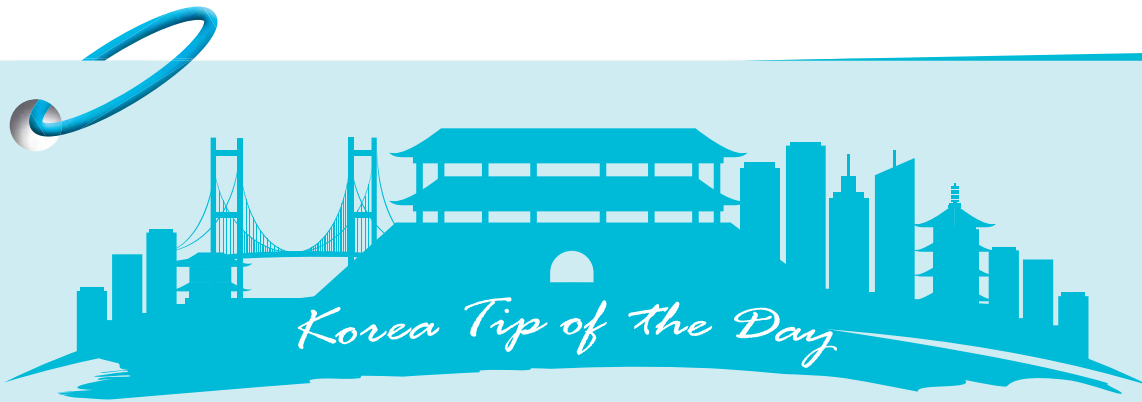
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Empowerment

다양한 세계의 환경과 문화, 공동체를 이해하고
포용하며 그 가치를 존중하는 교육



Global Citizenship Integrity Adaptability Balance in Life Empowerment



Watch out for dangerous summer rain

BY HYEMIN LEE,
STRIPES KOREA

Korea's rainy season is called jangma. It usually runs from late June to late July, moving from Jeju and the southern region toward central Korea. But the end of jangma does not mean the end of dangerous rain. In August, you can still see heavy local downpours, summer storms and typhoons in Korea. Recent deadly floods in Korea have shown why summer rain should be taken seriously, especially in certain places. Here's what to watch out for and how to respond.

■ Underground spaces

In Korea, underground spaces are commonly used. Road underpasses, underground parking garages, subway-connected spaces, basement-level shops and semi-basement homes are common. During heavy rain, those spaces can fill with water quickly and rising water pressure can make doors difficult or impossible to open.



The Emergency Ready App is a Korean government disaster-safety app with multilingual support, including English.

Be extra careful around underground spaces on days with heavy rain. Never drive into an underpass that is already flooded. If you are already driving through an underpass and water starts to rise, keep moving toward the nearest exit if you can

do so safely.

But do not stay with the car if water is rising quickly, traffic is blocked or the vehicle stops. Leave the vehicle and move to higher ground as quickly as possible. Water can rise within minutes and waiting too long can make escaping much harder.

■ On the street

Avoid walking through flooded streets if you can, especially when the water is deep or moving fast. Floodwater can hide open manholes, storm drains, holes, curbs and broken pavement. If you have to walk outside during a downpour, stay away from manholes, streetlights, traffic signals and other electrical equipment. Choose higher ground when possible.

■ Near water

Avoid streams, rivers, trails near water and coastal areas during or right after heavy rain. Water can rise quickly, especially in streams and rivers, and water that looked safe earlier in the day can become deeper and stronger within a short time.

■ Download Emergency Ready App

Korea sends emergency alerts automatically to phones in affected areas. Some urgent alerts now include English keywords such as "Heavy rain" but the details are still written only in Korean.

The Emergency Ready App is a Korean government disaster-safety app with multilingual support, including English. It provides disaster alerts, safety guides, shelter locations and emergency information. So set it up before a storm, not during one. During heavy rain, an alert may be the warning that tells you to avoid a stream, turn away from an underpass or get out of an underground space.

lee.hyemin@stripes.com



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8 exciting things you can do in Seoul

HAPS KOREA MAGAZINE

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Seoul, the capital of South Korea, is an exciting destination with seemingly endless sites for tourists to explore. The densely populated city has everything you'd expect from a city destination, with the addition of easy access to natural parks and scenery. Of all the things to see and do, these eight are some of the most interesting and exciting.

1. Gyeongbok Palace

One of the most popular tourist sites in Seoul is the Gyeongbok Palace. The palace, built in 1395, served as the main palace of the Joseon Dynasty until it was destroyed during the Japanese invasion in the 1590s. Although the palace was later restored, the restoration too was destroyed in another invasion. It was restored once more in the 1990s and now serves as a site to learn about the Joseon Dynasty and the history of Seoul.

The site's architecture is praised for being highly intricate and beautiful, and the location allows you to see the Seoul skyline and Seoul's mountainous landscape. Your admission to the site includes a tour, and it can even be bundled to include admission to the other palaces in Seoul built during the Joseon Dynasty, like the Changdeokgung (Changdeok Palace), which became the primary palace following the Gyeongbok Palace's first destruction.

Many people who have visited highly recommend working the guard ceremony, which happens twice daily, into your itinerary if you can.

2. Bukhansan National Park

Bukhansan National Park invites its visitors to walk, hike, or simply sit and look at the region's natural beauty. There are many hiking trails to climb to the park's peaks; one of the most popular trails, Bukhansanseong trail, takes you to a look-out over Seoul. Regardless of your hiking level, the variety of paths will ensure you have something you're comfortable trekking through. Within the park, you'll also find Buddhist temples and the Bukhansanseong Fortress, another artifact of the Joseon Dynasty built in 1711.

3. Hongdae

If you're looking for indie arts, culture, and nightlife, Hongdae is a popular area to visit day or night. It's located right by Hongik University, so it attracts a younger and very creative crowd. You'll find restaurants, shops, galleries, live music, and nightclubs, giving you a feel for Seoul's nightlife. On weekends, the area also becomes a shopping hub with its markets.

4. Paradise Casino Walkerhill

The Paradise Casino Walkerhill has delivered entertaining casino games and luxurious accommodations to its guests since the late 1960s. It's located along the Han River, bringing a natural thematic element to the glittering lights of the casino. The building's architect brought nature indoors by planting a tree in the lobby — creating a statement piece right at the entry.

On the game floor, you'll find everything

from slots with a few of the highest RTP games and electronic game tables to baccarat, blackjack, and more. The casino and hotel is a one-stop place for comfort and fun.

5. Dongdaemun Market

Offering a staggering number of shops — 30,000 of them — Dongdaemun Market is a 24-hour shopping extravaganza. It's considered the go-to place for Korean fashion and traditional market fare. Tourists often describe the immense size as being simultaneously amazing and overwhelming and that the market is a must-visit while in Seoul.

