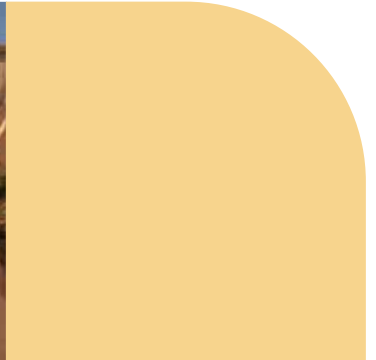


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WELCOME TO TÜRKIYE

Arrival Checklist

Here is a general checklist to help you get settled in a timely manner:

PRE-ARRIVAL

- Contact your sponsor and complete all documents required by your new command.
- Make reservations (Hodja Inn for Incirlik Air Base or approved hotel for Geographically Separated Units) or ensure your sponsor has already done so.
- Have passport and Air Force-issued, blue-stamped NATO orders ready for travel.
- Sign up for an APO mailbox if your sponsor has not already done so.
- Send items in advance to your APO box, such as bedding and linens, pillows, toiletries to include toilet paper, simple cleaning and laundry supplies, entertainment items, and a shower curtain.
- Dorm residents will be assigned a room immediately upon arrival. Dorms consist of basic and bare furnishings.
- If you wish to stay for 24 months instead of the initial 12-month tour, you may apply for the Turkey Assignment Incentive Pay (TAIP) program. As of Dec. 2022, TAIP amount is \$1000 per month. See page 20 and contact your Commander's Support Staff (CSS) or Military Personnel Flight (MPF) for details.
- If traveling via commercial aircraft, check with your airline for prohibited items.
- Obtain a tourist passport if planning to travel outside of Türkiye. The MPF can assist with tourist and no-fee passports in-country, especially if your PCS is short notice.

- Keep your original, stamped NATO orders secure. You will need these each time you exit and enter the country. If you misplace them, the customs office in the Passenger Terminal can assist with a replacement.
- Your installation Household Goods (HHG)/Transportation Office can help you understand your entitlements and shipping your personal property. HHG can take one to two months to arrive. Uniforms and other essentials should be brought with the member.

ARRIVAL

- At Incirlik AB, your unit's CSS must sign you up for the Newcomer's Briefing with the Military & Family Readiness Center (M&FRC), located in Bldg. 833. The M&FRC can advise on items required for the briefing, including travel documents and receipts.
- During the Newcomer's Briefing, you will in-process with Finance and TRICARE Overseas and get familiarized with base agencies. Bring several copies of your orders as they will be needed to process your paperwork.
- The briefing will end with personnel getting equipped with gear. The bus will then drop off service members to current accommodations (Hodja Inn, housing or dorms).
- The base exchange (BX) is available for purchasing household items, including bedding and linens. The BX is open most week days from 9:30 a.m. – 7 p.m.

TEMPORARY RESIDENCY FOR CIVILIANS

- For civilian employees and visitors, check e-visa requirements at evisa.gov.tr/en.
- After 90 days, civilian DoD employees must apply for residency in Türkiye for the duration of their contract. The process can be done at Pass and ID in Bldg. 833.

MONEY

- Determine any entitlements with the Finance Office.
- Bring a checkbook to get cash from the cash cage in Bldg. 833.
- Setup online bill-pay and banking options. Change direct deposit information for your pay and bills if closing a checking or savings account.

TRANSPORTATION

- If renting a car, it must be registered with the base.
- You can also register scooters and motorbikes you intend to use on base.
- At Incirlik AB, the 39th Logistics Readiness Squadron (LRS) provides transportation to and from the Adana Airport for official travel.
- Service members are highly encouraged to ship or purchase a bicycle for personal transportation.



HOUSING

- Email the Housing Management Office at Incirlikuh.managers@us.af.mil so they can let you know how to prepare for housing in-processing.
- It is highly recommended to obtain renter's insurance whether living in the dorms or homes on base to cover potential damages or loss to personal property.
- Local housing offices are able to assist members from Geographically Separated Units (GSUs) with finding a local residence.

MEDICAL

- Add emergency numbers to cell phone contacts (check in the directory on page 33).
- Civilian personnel should establish contact with their civilian insurance provider.
- Get an initial appointment to renew any prescriptions and medical care with your new Primary Care Manager (PCM) or care team.
- Enroll in TRICARE Online Secure Messaging.
- Download MyCare Overseas mobile app with TRICARE and SOS International can help you find providers off base for specialty care.

