

FREE

STARS AND STRIPES.

# welcome to NAPLES

PCS Guide 2023–2024







Patriot Military Automobiles

## PRE-OWNED CENTER NAPLES

**GUARANTEED BEST PRICES PAID TO BUY YOUR US SPEC VEHICLE WHETHER TRADING OR JUST WANT TO SELL IT!**

OVER 400 US SPEC Vehicles in Stock • US Dollar Pricing • Immediate Delivery • Finance Assistance  
We Take Trades • Warranties Available • Tax Free Sales • After Sales Service



**Contact Your Patriot Military Autos Specialist: Joshua Haaf**

Phone: Office: 081 4244989 • Cell: + 39 366 330 30 16 • Email : [j.haaf@patriot-autos.net](mailto:j.haaf@patriot-autos.net)

Address: Via Boscariello (inside ENI gas station/Coffee Point), 81030 (CE) Naples



## U.S. VOLVO MILITARY SALES NAPLES

Volvo Military Sales is proud to offer you the opportunity to purchase a new US specification Volvo at a **Special Military Discounted Price**. We have vehicles in stock available for **Immediate Delivery** in Naples.

Or if you are leaving Italy, you can choose delivery to a Volvo dealer in the United States.

All With These Benefits:

**3 YEARS FREE MAINTENANCE • 4 YEARS 50,000 MILE WARRANTY • FREE HOME SHIPMENT TO THE US**



S60



V60



V90



XC60



XC90



XC40

### CONTACT US

Office: 081 4244989 • Cell: + 39 366 330 30 16 • Email : [naplesvolvo@usmilsales.com](mailto:naplesvolvo@usmilsales.com)

Via Boscariello (inside ENI gas station/Coffee Point) 81030 (CE) Naples

[www.usmilsales.com](http://www.usmilsales.com)







*experience the*  
**WILD BUFFALO**  
*style*

**LAGO PATRIA**  
**VIA LAGO PATRIA 244**

**GRICIGNANO**  
**VIA SAN SALVATORE 62**

**ORDER WITH QR CODE**  
**10% DISCOUNT**



 **081 18578889**

# CONTENTS

## First Steps

<i>Arrival Checklist</i> .....	6
<i>Getting Connected</i> .....	10

## Money

<i>Euro Banking</i> .....	12
---------------------------	----

## Transportation

<i>Cars &amp; Motorcycles</i> .....	14
<i>Driving in Italy</i> .....	16

## Homes

<i>House Hunting</i> .....	18
----------------------------	----

## Medical

<i>Health &amp; Dental</i> .....	22
----------------------------------	----

## Life

<i>Life for your Pets in Italy</i> .....	26
<i>Helping your Kids Adjust to Italy</i> .....	30
<i>Personal Enrichment</i> .....	34
<i>Living like a Local</i> .....	38
<i>Useful Italian Phrases</i> .....	40
<i>Learning the Language</i> .....	41
<i>Conversions &amp; Holidays</i> .....	42

## Travel

<i>Getting to Know Naples</i> .....	44
<i>Day Trip to Downtown Naples</i> .....	46
<i>Cornicello: The Symbol of Naples</i> .....	50

## Resources

<i>Phone Directory</i> .....	52
------------------------------	----

### Europe Office

COMMANDER

Marci A. Hoffman, Lt Col, USAF

BUSINESS OPERATIONS MANAGER

John Rodriguez

PUBLISHING & MEDIA DESIGN, MANAGER

Carrie Farrell

WRITER-EDITORS

Erica Fowler, Kat Nickola, Tamala Malerk

GRAPHIC ARTISTS

Ryan Joye, Amanda DeHart

ENGAGEMENT MANAGER

Karen Lewis

MARKETING COORDINATOR

Ayla Roback

MARKETING ASSISTANT

Al Green

MULTIMEDIA ADVERTISING, MANAGER

Doug Dougherty

NAPLES ADVERTISING SALES REPRESENTATIVE

Sebastiano Saglimbeni

MULTIMEDIA ADVERTISING, CONSULTANTS

Sean Adams, Heidi Bayfield, Nate Jamison,

Jeff Teeselink, Kandace Blevin

ADVERTISING OFFICE

Unit 29480, APO, AE 09211

Postfach 1980, 67607

Kaiserslautern, Germany

+49(0)152-5672-5020

CONTACT US:

Telephone: +49 (0) 0631-3615-9111

or DSN: 314-583-9111

Email: [memberservices@stripes.com](mailto:memberservices@stripes.com)

### Washington Office

PUBLISHER

Max D. Lederer, Jr.

MULTIMEDIA ADVERTISING, CONSULTANTS

Fabrizio Danova, Corey Henderson,

Gerard Kelly, Mary Vandenberg

ENGAGEMENT DIRECTOR

Chris Verigan

PUBLISHING & MEDIA DESIGN, DIRECTOR

Marie Woods

PUBLISHING & MEDIA DESIGN, MANAGER

Douglas Gillam, Jr.

GRAPHIC ARTISTS

Ellen Cheung, Amy Webb

CONTENT DESIGNER

Alyssa McBeth

MARKETING COORDINATOR

Stacy Roman

ADVERTISING OFFICE

633 3rd Street NW, Suite 116

Washington, DC 20001-3050

202-886-0003

COVER DESIGN BY

Amanda DeHart

FOR PUBLICATION REQUESTS

Stars and Stripes Europe, Advertising

Unit 29480, APO AE 09211

or email [dougherty.doug@stripes.com](mailto:dougherty.doug@stripes.com)

Visit our website for more information  
at [www.StripesEurope.com](http://www.StripesEurope.com)

©2023 Stars and Stripes. All rights reserved.  
All information current as of April 2023



[STRIPESEUROPE.COM](http://STRIPESEUROPE.COM)

FOLLOW US ON:



@STARSANDSTRIPESEUROPE





Shopping, food, events: **we make your day!**



PARCO COMMERCIALE  
**GRANDE SUD**

Via Santa Maria a Cubito, Giugliano (NA)



# WELCOME TO NAPLES

## *Your Checklist*



### PRE-ARRIVAL

- Read and understand your orders. Ask your chain of command if you need help.
- Connect with your sponsor. Contact your Command Ombudsman if you have not been assigned one. For help, contact NSA Naples Ombudsman: [nsa.naples.omb@gmail.com](mailto:nsa.naples.omb@gmail.com).
- Obtain your tourist passport (State Dept.) and international driver's license (Page 16) if planning to travel outside of Italy.
- Start visa process for dependents.
- Ensure your U.S. driver's license is valid. If it is due to expire shortly after your arrival in Italy, renew it before you leave the U.S.

### ARRIVAL

- Register for and attend the installation's Area Orientation (AO) for all personnel and the Command Indoctrination Brief (INDOC) for military personnel. Register before arrival.  
Email: [nsanaplesao@us.navy.mil](mailto:nsanaplesao@us.navy.mil) You can also sign up at the Fleet & Family Support Center (FFSC).
- Service members/civilians: get your codice fiscale from the housing office.
- Obtain Sojourner's Permit for dependents from the region Legal Services Office (RLSO) or email in advance: [napleslegalassistance@us.navy.mil](mailto:napleslegalassistance@us.navy.mil).
- Ensure no-fee passport has Status of Forces Agreement (SOFA) stamp.
- Enroll in TRICARE Overseas and complete medical in-processing. Bring a copy of your medical records and insurance card.
- Sign up for an FPO box, if your sponsor has not already done so. Email [m-na-nav-sup-flcsinaplespostoffices-gs@eu.navy.mil](mailto:m-na-nav-sup-flcsinaplespostoffices-gs@eu.navy.mil). You can do this up to 90 days prior to arrival.

- Register for "AtHoc," Community Notification System, done in person at AO.

### MONEY

- Determine allowances with Transaction Service Center (formerly known as PSD).
- See page 12 for ATM locations, conversion sites, Euro exchange rate information and local bill payment options.
- A bank account can be established to handle local bills, at Community Bank or Banco di Napoli on Capodichino.
- Contact U.S. banks to close accounts, if needed.
- Reach out to Navy Marine Core Relief Society (NMCRS) for financial counseling or emergency interest-free loans.

### VEHICLES

- Attend safety and MVRO brief at AO.
- Schedule and study for driver's exam.
- Pass exam and get translated AFI license and authorization for 100 liters of tax-free fuel.
- Get rental car if needed.
- When vehicle arrives or is purchased, obtain insurance, register with CMVRO (available at Support Site and Capodichino) and pass safety inspection at Support Site NEX AutoPort.
- Establish account with NEX for receiving rationed fuel and oil card.

### HOUSING

- Apply for housing before arrival at [www.homes.mil/heat](http://www.homes.mil/heat).
- Submit housing application paperwork and apply for codice fiscale.
- Submit TLA Arrival Claims every 10 days.
- Unaccompanied E1-E4 should visit the Unaccompanied Housing Office (Bldg 2038) for assignment.

- Accompanied members should visit the Assignments/Facilities Office (Bldg 2074) to view available units.
- Unaccompanied E-5 and above living on the economy, should view homes on [www.homes.mil](http://www.homes.mil) and make a list of potential homes.
- With a list of housing units, schedule a showing tour with the Housing Service Center (HSC) in Bldg 2038.
- Schedule appointments with approved realtors to tour homes based on your needs and wants.
- Reserve a home once ready and sign the lease, being sure to bring a cash (euro) security deposit equivalent to the cost of a month's rent.
- Sign up for internet, electricity, gas services with the NEX Residential Service Office (read contracts carefully).
- Utilize the HSC's loaner furniture program while awaiting arrival of House Hold Goods (HHG).
- Contact Personal Property Office in the Village Forum to arrange delivery of HHG.
- The FFSC has a loaner locker that offers plates, utensils, pots pans, etc.

### MEDICAL

- Add emergency numbers to cell phone.
- Establish relationships with local medical providers. If you are a civilian, activate your health care delivery plan at the RAPIDS office.





RESTAURANT & STEAK HOUSE

TENUTA CERVO

PEPPE O' RUSSO



OPEN FOR LUNCH & DINNER - CLOSED TUESDAY  
WIDE GUARDED PARKING - PLAYGROUND - PARTY & BANQUETS

VIA E. ALTAVILLA, 101 - AVERSA (CE) - CELL. 333-9940376 - TEL. 081-8145020  
GPS: LAT. 40.980434 - LON. 14.195635 - [WWW.RISTORANTETENUTACERVO.COM](http://WWW.RISTORANTETENUTACERVO.COM)



## CHILDREN

- ❑ Have vaccination records, transcripts, PCS orders, passports and birth certificates readily available.
- ❑ Have special needs documents (IEPs and/or 504s) readily available, if applicable.
- ❑ Begin researching school options (DoDEA, international, Italian public and homeschool) and determine registration process.
- ❑ Contact the School Liaison Officer (SLO) for transition support, schooling options, programs, resources, parental absence support, special education support, information and referrals, community relations and outreach, academic planning and post-secondary education preparation.
- ❑ Visit the Child & Youth Programs (CYP) Child Development Center (CDC), School Age Care (SAC), Teen Center and Youth Sports Fitness (YSF) sites to request care and/or register for services.
- ❑ Ensure vaccinations wellness exams and sports physicals are current.

## PETS

- ❑ Prior to arrival, you can reach out to Vet Clinic at [usn.naples.navhospnaplesit.mbx.vet-clinic@mail.mil](mailto:usn.naples.navhospnaplesit.mbx.vet-clinic@mail.mil).
- ❑ Register pet at the Veterinary clinic within 30 days of arrival/adoption.
- ❑ Register your pet at the ASL and get a pet passport within six months of arrival/adoption.
- ❑ Find Italian vet clinic for emergency and local prescriptions.
- ❑ Maintain annual rabies vaccinations during overseas tour.
- ❑ Get updated ID tags with local contact information.
- ❑ Update your microchip contact information with your new telephone and address.
- ❑ Obtain pet passport for flying with your pet within Europe.
- ❑ Purchase pet insurance (including liability).
- ❑ Use heartworm and flea and tick preventative medication to protect against sand flies that can transmit the Leishmaniasis disease year-round. (Seresto collar and K9Advantix have been proven to be effective).
- ❑ Find a boarding center or pet sitter.

- ❑ Read the NSA Naples Pet Policy.
- ❑ Understand and adhere to local Italian pet laws.

## PERSONAL ENRICHMENT

- ❑ Update resume and research job/volunteer opportunities. Visit FFSC for one-on-one support.
- ❑ Visit colleges/universities to learn about course offerings.
- ❑ American Red Cross (ARC) has volunteer opportunities.

## EVERYDAY LIVING

- ❑ Log important phone numbers in cell phone.
- ❑ Start recycling according to local requirements.
- ❑ Learn basic Italian phrases or enroll in language classes on base.
- ❑ Get to know your neighbors.
- ❑ Join spouses' clubs, Italian-American clubs or other activities.
- ❑ Consider the many opportunities MWR provides to explore Naples.
- ❑ Plan trips to explore Europe with the help of [StripesEurope.com](http://StripesEurope.com).



# COFFEEPOINT / ENI GAS

## U.S. NAVY SUPPORT SITE

### GRICIGNANO



**MONDAY - SATURDAY** 5:30 a.m. - 9:00 p.m.  
**SUNDAY** 7:00 a.m. - 4:00 p.m.

**AMERICAN BREAKFAST** 8:00 a.m. - 4:00 p.m.  
**ITALIAN LUNCH** 12:00 p.m. - 4:00 p.m.

CHANGES TO THE OPENING AND CLOSING TIMES ON PUBLIC HOLIDAYS WILL BE COMMUNICATED IN ADVANCE ON OUR SOCIAL PAGES.

