

NORTHERN *welcome to* ITALY



FACTORY DIRECT BMW & MINI MILITARY SALES



10% DISCOUNT*

UNDER MSRP ON CUSTOM ORDERS OR LOCAL STOCK

Treat yourself to a new BMW today, we guarantee you'll be pleasantly surprised how our prices compare to the competition!

- ✓ HUGE Savings
- ✓ Financing Arranged
- ✓ Additional Savings on Selected Models
- ✓ Immediate Delivery Available
- ✓ Custom Build for the same price
- ✓ Trades Welcome

**CONTACT US FOR YOUR PERSONALISED QUOTE TODAY
AND SEE HOW MUCH YOU CAN SAVE!**



*Some BMW models have additional discounts beyond 10%, the Mini discount is limited to 5%. some BMW models limited to 2024 have a 5% discount. BMW M3 CS: Fuel consumption combined: 10.4 – 10.1 l/100 km [27.2 – 28.0 mpg imp]; CO2 emissions combined: 234 – 229 g/km in the WLTP cycle; figures for the NEDC cycle: - MINI John Cooper Works 3-door (Fuel consumption combined in l/100km: 7.1-6.9 (6.2- 6.0) (NEDC); 7.1-6.8 (6.9-6.6) (WLTP) / CO2 emissions combined in g/km: 163-158 (142-137) (NEDC); 161-155 (157-150) (WLTP)).



Patriot Military Automobiles

AVIANO • VICENZA • NAPLES • SIGONELLA

BUY SELL TRADE

Over 400 US Spec vehicles in stock

Stateside liens settled

All AFI de-registration paperwork provided

EU Spec vehicles available

Guaranteed offer to buy back your car

Warranties available

Stateside finance


Tax Free Sales

We will guide you through the entire buying and selling process



Click here for quick,
no obligation quote

WE WANT TO BUY YOUR CAR

Contact us on
 **+39 334 204 9070**

Visit our website
www.patriot-autos.net



CONTENTS

Europe Office

COMMANDER

Katie R. Fidler, LTC, U.S. Army

BUSINESS OPERATIONS MANAGER

John Rodriguez

PUBLISHING & MEDIA DESIGN, MANAGER

Carrie Farrell

WRITER-EDITORS

Tamala Malerk, Kat Nickola, Katie Wells

GRAPHIC ARTISTS

Amanda DeHart, Ryyan Joye

ENGAGEMENT MANAGER

Leah Geier

MARKETING COORDINATOR

Kristen Thoennes

MARKETING ASSISTANT

Al Green

MULTIMEDIA ADVERTISING, MANAGER

Doug Dougherty

AVIANO ADVERTISING SALES REPRESENTATIVE

Francesca Narduzzo

VICENZA ADVERTISING SALES REPRESENTATIVE

Roberto Cisco

MULTIMEDIA ADVERTISING, CONSULTANTS

Sean Adams, Heidi Bayfield, Kandace Blevin,

Nate Jamison, Capri Roe, Jeff Teeselink

ADVERTISING SALES ASSISTANT

Danny Padro

ADVERTISING OFFICE

Unit 29480, APO, AE 09211

Postfach 1980, 67607

Kaiserslautern, Germany

+49(0)152-5672-5020

CONTACT US:

Telephone: +49 (0) 0631-3615-9111

or DSN: 314-583-9111

Email: memberservices@stripes.com

Washington Office

PUBLISHER

Max D. Lederer, Jr.

REVENUE DIRECTOR

Scott Foley

MULTIMEDIA ADVERTISING, CONSULTANTS

Fabrizio Danova, Corey Henderson,

Gerard Kelly, Claudia Stier, Mary Vandenberg

ENGAGEMENT DIRECTOR

Chris Verigan

PUBLISHING & MEDIA DESIGN, DIRECTOR

Marie Woods

PUBLISHING & MEDIA DESIGN, MANAGER

Douglas Gillam, Jr.

GRAPHIC ARTISTS

Ellen Cheung, Amy Webb

CONTENT DESIGNER

Alyssa McBeth

MARKETING COORDINATOR

Stacy Roman

ADVERTISING OFFICE

633 3rd Street NW, Suite 116

Washington, DC 20001-3050

202-886-0003

COVER DESIGN BY

Amanda DeHart

FOR PUBLICATION REQUESTS

Stars and Stripes Europe, Advertising

Unit 29480, APO AE 09211

or email dougherty.doug@stripes.com

Visit our website for more information
at www.Europe.Stripes.com

©2024 Stars and Stripes. All rights reserved.

All information current as of April 2024



STRIPESEUROPE.COM

FOLLOW US ON:



@STARSANDSTRIPESEUROPE

Welcome

Welcome to Italy 6

Services

Banking and Legal Services 8

Cell Phones 10

Transportation

Licenses and Registration 12

Inspection and Fueling 14

Housing

On-Installation Housing 16

House Hunting Off-Installation 18

Healthcare

Health & Dental 20

Life

Key Facilities 22

Resources for Kids 26

Pet Information 30

Personal Enrichment 32

Living Like a Local 36

Resources

Get to Know Aviano 42

Sacile, Pordenone, Aviano

Aviano Directory 46

Get to Know Vicenza 48

Vicenza, Dueville, Altavilla Vicentina, Caldogno, Torri di Quartesolo

Vicenza Directory 52

Get to Know Livorno 54

Camp Darby Directory 56

Travel

Explore the Cinque Terre 58

Bucket List: Italy 62

La Sartoria Vini

• I Vini del Friuli •



La Sartoria Vini

• I Vini del Friuli •

**WINE SHOP
& TASTING**

+39 345 574 9973
store@piera1899.com

Via Pordenone, 33
33080 S. Quirino (PN)

FB | IG @lasartoriavini

E-Commerce
shop.piera1899.com



INSTAGRAM



E-COMMERCE

WELCOME TO NORTHERN ITALY



We've got what you need to know as you get settled into Italy. Whether you've found your home or are still in temporary living arrangements, here's some information to help you find what you need.

EMERGENCY INFORMATION

112 is the Emergency phone number throughout Europe.

IN-PROCESSING

► USAG Italy:

- Vicenza: Central Processing Facility (CPF)
- Camp Darby: Building 393

If you have not been assigned a unit sponsor, feel free to reach out to the Garrison Installation Sponsorship Liaison at: usarmy.usag-italy.id-europe.mbx.army-sponsorship@army.mil

► Aviano: Wyvern Welcome

FOOD DELIVERY

Here are some food delivery Apps that are commonly used across Italy:

- [Justeat.it](https://www.justeat.it)
- [Deliveroo.it/en](https://www.deliveroo.it/en)
- [Glovoapp.it/en](https://www.glovoapp.it/en)

GROCERIES

- CONAD is a large Italian grocery store chain.
- Carrefour is a large French-based grocery supermarket.
- MD, Lidl and Aldi tend to be smaller, budget grocery markets.
- Coop has both large "Supercoop" and huge "Ipercoop" stores.
- Spar is another grocery chain with small "Despar" stores and large "Eurospar" supermarkets.

BUDGET SHOPS

Need an extra pan, cups or dishes at your temporary lodging? Check out these locations for those budget needs:

- Aviano Airman's Attic: This free store has clothes and household good available for U.S. military ranked E-6 and below and their dependents. It is located in Area F. *Facebook: AvianoAttic*
- Aviano Thrift Store: The thrift store has clothes, books, toys and small household goods for sale at budget prices. It is run by the Community Integration of Aviano Organization (CIAO). It is located in Area F. *Facebook: Avianothriftshop*
- VCC Thrift Store: The Vicenza Community Club (VCC) sells clothing, toys, household goods and more at their store on Caserma Ederle across from the PX. *Facebook: VCCThriftStore*
- ACS Lending Closet: Army Community Services (ACS) Lending Closets allow you to borrow basic household goods like pots, pans, dishes, highchairs and small appliances.
- Vicenza Lending Closet: Building 108
- Camp Darby: by appointment, call DSN: 633-8502

FITNESS

- **Aviano:** There are two fitness centers at Aviano, both are in Area F.
 - The Dragon Fitness Center is a large, new facility with strength and cardio equipment, fitness classes and a parent-child area.
 - The Wyvern Fitness Center has traditional weight training and a multi-purpose mat room for wrestling and martial arts courses.
- **Vicenza:** There are two fitness centers available at Vicenza.

- Ederle Fitness Center on Caserma Ederle has a cardio room, weightlifting equipment, basketball court, indoor pool, family fitness rooms, and fitness classes.
- Del Din Fitness Center on Caserma Del Din has cardio equipment, weightlifting equipment, basketball, sand volleyball, an indoor pool, climbing wall, indoor running track and fitness classes.
- **Camp Darby:** Fitness Center offers a cardio room, weightlifting and a family fitness room.

KIDS

- Pre-register for on-installation childcare at www.militarychildcare.com
- Begin DoDEA school registration at www.dodea.edu/registration

SCAN THESE QR CODE FOR HELPFUL MOVING WEBSITES.



Aviano PCS and Welcome Site
31fss.com/first-31-pcs-start



Vicenza PCS Guide
home.army.mil/italy/my-garrison-Italy/pcsguidevic



Camp Darby PCS Guide
home.army.mil/italy/my-garrison-Italy/pcsguide-darby

V O L V O



Designed to help keep you safe. Like you keep US safe.

As a thank you for your service and sacrifice during your overseas assignment, we offer exclusive incentives saving you thousands of dollars on a new Volvo with our US Military and Diplomat Sales Program.

We make it simple; customize your Volvo online using our configuration portal. Once you have the perfect match, save it, and email it to us. Our reply will reveal your exclusive savings under the US retail prices.

Several Delivery Alternatives -Take delivery overseas at one of our convenient locations, Factory Delivery in Gothenburg, Sweden, or at a US Volvo dealer near your home or next assignment.

For our European deliveries - Our unique support package is yours.

- 5-yr Home Shipping – European Port to US Dealer
- 4-yr/50,000-mile International Warranty
- 3-yr/30,000-mile International Complimentary Maintenance
- 3-yr European Road Assistance
- Europe's Largest Inventory of US Spec Volvo



Check out our program's benefits at <https://capitolmotors.com> or info@capitolmotors.com

CAPITOL
MOTORS

- Im Haderwald 2
- Hillstrasse 45
- Via Pordenone 40
- Viale della Pace 199

- 67661 Kaiserslautern
- 54529 Spangdahlem
- 33081 Aviano (PN)
- 36100 Vicenza

T. +49-631-351 700
T. +49-6565-957315
T. +39-0434-660 036
T. +39-328-421-8195

SERVICES IN ITALY

These are some key services that are helpful to set up after you have arrived.

BANKING

Getting an Italian account with an International Bank Account Number (IBAN) is necessary for paying bills and transferring money. It is also helpful for making purchases, getting cash and managing funds between dollars and euros.

USING DEBIT CARDS IN EUROPE

- Chip and Pin cards are the norm throughout Europe.
- Smaller Italian businesses may not take credit cards.
- Always carry euros when off-installation.
- Some U.S. banks charge international transaction fees when using debit cards, so check with your bank.

ON-INSTALLATION BANKING OPTIONS

► CREDIT UNION

- **Global Credit Union** is one of the largest credit unions in the U.S. and offers members competitive rates and surcharge-free ATMs.

- Located: Aviano, Camp Darby and Camp Ederle
- www.globalcu.org

► BANKS

- **Community Bank** provides convenient and affordable banking services and financial information to help support service members, base organizations and mission readiness.

- Located at: Aviano, Camp Darby, Caserma Ederle, Caserma Del Din.
- Call toll-free: 00-800-BANK-EASY (00-800-2265-3279) from 9 a.m. to 4 p.m., Monday through Friday, except on holidays.
- www.dodcommunitybank.com

- **BNL (Banca Nazionale del Lavoro)** is an Italian bank that offers U.S. military member services.

- Located at: Caserma Ederle
- www.bnl.it

PAYING BILLS

Italian bill paying is different than in the U.S. There are three methods you can use.

► Pay In Cash

- Bring your bill and cash payment to a tobacco store (Tabaccheria) or bank teller. Expect a small fee.
- Bring your bill to a local bank to set up automatic transfers and automatic direct debits, you will usually need a funds transfer form.

- Online bank transfer via your local Italian bank or online bank such as WISE.

- Set up a payee account with an IBAN number.
- Verify the euro amount and date for payment.
- Include your account number (codice cliente) and bill number (numero Fattura).

- Online via the billing company's website.

- This can be done with an Italian-issued credit card.

BEWARE OF FEES

- Off-installation ATMs (bancomat) may have transaction fees, but usually have better exchange rates.
- Check conversion rates before transferring large amounts between U.S. and euro accounts.
- The DoD will not deposit paychecks into Italian banks.

LEGAL SERVICES

Your on-installation Legal Office can help with simple notaries and powers of attorney on a walk-in basis. Complex notary services and other legal advice is available by appointment.

- Powers of Attorney are recommended for spouses so they may handle paperwork if the military sponsor is not available due to training or deployment.
- Dependents wanting to work while overseas should discuss SOFA regulations with the legal office.
- A tax center is available during the tax season.
- Other legal services offered include wills, medical directives, Servicemembers Civil Relief Act (SCRA) issues, estate planning, immigration, debt or credit problems, identity theft, divorce counseling and Italian legal issues. ■

OLIVIERO

GROUP ————— BIKE

YOUR BIKE STORE

WHAT WE DO: BIKE SERVICE AND ADVANCED TUNE-UP
PROFESSIONAL BIKE FITTING AND COACHING - BIKE CLOTHING

Wilier TRIESTINA

FLYER

MICHE

KASK

fi'zi:k

CRAFT

NAMEDSPORT

WHY
SPORT

PUNTO ROSSO
Wilier TRIESTINA

WE ARE HERE
SCAN ME



6 MINUTES
FROM CASERMA EDERLE



CELL PHONES

► **Providers:** Vodafone, TIM, WINDTRE, Iliad

Service contracts

- Approximately two to three years.
- Breaking contracts is not an option.
- No military clause included.

Pay as you go option (Ricaricabile)

- Expect a startup fee.
- Renews every four weeks (not monthly).
- Set up an online account to view or change your plan.
- Deactivating voicemail and SMS missed call notices is recommended to avoid extra charges.