EMERGENCY MANAGEMENT

- Update your AtHoc information.
- Fire Safety and Extinguisher Hands-On Training needs to be done within 30 days of arrival per Incirlik AB Instruction 32-2001. Call 676-3021 to sign up.

PERSONAL ENRICHMENT

- Visit the Education Center to learn about academic offerings.
- Visit with the Financial Counselor at M&FRC while you have time on your side to save for the long term, especially with additional entitlements that may factor into your pay.

PROFESSIONAL DEVELOPMENT

- Join professional development organizations such as Dorm Council, Company Grade Officers Council, 5/6 or Top 3.
- Update your resume and research volunteer opportunities with the M&FRC or USO.

EVERYDAY LIVING

- Backup important phone numbers and update mobile phone plan (see page 8).
- Follow social media pages, internal emails, base access channel (Channel 12), Force Support Squadron (FSS) promotions and stop by Titan's Refuge to get familiar with ongoing recreation classes and events.
- Learn Turkish phrases and culture through the free class at the Community Center on Thursdays at 5:30 p.m. ■

ADDITIONAL RESOURCES

- Scan for Incirlik newcomers videos



- Scan for 717th Air Base Squadron Welcome Packet, Ankara



- Scan for Izmir Arrival Checklist



GETTING CONNECTED



Research your options for cell phone service before leaving your prior station. Some cell phone plan providers require you to set up overseas compatible plans prior to leaving the U.S. Getting service for your cell phone is vital and allows you to stay connected. The pre-paid option and use of Wi-Fi, which is accessible at most public locations on base, is the preferred method of staying connected. If you want to avoid roaming charges, be sure to switch your phone to airplane mode.

► **Provider:** BaseFIX in the Exchange Mobile Center

BaseFIX can assist with internet connection to the local Turk Telekom lines in both dorms and housing. They are in the BX next to the electronics and typically have a turnaround between 24 hours to a week for service activation, depending on the demand. You can re-load minutes and pay bills at the counter, or you can take advantage of online bill pay with a credit card.

You can set up pre-paid phone plans with TurkCell, purchase pay-as-you-go hot spots and sign up for internet packages at various speeds. Non-Turkish citizens are limited with the length of cell phone contracts, so please refer to BaseFIX representatives for details on the documents needed in your case.

► **Google Voice:**

Google Voice will allow you to port your U.S. number for free so you can keep it. You can then use a local SIM card to have a local number and U.S. number simultaneously (with a dual-SIM phone). Google Voice allows free calls to the U.S. using Wi-Fi. If you don't want to be limited to Wi-Fi and haven't gotten a local SIM yet, Google Fi is a paid phone plan that uses T-Mobile's cell towers. Starting either of these processes is much easier while still in the U.S.

► **Apps to communicate internationally for free:**

- Skype
- Facebook Messenger
- WhatsApp
- FaceTime
- Signal ■



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TÜRKIYE BANKING

DEBIT & CREDIT CARDS

- ▶ Put a travel advisory on your cards, so your transactions are not automatically declined. Your bank can also explain their fraud prevention procedures, such as mobile app notifications.
- ▶ It's always best to carry Turkish lira and U.S. dollars when off installation. Some places take card off base, but not always.
- ▶ There is often fluctuation with the exchange rate with several lira to the dollar, so be aware of the difference in the currency's worth.

ATMS

- ▶ To save on ATM fees, bring a checkbook to withdraw money at the CPTS cash cage (first floor) in Bldg. 833 at Incirlik.
- ▶ ATMs dispense Turkish lira, U.S. dollars or euro, but can occasionally run out of cash or malfunction, so having a checkbook is advised to withdraw cash.

Incirlik ATM locations:

- Commissary parking lot
- Club Complex building
- Near the Turkish Pass and Registration parking lot
- Hodja Inn parking lot ■



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67663 Kaiserslautern

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fax: 0631-354-0277

cell: 0151-5837-5127
taxpro.dickersont@gmail.com

» GETTING A RIDE



Scooters, motorbikes, bicycles, e-bikes and cargo bikes are common methods of transportation on base.

THINGS TO KNOW

- Personally Owned Vehicle (POV) shipments and use are not currently authorized for members stationed at Incirlik.
- The 39 LRS provides transportation to and from the Adana Airport for official travel.
- A 24-hour bus is available every 30 minutes, in each direction around the base. Call the shuttle bus for pick up at 676-6756.
- It is also highly encouraged for members to ship or purchase a bicycle for personal transportation.