 **DELIVERY & TAKE-AWAY SERVICE AVAILABLE**

 **ADD CREDIT TO YOUR PHONE OR PAY ANY OF YOUR ITALIAN UTILITY BILLS**

---



### ENI GAS OPEN

**MONDAY - SATURDAY** 5:30 a.m. - 11:00 p.m.  
**SUNDAY** 7:00 a.m. - 11:00 p.m.

**FUEL CARD'S ACCEPTED**

**JUST EAT**

**40,9860763,14,2368815**

**VIA BOSCARIELLO - GRICIGNANO DI AVERSA** ☎ 081 813 2400 ☎ CoffeePoint ☎ coffeepointgricignano



# GET YOUR **FREE COPY**

## WHAT YOU'LL FIND INSIDE



European Road Signs

Car Buying Guides

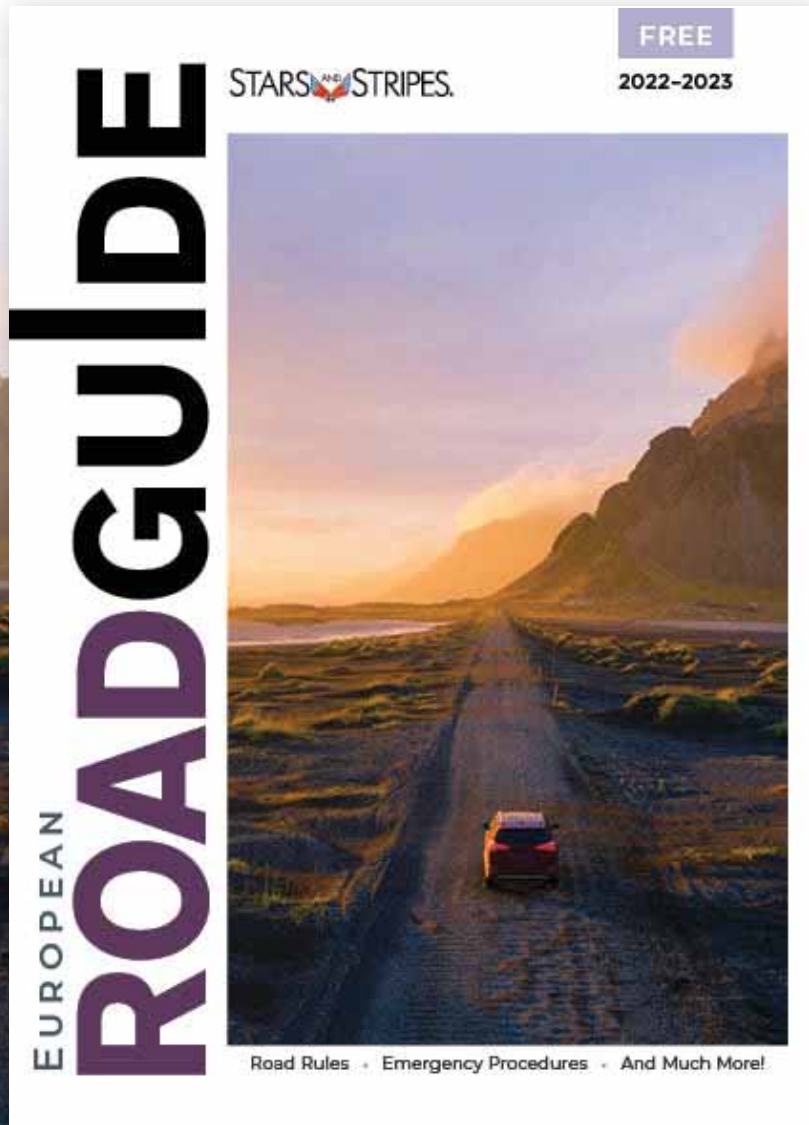
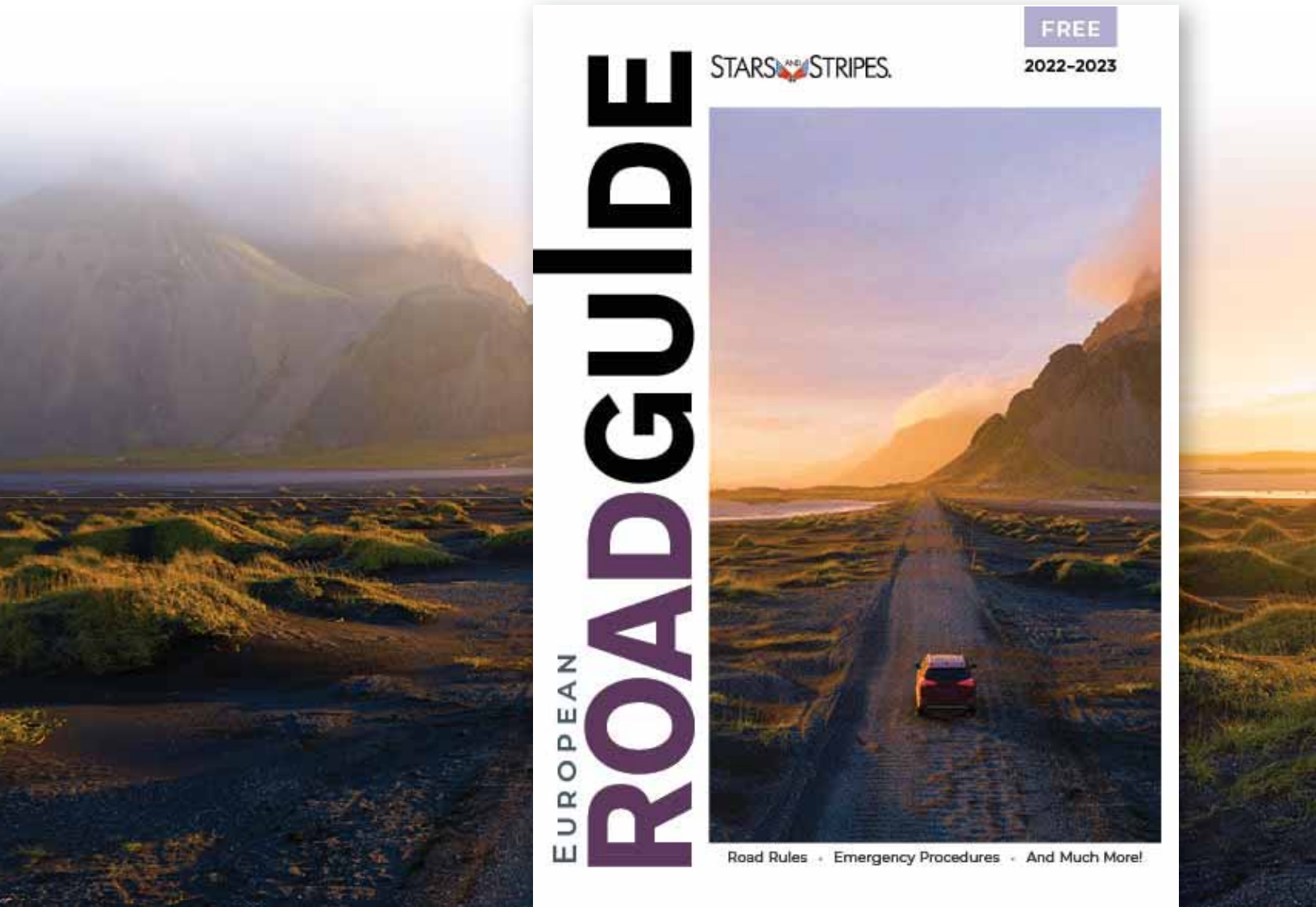


Emergency Phrases

European Road Rules



The Stripes European Road Guide will be available at your installation's A&FRC, ACS and FFSC!





# GETTING CONNECTED

Upon arrival, getting a cell phone plan set up is vital and allows you to stay connected. The choice of service preferred by many is the pre-paid option.

► **Providers:** Tim, Vodafone, Wind, Ho, Iliad, Tre

► **Recommended option: pre-pay**

- No contract fees.
- Add credit in store, online or at retail locations such as "Tabbachi" shops.

*Note: You will need to bring a passport to activate any of these services.*

► **Google Voice:** Google Voice will allow you to port your U.S. number for a fee (\$20) so you can keep it. Then, you can use a local SIM card to have a local number and U.S. number simultaneously

(with a dual-SIM phone.) Google Voice allows free calls to the U.S. using WiFi. If you don't want to be limited to WiFi and haven't gotten a local SIM yet, Google Fi is a paid phone plan that uses T-Mobile's cell towers. Starting either of these processes is much easier while still in the U.S.

► **Apps to communicate Internationally for free:**

- Skype
- Facebook Messenger
- WhatsApp
- Facetime
- Google Hangouts

*Note: When you arrive, put your phone on airplane mode to avoid unexpected charges.*

**villaelvira**  
cucina, storia e tradizione

**RESTAURANT BUILT ON THE REMAINS OF ROMAN RUINS**

Open every night for dinner  
Starting at 6:30 pm  
Sunday open for lunch

Guided tour of Roman necropolis and excavations

Via San Vito, 9 - Pozzuoli (NA) • GPS: lat. 40.846281 - lon. 14.119604  
Phone: 081 278 5007 [www.villa-elvira.it](http://www.villa-elvira.it)

VISA



Delivering a little bit of **home** across the globe is our mission.



# easyTV *GO*



American TV wherever you are

*Get it now!* ↗

- ✓ stream live American TV everywhere\*
- ✓ watch on your phone, tablet, PC, and television set with live, recorded, or on demand viewing
- ✓ watch it free for 30 days
- ✓ easy online sign up: no contract, cancel anytime

\*Available anywhere OCONUS.



TKS services exclusively for U.S. service members.



WORLDWIDE  
STRATEGIC PARTNER



vodafone

# TKS

A VODAFONE  
COMPANY

.....www.tkscable.com.....

# EURO BANKING

Getting an account through an on-installation credit union or bank will eliminate headaches when paying bills, transferring money, making purchases, getting cash and managing funds between U.S. dollars and euros.

## ON-INSTALLATION BANKING OPTIONS

### Banks

- ▶ **Community Bank operated by Bank of America** is the Department of Defense Banking program that provides country specific and traditional banking products and services to help make banking easier while you serve overseas. Community Bank provides fee free, dual currency ATMs as well as payment solutions for your local currency bill payment needs.

### ATMs & Conversion

- ▶ Outside NEX on Support Site Banco di Napoli ATM
- ▶ **Capodichino**  
Banco di Napoli and Community Bank service centers and ATMs
- ▶ **NSA Capodichino Community Bank Service Center:** Commercial 081-635-5301 or DSN: 626-3310/3158
- ▶ Convert Dollars to Euro at NEX Customer Service

*Note: The exchange rate may be better at Banco di Napoli ATMs.*

## CREDIT UNIONS

- ▶ Credit unions are owned and operated by their members. Members' savings are combined to create a pool of funds from which other members can borrow. Members then reap the rewards of their pooled investment income by gaining lower loan rates, higher savings rates and additional services.
- ▶ **Navy Federal Credit Union** also provides an interactive banking service so that you can access your account anytime, anywhere.
  - Call toll-free: 00-888-842-6328
  - For international, call: 00-703-255-8837
  - NSA Capodichino: DSN: 314-629-4887/8/9  
Comm.: 39-081-811-4887/8/9

## CREDIT CARDS

- ▶ Many Italian businesses, especially smaller businesses, do not take credit cards.
- ▶ Always carry euros when off base.
- ▶ There are sometimes transaction fees when using credit cards, so make sure you also have cash to avoid paying unnecessary fees.

## BEWARE OF FEES

- ▶ Search on and off the installation for the best ATM exchange rate at a reputable bank. Remember that transaction fees are usually added if you are not a member of the bank.

## MOBILE APPS

These "portable" banks are a great tool to get local bills paid, and often with competitive exchange rates and low fees.

**Wise:** International banking app that you can create a local account to pay rent and bills in Euros.

**N26:** International banking app that you can create a local account to pay rent and bills in Euros. ■







# New Green Garden

International School



## Primary School Kindergarten Preschool - Nursery

Homework Club - Sport Courses  
Summer School - JFC Agreement



*We prepare your child for the future*

**LAGO PATRIA (NA) - Via Domitiana KM 44,200**  
**Tel. 081.5091290 - Cell. 334.8087222 - [www.newgreengarden.it](http://www.newgreengarden.it)**



# Miraldi Dental Clinic

## Approved Dental Provider US

**Dr. Angelo Miraldi**

MD Specialist Faculty Rochester University N.Y.

**Dr. Rino Miraldi**

MD Specialist Post Graduate Certificate Boston University

Othodontics ( Adults and Teens ) - Invisalign Platinum Elite Provider- TMJ  
Dental Emergency - Conservative - Endodontics - Surgery  
Implantology - Periodontology - Prosthodontics - Porcelain veneers  
Professional Bleaching - Radiology- Conscious Sedation



Free Consultation - Flexible Treatment Plan



📍 Via Cagliari 14 Pomigliano d'Arco (NA)  
Tel 081 803 5442 - 081 884 1381

📍 Via Morelli 24 Napoli  
Tel 081 240 50 84



For emergency: 334-1101843

[www.studiomiraldi.com](http://www.studiomiraldi.com) [miraldiangelo@gmail.com](mailto:miraldiangelo@gmail.com)

Follow us on Facebook Rino Miraldi

# Getting A RIDE



## SHIPPING YOUR VEHICLE OVERSEAS

- Ship your vehicle six to eight weeks before you PCS to ensure it gets there soon after your arrival to Naples. Ensure that the vehicle registration, and/or title, are in the sponsor's name.
- Decide between selling your other vehicles, keeping them in storage or leaving them with a friend or family member.
- A max of three vehicles at any given time are allowed per active duty member /civilian sponsor along with their dependents during their tour in Italy. Your reduced cost gas card is based on the primary vehicle engine size with a maximum of 400 liters per month (not carried over for following months). Road taxes on second and third vehicle are based on engine size, anything over 2.0 (6 cylinder) could cost as much as 1000 euros per year.

Note: If you shipped a motorcycle or scooter, contact the base safety office. Be sure to provide a copy of a U.S. License with MC endorsement with the year, make, model CCs and VIN to receive a letter of authorization to register. You will need the customs clearance documents from personal property once the bike has cleared customs. You must register immediately upon custom clearance or face fines and penalties. Once imported, the motorcycle must remain registered, insured and taxes must be paid annually until shipped, scrapped or sold to another AFI eligible member.

## GETTING YOUR ARMED FORCES ITALY (AFI) LICENSE

A member of the Motor Vehicle Registration Office (MVRO) will be administering the driver's test after the Safety Office and MVRO briefs at Area Orientation.