6. Dongdaemun Design Plaza

In the same region as the Dongdaemun Market, you'll find Dongdaemun Design Plaza. The Dongdaemun Design Plaza is lauded for its unique and striking architecture, which is unsurprising given that it was designed by the world-renowned architect Zaha Hadid. The building was created to be a cultural hub, so it's huge in stature to accommodate a vast array of cultural events and facilities, from exhibitions and galleries to conferences and lounge spaces.

7. Lotte World

Lotte World brings the world of amusement parks indoors, offering everything possible for a day of fun and excitement. You'll find a huge variety of heart-racing rides, a shopping mall, a Korean folk-art museum, restaurants, snack carts, Cirque du Soleil performances, ice skating, and parades.

8. Namsan Park

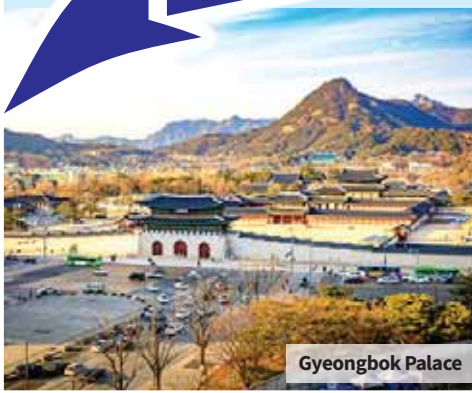
Appealing to people with its views of Seoul's city center, Namsan Park is a scenic place to walk and take in the region's history. The fortress wall built along the mountain and running alongside the park once served as an important security measure during the Joseon Dynasty to keep an eye out for threats and to communicate across the city with warning beacons. Today, the locations of these beacons offer places to sit and take in the view, and the wall is traced with stairs, allowing visitors to walk the park.

In addition to displaying the history of Mount Namsan, the park is also home to tourist attractions like an aquarium and a library. The most exciting tourist attraction, however, is the N Seoul Tower, which you can walk, drive, or take a cable car up to the top of the mountain to see.

The tower offers an observation deck with an uninterrupted view of Seoul from over 700 feet high. You can visit the deck day and night and even sit down to enjoy a meal in the tower's restaurant. Many couples also leave a lock attached to the observation deck, which has a large collection of locks left by those hoping their love will be everlasting.

Where will you visit first?

With so much to see and do, your biggest challenge will be figuring out what you can reasonably fit into your itinerary, leaving you with one question: which of these sites will you make your top priority to visit?



Gyeongbok Palace



Gyeongbok Palace



Bukhansan National Park



Bukhansan National Park



Hongdae



Hongdae



Dongdaemun Market



Dongdaemun Design Plaza



Lotte World



Namsan Park



Namsan Park

Hiking adventures in Seoul

KOREA TOURISM ORGANIZATION

Seoul isn't just home to millions of people, it's also home to many mountains both large and small. Everywhere you look, the skyline of Seoul's tall buildings is backed by undulating mountain ridges. From the peaks of these mountains, you can see the whole of Seoul unfold before you.

The mountains around Seoul have an average height of 410 meters, making them quite low and easy for hikers of all skill levels. The mountains are also the perfect place to enjoy Korea's changing seasons. Especially in summer, you can enjoy the cool breeze that blows through the shaded valleys. Another attraction of the mountains is how easily accessible they are via Seoul's extensive public transit system, with most hiking paths starting just a short walk from subway station exits. To enjoy a bird's-eye-view of Seoul while in peaceful nature, select one of the courses below, available in various difficulty levels.

Ways to enjoy hiking like a local

Photo courtesy of Korea Tourism Organization



POINT 1. Experience Korean hiking culture

Don't miss the long-standing Korean hiking tradition of eating gim-bap and ramyeon at the top of mountain while enjoying the beautiful views. After completing your hike, try the classic combo of jeon (Korean pancake) with makgeolli (unrefined rice wine) to celebrate your accomplishment – a must-have experience to fully enjoy hiking the Korean way.

* Please dispose of your trash properly in a designated trash can.

POINT 2. Make the most of Seoul Hiking Center

To make your hike easier and enjoyable, stop by the Seoul Hiking Center. Conveniently located at some popular trailheads, it offers visitors information about hiking and gear rentals such as hiking shoes, hiking clothing, stick, and gloves. It also offers amenities like a rest lounge, shower room, locker room, and fitting room, making hiking more convenient for international visitors.

BUKHANSAN CENTER: 5F, 52 Samyang-ro 173-gil, Gangbuk-gu, Seoul
(서울특별시 강북구 삼양로173길 52 광림빌딩 5층)
BUGAKSAN CENTER: 1F, 88 Samcheong-ro, Jongno-gu, Seoul (서울특별시 종로구 삼청로 88 1층)
GWANAKSAN CENTER: Gwanaksan Station B1, 23 Sillim-ro, Gwanak-gu, Seoul (서울특별시 관악구 신림로 23 관악산역 지하1층)



WEBSITE

Practice hiking safety

- ☐ Select a course that matches your skill level
- ☐ Check the weather report for your planned area in advance
- ☐ Do some warm-up exercises before hiking
- ☐ Stay on the designated paths
- ☐ Do not pick or eat any wild plants or mushrooms
- ☐ Descend slowly to protect your knees and ankles
- ☐ Hike with a companion and check mountain location signs and national location number

EASY

Perfect for beginners, these easy-level hiking trails can be completed in under two hours. With gentle slopes and no need for trekking gear, these treks are recommended for those with little hiking experience or families.

Hanyangdoseong, Seoul City Wall (Naksan Section 114 m): Walk through History

Hanyangdoseong, the Seoul City Wall, was built in 1396 to protect Hanyang, the then-capital city of Joseon. Currently, the old city wall is located in the middle of Seoul, and is divided into six sections. Among these, the Naksan Section is the easiest course, and offers stunning nightscape views, making it a popular choice. You can receive a commemorative badge if you walk all six sections of Hanyangdoseong and collect stamps at the designated spots.



