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PCS GUIDE 2021+2022

INS & OUTS of being stationed in Germany

- ▶ FINDING A HOME
- ▶ GETTING YOUR KIDS ADJUSTED
- ▶ LIFE WITH PETS IN GERMANY
- ▶ PERSONAL ENRICHMENT OPPORTUNITIES



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WELCOME TO GERMANY

Your Arrival Checklist

ARRIVAL

- ☐ Attend newcomer orientation
- ☐ Obtain ID card, as needed, and enroll/update in DEERS/IACS
- ☐ Ensure passport has SOFA stamp
- ☐ Enroll or update TRICARE and complete medical in-processing
- ☐ Sign up for an APO box, if your sponsor has not already done so

MONEY

- ☐ Determine entitlements with Finance Office
- ☐ Establish account with installation financial institution
- ☐ Withdraw euros
- ☐ Research online bill-pay options
- ☐ Contact U.S. banks to close accounts, as needed

CARS

- ☐ Schedule and study for driver's exam
- ☐ Pass exam and get USAREUR License
- ☐ Pick up a copy of the Stripes Road Guide
- ☐ Get rental car
- ☐ When car arrives or is purchased, get insurance, register and pass inspection
- ☐ Enroll in the duty-free NATO Forces Fuel Card Program
- ☐ Obtain International License if you plan on driving outside of Germany

HOMES

- ☐ Establish TLA and OHA
- ☐ Prioritize needs and wants
- ☐ Visit www.homes.mil for a list of approved homes in your area
- ☐ Schedule appointments to tour homes
- ☐ Ensure Housing Office inspects property and reviews contract

- ☐ Obtain VAT form for finder's fee, if applicable
- ☐ Sign paperwork after review by Housing Office and completion of VAT form
- ☐ Establish utilities with VAT/UTAP Office
- ☐ Sign up for communication service
- ☐ Purchase liability and home insurance
- ☐ Contact FMS and browse AFRC/ACS lending closet, thrift stores, flea markets and classifieds for household items

MEDICAL

- ☐ Locate nearest emergency room
- ☐ Add emergency numbers to cell phone
- ☐ Establish relationships with local medical providers
- ☐ Pick up a copy of the Stripes Germany Health & Medical Guide

KIDS

- ☐ Have vaccination records, transcripts, PCS orders, passports and birth certificates readily available
- ☐ Contact Enrollment Office to begin application process for DoDEA-Europe
- ☐ Contact SLO for information about home schooling, referrals and transition assistance
- ☐ Visit installation child care facilities to apply and get on waitlist
- ☐ Ensure vaccinations are current and schedule wellness exams

PETS

- ☐ Ensure pet has international microchip
- ☐ Register pet at installation vet clinic
- ☐ Find German vet clinic that provides emergency care
- ☐ Get updated ID tags with local contact information

- ☐ Obtain pet passport
- ☐ Purchase pet insurance
- ☐ Register pet with local government, if required
- ☐ Find boarding center or pet sitter
- ☐ Maintain annual rabies vaccinations during overseas tour
- ☐ Understand local pet laws: handbookgermany.de/en/live/pets.html

PERSONAL ENRICHMENT

- ☐ Create a USAJobs.com account and update resume
- ☐ Visit Education Center to learn about course offerings
- ☐ Visit ACS, Red Cross & USO for volunteer opportunities and employment assistance
- ☐ Sign up through FVAP.gov to vote in elections back home

EVERYDAY LIVING

- ☐ Program important numbers into your cell phone
- ☐ Start recycling according to local requirements
- ☐ Adjust routines to observe quiet hours
- ☐ Carry euros and VAT forms when shopping and traveling
- ☐ Learn basic German phrases
- ☐ Get to know your neighbors
- ☐ Join spouses' club, German-American club or other activities
- ☐ Consider the many opportunities MWR provides to explore Germany
- ☐ Plan trips to explore Europe with StripesEurope.com
- ☐ Pick up the Stripes Europe magazine



GETTING CONNECTED

Upon arrival, getting your cell phone set up is vital. The good news is you have a variety of options and resources to get you connected.

► **Providers:** Vodafone, T-Mobile, E-Plus, TKS, SIGA and O2

► **Service contracts**

- Approximately two years.
- Breaking contracts is expensive, and renewals are often automatic.
- Ask about military exceptions.
- Ask about "young" deals if under the age of 28
- Exchange Mobile Centers and TKS provide PCS/TDY cancellation terms for their customers.

► **Pre-pay option**

- Offer basic services without contracts.
- Add minutes online and on the economy in grocery stores, retail centers and gas stations.

► **What to bring to set up a cell phone plan:**

- PCS Orders
- Military ID
- APO Address
- German bank account information

► **Apps to communicate internationally for free:**

- Skype
- Facebook Messenger
- WhatsApp
- Facetime
- Hangouts

Note: When you arrive, put your phone in airplane mode to avoid unexpected charges.



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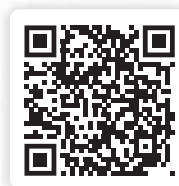
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EURO BANKING

Getting an account through an on-installation credit union or bank will eliminate headaches when paying bills, transferring money, making purchases, getting cash and managing funds between dollars and euros.

MILITARY INSTALLATION BANKING OPTIONS

Credit unions are owned and operated by their members. Members' savings are combined to create a pool of funds from which other members can borrow. Members then reap the rewards of their pooled investment income by gaining lower loan rates, higher savings rates and additional services.

Andrews Federal Credit Union

- ▶ Branches in Wiesbaden
- ▶ Shared branching with Service Credit Union
- ▶ Provides online banking and bill pay

Service Credit Union

- ▶ Branches distributed throughout bases in Germany
- ▶ Check depositing from your smartphone
- ▶ Provides "Call 24," an automated phone teller that is available 24/7

Keesler Federal Credit Union and Global Federal Credit Union

- ▶ Shared branching with Andrews Federal Credit Union and Service Credit Union

Contracted Financial services

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EUROPEAN DEBIT CARDS

- ▶ Many German businesses, especially smaller businesses, do not take credit cards.
- ▶ Always carry euros when off-installation.
- ▶ Get an electronic cash (EC) card - also known as Girocard, Visa VPAY or Maestro Card through your bank.

PAYING BILLS

The German banking system differs from the U.S., so you may be a little confused the first time you need to pay bills for German services.

- ▶ To set up automatic transfers and automatic direct debits, you'll usually need a funds transfer form.
- ▶ To fill one out, you'll need to know:
 - ✓ The euro amount due
 - ✓ International Bank Account Number (IBAN)
 - ✓ Bank's Identifier Code (BIC)
 - ✓ Account or reference number on file with payee
 - ✓ The payee's name

EUROPEAN BANKING SERVICES AVAILABLE TO YOU

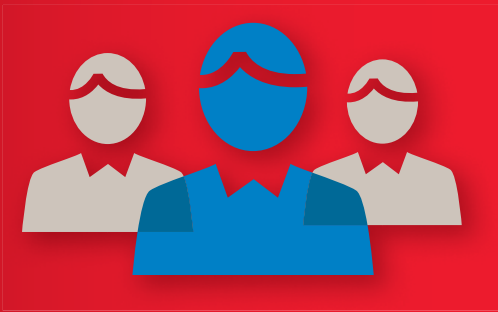
- ▶ 24-hour telephone access
- ▶ Savings and checking accounts
- ▶ Branch/online loan applications and support
- ▶ Free transfers between participating institutions
- ▶ ATM access worldwide
- ▶ U.S. credit and debit cards
- ▶ Automatic bill payments
- ▶ Credit and debt counseling
- ▶ European debit cards
- ▶ Online bill pay - U.S. and foreign banks
- ▶ Online statements
- ▶ Retirement and 401(k) management
- ▶ Currency conversion
- ▶ Mobile banking and smartphone apps
- ▶ Smartphone check depositing

BEWARE OF FEES

- ▶ Off-installation ATMs may require transaction fees.
- ▶ Minimize fees by setting up a German bank account but know the conversate rate before depositing dollars.
- ▶ You may be better off exchanging dollars for euros before transferring funds.
- ▶ The DoD will not deposit paychecks to German banks.



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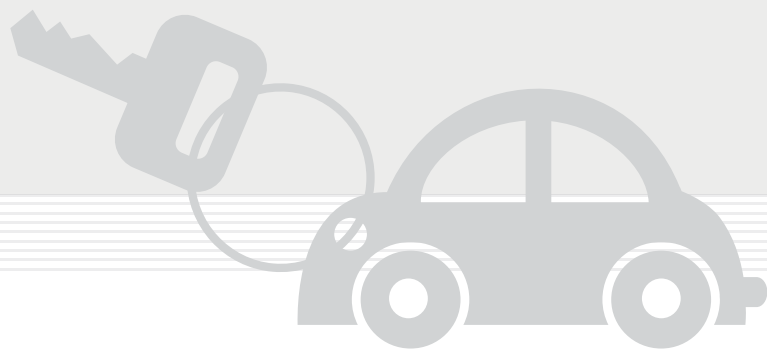
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Getting » A RIDE



SHIPPING YOUR VEHICLE OVERSEAS

- Ship your vehicle six-to-eight weeks before you PCS to ensure it gets there soon after your arrival to Germany.
- Decide between selling your other vehicles, keeping them in storage or leaving them with a friend or family member.
- A max of three vehicles are allowed per active duty member along with their dependents during their tour in Germany.

GETTING YOUR LICENSE

- You need a USAREUR license to drive in Germany.
- Training & testing can be done on JKO (Joint Knowledge Online).
- Wiesbaden area requires training & testing in-person.
- You must pass with an 85%.
- Bring certificate and U.S. license to Driving Testing Center.
- Fee is \$20.
- You will receive a temporary license.
- Permanent license will be mailed to your APO.

Note: Not all NATO countries recognize USAREUR licenses. You will need an international license to drive outside of Germany. Contact your DTC for an application.

REGISTERING YOUR VEHICLE

► What to bring:

- ✓ ID card and USAREUR license (temp is acceptable)
- ✓ Orders or employment letter
- ✓ Shipping documents from IAL
- ✓ Title or previous state registration
- ✓ Proof of insurance
- ✓ \$35 - payable by check, money order or card
- ✓ You will receive a 30-day temporary plate

VEHICLE INSPECTION

- Mandatory within 30 days of registration.
- If your vehicle passes, you will be issued permanent plates.
- Top reasons vehicles fail inspections:
www.ramstein.af.mil/News/Article-Display/Article/726381/

► What to bring:

- ✓ Valid registration
- ✓ First aid kit, warning triangle and reflective vest

Note: During the winter, cars must either have winter or all-season tires, designated with a snowflake or M+S (Mud+Snow).

BUYING A USED VEHICLE

- Check www.stripes.com/classifieds, yard-sale websites or your installation's "lemon lot."
- Cars older than 10 years need to be inspected before a sale between ID cardholders.
- Newer cars must have at least 60 days left on the registration to retain the current inspection expiration date.

► Required documents for vehicle registration on a used vehicle:

- ✓ Same as for shipped POV, minus shipping document
- ✓ U.S. title/registration document is needed for U.S. specification vehicles
- ✓ A Bill of Sale with signature of seller and buyer, as well as the vehicle's make, model, year and chassis number
- ✓ Sales between ID cardholders may also require a lien release

► Tips:

- Ask owner to complete inspection before de-registration.
- Have owner keep insurance until registration is transferred.
- Get proof of exhaust emission testing, service record, previous vehicle defects and inspection pass guarantee.
- Sales between government ID cardholders require presence of all buyers and sellers.