- [Motor Vehicle Registration Office Support Site](#)  
DSN: 629-6876 Comm: 081-811-6876  
Email: [mvronaples@eu.navy.mil](mailto:mvronaples@eu.navy.mil)

Contact the Area Orientation Coordinator for days and times of AFI driver's license test:

- DSN: 629-6945 Comm: 081-811-6945  
Email: [nsanaplesao@us.navy.mil](mailto:nsanaplesao@us.navy.mil)

### ► What to bring to get your AFI license:

- ✓ Current U.S. driver's license. It is highly recommended that you renew your license so that it does not expire during your tour and so you do not have to return to the U.S. to renew it.
- ✓ PCS orders (military members)/DOCPER letter (contractors)/Overseas Orders – signed and stamped by HRO (DOD civilians)/

DD FORM 1614 accompanied by a Letter of Employment signed by local school Human Resources Office (DoDEA employees)

## INSURANCE

Vehicle insurance for the Naples area is expensive and the cost depends on the car's make, model, year and age of the driver. Vehicles shipped at government expense cannot be registered or released for use without proof of valid insurance. On base, there are two options:

- Geico: /Zurich/Nobis 081-811-6568 within Italy / DSN: 629 6568, or 01139-081-811-6568 from the U.S.
- USAA: 800-971-707 European Toll Free number – can be called from mobile phone or land line).

## BUYING A CAR IN ITALY

You have the option to buy a new or used car from a dealer or private seller in Italy. There is no sales tax when buying a vehicle from another AFI eligible member. The payment of Italian road tax is required for a second or third vehicle registered in the AFI system.

### ► Keep in mind

- Any vehicle that doesn't meet U.S. specifications (specs) cannot be shipped back to CONUS.
- Used automatic transmission vehicles may be more difficult to find and tend to be more expensive.
- Morale, Welfare and Recreation's (MWR) Auto Skills shop offers a free 30+ point assessment that will tell you everything you need to know before buying or selling a vehicle.
- You need to carry snow chains in your vehicle if driving in mountain areas during winter months.

## MOTORCYCLES

If you want to ride a motorcycle while in Italy, you must have a motorcycle classification on your U.S. license, have an AFI license, attend a mandatory motorcycle safety course on the installation and be at least 18 years old. Motorcyclists can only operate a motorcycle of 35 kW or less.

## VEHICLE INSPECTION

Each vehicle is required to be inspected periodically depending on its age, in addition to every time the title is transferred. Ensure that your vehicle always has the required equipment at all times, and not just for its inspection.

*continued on page 16*



**RESTAURANT- PIZZERIA  
STEAK-HOUSE**



DELIVERY & TAKE AWAY  
OPEN FOR LUNCH & DINNER  
CLOSED MONDAY

**Robyn'Food**   

VIA BUGNANO 59  
ORTA DI ATELLA (CE)  
5 MIN. FROM S.S.  
CELL. 388 869 3003



"Proudly serving alongside the military for over 35 years"

**WRAP N' PACK** **20 %**  
discount on  
painting and  
Special Frames

Offering the following personalized services:

- Frame Shop - Painted Pictures and Tapestries - Copying and Faxing Services
- Wrapping and Professional Boxes - Emblematic items and Plaques
- Engraving Services - Trophies - Medals - Key Making Services
- Remote Gate Control - Business Cards - Rubber Stamps - Express Mail Services
- Sharpening Services - Kodak Photo Services
- Shoe and Leather Repair - Souvenirs and much more...

Via Boscariello, 46 - Gricignano (on the corner Patrick Automotors)  
packnwrap2002@yahoo.com - packnwrapnaples@gmail.com  
Tel. 081 5027635 - Cell. 339 1376323 - 349 8190000



*Wine Tour*

GUIDED TOUR: INFORMATION AND BOOKING

VISITING HOURS FROM  
10:00 AM TO 4.00PM



FROM MONDAY TO SATURDAY  
ONLY BY RESERVATIONS

ALL US MILITARY AND THEIR GUESTS WILL RECEIVE A  
**10% DISCOUNT ON WINE & OIL SALES**



**CANTINE ASTRONI**

Via Sartania, 48 - Napoli (Na)

+39 0815884182 / +39 350 1690363

[www.cantineastroni.com](http://www.cantineastroni.com) / [info@cantineastroni.com](mailto:info@cantineastroni.com)

**PATRICK AUTOMOTORS**

**USED CAR SALES**

CAR RENTAL - TOWING SERVICE - CAR REPAIR SERVICE  
TIRES SERVICE - BODY SHOP - CAR DETAILING SHOP  
GLASS REPLACEMENT - ELECTRIC WORKS - CAR WASH

**WE SELL ALL CAR MODELS SINCE 1986 - OFFICIAL USAA AUTO REPAIR SHOP** 

Via Boscariello 46, Gricignano di Aversa, Tel. 081 502 6162 - Patrick Cell. 335 228185 / 340 2236425  
[www.patrickautomotors.com](http://www.patrickautomotors.com) - [info@patrickautomotors.com](mailto:info@patrickautomotors.com)



*continued from page 14*

### ► **Required equipment for inspection:**

- ✓ Valid vehicle registration
- ✓ First-aid kit, warning triangle and reflective vest

## REGISTERING YOUR VEHICLE

Contact the MVRO for vehicle registration days and times.

### ► **What to bring to register your vehicle:**

- ✓ POV registration/title or other proof of ownership in Sponsor's name
- ✓ AFI driver's license
- ✓ U.S. driver's license (valid)
- ✓ Military ID
- ✓ Shipping document
- ✓ Proof of ownership
- ✓ PCS orders (military members)/ DOCPER letter (contractors)/overseas orders – signed and stamped by HRO (DOD civilians)/ DD FORM 1614 accompanied by a Letter of Employment signed by local school Human Resources Office (DoDEA employees)
- ✓ Funds to cover the registration fee and applicable road tax for a second vehicle to include motorcycles
- ✓ Italian certificate of insurance for your vehicle, starting prior to or on the day of your registration appointment.

Note: It's always best to call the Motor Vehicle Registration Office ahead of time to ensure you're bringing all necessary documents.

## FUELING YOUR VEHICLE

### ► **Tax-Free Fuel Allowance**

- A NEX-issued fuel card, which acts as a debit card linked to your personal credit card, allows U.S. and NATO forces to pay for fuel at the current tax-free price at the time of purchase.
- The Primary (tax free) vehicle's engine size, horsepower and fuel requirement determine the monthly fuel allowance.

- The NEX administers the fuel card program. You must maintain your insurance, registration, safety inspection and road taxes to continue to receive your allowance.
- If any one of these parameters are not kept current for any of your household's vehicles, you will need to correct the issue and register for a new fuel card.

### ► **Where to get gas**

- There are no gas stations on U.S. military installations in Italy.
- Only two Italian gas station companies will accept your fuel card: AGIP and ENI.
- Use your fuel card like a debit card at the pump. It is recommended to pre-authorize your card before filling up to ensure your fuel card will be accepted.
- At some stations, attendants will operate the card machines.
- Fill up at "Fai da te" or "Iperself" pumps to avoid paying extra for full service.

## DRIVING IN NAPLES

Driving habits in Italy are considerably different from those in the U.S. While at first there may seem to be no logic to traffic patterns, a closer look will show that there are distinct rules of the road. Because of the speed of traffic and different conventions, alertness while driving is of the utmost importance. It is important to exercise the same caution in driving here as you would in the U.S.

### ► **A few notes to driving in Italy:**

- While horn blowing is technically illegal in many Italian cities, it is loosely enforced. Many people blow their horn to signal their approach at an intersection or their intent to pass. Drivers also commonly use their hazard lights to signal danger, especially during slow or stopped traffic.
- Right on red is illegal unless marked. The Italian law allows you to overtake traffic to pass on the left only.

- Some intersections have no stop lights or traffic control. The vehicle on the right has the right-of-way, unless there is a stop sign.
- Traffic circles or roundabouts are common. When entering a circle, yield to traffic in the circle.
- Drunk driving is an extremely serious offense in Italy. In Italy, a blood alcohol level of 0.05 is positive proof of drunk driving. If you are under the age of 21 or have been a licensed driver for less than three years, the legal limit for alcohol in your system while driving in Italy is 0.00.

## DRIVING OUTSIDE OF ITALY

Many countries will not recognize a U.S. or AFI driver's license. It is recommended that you obtain an International Driving Permit (IDP) at least four weeks before traveling outside of Italy. You can apply by mail or in-person at AAA which is an agency authorized by the State Department to issue IDPs. ■

Driving habits  
in Italy are  
considerably  
different from  
those in the U.S.



# You deserve the **Military Savings**

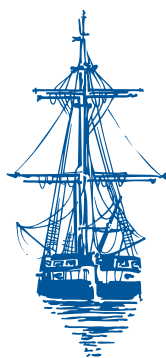
*It's yours at Navy Lodge Sigonella!*

Get away from it all and enjoy a wonderful Sicilian experience at Navy Lodge Sigonella. We offer comfort and convenience to breathtaking sights. Visit us and enjoy the beauty of Sicily!



## Everything you would expect...

- Official Navy Lodging facility conveniently located near all Midtown (MWR) facilities
- Within walking distance to the DoD school, NEX and Commissary
- Oversize American-style rooms with kitchenettes and private baths
- Free local phone service and WiFi
- Pet-friendly Rooms available
- Professional bi-lingual staff
- Local attractions: Mt. Etna, Agrigento, Palermo, Messina, Cefalu, Siracusa and Taormina
- Complimentary Breakfast • Newly Renovated Rooms and Family Suites



Whenever you're heading to Italy,  
go online or call Navy Lodge first!

## **Navy Lodge<sup>®</sup>** **Sigonella**

**Comm: 095-713-0190 • DSN: 624-4082**  
**[www.navy-lodge.com](http://www.navy-lodge.com)**



It's important to be open-minded as you search for your new home. Italian homes are much different, smaller and older than what you may be used to. Although the outside of an Italian home may seem smaller, always go in and take a look inside. More often than not, people are surprised with the layout and newer interior of the home.

# From House Hunting to Finding a Home



## TYPES OF HOUSING

### MILITARY FAMILY HOUSING

- ▶ Located on Support Site, Military Family Housing (MFH) serves families of U.S. military personnel assigned to the Naples and Gaeta area, Department of Defense (DoD) civilian employees, North Atlantic Treaty Organization (NATO) military personnel, as well as contractor personnel.
- ▶ Housing assignments are based on waitlist category (pay grade and family composition.)
- ▶ Members will be assigned to MFH upon arrival, if available.
- ▶ If fewer than five units are available for your waitlist category, then a Certificate of Non-Availability (CNA) will be issued, and you may reside on the local economy.
- ▶ All arriving military personnel to the Naples area on accompanied orders are under the Direct Assignment Policy to MFH.
- ▶ Exceptions to the Direct Assignment Policy will be considered on a case-by-case basis and will only be approved in rare cases.
- ▶ All requests for exception to policy must be initiated by you and addressed to the CO, NAVSUPACT Naples via your command and the Housing Director.
- ▶ Rent and utilities are covered while in MFH and you will not receive Overseas Housing Allowance (OHA).

### UNACCOMPANIED HOUSING FACILITIES

- ▶ E-1 to E-4 and frocked E-5 service members on unaccompanied PCS orders will reside in Unaccompanied Housing on Support Site at either the BEQ located at building 2087, next to the hospital or the "triangle"- an arrangement of buildings located on the western side of the base.
- ▶ Consideration for requests to live on the economy will be given if occupancy levels reach 95%. All members under consideration for this category must submit a special request to NAVSUPACT Naples CO via service member's chain of command, UH Director and Housing Director.
- ▶ E-4 and below without dependents who have previously received Basic Allowance for Housing (BAH) or OHA may request to reside off-base and to receive OHA, without the need for occupancy levels to reach 95 percent. All members under this consideration for this category must submit a special request to NAVSUPACT Naples CO via the service member's chain of command, UH Director and Housing Director.
- ▶ Service members will be assigned to their building based on duty location and room availability.
- ▶ Whenever possible, residents will be housed with other members of their command.

### ECONOMY HOUSING

- ▶ Unaccompanied E-5 and above, civilians/contractors and foreign national service members are referred to housing on the local economy.

*continued on page 20*



# SILVA CHIROPRACTIC



Back and neck pain relief  
Sports, work, or accident injuries  
Wellness and maintenance care  
Treatments for expecting mothers

FOR INFORMATION  
AND APPOINTMENTS CALL:

**340 4806690**

(ENGLISH SPEAKING SECRETARY)

Easy access and ample parking

15 min. from Capodichino

15 min. from Gricignano

3 min from A1 Caserta Sud Exit



DR. MARTIN J. SILVA  
AMERICAN CHIROPRACTOR  
WORKING IN ITALY  
SINCE 1997  
MEMBER A.I.C.



OPEN  
EVERY DAY  
FOR LUNCH &  
DINNER

TAKE AWAY,  
LAGO PATRIA,  
VARCATURO

PHILLY CHEESE STEAK / NEW YORK STYLE PIZZA



[f](#) [@](#) : ERNYS PIZZA

VIA LAGO PATRIA, 249 - LAGO PATRIA (NA) - GPS: LAT. 40.93426 - LON. 14.04632  
FOR A FAST SERVICE CALL TEL. 081 3340462 - CELL. 333 2566212



NOLEGGIO AUTO - MOTO

CAR - MOTORCYCLE RENTAL

IT'S DIFFERENT



SHORT AND LONG TERM RENTAL

RENTAL STARTING FROM 2 EURO/HOUR

EVEN WITHOUT A CREDIT CARD

+39 351 1877125 ENZO

VIA SANT'ANTONIO ABATE, 139 - GRICIGNANO DI AVERSA (CE) - IN FRONT OF EUROSPIN

- ▶ Private homes and landlords are vetted according to established standards by the HSC.
- ▶ You are responsible for rent and utilities using your OHA or Living Quarters Allowance (LQA).
- ▶ In all instances of a monthly rent expense in excess of the service member's OHA, the service member will sign an acknowledgement form vetted through their command that they have sufficient funds to cover the difference.
- ▶ The Military Clause for termination of lease based on PCS orders is included in every lease.