LICENSE & REGISTRATION

Only a valid stateside driver's license is needed to drive a vehicle or motorcycle. No other local or international licenses are required to drive on base. If your license expires while in Türkiye, go to the Legal Office to file for an extension. Call the Pass and ID Office ahead of time to ensure you're bringing all necessary documents. It is recommended to have car insurance that covers rentals overseas before you drive a rented vehicle.

MOTORCYCLES

Motorbikes, e-bikes and bicycles can be purchased new or used at the Auto Hobby Shop in Bldg. 1060 (DSN 676-6655), from vendors next to the BX or on a Facebook group called Incirlik Scooter Mart 2.0. Check in with the Safety Office or your command's motorcycle safety representative after arrival to attend a class on motorbike safety. A helmet and closed-toed shoes are required.

FUELING YOUR TRANSPORTATION

There is a shoppette with a two-pump gas station, open daily from 6 a.m. to 11 p.m. Some dorms offer parking areas for electric scooters with charging capabilities.





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Your Housing in Türkiye

LODGING ACCOMMODATIONS UPON ARRIVAL

Dorms may be ready for move-in upon arrival for service members E-1 to E-4. Please keep in mind that some items, such as linens, are not always provided. The Hodja Inn is ready to serve when members step off the plane and while waiting for availability on a house or a dorm. It is highly recommended to obtain renters insurance to cover potential loss or damage to your belongings.

ON-BASE HOUSING

All personnel live on base. Accommodations on base are based on availability, rank, career field and TAIP incentives.

NEIGHBORHOODS

There are four housing neighborhoods:

- ▶ Phantom Housing: 3-4 bedrooms, E-5 (with roommate) or 2 bedrooms for E-6 (single)
- ▶ Herky Studio Apartments: E-6 (single)
- ▶ Falcon Housing: Civilians, E-7 to E-9 (single)
- ▶ Eagle Housing: 4 bedrooms, O-1 to O-3 (with roommate) or O-4 to O-6 (single)

If you have a line number for staff sergeant (E-5) and sew on with at least four months left at Incirlik, you can request housing, which would include a roommate. If you have a line number for technical sergeant (E-6) and have at

least six months left at Incirlik, you can request single-occupancy housing in Phantom or Herky studio apartments as available. If you have a line number for master sergeant (E-7), you can request to move into single-occupancy Phantom housing if you have at least six months left at Incirlik. Company grade officers live in Eagle Housing with a roommate. For those who will promote to field grade, a request can be made to move into single-occupancy housing if they have at least six months left at Incirlik.

DORMS

As part of the Newcomer's Briefing, the Dorm Manager will assist members in filling out paperwork and getting familiarized with your new home. Dorms vary in floor plan and can include a shared kitchen or bathroom, with laundry rooms on each floor or a single laundry room on the first floor. Airman utilizing TAIP can move into Bldg. 960.

- Grills are available outside the dorms.
- Electric scooter charging stations are available, but be sure to secure your property as you are liable for loss or theft.

Contact your Dorm Mayor for access to your room if you are locked out. If there are still issues with access, please call 676-4357.

For more information about the dorms, please call the Incirlik Dorm Management Office, DSN 676-308.

TELEVISION SERVICE

American Forces Network (AFN)

- ▶ Provides programming from current networks and prime channels.
- ▶ Download the AFN Now mobile app from Android and Apple App Stores, or install the Smart TV application on your Amazon Fire TV Stick, Apple TV, Android TV or Roku.

Other Streaming Services

- ▶ Examples—Amazon Prime, Netflix, Hulu
- ▶ Show variety and availability may be limited due to geographical location, so a virtual private network (VPN) service is recommended to access U.S. programming.

HOUSEHOLD GOODS ARRIVAL

The Traffic Management Office (TMO) will assist you with passenger travel and delivery of your household goods (HHG). Things to keep in mind to prepare you for delivery:

- Once you have your orders, email 39lrs.lgrdf.ppo@us.af.mil for a personal property worksheet. Fill it out and email it back to them.
- During the Newcomer's Briefing, you will sign a Power of Attorney for your goods with the Legal office, who will notarize it. This is for Turkish Customs, so they can clear your goods once it arrives.

- Once your HHGs arrive, a Beyanname will be created by the Customs Liaison Office, which includes high-value items that you have brought with you. Any item on this list you **must** keep for the duration of your time in Türkiye, even if it is damaged. Contact the Legal Office if you wish to sell an item on your Beyanname or if the item was stolen. If you do not have the listed items when you out-process, you will need to pay a fine of up to five times the value of the item due to Turkish black market laws.

