A Taste of Japan

The 3 ‘R’s to good eating – Restaurants, Reviews & Recipes

8-page pullout
American craft beer is our specialty!

Antenna America is just what you need to quench your thirst! Our Kannai, Yokohama and Shinagawa branches serve up American craft beer from top U.S. craft breweries. Please go to: http://www.antenna-america.com for more details. Our tasting rooms have rotating taps and a huge selection of bottles, all fresh from breweries thanks to our cold-chain delivery system. Chicken wings, burgers and other American food items all made to order at our Kannai and Yokohama branches. We have private space available upon request at our Kannai branch. Antenna America is family friendly, so come check us out!

Antenna America
American Craft Beer Bottle Shop & Tasting Room

Volume Purchase Promotion
Antenna America Variety & Pack

Store Locations

Kannai
5min walk from JR Kannai station North Exit
Shipping OK

Yokohama
Yokohama station
Joinus 3F (Food & Time Isetan)

Shinagawa
JR Shinagawa station
Are 3F (Food & Time Isetan)

Shipping OK

A Taste of Japan

Healthy, Tasty and Spicy
GORKHA PALACE
Nepali / Indian Restaurant

Jyumin Yokosuka Bldg. 1F, 1-21 Odaki-cho Yokosuka-shi, Kanagawa-ken
TEL: (046)874-8528  www.gorkha-palace.com
Located just outside Yokosuka NS Wombie Gate on the corner of Rt 16 (same bldg. as 7-11)

A taste of Yokosuka you’ll never forget

We ensure that in every dish we prepare, we add the best herbs and spices specially handpicked from Nepal and India. With our belief deeply rooted in the Eastern philosophy, we regard every customer as a god, and make sure in every way that we treat them as one. Our 5-star experienced cooks and chefs ensure the food looks as good as it is healthy. Once you come and visit us, we are confident that you will make plans to come again. We eagerly await the opportunity to serve you our delicacies!!

RESTAURANT INFO

Family Dining
Continental Cuisine
Drinks And Bar
Online Reservation
Party And Catering
Free Wifi

TAKE-OUT also available
Delicious French cuisine in Misawa

Join us for a wonderful French meal at North40-40 in Misawa. Your friends and family will enjoy the finest dishes made with the best local ingredients. North40-40 is within walking distance from Misawa Air Base, offers parking and take-out service. The restaurant has a new bar where you can enjoy a wide variety of beverages sure to please all of those in your party. Celebrating a special occasion? Don’t forget to pick up that scrumptious dessert from our take-out patisserie to make that celebration all the sweeter! Visit us at North 40-40, we can’t wait to serve you.

A Taste of Japan

Hard Rock Cafe

Beginning with an Eric Clapton guitar, Hard Rock Cafe owns the world’s greatest collection of music memorabilia, which is displayed at its locations around the globe. For fans of music, great food and good times, Hard Rock is the go-to restaurant to get that authentic American diner-inspired cuisine wrapped in a unique musical experience. So, it’s time to strike up the band! Events, like great music, are born to inspire others. At Hard Rock Cafe, we pride ourselves on delivering an exceptional experience with a rock ‘n’ roll twist for each and every one of our guests.
1. Ramune
   Classic Japanese drink!

   Ramune is one of Japan’s most famous carbonated soft drinks, maybe due to its unique bottle shape or its regular appearance in manga and anime. Ramune, a term coming from the English “lemonade,” was invented in 1872 and thus is among the oldest of Japan’s lemonades. The characteristic marble in the neck of the glass bottle earned Ramune the nickname of “marble soda” and is also the reason why many people might find it hard to open and drink. Despite its name, you won’t find Ramune in vending machines or convenience stores in Japan, but rather have to check a supermarket or beverage store. However, this popular lemonade is a staple of Japanese summer festivals and can be found at numerous stalls in various flavors!

   **Bonus:** To open a bottle of Ramune, simply use the little plastic opener provided with each drink and push down the marble!

2. Calpis
   What you might know as “Calpico” is a milky Japanese drink that was inspired by the Mongolian airag - basically fermented horse milk. Calpis was Japan’s first lactic acid drink, first sold in 1919. The drink is supposed to be mixed with water or milk, which is one of the reasons why it became immediately popular. And it’s condensed, so this Japanese drink keeps well even without refrigeration.