### Step 1. The Basics

All housing INDOC paperwork must be received in order to create your profile with the HSC (includes DD1746 form, Sex Offender Disclosure, copy of orders, photocopy of passport and codice fiscale application). Paperwork can be submitted via email or in person.

**Note:** Passports are required to apply for a codice fiscale – the equivalent of the U.S. social security number in Italy. A codice fiscale is mandatory for any transactions involving housing, utilities, furniture, large purchases, most hotel reservations and more. It is required to sign a lease for economy housing. Ensure that you report the Naples areas with your passport to avoid undue delays moving into your house.

### Step 2. The Home Search

#### Searching online

- ▶ Visit [www.homes.mil](http://www.homes.mil). The official DoD search database for off-base housing.
- ▶ Make a list of homes that you are interested in based on the premises ID.

#### Showing tour

- ▶ Schedule a tour with the HSC based on your list. Or schedule a tour with a Realtor or Agency on the HSC's approved list.

### Step 3. Requesting a Hold

- ▶ Email or call the HSC to place a hold on a housing unit. Two types of holds may be requested:
  - ✓ Temporary hold. This reserves the unit for 48 hours, extension requests are allowed. It is used if you're still deciding or searching.

- ✓ Permanent hold. This begins the lease preparation process. It is used when you are finished with your home search.

### Step 4. Lease Preparation

- ▶ The HSC will begin the lease preparation process by completing a review of the housing unit's property registration documents as well as completing an inspection to ensure the unit meets the safety and security requirements. The average wait time is approximately three weeks to complete both of these requirements.

### Step 5. Lease Signing

- ▶ To save time, it is recommended that you negotiate the lease price with the landlord or realtor ahead of time.
- ▶ Your housing counselor will assist you and will set up an appointment to sign the lease based on Italian law. The counselor will serve as a liaison between the two signing parties.
- ▶ You must bring the security deposit to the lease appointment equal to one month's rent in Euro cash. This deposit will be paid to the General Services Fund (GSF) and will be refunded at the termination of the lease and may be used to pay any damages or unpaid utility bills. If you do not have enough money for the security deposit, you may request an advance OHA.
- ▶ Copies of the lease agreement will be provided to both parties, and one copy will be retained by the Housing Office.
- ▶ Neither the Housing Office nor the U.S. Navy is a party to the lease contract.
- ▶ Once the lease is signed, you will receive assistance for the activation of utilities.
- ▶ Renters' insurance is highly recommended.
- ▶ At your lease signing appointment you will discuss and request household items you may need and set a delivery date.

### Step 6. Moving In.

- ▶ After signing the lease, you will be required to move in within five working days.
- ▶ You will conduct a walk-through with the landlord and/or realtor, to note discrepancies and make meter readings to establish a baseline.

### Loaner Furniture and Partial Full-Tour Furnishings Program

- ▶ While awaiting delivery of HHGs, the HSC will loan furniture and appliances for up to 90 days. Loaner furniture includes items such as a dining room table and chairs, love seat, coffee table, bed, chest of drawers and more.
- ▶ Appliances such as stoves, washers, dryers, refrigerators, AFN decoders, carbon monoxide detectors, dehumidifiers and microwaves are all part of the Partial Full Tour Furnishing Program.

### Electronics and Appliances

- ▶ Government housing includes outlets for both U.S. and Italian voltages.
- ▶ For private housing, you will need a 220V/110V power converter/transformer to use your American electronics in your Italian home. The HSC provides two per household.

## HOUSING ALLOWANCES

### SERVICE MEMBERS:

- ▶ Temporary Lodging Allowance (TLA) – reimbursed while searching for a home or waiting for government housing.
- ▶ Overseas Housing Allowance (OHA) – funds for excess housing costs incurred when assigned to an overseas duty station. Covers the cost of privately-rented housing to include rent, electricity, gas, fuel and water. Service members in government housing do not receive this allowance.
- ▶ Moving in Housing Allowance (MIHA) – one-time payment to fund the cost of items that may not be provided in community housing. Service members in government housing do not receive this allowance.

### CIVILIANS:

- ▶ Temporary Quarters Subsistence Allowance (TQSA) – reimbursed while searching for a home or waiting for government housing.
- ▶ Living Quarters Allowance (LQA) – covers the cost of privately-rented housing to include rent, electricity, gas, fuel and water. ■





Scan the **QR code** below to watch our video and get to know us better.

We can't wait to welcome you to our practice!

## Your Go-To Dentist for Expats and Americans in Naples: Dr Gennaro Sadile Clinic



### Welcome to Naples!

If you've just moved to Naples you may be feeling a bit overwhelmed. New country, new job, new language...and new dental needs. But don't worry, *Sadile Family Dentistry* is here to help!

We understand that moving to a new country can be difficult, especially when it comes to finding a good dentist. That's why we pride ourselves on our ability to **speaK English fluently** and offer top-quality dental care to American expats.

Our office is conveniently located **just minutes from the Support Site**, and we have many American patients who are thrilled with the care they've received from our friendly and knowledgeable team. At Sadile Family Dentistry, we strive to provide a warm and welcoming environment for all our patients. From the moment you walk through our doors, you'll be greeted with a friendly smile and treated with the utmost care and respect.

We're not just another dental office - we specialize in providing expert **dental care for children**. Our team of experienced dentists understands the unique needs of young patients, and we're dedicated to making every visit to our office as comfortable and stress-free as possible.

However, because we believe in providing each patient with personalized attention and care, we have **limited availability** for new patients.

So if you're interested in becoming a patient at Studio Sadile, we encourage you to get in touch with us **as soon as possible** to check availability. We'd love to have the opportunity to help you achieve your best possible smile.

But don't just take our word for it - check out our social media pages to see what our patients have to say about us! We're proud to have a **reputation** for providing excellent care to the American community in Naples, and we'd love to add you to our Sadile Family.



# HEALTH & DENTAL CARE IN ITALY

During your time in Italy, you will need to see a doctor and dentist. Depending on the specialty services you might require, you may need to be referred off-installation for medical services. For information about the naval hospital and the services provided, visit the official website: [www.Naples.Tricare.mil](http://www.Naples.Tricare.mil).

## PATIENT LIAISONS

Host-nation patient liaisons act as intermediaries between patients and doctors to help facilitate the best care possible. From assisting with the language barrier and insurance forms, to providing comfort to clients, patient liaisons can help you feel at ease in the medical surroundings.

### Getting a patient liaison

► The patient liaison program is available through TRICARE (at the hospital). This program is open to all ID cardholders, including non-TRICARE members. Many times, you will need a referral from a provider for off-installation care.

For more information about TRICARE, contact the Health Care Business Office at the hospital. DSN: 629-6330/6331.

*continued on page 24*







# GIUSEPPE CAPONE, M.D.

COUNCILOR OF THE ITALIAN SOCIETY OF  
PLASTIC SURGERY  
AESTHETIC AND RECONSTRUCTIVE



- ▶ RHINOPLASTY
- ▶ FACE LIFT
- ▶ ABDOMINOPLASTY
- ▶ BREAST REDUCTION
- ▶ BREAST AUGMENTATION



- ▶ LIPOSUCTION

- ▶ AESTHETIC SURGERY OF THE FACE
- ▶ BOTOX AND FILLER ANTI-AGING



For appointments call: Julie 335-6124045

email: [jalyoness@gmail.com](mailto:jalyoness@gmail.com)

Naples - Clinica Villa del Sole - Via Tasso, 480

Cell. 335-6617660 - [dr.caponegiuseppe@gmail.com](mailto:dr.caponegiuseppe@gmail.com)



*continued from page 22*

## EMERGENCY CARE

### Be prepared

Anticipate any health care emergency you may have and learn the location of local clinics and hospitals both in close proximity and in the general area. Have a bag packed of key items you would need in an emergency, including a list of medications, local currency and toiletries. Host-nation hospitals do not provide personal effects or toiletries, but if you forget or are unable to bring those, the hospital will generally have a store where you can purchase them.

- For all emergencies—on or off base—always dial emergency dispatch at (39)-081-568-4911, or by dialing 9-1-1 from a DSN phone on base.
- Off-base health emergencies will be treated at an Italian local hospital with translation services provided by dispatch.
- Always carry a list of your current medications, known allergies, as well as your insurance card, ID card and local currency.

### What to bring with you to the hospital:

- ✓ Photo ID card
- ✓ Bilingual dictionary
- ✓ List of current medications
- ✓ Local currency
- ✓ Bottled water
- ✓ Notebook and pen

- ✓ Towel/washcloths
- ✓ Pajamas, slippers, robe
- ✓ Personal hygiene items/lipbalm
- ✓ Reading materials
- ✓ Snacks/hard candy
- ✓ Clothing for discharge
- ✓ Tablet device or laptop with earphones

## U.S. NAVAL HOSPITAL NAPLES

The hospital, located in Gricignano, provides medical care to active-duty members, their command-sponsored dependents, NATO personnel and retired U.S. military personnel. Be advised that some care is available on a space-available basis depending on one's patient category. For a full list of services available, visit the hospital website at [www.Naples.Tricare.mil](http://www.Naples.Tricare.mil).

## DENTAL CARE

The Capodichino Clinic sees active-duty service members who are assigned to the Support Site with some space-availability for non-military, but check in with branch clinic in advance. The dental clinic at the hospital can see dependents, civilians and their family members on a space-available basis.

For information about TDP enrollment, claims or covered benefits, visit the TDP website, [www.metdental.com](http://www.metdental.com). ■

## EMERGENCY NUMBERS IN ITALY

### ALL EMERGENCIES

**NSA Naples  
Emergency Dispatch  
(39) 081-568-4911  
(DSN 9-1-1)**

### Direct to Italian Services

	Dial
Fire	115
Ambulance	118
Carabinieri (Italian Police)	112
Police	113





# DENTAL CENTER

## PROF. ALFREDO DE ROSA

[www.dentalcenterderosa.com](http://www.dentalcenterderosa.com) - [dentalcenter-derosa@live.com](mailto:dentalcenter-derosa@live.com)



DENTAL SURGERY



IMPLANTS



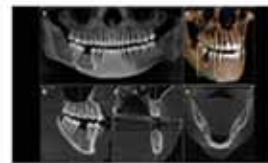
ZYGO IMPLANTS



ENDODONTICS



RESTORATIVE



X RAYS 2D/3D



BRIDGES & CROWN



MOBILE PROSTHESIS



PEDIATRIC DENTISTRY




PERIODONTICS



ORTODONTICS

Follow us on [facebook](#) Studio Odontoiatrico Prof. Alfredo De Rosa Cell. 333 5250374

 Via Staffetta, 51 - Lago Patria (NA)  
Tel. 081 509 1319

 Via Toledo, 156 - Napoli  
Tel. 081 0609562



# Life for your PETS

→ *in Italy*



If you've brought your furry friend to Italy, you must register them at the installation's veterinary clinic within the first 10 days of arriving.

## REQUIRED VACCINATIONS AND MEDICINE

✓ **Leptospirosis:** If you haven't already, you need to get your pet a Leptospirosis vaccination as soon as possible. Leptospirosis has a heavy presence in Italy and, without proper vaccination, it can cause kidney failures in pets.

✓ **Rabies:** Both dogs and cats must get an annual rabies vaccination. Pets are required to wear their rabies tags at all times to serve as a visual marker of vaccination status.

✓ **Heartworm, flea and tick:** Ensure your pets are on heartworm preventative medicine as well as flea and tick control medicine year-round. Flea/tick preventative medicines include either monthly topical products containing permethrin, or collars containing deltamethrin or flumethrin changed out every six months.

## VETERINARY CLINIC

Though the veterinary clinic provides comprehensive veterinary service support to Department of Defense installations, forces and missions in the European Command and African Command area of operations, they do perform limited veterinary services for NSA Naples personnel.

DSN: 314-629-7913

## ITALIAN VETERINARY CLINICS

Taking your pet to an Italian veterinary clinic is recommended for emergency and specialty needs for your pet. Italian veterinary clinics are important to be registered with for health issues that go beyond what the base vet clinic can treat. Contact the veterinary clinic for a list of local Italian vet clinics.

## ITALIAN PET REGULATIONS

- ▶ Animals must never be left tied up and unattended to.
- ▶ Your pet must be leashed every time you walk them throughout the installation except for the dog park.
- ▶ Shelter must always be provided for your pet.
- ▶ Feral cats are protected by Italian law, so consider keeping your housecat inside.
- ▶ Food and water must always be easily

accessible for your pet.

- ▶ Every pet must have the 15-digit international microchip. This is also a form of identification if they are ever lost and brought into a vet clinic.
- ▶ "Choke chains" or pinch collars are illegal in Italy and use of these types of collars is subject to a fine.

## TRAVELING WITH YOUR PET

### Requirements:

- ✓ All pets must have their 15-digit international microchip.
- ✓ Rabies vaccination must be up-to-date and given after the international microchip was implanted.
- ✓ EU Pet Passport must be with you and your pet at all times when traveling.
- ✓ Muzzles must be carried (not worn) for all dogs when in public.
- ✓ Animals must be contained while riding in vehicles (carrier or harness).

## TRAVELING WITHOUT YOUR PET

If you plan on traveling while in Italy, there may be some trips where your furry friend can't tag along. Once you register your pet at the installation's vet clinic, they can provide a list of local boarding facilities. ■





**EVERYTHING FOR CARE AND SHIPPING OF YOUR PETS!**

**CONTACTS AND SOCIAL**

-  [www.facebook.com/Care&Move4Pets/](http://www.facebook.com/Care&Move4Pets/)
-  [www.Care-Move4Pets.com](http://www.Care-Move4Pets.com)
-  mobile: 345 239 2093
- email: [info@care-move4pets.com](mailto:info@care-move4pets.com)







Just contact us and we'll do anything to help you!!