Photo by Oh Han-sol, Korea Tourism Organization Photo Korea

■Hanyangdoseong Course

DIRECTIONS: Walk from Hansung Univ. Station (Seoul Subway Line 4), Exit 4

RECOMMENDED COURSE: Naksan Section (Hyehwamun Gate – Naksan Park – Ehwa Village – Heunginjimun Gate)

REQUIRED TIME: 1 hr (Trail distance 2.1 km)

MORE INFO:

1. Sungnyemun Section (1 hr / 1.8 km)
Baekbeom Plaza – Namdaemun Market – Sungnyemun Gate – Site of Donuimun Gate & Kangbuk Samsung Medical Center / Start from Hoehyeon Station (Seoul Subway Line 4), Exit 5
2. Heunginjimun Section (1 hr / 1.8 km)
Heunginjimun Gate – Dongdaemun History & Culture Park (Previous Site of Dongdaemun Stadium) – Gwanghuimun Gate – Jangchung Gymnasium / Start from Dongdaemun Station (Seoul Subway Line 1, 4), Exit 6 or 7
3. Namsan Section (3 hr / 4.2 km)
Jangchung Gymnasium – National Theater of Korea – N Seoul Tower – Namsan Octagonal Pavilion – Baekbeom Plaza / Start from Dongguk Univ. Station (Seoul Subway Line 3), Exit 5
4. Baegak Section (3 hr / 4.7 km)
Changuimun Gate – Sukjeongmun Gate – Malbawi Rock Information Center – Waryong Park – Hyehwamun Gate / From Gyeongbukgung Station (Seoul Subway Line 3), Exit 3, take Bus No. 7212, 1020, 7022 to Jahamungogae, Yun Dongju Hill Bus Stop
5. Inwangsan Section (2 hr 30 min / 4 km)
Site of Donuimun Gate – Inwangsan Mountain summit – Yun Dongju Hill – Changuimun Gate / Start from Seodaemun Station (Seoul Subway Line 5), Exit 4

STAMP TOUR INFO:

1. Take pictures at the four indicated locations (Cheongundae Stone Post, Naksan Park Sign, Site of Mongmyeoksan Beacon Towers, & Inwangsan Summit Sign)
2. Upload the four pictures on the Hanyangdoseong website to apply for the certificate
3. Visit the Hanyang Doseong Historic Site Museum or the Hyehwa-dong Exhibition & Information Center for final approval to receive your certificate



HANYANGDOSEONG
WEBSITE

Inwangsan Mountain (338.2 m): Panoramic view of Seoul

Standing atop Inwangsan Mountain is like standing in the middle of Seoul due to its location in Jongno-gu, near the center of the city. The hiking trail even starts from the middle of the city, near Gyeongbokgung Station! The path is well maintained, and is short enough that even the most inexperienced hiker can reach the summit in no time. If you're visiting with young children or someone who has walking difficulties, the Inwangsan Jarak Trail (2.5 km / 1 hr) that circles the mountain is a great choice.



File photo

■Inwangsan Mountain

DIRECTIONS: Walk from Gyeongbokgung Station (Seoul Subway Line 3), Exit 1

RECOMMENDED COURSE: Hanyangdoseong Trail + Inwangsan Jarak Trail (Sajikdan Altar – Beombawi Rock – Summit of Inwangsan Mountain – Suseongdong Valley)

REQUIRED TIME: Round-trip 2 hr (Trail distance 3.5 km)



Inwangsan Mountain File photo

MODERATE

CHALLENGING

With steep stairs and rocky paths, these moderate-level hikes take around three to four hours. They are ideal for those with basic fitness and some hiking experience, with no advance skills required.

Cheonggyesan Mountain (618 m): Stairway to Heaven

Cheonggyesan Mountain is jokingly called “cheongaesan,” a Korean play on words in reference to the thousand (“cheon gae”) stairs you must climb to reach the summit. While there aren’t actually one thousand stairs, the mountain does seem to have an endless supply of them. Kkalddakgogae Pass in particular was named for the sharp sound of breathing you’ll produce after climbing up the steep staircase here. But if you can make it past that section, the summit will be just before you. During the summer months when it rains often, the sound of water babbling in the valley brook will keep you company.

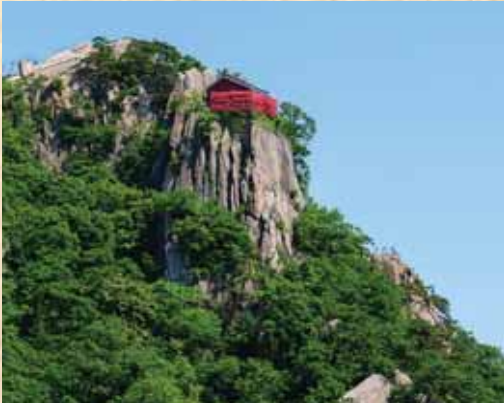


File photo

Cheonggyesan Mountain

DIRECTIONS: Walk from Cheonggyesan Station (Seoul Subway Sinbundang Line), Exit 2
RECOMMENDED COURSE: Seocho Course 1 + Seocho Course 2 (Wontegol Entrance -- Kkalddakgogae Pass – Maebong Peak – Gilmajae Shelter – Wontegol Entrance)
REQUIRED TIME: Round-trip 3 hr (Trail distance 5.2 km)

Gwanaksan Mountain (632 m): Path of many ups and downs



File photo

Gwanaksan Mountain

DIRECTIONS: Walk from Sadang Station (Seoul Subway Line 2), Exit 4
RECOMMENDED COURSE: Course 1 + Course 3 (Gwaneumsa Temple – Madangbawi Rock – Gwanakmun Gate – Yeonjudae Hermitage (summit) – Kkalddakgogae Pass – Seoul National Univ. Engineering Building 2
REQUIRED TIME: Round-trip 4 hr (Trail distance 6 km)

Gwanaksan Mountain isn’t that large in the grand scale of mountains, but it is quite a strenuous hike, requiring adequate warm-up before starting out. You’ll also want to be equipped with proper hiking boots. The trail begins with a rather flat walk, but quickly leads to repeated ups and downs as you follow the ridge line of this rocky mountain. Preparing gloves or hiking sticks can make your walk easier. If you enjoy an active lifestyle, you may even come to enjoy the roller-coaster-like walk.

With steep slopes and rocky paths, these hiking courses are suitable for those with strong physical stamina and prior hiking experience. Certain sections may require proper hiking gear. Despite the demanding routes, completing these trails brings a rewarding sense of accomplishment.

Dobongsan Mountain (740 m): Beautiful stone peaks

Dobongsan Mountain is located on Seoul’s northern side, bordering Uijeongbu and Yangju in Gyeonggi-do. The mountain stands out for its many rocky peaks, ranging from softly rounded to sharp points. While the mountain is smaller than Bukhansan Mountain, the highest mountain in Seoul, the rocky terrain makes it a much more difficult hike. Despite this, hikers often say the hardships at reaching the summit are all but forgotten when they take in the view from the majestic rocky peaks.