BUYING A NEW VEHICLE

- Buy from a dealer participating in the Military Car Sales Program.
- Benefits include tax-free transactions, worldwide shipping, U.S. specifications and prices lower than U.S. MSRP prices.

► Required documents for vehicle registration on a new vehicle:

- ✓ Same as for shipped POV, minus U.S. title/ registration and shipping document
- ✓ Bill of Sale or purchase order with name and signature of seller and buyer, as well as the vehicle's make, model, year and chassis number



- ✓ You'll have 60 days to provide additional documentation, such as the German title book and customs form

DUTY-FREE FUEL PROGRAM

- Sign up for the duty-free fuel program managed by AAFES.
- Money can be added to a prepaid card for future purchases.
- Registered vehicles have a monthly ration based on the size and weight noted on your vehicle registration.

► Program Details

- Only available in Germany at any on-installation AAFES facilities and off-installation Esso fuel stations.
- Only good for one assigned vehicle and the type of fuel the car uses.
- More than one vehicle may be registered,

and up to two ID holders may be assigned to a fuel card for each vehicle.

- Prepaid cash balance is shared across owners and vehicles.
- Exceeding your fuel ration allowance or prepaid balance, or buying with an expired card will result in paying the taxed, economy fuel price.

► Using the Card

- On-installation: Use prepaid balance or another form of payment.
- Off-installation: Must use prepaid balance.
- Pump gas, then take the fuel card, vehicle registration and ID card to the attendant.
- Know your 4-digit PIN.
- Amount purchased is deducted from monthly ration.

► Payment for Transaction

- Know your ration and card balances: <https://odin.aafes.com/esso/>, toll-free number on card or last receipt.
- Add money to card: Cash, check, Military Star card, debit or credit card at AAFES locations. You can also visit <https://odin.aafes.com/esso/>, call the number on the back of the card or use automatic bank payment.
- Lost or stolen card: Immediately call AAFES at 0800-181-9945. ■

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German homes may not be free-standing, and may lack some amenities, such as garages or backyards. Rooms, hallways and stairwells are smaller, and some homes may not have closets or cabinets in the bathrooms and kitchens.

From House Hunting to Finding a Home



GETTING STARTED

- ▶ Establish your Temporary Lodging Allowance (TLA) to cover expenses while you look for a home.
- ▶ Visit www.homes.mil to see approved available properties. Required forms and additional information are provided on www.housing.af.mil.
- ▶ Look for homes that fall in a range equal to or below your Overseas Housing Allowance (OHA).
- ▶ Contact your utility companies and request to be charged more each month to avoid receiving surprise bills at the end of the year.
- ▶ Prioritize your needs and desires to help you evaluate houses quickly.
- ▶ Choosing a home that is priced near your OHA limit can also lead to unplanned out-of-pocket expenses when you receive bill adjustments for utilities.

SEARCH TOOLS & RESOURCES

- ▶ Check listings on www.homes.mil, online yard-sale sites (www.bookoo.com) and housing websites, including www.ahrn.com.
- ▶ Other available resources are German realtors and real estate services, known as "Makler" and "Immobilien" services.
- ▶ Realty liaison consultancy agencies also assist with finding homes, financing and contract negotiation.
- ▶ Many agencies charge finder's fees totaling hundreds to thousands of euros.

- ▶ The Housing Office must inspect the house and contract before OHA is approved.
- ▶ Never sign rental contracts in German.

OTHER CONSIDERATIONS

- ▶ OHA can be used toward a mortgage but contact the Housing Office to learn more.
- ▶ Purchase household insurance "Haushaltsversicherung" and personal liability insurance "Haftpflichtversicherung."
- ▶ There are different types of heating, for example: gas, oil and electric.
- ▶ When touring houses, ask about internet service available for your area.

TIPS

- ▶ Ask for your landlord's cell phone number in case problems arise.
- ▶ Test your home's locks and smoke detectors as soon as you move in.
- ▶ Locate the circuit breaker box and learn how to trouble shoot your heating system.
- ▶ Remember that 110-volt items require plug adaptors and possibly transformers.
- ▶ It's also best to find out about snow-removal service "Schneeräumdienst."

continued on page 14



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continued from page 12

- For more helpful information about living on the economy, visit www.housing.af.mil.

UTILITIES & UTAP

Enroll in Utilities Tax Avoidance Program (UTAP)

- Be sure to bring:
 - ✓ DoD ID card
 - ✓ Orders
 - ✓ Ownership paperwork
 - ✓ Utility meter numbers and readings
 - ✓ Names of current utility companies
 - ✓ Bank account details

Savings

- Electricity: 19% VAT and energy tax
- Natural gas: 19% VAT and energy tax
- Water: 7% VAT
- Deposits waived

Utility billing

- Billed monthly.
- Adjusted annually based on actual meter readings.
- Representative may come to your home to read meters.
- You may be required to submit readings online or by mail.

VAT RELIEF

Be sure to register with your local VAT office before making tax free purchases. You can receive 10 VAT forms at a time.

Acceptable uses

- Available for many products, services, hotels, vehicles, furniture, clothing, food and electronics.
- Some establishments may not participate.

Unacceptable uses

- You're unable to use a form once a product or service is ordered.

- Home renovations, major house repairs, cell phone contracts and internet services are not part of program.

HOUSEHOLD GOODS ARRIVAL

First steps

- Lock in a delivery date for your household goods and remember that dates book fast during the peak summer PCS season.
- Schedule temporary furniture pick up by calling the warehouse at least three days before the day of desired pick up.
- Once your household goods arrive, make sure that every box that was shipped has arrived.
- Mark each item off your inventory list as everything is being unloaded.

Inspect your home

So you're not liable for damages caused by movers, it's best to take note of the damages on your household goods paperwork. Note everything that isn't right such as missing boxes or damaged goods. Be sure to make copies of all paperwork and take pictures of any damage.

Filing a claim

- You have 75 days to submit a notice of loss.
- From there, you will have nine months to submit your claim to be eligible for a full replacement value.
- Be sure to have photos and receipt purchases of your damaged goods.
- Keep any paperwork until all claims are processed.

QUICK APPLIANCE TIPS

- You will need a power converter/transformer to use your American electronics (110-v plug-in) in your German home.
- Your installation's Furnishing Management Office should provide transformers for free along with a washer, dryer, refrigerator and wardrobes.

- Check with your landlord for specifications on appliance size.

INTERNET SERVICE

Digital Subscriber Line (DSL)

Many providers offer plans with flat-rate monthly fees based on transmission speeds.

Cable internet

Offers high-speed access and continuous connectivity but is not as widely available as DSL.

TELEVISION SERVICE

AFN (American Forces Network)

- Provides programming from current networks and prime channels.
- You will need a decoder and satellite for AFN when living on the German economy.

Satellite

- Visit www.sky.com
- You will need a satellite and a decoder.

Streaming services

- Examples - Amazon Prime, Netflix, Hulu, etc.
- Show variety and availability may be limited because you are outside the U.S.
- Some offer a .de option



YOUR HOME AWAY FROM HOME

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- 24/7 nurse advice and emergency translation line
- All overseas providers treated as in-network
- Over 200 Direct Billing Arrangements with facilities across the world, including many in cities in Germany.

afspa.org/fsbp

FEHB plan offered to eligible Federal Civilian employees

All benefits are subject to the definitions, limitations, and exclusions set forth in the Foreign Service Benefit Plan's Federal brochure (RI 72-001)

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HEALTH & DENTAL CARE IN GERMANY

During your time in Germany, you will need to see a doctor and dentist. With limited healthcare services on your installation, you may need to seek services on the economy. You may feel nervous about going to a German provider, but there are things you can do to make this process easier.

TREATMENT DIFFERENCES

- ▶ Many options are available to you, such as Western, Eastern and homeopathic techniques. Talk with your doctor or patient liaison if you are in pain or are not responding well to these treatments.
- ▶ German doctors may not always have a chaperone when examining a patient of the opposite sex. If you feel uncomfortable, ask for an additional person in the room.
- ▶ Rooms are usually double occupancy and may not have privacy curtains between beds.

PATIENT LIAISONS

Host-nation patient liaisons act as intermediaries between patients and doctors to help facilitate the best care possible. From the language barrier and insurance forms, to providing comfort to clients, patient liaisons can help you feel at ease in new surroundings.

Getting a patient liaison

- ▶ Available through TRICARE and the Army Regional Health Command Europe.
- ▶ Program is open to all DoD ID cardholders, including non-TRICARE members.
- ▶ Find your local TRICARE Service Center and patient liaison, go online to www.tricare.mil/ContactUs/CallUs/TSC

DENTAL CARE

- ▶ When space is not available, dependents must rely on German providers.
- ▶ Through a voluntary dental program with TRICARE, military family members can receive affordable dental care.
- ▶ To locate a preferred provider, visit www.uccitdp.com/tp2opd/
- ▶ For information about TDP enrollment, claims or covered benefits, visit the TDP website, www.metdental.com

Emergency Numbers

Emergency Numbers	Dial
Fire	112
Ambulance	112
Polizei (German Police)	112

GIVING BIRTH IN GERMANY

Giving birth in a German hospital can be a very wonderful experience. Before delivery you'll be able to tour the hospital, as well as meet the staff. It is vital that during your first months of pregnancy you make the necessary arrangements that are best for you and your family. During your pregnancy, you can receive prenatal care at your installation's medical center.

Delivery options

- Your installation's closest German hospital.
- Army hospital in Landstuhl, Germany.

First steps after giving birth:

- ✓ Obtain your baby's Social Security Number
- ✓ Enroll your baby in DEERS
- ✓ Contact local TRICARE office for enrollment information
- ✓ Photos need to be taken for your baby's passport
- ✓ Get a no-fee U.S. passport
- ✓ Get a U.S. tourist passport
- ✓ Get a Consular Report of Birth Abroad (CRBA), a birth certificate for babies born overseas
- ✓ Add your baby in the Command Sponsorship Database

BE PREPARED

- The main line for all emergencies is 112.
- Call the 24-hour nurse line at 0800-071-3511 for healthcare advice.
- For urgent medications, look for the pharmacy with emergency hours for that day.
- Always carry a list of medications and allergies, as well as your insurance card, ID card and local currency.
- While traveling, all TRICARE beneficiaries can call the International SOS at 0800-723-4214 or the +44-20-8762-8133.
- If you still need assistance, call your Commander or First Sergeant.
- Call the American Red Cross for Emergency Communication Messages. ■

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Dental



Pet Health



Contact Information



German Medical Terms help sheet

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Life for your PETS

→ in Germany

If you've brought your furry friend to Germany, you must register them at your installation's veterinary clinic within the first 14 days of arriving.

ARRIVING IN GERMANY

When you enter Germany, you will need a health certificate filled out by a USDA accredited veterinarian and signed by an APHIS Veterinary Medical Officer. This can be a complicated process, so set up an appointment with your vet early to ensure your pet is compliant with EU regulations such as vaccinations and an ISO 15-digit microchip.

REQUIRED VACCINATIONS AND RECOMMENDED PREVENTATIVES

German veterinarians can guide you on what vaccinations and preventative treatments your animals will need each year. Most vet clinics will want to make sure your dog is protected against distemper, parvovirus, leptospirosis, rabies, hepatitis and kennel cough.