Ask about Military Discounts

**Some of our SERVICES**

-  24/7 WORLD WIDE PET SHIPPING GROUND TRANSPORTATION
-  PET TAXI FOR ALL NEEDS - FROM/TO HOTELS/AIRPORTS
-  DOOR TO DOOR SHIPPING
-  ALL KIND AND SIZES OF CRATES AVAILABLE

*with love and joy*



SHAPING THE CHILDREN OF TODAY

For our Global Community of tomorrow

PRE-SCHOOL - ELEMENTARY - MIDDLE SCHOOL - HIGH SCHOOL



- ISN IS AN ACCREDITED SCHOOL, IN THE US BY NEASC / INTERNATIONALLY BY CIS.
- OFFICIAL MONTESSORI SCHOOL FOR PRESCHOOL AND KINDERGARTEN.
- ISN OFFERS AP COURSES, AND IS AN OFFICIAL AP AND SAT TESTING CENTER.



**BUS TRANSPORTATION**

To and from Lago Patria/Licola/Pinetamare.



**HOST NATION CLASSES**

To promote integration with the Italian language and Culture.



**AFTERSCHOOL ACTIVITIES**

Athletic teams for middle and high school, Activities and day-care for elementary school. Buses Available.



**NATO DISCOUNT ON TUITION**

Contact our office for details on exclusive NATO fees.



Scan for our 2023 Brochure!



*Where you feel at home!*

- ★ Serving U.S. and NATO Personnel
- ★ Pet Friendly/Dog-Run
- ★ Playground
- ★ Fiber Optic Internet
- ★ Free Rental Vehicle Promotions
- ★ 1-3 Bedroom Apartments
- ★ Short and Long-Term Accommodations
- ★ Daily Happy Hour
- ★ Swimming Pool/Jacuzzi
- ★ Fitness Center
- ★ Intercontinental Breakfast Buffet
- ★ 24-Hour Customer Assistance



2020  
Travelers'  
Choice







Hotel Agora:

Via Staffetta 207 - Lago Patria (NA) IT 80014 - Tel: +39 081-334-0594

[info@hotelagora.net](mailto:info@hotelagora.net) - [www.hotelagora.net](http://www.hotelagora.net)

# Helping your KIDS → *adjust to Italy*



**M**oving to Italy is a big change for the entire family. Children certainly feel this impact as they leave behind familiar schedules, classrooms, friends and neighborhoods. Here are ways to make the transition as smooth as possible for your kiddos.

## ESTABLISH ROUTINES

The importance of routines in child development should not be overlooked. Establishing routines will help children handle the additional emotional and environmental changes as you get settled.

- ▶ Set sleeping schedules right away.
- ▶ Rehearse school or daycare routines.
- ▶ If possible, take your children to their daycare or school to meet caregivers or teachers in advance.
- ▶ Make sure your routine includes time for your children's favorite activities.

## INVOLVE YOUR KIDS

Include your children throughout the transition. Even for toddlers, give them tasks and roles to instill a sense of responsibility and increase self-confidence.

- ▶ Let them help unpack and give them freedom to organize their living space.
- ▶ Schedule social time with classmates and new neighbors.
- ▶ Sign your children up for after-school activities.

- ▶ Contact the School Liaison Officer (SLO) to request student sponsors.

## EXPLORE ITALY

- ▶ Maintain an enthusiastic outlook about your arrival in Italy, even if you are having doubts. Your children will look to you a great deal during this transition. If you're upset, they will be too.
- ▶ Eat meals on the economy, attend local fests and learn about Italian traditions. Address the differences between life in Italy versus back home, but move conversations in a positive direction. Your children will gain an appreciation for diversity while exploring.
- ▶ Enroll your children in Italian lessons, schools or day care.
- ▶ Explore the best of Europe by letting your children assist in trip planning, researching and selecting sites or activities they would enjoy. Take photos and work together to create scrapbooks, photo albums, calendars, collages and other creative projects.

*continued on page 32*





Mozzarella Bar  
 Restaurant  
 Steak House

*Inn* BUFALITO



SORRENTO

Traditional Sorrento Cuisine  
 Vico 1° Fuoro, 21 - Sorrento  
 0039 081 3656975  
[www.innbufalito.com](http://www.innbufalito.com)



Special discount for Primary School

Special Discount for NATO/NAVY PERSONNEL

**MONTESSORI POZZUOLI**  
 Since 1954

TRILINGUAL PROJECT  
 NURSERY - KINDERGARTEN - PRIMARY SCHOOL

OPERA NAZIONALE MONTESSORI

EUROPEAN UNION FONDOS / FUNDOS EUROPEOS pon

NURSERY - PRE SCHOOL - KINDERGARTEN - PRIMARY SCHOOL - DAY CARE  
 SUMMER CAMP

Via Montenuovo L/P 105/d - Pozzuoli (NA)  
 across from La Schiana Hospital  
 Tel. 081 8042684 - 393 9748210 - [www.montessoripozzuoli.it](http://www.montessoripozzuoli.it)

girl scouts  
 usa girl scouts  
 overseas

**You're invited!**

Girl Scouts in Italy are making a difference, meeting new friends, and having fun.

**Get \$5 Off.**

Scan here to save \$5 on your Girl Scout membership or go to [www.usagso.org/italy5](http://www.usagso.org/italy5)

## REMAIN IN TOUCH WITH LIFE BACK HOME

While adjusting to everything new, don't forget about life back home. Set regular video chat or phone call dates with family and friends. If your children are allowed online, encourage them to utilize social media and email to stay in touch with friends or have them send postcards from the destinations they visit. Continue the traditions that are important in your family, while creating new ones during your time in Italy.

## EXPECT AN ADJUSTMENT PERIOD

Give your children time to process all of the changes, both good and bad, that come with their new environment. Be aware

of expat child syndrome, a psychological condition that typically occurs in children ages 10 to 15 and can lead to isolative or unruly behavior.

### Resources

- ▶ Military & Family Life Counselors (MFLCs) - Free non-medical sessions with child behavioral specialists are anonymous and may occur in individual, couple, family or group settings.
- ▶ School Liaison Officer (SLO)
- ▶ Military OneSource - 12 free non-medical counseling sessions may occur in individual, couple, family or group settings
- ▶ FFSC has counseling available for all ages, including a dedicated Adolescent Counselor
- ▶ Chaplain services



## CHILD EDUCATION

A Department of Defense Education Activity (DoDEA) school is located at the Support Site for children from the ages of pre-K through high school. The Sure Start pre-K program gives priority enrollment to children of service members whose rank is E-1 to E-4, GS-1 to GS-4 or NAF-1 or NAF-2. Start communicating early on with DoDEA or the SLO to begin the enrollment process for your school-aged children.

## DODEA SOUTH

- ▶ Enrollment requirements: [www.dodea.edu/registration-process.cfm](http://www.dodea.edu/registration-process.cfm)
- ▶ Documentation needed:
  - ✓ PCS orders
  - ✓ Page 13 from PSD to show child's command sponsorship
  - ✓ Certificate or passport for each child
  - ✓ Immunization records
  - ✓ Records from previous school
  - ✓ Valid ID card from parent

- ▶ Visit [www.DODEA.edu/DORS](http://www.DODEA.edu/DORS) for online registration
- ▶ School Liaison Officer (SLO): invaluable resource during transition; [www.dodea.edu/Partnership/schoolLiaisonOfficers.cfm](http://www.dodea.edu/Partnership/schoolLiaisonOfficers.cfm)

## HOME SCHOOLING

Home schooling is a legal option open to all SOFA sponsored active-duty military, DoD civilians and contractors. Your children may be eligible for auxiliary services offered by DoDEA-Europe. Contact the SLO for more information and to connect with homeschool groups.

## CHILD CARE

Many programs are available through Morale, Welfare and Recreation (MWR) services. Visit [militarychildcare.com](http://militarychildcare.com) to get on waitlists. Note that waitlists are probable, so get started early!

- ▶ Child Development Center (CDC) – These centers offer weekday childcare for children ages 6 weeks to 5 years or pre-school.
- ▶ School-Age Care (SAC), Youth Programs, Teen Programs – recreational and educational program that provides youth with age-appropriate before and after school activities as well as holiday and summer day camps kindergartners to 12 years of age.
- ▶ Check with MWR for specific registration information.

CDC: 626-5116 (Capodichino), 629-4989 (Gricignano)  
SAC: 629-4722

## PARENT SUPPORT

Being a parent isn't easy, especially when placed in a new environment. Many on-installation and private resources are available for you, such as Fleet & Family Support Center, MWR or spouses' clubs. Also, look for community websites and social media resources to find support and friendship. ■



**ITALIAN STYLE,  
AMERICAN TASTE.**

HAVE YOU TRIED OUR **BURGER** YET?



**LELENA**

Burger • Fried Chicken • Mexican Food  
Viale G. Giolitti, 7 - Aversa CE  
lelenaburger.com / @lelenaburger

*Salumeria*  
DEL SEGGIO



**INNOVATIVE NEAPOLITAN RESTAURANT**

Via Vittorio Veneto, 21 - Aversa CE  
salumeriadelseggio.com / @salumeriadelseggio.com

# The Anglo-Italian School

## Montessori Division



Recognized and Accredited by:



- 
- Nursery thru middle school
  - Art & music
  - Spanish
  - Italian as a second language

“The child is both a hope  
and a promise for mankind”

Maria Montessori

Registration always open

Viale della Liberazione 1, Ex Nato Base, Bagnoli, Napoli  
Ph. 081 570 6587 - office@aischoolnaples.com - www.aischoolnaples.com

An International learning community in Naples, Italy





# Personal

# » ENRICHMENT

Understanding the SOFA agreement between the U.S. and Italy will set realistic expectations for career opportunities during your time in Naples. The only job opportunities for dependents can be found on the installation, as dictated by the SOFA. Job openings are fairly limited, so it is important to start looking for job opportunities before PCSing and soon after you arrive.

## CAREER OPPORTUNITIES ON-INSTALLATION

- ▶ **Civilian GS Positions:** Full-time, appropriated fund positions periodically become available at various commands on the installation. It is suggested to regularly search [www.usajobs.gov](http://www.usajobs.gov) for new openings.
- ▶ **NAF Positions: Non-appropriated fund (NAF):** Positions support installations through services in Morale, Welfare and Recreation (MWR) and Fleet and Family Service Center (FFSC). Hours range from regular, full-time to flexible part-time with varying employment benefits. Search [www.usajobs.gov](http://www.usajobs.gov) and <https://www.navywmrnaples.com/jobs/mwr-jobs> for new openings.
- ▶ **DoDEA-Europe:** These schools offer full-time positions, substitute teachers, administrative staff and educational aids. Visit [www.dodea.edu/offices/HR](http://www.dodea.edu/offices/HR)
- ▶ **Navy Exchange (NEX):**  
Apply at <https://www.mynavyexchange.com/nex/work-for-us>
- ▶ **Defense Commissary Agency (DECA):** Visit <https://www.commissaries.com/our-agency/careers-with-deca> for jobs at commissaries.
- ▶ **Non-profit organizations:** The USO, Navy Marine Corps Relief Society and American Red Cross all have offices on base. They periodically hire full- and part-time employees.

*continued on page 36*



LEARN  
**To Paint**  
IN **Italy!**

**1 Week Courses**

Offered Spring, Summer and Fall

**Sign Up Today! :**

Contact for details and availability:  
greyhorsestudio@aol.com

See more work: [stevengivler.com](http://stevengivler.com)



**WATERCOLOR  
LANDSCAPE CLASS**

- ALL SKILL LEVELS
- ENGLISH SPEAKING
- PAINT IN THE ANCIENT ITALIAN VILLAGE OF CASTIGLIONE MESSER MARINO

**Includes:**

- Instruction by award-winning artist Steven Givler
- Small class size (limited to 10)
- Special rates at the local B&B
- Picnic lunches from local suppliers

Discover  
the Ancient  
Roman Wines

Tasting Pompeii Tour is a guided tour of Bosco de' Medici vineyards and wine cellars, next the Roman Necropolis of the 79 AD. A Journey through history, culture and culinary delicacies



BOSCO DE' MEDICI  
WINE RESORT



TASTING  
POMPEII  
TOUR

SPECIAL OFFER:

10% DISCOUNT FOR U.S. MILITARY  
AND THEIR GUESTS ON  
WINE & PRODUCTS SALES.



GUIDED TOUR IN ENGLISH: INFORMATION AND BOOKINGS

Via Antonio Segni 41, Pompei (NA) - Tel. 081.856.4040 / 081.8506463 - [www.boscodemediciwinery.it](http://www.boscodemediciwinery.it)

► **Defense Contractors:** Job opportunities in technology, management, accounting and administration are available with contracting firms. Contact the Contracting Department for more information.

**Note:** Check websites and offices for new openings frequently – a job may stay posted for as little as three business days. Contact the Fleet and Family Support Center’s Employment Specialist for Naples employment assistance.



## VOLUNTEERING

With limited employment options for dependents at Naples, many choose to volunteer at organizations on base to apply their skills, give back to the community and add to their resumes. Volunteering can even help you gain experience and network to land a paid position in the future.

### Start making connections

- Visit FFSC, MWR, the American Red Cross and the USO.
- Reach out to various offices on the installation that align with the career field you’re interested in. It’s possible that they need volunteers or are willing to let people shadow them.



With limited employment options for dependents at Naples, many choose to volunteer at organizations on base to apply their skills, give back to the community and add to their resumes.

## EDUCATION

Taking the time to advance your education can help you excel in the future. Educational opportunities on the installation come with a variety of programs at universities partnered with the DoD.

- **University of Maryland Global Campus:**  
<https://www.europe.umgc.edu/>  
Offers a variety of undergraduate and graduate degrees as well as associate, bachelor’s, master’s and doctoral programs. Online, face-to-face and hybrid courses.
- **Central Texas College Europe:**  
[www.ctcd.edu/locations/Europe](http://www.ctcd.edu/locations/Europe)  
Offers primarily associate degrees and practical training. The Advanced Skills Education Program develops leadership qualities within noncommissioned and junior officers. Online courses offered.
- **Embry-Riddle Aeronautical University:**  
<https://europe.erau.edu>  
Offers certifications, undergraduate and graduate degrees. Online courses offered.