What to bring to set up a cellphone plan (on-installation):

- ✓ ID
- ✓ Address
- ✓ Codice Fiscale (for contract plans)

Apps to communicate internationally for free via Wi-Fi:

- Skype
- Facebook Messenger
- WhatsApp
- Face Time
- Google Chat
- Magic Jack App
- Vonage

Note: When you arrive, put your phone in airplane mode to avoid unexpected charges. ■

Upon arrival, setting up your cell phone is vital. There are a variety of options in Italy and plans tend to be very affordable.




- AC Installation & Maintenance
- Hybrid Maintenance
- Electric Auto Service
- Tires & Car Sales

Tel: 0434 651067 or 0434 650070

Via Menegoz 1
Aviano
(Located near the underpass railway bridge on the way to Area 1)



AUTOFFICINA MARCHET s.n.c
di MARCHET LUIGI e MASSAFRA ALESSIO
Via Menegoz, 1-33081 AVIANO (PN)
C.F.e PIVA 01922040934
Tel. 0434 651067
vwmarchet59@gmail.com

ZETA

di Valente Diego & C. S.A.S

SOCCORSO STRADALE

TOWING SERVICE 24/7

335.1210172

Soccorso ZETA snc
Via Brentella, 43
33080 ROVEREDO IN PIANO (PN)
Soccorso.zetasnc@gmail.com
Soccorso.zetasnc@legalmail.it
fb.com/zetasoccorsostradale

P.I 01703820934

SERVICES 24 H su 24

- 24 HOUR TOWING SERVICE
- NATIONAL AND INTERNATIONAL TRANSPORT
- POST ACCIDENT ROAD CLEANING
- VEHICLE STORAGE DEPOT
- OPENING DOORS WITH KEYS LOST OR INSIDE
- SCRAPPED CAR TRANSPORT
- REFUELING ON THE ROAD
- REPLACEMENT OF PUNCTURED WHEELS ON THE ROAD
- CAR RESCUE IN THE SNOW



REAL AMERICAN TV

easyTV GO – home wherever you are!



✔ stream live American TV everywhere*

✔ three simultaneous video streams

✔ watch on your phone, tablet, PC and television set with live, recorded, or on demand viewing

✔ easy online sign up:
no contract, cancel anytime



WORLDWIDE
STRATEGIC PARTNER

*Available anywhere OCONUS.



www.tkscable.com

TKS

A VODAFONE
COMPANY

TRANSPORTATION IN ITALY »

DRIVER'S LICENSES

USAG Italy requires a SETAF license for all drivers.

- The Southern European Task Force (SETAF) license is only valid in NATO countries, though not all recognize it. An International Driving Permit (IDP) or Italian driver's license is recommended for trips outside of Italy.
- Drivers must be 18 years old or older.

You have the option to take the SETAF course and exam in person or online.

- **In person:** Take the driver's orientation class at the Central Processing facility, take the SETAF license test and submit documentation at the Driver's Testing Office.
- **Online:** Register at jko.jten.mil, take the USA-007 U.S. Forces Driver's Training Program for Europe course and pass exam, print both pre-course and final exam certificates and submit with documentation at the Driver's Testing Office.

Required documents:

- ✓ AEF 1901T
- ✓ Current U.S. driver's license
- ✓ Military ID
- ✓ Copy of Orders
- ✓ JKO certificates (if taken online)

For details and class or exam scheduling visit www.afsbeurope.army.mil/Logistics-Readiness-Centers/LRC-Italy/Drivers-Testing-Italy

AVIANO AIR BASE

- Requires an AFI license for all drivers.
- The Allied Forces in Italy (AFI) license is only valid in Italy. Obtain an International Driving Permit (IDP) for trips outside of Italy.
- The active-duty sponsor must be issued their AFI license before dependents may apply.
- All drivers must be 18 years old or older.
- Download study material from 31fss.com/driving-overseas

- Complete the online test. It has 100 questions, and you may only miss 10 to pass.
- Submit application online.

INTERNATIONAL DRIVING PERMIT (IDP)

To drive outside of Italy, it is recommended that you obtain a yearly IDP from aaa.com/vacation/idpf.html for \$20.

ITALIAN DRIVER'S LICENSE

It is possible to get an Italian driver's license which is valid for five to ten years, depending on your age. This license will allow you to drive in any European country. These cost roughly 270 euros and requires an application, a SETAF/AFI license, a Codice Fiscale and copy of your passport. Visit the Driver's Testing Office for applications and details.

MOTORCYCLES

If you want to ride a motorcycle while in Italy, you must have a motorcycle classification on your U.S. license, have an AFI/SETAF license, attend a motorcycle safety course or have an approved rider course card. Motorcyclists can only operate a motorcycle of 35 kW or less.

WINTER DRIVING

From Nov. 15 to Apr. 15, you must have winter tires (M+S/All Weather) installed or have snow chains in your vehicle. Road conditions and requirements vary throughout Italy. Contact your base Safety Office for specific rules.

REGISTERING A VEHICLE

At Aviano, vehicles must be registered at the 31st Security Forces Squadron AMVRO before the vehicle can be picked up from the Vehicle Processing Center (VPC).

AVIANO AIR BASE

► Steps for registering and picking up your vehicle:

1. Receive the vehicle arrival email from VPC. Complete the attached 302 customs form. Receive an email with a cover plate assignment.

2. Set up insurance.
3. Complete registration online or make reservation to complete it in person. Required paperwork:
 - a. PCS orders / Logistical Support Letter (DOD civilians) / DOCPERS (contractors)
 - b. CAC or Dependent ID
 - c. U.S. driver's license
 - d. AFI driver's license
 - e. Five euros in cash
 - f. Proof of insurance (with VIN, policy number and dates)
4. Receive a registration completion email. Pick up vehicle registration and plates.
5. Go to the VPC to install plates and pick up the vehicle. Bring safety equipment to place in the car (orange vest, triangle and first aid kit).
6. Safety inspection at VPC.
7. Submit safety inspection at the registration office and receive fuel card authorization to take to AAFES for Fuel Card (primary vehicle only).

USAG ITALY – VICENZA,

Vehicles are registered and picked up at the VPC in Torri di Quartesolo. A shuttle bus is available to the VPC.

- At USAG Italy – Camp Darby, the vehicle registration office in building 113. Vehicles are picked up at the Livorno VPC.

► USAG Italy steps for registering and picking up your vehicle:

1. Receive the arrival email from VPC.
2. Register the vehicle with the following paperwork:
 - a. Military ID
 - b. SETAF driver's license
 - c. U.S. driver's license
 - d. Proof of ownership (title)
 - e. Shipping document
 - f. PCS orders, DOCPERS (contractors), Logistical support letter (DOD civilians)
 - g. Cash for registration fees
 - h. Power of Attorney, if needed
3. Get a license plate number.
4. Set up and print proof of insurance.

TAX PREPARATION IN ITALY?

GET YOUR REFUND!

**H&R
BLOCK**

Call Roy McGilvray at
334-998-5159 or
email at
Roy.mcgilvray@hrblock.com
mcgilvrayroy@gmail.com

Ristorante – Pizzeria **San Giorgio** *The Spaghetti House*

Open: Closed Tuesday
Wed. – Mon. 11:00 – 14:30
17:00 – 23:00

Viale S. Giorgio 34
Aviano
Tel. 0434 651482



BAR SPORT

Open at 6 a.m. – 8:30 p.m. everyday
Freshly made sandwiches daily
Wine, Beer and Spritz

15
types of bricioles



Visit us at Piazza Duomo 2 in Aviano
Tel. 0434-651073

STARS & STRIPES

GET YOUR **FREE COPY** WHAT YOU'LL FIND INSIDE



European Road Signs

Car Buying Guides

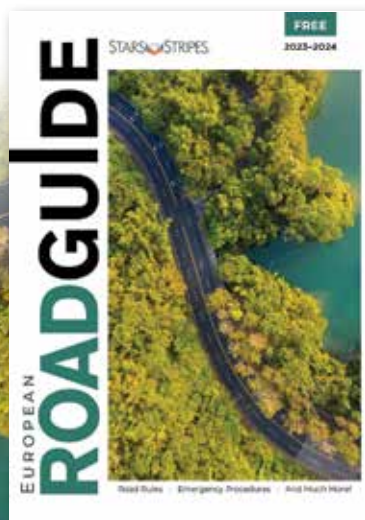


Emergency Phrases

European Road Rules



The Stripes European
Road Guide will be
available at your
installation's A&FRC,
ACS and FFSC!



AUTORIPARAZIONI

DI BRESSAN TIZIANO & C. S.A.S.



**VEHICLE REPAIR • TIRE SALES
ELECTRICAL REPAIR • AIR CONDITIONING SERVICE**

Via Cima Manera 5 – 33081 AVIANO (PN) - Tel. 0434 660244



continued from page 12

5. Pick up registration and plates at the office. Bring proof of insurance and all other documentation.
6. Vehicle inspection at the VPC.
7. Install license plate (best to bring tools to the VPC).
8. Vehicle safety inspection. Bring all paperwork and required vehicle safety items: orange vest, warning triangle and first aid kit.
9. Submit inspection form to registration office and get fuel coupon to take to AAFES for Fuel Card (one vehicle only).

VEHICLE INSPECTION

All vehicles assigned to USAG Italy are required to be inspected and registered annually.

Vehicles assigned to Aviano require an annual inspection if the manufacture date is less than five years old.

► Things to double-check before an inspection:

- Vehicle registration is valid
- Safety equipment is in the vehicle: First-aid kit, warning triangle and reflective vest
- Light are all in working order
- Tires are not excessively worn. During winter, all-season or M+S tires must be used
- Brake pads are not worn
- Windshield is not cracked
- Vehicle body is not missing parts

BUYING A CAR IN ITALY

You have the option to buy a new or used car from dealers and private sellers in Italy. There is no tax when buying a vehicle from another military member.

► Keep in mind:

- Any vehicle that doesn't have U.S. specifications (specs) cannot be shipped to the U.S.
- Used automatic transmission vehicles may be difficult to find.
- Get approval through a bona fide financial institution if financing a vehicle.

► Driving

- Driving is fast paced in Italy and Italian drivers may come across as impatient.
- Italians do not consider it rude to tailgate.
- Horns are used excessively, so it is difficult to determine who they are intended for. Try to notice what is happening and ignore the extra beeping.
- Hazard lights are used to indicate that traffic is slow and attention is needed.

FUELING A VEHICLE

NATO Forces fuel cards are only available to be used with one primary vehicle. The cards exclude Italian taxes, which saves roughly 40 percent of fuel costs.

► NATO Forces Fuel Card

- Allows you to pay for fuel at the current tax-free price.
- The vehicle's engine size, engine base, horsepower and fuel equipment determine the ration amount.
- After registration you will receive a fuel card approval. Take this to your local AAFES to get your Fuel Card.
- The card is accepted only at ENI and AGIP stations.
- To use the card, swipe or insert the card and enter your secure PIN.
- Fuel transactions are billed to the payment method provided during registration.
- You will receive a bi-weekly invoice as well as a monthly statement.

► Where to get gas

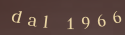
- There are no gas stations on any U.S. military installation in Italy.
- Only two Italian gas stations will take your NATO Fuel Card: AGIP and ENI.

► To pump fuel

- "Benzina" - Unleaded gas
- "Gasolio" - Diesel
- "Fai dat Te" - Self-service station
- "Servito" - Full-service station
- Blue pump - Diesel+
- Green pump - Super unleaded gas (95 Octane)
- Yellow pump - Super-S (98) or Super+ (100) ■

Scan this QR code for a digital version of our Road Guide!





www.vanigliagelaterie.it/en
Take a picture and tag us!
@vanigliagelaterie

HOUSING IN ITALY



There is plenty of variety when it comes to housing in Italy. Whether you end up living on-installation or find a house locally, it will be exciting to settle into your new home.

ON-INSTALLATION HOUSING

AVIANO

- There is no government housing for accompanied personnel on base at Aviano.
- You will receive an extensive Housing Brochure at the Wyvern Welcome that outlines the steps that must be taken to secure a rental home. Spouses are welcome to the briefing.
- The Housing Management Office is located in Area F (Flightline) in Bldg 1409.
- Unaccompanied airmen E-1 to E-3, and E-4 with less than three years of service will be assigned to an on-base dormitory at the UH Campus near the flight line in area F.
- Key and essential personnel have access to governmentally-leased housing that is within 15 minutes of the base.

CAMP DARBY

- You will meet with Housing representatives during mandatory In-Processing.
- The Housing Services Office is located in Bldg 413.
- Barracks are available for single soldiers.
- There is no family housing on Camp Darby; however, government-leased homes will be offered.
- If no government-leased housing is vacant, you must secure a private housing rental. Lists of approved homes are available at the Housing office.

VICENZA

- You will receive a Housing Day 1 Briefing. Spouses are welcome to attend. Additionally, soldiers meet with a Housing representative at the Central Processing Facility (CPF), Bldg 393 to determine eligibility.

- The Housing Office is located off-post 100 meters outside the "Housing Gate" (Gate 4).
- Government family housing is available on-post in the Villaggio Della Pace community. The community includes the DoDEA schools, child development center, youth centers and a shoppette.
- Government-leased housing is also available in the surrounding communities. If you are offered a government-leased home, your TLA with discontinue whether you accept or decline the unit.
- If government housing is not available, you will need to seek private housing.

GOVERNMENT-LEASED HOUSING

Government-leased homes are typically entire apartment buildings or multi-home units leased by the U.S. government. The housing office is responsible for assigning homes to incoming families. The government pays for rent, utilities and maintenance, much like traditional on-post housing. You will not receive an Overseas Housing Allowance (OHA) if you are assigned government-leased housing.

PRIVATE HOUSING RENTALS

Private homes in the local community are available to rent. They must be assessed and approved for use by your installation's Housing Office before you sign a lease. If you lease a private house, you will be responsible for paying rent and utilities, and are expected to provide basic maintenance. You will receive an Overseas Housing Allowance (OHA) to defray these housing costs.

TAX RELIEF PROGRAM

Local provincial fiscal authorities determine who is exempt from paying the Italian national Value Added Tax (VAT) on purchases. For this reason, different locations have varying policies.