GERMAN VETERINARY CLINICS

Most installation vet offices do not provide after-hours emergency care, so ask for a list of clinics (Tierarztpraxis) on the German economy. Many vet clinics have English-speaking staff and accept VAT forms.

GERMAN PET REGULATIONS

- ▶ Animals must never be left tied up and unattended.
- ▶ Keep your dog leashed in populated areas and anytime someone approaches.
- ▶ Shelter must always be provided for your pet.
- ▶ Food and water must always be easily accessible for your pet.
- ▶ You are expected to give your dog adequate attention and exercise.
- ▶ Barking, howling or whining for 10 minutes continuously, or more than 30 minutes total, per day is considered a noise disturbance.

TRAVELING WITH YOUR PET

Requirements:

- ✓ All pets must have their 15-digit international microchip.
- ✓ If you're taking the train, you'll need to purchase a ticket for your pet.
- ✓ EU Pet Passport must be with you and your pet at all times when traveling.
- ✓ Animals must be contained while riding in vehicles (carrier or harness).

SHIPPING YOUR PETS

If you arrived without pets and ship them later, they will need current vaccinations and health records. If arriving at Frankfurt or Ramstein, you'll be charged an importation fee. Contact the Frankfurt airport's animal protection officer at +49 (0) 6969021366 if your pet will be arriving there unaccompanied. Pet travel during extreme summer and winter temperatures may be prohibited, depending on the breed and airline. Dogs descending from dangerous breeds may be forbidden from importation. ■



ENJOY YOUR FAVORITE RESTAURANTS AT *home!*

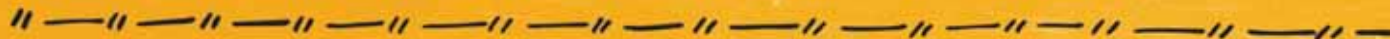


LANDSTUHL POST, BLDG. 3780

06371-86-7244/6107 DSN 486-7244/6107

MON-THU: 11 AM - 2 PM & 4 - 7 PM / FRI: 11 AM - 2 PM & 4 - 10 PM

SAT: 11:30 AM - 7 PM



VOGELWEH HOUSING, BLDG. 1036

0157-3049-2529

MON-FRI: 11 AM - 2 PM & 5 - 10 PM & SAT: 5 - 10 PM



SEMBACH KASERNE, BLDG. 220

0611-143-541-9112 DSN 541-9112

SEVEN DAYS A WEEK: 11 AM - 1:30 PM & 4 - 7:30 PM



VOGELWEH, BLDG. 2057

0152-2252-4450

WED & THU: 12 - 8 PM, FRI: 12 - MIDNIGHT, SAT: 4 PM - MIDNIGHT

SMITH BKS, BLDG. 8105

0611-143-531-2833 DSN 531-2833

SEVEN DAYS A WEEK: 11 AM - 9 PM



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Adjusting your KIDS

→ to Germany

Moving to Germany is a big change for the entire family. Children certainly feel this impact as they leave behind familiar schedules, classrooms, friends and neighborhoods. Here are ways to make the transition as smooth as possible for your kiddos.



ESTABLISH ROUTINES

The importance of routines in child development should not be understated. Establishing routines will help children handle the additional emotional and environmental changes as you get settled.

- ▶ Set sleep schedules right away.
- ▶ Rehearse school or day care routines.
- ▶ If possible, take your children to their day care or school to meet caregivers or teachers in advance.
- ▶ Make sure your routine includes time for your children's favorite activities.

INVOLVE YOUR KIDS

Include your children throughout the transition. Even for toddlers, give them tasks and roles to instill a sense of responsibility and increase self-confidence.

- ▶ Let them help unpack and give them freedom to organize their living space.
- ▶ Schedule social time with classmates and new neighbors.
- ▶ Sign up for after school activities.
- ▶ Contact a School Liaison Officer (SLO) to request youth sponsors.

EXPLORE GERMANY

- ▶ Maintain an enthusiastic outlook about your arrival in Germany, even if you are having doubts. Your children will look to you a great deal during this transition. If you're upset, they will be too.
- ▶ Eat meals on the economy, attend local fests and learn about German traditions. Address the differences between life in Germany versus back home, but move conversations in a positive direction. Your children will gain an appreciation for diversity while exploring.
- ▶ Enroll your children in German lessons, schools or day care.
- ▶ Explore the best of Europe by letting your children assist in trip planning, researching and selecting sites or activities they would enjoy. Take photos and work together to create scrapbooks, photo albums, calendars, collages and other creative projects.

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REMAIN IN TOUCH WITH LIFE BACK HOME

While adjusting to everything new, don't forget about life back home. Video chat or call family and friends. If your children are allowed online, encourage them to use social media and email to stay in touch with friends or have them send postcards from the destinations they visit. Continue the traditions that are important in your family, while creating new ones during your time in Germany.

EXPECT AN ADJUSTMENT PERIOD

Give your children time to process all of the changes, both good and bad, that come with

their new environment. Be aware of expat child syndrome, a psychological condition that typically occurs in children ages 10 to 15 and can lead to isolative or unruly behavior.

Resources

- ▶ Family Life Counselors (MFLCs) - free non-medical sessions with child behavioral specialists are anonymous and may occur in individual, couple, family or group settings.
- ▶ School Liaison Officer (SLO)
- ▶ Adolescent Support and Counseling Services (ASACS)
- ▶ Military OneSource - Twelve free sessions for individual, couple, family or group settings.



CHILD EDUCATION

A variety of school and child care options are available to you, but keep in mind that many programs have waitlists, so don't delay the planning process! Department of Defense Education Activity (DoDEA) Europe schools typically accept enrollments throughout the year to accommodate military families. Consult with the SLO on what would be the best option for your children.

GERMAN SCHOOLING

While stationed in Germany, you have the choice to have your children attend German schools. It's strongly recommended to discuss this option thoroughly with your installation's SLO before applying.

Key differences:

- ▶ American holidays are not granted off.
- ▶ You can be fined if you take your children out of school for holidays unless discussed in advance.
- ▶ School year starts mid August and ends beginning of July.

DODEA EUROPE

DoDEA schools accept enrollments throughout the year to accommodate military families.

- ▶ Enrollment requirements: www.dodea.edu/enrollment-categories.cfm
- ▶ School Liaison Officer (SLO): invaluable resource during transition www.dodea.edu/Europe/resources/slo.cfm and www.europe.armymwr.com/slo
- ▶ Documentation needed:
 - ✓ PCS orders
 - ✓ Age verification (PCS orders, birth certificate or passport)
 - ✓ Child's transcripts
 - ✓ Immunization records

HOMESCHOOLING

Homeschooling is a legal option open to all SOFA sponsored active-duty military, DoD civilians and contractors. Your children may be eligible for auxiliary services offered by DoDEA-Europe. Contact your SLO for more information and to connect with homeschool groups.

CHILD CARE

Your installation's offerings may vary, but many programs are available through Force Support Squadrons (FSS) or Morale, Welfare and Recreation (MWR) services. Contact your local facilities to enroll. Note that waitlists are likely, so get started early!

- ▶ Child Development Center (CDC) - These centers offer weekday child care

for children ages 6-weeks to 5-years or pre-school.

- ▶ School-Age Programs (SAP), Youth Programs, Teen Programs - Offered for children in kindergarten through high school. These programs focus on a variety of enrichment activities. Some programs have before- and after-school care, as well as activities on holidays and during summer break.
- ▶ Family Child Care (FCC) - Providers are certified and regulated by the DoD to care for children in their homes. Some offer extended hours. For more on available programs, contact the CYS Registration Office.
- ▶ Check with your installation for specific registration information.

PARENT SUPPORT

Being a parent isn't always easy, especially when placed in a new environment. Many on-installation and private resources are available for you, such as the A&FRC, ACS or spouses' clubs. Also, look for community websites and social media resources to find support and friendship. ■

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Personal

» ENRICHMENT

Moving abroad can be difficult for spouses who have left respected careers, business networks and emotional support of friends and family. Take control of your routine — learn about the new job market and seek employment, find volunteer opportunities and further your education.

CAREER OPPORTUNITIES

On Installations

- ▶ **NAF Positions:** NAF positions support installations through services in Morale, Welfare and Recreation (MWR) and Force Support Squadrons (FSS). Hours range from regular, full-time to flexible part-time with varying employment benefits. Federal and NAF positions are listed on www.usajobs.gov
- ▶ **DoDEA-Europe:** These schools offer full-time positions, substitute teachers, administrative staff and educational aids. Go to www.dodea.edu/Europe/offices/hr
- ▶ **Defense Contractors:** Job opportunities in technology, management, accounting and administration are available with contracting firms. Your installation's contracting office and A&FRC or ACS office will have information about vacancies.
- ▶ **Defense Commissary Agency (DECA):** Jobs at www.usajobs.gov
- ▶ **Army and Air Force Exchange Service (AAFES):**
Apply at <http://odin.aafes.com/employment> or through local human resources offices.

Note: Check websites and offices for new openings frequently – a job can be posted one day and stay posted for only 48 hours.

continued on page 28



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continued from page 26

Home-based Businesses

If you own a home-based business, you should:

- ✓ Contact your installation's Legal Office before establishing a business. The Legal Office cannot advise you on private business activities, they may provide guidance.
- ✓ Check with your local German trade office, "Gewerbeamt," to see if you need a German business license.
- ✓ Find a German tax adviser (Steuerberater). Even if you don't need a German business license you will need a tax number.
- ✓ Do not use military privileges such as APO, BX, Commissary or USAREUR-plated car to support your business.
- ✓ If you live on-base, you will need permission from the installation commander.

On the Economy


The SOFA in Germany permits military spouses to work on the local economy. You will be subject to German laws and taxes.

VOLUNTEERING

While many may feel over qualified to hold a volunteer title, there is so much to take away and learn as a volunteer. More often than not, this is the main avenue people take to eventually land a great job. Volunteering can help you gain experience and network to land a paid position in the future.

Start Making Connections

- ▶ Visit your installation's A&FRC/ACS/FSS/MWR, the American Red Cross and the United Service Organizations (USO).
- ▶ Reach out to various offices across your installation that align with the career field you're interested in. You never know if they need volunteers or are willing to let people shadow them.



Taking the time to advance your education can help you excel in the future.

EDUCATION

Taking the time to advance your education can help you excel in the future. Educational opportunities on installations in Germany come with a variety of programs at universities partnered with the DoD.

- ▶ **Central Texas College Europe:**
www.ctcd.edu/locations/Europe

Primarily associate degrees and practical training. The Advanced Skills Education Program develops leadership qualities within non-commissioned and junior officers. Offers face-to-face and online courses.

- ▶ **Community College of the Air Force:**
www.airuniversity.af.edu

Accredited degrees and courses for qualified personnel.

- ▶ **University of Maryland Global Campus:**
europe.umgc.edu

Undergraduate and graduate degrees as well as associate, bachelor's, master's and doctoral programs. Offers face-to-face and online courses.

- ▶ **Embry-Riddle Aeronautical University:**
europe.erau.edu

Certifications, undergraduate and graduate degrees. Offers face-to-face and online courses.

- ▶ **The University of Oklahoma:**
outreach.ou.edu

Online and independent study options for some classes. Face-to-face advanced degrees available.