## OTHER PERSONAL ENRICHMENT AVENUES

- Take Italian classes and explore Naples to enjoy the culture.
- Start DIY projects you’ve always wanted to do.
- Spend time in the gym and establish healthy habits.
- Plan to travel! Living in Italy means traveling between other European countries is easier than ever.
- Start a blog – whether it be travel, fitness, military living, etc. Contribute your articles to [www.europe.stripes.com](http://www.europe.stripes.com) for a chance to get published online and in various magazines.

Find what works for your goals and dreams - whether you land a great job, volunteer with an amazing organization, further your education or find other ways for personal enrichment. What matters is utilizing your time in Italy to benefit your future to the best of your ability. ■





La Spesa intelligente

**CASAVATORE (NA)**  
VIALE GUGLIELMO MARCONI, 124



La Spesa intelligente

**CARINARO (CE)**  
VIA SALVATORE ANGOLO VIA LARGA

COME TO THE RIGHT PLACE



SELL YOUR USED ITEMS (see our regulations)  
OR BUY THE ONES WE HAVE ON DISPLAY

Via Lago Patria 144, Lago Patria - Tel. 081-5091972

Via Domiziana 224, Varcaturro - Tel. 081-3764303

[www.lagopatria.mercatinousato.com](http://www.lagopatria.mercatinousato.com)



# DOCTOR KIDS

PEDIATRIC DENTISTRY AND ORTHODONTICS



- ▶ NO FEAR
- ▶ NO CARIES
- ▶ NO MALOCCLUSION



MINIMALLY INVASIVE APPROACHES  
AND INNOVATIVE THERAPIES



Iuorio  
Odontoiatri



## CONTACTS

[www.doctorkids.it](http://www.doctorkids.it)

0818902073 - 3387776558

[aversastudioiuorio@gmail.com](mailto:aversastudioiuorio@gmail.com)

Via Raffaello, 46 Aversa (CE)

OUR STAFF SPEAKS ENGLISH



DENTAL OFFICE WITH  
**INNOVATIVE TECHNOLOGIES**

IN IMPLANTOLOGY, PERIODONTOLOGY  
AND PROSTHODONTICS

▼  
LASER



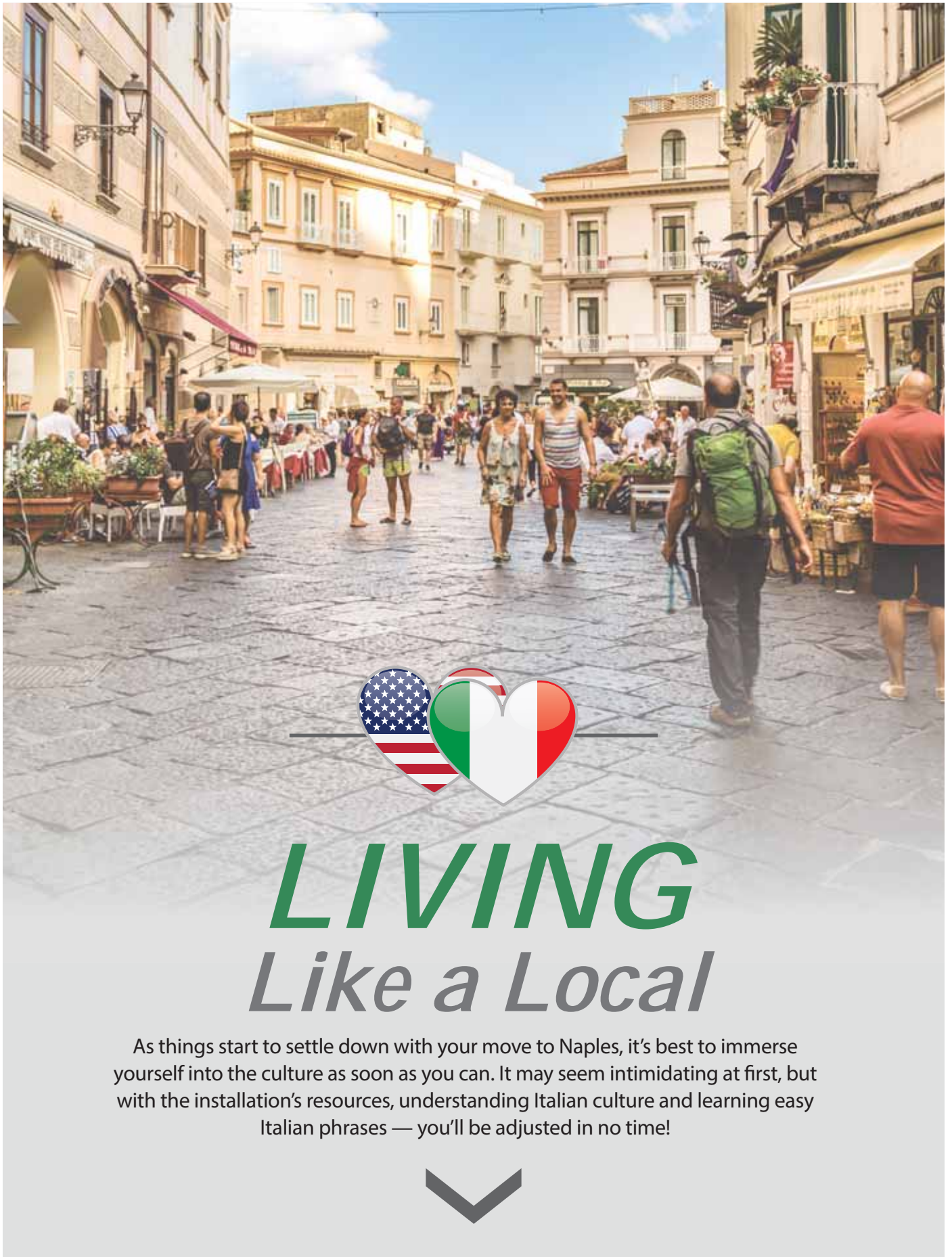
▼  
MICROSCOPE



▼  
SCANNER



CONTACT US FOR A FIRST VISIT



# *LIVING* *Like a Local*

As things start to settle down with your move to Naples, it's best to immerse yourself into the culture as soon as you can. It may seem intimidating at first, but with the installation's resources, understanding Italian culture and learning easy Italian phrases — you'll be adjusted in no time!





## WELCOME ORIENTATION

During Area Orientation, the FFSC will take you on an intercultural relations trips to the city of Naples. You may stop in a restaurant, grocery store, market or other shops. The goal is to show you the ins and outs of how to order food and drinks, make purchases in stores and embrace the Italian culture overall. Consult with FFSC about other area orientation classes.

## EVERYDAY LIFE IN ITALY

### ► Dining

- Water is served in bottles only: still or sparkling.
- Expect meals to last at least two hours.
- Lunch times are around noon to 2:30 p.m.
- Dinner times start around 7 p.m. and may stay open until midnight.
- Restaurants close between lunch and dinner.
- Be sure to ask for the check.
- Most times, you pay at the register.

### ► Shopping

- You'll need a 50 cent or 1 euro coin to insert into shopping carts for use.
- Weigh your produce before checking out.
- Bring reusable bags for your groceries.
- If you forget a bag, you'll need to pay for one at the register.
- Many shops close for "riposo" which tends to take place between 1 and 4 p.m.

### ► Driving

- Italians tend to drive faster and more aggressively than what U.S. drivers are used to.
- Don't attempt to drive like the Italians to keep up with their pace.
- Italians do not consider it rude to tailgate. Don't get upset when they're tailgating you – however, don't form a habit of trying to tailgate them back.



© 123RF.COM/GONIEWITHEWIND

## RECYCLING IN ITALY

Recycling is a requirement in Italy. Each town has different trash and recycle pick-up schedules — so be sure to ask your landlord, neighbors or the Housing Service Center (HSC) for information.

### Here's a clear list of what to recycle:

#### Paper

Boxes (from cereal boxes to shoe boxes)  
Cardboard  
Envelopes  
Paper  
Paper bags  
Reading materials (paperback books, newspapers, magazines, catalogs, mail)  
Wrapping paper

#### Non-paper Packing Material

Aluminum foil  
Bottle tops  
Jar lids  
Metal cans/packaging  
Net bags for produce  
Plastic bags (storage bags, bags that

food comes in, grocery bags)  
Plastic bottles/cartons  
Styrofoam

#### Biodegradables/Compost

Branches  
Bread  
Egg shells  
Flowers/plants  
Fruit  
Hay and straw shavings  
Nutshells  
Paper towels  
Tea bags  
Untreated wood  
Vegetables  
Wood chips

#### Residual

Ashes  
Cat litter  
Diapers  
Feminine products  
Facial Tissues  
Meat (including bones)  
Mirrors  
Non-packaging metals/plastics

Seafood (including shells)  
Soiled paper products  
Vacuum cleaner bags

#### Glass

White, clear, green, brown, blue and other colored glass  
Drinking glasses  
Non-returnable glass jars/bottles  
Other glass packaging  
\*No ceramics, porcelain, or metal/plastic lids

#### Bulk and Hazardous Waste

Batteries/chemicals/detergents/pesticides  
Construction waste  
Cooking oil  
Electronics  
Furniture  
Large branches  
Lightbulbs  
Mercury thermometers  
Other oils  
Paint  
Scrap metal  
Tires  
Trees



# Useful ITALIAN Phrases

*Ready to learn Italian? Local nationals appreciate your attempt to speak their language. Also, many Neapolitans speak little or no English, so learning basic Italian will go a long way toward making life easier and more comfortable. Remember, practice makes perfect!*

## SALUTATIONS

Hi .....	Ciao
Goodbye .....	Arrivederci / Addio
Bye .....	Ciao
Good morning .....	Buongiorno
Have a good day .....	Buona giornata
Good afternoon .....	Buon pomeriggio
Good evening .....	Buonasera
Have a good evening .....	Buona serata
Good night .....	Buona notte
See you soon .....	A presto

## POLITE EXPRESSIONS

Please .....	Per favore
Thank you .....	Grazie
You're welcome .....	Prego
Yes .....	Sì
No .....	No
How are you? .....	Come stai?
What's going on? .....	Cosa sta succedendo?
Very good .....	Molto bene
I'm OK .....	Sto bene
I'm sorry .....	Mi dispiace
Excuse me .....	Scusami
That's fine .....	Va bene
Of course .....	Ovviamente
Don't worry .....	Non ti preoccupare

## ASSISTANCE OR CLARIFICATION

Can you please help me? .....	Potete aiutarmi per favore?
Pardon me?/Excuse me? .....	Mi scusi?
I understand .....	Capisco
That sounds good/All is good .....	Va tutto bene
Exactly .....	Esattamente
I don't understand .....	Non capisco
I don't know .....	Non lo so
I speak English .....	Parlo inglese
I don't speak Italian .....	Non parlo Italiano
I speak a little Italian .....	Parlo un po di italiano
My Italian is bad .....	Il mio italiano non e' buono
What's that called in Italian? .....	Come si chiama in italiano?
How do you say " _____ " in Italian? .....	Come si dice " _____ " in italiano?
What does " _____ " mean in English? .....	Cosa significa " _____ " in inglese?



Do you speak English? .....Parli inglese?  
Please write it down ..... Per favore puoi scriverlo

## DINING

I'd like to reserve a table ..... Vorrei, prenotare un tavolo  
My name is \_\_\_\_\_ Il mio nome è \_\_\_\_\_  
I have a reservation.....Ho una prenotazione  
I would like \_\_\_\_\_ Vorrei  
I would like to pay, please ..... Vorrei pagare, per favore  
Check, please ..... Controlli, per favore  
Keep the change ..... Tenga il resto  
Waiter/waitress ..... Cameriere/cameriera

## SHOPPING

How much does this cost? ..... Quanto costa questo?  
Do you have \_\_\_\_\_? ..... Hai \_\_\_\_\_?  
How much? ..... Quanto?  
What is this? ..... Cos'è questo?  
Do you have this in size \_\_\_\_\_? ..... Hai questo in size \_\_\_\_\_?

## TRAVEL

Hotel ..... Hotel  
Room ..... Camera  
Train station ..... Stazione ferroviaria  
Main train station ..... Stazione ferroviaria principale  
Subway ..... Metropolitana  
Airport ..... Aeroporto  
ATM ..... ATM  
Gas station ..... Stazione di servizio  
When is the next train to \_\_\_\_\_? ..... Quando è il prossimo treno per \_\_\_\_\_?  
When does the train leave? ..... Quando parte il treno  
Where is \_\_\_\_\_? ..... Dov'è \_\_\_\_\_?  
North ..... Nord  
South ..... Sud  
East ..... Est  
West ..... Ovest  
Left ..... Sinistra  
Right ..... Destra  
Straight ahead ..... Sempre dritto

## LEARNING THE LANGUAGE

Although the basics are great – nothing beats hearing the language spoken well. Make the most of your tour in Italy by trying to learn the language.

### ► Google Translate App

This app allows you to “say” the word in Italian and hear how it is pronounced. You can also turn on the image feature and hover your phone over the Italian text to translate in real-time to English without typing each word.

### ► Italian Language Classes

FFSC goes over Italian language basics during Family Orientation and ICR Follow Up.

### ► Online Programs

Through Army MWR or USAFE Libraries’ websites, you can access Mango Languages or Rosetta Stone to learn Italian for free on your computer or mobile device.