AVIANO: Military members stationed at Aviano are exempt from paying tax on vehicle repairs. Visit the base Legal Office with your registration to receive a notarized VAT form. This can then be used to eliminate taxes when paying for repairs.

VICENZA / CAMP DARBY: Military members stationed at USAG Italy are exempt from paying the Imposta sul Valore Aggiunto (IVA), otherwise known as VAT, on household goods and car parts from specific businesses in the region. The exemption only applies to purchases over 150 euros at a single business. Visit the Tax Relief Office (TRO) for detailed instructions.

continued on page 18

WINE HUB

ESPERIENZE DI VINO E CIBO

Where wine and food blend perfectly

The best Italian food and wine products are waiting for you in a chic environment



WINE HUB
ESPERIENZE DI VINO E CIBO

Viale Camisano, 66/A 36100 Vicenza
winehubvicenza.it



continued from page 16

HOUSE HUNTING OFF-INSTALLATION

Many newcomers to Northern Italy find private housing in the local community.

FINDING A HOME

- Search for available and approved rentals at homes.mil
- Houses come and go quickly, so check the site daily.
- You may choose to use a realtor: however, you are responsible for realtor fees (usually one month's rent and 22 percent tax), and the Housing Office will need to approve your final choice.

VIEWING A HOME

AVIANO:

Arrange to view a home by using the contact information in the house listing on homes.mil. If you do not have a vehicle, your sponsor should assist in transporting you to house viewings. All units must be inspected by a housing specialist before the approved Rental Agreement can be signed. Expect to pay a deposit to hold the home.

VICENZA / CAMP DARBY:

Request to view a home in-person at the Housing office. This request holds the home for you until you can view it. You may have two homes on hold at one time. Housing will schedule a time for a taxi and interpreter to take you to view the home; this service can only be used to view five homes. You have 24 hours after viewing a home to notify the Housing Office of your intent to rent. Lease signing will be scheduled at the Housing Office with a lease counselor and the landlord, you will then be driven back to the house to note any problems and receive the keys. You must pay a deposit before moving in and submit a copy of the payment to the Housing Office.

OVERSEAS HOUSING ALLOWANCE

Overseas Housing Allowance (OHA) covers:

- Rent – You will be paid the exact amount of your rental agreement up to the maximum allowance based on your grade. Renting at a higher amount will result in out-of-pocket expenses and requires command approval at USAG Italy.
- Utilities – You will receive a monthly utility allowance.

Move-In Housing Allowance (MIHA)

- MIHA Miscellaneous is a one-time lump sum payment for costs incurred during your move. This is designed to help you pay for items like transformers, utility installation fees, window screens, ward robes, etc.
- MIHA Painting / Redecorating Fee is a reimbursement your landlord may ask you to file so they may receive a refund for painting the interior of the home. This will be approved ahead of time during the lease signing.
- MIHA Security allowance may be available if your home is not already equipped with basic security features like a front door viewer, dead bolts, basement window grates and exterior lighting.

LOANER FURNISHINGS

AVIANO: Temporary loaner furniture is available from the Furnishing Management Section (FMS) so you will have basic items like beds, dressers, a table and a couch while you wait for your household goods shipment. In addition, appliances are available to borrow for the duration of your tour. These consist of a washer, dryer, refrigerator and stove.

VICENZA / CAMP DARBY: At your lease signing, you will choose what temporary furniture you would like delivered to your new home. This includes basic items like beds, dressers, tables and couches, plus appliances like a washer, dryer, stove and refrigerator. You will need to call the Furniture Warehouse to have temporary furnishings removed from your home. This may be done twice, typically before your household goods arrival and before you move out.

UTILITIES

Installation and setup fees can be high. Italian bills are sent every two months and are usually due within one week. Keep a record of all rental and utility payments in case they get lost or misrouted.

ELECTRICITY AND HEATING

AVIANO: Visit the Home Fuel Office to set up natural gas and electricity rental agreements. This tax exemption program can greatly reduce your utility costs.

Homes heated with Gasolio (diesel fuel or oil) may also be able to use the program if they do not share a heating system with adjacent apartments or units.

VICENZA / CAMP DARBY: At your lease signing an appointment will be made for an interpreter to accompany you in person to the electric company. Be prepared to pay a fee and deposit. Roughly 10 days later, your initial bill and contract will arrive in the mail. These must be taken to the Housing Office so they can submit the contract on your behalf.

You are responsible for establishing and paying your heating bill. This is usually natural gas or oil. Visit your Tax Relief Office to sign up for the Utility Tax Exemption Program (UTEP) to avoid paying taxes on heating fuel.

WATER

Water bills are typically paid directly to your landlord and may only come every two, three or six months.

INTERNET SERVICE

Your landlord is your best resource for finding good internet service at your new home.

- ▶ Commonly used providers: TKS, Tim, Wind, Vodafone, FastWeb, Trivenet, Infostrada, Telemar, Open Skies
- ▶ Be prepared to wait.
- Installation appointments are often scheduled two to four weeks out and are commonly cancelled and rescheduled.
- Even after it is installed, services may take up to a week to begin working.

TELEVISION SERVICE

AFN (American Forces Network)

- Provides programming from current American networks and prime channels.
- Satellite TV requirements:
- A satellite dish that carries AFN programming installed at your home.
- A decoder box with transformer. These are available as temporary furnishings.
- The AFN Now App can be used on Android and iOS platforms in addition to some streaming devices like a Fire Stick or smart TV.
- Visit afn-now.myafn.mil for details and registration.

STREAMING SERVICES

- Examples - Amazon Prime, Netflix, Hulu, Sky, Pluto, Peacock.
- Show variety and availability will reflect your new location in Italy. Using a Virtual Private Network (VPN) may allow you to access U.S. versions. ■



Patriot Military Automobiles

WE WANT TO **BUY** YOUR CAR

Best price offered - Guaranteed*



www.patriot-autos.net

*Patriot will beat any other bona fide offer made by any other local dealer

Need a ride to or from the Airport?

With **A1** MINIBUS it's easy !

The right choice to / from the airport



For booking +39 328 3655788  or www.a1minibus.it

on our site you can also find ideas for your free time

WITH US TOO...

Prosecco Road
Enogastronomic tourist routes
... or accompany you
in your leisure activities



ARE YOU DEPARTING?

- Please provide us with:
- Contact info (name, phone)
 - Pickup address, date and time
 - Number of people
 - Destination address
 - Selected vehicle
- N.B. For Night departures reservation required before 21:00**



ARE YOU ARRIVING?

- Please provide us with:
- Contact info (name for sign, phone)
 - Arrival date and time
 - Flight number
 - Destination address
 - Number of people
 - Selected vehicle

For rates, please refer to website: www.a1minibus.it

We gladly accept credit cards!



HEALTHCARE IN ITALY

MEDICAL CARE OPTIONS

► AVIANO

The 31st Medical Group offers primary care for active-duty service members and their dependents while stationed at Aviano Air Base. All other patients may be seen on a space-available basis; however, services are very limited and it is best to establish primary care at a local Italian clinic.

Medical in-processing occurs every Wednesday during the in-processing briefings. Bring your PCS orders to enroll all dependents in TRICARE.

The TRICARE office is in the clinic: Bldg 121, Area 1, Room GD04.

► VICENZA

The U.S. Army Health Clinic at Vicenza treats active-duty soldiers and their dependents while they are stationed at USAG Italy. Civilians, DoDEA employees, contractors and their family members must seek healthcare in the local Italian community.

Medical in-processing briefings occur every other Thursday at 2 p.m. at the Central Processing Facility (CPF), Bldg 393, in classroom 3.

► CAMP DARBY

A small, limited medical clinic on Camp Darby only treats active-duty service members. Patients may be referred to the health clinics in Vicenza or Aviano. Dependents should establish care at a local Italian doctor.

Soldiers will complete medical in-processing during briefings. However, they need to complete TRICARE registration for dependents through International SOS by phone: +44 20-8762-8384.



continued on page 22

Scan these QR code for a digital version of our Medical Guides where you can read about off-installation care, giving birth in Italian, Tricare Overseas, Italian veterinarians, and use our directory to find off-installation medical and dental providers.



Aviano



Vicenza

EMERGENCY CARE

There is no emergency care, or ER, available on U.S. military installations in northern Italy.

BE PREPARED

European emergency number: 112.

Italian ambulance number: 118

International SOS interpretation services: 800-915-994

Open Pharmacies: visit farmaciaditurno.eu

CLOSEST EMERGENCY ROOMS

► AVIANO:

Pordenone Hospital (Azienda Sanitaria Friuli Occidentale – ASFO) Via Montereale 24, 33170 Pordenone

In-hospital patient liaison:
0434-36-5701

Aviano-based patient liaison:
0434-30-5408

► VICENZA:

San Bortolo Hospital
Viale Ferdinando Rodolfi 37,
36100 Vicenza

In-hospital patient liaison: +39
0444-75-3300

► CAMP DARBY:

Pisa University Hospital
(Cisanello Ospedale & Pronto Soccorso)
Via Paradisa 2, 56124 Pisa

Darby-based patient liaison:
050-54-8346



HEALTHCARE
FOR AMERICAN PATIENTS



Planet Healthcare Srl is a healthcare provider, providing healthcare services through its network of collaborators, partners and its medical center.

Medical, Dental, and Psychological Services



Primary Care



Diagnostics services



Women Health services-
Gynecology, and Obstetrics



Pediatric and Adult Psychology



Cardiology Services



Rehabilitation medicine and
Physiotherapy



Internal medicine (gastroenterology,
ENT etc.)



Pharmaceutical Prescriptions



Thanks to our network of collaborators
we are able to offer Blood Analysis,
OB-GYN and full pregnancy support



Surgery Consultations (orthopedics,
neurosurgery etc.)



Dermatology services



To learn more about our services or to
schedule an appointment, please visit our
website or call us today.

OPENING HOURS: 8:30AM-12:30PM & 2:30PM-6:30PM • 24HR SUPPORT



Phone/ Whatsapp: +39 380 3665975



Strada padana verso Verona 303, Vicenza



www.olimpiamedicalcenter.com



info@olimpiamedicalcenter.com



**WHY
CHOOSE
US**

• **Tricare Insurance & Insurance Support Program**

We deal with Tricare insurance and other healthcare plans. We offer complete support on procedures, protocols and payments.

• **Shuttle Service**

Patient transport service available for every need

• **Highly Qualified Medical Team**

We offer world class service with our highly qualified medical professionals and partners with major health care facilities.

• **Patient-Centered Care**

We treat every patient with dignity, respect, and offer a comfortable environment and support for every need.

continued from page 20

GIVING BIRTH IN ITALY

Giving birth in an Italian hospital can be a wonderful experience. Before delivery, you can choose which local hospital fits your birthing needs, and you will be able to tour the hospital and meet the staff.

Delivery options

- ▶ Local Italian hospital.
- ▶ At your own expense, and without a TRICARE referral, you may travel to the U.S. If you choose to do this, you will need to remain in the U.S. until the new baby's identification documents are established.

First steps after giving birth:

- ✓ Obtain your baby's Social Security Number
- ✓ Enroll your baby in DEERS
- ✓ Contact local TRICARE
- ✓ Get your baby a Command Sponsorship memo.
- ✓ Take passport photos.
- ✓ Get a no-fee U.S. passport.
- ✓ Get a U.S. tourist passport.
- ✓ Get a Consular Report of Birth Abroad (CRBA).

DENTAL CARE

Dental care is available to active-duty service members at Aviano and Vicenza. Dependents may be seen, infrequently, on a space-available basis. There is no on-post dental care at Camp Darby. With TRICARE Dental insurance, via United Concordia, patients not seen on installations can establish quality, affordable care at dentists in the local Italian community.

Finding an Italian dental clinic

- ▶ For preferred providers, visit www.uccitdp.com/tp2opd

Web Enrollment

milconnect.dmdc.osd.mil

TRICARE Dental Overview

www.tricare.mil/CoveredServices/Dental

United Concordia Dental Program

www.uccitdp.com ■



Emergency Italian Phrases

I need help	"Ho bisogno d'aiuto."
I am currently at	"Mi trovo a ..."
I have had an accident.	"Ho avuto un incidente."
There has been an accident.	"C'è stato un incidente."
Can you please help me?	"Potete per favore aiutarmi?"
Can you please send me an ambulance?	"Chiamate l'ambulanza per favore?"
I have been injured.	"Sono ferito."
There are injured persons requiring immediate help.	"Ci sono persone ferite che hanno bisogno d'aiuto."
The injured person is unconscious.	"La persona ferita e' svenuta/ ha perso i sensi."
The injured person is bleeding.	"La persona ferita sta sanguinando."
I don't speak Italian.	"Non parlo Italiano."
I speak English.....	"Io parlo inglese."
Please write it down.	"Per favore scrivilo."



Borgo delle
Rose



Borgo delle Rose - Società Agricola Cimolai SRL - Via San Rocco, 79/A 33080 San Quirino (PN)
Phone +39 0434 919373 - eMail. info@borgodellerose.it
For info & booking +39 320 3381607

LIFE IN ITALY



KEY FACILITIES

- ▶ Aviano FSS: 31fss.com
- ▶ Vicenza and Camp Darby
MWR: italy.armymwr.com

POST OFFICES

Military postal facilities use gateways in the United States to connect your mail with the United States Postal Service (USPS). Shipping costs and procedures are roughly the same as those in America. All mail must have the following to be sent or received:

- First and last names of both sender and receiver.
- Recipient or sender names must match those affiliated with the military postal box.
- A customs form to ensure the contents abide by local area restrictions.

Visit usps.com/international/customs-forms.htm to fill and print a customs form. Post Office personnel can also help you fill a customs form at the facility; however, this can be time-consuming. Click-N-Ship services are also available at many military postal facilities.

▶ Aviano Post Office:

Area F, Bldg 1478.

Phone: 0434-30-7119

Finance Office (for sending mail): Monday to Friday 10 a.m. – 5 p.m., Saturday 10 a.m. – 2 p.m.

Parcel Pick up: Monday to Friday 10 a.m. – 6 p.m., Saturday 10 a.m. – 2 p.m.