   **Bonus:** The drink was renamed “Calpico” in the West because many people feel that Calpis sounds uncomfortably close to a less than appetizing word combination.

3. Melon soda

   Ah yes, melon soda – although the bilious green color of this Japanese soft drink might seem scary, this is a favorite refreshment of many people all around Japan! The melon soda float version is particularly connected to a Japanese childhood. Find the sugary delight at convenience stores, sometimes in vending machines, and at chain stores such as Burger King and McDonald’s!

4. Yakult

   Japan’s probiotic drink called Yakult is a success all around the world, but the yoghurt drink is a staple in Japanese convenience stores and supermarkets. There is even a job called “Yakult lady” – much like the States’ Avon ladies, the duties of a Yakult lady are to ride a bicycle or motorbike and go from door to door, selling and promoting the probiotic drink.

   No matter if you like it sweet or bitter, Japan’s convenience stores and vending machines have a rich variety of original soft drinks that are sure to quench your thirst! Now your only job is to taste your way through each of them and find your favorite!
Top 10 Japanese Drinks!

Undoubtedly, this Japanese drink regularly raises many eyebrows in the West for its seemingly questionable name. Pocari Sweat is a sweet sports drink with hints of grapefruit that was first sold in 1980. It supposedly restores all the electrolytes and nutrients that are lost when sweating, hence the name. While Pocari Sweat is available as powder and in cans, you’ll most likely come across the PET bottles most of the time – they’re an inherent part of every convenience store, vending machine, and supermarket.

Mitsuya Cider

This Japanese drink is almost as old as Ramune. Mitsuya Cider was first sold in 1884, and while you might think of an alcoholic beverage when hearing “cider,” this classic refreshment is a carbonated soft drink. The standard Mitsuya Cider is best described as a cross between Ginger Ale and Sprite, but of course, there are various flavors on the market, including many seasonal ones. Mitsuya Cider is sold at any convenience store, most vending machines, and every supermarket.

Bonus: We highly recommend the Mitsuya Cider Candy, which is quite literally the classic drink in candy form. It even comes with the carbon fizz!

Canned coffee

Canned coffee is a real Japanese drink original that hit the market around 1970. This beverage is most notably found in vending machines in all kinds of varieties, from black and strong to milky and sweet. Japanese vending machines are famous for offering both hot and cold drinks, and canned coffee is a very notable example of this. Convenience stores have a rich assortment of different canned coffee creations as well.

Iced green tea

Generally unsweetened, this healthy refreshment is offered by various different companies and is quite literally found in every single vending machine and convenience store. If you want to quench your thirst in an authentically Japanese way, iced green tea is the way to go!

Bonus: We highly recommend the Mitsuya Cider Candy, which is quite literally the classic drink in candy form. It even comes with the carbon fizz!

Best known for its adorable mascot, Qoo is a non-carbonated fruit drink invented by the Coca-Cola Company, marketed mainly towards children and teenagers. First appearing in 1999, Qoo is available in pretty much all of Asia, but not in the West – it was sold in exclusively in Germany, for a brief period of time. Qoo is available in any convenience store and rarely in vending machines. As a Coca Cola product, however, it can be ordered at Japanese McDonald’s!
Find your new summer dessert!

It’s summer fruit season! Nothing better than fresh baked cobbler or a cold pudding to cool you off. Peaches are in season in Japan through the beginning of September, but lucky for you this recipe calls for canned peaches. And, if you’re looking for a healthier alternative for dessert, add avocados to the mix for a creamy and decadent pudding your family will love. Give these recipes from your Commissary a try and find a new favorite dessert!