First Steps

- Secure a delivery date for your HHGs and remember that dates book fast during the peak summer PCS season.
- Since there is no temporary furniture program, consult with the TMO to figure out temporary options.
- Once your HHGs arrive, make sure every box that was shipped is accounted for.
- Mark each item off your inventory list as everything is being unloaded.

Inspect Your Home

To avoid being held liable for damages done to your home and property that the movers may have caused, it's best to note any damages on your household goods paperwork. Note everything that isn't right such as missing boxes or damaged goods. Be sure to make copies of all the paperwork and take pictures of any damages.

Filing a Claim

- You have 75 days to submit a notice of loss or damage report in the Defense Personal Property System from the scheduled delivery date.
- From then, you will have nine months to submit your claim in order to be eligible for a full replacement value.
- Be sure to have photos and receipt purchases of your damaged goods.
- Keep any paperwork until all claims are processed.

HOME HEADS UP

- You may need power converters/transformers to use your U.S. electronics in your home.

Dual voltage will be labeled with a range like this on electronics: 100-240V. In this case, you only need a plug converter. Other items that are labeled 120V will require a transformer, which is a small plug-in box that converts the voltage to safely use your single voltage equipment. Some items, like hair clippers and electronics with certain motors, may be damaged or unusable even when using a transformer. This is due to the difference in electrical frequency, measured in hertz (50 Hz in Türkiye as opposed to 60 Hz in the U.S.), so it is sometimes best to buy a 220V replacement for the duration of your time in country.

- Base houses contain basic furnishings which cannot be thrown away or sold. All furniture supplied will need to be in the house at move out and is marked with a barcode.

INCIRLIK HOUSING MANAGEMENT OFFICE

Phone: DSN 676-6232

Location: Bldg 833

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HEALTH & DENTAL CARE IN TÜRKIYE

INCIRLIK MEDICAL CARE

The 39th Medical Group (MDG) serves Incirlik AB with routine medical and dental patient needs in Bldg. 865 between D and E Street.

DSN: 676-6666
Commercial Phone: 0322-316-6666
39 MDG Website: incirlik.tricare.mil

Hours are 8:30 a.m. to 4:30 p.m., Monday through Friday.

Closed holidays, down days and wing training days.

Sick call is available from 7:45-8 a.m., Monday through Friday.

PLEASE NOTE

Always carry a list of medications and allergies as well as your insurance card and ID card.

Pregnant service members at Incirlik AB must PCS to a new location by 24 weeks for care. Overseas follow-on assignments may be cancelled.

PATIENT ADVOCATE

DSN: 676-3989
Email: usaf.incirlik.39-mdg.mbx.patient-adv@mail.mil

PHARMACY

Location: Bldg. 865 to the right of the main entrance.

Phone Numbers

Main: 011-90-322-316-6581
DSN: 676-6581
Prescription Refills: 676-1242

To renew an expired medication prescription, contact your primary care manager and request a prescription renewal.

HEALTH PROMOTION

Health Promotion provides support regarding the four pillars of wellness, and cover nutrition, fitness, sleep, chrono-nutrition, and tobacco prevention and cessation. InBody, which is a body composition analysis, is available as a walk-in service. Health Promotion also hosts cooking classes once a month at the Chapel, plus offers commissary tours and unit briefs for training days.

Health Promotion can be reached at 676-8256 or stop in at the 39 MDG on the first floor between the Mental Health and Dental clinics. You can also stay updated by following their Facebook page, where they post their events and wellness tips at facebook.com/incirlikhp.

EMERGENCY CARE IN ADANA

There is no emergency room on base. The closest medical facilities with an emergency room are the Acibadem Adana Hospital and Medline Adana Hospital, each about 24-30 minutes away. Emergency services at Incirlik AB can transport or transfer individuals to off-base care 24/7.

EMERGENCY NUMBERS

Police/Fire/Medical

DSN: 112 or 911
From Turkish Cell: 0-322-316-0112
From U.S. Cell: +90-322-316-0112

For Ambulance Services

676-6554

For the Military Crisis Hotline

800-273-8255, Option 1

Military Health System Nurse Advice Line

1-800-TRICARE (874-2273)

SOS International

1-877-678-1207 or 00-44-20-8762-8133

A full 39 MDG phone directory is on page 33.

TREATMENT DIFFERENCES OFF INSTALLATION

While there may be some cultural and treatment differences in Türkiye, rest assured that the medical standard of care you receive is the highest quality. Although there are a few differences in medical practices, the 39 MDG staff collaborate with the host nation medical partners, ensuring a positive outcome and experience for all patients. Local hospitals do accept TRICARE.