▶ Vicenza Postal Service Center

Caserma Ederle Building 302

Phone: 0444-71-4948

Monday to Wednesday, Friday 10:30 a.m. – 5:30 p.m., Thursday 1:30 – 5:30 p.m.

▶ Del Din Bldg 2

Phone: 0444-71-4961

Monday, Wednesday, Friday 11:30 a.m. – 5:30 p.m., Tuesday and Thursday 2 – 5:30 p.m.

▶ Camp Darby Postal Service Center

Bldg 771

Phone: 050-54-7035

Monday to Wednesday, Friday 10:30 a.m. – 5:30 p.m., Thursday 1:30 – 5:30 p.m.

AFN

The American Forces Network (AFN) broadcasts locally and online via the AFN Go app available at afngo.net/anfeurope.

- Aviano: 106.0 FM
- Vicenza: 105.3 FM

USO VICENZA

The United Services Organization has an office in Vicenza on Caserma Ederle, Bldg 9A. The facility offers family programs, seasonal and weekly events, local area information and much more. There is a snack bar, computers, DSN access, printers, Wi-Fi, gaming and a place to relax.

AMERICAN RED CROSS

The Red Cross offers well-being services for all members of the military community. They have training and certification courses in babysitting and CPR, blood drives, scholarships, and community programs like reading with dogs at the library and craft times for kids. In addition, the Red Cross offers assistance for other emergency needs.

- ▶ Aviano: aviano@redcross.org, 0434-30-5576

- ▶ Vicenza: vicenza@redcross.org, 0444-71-7997

VOTING OVERSEAS

- Register at FVAP.gov
- Select your state of residency and request an absentee ballot.

Scan these QR codes for
KEY FACILITY Links!



AVIANO FSS



VICENZA AND CAMP
DARBY MWR

GOOD SLEEP. GOOD DAY. GOOD LIFE.

Did you know how risky snoring could be? We simply stop it.



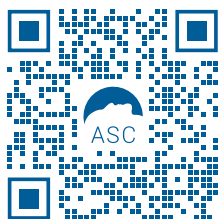
Prof. Dr. H. Schneider is a very well known specialist in sleep disorders such as snoring. Through his decades of research at Johns Hopkins University in Baltimore, he has the very latest knowledge and help to end dangerous snoring. Snoring bears great risks for your health such as developing diabetes, obesity, poor sleep and even heart attack or stroke.

Moreover: Snoring affects your readiness at work, for travel and exploration.

Join his Sleep Clinic in Frankfurt am Main, where he treats patients in a comfortable environment since 2009. Very easy to reach with stop directly in front of the clinic. Extensive examinations and tests are carried out by special measurements with state-of-the-art equipment.

Do not hesitate to contact us today!

Our medical services are covered by most U.S. Health insurances with direct billing services.



American Sleep Clinic
Friedberger Landstraße 406
60389 Frankfurt am Main
+49 69 808 807-777 | Fax -779
info@american-sleep-clinic.com
www.american-sleep-clinic.com

 Zentrum für
SCHLAFMEDIZIN
American Sleep Clinic



RESOURCES FOR KIDS



Children may think of moving to Italy as an exciting new adventure, or they may struggle with the big change. Luckily, every installation has resources available to help your kids settle into their new home.

► Aviano

- Two Child Development Centers (CDC) are on base for kids aged 6 weeks to 5 years old.
- A School Age Care Center provides kids in grades kindergarten through sixth grade structured before and after-school activities and homework help.
- The Youth Programs facility is in Area 1, Bldg 116.
- Pre-teens aged 9 to 13 may be registered for open recreation at the youth center to take part in after-school activities and clubs.
- Teens aged 13 to 18 have access to the Teen Center for recreational clubs and a space to hang out.
- Youth sports and instructional classes are also available.
- Military Family Life Counselors (MFLC) are on hand to offer non-medical counseling.
- The Military & Family Readiness Center (MFRC) helps families connect with EFMP programs.

► Vicenza

Visit Parent Central Services in the Davis Soldier & Family Readiness Center, (Bldg 108) to pick up a Parent Handbook and make an appointment to register kids for Child and Youth Services (CYS).

- There are two CDCs. One is in the Villaggio housing area and the second is on Caserma Ederle. They offer full-day, part-day and hourly care for kids 6 weeks to 5 years old.
- The Villaggio School Age Center is co-located with the CDC and has before and after-school programming for elementary school kids.
- SKIES Unlimited instructional programs and youth sports and fitness programs are offered at facilities on both Villaggio and Ederle.
- The Youth Center in the Villaggio housing area is for tweens and teens in grades 6-12.
- The Teen Center Ederle is for students in high school.

Army Community Services (ACS) resources:

- Military Family Life Consultants (MFLC) are available for individual or group counseling.
- EFMP support

► Camp Darby

Visit Parent Central Services in Bldg 726 to register kids for all Child and Youth Services (CYS).

- The Darby CDC and SAC are co-located in Bldg 726 and offer childcare for kids ages 6 weeks and up. Before and after school care with homework help is available for students in grades Kindergarten to eighth grade.
- The Darby Youth Center in Bldg 201 offers a place for young people in grades 6-12 to hang out and attend clubs.
- CYS also offers some sports and fitness classes.



Read our free kids' magazine, "Dandelions" featuring fun educational, activity and coloring pages.



omtherapy

WE OFFER

- PSYCHOLOGICAL SERVICES
- OCCUPATIONAL THERAPY
- PHYSICAL THERAPY
- SPEECH-LANGUAGE THERAPY
- IBCLC/LACTATION SERVICES

We bill to most American insurance providers.

CONTACT US!

📍 VIA BIRON 102 - 36050 MONTEVIALE –
VICENZA - ITALY

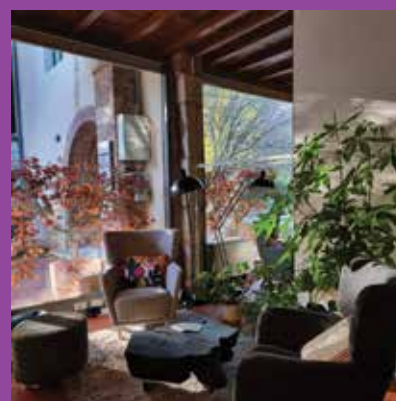
☎ +39 0444 183 2436

✉ info@omtherapy.it

🌐 omtherapy.it



FIND US ON SOCIAL!



SCHOOL OPTIONS



Your installation School Liaison Officer (SLO) is a good first resource for any questions regarding school options while stationed in Italy. While most students attend a Department of Defense Education Activity (DoDEA) school, both homeschooling and local Italian schools are available.



Understanding the role
of School Liaison Officers

SCHOOL LIAISON OFFICERS

- **Vicenza/Darby**
www.europe.armymwr.com/slo

- **Aviano**
www.31fss.com/school-liaison

DoDEA EUROPE

DoDEA schools accept enrollments throughout the year to accommodate military families.

Enroll at: www.dodea.edu/registration Enroll

- **Aviano Schools**
Aviano Elementary School: Pre-K to 5th grades.
- **Vicenza Schools**
 - Vicenza Elementary School: Pre-K to 5th grades.
 - Vicenza Middle School: 6th-8th grades.
 - Vicenza High School: 9th-12th grades.
- **Camp Darby Schools**
 - Livorno Elementary Middle School: Pre-K to 8th grades.
 - High school students will be registered with the Non-DOD Schools Program (NDSP) which offers funding and assistance so students can attend school at one of five options:
 1. Local Italian School
 2. Homeschool or online school
 3. International School of Florence (ISF)
 4. Canadian School of Florence (CSF)
 5. A boarding school elsewhere

HOME-SCHOOLING

Homeschooling is a legal option open to all SOFA-sponsored active-duty military, DoD civilians and contractors. Your children may be eligible for auxiliary services offered by DoDEA. Contact your SLO for more information and to connect with homeschool groups.

ITALIAN SCHOOLS

While stationed in Italy, you have the option to send your children to local Italian schools. All instruction will be in Italian, though most schools will offer remedial language acquisition help. Keep in mind that students will not get American holidays off. You will need a local address to enroll. Visit your installation SLO for local school information.

Italian education stages

- Kindergarten: “scuola dell’infanzia” or “Asilo” Ages 3 to 6.
- Primary school or elementary school: “scuola primaria” or “scuola elementare.” Ages 6 to 11.
- Lower secondary school or middle school: “scuola secondaria di primo grado” or “scuola media.” Ages 11 to 14.
- Upper secondary school or high school: “scuola seconaria di secondo grado” or “scuola superior.” Ages 14 to 19. There are three types of high school:
 1. “Liceo” for high-level theoretical study and university preparation.
 2. “Istituto tecnico” is the most common, and also leads to a university entrance qualification.
 3. “Istituto professionale” is a vocational school for specific trades, crafts and careers. ■



The dental clinic for the *entire family* in downtown Vicenza since 1988

Over 30 years dedicated to dental health
and smiles using the latest technology.

A place where the relationship between doctor and
patient always comes first in the treatment procedure
and where you will find a well-advanced system with a
highly specialized medical staff who will take care of you.

OPENING HOURS

Monday to Friday
8.30AM – 7PM

Saturday
9AM – 1PM

All major health insurance accepted

AREAS OF SPECIALIZATION:

- Oral hygiene & tooth bleaching
- Anxiolytic path (conscious sedation, hypnosis, nitrous oxide, TAO emotion)
- General and aesthetic prosthetics
- Aesthetic dentistry
- Two equipped surgery rooms for advanced implantology
- Conservative & Endodontics
- Orthodontics & dental treatments for children
- Bite (against grinding or for athletic purposes)
- Evaluation and treatment of postural pain with TAO devices
- Evaluation of sleep disorders and snoring
- Oral digital scans



**DENTISTI VIGNATO
CENTRO ORTODONTICO VICENTINO**

 **Contrà Torretti 48 – Vicenza**

 **0444.302284 | 0444.300347**

 **info@dentistivignato.it**

 **www.dentistivignato.it**

PET INFORMATION



► AVIANO

Pets must be registered via email with the Aviano Veterinary Treatment Facility within 14 duty days of arrival. The veterinarian is available for pet appointments; however, they do not offer emergency veterinary care. You will need to make an appointment to obtain an EU pet passport.

Contact the clinic for a list of local veterinarians for specialty or emergency “Ambulatoria Veterinario,” care.

► VICENZA / CAMP DARBY

Within 10 days of arrival, pets must be registered, in person or via email, with the Army Veterinary Center on Caserma Ederle in Vicenza. Pets may be seen at the clinic. It is necessary to contact the clinic for instructions on obtaining an EU pet passport. Camp Darby does not have a vet clinic.

There is a limit of two pets for families assigned to on-post housing. In addition, certain dog breeds deemed potentially aggressive are prohibited. Exotic or farm animals are also prohibited.

VACCINATIONS

Rabies: Mandatory annual vaccine for both dogs and cats. Rabies tags must be worn at all times.

Leptospirosis: This vaccine is highly recommended for all pets. Leptospirosis bacteria has a heavy presence in Italy and can cause kidney failure.

Heartworm Preventative: Mandatory for dogs and cats.

Flea and tick control: This is highly recommended year-round.

ITALIAN PET REGULATIONS

- Dogs may not be chained for longer than eight hours and must not be unattended.
- Dogs may not be left in a kennel or crate.
- Dogs kept on balconies, in basements or in garages must be able to enter the house on their own.
- Shelter, food and water must always be provided for your pet.
- While driving, pets cannot interfere with the driver.
- Dogs must be walked: twice daily for apartment residents, once daily for homes with small yards. If the yard is 120 square meters or larger, walking requirements are waived.
- Dog leashes must be less than five feet long. Dog walkers must clean up after their dog and keep a muzzle on hand.
- Feral cats are protected by Italian law, so consider keeping your house cat inside.
- Dogs, cats and ferrets must have a 15-digit ISO-compliant international microchip.
- Choke chains, pinch collars and shock collars are illegal in Italy and punishable with fines.

TRAVELING WITH YOUR PET

- The EU Pet Passport must be kept with your pet when traveling throughout Europe.
- The passport must list the pet's microchip number that is registered with the installation veterinarian.
- The passport must indicate a valid rabies vaccination is up to date.
- Most countries require muzzles to be carried for dogs, especially on public transportation. ■



As of Jan. 1, 2024 the DoD has enacted a Pet Transportation Allowance





FULL SERVICE FOR CARE AND SHIPPING OF YOUR PETS!

MEMBER OF IPATA
THE PET SHIPPING EXPERTS
INTERNATIONAL PET AND ANIMAL TRANSPORTATION ASSOCIATION

SERVICES

- ▶ 24/7 WORLD WIDE PET SHIPPING
GROUND TRANSPORTATION
- ▶ PET TAXI FOR ALL NEEDS -
FROM/TO HOTELS/AIRPORTS
- ▶ DOOR TO DOOR SHIPPING
- ▶ ALL KIND AND SIZES OF
CRATES AVAILABLE
- ▶ PET SITTING

CONTACTS & SOCIAL

-  [FACEBOOK.COM/CARE&MOVE4PETS/](https://www.facebook.com/careandmove4pets/)
-  CARE-MOVE4PETS.COM
-  345 239 2093
-  INFO@CARE-MOVE4PETS.COM



with love and joy

Just contact us and we'll do
anything to help you!!



Ask about Military Discounts

PERSONAL ENRICHMENT

There is plenty to do during your tour in Italy! From on-installation employment or education to volunteer work and travel, your time in Italy has a lot to offer.

EMPLOYMENT OPPORTUNITIES

The Status of Forces Agreement (SOFA) does not allow for dependents to work on the economy or operate home-based businesses in Italy. The following are options for on-installation job searching:

- **Federal Employment:** Non-Appropriated Fund (NAF) and General Schedule (GS) positions are offered with MWR, FSS and command agencies. Hours range from full-time to flexible part-time with varying employment benefits. Search and apply at: usajobs.gov.
- **DoDEA-Europe:** On-installation schools offer full and part-time employment as support staff, substitute teachers and administrative employees. Find certified teaching positions at: dodea.edu/offices/HR. Find local support positions at usajobs.gov.
- **Army and Air Force Exchange Service (AAFES):** For positions at AAFES facilities like the Exchange and food courts, visit aafes.com/Applymyexchange

- **Defense Commissary Agency (DECA):** Jobs at usajobs.gov
- **Defense Contractors:** Job opportunities with contractors are typically advertised via the company's human resources department. Your installation's contracting office and A&FRC or ACS office may have information about companies with contracts near you.
- **Telework Options:** Dependents in Italy with a Missione Visa are now authorized to telework for U.S. employers.