### ► Corsi Gratuiti Di Lingua E Cultura Italiana

These free Italian language courses are organized in all provinces by the “*Centri Provinciali per Istruzione degli Adulti*” (CPIA). These courses occur twice a week and last for an entire school year. They are typically offered at three different times each day (morning, afternoon or evening). The only cost to the student is purchasing the textbook, if they desire. Contact your nearest CPIA office for more information. ■



# Conversions & Holidays

## LENGTH

1 kilometer = ..... 0.6 miles  
 1 meter = ..... 3.3 feet  
 1 centimeter = ..... 0.39 inches

## WEATHER TEMPERATURE

°C.....°F  
 0.....32  
 5.....41  
 10.....50  
 15.....59  
 20.....68  
 25.....77  
 30.....86  
 40.....104  
 50.....122

## ITALY PUBLIC HOLIDAYS 2023

- January 1**  
New Year's Day
- January 6**  
Epiphany
- April 9**  
Easter Sunday
- April 10**  
Easter Monday
- April 25**  
Liberation Day
- May 1**  
International Workers' Day
- June 2**  
Republic Day
- August 15**  
Assumption Day/Ferragosto
- November 1**  
All Saints' Day
- December 8**  
Immaculate Conception
- December 25**  
Christmas Day
- December 26**  
St Stephen's Day

## WOMEN'S SIZES

Shoes		Dresses/Shirts/Pants		Bras (Cups AA-E)	
US.....	EU	US.....	EU	US.....	EU
5.....	35-36	2 (XS).....	32	32.....	70
5.5.....	36	4 (XS/S).....	34	34.....	75
6.....	36-37	6 (S).....	36	36.....	80
6.5.....	37	8 (M).....	38	38.....	85
7.....	37-38	10 (M).....	40	40.....	90
7.5.....	38	12 (L).....	42	42.....	95
8.....	38-39	14 (L-XL).....	44	44.....	100
8.5.....	39	16 (XL/1X).....	46	46.....	105
9.....	39-40	18 (1X-2X).....	48-50		
9.5.....	40	20 (2X).....	50-52		
10.....	40-41				
10.5.....	41				

## MEN'S SIZES

Shoes		Suits/Coats		Pants	
US.....	EU	US/UK.....	EU	Inches.....	CM
8.....	41	36.....	46	28.....	71
8.5.....	42	38.....	48	30.....	76
9.....	43	40.....	50	32.....	81
10.5.....	44	42.....	52	34.....	86
11.5.....	45	44.....	54	36.....	91
12.....	46	46.....	56	38.....	97
13.....	47	48.....	58	40.....	102
14.....	48				

## CHILDREN'S SIZES

Clothing		Shoes	
US.....	EU/UK	8.....	134
2T.....	92	9.....	140
3T.....	98	10.....	146
4.....	104	11.....	152
5.....	110	EU.....	US
6.....	116	11.....	28
6X.....	122	12.....	30
7.....	128	13.....	31
		1.....	32
		2.....	33
		3.....	34
		4.....	36
		5.....	37
		6.....	38
		7.....	39
		8.....	40
		9.....	41

## INFANT SIZES

Clothing		Shoes	
US.....	EU/UK	6.....	22
NB.....	56	7.....	23
3 MO.....	62	8.....	24
6 MO.....	68	9.....	25
9 MO.....	74	10.....	27
12 MO.....	80		
18 MO.....	86		



# DUNKIN'

Dunkin capo

Hours of operation :

Monday to friday 6 am to 6 pm

Saturday and sunday 7 am to 3 pm

Location bella napoli food court

Capodichino

Dunkin Gricignano

Hours of operation :

Monday to friday 7 am to 3 pm

Saturday 8 am to 7 pm

Sunday 8.3 am to 6 pm

Location food court Gricignano



# TACO BELL


Hours of operation :

Monday to friday 10 am to 6 pm

Saturday and sunday 10 am to 3 pm

Location bella napoli food court

Capodichino

 081 5684286



# IRO

HAWAII POKE & SUSHI


Hours of operation :

Monday to friday 10.30 am to 3 pm

Saturday and sunday close

Location bella napoli food court

Capodichino

 081 5684286

# Village FORUM Cafe

by Chock Full'o Nuts




Hours of operation :

Monday to friday 6 am to 7 pm

Saturday and sunday 8 am to 2 pm

Location navy lodge Gricignano

 081 502 7399





# Naples

## GET TO KNOW

YOUR NEW HOME

---

Located in Italy's Campania region, Naples is an ancient city peppered with history and beauty. This captivating city is loaded with sumptuous Italian eats, fresh markets, charming alleyways, beaches and a vibe that can't be found anywhere else. Home to the beloved pizza and Mount Vesuvius demanding your attention anywhere you turn, Naples is a city you will come to love.

---





**MutoTravel**

Base Authorized

Taxi Service - Limousine Service

**VISIT OUR WEBSITE FOR FREE ESTIMATES: [WWW.MUTOTRAVEL.IT](http://WWW.MUTOTRAVEL.IT)**

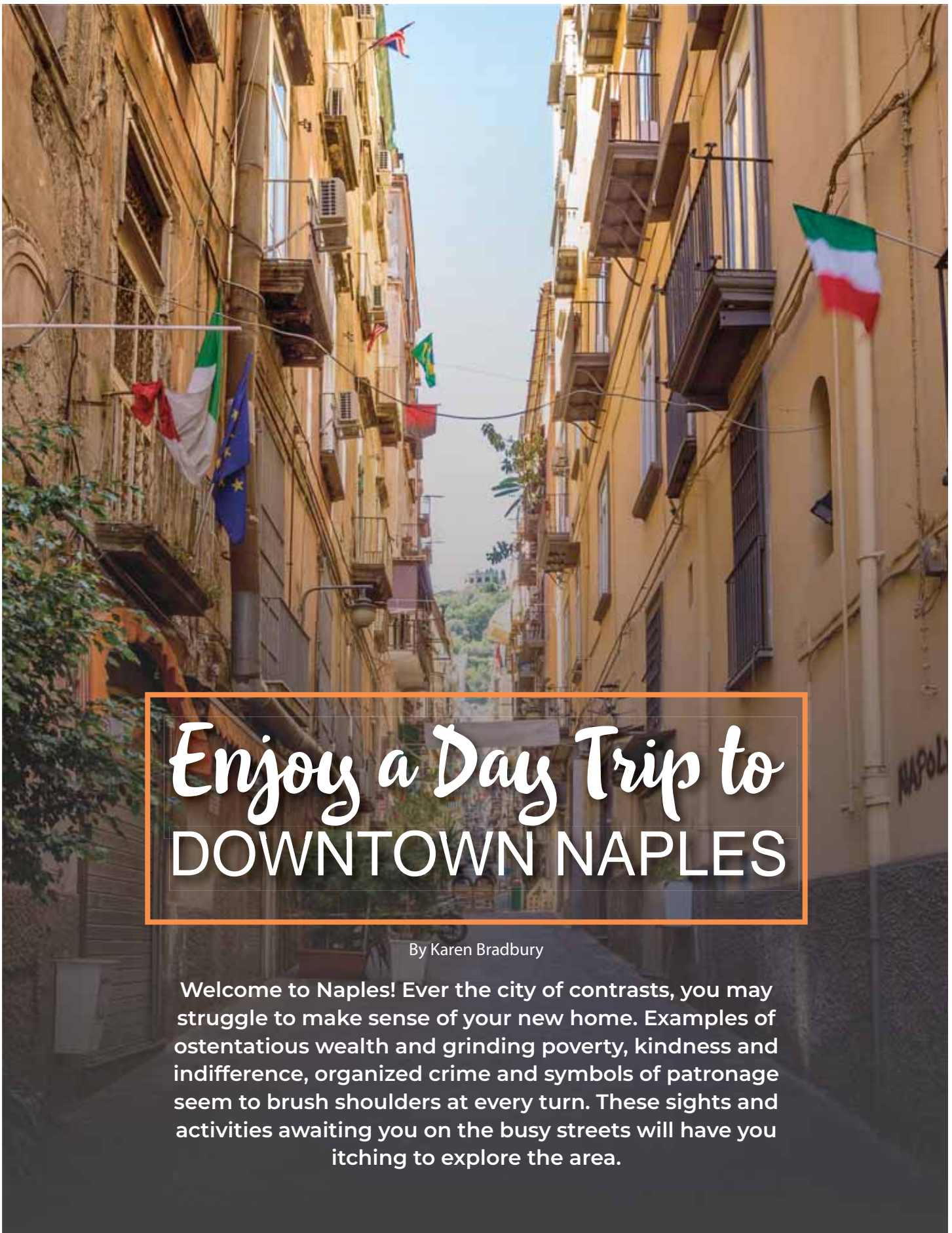
⇒ *To and from (inside bases) Rome Fiumicino Airport*

⇒ *To and from (inside bases) Naples Airport or Naples Train Station*

*Reservation needed*



Cell. +39 366 5216413 / +39 339 1618395 - Tel. +39 081 7584751  
**[www.mutotravel.it](http://www.mutotravel.it) - [mutotravel@gmail.com](mailto:mutotravel@gmail.com)**



# Enjoy a Day Trip to DOWNTOWN NAPLES

By Karen Bradbury

Welcome to Naples! Ever the city of contrasts, you may struggle to make sense of your new home. Examples of ostentatious wealth and grinding poverty, kindness and indifference, organized crime and symbols of patronage seem to brush shoulders at every turn. These sights and activities awaiting you on the busy streets will have you itching to explore the area.





*Protect my country*

*Register for classes*

*Earn my degree*

*Build a new future*

*Succeed Again.*

## 125+ UMGC programs & specializations designed to help you achieve whatever you dream of next while overseas

- On-site, online, and virtual courses available
- 55+ on base locations and services throughout Europe, Middle East, and North Africa
- Special overseas tuition rate with tuition and credentialing assistance
- Lifetime career services and alumni benefits

Ranked the No. 1 Online University for Veterans for 2022.  
*Military Times Best for Vets: Colleges 2022.*



**UNIVERSITY OF MARYLAND  
GLOBAL CAMPUS | EUROPE**

**[europe.umgc.edu/stripes](http://europe.umgc.edu/stripes)**

**Introduction to UMGC Europe Webinar**

**Attend and save \$50 application fee.**



## STREET EATS

Margherita pizza is culinary greatness and Naples' gift to the world. A plaque noting the birthplace of the simple but scrumptious pie topped with tomato sauce, basil and mozzarella in 1889 hangs next to the Pizzeria Brandi at Salita S. Anna di Palazzo, 1/2. Naples has more than 800 pizzerias, some of which are certified by the Associazione Verace Pizza Napoletana, a regulatory body tasked with assuring makers adhere to the city's traditions. Look for the AVPN logo, or better yet, long lines leading out the door. The must-try pizzerias of Naples include Sorbillo or L'Antica Pizzeria da Michele. Fried pizza is also a thing in Naples.

Napoli natives have another traditional dish: "muso di porco," or pig's snout. Butchers specializing in offal are known as "carnacuttari," places to pick up a dish of udder, tripe, pig's feet and other spare animal parts that are boiled and served with salt and lemon. The few that remain in the city are found around via Pignasecca; the most famous, Tripperia Zendraglie, is at number 14.



## MUSICAL TRADITIONS

The Teatro di San Carlo, founded in 1737, is the world's oldest still-functioning opera house. The works of Italy's greatest composers have echoed through this sumptuous neoclassical structure with its gold stucco and red-velvet interior. Note the statue atop the building. The topmost figure is Parthenope, a siren who washed up on the Naples shoreline following her unsuccessful attempt to lure Odysseus into the sea. The best way to gain access is by attending a performance, but guided tours are offered too.

The people's music is the tarantella, upbeat songs played on the mandolin, guitar, accordion and tambourine and is accompanied by a dance inspired by the delirium caused by a spider's bite. The Neapolitanata concert venue on Piazza Museo 11 allows audiences to hear tarantella for themselves. Hour-long performances showcasing dances and melodies are performed by a revolving cast of performers, meaning each visit is unique. The immersive experience climaxes with the entire room singing "O sole mio" in chorus.



## SHOPPING FOR ALL BUDGETS

Well-heeled Neapolitans splash out in the boutiques and designer shops along via Chiaia and via Calabritto, where famous fashion houses purvey their coveted labels. Shop for stiletto heels in the city of their creation, or seek out silk ties or artisanal leather handbags. For a sweet pick-me-up amidst a shopping frenzy, head to Gay Odin, an artisanal chocolate shop. Their gigantic chocolate replica of Mt. Vesuvius makes a thoughtful gift for the folks back home.

With around 60 permanent markets, it's easy to visit to one of these loud, colorful places where deals await those skilled at bargaining. For a slice of real life, visit the Mercato Sant'Antonio Abate, also known as O' Buvero, where everything from salami to socks to seafood is sold. Should you visit this neighborhood on the evening of Jan. 17, you'll see toys, furniture and household bric-a-brac (objects that can be made into collectibles) being set alight in a purification process honoring Saint Anthony the Abbot, patron saint of pizza makers and firefighters. ■





# DODICI

## DODICI WAS BORN FROM THE PASSION FOR GOOD FOOD AND WINE.

Our "locanda" offers two options to satisfy all palates: one is the "Pizzeria" with its traditional Neapolitan wood oven cooked pizza, the other section features a restaurant where you'll find the most prized cuts of meat and high quality.



## RESTAURANT PIZZERIA, TAVERNA FOR TASTING

The premises have inside and outside sections and a "tavern" area in a grotto where our wine tastings are organized. Our flagship is our newly opened garden, a cool and fragrant citrus grove, ideal location for any kind of events.



MONDAY TO SUNDAY | 7:00 PM - 00:00 AM  
FRIDAY TO SUNDAY | 12:00 AM - 4:00 PM

**GIANCARLO FERRANDINO**  
Food & Beverage Manager  
Teacher at Hotel Management School - Aversa  
+39 334 360 6558

**GIUSEPPE GIRONE**  
+39 335 777 2999

**LUIGI GIRONE**  
+39 335 811 40 93

**BRIGITTE FELACE**  
+39 392 012 510



@dodicilocanda  
Via Cupa Scoppa, 34 - Aversa (CE)

Italy's third-largest city is undeniably a bit tatty around its edges. With its chaotic traffic and untidy streets peopled with rough-looking characters, it's the kind of place one feels the need to constantly keep one's guard up. Perhaps in part because of this, one of the most characteristic purchases a visitor to Naples is bound to make is weightier than your average souvenir, at least in a metaphysical sense.



# Cornicello:

## THE SYMBOL OF NAPLES

By Karen Bradbury

On a walk through the cavern-like historical core of one of Europe's most ancient cities, shopkeepers and street vendors sell all the magnets, T-shirts and soccer team gear one would expect to see anywhere. Carved wooden figurines, cameo brooches and bottles of limoncello liqueur appear within their mix as slightly more inspired and site-specific choices. But it soon becomes apparent that one item, in particular, is the purchase di rigore, the must-have from any trip to Bella Napoli.