- ▶ **Other schools:** Many U.S.-based schools offer online courses or have European satellite locations. Some European universities offer programs for English speakers. For tuition assistance and financial aid information, visit www.military.com/education, www.militaryta.com or your Education Office.

OTHER PERSONAL ENRICHMENT AVENUES

- ▶ Start DIY projects you've always wanted to do.
- ▶ Spend time in the gym and establish healthy habits.
- ▶ Travel, travel, travel! Living in Germany means traveling between other European countries is easier than ever.
- ▶ Start a blog – whether it be travel, fitness, military living, etc. Contribute your articles to StripesEurope.com for a chance to get published online and in various magazines.

Find what works for your goals and dreams whether you land a great job, volunteer with an amazing organization, further your education or find other ways for personal enrichment. Utilize your time in Germany to benefit your future to the best of your ability. ■



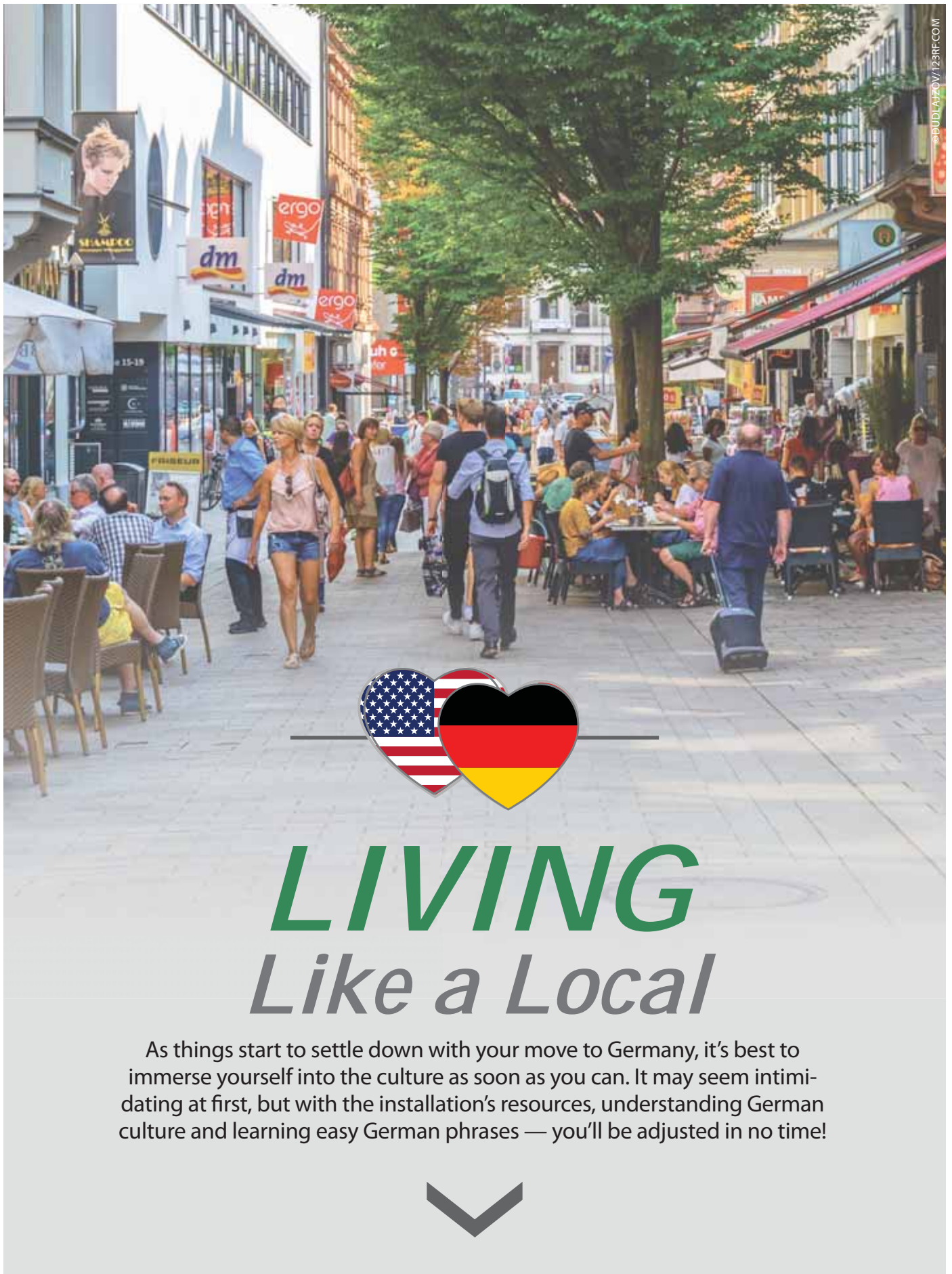
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LIVING *Like a Local*

As things start to settle down with your move to Germany, it's best to immerse yourself into the culture as soon as you can. It may seem intimidating at first, but with the installation's resources, understanding German culture and learning easy German phrases — you'll be adjusted in no time!



WELCOME ORIENTATION

Contact your installation's ACS or A&FRC for information on "Willkommen" or "Welcome" Tours. These tours are designed to introduce you to a German town near you. You may stop in a restaurant, grocery store, farmer's market or other shops. The goal is to show you the ins and outs of how to order food and drinks, make purchases in stores and embrace the German culture overall.

RESPECT YOUR NEIGHBORS

- Keep your section of sidewalk and street gutter free of debris.
- Quiet hours are from 10 p.m. - 6 a.m.
- Refrain from loud chores on Sundays and German holidays.

EVERYDAY LIFE IN GERMANY

Dining

- You can order tap water in Germany since it is safe to drink.
- Close your menus to signal you are ready to order.
- Expect meals to last a while.

- Be sure to ask for the check.
- Not every restaurant accepts credit cards, so bring euros.

Shopping

- You'll need a 50 cent or 1 euro coin to insert into shopping carts for use.
- Weigh your produce before checking out.
- Bring your own bag to bag your groceries.
- If you forget a bag, you may pay for one at the register.
- Credit cards may not be accepted, so carry euros.
- Stores are closed on Sunday and holidays.

Driving

- City streets are very narrow.
- Germans tend to drive more fast-paced than what American are used to.
- 30% of the Autobahn does have a speed limit.
- If no limit is posted the recommended speed is 130 km/h.
- Stay in the right lane unless passing.



RECYCLING IN GERMANY

Recycling is a requirement in Germany. Each town can be on different trash and recycle pick-up schedules — so be sure to ask your landlord or neighbors for information.

► Here's a clear list of what to recycle:

Paper

Boxes (from cereal boxes to shoe boxes)
Cardboard
Envelopes
Paper
Paper bags
Reading materials (paperback books, newspapers, magazines, catalogs, mail)
Wrapping paper

Non-paper Packing Material

Aluminum foil
Bottle tops
Jar lids
Metal cans/packaging
Net bags for produce
Plastic bags (storage bags, bags that

food comes in, grocery bags)
Plastic bottles/cartons
Styrofoam

Biodegradables/Compost

Branches
Bread
Egg shells
Flowers/plants
Fruit
Hay and straw shavings
Nutshells
Paper towels
Tea bags
Untreated wood
Vegetables
Wood chips

Residual

Ashes
Cat litter
Diapers
Feminine products
Kleenex
Meat (including bones)
Mirrors
Non-packaging metals/plastics

Seafood (including shells)
Soiled paper products
Vacuum cleaner bags

Glass

White, clear, green, brown, blue and other colored glass
Drinking glasses
Non-returnable glass jars/bottles
Other glass packaging

No ceramics, porcelain, or metal/plastic lids

Bulk and Hazardous Waste

Batteries/chemicals/detergents/pesticides
Construction waste
Cooking oil
Electronics
Furniture
Large branches
Lightbulbs
Mercury thermometers
Other oils
Paint
Scrap metal
Tires
Trees



Useful GERMAN Phrases

Ready to learn German? Local nationals will appreciate that you are attempting to speak their native language. Remember, practice makes perfect!

SALUTATIONS

Welcome	Willkommen
Hi	Hallo
Goodbye	Auf Wiedersehen
Bye	Tschüss
Good morning	Guten Morgen
Good afternoon	Guten Tag
Good evening	Guten Abend
Good night	Gute Nacht
See you soon	Bis bald

POLITE EXPRESSIONS

Please	Bitte
Thank you	Danke
You're welcome	Bitte schön
Yes	Ja
No	Nein
Yes, please	Ja, bitte
No, thank you	Nein, danke
How are you?	Wie geht es Ihnen? (formal)
How are you?	Wie geht's dir? (informal)
What's going on?	Was ist los?
Very good	Sehr gut
I'm OK	Es geht./Mir gehts gut
I'm sorry	Es tut mir leid
Excuse me	Entschuldigung
That's fine	Das ist gut
Of course	Natürlich
Don't worry	Keine Sorge

ASSISTANCE OR CLARIFICATION

Can you please help me?	Können Sie mir bitte helfen?
Pardon me?	Wie bitte?
Excuse me	Entschuldigen Sie
I understand	Ich verstehe
That sounds good/All is good	Alles klar

Exactly Genau
 I don't understand Ich verstehe es nicht
 I don't know Ich weiss es nicht
 I speak English Ich spreche Englisch
 I don't speak German Ich spreche kein Deutsch
 I speak a little German Ich spreche ein bisschen Deutsch
 My German is bad Mein Deutsch ist schlecht
 What's that called in German? Wie heisst es auf Deutsch?
 How do you say "_____" in German? Wie sagt man "_____" auf Deutsch?
 What does "_____" mean in English? Was bedeutet "_____" auf Englisch?
 Do you speak English? Sprechen Sie Englisch?
 Please write it down Bitte schreiben Sie es auf

DINING

I'd like to reserve a table Ich möchte einen Tisch reservieren
 My name is Ich heisse
 I have a reservation Ich habe eine Reservierung
 I would like Ich hätte gern
 I would like to pay, please Ich möchte bitte bezahlen
 Check, please Bezahlen, bitte
 Keep the change Stimmt so
 Waiter/waitress der Kellner/die Kellnerin
 Menu die Speisekarte

SHOPPING

How much does this cost? Was kostet das?
 Do you have _____? Haben Sie _____?
 How much? Wie viel?
 What is this? Was ist das?
 Do you have this in size _____? Haben Sie das in Grösse _____?

TRAVEL

Hotel das Hotel, der Gasthof, Pension
 Room das Zimmer
 Train station der Bahnhof
 Main train station die Hauptbahnhof
 Subway die U-Bahn
 Airport der Flughafen
 ATM der Geldautomat
 Gas station die Tankstelle
 When is the next train to _____? Wann fährt der nächste Zug nach _____?
 When does the train leave? Wann fährt der Zug ab?
 Where is _____? Wo ist _____?
 North Norden
 South Süden
 East Osten
 West Westen
 Left links
 Right rechts
 Straight ahead geradeaus

LEARNING THE LANGUAGE

Although the basics are great – nothing beats hearing the language spoken well. Make the most of your tour in Germany by trying to learn the language.

► Google Translate App

This app allows you to “say” the word in German and hear how it is pronounced. You can also turn on the image feature and hover your phone over the German text to translate in real-time to English without typing each word.

► Online Programs

Through Army MWR or USAFE Libraries’ websites, you can access Mango Languages or Rosetta Stone to learn German for free on your computer or mobile device.