Photo by Song Gi-deok, Korea Tourism Organization Photo Korea

Dobongsan Mountain

DIRECTIONS: Walk from Dobongsan Station (Seoul Subway Line 1), Exit
RECOMMENDED COURSE: Main Ridge Trail (Dobong Visitor Center – Bomunneungseon Ridge – Dobongjuneungseon Ridge – Sinseondae Peak – Podaeneungseon Ridge – Sapaeneungseon Ridge – Angol Park Ranger Post)
REQUIRED TIME: Round-trip 6 hr (Trail distance 9.8 km)

Bukhansan Mountain (837 m): The most visited national park



File photo

Bukhansan Mountain

DIRECTIONS: Walk from Bukhansan Ui Station (Seoul Subway Ui-Sinseol Line), Exit 2
RECOMMENDED COURSE: Baegundae Peak Course + Bukhansanseong Course (Baegun Visitor Center – Haroojae Pass – Baegundae Peak – Borisa Temple – Bukhansan Visitor Center)
REQUIRED TIME: Round-trip 6 hr 30 min (Trail distance 5.6 km)

Bukhansan Mountain, the highest mountain in Seoul, is one of the rare in-city national parks in the world. Well known for its views of Baegundae Peak, Insubong Peak, and Mangyeongdae Peak, the mountain offers various trails suitable for all levels, attracting everyone from beginner hikers to experts. As a national park, significant efforts are made to preserve its nature. Visitors can enjoy its peaceful valleys and cool off in its refreshing mountain streams.

File photo

3 easy ways

BY HYEMIN LEE,
STRIPES KOREA

Summer in Korea is not over yet. Through August, the days can be humid and sudden rain can change your plans quickly. The good thing is that some of the best summer plans in Korea are easy and low-cost. You don't need to book a resort or build a complicated itinerary to cool off. Instead, head to a cold mountain stream, drive to a beach a few hours away, or spend the afternoon in strong air conditioning at one of Korea's top museums. Here are three favorite ways Koreans beat the heat before summer slips away. lee.hyemin@stripes.com

1

Natural water park in the mountains

In Korea, heading up into the mountains can be just as common as going to the beach for a summer escape. Because Korea is so mountainous, valleys with cold streams are easy to find across the country. The best part is you can enjoy both sides of nature at once: a walk through the mountains and playing in cool water.

For a long time, mountain streams (gyegok) have worked almost like natural water parks. Children splash in the water, and watch small fish and freshwater snails. Many families spread a mat under the trees, put their feet in the cold water, and relax for the day.

Food is a big part of the fun, too. Some families have a barbecue at nearby campgrounds where it is allowed, while others order delivery or eat at restaurants close to the stream. Many of those restaurants serve backsuk, a whole chicken soup in a spicy broth. Hot chicken soup dishes are beloved as summer foods believed to help restore strength and energy.

Four great gyegok to check out

- Gapyeong -

Yongchu Valley

One of the best-known valleys in the Seoul and northern Gyeonggi area. A long valley with clear water, natural pools, forest scenery and Yongchu Falls.



NAVER MAP

- Asan -

Gangdanggol Valley

On Mt. Gwangdeoksan, known for forest shade and cool water. This is a great quick gyegok trip for families in Pyeongtaek.

- Jirisan -

Baemsagol Valley

One of Jirisan National Park's famous valleys, best for scenery, walking and a national park mountain trip.



NAVER MAP

- Daegu -

Dongsan Valley

In the Palgongsan area, known for clear water, old forest and small waterfalls. A good mountain stream escape for families in Daegu.

Things to know before you go

How to find one: The easiest way is to search 계곡 (gyegok, mountain stream) on Naver Map near the area you want to visit. You can also search around a nearby famous mountain and see whether there is a stream. Also, reaching the stream usually takes about 10 to 20 minutes of hiking, so wear comfortable shoes.

Know the rules: Not every stream is open for swimming or water play. Some areas restrict entry for safety or environmental reasons, so always check the signs before you get in. At small streams, people may play freely, but there may be no safety staff nearby. Many of large valleys usually have safety staff, free life jacket rental and good facilities during the summer.

Mostly free to enter: Rivers and streams in Korea are public, so entering is usually free. A few valleys inside managed tourist sites charge a small fee. By law, no one can set up tables, platforms or a restaurant right on the streambed. (NOTE: Some vendors claim the spot is private and charge a

seat or entrance fee. You do not have to pay to enter by the water. If a private vendor demands a fee, you can report it through Safety e-Report, a government app. **Camping and cooking:** Camping, cooking and tenting right by streams are allowed in some places but not in many others, especially inside national or provincial parks where you can camp only at designated areas. Many have official campgrounds nearby, so check whether camping is available before you go.

About the water: Valley water can rise quickly after rain. A stream that looks low and calm can become dangerous in a short time, so be cautious after heavy rain. Even on clear days, the depth can change suddenly. Rocks can be slippery, so do not play in the water.

What to bring: Water shoes, towels, extra clothes, sunscreen and water play items such as a tube or float for fun. Also bring a picnic mat, folding chairs and camping gear if you plan to stay for a while, like tents or cooking.

Hamdeok Beach Photo courtesy of Korea Tourism Organization

to cool off before summer ends

It will still be hot, but good news is the weather is cooling down. You do not have to spend the money to go to the beach. Here are some tips to help you stay cool!

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2

Pick the right coast for your beach day

Korea is surrounded by water on three sides, so even if you live inland, the sea is usually just a few hours away. Most beaches are open year-round, but the official swimming season is usually from early July to late August. Lifeguards, first-aid stations, showers, changing rooms, rental stands and swimming zones operate only during the season and exact dates vary by beach. Each coast has a different kind of fun. If you are planning a beach trip, choose the coast first based on what you want to do there.

The West Coast

The West Coast is the nearest choice for families near Camp Humphreys or Osan Air Base. The water can look muddier than the East Coast because of the wide tidal flats, but that is part of the fun. At low tide, you can walk out onto the flats and look for clams, crabs and octopus. At high tide, the water is calm and safe for swimming. Make sure to check the tide times before you leave because the water here moves a long way in and out.



More info

Daecheon Beach



Daecheon Beach is one of the most famous beaches on the West Coast. Known for its wide, blue sea and fine sand, it's perfect for swimming and sand play with children as there are no tide flats. The beach is popular for families and young adults. This is where the famous annual Boryeong Mud Festival is held for two weeks in late July to early August.

Daecheon has plenty of accommodations, cafes, restaurants and leisure activities like ziplining and sky rail bikes. The beach is also pet-friendly.

More importantly, the beach is easily accessible by train, making it convenient for travelers without a car. Daecheon Station can be reached in less than two hours from Pyeongtaek Station via the Mugunghwa or Saemaoul trains. From Daecheon Station, Daecheon Beach is a 30-minute bus ride or a 10-minute taxi ride away.