CIVILIAN MEDICAL CARE

Preferred Network Facilities for Civilians are not supported. Adana hospitals do not accept civilian insurance. Some insurance providers will reimburse individuals for out-of-pocket costs, but this should be discussed with the insurance provider before seeking care.

- ▶ For services provided by Acibadem Adana Hospital, visit acibadem.com.tr/en/services.
- ▶ For services provided by Medline Adana Hospital, visit medlineadanahospital.com.

DENTAL CARE

The Dental Clinic on base provides comprehensive acute dental care for active duty members. Government employees may receive care on a space-available basis.

CIVILIAN MENTAL HEALTH CARE

Preferred Network Facilities for civilians are not supported.

- ▶ U.S. state laws for insurance and liability do not support care for individuals assigned to Türkiye. As such, there is currently no mental health care available in the local community for civilians.
- ▶ Overseas civilian employees can also contact the 24/7/365 Employee Assistance Program line by dialing: 1-866-580-9046 and identifying the Defense Logistics Agency as their servicing agency.
- ▶ Resources available include Military and Family Life Counselors, Military OneSource and the chaplain's office. See Key Services & Resources on page 21 for more information. ■

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Life in » TÜRKIYE

Your time in Türkiye begins once you land. What will you learn, discover and come to appreciate about your time here? Even once you are settled, you will be presented with unique challenges and different environments than what you are used to. The camaraderie and opportunities to learn in Türkiye from your team members, social groups and the local culture is something to be thankful for.



U.S. AIR FORCE PHOTO BY SRA JOSHUA CROSSMAN

Personal ENRICHMENT

EDUCATION

Taking the time to advance your education can help you excel in the future. Educational opportunities on the installation come with a variety of university programs.

Incirlık AB Education Office

The Education Center provides these services:

- Community College of the Air Force (CCAF) counseling
- Assistance with school and degree searches
- Updates Air Force Virtual Education Center (AFVEC) education records
- Issues Military Tuition Assistance (TA)
- Provides information on these programs:
 - Air Force Credentialing Opportunities Online (AF COOL)
 - Air University Associate to Baccalaureate Cooperative (AU ABC)
 - General Education Mobile (GEM)
 - DoD SkillBridge
 - Commissioning
 - VA Education Benefits
 - The National Test Center: offers College Level Examination Program (CLEP) and Defense Subject Standardized Test (DSST) college credit exams and Pearson Vue Certification exams.

Military exams are also administered including:

- Weighted Airmen Promotion Test (WAPS)

- Air Force Officer Qualifying Test (AFOQT)
- Defense Language Proficiency Test (DLPT)
- Defense Language Aptitude Battery (DLAB)
- Armed Services Vocational Aptitude Battery (ASVAB)
- Armed Forces Classification Test (AFCT)
- Air Force Reading Abilities Test (AFRAT)
- Electronic Data Processing Test (EDPT)

Schools Available

► **Embry-Riddle Aeronautical University (ERAU)**
Website: worldwide.erau.edu/locations/incirlik
Online courses available.

► **University of Maryland Global Campus (UMGC)**
Website: europe.umgc.edu
Online, face-to-face and hybrid courses may be available.

► **University of Oklahoma (OU)**
Website: pacs.ou.edu/military/military-student-services/ou-europe/
Online courses available.

► **Central Texas College (CTC)**
Website: ctcd.edu/locations/europe/students
Online courses available.

Courses and institutions subject to change. Please refer to Education and Training staff for the most updated information.

425th Air Base Squadron Education and Testing Center, Izmir, Çiğli AB

Website: incirlik.af.mil/Units/425th-Air-Base-Squadron

The UMGC-operated National Test Center offers CLEP, DSST college credit exams and Pearson Vue Certification exams.

In addition to supporting 425 ABS personnel, the Education Center also supports Izmir's Army NATO Soldiers' voluntary education needs plus other GSUs' Airmen, Soldiers and DoD Civilians assigned to the 717 ABS in Ankara and ODC and Det-4 USAFE Air Postal in Istanbul.

OTHER PERSONAL ENRICHMENT AVENUES

- Start DIY projects you've always wanted to do.
- Spend time in the gym and establish healthy habits.
- Travel! Living in Türkiye means traveling between European and Asian countries is easier than ever.
- Start a blog—whether it be travel, fitness or some other passion. Contribute your articles and photos to stripeseurope.com for a chance to get published online and in various magazines.

Find what works for your goals and dreams — whether you land a great volunteer opportunity, further your education or find other ways for personal enrichment. What matters is utilizing your time in Türkiye to benefit your future and well-being. ■

Professional DEVELOPMENT



U.S. AIR FORCE PHOTO BY SRA JOSHUA CROSSMAN

Service members can find many opportunities to gain new perspectives, leadership skills and mentorship inside of and beyond their units.