### *An Ancient Talisman with Enduring Power*

Bright red, elongated, twisted and conical, the hornlike object known as a cornicello in Italian, or corniciello in the local dialect, is ubiquitous. This immediately recognizable talisman is used to channel good fortune and repel the curse of the evil eye. Even people who aren't particularly superstitious have a healthy respect toward its purported efficacy. It's been working its magic for a long, long time. Numerous sources trace the origins of Naples' trademark amulet as far back as 3500 BC, when hunters would hang the horns of their prey upon their doors to scare and repel enemies and evil forces. Its red color, symbolic of blood, represents life, strength and good

fortune. Its similarity to a hot chili pepper is not coincidental. Believed to work as an aphrodisiac, red peppers symbolize fertility, an idea closely intertwined with survival of the species and perpetuation of the family line.

To be effective, the cornicello's essential attributes are dictated by age-old rules. The horn is optimally hollow inside, which allows it to be filled with salt, said to increase its powers. It should be crafted by hand, allowing its maker to pass on strength and positive influences to its new owner. A particularly auspicious material from which it can be made is coral, a revered substance believed to endow energy and confidence, as well as offer protection to pregnant women.

The amulet may be worn as a pendant around one's neck, carried in the form of a keychain, hung from a vehicle's rearview mirror or placed above the entrance to a home or business. No harm is associated with harnessing the power of several horns within a number of different settings.

The most important rule in connection with the cornicello is that it can only be purchased for another, as buying a horn for oneself negates all of its mystical, protective powers. When presenting the gift to its intended, a certain ritual should be followed. The

recipient is asked to open the palm of his left hand, which should be pricked with the tip of the horn.

If ever the tip of the horn should break off, one should not panic. The breakage indicates the horn has performed its intended task, accumulating negative energy within its tip until it could hold no more.

Reason enough, perhaps, to inspire the recipient of this sacred gift to embark upon a trip to Naples to buy more horns for all those he or she holds dear.

### *Where to Buy the Naples Horn*

There's no need to search far and wide for the most simplistic examples of the Naples horn. Casual souvenir shoppers will likely make their purchases in and around Via San Gregorio Armeno, a bustling shopping street known for the sale of hand-carved nativity sets. Cosmos-Artigianato Napoletano, located at number 5 on this famous street, has garnered rave reviews on both Google and TripAdvisor. Many other handicraft and jewelry stores throughout the city sell hand-crafted versions of the corniciello, many of which come with certificates of authenticity and instruction manuals. ■





# vibecub

events & banqueting

## CELEBRATE WITH US

18 ANNI • NUBILATO E CELIBATO • LAUREE • CATERING • PRIVATE PARTY



***PRIVATE PARTY, STARTING FROM € 799***  
**FULL BUFFET FOR 50 PEOPLE**  
**PHOTOS + DJ + INVITATIONS + TRIP X 2**

Vibecub - Via Pastore, Aversa (CE) - +39 380 86 05 977

## EMERGENCY DISPATCH

<b>ON-BASE DSN</b> .....	<b>911</b>
<b>OFF BASE</b> .....	<b>081-568-4911</b>
<b>NSA Qrtd.</b> .....	<b>626-5547</b>
<b>Carabinieri</b> .....	<b>112</b>
<b>Italian Fire Dept.</b> .....	<b>115</b>
<b>Ital. Ambulance</b> .....	<b>118</b>
<b>Polizia</b> .....	<b>113</b>

## COMMERCIAL PREFIXES

JFCN .....	081-721
Capodichino DSN 626 .....	081-568
Carney Park NO DSN .....	081-526
Gricignano (S. Site) DSN 629 .....	081-811
Gricignano (S. Site) NO DSN .....	081-813
Help Desk Onenet .....	626-HELP

## CHILD & YOUTH PROGRAMS

CDC Capodichino .....	626-5116
CDC Gricignano .....	629-4989
Youth Center/SAC .....	629-4722
Teen Center .....	629-4395
Youth Sports .....	629-4725

## FLEET & FAMILY SUPPORT

Front Desk /Class Signups.....	629-6372
Class Sign-ups .....	629-6372
VA Representative .....	629-6997/6550
School Liaison Officer .....	629-6549
Area Orientation .....	629-6945
Relocation/EFMP .....	629-6372

## HOUSING

Housing Front Desk On Base.....	629-4930/4464
After-hours trouble Calls On Base.....	626-5547
After-hours trouble On Base Duty .....	337-129-9348
Assignments .....	629-4468
Housing Front Desk on Economy .....	629-4466/4396
Gricignano Warehouse .....	629-4242
Housing Maintenance .....	629-4246
Trouble Desk.....	629-4285/428681
Public Works.....	626-4981

## LODGING

Navy Gateway Inn & Suites (Capo) .....	626-5250
--	----------

Navy Lodge Naples (S. Site).....	081-813-3443
Navy Lodge Naples (S. Site) DSN .....	629-6289
Bambusa Restaurant.....	629-6587
BEQ (S. Site) .....	629-4123

## MEDICAL FACILITIES

Appointments (S. Site).....	629-6000
Appointments (Capo) .....	626-4786
Billing .....	629-6510/6129
Medical Homeport .....	629-6271
USNH Chaplain .....	629-6451
Dental Clinic (Capo).....	626-4644
Dental Clinic (S. Site).....	629-6007
EDIS Clinic .....	629-4676
Emergency Room.....	629-6150
Immunizations.....	629-6867
Information Desk .....	629-6155
Capo Information Desk.....	626-5311
Lab .....	629-6190
Mental Health .....	629-6306
MSU/Inpatient Ward .....	629-6471
OB/GYN .....	629-6404
Optometry .....	629-6386
Patient Administration.....	629-6293
Pharmacy.....	629-6225
Physical Therapy.....	629-6183
Radiology.....	629-6168
Tricare Admin Office .....	629-6330
EFMP Coordinator.....	626-6951
USNH Quarterdeck .....	629-6006

## MWR

Auto Hobby Shop .....	629-4971
Bowling Alley .....	629-6976
Carney Park Pool .....	081-526-2140
Carney Fitness .....	081-526-1579
Fit Zone (Capo) .....	626-4266
Fit Forum (S. Site).....	629-6604
Golf Course .....	081-526-4296
Library (Capo) .....	626-3666
Library (S. Site) .....	629-4361
Liberty Program (S. Site) .....	629-4192
Liberty Program (Capo) .....	626-4896
MWR ITT (Capo) .....	626-4330
MWR ITT (S. Site) .....	629-7907
Support Site Pool .....	629-6513
Theater (S. Site).....	629-4358

## NAVY EXCHANGE MALL

Auto Port (S. Site).....	629-4957
Barber/Beauty Shop (Capo).....	626-4280
Barber/Beauty Shop (S. Site).....	081-502-7349
Customer Service (S. Site) .....	629-4717





## WINE & OLIVE OIL TASTING

Organic Vesuvio Lacryma Christi DOC

For additional information & reservations for individuals and private groups visit [WWW.CANTINADELVESUVIO.IT](http://WWW.CANTINADELVESUVIO.IT) or contact USO Naples at (USO S.Site) 629-4903 or (USO Capo) 626-5713

### WINE TASTING, TOURS AND LUNCH EVERYDAY 9AM-6PM

Via Panoramica 15, Trecase, Naples 80040

**All U.S. Military and their guests will receive a 10% discount on Wine & Oil sales**

IG: @cantina\_del\_vesuvio\_winery



STARS  AND STRIPES®

## Navigate Europe with Us!

Host country information, community news, travel and PCS tips—all in one place

# StripesEurope.com



CONNECT ON YOUR PLATFORM OF CHOICE



@StarsandStripesEurope



@StripesEurope



stripes.com/newsletters

## ON-INSTALLATION SERVICES

Ciro's Gourmet.....	329-782-0156
Electronics (S. Site).....	081-813-5353
Europcar (S. Site).....	629-4172
Europcar Capo (S. Site).....	626-5298
Flower Shop (S. Site).....	081-813-2104
Frame Shop (S. Site).....	349-61-68117
Gourmet Shop.....	320-827-7659
Janz Medical Supplies.....	081-813-2012
KFC/A&W/Taco Bell.....	081-813-2045
Optical Shop (S. Site).....	081-502-7113
Pack & Wrap (S. Site).....	081-502-7751
Residential Services (S. Site).....	081-813-5321
Subway.....	081-502-7578
Tailor Shop (Capo).....	626-4279
Tailor Shop (SS).....	081-502-7353
Military Auto Source.....	629-4187
Mini Mart (S.Site).....	629-6583
Mini Mart (Capo).....	626-4274
Navy Exchange Income Tax Office.....	629-4090
Navy Exchange Main Store.....	081-813-5372
NEX Depot (Capo).....	626-6722
Navy Recruiting Office (S. Site).....	629-4087
Vodafone (S. Site).....	081-979-9137

## OTHER

Air Terminal.....	626-5369
AFN (S.S).....	629-6915
American Red Cross.....	626-4788
Chaplains (Capo).....	626-3539
Chaplains (S. Site).....	629-4600
CMVRO (S. Site).....	6876/4050/6890
Commissary.....	4871/4879/4872
Community Bank (Capo).....	081-635-5301/5302/5304/5305
Defense Service Office.....	626-3131
Emergency Management.....	626-5240/5057
Environmental.....	626-6644
Fire Prevention (S. Site).....	629-4487
Fire Prevention (Capo).....	626-6627/6626
Hazmat/Hazwaste.....	626-6643
HRO (Human Resources) Capo.....	626-5409
NAF HRO Office (Capo).....	626-5612/4164
ID Card Office (Capo).....	626-4390
NCIS (Capo).....	626-6002
Navy Federal Credit Union.....	629-4887/8/9/

Navy & Marine Corps Relief.....	626-3913
OPSEC Support Team.....	626-4460
Pass & ID (Capo).....	626-4955
Pass & ID (S. Site).....	629-4264
Passport Office.....	626-4155
Personal Property.....	629-6778
Post Office (Capo).....	626-5371
Post Office (S. Site).....	629-4336
POV Lot.....	629-6522
RAPIDS (Capo).....	626-5632/2940
Region Legal Services.....	626-4576
Region Support Center Naples.....	626-2940
Religious Education Coordinator.....	629-4616/4617
SARP (Capo).....	626-5500
SATO (Capo).....	081-599-2613
TSC (Capo).....	626-5825
Security Dispatch (S.Site)/India 7.....	629-4264
Security Dispatch (Capo)/India 7.....	626-5638/5639
Security (Capo).....	626-2207
Security (S. Site).....	629-4269
USO Capo.....	626-5713
USO (S. Site).....	629-4903
Vehicle Processing Center.....	629-6522/6768
Veterinary clinic (S. Site).....	629-7913
WIC Overseas (S. Site).....	629-4962
Zurich Insurance.....	629-6568

## SCHOOLS

Naples Elementary School.....	0444-71-6613/646-6613
Naples Middle/High School.....	0444-71-6796/646-6796
UMGC.....	626-6673-6675



FOR MORE INFORMATION CONTACT:

<https://cnreurfcent.cnic.navy.mil/Installations/NSA-Naples/>

SCAN FOR PRE-ARRIVAL  
AND POST-ARRIVAL BRIEFS,  
FORMS, RECOMMENDATIONS  
AND INFORMATION.



**kajna**  
PIZZA & CUCINA

*Restaurant and Pizza*  
open for lunch and dinner - Shuttle Service

VIA BOSCARIELLO SNC. - GRICIGNANO DI AVERSA (CE) 1 MIN. FROM S.S.

TEL. 081 19348471 - CELL. 329-8576792 324-9025056

**GET ONE  
WELCOME  
DRINK  
FOR FREE**

TEL. +39 081 839 22 01  
VIA RIPIUARIA 173/175  
VARCATURO (NA)

**WWW.PUMMARULELLA.IT**

SCAN ME



# PROFESSIONAL SERVICE FOR MEN - WOMEN - CHILDREN - MULTILINGUAL STAFF

## NAS I

DSN: 624-4234 • COMM: 095 564 234

Monday to Saturday 10:00-17:30  
Sunday 10:00-17:00

## NAS II

DSN: 624-5951 • COMM: 095 565 951

Monday to Friday 08:00-17:00  
Saturday 09:00-15:00  
Sunday Closed



## SERVICES

- Basic Haircuts
- Trendy New Styles
- Elegant up-dos
- Brilliant Colors
- Carefree Spirals
- Natural "Multi-Color" Highlights
- Gentle Relaxers
- Bouncy Body Waves
- Soothing Manicures
- Relaxing Spa Pedicures
- Precise, Painless Waxing
- Therapeutic Massages
- Extensions and Braiding Services
- Nail Extensions and Decoration
- Military Barber & Scissor Haircuts

**SUPPORT SITE**  
TEL: 081-502 7349

**CAPODICHINO**  
TEL: 081-568 4280

**ROMA U.S. EMBASSY**  
TEL: +39 06 46742253

**NSA GAETA**  
TEL: +39 0771 279371





You deserve the  
**Military Savings**  
*It's yours at Navy Lodge Naples!*

**PCS-ing to Naples, Italy?**  
**Make your reservations right away!**

- The official TLA for PCS families.
- Onsite shops, restaurants and family support services for check in process.

**Navy Lodge Naples & Navy Lodge Villas**

- Oversize American-style rooms with fully-equipped kitchen and bath
- Villas feature 2 bedroom / 2 bath / full kitchen/ laundry
- free local phone service • pets welcome
- Fitness room 24/7 • Professional, bilingual staff
- Continental breakfast (Mon.-Sun.)

**Navy Lodge Naples & Villas within walking distance to:**

- Personal Property, • Vehicle Registration
- Fleet and Family Services
- NEX and Commissary • Naval Hospital • Library
- Gymnasium • Teen Center and Child Development Center • DoD Schools • Swimming Pool • Espresso Bar



**NavyLodge Naples**

Comm: (39) 081-813-3443 | DSN: (314) 629-6289

Short driving distance to breathtaking views!

*Mt. Vesuvius  
 Pompeii  
 Island of Capri  
 Sorrento  
 and more!*