► Other services available to you

- Community centers
- FSS
- A&FRC/ACS
- USO
- German community colleges
“Volkshochschulen”
- International language institutes, such as Inlingua (www.inlingua.com) or Berlitz International (www.berlitz.com) ■





Conversions & Holidays

LENGTH

1 kilometer =	0.6 miles
1 meter =	3.3 feet
1 centimeter =	0.39 inches

WEATHER TEMPERATURE

°C	°F
0	32
5	41
10	50
15	59
20	68
25	77
30	86
40	104
50	122

GERMAN PUBLIC HOLIDAYS 2021

1 January New Year's Day	3 June Corpus Christi
6 January Three King's Day	15 August Assumption Day
2 April Good Friday	3 October Day of German Unity
4 April Easter Sunday	31 October Reformation Day
5 April Easter Monday	1 November All Saint's Day
1 May Labor Day	17 November Repentance Day
13 May Ascension Day	25 December Christmas Day
23 May Whit Sunday	26 December 2nd Day of Christmas
24 May Whit Monday	

WOMEN'S SIZES

Shoes	Dresses/Shirts/Pants	Bras (Cups AA-E)
US EU	US EU	US EU
5 35-36	2 (XS) 32	32 70
5.5 36	4 (XS/S) 34	34 75
6 36-37	6 (S) 36	36 80
6.5 37	8 (M) 38	38 85
7 37-38	10 (M) 40	40 90
7.5 38	12 (L) 42	42 95
8 38-39	14 (L-XL) 44	44 100
8.5 39	16 (XL/1X) 46	46 105
9 39-40	18 (1X-2X) 48-50	
9.5 40	20 (2X) 50-52	
10 40-41		
10.5 41		

MEN'S SIZES

Shoes	Suits/Coats	Pants
US EU	US/UK EU	Inches CM
8 41	36 46	28 71
8.5 42	38 48	30 76
9 43	40 50	32 81
10.5 44	42 52	34 86
11.5 45	44 54	36 91
12 46	46 56	38 97
13 47	48 58	40 102
14 48		

CHILDREN'S SIZES

Clothing		
8 134	1 32	
US EU/UK	2 33	
2T 92	3 34	
3T 98	4 36	
4 104	5 37	
5 110	6 38	
6 116	7 39	
6X 122	8 40	
7 128	9 41	
Shoes		
EU US		
11 28		
12 30		
13 31		

INFANT SIZES

Clothing	Shoes	
US EU/UK	US EU	6 22
NB 56	0 15	7 23
3 MO 62	1 16	8 24
6 MO 68	2 17	9 25
9 MO 74	3 18	10 27
12 MO 80	4 19	
18 MO 86	5 20	



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—Zita Steele



BASE DIRECTORY

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BAVARIA

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RHEINLAND-PFALZ

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STUTTGART

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WIESBADEN





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GET TO KNOW

YOUR NEW
HOME



Bavaria, Germany

Though synonymous with Oktoberfest, Bavaria offers more than large amounts of beer. Munich, Bavaria's state capital, is sprawling with art museums and the famous Nymphenburg Palace. The popular Romantic Road, which partly takes place in Bavaria, allows you to see can't-miss places such as Rothenburg ob der Tauber, a well-preserved medieval town and the Neuschwanstein Castle.

ANSBACH



FACEBOOK PAGE RESOURCES

Military

- AFN Bavaria
- Ansbach Army Community Service
- Ansbach Army Health Clinic
- Ansbach Housing
- Public Health Command Europe
- USAG Ansbach Army Education Center
- USAG Ansbach Community
- USAG Bavaria
- USAG Bavaria ACS

Military Community

- American Red Cross - USAG Bavaria
- Ansbach Family & MWR
- Ansbach Spouses' & Civilians' Club
- Bavaria Community & Spouses' Club
- USAG Bavaria CYSS Teens
- USO Bavaria

Social & Recreation

- Ansbach Outdoor Recreation
- Ansbach Spouses Without Kids
- Army Wellness Center Bavaria
- BAWT
- Katterbach/Ansbach Army Spouses

Pets

- Ansbach/Katterbach Pets
- Bavaria Pet Society
- Furever Homes for Bavaria Pets
- Pet Community of Bavaria
- Vilseck Veterinary Treatment Facility

Parenting

- Ansbach Middle School
- Mom2Mom Bavaria
- USAG Bavaria Military Birth Resource

Retail

- Ansbach Spouses & Civilian Club Thrift
- Bavaria Buy & Sell
- Katterbach & Ansbach Classified

For the most current information
please visit home.army.mil/bavaria

PHONE DIRECTORY

CIV PHONE

BLDG

Operator (Katterbach)	09802-83-113	
Operator (Storck)	09841-83-113	
American Red Cross (Katterbach)	09802-83-2136	5817 B
Army Community Service (Katterbach)	09802-83-2883	5817 A
Army Community Service (Storck)	09841-83-4555	6510
Automotive Skills Center (Urlas)	09802-83-2753	8130
Civilian Personnel Advisory Center (Barton)	0981-183-7897	5254
Commissary (Urlas)	09802-83-7070	8134
Child Youth and School Services (Katterbach)	0980-832-2533	9028
Dental Clinic (Urlas)	06371-9464-3700	8156
Driver's Testing/License (Katterbach)	09802-83-3700	5818
Education Center (Katterbach)	09802-83-2817	5817 A
Education Center (Storck)	09841-83-4750	6503
Emergency Relief Program	09802-83-2724	5817 A
Exceptional Family Member Program (Katterbach)	09802-83-2146	5817 A
The Exchange (Urlas)	09802-9581629	28615
Family and MWR (Bismarck Kaserne)	09802-83-1550	5845
Health Clinic (Urlas)	06371 94643600	8156
Housing Office (off-post) (Bismarck)	09802-83-3959/3468/2962	5843
Housing Office (on-post) (Bismarck)	09802-83-2965/2967	5843
ID/Card Facility (Katterbach)	09802-83-3448/3302	5818
Inbound/Outbound Household Goods (Katterbach)	09802-83-3704	5818
Legal Services (Katterbach)	09802-83-2103	5818
Library (Bleidorn)	0981-183-1740	5083
Passport (Katterbach)	09802-83-3456/3469/3301	
Patient Liaison (Urlas)	06371-9464-3696	8156
Post Office (Katterbach)	09802-83-2740	5256
Post Office (Storck)	09841-83-4592	5256
Sponsorship and Relocation Assistance (Katterbach)	09802-83-2883	5818
Sponsorship and Relocation Assistance (Storck)	09841-83-4555	5818
Thrift Shop (Katterbach)	09802-83-2534	5515
Transportation Motorpool (Barton)	0981-183-1800	5284
TRICARE Office	06371 94643600	8156
VAT Office (Urlas)	09802-83-1780	8134
Vehicle Inspection (Barton)	0981-183-7759	5259
Vehicle Processing (Barton)	0981-183-7255	5259
Vehicle Registration (Barton)	0981-183-7892	5259
Women, Infants and Children (WIC) (Bleidorn)	0981-183-7739	5090

GARMISCH



FACEBOOK PAGE RESOURCES

Military

- AFN Bavaria
- Public Health Command Europe
- USAG Bavaria
- USAG Bavaria - Garmisch Community
- USAG Bavaria ACS
- USAG Bavaria Housing

Military Community

- American Red Cross - USAG Bavaria
- Bavaria Community & Spouses' Club
- Garmisch Community Connection
- Garmisch Family MWR
- USAG Bavaria CYSS Teens
- USO Bavaria

Social & Recreation

- Army Wellness Center Bavaria
- BAWT
- Garmisch Community Club & Thrift Shop

Pets

- Pet Community of Bavaria
- Bavaria Pet Society
- Furever Homes for Bavaria Pets
- Vilseck Veterinary Treatment Facility

Parenting

- USAG Bavaria Military Birth Resource
- Mom2Mom Bavaria
- Garmisch Babysitters

Retail

- Bavaria Buy & Sell
- Garmisch eYard Sale

PHONE DIRECTORY

CIV PHONE

BLDG

American Red Cross	1-877-272-7337	203
Army Community Service	08821-750-3777/3572	203
Commissary	08821-908-997	212
CYS Registration	08821-750-2284	723
Driver's Testing/License	08821-750-3390	202
Education Center	08821-750-3560	203
EFMP (Rose Barracks)	09641-70-599-1101	
Family & MWR	08821-750-3005	203
Furniture Warehouse	09641-70-526-4757	
Housing Office	08821-750-3660/3531	203
ID-Card Facility	08821-750-3737/3345	203
Installation Transportation Office/HHG (Inbound)	08821-750-3488	202
Lending Closet	08821-750-3777/3572	203
Library	08821-750-2467	725
Medical Appointment Line	06371-9464-3000	
Passport	08821-750-3737/3345	203
Patient Liaison	06371-9464-3040	
Post Office (Finance)	08821-750-3713	251
Post Office (Mail Room)	08821-750-3535	251
School Liaison Office	08821-750-2266	
Sponsorship Office (Tower Barracks)	09641-83-6734/7301/8213	
The Exchange (Main)	08821-966-7414	204
Thrift Shop	08821-750-3552	212
VAT Office	08821-750-3711	203
Vehicle Processing (Tower Barracks)	09641-926-0061	515
Vehicle Registration	08821-750-3608	202
Veterinary Services (Rose Barracks)	09662-83-2370	222

For the most current information
please visit home.army.mil/bavaria

GRAFENWÖHR



FACEBOOK PAGE RESOURCES

Military

- AFN Bavaria
- Public Health Command Europe
- US Army Health Clinic Grafenwoehr
- USAG Bavaria
- USAG Bavaria ACS
- USAG Bavaria Housing
- USAG Bavaria, Family & MWR
- USAG Bavaria, Grafenwoehr & Vilseck Military Community

Military Community

- American Red Cross - USAG Bavaria
- Bavaria Community & Spouses' Club
- Grafenwoehr USO
- Grafenwoehr/Vilseck Army Families
- Grafenwoehr/Vilseck Army Wives
- Grafenwoehr/Vilseck Information, and More
- USO Bavaria

Social & Recreation

- Army Wellness Center Bavaria
- BAWT
- Grafenwoehr & Vilseck Arts & Crafts Center

Pets

- Bavaria Pet Society
- Furever Homes for Bavaria Pets
- Pet Community of Bavaria
- Pet Sitting Grafenwoehr/Vilseck
- Vilseck Veterinary Treatment Facility

Parenting

- Grafenwoehr Community Schools
- Grafenwoehr CYSS
- Grafenwoehr/Vilseck Babysitting Page
- USAG Bavaria Military Birth Resource

Retail

- Bavaria Buy & Sell
- BSCS Thrift Shop: Grafenwoehr
- Exchange (Grafenwoehr)
- Grafenwoehr/Vilseck Sells
- Military Car Market - Grafenwoehr
- Vilseck/Grafenwoehr Buy/Sell/Trade