Photos courtesy of Korea Tourism Organization

Manripo Beach

Manripo Beach, located on the western side of Taean Peninsula, is known as one of the three major beaches on the west coast along with Daecheon Beach and Byeonsan Beach. It offers great opportunities for swimming, surfing and sand play, as well as diverse water sports. During low tide, visitors can explore the muddy sand to discover clams and other sea creatures. Manripo features a variety of convenient facilities, accommodations and recreational options, making it a fun destination for family vacations.

The East Coast

The East Coast is known for clearer, deeper water, stronger waves and beautiful sunrises. It works well if you want swimming, surfing or clear blue water.

Sokcho Beach

Sokcho Beach is one of the best East Coast vacation spots with natural surroundings. Korea's East Coast is known for its clean water, refreshing sea breezes and stunning sunrises. Sokcho Beach stands out for enjoyable waves, clean facilities, and easy access from the city center, making it a great spot for safe swimming, picnics and easy beach days with the whole family.



Photos courtesy of Korea Tourism Organization

Surfyy Beach

Surfyy Beach in Yangyang is famous for its unique and exotic summer atmosphere. Known as the country's top surf spot, it features beach lounges, surfing lessons and an after-party zone. The atmosphere is young, stylish and energetic, drawing creative crowds, solo travelers and groups of friends. Visitors can easily enjoy professional surfing classes, yoga classes, paddleboarding and water activities. You can camp and party by the beach under exotic scenery. Please note that this beach is more popular among young adults than families.



SEE COOL ON PAGE 10

COOL: Summer not over

CONTINUED FROM PAGE 9

The South Coast

The South Coast is bluer than the West Sea and gentler than the East. Its coastline breaks up into countless bays and small islands and those islands block the sea waves, so the water stays calm. Tongyeong, Geoje and Yeosu are good for coastal drives, ferry rides and local seafood. Busan is where you can enjoy the beaches inside a big city.

Gwangalli Beach

Just a short ride from Haeundae, Gwangalli Beach features a trendy, youthful vibe where beach culture meets city lifestyle. It's famous for the stunning nighttime views of Gwangang Bridge, which beautifully lights up the skyline after sunset. The neighborhood is packed with stylish cafés, restaurants, bars and beachside lounges, making it a favorite among couples and young travelers. Visitors can also enjoy marine activities like paddleboarding and jet-skiing. When you visit Busan, make sure to stop by both Haeundae and Gwangalli beaches to experience two different sides of the city's coastline.



Photos courtesy of Korea Tourism Organization

Hamdeok Beach

Among Jeju Island's many scenic beaches, Hamdeok stands out with its turquoise water, white sand and calm waves, making it a top pick for both families and beach lovers. The shallow waters are great for kids while swimmers and paddleboarders can still find plenty to enjoy. Right by the beach, there is also a snorkeling hotspot near the rocky edges where you can swim among colorful fish and sea creatures. With cozy cafés, walking trails and breathtaking views, Hamdeok offers a peaceful, tropical escape without ever leaving Korea!



Things to know before you go

Check the dates: Each beach has official opening and closing dates for the summer season, usually from July to August. Most beaches do not ban you from swimming after the season ends, but the lifeguards are gone.

Jellyfish: During the summer, jellyfish can show up along all three coasts. Many beaches install offshore barrier nets and crews patrol by boat to remove jellyfish from swimming areas. The West Coast water can be cloudy, so you rarely see what is around you. A rash guard or swimwear that covers more skin can be helpful to protect you getting stung. If you are stung, go to the lifeguard or first-aid station. Rinse the sting with seawater, not fresh water, which can make it worse, and remove any tentacles with a card rather than your hand.

3 Stay cool inside a museum

Not every family wants to spend summer in the water. Korean summer is not only hot but also humid and some days are better spent indoors, away from sunburn, rain and heavy heat. That is why museums become one of the most popular family destinations during the summer.

In Korea, many large museums with good exhibits and facilities are free or very low-cost. National and public museums are like accessible public cultural spaces where you can enjoy the exhibits and also rest in clean, spacious halls with strong air conditioning. For a family, a full day indoors costs almost nothing, making it one of the great options for summer break. Children can explore the large indoor spaces and learn something along the way while parents do not have to worry as much about the weather.

National Museum of Korean Contemporary History
Photo courtesy of Korea Tourism Organization



War Memorial of Korea Photo by Hyemin Lee, Stripes Korea

Check out!



6 amazing
science museums



Korea's 9
top museums



Top museums
in Daegu

Great museums to check out

Yongsan is the best place to start. **The National Museum of Korea** and the **War Memorial of Korea** sit within a few minutes of each other and both are among the best in the country. Admission is free, the halls are spacious and it is easy to spend hours with exhibits covering thousands of years of Korean history. Both also have excellent children's museums where kids can enjoy hands-on activities.

There are also many good science museums including **Gwacheon National Science Museum**, where you can explore dinosaurs, space exhibits, basic science halls and outdoor areas.

Things to know before you go

Closing days: Most museums in Korea are closed on Mondays. When a Monday is a public holiday, the museum opens that day and closes the next day instead, so it can welcome holiday visitors. Most museums also close on Jan. 1, Seollal and Chuseok.

Reservations: Many of the good programs in the museum need advance booking, and children's museums and popular hands-on exhibits fill up quickly. Some places let foreign visitors sign up on-site, but others require a reservation in advance because spots are limited. Some websites ask for a Korean phone number or a Naver login and some museums also take reservations by phone, so do not hesitate to call if the website gives you trouble.

Parking: Most large museums have plenty of parking, even in busy parts of Seoul and the fees are usually not too high. Still, it is best to check the website first if you plan to drive.



National Museum of Korea Photo by Hyemin Lee, Stripes Korea

KOREA KIDS' CORNER

Fun family adventure on Geoje Island!

BY HYEMIN LEE,
STRIPES KOREA

Geoje Island, off South Korea's southern coast, is the country's second-largest island after Jeju. Summer is a great time to visit, especially for families who want to swim, snorkel or spend the day by the sea. They can also ride a cable car, enjoy a mudflat experience and visit a Korean War historic site. Here are four places families can explore together on a getaway to Geoje Island!

lee.hyemin@stripes.com

Geoje Panorama Cable Car (거제 파노라마 케이블카)

Geoje Panorama Cable Car is a great way to enjoy panoramic views of Geoje's mountain and coastline. The ride takes about 10 minutes each way and carries visitors from Hakdong Pass to the upper station on Mt. Nojasan. From there, they can take in wide views of the islands of Hallyeohaesang National Park. Visitors can choose a standard cabin or a crystal cabin with a transparent floor which adds more fun, especially for those comfortable with heights. Weather conditions or safety inspections can suspend service, so check the same-day schedule before your trip.