EDUCATION

You can further your college education while stationed in Italy. The following schools have special DOD partnerships and presence on installations.

- ▶ **University of Maryland Global Campus:** europe.umgc.edu. Undergraduate, graduate and doctoral programs. Offers online coursework, and has student services at Aviano, Vicenza and Camp Darby.
- ▶ **Embry-Riddle Aeronautical University:** worldwide.erau.edu/administration/military-veterans/europe. Certifications, undergraduate and graduate degrees. Offers online courses worldwide and in-person classes at Aviano and Vicenza.

- ▶ **Community College of the Air Force:** airuniversity.af.edu.

Professional Military Education (PME) for qualified personnel.

- ▶ **Other schools with online coursework:** military.com/education or militaryonesource.mil

Many U.S.-based colleges and universities offer online courses and discounts for military-affiliated students.

VOLUNTEERING

Volunteering is a wonderful way to get involved in your community. You can make connections or learn a new skill.

- Visit your installation's A&FRC/ACS, Post Office, the American Red Cross and the USO.
- Search the Volunteer Management Information System on the Army Family Web portal for volunteer positions. armyfamilywebportal.com
- Reach out to organizations across your installation that align with a career field you are interested in.
- Find local spouses clubs, interest groups or sports organizations to join.
- Do you enjoy writing? Submit travel or lifestyle stories to contentteam@stripes.com for publication on the StripeEurope.com website.





CHINESE & JAPANESE SPECIALITIES



ALL YOU CAN EAT!

Lunch – EUR 15 Dinner – EUR 25

Children between ages 4 – 8 eat for half price

Children under 4 eat for Free!

Birthdays – Special Events – Hail & Farewells

NEW!



**DRIVE THRU
AVAILABLE**

**HOME DELIVERY
& TAKE OUT**

Home Delivery available –
off base or to the gate!

Via Pionieri dell'Aria, 86/c, 33080 Roveredo in Piano PN | (right outside the Air Base)

Tel. or WhatsApp Call: 0039-331-275-5555 | www.samurai-sushi.it

Opening Hours: Daily from 11:00 – 15:00 & 17:00 – 23:00 | **Closed:** Tuesdays

U.S. ABROAD

Health Care



INTERNATIONAL MEDICAL CENTER OF EXCELLENCE

**FAMILY HEALTH CENTER- ADULTS & CHILDREN
CARDIOLOGY CARE**

ORTHOPEDIC TRAUMATOLOGY

MENTAL HEALTH

OB/GYN

OUTPATIENT REHABILITATION

VECENZA DENTAL CARE

"NEW" VETERAN NEXUS LETTER SERVICES NOW AVAILABLE

CONTACT US:

044.491.4398 - 044.466.5407 - 044.487.7418



VA.GOV

AVIANO: Piazza Duomo, 22
CALAMBRONE: Ciale del Tirreno, 361
CATANIA: Via Canfora 49
NAPOLI: Via Degli Scimpioni n. 9 800125 Napoli
VICENZA: Via Rossato, 7

LIVING LIKE A LOCAL



Once you arrive in Italy and get settled in, the fun can begin.

WELCOME TOURS AND CLASSES

Both Army Community Services and the Aviano Military & Family Readiness Center offer free tours in the local community. From Pizza Connection Tours and shopping introductions to a three-day Benvenuti Cultural Integration Class, there is something for everyone. In addition, there are basic-level Italian language classes and seasonal sessions to help you get up to speed with the local language.

► **Aviano:** facebook.com/AvianoMFRC

► **Vicenza:** facebook.com/USAGItalyACS

► **Darby:** facebook.com/darbymilitary-community

EVERYDAY LIFE IN ITALY

Dining Out

- Lunch times are around 1 p.m. to 3 p.m.
- Dinner times start around 7 p.m. and may stay open until midnight.
- Expect evening meals to last at least two hours.
- Restaurants will close between lunch and dinner.
- You will need to ask for the check when you are ready to go.
- Not every restaurant accepts credit cards, so bring euros.

Shopping

- Bring a 50 cent or 1 euro coin to use a shopping cart.
- Use a glove when touching grocery produce.
- Weigh and tag your produce before checking out.
- Bring your own bag or expect to pay for one at the register.
- Many shops close for “riposo” (extended lunch break) from 12:30 to 3:30 p.m.

RECYCLING IN ITALY

Recycling is a requirement in Italy. Each town can be on different trash and recycle pick-up schedules—so be sure to ask your landlord or neighbors for information.

Paper

Boxes
Cardboard
Envelopes
Paper
Paper bags
Reading materials (paperback books, newspapers, magazines, catalogs, mail)
Wrapping paper

Packing Material

Foil
Bottle tops
Jar lids
Metal cans
Net bags for produce
Plastic bags (storage bags, bags that food comes in, grocery bags)
Plastic bottles
Drink cartons
Styrofoam

Biodegradables/Compost

Yard trimmings
Grass
Untreated wood
Bread
Egg shells
Flowers and plants
Fruit and Vegetables
Nutshells
Paper towels
Tea bags

Residual

Ashes
Cat litter
Diapers
Feminine products
Tissues
Meat (including bones)
Mirrors
Non-packaging metals/plastics
Seafood (including shells)
Soiled paper or cardboard
Vacuum cleaner bags

Glass

White, clear, green, brown, blue and other colored glass
Drinking glasses
Non-returnable glass jars/bottles
Other glass packaging
No ceramics, porcelain, or metal/plastic lids

Bulk and Hazardous Waste

Batteries
Chemicals/detergents/pesticides
Oil (cooking and other)
Electronics
Furniture
Large yard waste
Lightbulbs
Paint
Scrap metal
Tires



100% Italian craft beer??!
Birrone beerhouses!!! Enjoy the best Italian lagers & ales on tap eating local homemade gourmet bruschetta, burgers, pizza and much more for your best night!



BIRRONE TAPROOM Isola Vicentina
BIRRONE PADOVA Padova
BIRRONE BREW BAR Vigonza
BIRRETTE GRISIGNANO Grisignano di Zocco
BIRRETTE CITTADELLA Cittadella

ITALIAN LANGUAGE

Ready to learn Italian? Local nationals will appreciate that you are attempting to speak their native language.

SALUTATIONS

Hi	Ciao
Goodbye	Arrivederci / Addio
Bye	Ciao
Good morning	Buongiorno
Have a good day	Buona giornata
Good afternoon	Buon pomeriggio
Good evening	Buonasera
Have a good evening	Buona serata
Good night	Buona notte
See you soon	A presto

POLITE EXPRESSIONS

Please	Per favore
Thank you	Grazie
You're welcome	Prego
Yes	Sì
No	No
How are you?	Come stai?
What's going on?	Cosa sta succedendo?
Very good	Molto bene
I'm OK	Sto bene
I'm sorry	Mi dispiace
Excuse me	Scusami
That's fine	Va bene
Of course	Ovviamente
Don't worry	Non ti preoccupare

ASSISTANCE OR CLARIFICATION

Can you please help me?	Potete per favore aiutarmi?
Pardon me?/Excuse me?	Scusami?
I understand	Capisco
That sounds good/All is good	Suona bene / Tutto va bene
Exactly	Esattamente

I don't understand	Non capisco
I don't know	Non lo so
I speak English	Io parlo inglese
I don't speak Italian	Non parlo Italiano
I speak a little Italian	Parlo un po' di italiano
My Italian is bad	Il mio italiano è cattivo
What's that called in Italian?	Come si chiama in italiano?
How do you say "____" in Italian?	Come si dice "____" in italiano?
What does "____" mean in English?	Cosa significa "____" in inglese?
Do you speak English?	Parli inglese?
Please write it down	Per favore scrivilo

DINING

I'd like to reserve a table	Vorrei prenotare un tavolo
My name is _____	Il mio nome è _____
I have a reservation	Ho una prenotazione
I would like _____	Mi piacerebbe
I would like to pay, please	Vorrei pagare, per favore
Check, please	Controlli, per favore
Keep the change	Tieni il resto
Waiter/waitress	Cameriere/cameriera

SHOPPING

How much does this cost?	Quanto costa questo?
Do you have _____?	Hai _____?
How much?	Quanto?
What is this?	Cos'è questo?
Do you have this in size _____?	Hai questo in size _____?

RESOURCES FOR LEARNING ITALIAN

FREE APPS

- **Google Translate**

This app comes in handy when you are exploring new Italian neighborhoods. It allows you to “say” the word in Italian and hear how it is pronounced. You can also turn on the image feature and hover your phone over the Italian text to translate in real-time to English without typing each word.

- **Duolingo**

Duolingo provides you with a pre-test so you can begin your training wherever you are in your Italian learning. It has a gamified technique to help you learn and practice. You learn new words, sentence structure and practice listening and speaking skills. If you are somewhere where you cannot turn up the volume or speak into your phone, you can also opt out of those practices for 15-minute intervals. There are free and premium versions of the app.

ONLINE

- Through Army MWR or USAFE Library websites, you can access Mango Languages to learn Italian for free on your computer or mobile device.

IN PERSON CLASSES

- **Corsi Gratuiti Di Lingua E Cultura Italiana**
These free Italian language courses are organized in all provinces by the “Centri Provinciali per Istruzione degli Adulti” (CPIA). These courses occur twice a week and last for an entire school year. They are typically offered at three different times each day (morning, afternoon or evening). The only cost to the student is purchasing the textbook, if they desire. Contact your nearest CPIA office for more information.
- For Army families stationed here in Italy, ACS and MWR offer free or low-cost in-person and hybrid classes.
- For Air Force families, FSS provides low-cost classes. Each of these classes typically runs in ten-week cycles throughout the year, so there is always one about to start. ■

TRAVEL

Hotel	Hotel
Room	Camera
Train station	Stazione ferroviaria
Main train station	Stazione ferroviaria principale
Subway	Metropolitana
Airport	Aeroporto
ATM	ATM
Gas station	Stazione di servizio
When is the next train to ____?	Quando è il prossimo treno per ____?
When does the train leave?	Quando parte il treno
Where is ____?	Dov'è ____?
North	Nord
South	Sud
East	Est
West	Ovest
Left	Sinistra
Right	Destra
Straight ahead	Sempre dritto



Travel to the
Dolomites

CONVERSIONS & HOLIDAYS

LENGTH

1 kilometer =	0.6 miles
1 meter =	3.3 feet
1 centimeter =	0.39 inches

WEATHER TEMPERATURE

°C.....	°F
0.....	32
5.....	41
10.....	50
15.....	59
20.....	68
25.....	77
30.....	86
40.....	104
50.....	122

ITALIAN PUBLIC HOLIDAYS

Jan. 1.....New Year's Day

Jan. 6.....Epiphany

Mar. 31 – Apr. 1, 2024

Apr. 20 – 21, 2025.....Easter Holidays

Apr. 25.....Liberation Day

May 1.....Labor Day

June 2.....Republic Day

Aug. 15.....Assumption Day

Nov. 1.....All Saints' Day

Dec. 8.....Immaculate Conception

Dec. 25 – 26.....Christmas Holidays

WOMEN'S SIZES

Shoes

US.....	EU
5.....	35-36
5.5.....	36
6.....	36-37
6.5.....	37
7.....	37-38
7.5.....	38
8.....	38-39
8.5.....	39
9.....	39-40
9.5.....	40
10.....	40-41
10.5.....	41

Dresses/Shirts/Pants

US.....	EU
2 (XS).....	32
4 (XS/S).....	34
6 (S).....	36
8 (M).....	38
10 (M).....	40
12 (L).....	42
14 (L-XL).....	44
16 (XL/1X).....	46
18 (1X-2X).....	48-50
20 (2X).....	50-52

Bras (Cups AA-E)

US.....	EU
32.....	70
34.....	75
36.....	80
38.....	85
40.....	90
42.....	95
44.....	100
46.....	105

MEN'S SIZES

Shoes

US.....	EU
8.....	41
8.5.....	42
9.....	43
10.5.....	44
11.5.....	45
12.....	46
13.....	47
14.....	48

Suits/Coats

US/UK.....	EU
36.....	46
38.....	48
40.....	50
42.....	52
44.....	54
46.....	56
48.....	58

Pants

Inches.....	CM
28.....	71
30.....	76
32.....	81
34.....	86
36.....	91
38.....	97
40.....	102

CHILDREN'S SIZES

Clothing

US.....	EU/UK
2T.....	92
3T.....	98
4.....	104
5.....	110
6.....	116
6X.....	122
7.....	128

8.....	134
9.....	140
10.....	146
11.....	152

Shoes

EU.....	US
11.....	28
12.....	30
13.....	31

1.....	32
2.....	33
3.....	34
4.....	36
5.....	37
6.....	38
7.....	39
8.....	40
9.....	41

INFANT SIZES

Clothing

US.....	EU/UK
NB.....	56
3 MO.....	62
6 MO.....	68
9 MO.....	74
12 MO.....	80
18 MO.....	86

Shoes

US.....	EU
0.....	15
1.....	16
2.....	17
3.....	18
4.....	19
5.....	20

6.....	22
7.....	23
8.....	24
9.....	25
10.....	27

Clinica Cappellina



Plastic Surgery

Dr. Diego Cappellina
Dr. Cesare Cappellina

0444 322328
+39 351 589 5576
chirurgia@cappellina.com



clinica_cappellina_chirurgia

Dentistry

Dr. Luca Cappellina
Dr. Giulia Maria Cappellina

0444 591599
+39 349 6979745
odontoatria@cappellina.com



clinica_cappellina_odonto

The Plastic Surgery & Dentistry Clinic in Vicenza.

15 minutes from the Base.

Via Ca' Paiello
36031, Dueville (VI)



PLASTIC SURGERY SERVICES

Aesthetic Medicine

Fillers, Botulinum, Peeling, PRP, Rhinofiller.