Career Assistance Advisor

Seek out the Career Assistance Advisor for guidance on your career path toward your goals.

Assistance with these topics is provided:

- ▶ Career Development: Enhancement seminars, First-Term Airman Course (FTAC), PACE Education, Informed Decision seminars
- ▶ Guidance: Retraining, cross-training, separations, Developmental Special Duties (DSDs), unique assignments, re-enlistments, career progression, leadership workshops, assignment management, education, commissioning

Call 676-1019 or stop by the Education and Training Center on the second floor of the Community Center (Bldg. 271) for more information.

Professional Development Organizations

Look out for opportunities to get involved with professional organizations such as the Company Grade Officers Council (CGOC), First Four, 5/6 or Top 3. They are a great starting point to join mentorship programs, workshops and more to expand your skillsets.

Education and Training Center

Stay in touch with the military testing options available to you beyond promotion testing. If you've considered commissioning or are proficient in another language, stop by your Education and Training Center. See page 19.

Volunteering

There is so much to take away and learn as a volunteer. It is a great way to connect with your new home and create a community that makes your time here memorable and fun. Volunteering can help you gain experience and a network in the military world, but also your host nation.

Start Making Connections

- ▶ Visit the installation's M&FRC, FSS, American Red Cross and the United Service Organizations (USO).

- ▶ Reach out to various offices across the installation that align with the career field you're interested in. You never know if they need volunteers or are willing to let people shadow them.

Turkey Assignment Incentive Pay (TAIP)

The Turkey Assignment Incentive Pay (TAIP) program looks to bolster continuity and experience at the 39th Air Base Wing (ABW) within this unaccompanied tour by offering incentive pay to military members who agree to serve on station for a total of 24 months. As of Dec. 29, 2022, TAIP has increased to \$1,000 per month.

Members are eligible to enroll in the program prior to arrival, or within the first 60 days of arrival (if not already enrolled) and begin receipt of pay effective on the date of enrollment or date arrived on station, whichever is later. Currently assigned members interested in the program may contact their unit CSS or the MPF for additional information on enrollment.

You can also visit the 39 ABW website at incirlik.af.mil/Newcomers inside the TAIP tab for full program details. ■



Key Services & RESOURCES

As a newcomer, it is essential to get familiar with the resources you have available on your installation. These helping agencies are ready to assist.

Please see the directory starting on page 32 for more contact information.

ADAPT Program

The ADAPT team counsels and treat members with an identifiable struggle with alcohol consumption. The legal drinking age in Türkiye is 18. Approximately 90 percent of members who enter the ADAPT program self-refer. Call 676-6452 for more information.

Alcoholics Anonymous (AA)

AA meets on Saturdays at the Chapel in Bldg. 945.

Chaplain

Confidential, undocumented non-medical counseling and spiritual and pastoral counseling is available. This is an excellent option if you are unsure where to start, have significant concerns about the impact to your career, experiencing legal issues or general relational, emotional or spiritual struggles. Contact the Chapel, located at 7th Street and E Street in Bldg. 945, call 676-6441.

First Sergeants

Reach out to your first sergeant for professional, personal and referral support. First sergeants are mandatory reporters for sexual assault.

Mental Health

Provided through TRICARE, specialty behavioral health care providing a full range of psychological evaluations, psychiatry services and psychotherapy for individuals and groups. Visits are documented in military health records. Confidential with special exceptions. Make an appointment with the 39 MDG at DSN 676-6452.

Military & Family Readiness Center

The M&FRC will be one of the first organizations you will become familiar with during in-processing, but they are also there to support service members throughout their time in Türkiye.

Some of the services provided are:

- Counseling (personal, marital and financial)
- Relocation Assistance
- Personal and Family Life Education
- Voting Assistance
- Survivor Benefit Program
- Referral Assistance
- Transition Assistance Program: Begin the process 18–24 months before separation or retirement.
- Personal Finance Counselors: Financial counseling services to equip individuals with knowledge and tools about budgeting, saving, retirement planning, investing and more.

To set up your appointment with the PFC at the M&FRC, call 676-6256 or email pfc.incirlik.usaf@zeiders.com.

Incirlik M&FRC

DSN: 676-6755

Location: Bldg. 833, 2nd Floor

Website: 39fss.com/mfrc

Military and Family Life Counselors (MFLC)

In-person, confidential, short-term non-medical counseling is provided by an MFLC assigned to the installation, with counselors on a three-month rotation.