For the most current information
please visit home.army.mil/bavaria

PHONE DIRECTORY - TOWER BARRACKS

CIV PHONE

BLDG

American Red Cross	09641-83-1760	150
Army Community Service (Rose Barracks)	09641-70-599-1101	322
Army Community Service (Tower Barracks Satellite)	09641-70-526-4403	244
Army Emergency Relief Program	09641-70-526-4403	244
Automotive Skills Center	09641-83-6239	528
Civilian Personnel Office (AF)	09641-83-1630	206
Civilian Personnel Office (NAF)	09641-70-526-2081	539
Commissary	09641-83-9402	700
CYS Registration (Rose Barracks)	09662-83-2760/2658/2851	224
Dental Clinic	06371-9464-3100	475
Driver's Testing/License	09641-83-8187/8240/8241	301
Education Center	09641-83-7239	538/549
Exceptional Family Member Program (Clinic)	06371-9464-3048	475
Finance Office	09641-83-6957/7286/8651	244
Family & MWR	09641-70526-9030	539
Furniture Warehouse	09641-70-526-4251	
Housing Office (Off-Post)	09641-83-6245	244
Housing Office (On-Post)	09641-83-6324/6245	244
ID-Card Facility	09641-83-6550	244
In/Out processing	09641-83-6045	244
Legal Services	09641-70-569-0521	106
Lending Closet	09641-70-526-4403	244
Library	09641-83-1740	445
Medical Appointment Line	06371-9464-3000	
Passport	09641-83-8754	244
Patient Liaison	06371-9464-3040	
Post Office (Mail Room)	09641-83-6169	141
School Liaison Office	09641-70-526-9042	539
Sponsorship Office	09641-83-6734/7301/8213	
The Exchange (Customer Service)	09641-936-3100	700
Thrift Shop	09641-926-0377	508
Transportation Office/HHG (Inbound)	09641-83-8438	244
TRICARE	06371-8464-3000	
USO (Tower Barracks)	09641-62-39900	150
USO (Camp Aachen)	09641-62-38686	
VAT Office	09641-70-526-9031	539
Vehicle Processing	09641-926-0061	515
Vehicle Registration	09641-83-5045	301
Veterinary Services (Vilseck)	09662-83-2370	222

HOHENFELS



FACEBOOK PAGE RESOURCES

Military

- AFN Bavaria
- Hohenfels Army Community Service
- Hohenfels Army Health Clinic
- Hohenfels Family & MWR
- Public Health Command Europe
- USAG Bavaria
- USAG Bavaria - Hohenfels Community
- USAG Bavaria ACS
- USAG Bavaria Housing
- USAG Bavaria, Family & MWR

Military Community

- American Red Cross - Hohenfels
- Bavaria Community & Spouses' Club
- Hohenfels Military Spouses
- USO Bavaria

Social & Recreation

- Army Wellness Center Bavaria
- BAWT
- Hohenfels Bulletin Board & Co.
- Hohenfels Community & Spouses Club
- Hohenfels Health & Fitness Club
- Hohenfels Outdoor Recreation

Pets

- Bavaria Pet Society
- Furever Homes for Bavaria Pets
- Hohenfels Veterinary Treatment Facility
- Pet Community of Bavaria
- Pet Sitting Grafenwoehr/Vilseck

Parenting

- Hohenfels Middle/High School PTO
- Mom2Mom Bavaria
- USAG Bavaria Military Birth Resource

Retail

- Bavaria Buy & Sell
- Hohenfels - Cars for Sale
- Hohenfels Buy & Sell
- Hohenfels Thrift Shop
- Military Car Market - Hohenfels
- Take My Stuff Garmisch-Vilseck-Graf-Hohenfels

For the most current information
please visit home.army.mil/bavaria

PHONE DIRECTORY

CIV PHONE

BLDG

American Red Cross	09472-708-1760	359
Army Community Service	09472-708-4860	10
Automotive Skills Center	09472-708-2690	392A
Civilian Personnel Office - AF (Tower Barracks)	09641-708-1630	206
Civilian Personnel Office - NAF (Tower Barracks)	09641-70-526-2081	539
Commissary	09472-1003	749
CYS Registration	09472-708-2078/2080	10
Dental Clinic	06371-9464-3400	50
Driver's Testing/License	09472-708-2808	46
Education Center	09472-708-2259	351
Exceptional Family Member Program (Clinic)	06371-9464-3343	51
Family & MWR	09472-708-2079	33
Finance Office	0611-708-523-3788/3790	10
Furniture Warehouse	09641-70-526-4757	
Housing Office	09472-708-2619	83
ID-Card Facility	09472-708-2547	10
Legal Services	09472-708-5565	245
Lending Closet	09472-708-4860	10
Library	09472-708-1740	49
Medical Appointment Line	06371-9464-3300	
Passport	09472-708-2734	10
Post Office (Finance)	09472-708-2887	327
Post Office (Mail Room)	09472-83-2796	327
School Liaison Office	09472-708-2082	10
Sponsorship Office (Tower Barracks)	09641-708-6734/7301/8213	
The Exchange (Main)	09472-94-000	3
Thrift Shop	09472-832798	344
Transportation Office/HHG (Inbound)	09472-708-2760	10
TRICARE Office	06371-9464-3300	
USO (Tower Barracks)	09641-623-8653	150
VAT Office	09472-708-1780	10
Vehicle Processing (Tower Barracks)	09641-926-0061	515
Vehicle Registration	09472-708-4916	90B
Veterinary Services	09472-708-4560	746
Women Infants & Children (WIC)	09472-708-4601	10A

VILSECK



FACEBOOK PAGE RESOURCES

Military

- AFN Bavaria
- Public Health Command Europe
- US Army Health Clinic Grafenwoehr
- USAG Bavaria
- USAG Bavaria ACS
- USAG Bavaria Housing
- USAG Bavaria, Family & MWR
- USAG Bavaria, Grafenwoehr & Vilseck Military Community

Military Community

- American Red Cross - USAG Bavaria
- Bavaria Community & Spouses' Club
- Grafenwoehr USO
- Grafenwoehr/Vilseck Army Families
- Grafenwoehr/Vilseck Army Wives
- Grafenwoehr/Vilseck Information, and More
- USO Bavaria

Social & Recreation

- Army Wellness Center Bavaria
- BAWT
- Grafenwoehr & Vilseck Arts & Crafts Center
- Grafenwoehr & Vilseck Naturals

Pets

- Bavaria Pet Society
- Furever Homes for Bavaria Pets
- Pet Community of Bavaria
- Pet Sitting Grafenwoehr/Vilseck
- Vilseck Veterinary Treatment Facility

Parenting

- Grafenwoehr Community Schools
- Grafenwoehr CYSS
- Grafenwoehr/Vilseck Babysitting Page
- Mom2Mom Bavaria

Retail

- Bavaria Buy & Sell
- BSCS Thrift Shop: Grafenwoehr
- Exchange (Grafenwoehr)
- Grafenwoehr/Vilseck Sells
- Military Car Market - Vilseck

For the most current information please visit home.army.mil/bavaria

PHONE DIRECTORY - ROSE BARRACKS

CIV PHONE

BLDG

American Red Cross	09662-83-1760	162
Army Community Service	09641-70-599-1101	322
Army Emergency Relief Program	09641-70-599-1101	322
Automotive Skills Center	09662-9741	718
Civilian Personnel Office (AF) (Tower Barracks)	09641-83-1630	206
Civilian Personnel Office (NAF) (Tower Barracks)	09641-70-526-2081	539
Commissary	09662-83-2428	2204
CYS Registration	09662-83-2760/2658/2851	244
Dental Clinic	06371-9464-2500	250
Driver's Testing/License (Tower Barracks)	09641-83-8187/8240	301
Education Center	09662-83-2753	223
Exceptional Family Member Program (Clinic)	09662-83-2650	
Family & MWR (Tower Barracks)	09641-70526-9030	539
Finance Office	09662-83-3500	161
Furniture Warehouse	09641-70-526-4251	
Housing Office (Off-Post) (Tower Barracks)	09641-83-6245	244
Housing Office (On-Post) (Tower Barracks)	09641-83-6324/6245	244
Housing (Unaccompanied) (Tower Barracks)	09662-83-2992/6580	244
ID-Card Facility (Tower Barracks)	09641-83-6550	244
In/Out Processing	09662-83-2234	322
Legal Services	09662-83-2289/3318	245
Lending Closet	09641-70-599-1101	322
Library	09662-83-1740	227
Medical Appointment Line	06371-9464-2300	
Passport (Tower Barracks)	09641-83-8754	244
Patient Liaison	06371-9464-2481	
Post Office (Finance)	09641-83-2581	339
Post Office (Mail Room)	09641-83-2506	339
School Liaison Office (Tower Barracks)	09641-70-526-9042	539
Sponsorship Office (Tower Barracks)	09641-83-6734/730/8213	
The Exchange (Main)	09662-411-810	2203
Thrift Shop	09662-83-2649	221
Transportation/HHG Inbound (Tower Barracks)	09641-83-8438	
TRICARE Office	06371-9464-2300	225
VAT Office (Tower Barracks)	09641-70-526-9031	539
Vehicle Processing (Tower Barracks)	09641-926-0061	515
Vehicle Registration (Tower Barracks)	09641-83-5045	301
Veterinary Services	09662-83-2370	222
Women Infants & Children (WIC)	09662-83-3790	221



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VILSECK AAFES

AAFES Shopping Mall
Seasonal Office
Phone 0152-520-68935
jorellano@hrblock.com



GET TO KNOW

YOUR NEW
HOME



Rheinland-Pfalz, Germany

Situated in the northwestern area of the state Rheinland-Pfalz is Kaiserslautern. Outside the many installations sprinkled near the city are picturesque forests perfect for hiking, historic churches, wine regions, riverside towns, fairytale castles and family-owned restaurants. You will come to love surrounding towns loaded with history as well as a rich and colorful German culture.

BAUMHOLDER



FACEBOOK PAGE RESOURCES

Military

- Baumholder Dental Clinic
- Baumholder Health Clinic
- Baumholder Military Community
- Baumholder Veterinary Treatment Facility
- Public Health Command Europe
- USAG Rheinland-Pfalz ACS

Military Community

- Baumholder 411
- Baumholder Community Spouses' Club
- Baumholder Family & MWR
- Baumholder Neighborhood
- Baumholder U.S. Military & Spouses Group
- Ramstein/KMC Spouses
- USO Baumholder

Social & Recreation

- BAWT (Travel Group)
- Baumholder Area Events
- Baumholder Hiking Group
- Kaiserslautern Girl Scouts
- Ramstein Fitness Group
- Ramstein/KMC Spouses Making Friends

Pets

- Baumholder Pets 411
- Baumholder Veterinary Treatment Facility
- KMC Area Pets
- KMC PET SITTERS
- Sit Stay Walk - Baumholder Pets

Parenting

- Babysitting Baumholder
- Ramstein Babysitters

Retail

- Baumholder Baby/Toddler/Kids Resale
- Ramstein & Baumholder Yardsales
- Ramstein Yard Sales

