The 3 ‘R’s to good eating – Restaurants, Reviews & Recipes

8-page pullout
American craft beer is our specialty!

Antenna America is just what you need to quench your thirst! Our Kannai, Yokohama and Shinagawa branches serve up American craft beer from top U.S. craft breweries. Please go to http://www.naganotrading.com/ for more details. Our tasting rooms have rotating taps and a huge selection of bottles, all fresh from breweries thanks to our cold-chain delivery system. Chicken wings, burgers and other American food items all made to order at our Kannai and Yokohama branches. We have private space available upon request at our Kannai branch. Antenna America is family friendly, so come check us out!

Antenna America
American Craft Beer Bottle Shop & Tasting Room

OrderOnline www.antenna-america.com/order.html

Kannai (5min walk from JR Kannai Station North Exit)
Yokohama (Yokohama Station, 1min by R1)
Shinagawa (JR Shinagawa Station, 1min by R1

A taste of Yokosuka you’ll never forget

We ensure that in every dish we prepare, we add the best herbs and spices specially handpicked from Nepal and India. With our belief deeply rooted in the Eastern philosophy, we regard every customer as a god, and make sure in every way that we treat them as one. Our 5-star experienced cooks and chefs ensure the food looks as good as it is healthy. Once you come and visit us, we are confident that you will make plans to come again. We eagerly await the opportunity to serve you our delicacies!!

GORKHA PALACE Nepali / Indian Restaurant

Junior Yokosuka Bldg, 1F, 1-21 Odakicho Yokosuka-shi, Kanagawa-ken

TEL: (046)874-8528 www.gorkha-palace.com

Located just outside Yokosuka NB Womble Gate on the corner of R1 16 (same bldg. as 7-11)
Delicious French cuisine in Misawa

Join us for a wonderful French meal at North 40-40!! Head chef Kazu Hirabayashi served up many delicious dishes at some of Tokyo’s finest French restaurants before bringing his culinary talents to Aomori. Chef Hirabayashi and his staff use only the finest, freshest local and original ingredients. Many from the military community have enjoyed North 40-40’s French fare and its casual and friendly atmosphere. So stop by and treat yourself to some delicious French food and wine. We can’t wait to serve you!

Our Patisserie is open!!!
Come try our homemade cakes & other baked goods.
Hours: noon to 6 p.m.

LEGENDARY
YOU KNOW HOW PHENOMENAL ARTISTS TAKE SOMETHING REAL AND RAW AND MAKE IT LEGENDARY? YEAH, OUR BURGERS ARE LIKE THAT.

It tastes as good as it sounds

Beginning with an Eric Clapton guitar, Hard Rock Cafe owns the world’s greatest collection of music memorabilia, which is displayed at its locations around the globe. For fans of music, great food and good times, Hard Rock is the go-to restaurant to get that authentic American diner-inspired cuisine wrapped in a unique musical experience. So, it’s time to strike up the band! Events, like great music, are born to inspire others. At Hard Rock Cafe, we pride ourselves on delivering an exceptional experience with a rock ‘n’ roll twist for each and every one of our guests.
A special cake for a special day

Do you wish to make your sweet dreams come true? Sunrise Bakery is the custom cake headquarters at Yokota Air Base. Retirement ceremonies or weddings, promotions or birthdays, name an occasion and the bakery will make a themed cake for you. Are you a breakfast person? Start your day with the epic view of the Yokota Flight line as you pick up your breakfast choice of omelets, burritos or bagels, Monday to Saturday. You can also grab a dozen donuts for your office functions. Stop by Sunrise Bakery today for an experience bigger than just pastries.
A TASTE OF JAPAN

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Sample Okinawa’s signature seaweed

Mozuku is a type of seaweed characterized by its unique viscous texture and the presence of fucoidan, which is gentle to the stomach. Characterized by its thickness and pleasing texture, Okinawan mozuku (a type of stringy seaweed) is widely popular in mainland Japan. While Okinawan mozuku is cooked in various ways, it can also be enjoyed raw. In addition to being low in calories, its simple flavor makes mozuku a suitable ingredient for any type of cuisine.

How to use mozuku

Dried mozuku
Soak in water or add directly to soup.

Fresh mozuku
Wash lightly before cooking.

Salted mozuku
Put salted mozuku in a colander and wash well under running water. Taste a small amount of mozuku, to ensure excess salt is washed out. After excess salt is removed, enjoy it with vinegar sauce or in various dishes made from recipes on this website.

Chicken rice with mozuku

Ingredients [2 servings]
- Chicken thighs (700g)
- Salt (1/2tbsp)
- Pepper to taste
- Water (300ml)
- Fresh ginger (1 piece)
- Green part of 1 leek
- Field peas to taste

Direction
1. Rub chicken thighs with salt and pepper. Put water in a deep pot, add chicken thighs, outer skin of ginger, green part of the leek and bring to a boil over high heat.
2. When the water comes to a boil, lower the heat and skim off the scum and simmer for about 10 minutes. Remove from the heat and let cool covered. Clean field peas and cook in slightly salted boiling water.
3. Wash rice thoroughly and drain. Add 2 cups of the broth made during procedures 1 and 2, and let rest for 30 minutes. Add cooking sake, salt and mozuku, then cook in a rice cooker.
4. Cut chicken thighs into 7-8 cm pieces and reheat immediately before serving.
5. ut rice, chicken and vegetables on plates and garnish with leek cut into thin strips.