Body Surgery

Abdominoplasty, Brachioplasty, Thigh Lifting, Lioposuction, Diastasis abdominal correction.

Breast Surgery

Gynecomastia, Lipofilling, Breast Reduction, Breast Augmentation, Breast Reconstruction.

Facial Surgery

Blepharoplasty, Face Lifting, Rhinoplasty, Otoplasty, Bichectomy.

Cutaneous Neoform Removal

Laser Removal, Skin Mapping, Scar Correction, Pilonidal Cyst.

DENTISTRY SERVICES

Oral Hygiene & Prevention

Dental Bleaching, Dental care, Fluoroprophyllaxis.

Conservative & Endodontics

Veneers, Cosmetic and Reconstructive Dentistry.

Orthodontics & Pedodontics

Braces, Invisible Braces, Teeth invisible Aligners.

Implants & Bone augmentations

Guided Surgery, Immediate Loading, Maxillary Sinus Augmentation.

Conscious Sedation

Dental procedures in conscious sedation with anesthetist to decrease anxiety.

Gum treatments

Gingivoplasty, Filler, Botulinum toxin.

Diagnostic tests

Radiography, CT scans, Panoramic X-ray.



GET TO KNOW SACILE & PORDENONE

By Kat Nickola



Many people stationed at Aviano find homes near Sacile and Pordenone. These thriving Italian towns have much to offer and are fun to explore.

SACILE

In the Middle Ages, the garden village of Sacile grew along a trade route that protected the crossing of the Livenza River. At this time, a small shrine was built that would later be replaced with the Duomo di San Nicolò. Inside its typical Venetian architecture are some incredible 15th-century frescoes. The Duomo makes a great starting point for a walk around town. Down the road is the Torrione di Pra Castelvecchio, a portion of the medieval city wall that is tucked into the Giardini Ortazza park that straddles the river. There is a small pedestrian-only bridge that makes a scenic stroll to the other side.

As part of the former Republic of Venice, the town of Sacile became a haven for noble families who built their palaces along the Livenza River. You can see a series of opulent political frescoes by visiting the Palazzo Ragazzoni near the park. Now an event center, the palace courtyard hosts a local market on Thursday mornings.

Crossing back over the river will bring you back to the heart of this scenic village. Many of the restaurants and bars around the Piazza del Popolo have patios that open onto the Livenza River, which seems to surround the town. Sacile's historic center is actually built on two islands within the river. For a quintessentially Italian experience, finish off your day in Sacile by having a drink or tasting some gelato at one of the many riverside terraces.

PORDENONE

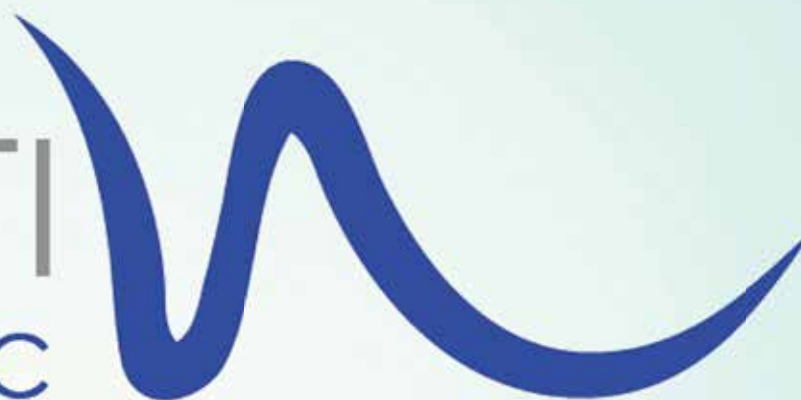
The Noncello River that runs adjacent to Pordenone was an important byway during the Middle Ages. After a dock called the Portus Naonis developed on the river's edge, the town grew around it and became an active trading site. It is still a great place to go shopping. The cobblestoned Corso Vittorio Emanuele II, or "Corso" leads north from the river and into the old city center. It is a walking street with plenty of Italian charm. The road is lined with colorful, historic shuttered buildings, outdoor cafes and many local specialty shops.

Elite families residing in Pordenone were an active part of the Italian Renaissance, and their artistic patronage can still be seen in the city's center. Many of the building facades have colorful frescoes or friezes that were restored for the city's "Corso Facades Project" in 1991. One such building is the Palazzo Ricchieri, which now houses the Civic Art Museum. Nearby is the Duomo di San Marco with its stark façade, beautiful bell tower and extensively decorated interior. Across the street is the impressively Gothic Town Hall, which was built in the 1300s.

Take some time along Pordenone's Corso to sit and enjoy the plentiful outdoor cafes. Local food and wine are on show since the town is a member of the Slow Food movement. Try a Friulano or Ribolla wine, a local prosciutto or a cheese and potato pie called a "frico." On Wednesday and Saturday mornings, tents are set up in the area of XX Settembre Square. This City Market is the perfect place to mingle with locals, find some deals and try the local Italian cuisine. ■

VALENTI

Dental Clinic



www.studiodentisticovalenti.com



TRICARE®
Preferred Family Dentist

-  Cleanings
-  Family Dentistry
-  Cosmetic Dentistry

Contact us!
0434-52-1926

info@studiodentisticovalenti.com

Via Damiani 5 • Pordenone

EXPLORING THE AVIANO AREA

By Kat Nickola



There is so much to see and do in the Aviano region. Nestled between the Dolomite mountains and the Venetian coast, this area overflows with history, culture and natural beauty.

HISTORY

For local Roman ruins, visit the hamlet of Aquileia, where you can explore the open-air archaeological park and check out the incredible 4th-century floor mosaics in the local basilica. This UNESCO Heritage Site offers a fascinating glimpse of early Christianity within the Roman Empire. Visit fondazioneaquileia.it for details.

There are plenty of hilltop castles around Aviano. Nearby, you can explore the ruins at Polcenigo for a great view of the area. The castle in Conegliano hosts a medieval museum and a restaurant specializing in local, seasonal menus. You can even stay the night inside the crenelated walls of the Castello di Roncade.

CULTURE

In order for a sparkling wine to be labeled Prosecco, it must come from the Conegliano Valdobbiadene region around the Strada Del Prosecco. There are now four routes that make up this Prosecco road, but the main one is a 90 km loop past vineyards, villages and even vending machines full of wine. For routes and information, check out coneglianovaldobbiadene.it

The canals of Venice are only about an hour away, but after your first visit try venturing to the other island towns in the Venetian Lagoon. Murano is known for its locally blown glass while Burano is known for lace manufacturing. Both have bright, colourful architecture and the canals that make this area so famous.

NATURE

Make your way up into the mountains at nearby Piancavallo. In the winter, this small resort town has skiing, snowboarding, sledding and cross-country snow sports. In the summer, you can escape the valley heat, hike in the cool mountains, trek along the via ferrata and enjoy the alpine slide.

Head away from the mountains for some seaside fun at the nearest beaches. The town of Caorle has a cute historic center, a wide swath of sandy beach and a long waterfront promenade full of the shops and cafes that make for a great day at the coast any time of year. ■

COME VISIT US IN OUR NEW OUTDOOR GREEN AREA!



BEFED

Chicken, Fries and Homemade Craft Beer!

HOST
YOUR NEXT
HAIL & FAREWELL
AND EVENTS
WITH US!



Opening Hours:

Mondays Closed

Tuesday – Sunday 6:00 p.m. – Last Call*

Viale per costa 6b - Aviano

Tel. 0039 0434661025

*If you would like to dine later than 10:30 p.m.,
please call to ensure kitchen is still open.

LARGE PLAYGROUND
FOR KIDS



Reservations recommended

All meals are available for takeout, including our famous beers (also available as refills in the bottles).

Other BEFeD restaurants in the local area:

Sacile (viale mazzini 33) and **Pordenone** (viale martellili 19)

AVIANO

DIRECTORY

FACEBOOK PAGE RESOURCES

MILITARY

- Aviano Air Base
- 31st Force Support Squadron
- U.S. Air Forces in Europe and Air Forces Africa
- AFN Aviano

MILITARY COMMUNITY

- Aviano La Bella Vista Club
- Aviano Airman & Family Readiness Center
- AFMS - Aviano 31st Medical Group
- Aviano Chapel
- Spouses of Aviano
- Aviano AB CE Spouses
- Aviano SFS Spouses
- Aviano Passenger Terminal
- American Red Cross Aviano AB Italy Health & Fitness
- Aviano Health Promotion
- Aviano Fitness Center

PETS

- AVIANO PETS PAGE
- Homes for Aviano Pets
- Pregnancy & Parenting
- La Leche League of Aviano
- Aviano Italy Mom, Wife, Dad, Family support group

RECREATION

- Aviano Arts and Crafts Center
- Aviano Community Center
- Aviano Community Theater

RETAIL

- Aviano Thrift Shop
- Youth Education
- Aviano Youth Programs

Facility	Civ Phone #	BLDG. #
Operator	1110	
American Red Cross	0434-30-5576	1467
Military and Family Readiness Center	0434-30-5407	1431
Commissary	0434-30-7647	1411
Dental Clinic	0434-30-5060	121
Drivers Testing/License	0434-30-5404	1413
Education Center	0434-30-5330	147
Finance Office	314-632-2274 (DSN)	1403
Housing and Furnishings Management	0434-30-2272	1409
In-/Out-Processing	0434-30-5404	1403
Legal Office	0434-30-8901	1403
Library	0434-30-5382	149
Medical Appointment Line	0434-30-5000	
New Parent Support Program	0434-30-5667	121
Passport Office	0434-30-4718	1413
Patient Liaison	0434-30-5408	
Post Office	0434-30-4086	1478
Temporary Lodging	0434-30-4040	1484
The Exchange - Main Store	0434-30-8811	1411
The Exchange - Four Seasons Express	0434-66-6901	179 (Area 1)
Thrift Shop	0434-30-5402	Area F
Vehicle Processing	0434-30-1106	Off-post
Veterinary Clinic	0434-30-8485	1410

Download the Aviano App!

Available via Air Force Connect (AF Connect).
Bookmark 31 FW as a favorite.



Hotel Mary

Your home away from home in Vicenza!

24 HOUR RECEPTION | PET-FRIENDLY
ROOMS AND APARTMENTS OF ALL SIZES
MANY SERVICES & RESTAURANTS WITHIN WALKING DISTANCE



US Military/Civilian Personnel travel on Orders receive a Government daily rate.

For US Government dependents, US retirees, US families soldiers, also as tourist, which provide the VAT FORM (Art.72), we will apply the VAT exemption on the published rates.

The discount will be applied on direct bookings, made directly on our website, by email at info@hotelmmaryvicenza.it or by telephone only.

Please note that we can not apply the Government Rate on reservations made through Travel Agencies or online reservation systems like Booking.com, Expedia, Hrs.

For US personnel we also provide rooms/apartments for Long Term Lease or Short Term Lease.

(2 MIN WALK FROM THE CHAPEL GATE)



VIALE CAMISANO, 28, 36100, VICENZA



EMAIL: INFO@HOTELMARYVICENZA.IT



+39 366-6326599



PHONE: +39 0444 300855

GET TO KNOW

VICENZA

By Tamala Malerk



Being stationed in Italy is quite an adventure, and there are plenty of chances to experience Italy in the Vicenza area. Vicenza, as a city, is a UNESCO World Heritage Site and right in your backyard.

TWICE WEEKLY MARKET: What better way to live like an Italian than to shop at the local market? Every Tuesday and Thursday, the Piazza dei Signori comes alive with vendors selling cheese, sausage, flowers, clothing and more. The Thursday market is bigger than the Tuesday one. No matter which day you go, get there early. Food is often sold out around 1 p.m. and vendors start closing down at 2 p.m.

PIAZZA DEI SIGNORI: Translated as the “Square of the Lords,” this elegant place will make you feel like a lord or lady of old. It is home to the aforementioned market as well as many events and shows throughout the year.

RIGHETTI (SELF RESTAURANT RIGHETTI): It’s up to you to keep up with your food and drink consumption at this “honest” restaurant in Vicenza. Located inside a 17th-century palace just a few steps from the Piazza dei Signori, enjoy a rotating daily menu of Italian fare. You order directly from the cooks and close at the cashier after the meal.

THE JEWELRY MUSEUM: While in Vicenza you can visit the first jewelry museum in Italy. The two-story museum features 11 exhibition rooms and a bookshop. Kids will enjoy the educational activities, and everyone can enjoy the guided tours. The museum often hosts workshops and family activities.

BASILICA PALLADIANA: Architect Andrea Palladio designed palaces, villas and buildings across Vicenza. The Basilica Palladiana is one of his most famous structures. The basilica was originally a medieval town hall. Today, it houses shops, bars, a walkable roof terrace and the Jewelry Museum. Other Palladio projects in Vicenza include the Teatro Olimpico, Villa Capra ‘La Rotonda’ and Palazzo Chiericati.

MATTEO GRANDI: For an elegant night out, try the Michelin-starred restaurant, Matteo Grandi, located in the Basilica Palladiana. Enjoy a seasonal four-course menu and select wine from their extensive wine menu.

ROMEO AND JULIET: In a plot that later formed the famous Shakespearean play, Vicenza is the home of the original author of “Romeo and Juliet,” or Romeo and Giulietta as they were originally known. Luigi da Porto wrote the story as a novella and it features familiar characters such as Tybalt, Paris, Friar Lawrence, and Mercutio. It was published in 1531 after da Porto had died. You can visit his burial site in Vicenza at the Church of Santa Corona. The famous “fair Verona where we lay our scene” is only 30 minutes down the road. ■

BUSA DEI BRIGANTI
BIRRERIA AGRICOLA & CUCINA

Contra' Giacomo Zanella 8,
36100 Vicenza city center

**...YOUR
ONE-STOP FOR
BURGERS &
CRAFT
BEER
IN VICENZA!**



**WHAT YOU
WILL FIND:**

**THICK'N'JUICY CLASSIC BURGERS ★ CRISPY,
OOZING SMASH BURGERS ★ FRESHLY MADE
APPETIZERS AND SIDES ★ THE BEST SUDS FROM
OUR BARLEY FIELDS AND BREWERY IN THE
EUGANEAN HILLS ★ ENGLISH-SPEAKING STAFF**



JOIN US!