ADDRESS: 288 Geojejungang-ro, Dongbu-myeon,

Geoje-si, Gyeongsangnam-do

HOURS: 9 a.m.–8:30 p.m. (Ticket sales end one hour before closing)

TICKET: Standard cabin (round trip): Adults 18,000 won / Children 15,000 won

Crystal cabin (round trip): Adults 23,000 won / Children 18,000 won

Free for children under 36 months with proof of age

Photo courtesy of Geoje Panorama Cable Car



NAVER MAP



Photo courtesy of Korea Tourism Organization

Geoje POW Camp Historic Park (거제 포로수용소 유적공원)

Geoje POW Camp Historic Park offers a unique experience and a meaningful look at the history of the Korean War. At the time, it was one of the largest U.N.-run prisoner-of-war camps in the world, holding up to 173,000 North Korean and Chinese prisoners at its peak. Visiting the former camp helps families understand the difficult side of the war in a way most museums do not. The exhibits may feel less modern than those at larger museums, but the park's value comes from learning this history where it actually happened. About two hours is usually enough for a visit.

ADDRESS: 61 Gyeryong-ro, Geoje-si, Gyeongsangnam-do

HOURS: 9 a.m.–6 p.m. (Closed Tuesdays, Seollal and Chuseok)

TICKET: Adults 7,000 won / Teens 5,000 won / Children 3,000 won



NAVER MAP

Gujora Beach (구조라 해수욕장)

Gujora Beach gives families many ways to enjoy Geoje's clear southern sea. Kids can swim and play along the beach with soft sand. Older children and adults can kayak toward Yundolseom, a protected uninhabited island, and enjoy snorkeling in the clean blue water. The rocks on the island are sharp, so make sure to bring aqua shoes. The kayak ride usually takes about 20 minutes each way. Kayaks, paddleboards, jet skis and banana boats are available from rental shops near the beach. Restrooms and shower facilities are also available.

ADDRESS: 500-1 Gujora-ri, Irun-myeon, Geoje-si, Gyeongsangnam-do

HOURS: Open year-round. During the official swimming season in July and August, lifeguards are on duty from 9 a.m. to 6 p.m.

KAYAK RENTAL: 60,000 won for two people with no time limit during operating hours (7 a.m. to 7 p.m.)

Photo courtesy of Korea Tourism Organization



NAVER MAP



RENTAL SHOP



Photo courtesy of Dadae Mudflat Experience Village

Dadae Mudflat Experience Village (다대갯벌체험마을)

Playing in the mudflats is a great activity for children in Korea, and this place offers a homi, small shovel and basket renting service to dig and collect clams directly from the mudflats. Since mudflats are exposed during low tide, the available schedule varies depending on the tides. Please make sure to call or check their website for reservation if you plan to visit. The village is closed when the tide comes in and the mudflats are underwater around one week per month.

ADDRESS: 6, Dadae 1-gil, Nambu-myeon, Geoje-si, Gyeongsangnam-do

HOURS: 2 hours available from the time the mudflats are exposed (Usually 12 p.m.–4 p.m.)

PHONE: 055-633-1064

TICKET: 7,000 won–15,000 won



NAVER MAP



WEBSITE
(ONLY KOREAN)

Other attractions in Geoje

Windy Hill (바람의 언덕)

One of Geoje's beloved landmarks, featuring a large windmill overlooking the sea.



NAVER MAP



Forest Sound Park

A free family park where children can feed sheep, ride the monorail and enjoy walking paths.



NAVER MAP



Photo courtesy of Forest Sound Park



Hakdong Black Pearl Pebble Beach (학동흑진주몽돌해변)

A unique beach famous for smooth black pebbles and the rolling sound they make as waves wash over the shore.



NAVER MAP



Oedo Botania (외도보타니아)

Take a ferry to this beautiful botanical garden island, usually combined with a cruise around the Haegeumgang Islets.



NAVER MAP

Photos courtesy of Korea Tourism Organization

K O R E A D E S T I N A T I O N S



Photos by Hapcheon-gun

Jeongyang Swamp a living landscape of color, wildlife

HAPS KOREA MAGAZINE

Jeongyang Swamp Ecological Park, located in Daeyang-myeon, Hapcheon-gun, stands as one of the eight scenic views of Hapcheon and offers a vivid glimpse into the rhythms of nature from July through November.

In the heart of summer, the swamp transforms into a lush wetland filled with lotus blossoms and diverse wildlife.

During the 2025 summer season, deep green lotus leaves blanket the water's surface, while white and red lotus flowers bloom delicately in between.

Dragonflies hover above, golden frogs lie in wait below, and mallards glide silently through the water, blending into the peaceful scene.

One of the highlights for young visitors is the butterfly dragonfly, which perches on lotus buds and shifts colors depending on the light, captivating children who often pause to watch, momentarily letting go of their parents' hands.

The park features an Ecological Learning Center, walking trails, and observation decks. The Jeongyang Marsh Life Path offers a 2.8-kilometer course that loops around the wetland.

It begins behind the learning center, crosses stepping stone paths, passes through a metasequoia-lined trail, and returns via the observation deck route. The walk takes about



- Camp Casey
- Seoul
- Osan AB
- Camp Humphreys

Jeongyang Swamp Ecological Park

USAG Daegu

45 minutes and is accessible to visitors of all ages.

Despite being modest in size, covering 410,000m² with a 3.2 km perimeter, Jeongyang Swamp supports impressive biodiversity.

The area is home to roughly 20 fish species, 239 types of insects, 50 bird species, 11 types of mammals, and 285 plant species. Notably, it shelters protected and endangered species such as otters, wildcats, whooper swans, sandpipers, golden frogs, and southern black-faced spoonbills.

Guided programs at the Ecological Learning Experience Center allow visitors to observe and learn about local plants and animals with support from environmental interpreters.

Even during peak summer heat, the shaded trails and gentle breezes of Jeongyang Swamp offer a refreshing escape.

The area has become a favored spot for morning walks and quiet moments, offering both visitors and residents a rare opportunity to experience a living ecosystem up close.

haps
MAGAZINE KOREA
hapskorea.com



Photo by Korea Forest Service

Beat the heat at these forest retreats

HAPS KOREA MAGAZINE

The Korea Forest Service has selected 10 natural recreation forests ideal for escaping the summer heat, offering refreshing valleys, water play, and family-friendly activities across the country.

1 Ganghwa Natural Recreation Forest in Incheon features zip lines, go-karts, and forest adventures, and is easily paired with nearby beach destinations.