Serve with ginger-soy sauce mixture and sweet chili sauce.

Omelet with mozuku

Ingredients [2 servings]
- Mozuku (50g)
- Egg 2
- Dashi Stock 30ml
- Soy sauce 1 Teaspoon
- Mirin 1/2 Teaspoon

Directions:
1. Chop the Mozuku.
2. Pour the seasoning into the mixed egg.
3. Add an oil to a hot pan, pour into the pan and making an omelet at medium heat.
4. Cut the omelet into small pieces.

Mozuku zaru soba

Ingredients [2 servings]
- Mozuku 240g (with dried mozuku 9 to 10g)
- Wasabi (Japanese horseradish)
- Mentsuyu (dipping sauce for noodles)

and your favorite Yakumi (condiment vegetables)

Directions:
1. Rinse the mozuku and drain. (Soak dried mozuku in water until soft.)
2. Place the Mozuku on the plate and serve with wasabi, mentsuyu sauce for noodles, and yakumi (condiment vegetables), then enjoy it.

A Taste of Japan

Be a Hero! Spice it up with our special burgers

It may be hot outside, but McDonald’s is bringing the real heat with its limited-time Spicy Hero lineup. Get ready for the spicy flavors of the Wild Spicy Beef Burger, featuring a spicy medley of habanero, garlic, red pepper and chunky jalapeño peppers smothered over a thick 100% beef patty and rich cheddar cheese. Or, try the Mild Curry Chicken Burger, a crisp chicken patty topped with mild white cheddar cheese and a fragrant curry sauce using cumin and coriander. Hurry in for McDonald’s temporary lineup sure to deliver a kick tastier than this summer heat!
A little story about Jack & Betty hotdogs

Located in Sky Plaza Misawa, Jack & Betty Food Corner offers a variety of tasty hotdogs. Our eight original homemade hotdogs are popular with the military community and all lovers of hotdogs. Our large juicy “dogs” are served on local freshly baked buns, a combo that will leave your mouth watering and your stomach grumbling for more. And if you do have some room left, we recommend our homemade, naturally-flavored and additive-free gelato, the perfect dessert to any of our tasty hotdogs! So, stop by Jack & Betty. We’ll make you feel at home while you chomp on our tasty dogs.
Yokota’s diner open 24 hours on the weekend!

Head over to Yokota’s 1950s-style diner, next door to the Yokota Officer’s Club, for juicy burgers, tasty milkshakes and your other all-American favorites. Route 16 is open Monday thru Friday and stays open from 8 p.m. Fridays until 2 p.m. on Sundays. The weekends feature all-night breakfast perfect for the night owls or early birds in your bunch. And don’t forget that Thursday nights are Kids’ night at Route 16, with great deals on kids’ meals and bingo! Stop in for great desserts and dishes sure to put a smile on your face.

Freshness is always better!

Located inside the Yujo Community Center, G&R’s Pacific Pub is a convenient meal spot featuring pasta, fresh salads and a large variety of sandwiches with a side order. Some of G&R’s specialty sandwiches include turkey, bacon and provolone served on a panini or the popular chicken & bacon avocado wrap. Vegetarian and Vegan selections are also available on the menu. And don’t miss our “Kids’ Corner,” featuring Lil’ Pasta, grilled cheese sandwich and Mac & Cheese. For a scrumptious quick lunch or dinner, stop by the Yujo from 10:30 a.m. - 7 p.m. daily, Monday through Friday.
PIZZA HUT LOCATIONS:

**Yokosuka** 1000-2100
DELIVERY IS AVAILABLE
Offering: Pizza, Personal Pan Pizza, Wings, Pasta, Breadsticks, Dessert, and multiple drinks.

**Atsugi** 1030-2000
DELIVERY IS AVAILABLE
Offering: Pizza, Personal Pan Pizza, Wings, Pasta, Breadsticks, Dessert, and multiple drinks.

*We extended Pizza Hut Delivery hours on Friday and Saturday until 2200.*

TACO BELL LOCATIONS:

**Yokosuka** 1000-2100
DRIVE-UP WINDOW AVAILABLE
Offering: Tacos, Burritos, Quesadillas, Salads, Desserts, Tostadas, and Many other TB Promotional items.

*We extended Yokosuka Taco Bells Drive thru hours on Friday and Saturday until 2200.*

**Atsugi** 1000-2000
Offering: Tacos, Burritos, Quesadillas, Salads, Desserts, Tostadas, and Many other TB Promotional items.

**Sasebo** 1030-2000
Offering: Tacos, Burritos, Quesadillas, Salads, Desserts, Tostadas, and Many other TB Promotional items.