**SUBSCRIBE TO OUR
NEWSLETTER AND
RECEIVE A FREE
BEER WITH YOUR
FIRST VISIT**



SCAN QR1

DOWN THE ROAD FROM VICENZA

By Tamala Malerk



Not only do you have the great city of Vicenza at your disposal, but these gems are less than 20 minutes down the road.

DUEVILLE: This small town of less than 15,000 people is a great place to spend the day. Lovers of historical houses will want to visit the Villa Monza. This three-story house, which now serves as a municipal building, is artfully built and decorated and visitors can tour it during opening business hours. The Birreria Alle Poste is a great place to grab a beer near the local swimming pools. For a sweet treat, the Tagliaferro Pasticceria provides tasty pastries and cakes. For a full Italian meal experience, the Buffalo Grill offers patrons pizza, fish, vegetarian, pasta and meat options, so there is something on the menu for everyone.

ALTAVILLA VICENTINA: For a great date night or family fun day, Altavilla Vicentina is the place to go. VKI - Vicenza Kart Indoor, where children as young as seven can drive on the track, is open late into the night daily. Parco "Il Lago" di Altavilla Vicentina (The Lake Park) is a wonderful way to spend the day walking when the weather is nice. Ducks, geeks and swans all nest here and there is 70,000 square meters of area to explore. For a bite to eat, the Antica Trattoria da Nello promises "the traditional cuisine of the Berici Hills," featuring local foods like Vicenza-style cod with polenta brustolà, homemade bigoli al torcio with duck sauce and Scottadito-style lamb chops with polenta.

CALDOGNO: History buffs should check out Villa Caldogno. Construction here began in the mid-1500s and the villa was designed by famed architect, Andrea Palladio. During World War II, it was acquired by the German army for the establishment of "Militar Saniat." Today, you can visit the villa and bunker on the weekends. For a tasty vegan meal in Caldogno, go to Joia and savor the tagliolini with seaweed and pistachio, the vegan black burger or the millefeuille with chocolate chips. They offer traditional Italian cuisine as well, so every appetite will be satisfied.

TORRI DI QUARTESOLO: If you want to spend your day shopping, Torri di Quartesolo is your town. The large Centro Acquisti Le Piramidi is open daily. This three-level mall offers patrons shops, restaurants and services. You can grab a coffee, shop for clothing, jewelry and electronics, pick up your Amazon order, let the kids enjoy the rides and attractions and eat at one of the third-level cafes, all in one day. During the holiday season, check out the Christmas market and get your picture with Santa at Le Piramidi. ■



CASTELLO BEVILACQUA
★★★★

HOTEL

RESTAURANT

EVENTS

WEDDINGS

MEETINGS

WINE TASTINGS

VINTAGE CAR TOURS



An irresistible combination of history and romance awaits you at this atmospheric castle hotel in the Veneto countryside. If you need to take a few days off from the sightseeing circuit of Verona, Padova, and Venice, you've come to the right place.



Hail and Farewell Parties



CASTELLO BEVILACQUA Via Roma 50, 37040 Bevilacqua (VR) - Tel: 0442 93 655 - Email: info@castellobevilacqua.com

CA' BRUZZO ORGANIC WINERY

Family Vineyards

- Daily Winery Tours by appointment.
- Vineyard Tour and Wine Tastings with Paired Appetizers
- 40 min from Vicenza & Verona.

📍 Via Cavallo 7, 36040 San Germano del Berici
☎ 0444-868055
📞 340 4028989
✉ alanbruzzo@hotmail.com
📱 Ca' Bruzzo Family Vineyards

www.cabruzzo.com



VICENZA

DIRECTORY

FACEBOOK PAGE RESOURCES

MILITARY

- U.S. Army Europe
- U.S. Army Garrison Italy
- USAG Vicenza
- U.S. Army Health Center Vicenza
- AFN Vicenza

MILITARY COMMUNITY

- USO Vicenza
- Vicenza Community Club
- REDCrossSAFVicenza
- Vicenza Family and MWR
- Army Wives Caserma Ederle

HEALTH & FITNESS

- CrossFit Vicenza
- Vicenza Civilian Healthcare

PETS

- Vicenza Veterinary Treatment Facility
- Vicenza Military Community Pet Page
- Paws and Claws of Vicenza Italy

PREGNANCY & PARENTING

- MOMS Club OF Vicenza
- TTC/Expecting Army Wives of Vicenza

RECREATION

- Vicenza Cooking Club
- Vicenza Travel Page

RETAIL

- Vicenza Thrift Shop
- Vicenza Yard Sale
- Vicenza Army Community Yard Sale
- Let's Freecycle Caserma Ederle!
- Vicenza Beaters
- Vicenza US Military Car Sales
- Vicenza Military Car Sales - Caserma Ederle

YOUTH EDUCATION

- Vicenza Homeschool Connection
- Vicenza Italian Schools/Sports
- Vicenza PTSA
- Vicenza Girl Scouts
- Vicenza Boy Scouts Troop 29

Facility	Civ Phone #	BLDG. #
Operator	0444-71-7111	
American Red Cross	0444-61-8918/8919	333
Army Community Service - Ederle	0444-71-5800	108
Army Lodging - Darby	050-54-7580	202
Army Lodging - Ederle	0444-71-1935	345
Cell Phone Concession	0444-30-249	302
Child Youth Service - Parent Central Services	0444-71-5820	108
Dental Clinic	0444-61-9210	2310
DoDEA	0444-71-8460	307
Drivers Testing/License	0444-61-7634/7633	393
Education Services	0444-61-8139/8140	126
Exceptional Family Member Program	0444-71-5845/5830	108
Family and MWR HQ	0444-71-4486	203
Furnishings Management Office	0444-61-7811/7812	L0928
Housing Office	0444-61-7950/7951	Off-Post
In-/Out-Processing	0444-71-2575/5141	393
Installation Transportation Office/Household Goods	0444-61-7696/7637	393
Italy Tax Relief Office - Ederle	0444-71-5104	367
Lending Closet	0444-71-5829/5843	108
Library - Del Din	0444-66-2721	2
Library - Ederle	0444-71-4947	302
Passport Office/Embassy Liaison	0444-61-7135/7136	28
Patient Advocate - Health Center	0444-61-9106	2130
Patient Liaison - San Bortolo Hospital	0444-75-3300	Off-post
Postal Service Center - Ederle	0444-71-7430/8397	302
Relocation Readiness Program	0444-71-5843/5829	108
Relocation/Newcomers Orientation	0444-71-5800	108
School Liaison Office	0444-71-5836	108
Sponsorship	0444-71-2575	393
The Exchange - Main Store	0444-71-8550	302
Thrift Shop	0444-71-7460	243
TKS Internet Service	0444-50-4148	393
USO	0444-71-7156	9a
Vehicle Processing	0444-61-8979/8947	Torri
Vehicle Registration	0444-61-7820/7821	Torri
Veterinary Services	0444-61-9160	2310



☒ *Protect my country*

☒ *Register for classes*

☐ *Earn my degree*

☐ *Build a new future*

Succeed Again.



125+ UMGC programs & specializations designed to help you achieve whatever you dream of next while overseas

- On-site, online, and virtual courses available
- 50+ on base locations and services throughout Europe, Middle East, and North Africa
- Special overseas tuition rate with tuition and credentialing assistance
- Lifetime career services and alumni benefits

Ranked the No. 1 Online/Hybrid University for Veterans for 2023.
Military Times Best for Vets: Colleges 2023.



**UNIVERSITY OF MARYLAND
GLOBAL CAMPUS | EUROPE**

europe.umgc.edu/stripes

Introduction to UMGC Europe Webinar
Attend and save \$50 application fee.

GET TO KNOW

LIVORNO

By Kat Nickola



EXPLORING LIVORNO

Livorno made a name for itself as a cosmopolitan port town during the Renaissance under the guidance of the Medici family. In 1577, it was designed as an “ideal town” by architect Bernardo Buontalenti. He had previously built Livorno’s massive Fortezza Vecchia, or old fortress, which you can still see today standing guard on the waterfront. Past the fortress, canals were created to allow for incoming trade ships. There are plenty of local boat owners who dock their vessels along the same canals in the Venezia Nuova District.

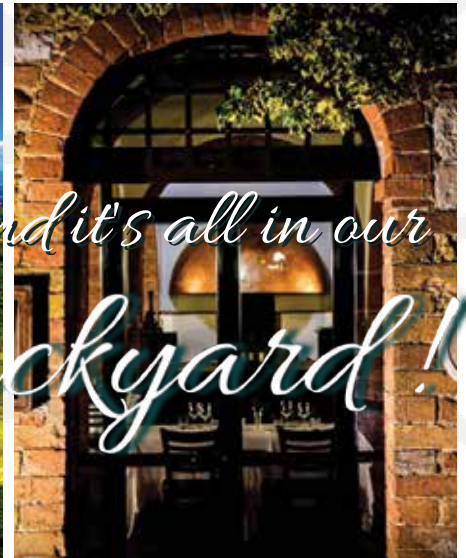
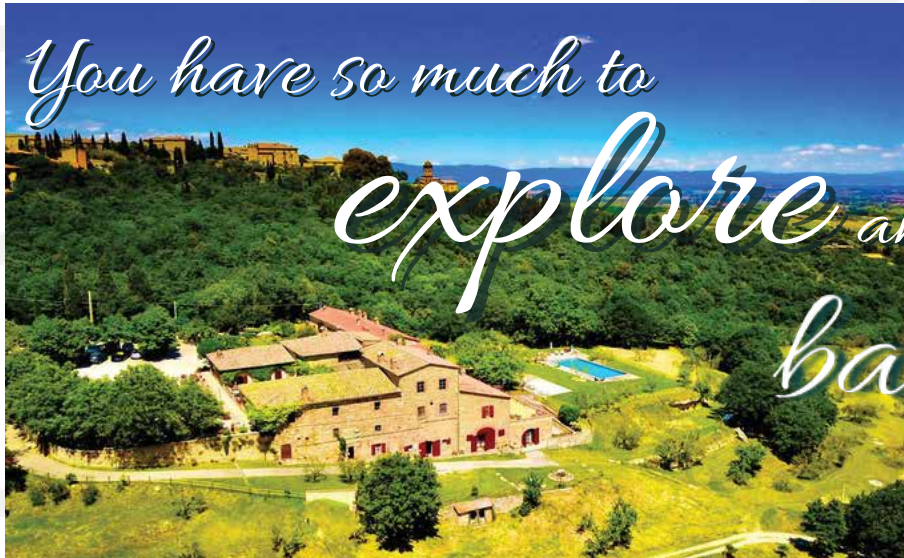
The port city came under the watchful eye of Ferdinando I de’ Medici, who was the Grand Duke of Tuscany. He gave Livorno special privileges as a “port franco,” or free port. This meant that international goods could be traded here without taxes. Soon, the city developed an international and diverse population. The Medici family built an extensive new fort, the Fortezza Nuovo, along the canals on its own huge island. The fort has fallen into disrepair, but it is interesting and free to explore and contains one of Italy’s famous protected street cat enclaves.

The Via Grande is the city’s main shopping road that stretches from the port to the Piazza della Repubblica. Modern stores and restaurants line the road in shady covered arcades. While you are here, be sure to try some seafood. The Mare Matto stand near the waterfront has delicious budget options and a few chairs for an al fresco experience. Livorno’s iconic dish is a mixed seafood stew called cacciucco, and the best is found at Trattoria Da Galileo.

The Livorno waterfront is where the action has always been in this city, and the ever-expanding port continues this heritage. When you are ready to explore further afield, you can get in on the maritime action by taking a ferry from the Porto di Livorno to Corsica, Sardinia or Sicily. The massive ferries are operated by four different companies and offer overnight rooms, car decks and entertainment on longer sailings. ■



HOTEL & RESTAURANT
Experience Tuscany



*You have so much to
explore and it's all in our
backyard!*

NESTLED IN THE HILLS OF TUSCANY IN AN HISTORIC OLIVE OIL MILL STANDS RELAIS LA CHIUSA, A DELIGHTFUL BOUTIQUE INN HOTEL AND RESTAURANT.

Originally an olive oil mill, each of Relais La Chiusa's eighteen rooms offer you a place to rest and relax after a day of exploring Tuscany.

Enjoy the beautiful views of Montepulciano and Monte Amiata as you stroll the rolling hills that lead to our 1000-tree olive grove and vineyard.



- Walk our 1000-olive tree grove--and taste our organic olive oil
- Don't forget packed picnic baskets and lunch in the olive grove
- Visit our lavender field
- Visit our resident bees and taste their honey
- Enjoy our endless breakfast buffet (included with room)
- Cooking class with of our Nonna's--get their secret recipes
- Private truffle hunting excursions
- Meet the wine maker and taste authentic Tuscan wines made locally
- Let our fabulous chef prepare your lunch or dinner in our restaurant
- Relax by the pool with incredible views
- Summer brings our sunflowers to life
- Adventure in our backyard--ATV tours in the local area
- Horseback riding in the vineyard
- Electric Bikes and Hiking
- Meet the cheese maker and taste his delicious creations
- Close to Montepulciano & Pienza



and so much more!
LOVE YOUR NEXT VACATION!