Easy Peach Cobbler
Ingredients (serves 8)
- 2/3 cup ripe avocado, mashed
- 1/4 cup unsweetened applesauce
- 1/4 cup granulated sugar
- 1 cup whole wheat or oat flour
- 1/2 cup milk
- 1/2 tsp. vanilla extract (optional)
- 1 tbsp. and 1 tsp. baking powder
- 1/4 tsp. nutmeg
- 3 cups canned sliced peaches, in their own juice and no sugar added
- 1/2 cup of the canned peach juice, reserved and divided

Directions
1. Preheat oven to 350 degrees F.
2. In a medium-sized mixing bowl, combine the first 8 ingredients and use a fork to stir just until they are combined. Do not over mix.
3. Pour 1/4 cup of the reserved juice in a 9 inch baking pan. Add the peaches and sprinkle the cinnamon on top of the peaches.
4. Top the peaches with the flour mixture and gently spread to evenly distribute. Pour the remaining reserved juice on top of the flour mixture. Do not mix the juice into the topping.
5. Place the cobbler pan in the oven and bake for 40-45 minutes.

Chocolate Avocado Pudding
Ingredients (serves 4)
- 2 large, very ripe avocados
- ½ cup + 1 tsp. unsweetened dark cocoa powder
- 2 packets of stevia sweetener
- Pinch of cinnamon or nutmeg (optional)
- ½ cup milk (cow milk or nut milk)
- 2 tsp. vanilla extract

Directions
1. Peel, pit and cube the avocado. Place the cubes in a blender.
2. Add the remaining ingredients and blend until smooth.
3. Place the pudding in the refrigerator and chill for at least an hour.

Tips
- Serve with a sprinkle of crushed almonds, walnuts, or peanuts.
- Add ½ cup Greek vanilla yogurt to the recipe and then make frozen “pudding pops”

Recipes courtesy of DeCA

Outback Steakhouse starts fresh every day to create the flavors that our mates crave most. Our signature steaks are seasoned, hand-carved to order and grilled to perfection. Our specialty is Slow-Roasted Prime Rib offered during weekend dinnertime. But there’s so much more to enjoy, including our famous Blooming Onions. So, come and enjoy our authentic American food and let us make you feel at home. Or, get your food to go and enjoy it relaxing at home. Even easier, order through Uber Eats, with delivery available from our Roppongi, Shinagawa Takanawa and Shibuya Ikebukuro locations.

RESTAURANT INFO

Outback Eats Available at Roppongi, Shibuya, Shinagawa Takanawa and Ikebukuro.
Dine in at Yokota Enlisted Club!

Your safety comes first, so join us for a relaxing and enjoyable meal with your family, or just spoil yourself. Featuring our new menu, we’re now offering sit-down meals or you can get it To-Go. Seating may be limited, so make your reservation or just drop in, but be sure to use your Dining Loyalty Card every time you spend more than $6. Get 10 stamps to receive $10 off your next meal. Not a member? Sign up now at your club for Members First and get the benefits you deserve. Reservations can be made by calling 227-8820.

A Taste of Japan

Café offers a taste of American diner

TAK the owner of CAFE PX wants military members to have fun and remember their lifestyle in the United States, enjoy their lives and meals by coming to CAFE PX while they are stationed in Japan. He was also a cook at the old Negishi housing “All Hands Club” so he knows how to make great American-style food like B.L.T, omelets, pizza, burgers, hotdogs, milk shakes and more. He wants to create an American hometown neighborhood diner, style and feel so his customers can relax, eat and enjoy his hospitality.
PIZZA HUT LOCATIONS:

Yokosuka 1000-2100
DELIVERY IS AVAILABLE
Offering: Pizza, Personal Pan Pizza, Wings
Pasta, Breadsticks, Dessert, and multiple drinks.

Atsugi 1030-2000
DELIVERY IS AVAILABLE
Offering: Pizza, Personal Pan Pizza, Wings
Pasta, Breadsticks, Dessert, and multiple drinks.

*We extended Pizza Hut Delivery hours on Friday and Saturday until 2200.

TACO BELL LOCATIONS:

Yokosuka 1000-2100
DRIVE-UP WINDOW AVAILABLE
Offering: Tacos, Burritos, Quesadillas, Salads, Desserts
Tostadas, and Many other TB Promotional items.

*We extended Yokosuka Taco Bells Drive thru hours on Friday and Saturday until 2200.

Atsugi 1000-2000
Offering: Tacos, Burritos, Quesadillas, Salads, Desserts
Tostadas, and Many other TB Promotional items.

Sasebo 1030-2000
Offering: Tacos, Burritos, Quesadillas, Salads, Desserts
Tostadas, and Many other TB Promotional items.