2 Yumyeongsan Forest in Gapyeong is known for its cold valley waters and peaceful walking trails.

3 Chuncheon's Jibdarigol Forest sits along the Jiam Valley, offering chilly mountain waters even in midsummer.

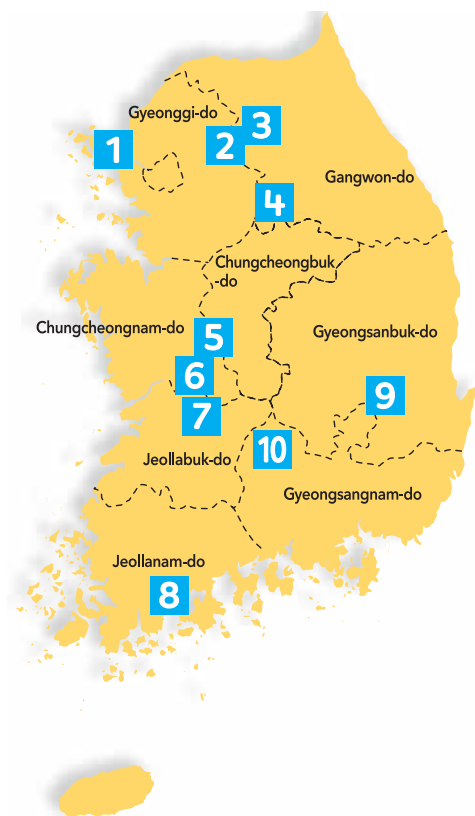
4 In Wonju, Pinocchio Forest combines a forest playground, water park, and even a reptile café.

5 Jangnyeongsan Forest in Okcheon is nestled along Geumcheon Valley with forest trails and a popular water play area.

6 Geumsan's Nami Forest provides family-friendly facilities such as an ecological learning center and sky slide.

7 Unjangsan Forest in Jinan boasts waterfalls and valley views at over 1,100 meters above sea level.

8 Jeamsan Forest in Boseong offers



both a water park and unique attractions like bear sledding.

9 Unjusan Forest in Yeongcheon blends forest experiences with horseback riding.

10 Geumwonsan Forest in Geochang features Korea's highest ecological arboretum and the massive Moon Rock, along with waterfalls and streamside recreation.

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Rifle shooting stages at HWiK Shooting and Archery range, Seongsu.

HWiK TURNS TARGET SHOOTING INTO A FUN NIGHT OUT IN SEOUL

STORY AND PHOTOS BY
ALEJANDRO CARRASQUEL,
STARS AND STRIPES
Published: July 9, 2026

The heart of Seongsu, in eastern Seoul, provides no shortage of reasons to stop and look around. Pop-up stores, sprawling cafés, galleries and flagship shops seem to appear around every corner. Hidden gems lie within these already incredible streets, especially in Seoul, known for its repertoire of free-time activities. Located on the fifth floor in the center of Seoul’s bustling pop-up district, HWiK Shooting and Archery Range offers something completely different from the usual retail and restaurant scene. I was surprised by the atmosphere - instead of a dark or intimidating shooting range, the

space felt bright, playful and built around one simple goal: having fun while competing with the people beside you. The course opened with eight stations rotating between BB pistols, sniper rifles and standard rifles. Visitors receive 24 shots with the pistol and sniper rifle, while the standard rifle provides 32. Each weapon delivered a completely different rush. The most memorable was the sniper experience, something I’ve yet to see in any other shooting range. The pistol demanded control, the rifle felt smooth and satisfying, and the sniper setup made every slow, carefully aimed shot feel far more dramatic than expected. Then I reached the automatic rifles.

EXCLUSIVE NEWS FROM:
STARS AND STRIPES
www.stripes.com

Two stations allow visitors to fire 100 BBs on full auto, and the sudden burst of sound and movement completely changed the energy in the room. Quiet concentration instantly turned into laughter, adrenaline and the urge to empty the magazine as quickly as possible. While shooting all these weapons makes the experience worthwhile, HWiK ups the ante by introducing a point system that just increases the sense of competitiveness. Try to reach a score higher than 650 and you are in for a sweet surprise. The course finished with 15 arrows from a recurve bow. After the chaos of full-auto fire, archery felt almost peaceful, forcing me to slow down, correct my posture

and focus on one deliberate shot at a time. The staff was English-friendly and patient, they carefully explained how each weapon worked, where to place my hands, how to stand and what to expect before the shooting started. HWiK somehow moves from concentration to chaos and then back to calm without ever losing its sense of fun. It is an easy recommendation for a date, especially when a friendly little competition can break the ice, or for friends searching for a quick, fun experience while exploring the area. In a neighborhood built around unexpected experiences, HWiK may be one of Seongsu’s most surprising.

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@Ale41016218

THINGS TO KNOW

ADDRESS: Seongsu Branch
5th floor, C&S Building, 52
Yeonmujang-gil, Seongdong-
gu, Seoul
DIRECTIONS: Take Seoul Subway
Line 2 to Seongsu Station, walk
approximately four minutes
toward Yeonmujang-gil. Enter
the C&S Building and take the
elevator to the fifth floor.
HOURS: Open daily, 11 a.m. to 11
p.m.
COST: Individual activities cost
around 6,000 and 11,000 won
with couple packages ranging
from 24,000 to 36,000 won.



Instagram



HWiK Shooting and Archery Range is a surprising exception in the shopping-oriented Seongsu neighborhood in Seoul.



Compound bow display.

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RAMURA IN SEOUL'S SEONGSU TURNS CHICKEN INTO AN ART FORM

STORY AND PHOTOS BY ALEJANDRO CARRASQUEL,
STARS AND STRIPES
Published: July 2, 2026

The Seongsu district in Seoul has become one of the city's most popular destinations for cafes, shopping and dining, but Ramura stands apart by building an entire ramen experience around chicken rather than traditional pork-based broths.

Located among renovated industrial buildings and trendy storefronts, the restaurant offers a relaxed atmosphere with ample side-by-side seating that works equally well for solo diners seeking a quick meal or couples enjoying a casual outing.

Prices range from 9,000 won to 18,500 won, or \$5.82 to \$11.95, placing Ramura comfortably within reach of most service

members looking for a quality meal while exploring one of Seoul's trendiest neighborhoods.

I ordered the black broth chicken ramen for 17,500 won along with the chicken skin dumplings for 9,500 won, a combination that packed each bite full of flavor.

The dumplings arrived first and featured marinated chicken wrapped in savory chicken skin rather than traditional dumpling wrappers, a crispy exterior that delivered a satisfying crunch while maintaining a juicy and flavorful center.

The ramen itself felt less like a bowl of noodles and more like a carefully constructed tasting experience, with a delicate selection of chicken bites that contribute a different flavor and texture profile.