PHONE DIRECTORY

CIV PHONE

BLDG

Operator	0631-411-113	
American Red Cross (Clinic Kaserne)	0611-143-531-3153	8743
Army Community Service (Smith Barracks)	0611-143-531-2850	8666
Automotive Skills Center (Smith Barracks)	0611-143-531-2949	8438
Civilian Personnel Office (Smith Barracks)	0611-143-531-2173	8670
Commissary (Smith Barracks)	06783-6-6018	8575
CYS Registration (Wetzel Kaserne)	06783-6-7003	8876
Dental clinic (Smith Barracks)	06371-9464-1009	8647
Driver's Testing/License (Clinic Kaserne)	0611-143-531-7071	8670
Education Center (Smith Barracks)	0611-143-531-3180	8332
EFMP (Clinic Kaserne)	06371-9464-1130	8740
Finance Office (Smith Barracks)	0611-143-531-2424/ 2425	8660
Housing Office (Clinic Kaserne)	0611-143-531-2978	8745
ID-Card Section (Smith Barracks)	0611-143- 531-2416	8660
In/Out Processing (Smith Barracks)	0611-143-531-2408	8660
Legal Services (Smith Barracks)	0611-143-531-2445	8680
Lending Closet (Smith Barracks)	0611-143-531-2850	8666
Library (Smith Barracks)	0611-143-531-2841	8332
Baumholder Clinic Appointment Line	06371-9464-5762	8740
Patient Liaison (Clinic Kaserne)	06371-9464-1075	8741
Patient Liaison After-Hours Emergency Line	0162-270-7611	
Post Office (Smith Barracks)	0611-143-531-2950	8661
School Liaison Office (Smith Barracks)	0611-143-541-9061	8876
Sponsorship Office	0611-143-541-1011	
The Exchange (Smith Barracks)	06783-99-9900	8401
Thrift Shop (Smith Barracks)	0611-143-531-2847	8667
Transportation Office/HHG (inbound)	0611-143-531-7060	8744
TRICARE Office (Clinic Kaserne)	06371-9464-1024	8741
VAT Office (Smith Barracks)	0611-143-531-2896	8661
Vehicle Processing (Clinic Kaserne)	0611-143-531-7096	8751
Vehicle Registration (Clinic Kaserne)	0611-143-531-2940	8724
Veterinary Services (Smith Barracks)	06371-9464-1200	8758
Women, Infants & Children (WIC) (Health Clinic)	0611-143-531-3496	8746

home.army.mil/rheinland-pfalz

KLEBER



FACEBOOK PAGE RESOURCES

Military

- AFN Kaiserslautern
- Kleber Health Clinic
- KMC traffic by AFN
- Landstuhl Regional Medical Center
- Public Health Command Europe
- USAG Garrison Rheinland-Pfalz
- USAG Rheinland-Pfalz ACS
- USAG Rheinland-Pfalz CYS

Military Community

- Kaiserslautern Military Community SLO
- Kaiserslautern Military Spouses Group
- Ramstein/KMC Spouses
- Rheinland-Pfalz Army MWR
- USO Kaiserslautern

Social & Recreation

- BAWT (Travel Group)
- Kaiserslautern Day Tripper
- Kaiserslautern Girl Scouts
- Kaiserslautern Hispanic American Club
- Ramstein Enlisted Club
- Ramstein Fitness Group
- Ramstein/KMC Spouses Making Friends

Pets

- KMC Adopt Don't Shop
- KMC Area Pets
- KMC PET SITTERS
- Veterinary Medical Center Europe

Parenting

- Kaiserslautern-Military Birth Resource Network
- Moms Club Kaiserslautern
- Ramstein Babysitters

Retail

- Exchange (Ramstein/KMCC)
- Friends of Globus KL
- KTOWN Ramstein Virtual Garage Sale
- Ramstein Yard Sales
- Ramstein Air Base Sales & Information

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PHONE DIRECTORY

CIV PHONE

BLDG

Operator	0631-411-113	
American Red Cross Welcome Center	0631-411-8722	3245
Army Community Service	0611-143-541-9000	3210
Civilian Personnel Office	0631-411-4805	3209
Dental Clinic	06371-9464-2620	3287
Driver's Testing/License	0631-411-2433/2432/2436	3213
Education Center	0611-143-541-1012	3245
Exceptional Family Member Program	06371-9464-2740	3287
Finance Office	0631-411-7475/8815	3245
Furniture Management Office (Einseidlerhof)	0631-536-6001	720
Housing Office (Unaccompanied personnel)	0611-143-541-5202	3213
ID-Card Facility	0611-143-541-1019	3245
In/Out Processing	0611-143-541-1027	3245
Kleber Army Health Clinic	06371-9464-2615	3287
Legal Services	0631-411-8848	3210
Lending Closet	0611-143-541-9000	3210
Library	0631-411-1740	3205
Medical Appointment Line	06371-9464-5762	
Passport Office	0611-143-541-1019	3245
Pharmacy	06371-9464-2611	3287
Post Office	0611-143-541-1399	3243
Sponsorship Office	0611-143-541-1011	3245
Transportation Office/HHG (inbound)	0611-143-528-2427	2425
USO	0611-143-541-5100	3213
VAT Office	0631-411-1780	3245
Women, Infants & Children (WIC)	0631-411-7545	3209

LANDSTUHL



FACEBOOK PAGE RESOURCES

Military

- AFN Kaiserslautern
- Kleber Health Clinic
- KMC traffic by AFN
- Landstuhl Regional Medical Center
- Public Health Command Europe
- USAG Garrison Rheinland-Pfalz
- USAG Rheinland-Pfalz ACS
- USAG Rheinland-Pfalz CYS

Military Community

- Kaiserslautern Military Community SLO
- Kaiserslautern Military Spouses Group
- Ramstein/KMC Spouses
- Rheinland-Pfalz Army MWR
- USO Kaiserslautern

Social & Recreation

- BAWT (Travel Group)
- Kaiserslautern Day Tripper
- Kaiserslautern Girl Scouts
- Kaiserslautern Hispanic American Club
- Ramstein Enlisted Club
- Ramstein Fitness Group
- Ramstein/KMC Spouses Making Friends

Pets

- KMC Adopt Don't Shop
- KMC Area Pets
- KMC PET SITTERS
- Veterinary Medical Center Europe

Parenting

- Kaiserslautern-Military Birth Resource Network
- Moms Club Kaiserslautern
- Ramstein Babysitters

Retail

- Exchange (Ramstein/KMCC)
- Friends of Globus KL
- KTOWN Ramstein Virtual Garage Sale
- Ramstein Yard Sales
- Ramstein Air Base Sales & Information

PHONE DIRECTORY

CIV PHONE

BLDG

Operator	06371-86-113	
ACS FAP	0611-143-541-9028	3820
American Red Cross	06371-9464-7298	3794
Automotive Skills Center	06371-86-7335	3800
Dental Clinic	06371-9464-6822	3703
Education Center	0611-143-541-1200	3722
Exceptional Family Member Program	06371-9464-5756	3777
Library	06371-86-7322	3810
Medical Appointment Line	06371-9464-5762	
Patient Liaison	06371-9464-8326	3287
Patient Liaison	06371-9464-8326	3766
Post Office	0611-143-541-1351	3723
Thrift Shop	06371-86-7313	3818
TRICARE Office	06371-9464-4830	3744
USO	06371-595-9320	3750
VAT Office	06371-86-1780	3810

PULASKI / ROB

PHONE DIRECTORY

CIV PHONE

BLDG

Operator	0631-411-113	
Automotive Skills Center (Pulaski)	0631-3406-4167	2859
CYS (ROB)	0611-143-541-9066	162
Dental Clinic (Pulaski)	06371-9464-1950	2921/2922
Education Center (ROB)	0631-34062588	288
Fitness Center (ROB)	0631-3406-2241	172
Post Office (ROB)	0631-3406-2818	291
School Liaison Office (ROB)	0611-143-541-9061	162
USO Deployment Center (ROB)	01525-476-6232	237
VAT Office (ROB)	0611-143-541-9089	162
Veterinary Services (Pulaski)	06371-946-41900	2928

RAMSTEIN



FACEBOOK PAGE RESOURCES

Military

- AFN Kaiserslautern
- KMC traffic by AFN
- Landstuhl Regional Medical Center
- Public Health Command Europe
- Ramstein Air Base, Germany
- USAG Rheinland-Pfalz ACS
- USAG Rheinland-Pfalz CYS

Military Community

- Ramstein FSS
- Ramstein Neighbors
- Ramstein/KMC Spouses
- USO Kaiserslautern

Social & Recreation

- BAWT (Travel Group)
- Kaiserslautern Day Tripper
- Kaiserslautern Girl Scouts
- Ramstein Community Center
- Ramstein Enlisted Club
- Ramstein Fitness Group
- Ramstein/KMC Spouses Making Friends

Pets

- KMC Adopt Don't Shop
- KMC Area Pets
- KMC PET SITTERS
- Veterinary Medical Center Europe

Parenting

- Kaiserslautern-Military Birth Resource Network
- Mommies & Mamis - Ramstein
- Moms Club Kaiserslautern
- Ramstein Babysitters

Retail

- Exchange (Ramstein/KMCC)
- Friends of Globus KL
- KTOWN Ramstein Virtual Garage Sale
- Ramstein PCS Sales
- Ramstein Yard Sales
- Ramstein Air Base Sales & Information

For the most current information
please visit www.ramstein.af.mil

PHONE DIRECTORY

CIV PHONE

BLDG

Operator	06371-47-1110	
86th Force Support Squadron	06371-47-9983	2118
Airman & Family Readiness Center	06371-47-5100	2120
American Red Cross	06371-47-2171	2118
Automotive Skills Center	06371-47-2956	2477
Civilian Personnel Office	06371-47-5850	2120
Commissary	06371-47-6712	1200
CYS Registration	06371-47-6444	428
Dental Clinic	06371-46-2210	301
Driver's Testing/License	06371-47-0115	2106
Education Center	06371-47-2032	2120
Exceptional Family Member Program	06371-46-2375	2114
Exchange (Main)	06371-407-9222	3336
Finance Office	06371-47-5630	2108
Furniture Management Office (Einsiedlerhof)	0631-536-6153	720
ID-Card Facility	06371-47-6599	2106
In/Out processing	06371-47-6559	2402
Law Center	06371-47-5911	2137
Airman's Attic Loan Locker	06371-47-5980	2162
Library	06371-47-6667	409
Medical Appointment Line	06371-46-2273	2114
Passport	06371-47-2240	2106
Patient Advocate	06371-46-2273	2114
Pharmacy	06371-46-2542	2114
Post Office - North Side	06371-47-7857	426
Post Office - South Side	06371-47-2490	2110
School Liaison Office	06371-47-9374	2203
Thrift Shop	06371-47-5492	2494
Traffic Management Office (TMO)	0631-536-7727	2106
TRICARE Office	06371-46-2557	2114
USO	06371-595-9850	3334
VAT Office	06371-47-5309	2118
Women Infants & Children (WIC)	06371-47-4466	2118

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SPANGDAHLEM



FACEBOOK PAGE RESOURCES

Military

- 52D FW Command Team
- 52D Spangdahlem Housing Management
- AFN Spangdahlem
- Landstuhl Regional Medical Center
- Regional Health Command Europe
- Spangdahlem Air Base
- Spangdahlem Passenger Terminal

Military Community

- 52D FSS Airman & Family Readiness Center
- 52D FSS Library
- 52D FSS Spangdahlem Fitness Center
- Spangdahlem AB Spouses
- Spangdahlem Spouses
- USO Spangdahlem

Social & Recreation

- 52D FSS Club Eifel
- BAWT (Travel Group)
- German-American Friendship Spangdahlem
- Kaiserslautern Girl Scouts
- Spangdahlem & Lakenheath Travelers
- Spangdahlem AB Ladies: Books & Brunch
- Spangdahlem Community

Pets

- 52D FSS Saber Pet Lodge
- Spangdahlem Pet Lovers
- Spangdahlem Veterinary Treatment Facility