Incirlik MFLC

DSN: 676-3926

Location: M&FRC, Bldg. 833, 2nd Floor

WhatsApp: +1-254-266-5861

Izmir MFLC

0(538)035-5864

Website: incirlik.af.mil/Units/425th-Air-Base-Squadron

Military OneSource

Free, confidential, short term non-medical counseling over the phone, chat for issues concerning marital conflict, stress management, coping with loss or deployments. You will be referred specialty behavioral health care if you have a pre-established diagnosable condition. Call 800-342-9647 or 703-253-7599 when OCONUS.

Note: Non-medical counselors can be trusted to keep your information private. However, they are required to report situations where you could be a danger to yourself or to others, situations that involve domestic violence or violence against another person, child abuse or neglect and any illegal activity.

Sexual Assault Prevention and Response Office/Advocate

To file a restricted or unrestricted report, or to seek assistance and resources, call 676-7272 or stop in their office located by Titan's Refuge.

Incirlik SAPR Office

DSN: 676-7272

DoD Safe Helpline: 1-877-995-5247

Website: safehelpline.org

Types of Reporting

► Restricted

- Contact the Sexual Assault Response Coordinator (SARC) or Victim Advocate (VA) or Healthcare Provider
- Command is NOT notified
- SARC and VA can provide care for survivor and supportive services

continued on page 22

continued from page 21

- Can receive medical care
- Can receive counselling
- Can receive legal counselling from Special Victim Counsel (SVC)
- Can be changed to an unrestricted report at anytime

Note: A chaplain can provide confidentiality and will not take a report or notify command.

► Unrestricted

- Contact the Sexual Assault Response Coordinator (SARC) or Victim Advocate (VA) or Healthcare Provider
- Command IS notified
- SARC and VA can provide care for survivor and supportive services
- Can receive medical care
- Can receive counseling
- Can receive legal counseling from Special Victim Counsel (SVC)
- Can receive a Military Protective Order (MPO)

Remain in Touch with Life Back Home

It's important to remain in touch with life back home, especially while adjusting to a new environment. Set regular video chat or phone call dates with family and friends. If your children are allowed online, encourage them to utilize communication tools to stay in touch with you and their own support system, especially if they moved in conjunction with your remote tour. Continue the traditions that are important in your family. Expect your family to go through an adjustment period. Always reach out for support to these helping agencies when you or your family needs it.

Look forward to a trip home or a desired destination you'd like to visit to break up your time here. Take advantage of Outdoor Recreation's robust trip schedule. Mid-tours are not pre-determined. For instance, you can plan to take 30 days of regular leave, coordinated within your work center and leadership. Be sure to complete leave paperwork well ahead of time.

American Red Cross

The American Red Cross facilitates grants for emergency assistance from military aid societies and assists with emergency notifications to or from a deployed service member. Emergency notifications using the Hero Care Network are used for situations like an illness or death of an immediate family member or the birth of a child. Visit [redcross.org/get-help/military-families/emergency-communication](https://www.redcross.org/get-help/military-families/emergency-communication) for more information or download the Hero Care mobile app.

Air Force Aid Society

AFAS provides emergency assistance to Air Force and Space Force families when unexpected financial emergencies arise with no-interest loans and grants. These financial assistance programs help meet immediate financial emergency needs. Visit [afas.org](https://www.afas.org) for more information.

AFN Incirlik

Tune in to 1590 AM on your radio or listen using the mobile app AFN Go.
Base access programming: Channel 12
Facebook: AFN Incirlik

Equal Opportunity Office

The EO Office serves active duty military members, DoD civilians, former employees, applicants for employment, NAF employees, family members and retirees. The office may file informal or formal complaints.

Timelines for complaints

► Military

Informal: No timeline
Formal: Within 60 days

► Civilians

Complaint must be filed within 45 days

For DoD civilians, unlawful discrimination is prohibited based on race, color, religion, sex (pregnancy or gender identity), sexual orientation, sexual harassment, harassment (bullying or hazing), national origin, age (40 and older), disability, GINA and reprisal.

Incirlik EO Office

DSN: 676-6210
EO Hotline: 1-888-231-4058
Email: 39abw.eo@us.af.mil

Area Defense Counsel

The ADC consists of an attorney and a paralegal to advise and advocate for individual Airmen through military justice and administrative processes. The staff works with 100% attorney-client confidentiality, which also does not fall under the local chain of command.