The bowl utilized every part of the chicken with baked drumstick alongside slices of marinated chicken breast, slow-roasted soy-marinated chicken thigh and a nest of

shredded chicken that cradled three marinated quail eggs in the center.

Despite the amount of protein packed into the dish, the broth remained surprisingly light while delivering a richness and balance.

Service was fast with virtually no wait for either the food or a table during my visit, though the restaurant also uses the Catch Table application to help manage lines during busier periods.

The staff were English-friendly and accustomed to helping international visitors navigate the menu, making the experience approachable for service members and families spending a day in Seoul.

At roughly a 90-minute train ride from Camp Humphreys, Ramura is not an everyday dinner stop, but its unique approach to chicken ramen makes it well worth the journey for anyone exploring Seongsu.

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@Ale41016218

EXCLUSIVE NEWS FROM:
STARS AND STRIPES
www.stripes.com

Things to know

ADDRESS: 328-74 Seongsu-dong, Seoul

DIRECTIONS: From Seongsu Station, exit 3, walk south for 10 minutes.

HOURS: Open daily 11 a.m. to 3p.m. and 5:30 p.m. to 8:30 p.m.

PRICES: Ranges from 9,000 won, or \$5, to 18,500 won, or \$11.95

DRESS: Casual



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Stripes Sports Trivia

What actor won the Academy Award for Best Lead Actor in the boxing biographical movie, “Raging Bull”?

Answer
Robert De Niro



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DID YOU KNOW?

Aug. 15 marks Liberation Day in Korea, known as Gwangbokjeol, which means “the day the light returned.” In 1945, Japan’s surrender ended World War II and freed many Asian countries from Japanese rule. For Korea, it ended 35 years of Japanese colonial rule, and across the peninsula, Koreans poured into the streets, waving Taegeukgi flags and shouting in joy. But liberation also opened a painful new chapter: Korea was divided into Soviet and U.S. occupation zones, north and south of the 38th parallel. Separate governments were established in 1948 and the Korean War broke out in 1950. Gwangbokjeol marks both the return of freedom and the beginning of a division that still remains.



Hangul of the week

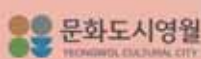
광복절

Gwangbokjeol (Liberation Day)

Language Lesson

We will remember.

Gieok-hagetseumnida.
(기억하겠습니다)



문화도시영월 YEONGWOL CULTURAL CITY

DISCOVER YEONGWOL

THE 2026 CULTURAL CITY OF KOREA





MORE INFO

Crossword

by Margie E. Burke

ACROSS

1 Like some cheddar

6 Auction actions

10 Self-satisfied

14 Seesaw, essentially

15 Scoundrel

16 Bread for gyros

17 Crop up

18 Writes in the margin

20 Small amount

22 Parsley, e.g.

23 Producing, as electricity

25 Mistake maker

28 ____ of burden

31 Salon jobs

32 AWOL soldier

34 Infamous Amin

35 Citadel student

37 “So ____ heard”

38 Accompanied

41 Pizza topping

44 Related maternally

45 Sliding stocks

47 Whodunit staple

49 Earhart, for one

51 Made sense

55 With fervor

57 Guard dog’s warning

58 “Yes ____?”

59 Prefix with call or cop

60 Broadcast sound

61 Expansive

62 Privy to

63 Bakery supply

6 Faultfinder

7 Suffix with “invent”

8 Blue denim fabric

9 Mink’s kin

10 Special wrench

11 Pain-lessening

12 Western tribe

13 Long cut

19 Cultural group

21 World Heritage Site org.

24 Forest denizen

25 Salt solution

26 “Put a ____ it” (hush)

27 Certain Protestants

29 Dissolve

30 Head lock?

33 Unexcitable

36 News anchor Cooper

39 Gorged oneself

40 Brought about

42 Actress Lohan

43 Babe in the woods

46 Coloring stick

48 Muslim beauty

49 Russia’s Sea of ____

50 Aloe ____

52 Bit of baby talk

53 “Battle Cry” novelist

54 Scheme

56 Wall St. action

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Answers to Previous Crossword:

A	S	A	N	A	R	O	T	C	T	T	O	P
C	E	D	A	R	O	N	E	I	O	I	D	S
H	E	D	Y	L	A	M	A	R	R	M	M	E
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SUDOKU

Difficulty: Medium

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8			1		9			4
3	9			8	4			
2								

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Edited by Margie E. Burke

HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answer to Previous Sudoku:

2	3	7	1	5	4	6	9	8
4	9	6	2	3	8	7	5	1
8	5	1	6	7	9	3	2	4
7	6	4	3	8	5	2	1	9
9	1	5	4	2	6	8	7	3
3	2	8	9	1	7	4	6	5
1	8	2	5	6	3	9	4	7
6	4	3	7	9	1	5	8	2
5	7	9	8	4	2	1	3	6



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Women Medipark Hospital



**United States
Army Command
Cooperation Hospital
Tricare Designated
Hospital.**



**Having an
English-Speaking
Coordinator and
Medical Staff.**



**Clean & Safe
Zone for Mom
and Newborns.**

Women Medipark Hospital's Strengths

1 Laparoscope

- The most difficult surgery of obstetrics and gynecology that **preserves the uterus and ovaries** using laparoscopic surgery and **removes only the lesion area.**
- Exclusive surgical experience and know-how of annually 2,000 cases of uterine myoma and ovarian tumor.

2 HIFU (High Intensity Focused Ultrasound)

- More precise multi-processing using German multi-lens transducer instead of single lens used in other hospitals.
- More than 600 cases experience procedure and technical expertise annually.
- From infertility to pregnancy of a patient with uterine fibroids and adenomyosis through Hifu.
• The first success story south of Han River!
- 8 successful pregnancy cases among 15 infertility patients with uterine myoma.
• Received 2009 Maternity-Friendly Policy Award (Presidential Award)



3 VBAC (Vaginal Birth After Cesarean section) : Natural Delivery after Cesarean Section

- The highest national VBAC, natural delivery rate, based on statistics from the Health Insurance Review and Assessment Service.
- VBAC : The head office has the critical position as it is responsible for most of the VBAC surgeries performed in Daegu and Gyeongsangbuk-do Province.

4 High Risk Maternity Care Center

- ① Pregnant hypertension (Pregnancy intoxication)
- ② Pregnancy Diabetes
- ③ Mothers with chronic diseases
- ④ Pregnant women with uterus and ovarian tumors
- ⑤ Premature contraction Experienced medicine, accumulated experience and know-how of women medical park hospital staff who can **provide intensive care for high-risk pregnant women.**

5 A Empress Postpartum Care Center *Where feels like you're in a hotel!*

If you have any inquires regarding this article, please feel free to contact below!

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