Owned and operated by USAF retired
We proudly offer military discounts
George & Linda Meyers



www.lachiusatuscany.com



info@lachiusatuscany.com



+39 0577 66 96 68

CAMP DARBY

DIRECTORY

FACEBOOK PAGE RESOURCES

MILITARY

- U.S. Army Europe
- U.S. Army Garrison Italy

MILITARY COMMUNITY

- Friends of Camp Darby
- Darby Military Community
- Camp Darby Catholic Community
- Darby Bulletin Board
- Camp Darby Spouses
- Camp Darby Air Force Spouses Page

RETAIL

- Second Glance Store - Camp Darby
- Darby Buy & Sell Page

Facility	Civ Phone #	BLDG. #
American Red Cross	0444-61-8918/8919	333
Army Lodging	050-54-7580	202
Cell Phone Concession	050-54-7577	302
Child, Youth Service - Parent Central Services	050-54-7681	730
DoDEA	0444-71-8460	307
Drivers Testing/License	0444-61-7633/7634	393
Education Center	050-54-7073	427
Exceptional Family Member Program	0444-71-5845/5830	108
Family and MWR HQ	0444-61-7898	203
Furnishings Management Office	0444-61-7811/7812/7813	L0928
In-/Out-Processing	0444-61-7130/7131	393
Household Goods	050-54-8154	413
Italy Tax Relief Office	050-54-8151	601
Library	050-54-7000	407
Passport Office/Embassy Liaison	0444-61-7135/7136	28
Patient Advocate - Health Center	0444-61-9106	2130
Patient Liaison	0444-75-3300	Off-post
Postal Service Center	0444-66-2750/2751/2752	2
School Liaison Office	050-54-8075	113
Sponsorship	0444-61-7151	393
The Exchange - Main Store	050-54-7456	725
TKS Internet Service	0444-50-4148	393
USO - Vicenza	0444-71-7156	9a
Vehicle Processing	050-98-9201	5130
Vehicle Registration	050-54-7266	731
Veterinary Services	0444-61-9160	2



From our vineyard
Red, White, Sparkling
and Sweet Wines,
made with care and passion
by our family.

Shipping wines
to Italy, Germany and U.S.A.
Go to our ONLINE STORE:



store.bessich.com



www.bessich.com



Bessich Wines



Come by and Visit Us

Tastings Available

Monday thru Friday

8.30-12.30 / 15.00-19.00

Saturday 8.30-12.30 / 15.00-18.00

Roveredo in Piano PN, Localita' Tornielli 12/a

t. +39 (0)434 949 898 - info@bessich.com

L'ARTE DEL COLTELLO by Maserin

Cutlery in Maniago since 1960

UNIQUE AND UNMISTAKABLE KNIVES **FOR 60 YEARS**

[f coltelleriemaserin](https://www.facebook.com/coltelleriemaserin)



STORE

Piazza Italia, 46 MANIAGO (PN)
tel. 0427 709313
e.mail: info@maserin.com

EXPLORE

The Cinque Terre



By Carrie Farrell

Built around the 11th century, the five villages of the Cinque Terre were, at one time, only accessible by boat or footpath. Hiking between them is still the best way to discover the lemon trees, olive groves and clusters of multicolored houses in this region. As intriguing as this sounds, I was reluctant to take my 10-month-old there. I heard traveling in the Cinque Terre with children was difficult, but I was not going to be deterred.

MONTEROSSO AL MARE is the biggest of the five villages and the only one with sandy beaches. It's spread out between the "new town" and the "old town." "New town" boasts a beachfront promenade lined with modern hotels, restaurants and bars. The paths through Monterosso are stroller-friendly with numerous gelato stands and a beachside playground. "Old town" includes restaurants, churches and shops nestled in stone alleyways.

From Monterosso, choose between a two hour hike or a 10-minute train ride to Vernazza, a narrow, one-street town with a church built on the water. The remains of a castle and old wall that once protected against pirates and a small harbor lined with colorful fishing boats make this town a must-see. It was an easy trip with my little one and made a great lunch stop.

East of Vernazza is Corniglia. From the train station, it takes 365 steps up the cliff or a long walk on a steep winding road to reach the town center. There is a green park bus you can take to and from the train station; however, the schedules varied and tested the patience of our little one. So, we embraced the vertical challenge and rewarded ourselves with gelato after the climb.

Another one-street town, Manarola is the smallest of the five. It has a small harbor and rocky beach where you can take a swim. Here

you can enjoy a unique spot of land from which the most famous Cinque Terre photos are taken.

Riomaggiore has one main street, a harbor, a rocky beach, a castle, a church and a dozen restaurants. It also has good train connections and is the closest to the larger city of La Spezia. This was an easy excursion and quick train ride from Monterosso.

continued on page 60

AVIANO - VICENZA - GHEDI - LIVORNO

FAMILY > SERVING < FAMILY

The Italy Consolidated Exchange gives you a warm welcome!

Serving troops and their families, wherever they go, is our mission.

Our vision is to be the preferred retail and services provider for the military family through extraordinary customer experiences and value pricing. Come visit us for a taste of home overseas!



Exchange (Italy Consolidated Exchange)



The Exchange supports the Healthy Army Community and Air Force Smart Fueling programs.



www.shopmyexchange.com/be-fit

An Exchange initiative to empower Military customers, their families and communities with fitness information, nutrition tips and tools to help them live healthy, Be Fit lifestyles. Be You. Be Healthy. Be Strong. BE FIT!

HEALTHIER CHOICES

Approved item

Look for this tag in the stores!

More for your life at shopmyexchange.com

If item is eligible: order online and come pick up your purchase in a local Exchange Store!



Turn **Good Grades** into **Great Rewards** at Your Local Exchange!

Contact your local Exchange for more details on the **YOU MADE THE GRADE** program.



PCS ITEMS INSTORE

Look for these tags for PCS items

MILITARY STAR® Card

The military credit card for every stage of your life

REWARDING THOSE WHO SERVE:

- 10% OFF ON YOUR FOOD COURT PURCHASES AT THE EXCHANGE RESTAURANTS
- EARN 2 POINTS FOR EVERY \$1 YOU SPEND (2000 POINTS AND GET A \$20 REWARDS CARD)



NOW ACCEPTED AT YOUR LOCAL COMMISSARY

OUR HONOR
TO SERVE YOU

continued from page 58

GETTING AROUND

Since the hiking trails vary in difficulty, length and beauty, it is particularly important for families with kids to choose their itineraries carefully.

Train: We found the train to be an excellent way to travel between villages. Kids under age 4 travel free on the TrenItalia trains (both regional and national).

Car: If you are driving to Cinque Terre, few places offer parking, and most villages are closed to vehicle traffic. It's possible to find a central parking lot for a daily fee.

Ferry: Ferries are a great way to get away from the hustle and bustle and are available at most of the villages.

LOCAL CUISINE

The food in this region is best described as fresh, local, homemade cuisine that soothes the soul. Like a lot of kids her age, my daughter tends to be a picky eater. But in the land of pasta, she was an easy customer.

PESTO: This region is the birthplace of pesto. Basil is ground with cheese, garlic, olive oil and pine nuts, and then poured over pasta. My daughter loved the pesto lasagna at La Cantina di Miky in Monterosso. By the end of the trip they knew her name and always had a highchair ready to go.

FOCACCIA: This tasty, fluffy bread, also originates here. It's simply flatbread with olive oil and salt. Try it at Panificio Focacceria in Vernazza.

TORTA MONTEROSSINA: A wonderful cake named after the village with layers of chocolate and cream. Try Pasticceria Laura in Monterosso. This place became our frequent stop for breakfast. We couldn't get enough of the fresh pastries and cappuccinos.

Any uncertainty I had about taking my daughter to the Cinque Terre was quickly erased. The sweet smell of the sea, stunning views, fantastic food and watching my daughter play with the local kids at the park made the Cinque Terre the perfect family weekend getaway. ■



The health of your smile is in good hands

You can undergo
dental treatments in
the **Studi Dentistici
Dr. Frozzi** with full
peace of mind.



Services

- > prevention for adults and children
- > family dentistry
- > cosmetic and reconstructive dentistry
- > veneers
- > gum treatments
- > invisible braces and teeth aligners
- > implants
- > guided surgery
- > custom mouthguards for athletes
(in accordance with ADA and NATA
recommendations)

Diagnostic tests performed in the surgery

- > radiography
- > panoramic dental X-ray
- > CT scans

10 minutes from the base



Visit Us
ONLINE

V.le Mercato Nuovo, 44/F
36100 Vicenza
info@matteofrozzi.it

+39 0444 960057
+39 392 9402704

Many insurance plans accepted including



BlueCross
BlueShield



BUCKET LIST: Italy Edition

By Stripes Staff

Italy is a dreamy country filled with countless treasures from architectural masterpieces and picturesque coastal towns to some of the world's best food and experiences waiting to be had. While stationed in Italy, be sure to traipse through the country and cross these items off your Italian bucket list.



___ **1** ___
Toss a coin in the Trevi Fountain.

___ **2** ___
Explore the villages of Cinque Terre.

___ **3** ___
Hike up the mighty and
impressive Mount Etna.

___ **4** ___
Snap an iconic pic with the
Leaning Tower of Pisa.

___ **5** ___
Take a gondola ride through
the canals of Venice.

___ **6** ___
Witness the clash of Roman and
Greek architecture in Taormina.



Navigate Europe with Us!

Host country information, community news,
travel and PCS tips—all in one place

StripesEurope.com



CONNECT ON YOUR
PLATFORM OF CHOICE



@StarsandStripesEurope



@StripesEurope



stripes.com/newsletters

7

Indulge in delicious gelato, pizza, pasta and, of course, wine.

8

Hike through the Dolomites.

9

Visit the Amalfi Coast and take a short boat ride into the cave, Blue Grotto of Capri, to witness its illuminated blue waters.

10

Visit the Vatican Museum and St. Peter's Basilica.

11

Appreciate the art and architecture of Florence.

12

Stare in awe of the Gothic Duomo di Milano cathedral in Milan.



©123RF.COM/IAKOV KALININ





hotel oliva s.a.s.
di Tomaselli Massimo

via Longo 2
33081 Aviano PN
+ 39 0434 66 61 11
info@hoteloliva.com
www.hoteloliva.com
f @Hotel Oliva
@Hotel Oliva 1958
0039 331 749 9686



the place to feel like home

U.S. ABROAD

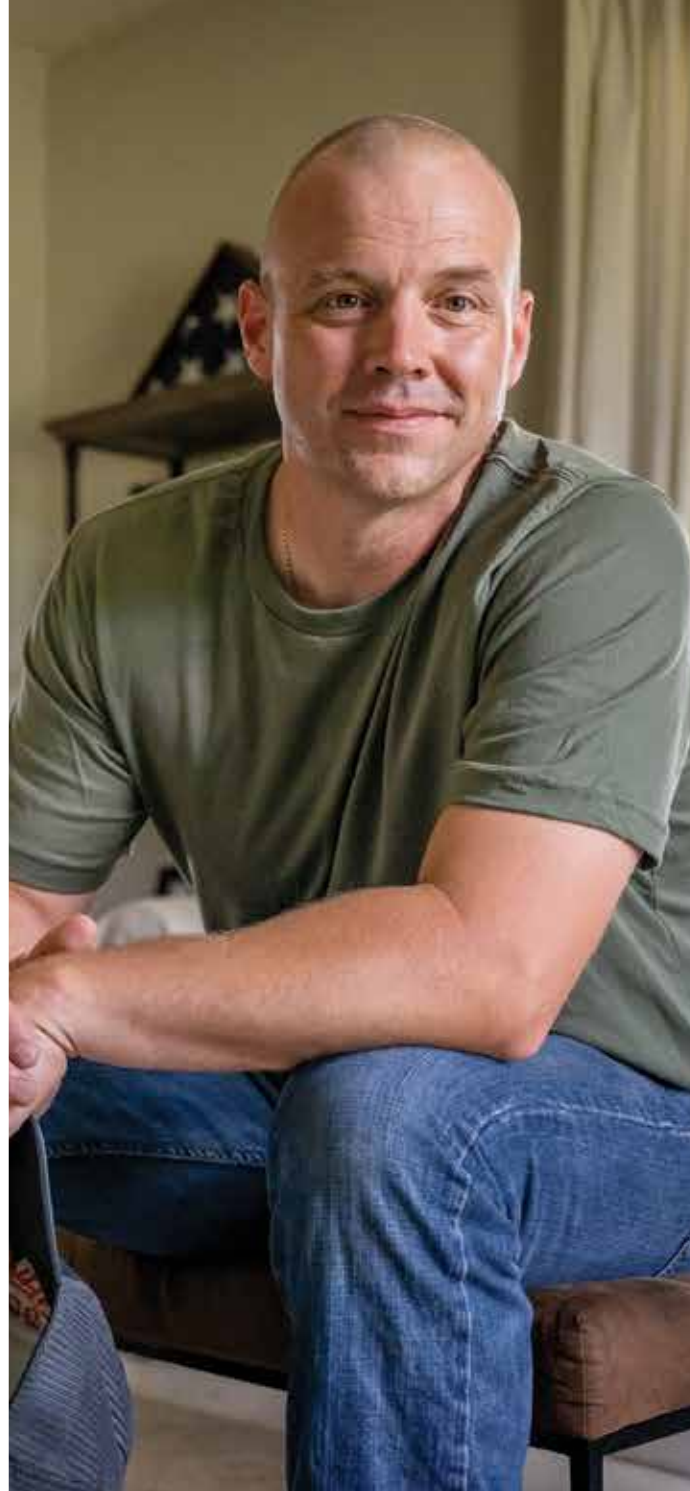
Health  Care

LEADERS IN DISABILITY SERVICES

Dedicated to helping
Veterans Overseas obtain
the benefits they deserve!

The role at USABROAD is to eliminate
the challenging process of applying
for a disability rating increase from
the VA with the professionals familiar
with the VA requirements and the
recent Pact Act Law.

- ★ Specializing in the acquisition
of VA NEXUS Letters.
- ★ We can help you cut through
all of the Red Tape!



**Contact any of our offices
for more information so
we can help you
get the process started.**

U.S. Abroad
Health Care srl
Strada Cá Balbi, 84
36100 Vicenza

Orthopedic Traumatology
& Physical Therapy
Viale Della Pace 232
36100 Vicenza

New in Aviano
Piazza Duomo 22
33081 Aviano

Catania
Via Canfora 49
95128 Catania CT

U.S. Abroad Care
Calambrone
Viale del Tirreno 361
56128 Calambrone (PI)

Napoli
Via Degli Scimpioni n.9
800125 Napoli

CONTACT US:
044.491.4398 • 044.466.5407 • 044.487.7418

What are you in the mood for?



Bacon & Swiss



Spicy



Classic

BK ROYAL CRISPY CHICKEN



Limited Time Only
TM & © 2022 Burger King Company LLC.

Military Autos Italy



buy sell trade

www.militaryautos.net



We buy and sell AFI Registered POVs, US or EU Spec, we Settle Stateside Liens, Pay Top Guide Prices, you should try us after you have tried the rest!



Viale Della Pace 214, Vicenza, 36100

and now in...

Via Pordenone 43, Aviano, 33801