Parenting

- 52D FSS Saber Gymnastics & Dance
- Spangdahlem Babysitters
- Spangdahlem Elementary PTA
- Spangdahlem Elementary School
- Spangdahlem High School
- Spangdahlem Middle School
- Spangdahlem MOPS Group

Retail

- Exchange (Spangdahlem)
- Spangdahlem Car Sales
- Spangdahlem Garage/Yard Sales
- Spangdahlem Thrift Store
- Spangdahlem Web Sales

52 FW App

(found in both Apple/Google stores)

For the most current information
please visit www.spangdahlem.af.mil

PHONE DIRECTORY

CIV PHONE

BLDG

Operator	06371-47-1110	
American Red Cross	06565-61-9440	319
Airman and Family Readiness Center	0656-561-6422	307
Auto Hobby Shop	0656-561-6842	189
Child Development Center	0656-561-6697	443
Civilian Personnel Office	0656-561-6080	151
Commissary	0656-561-3601	575
Dental Clinic	0656-561-8193	137
Driver's Testing/License	0656-561-5928	127
Education Center	0656-561-6063	129
Exceptional Family Member Program	0656-561-6422	307
Family & MWR	0656-561-7170	146
Finance Office	0656-561-6730	128
Furniture Management Office	0656-561-6802	454
Housing	0656-561-7133	454
ID-Card Facility	0656-561-6554	131
Information, Tickets & Tours	0656-561-6567	124
Law Enforcement Desk	0656-561-6666	127
Legal Services	0656-561-6796	125
Lending Closet	0656-561-6422	307
Library	0656-561-6203	148
Medical Appointment Line	0656-561-8333	
Outdoor Recreation	0656-561-7170	146
Passport	0656-561-6554	131
Pass and Registration	0656-561-5929	127
Post Office	0656-561-7195	224
School Liaison Office (SLO)	0656-561-6942	151
Shuttle Service	0656-561-7684	520
The Exchange (Main)	06565-9345-110	570
Thrift Shop	0656-561-2243	410
Transportation Office	0656-561-6068	103
USO	0656-512-28042	126
VAT Office	0656-561-7801	126
Vet Services	0656-561-9388	559
Visitor Center	0656-561-7414	505
Women, Infants & Children (WIC)	0656-561-9093	319

VOGELWEH / KAPAUN



FACEBOOK PAGE RESOURCES

Military

- AFN Kaiserslautern
- KMC traffic by AFN
- Landstuhl Regional Medical Center
- Public Health Command Europe
- Ramstein Air Base, Germany
- USAG Rheinland-Pfalz ACS
- USAG Rheinland-Pfalz CYS

PHONE DIRECTORY

CIV PHONE

BLDG

Operator	06371-47-1110	
Commissary (Vogelweh)	0631-536-6828	2030
Housing Office (Vogelweh)	0631-536-6671	1001
Library (Vogelweh)	0631-536-7665	2059
Post Office (Kapaun)	0631-536-7866	2763
Vehicle Processing (Kapaun)	06313-579-0088	2806
Vehicle Registration (Kapaun)	0631-536-7542	2806



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Tel: 0631 680 31 210
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Ramstein Showroom

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STUTTGART



FACEBOOK PAGE RESOURCES

Military

- AFN Stuttgart
- Landstuhl Regional Medical Center
- Public Health Command Europe
- Stuttgart Army Health Clinic
- U.S. Army Garrison Stuttgart
- USAG Stuttgart ACS

Military Community

- American Red Cross Stuttgart Station
- Stuttgart Family & MWR
- Stuttgart Friends
- Stuttgart Military Community
- USO Stuttgart

Social & Recreation

- BAWT (Travel Group)
- BJJ Stuttgart Military Community
- SpouseLink of USAG Stuttgart
- Stuttgart Community Spouses' Club
- Stuttgart Military Community Ice Hockey Team
- Stuttgart Friends All About Travel

Pets

- Paws of Stuttgart
- Pups of Stuttgart
- Stuttgart Area Pet Sitting Swap
- Stuttgart Veterinary Treatment Facility

Parenting

- BJJ Stuttgart Military Community - Kids' Program
- Stuttgart CYS
- Stuttgart High School

Retail

- SMYS
- SCSC Patch Thrift Shop
- SVYS

For the most current information please visit www.stuttgart.army.mil

PHONE DIRECTORY

CIV PHONE

BLDG

Operator	0711-680-113	
American Red Cross (Panzer)	07031-51-2812	2915
Army Community Service (Panzer)	09641-70-596-3362	
Automotive Skills Center (Panzer)	09641-70-596-2552	2915
Civilian Personnel Office (Panzer)	09641-70-596-3488	2948
Commissary (Kelley)	0711-729-3166	3316
Commissary (Panzer)	07031-15-2503	2957
Commissary (Patch)	0711-680-8536	2350
Commissary (Robinson)	0711-819-7923	146
CYS Registration (Patch)	09641-70-596-7480/7488	2347
Dental Clinic (Panzer)	06371-9464-2800	2996
Driver's Testing (Panzer)	09641-70-596-2007	2913
Education Center (Panzer)	09641-70-596-2506	2915
Exceptional Family Member Program (Panzer)	09641-70-596-3346	2915
Family & MWR (Kelley)	09641-70-596-2089	3307
Finance Office (Panzer)	09641-70-596-3181	2915
Housing Office (Panzer)	09641-70-596-2230	2913
ID-Card Facility (Panzer)	09641-70-596-2878/2889	2915
In/Out processing (Panzer)	09641-70-596-2599/2803/2745	2913
Legal Office (Kelley)	09641-70-591-7593	3312
Lending Closet (Panzer)	09641-70-596-3362	2915
Library (Patch)	09641-70-596-5232	2343
Library (Robinson)	CLOSED	
Medical Appointment Line	06371-9464-1600	
Passport (Panzer)	09641-70-596-2009	2915
Post Office - Kelley	09641-70-596-2848	3312
Post Office - Patch	09641-70-596-7226	2325
School Liaison Office (Patch)	09641-70-596-9009	2347
Sponsorship Office (Panzer)	09641-70-596-2301	2915
The Exchange (Panzer)	07031-2042-109	30409
The Exchange (Patch)	0711-680-8724	2349
The Exchange (Kelley)	0711-7586-3916	3324
Thrift Shop (Patch)	0711-680-5510	2332
TRICARE Office (Patch)	06371-9464-1605	2211
USO (Panzer)	07031-15-3505	2915
VAT Office (Panzer)	09641-70-596-3368	2915
Vehicle Processing and Registration (Panzer)	09641-70-596-2833	2930
Veterinary Clinic (Panzer)	06371-9464-1888	2996
Women Infants & Children (WIC) (Panzer)	09641-70-596-3351	2915



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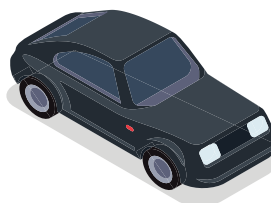
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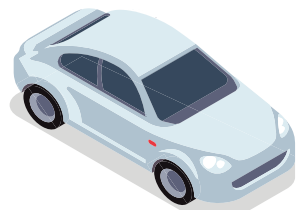
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SMITH BARRACKS
BLDG. 8438
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LANDSTUHL
LANDSTUHL POST
BLDG. 3800
06371-86-7335



PULASKI
PULASKI BARRACKS
BLDG. 2859
0631-3406-4167

WIESBADEN



FACEBOOK PAGE RESOURCES

Military

- AFN Wiesbaden
- Army Wellness Center Wiesbaden
- Garrison Wiesbaden
- Landstuhl Regional Medical Center
- Public Health Command Europe
- USAG Wiesbaden ACS
- USAG Wiesbaden Education Center
- Wiesbaden Army Health Clinic

Military Community

- American Red Cross Wiesbaden
- Army Wife in Wiesbaden
- Ramstein/KMC Spouses
- USAG Wiesbaden Community Activity Center
- USO Wiesbaden

Social & Recreation

- BAWT (Travel Group)
- Vegan in Wiesbaden
- Wiesbaden Arts & Crafts
- Wiesbaden Fest Finders
- Wiesbaden Sports & Fitness
- Wiesbaden Welcome Wagon

Pets

- KMC PET SITTERS
- Pet of Wiesbaden
- Veterinary Medical Center Europe

Parenting

- New Parent Support Program Wiesbaden
- Wiesbaden American Kids in German School
- Wiesbaden Eagle's Nest

Retail

- For Sale in Wiesbaden
- Wiesbaden Cars & Stuff 4 sale
- Wiesbaden Community Spouses' Thrift Shop
- Wiesbaden Garage Sale

For the most current information
please visit www.wiesbaden.army.mil

PHONE DIRECTORY

CIV PHONE

BLDG

Operator	0631-411-113	
American Red Cross (Clay Kaserne)	0611-143-548-1760	1201
Army Community Service (Hainerberg)	0611-143-548-9201/9202	7790
Auto Skills Center (Clay Kaserne)	0611-143-548-9817	3500
Child and Youth Services (Clay Kaserne)	0611-143-548-9356	1213
Civilian Personal Office (Mainz-Kastel)	0611-143-546-2205	4043
Commissary (Hainerberg)	0611-143-548-5184/5185	7765
Dental Clinic (Clay Kaserne)	06371-9464-1515	1040
Driver's Training & Testing Center (Clay Kaserne)	0611-143-546-6076	1023
Education Center (Clay Kaserne)	0611-143-548-1302	1023E
Exceptional Family Member Program (Clay Kaserne)	0611-143-548-9201	1201
Exchange (Main) (Hainerberg)	0611-723-86242	7850
Family & MWR (Hainerberg)	0611 143-548-9123	7790
Finance Office (Clay Kaserne)	0611-143-534-3554/3555	1023W
Furniture Management Office (Clay Kaserne)	0611-143-548-4424	1023W
Housing Office - Off-Post/Civilian (Clay Kaserne)	0611-143-548-4430/4431	1023W
Housing Office - On-Post/Military (Clay Kaserne)	0611-143-548-4433/4436	1023W
ID-Card Section (Clay Kaserne)	0611-143-548-1621	1023E
In/Out processing (Clay Kaserne)	0611 548 1610/1612	1023W
Legal Office (Clay Kaserne)	0611-143-537-0664	1023N
Lending Closet (Hainerberg Housing)	0611-143-548-9201	7790
Library (Clay Kaserne)	0611-143-548-9821	1029
Medical Appointment Line (Clay Kaserne)	06371-9464-5762	1040
Passport (Clay Kaserne)	0611-143-548-1606	1023E
Post Office (Clay Kaserne)	0611-143-548-1701	1030
School Liaison Office (Hainerberg)	0611-143-548-9305	7790
Thrift Shop (Hainerberg)	0613-418-8838	7762
TRICARE Office (Clay Kaserne)	06371-9464-1302	1040
USO (Clay Kaserne)	0611-941-17005	1023W
USO - Wiesbaden Cottage (Haineberg)	0611-941-19340	7748
VAT/UTAP Office (Clay Kaserne)	0611-143-548-9107	1023E
Vehicle Processing (Mainz Kastel)	0611-143-548-7849	7513
Vehicle Registration (Mainz Kastel)	0611-143-548-7815	4013
Vet Clinic (Clay Kaserne)	06371-9464-1544	1038
Women Infants & Children (WIC) (Hainerberg)	0611-143-548-9290	7780

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