They will assist with response and representation on corrective and disciplinary actions such as an Article 15, LOC, LOR, LOA, discharges, rights advisement, administrative demotions, referral EPRs/OPRs and more, from help with rebuttals to representation during court martials.

The ADC's General Advice

- Don't commit crimes and be appropriate on social media, teams or WhatsApp chats.
- Use the base shuttle or a taxi instead of a scooter if you have been drinking so everyone gets home safe.

- Alcohol related incidents can affect your security clearance.

Incirlik ADC

DSN: 676-6908
Location: Bldg. 948
Email: Incirlik.afloa.adc@us.af.mil
WhatsApp: +90 (549) 821-4511

Legal Office/Judge Advocate

The Legal Office provides assistance to command, staff agencies and service members on a variety of legal matters.

Services

- Notaries for powers of attorney
- Tax Clinic from February to mid-April
- Wills and medical directives (by appointment)
To fill out initial paperwork, visit aflegalassistance.law.af.mil
- Civil matters such as encounters with off base law enforcement
- Extensions on expired U.S. driver's licenses
- Visit Legal's web page on incirlik.af.mil to view a list of Turkish Laws that affect personnel located in-country.

Incirlik Legal Office

DSN: 676-6800
Location: Bldg. 833
Email: 39abw.ja@us.af.mil
Web: incirlik.af.mil/Units/39th-Air-Base-Wing-Legal-Office/

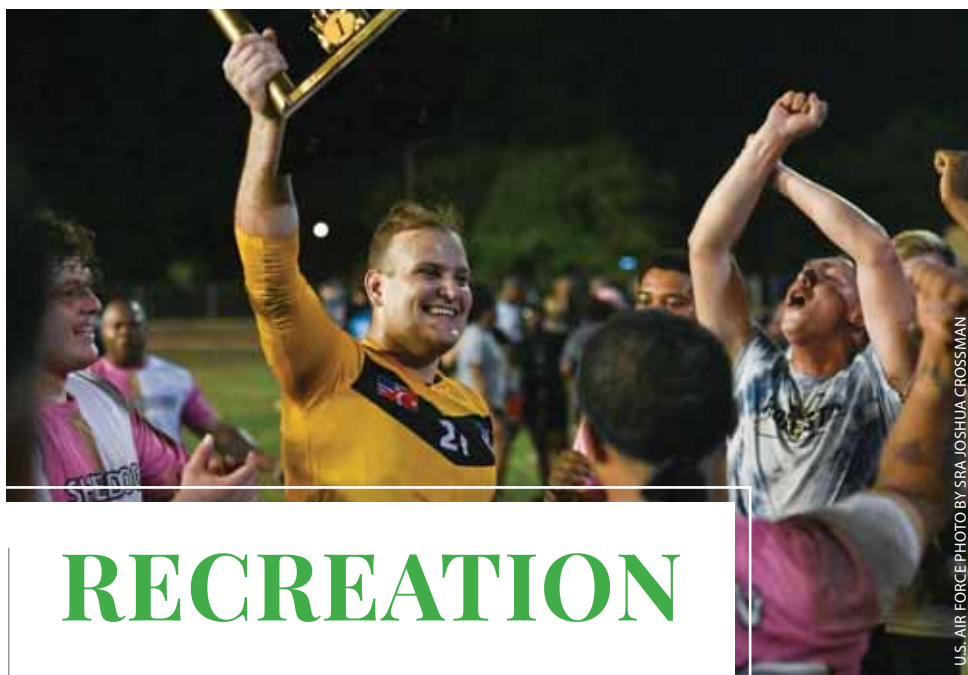
Inspector General

The IG independently assesses and reports on the overall readiness, efficiency and discipline of units through specified inquiries, investigations and inspections. IG is located in Bldg. 833. Call 676-2523 or you can also call the IG Hotline at 1-800-424-9098.

Note: If you have a concern and are unsure if you should file a complaint, contact your IG office for guidance. Any Air Force military or civilian member may file an IG complaint. However, Air Force civilian complaints (e.g., discrimination, sexual harassment, and conditions of employment) may be referred to other agencies.

Incirlik Inspector General

DSN: 676-2523
IG Hotline: 1-800-424-9098
Location: Bldg. 833 ■



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RECREATION

LIFE AT THE 'LIK

There is always something to do for fun around Incirlik, whether with the 39 FSS programs, the USO or events at Titan's Refuge. The hours of operation are a bit longer than you might be used to at your previous bases to accommodate the variety of schedules that personnel have. Everyone needs time to kick back and socialize, grab some good food, connect with their community, or start a new hobby or wellness habit.

39TH FORCE SUPPORT SQUADRON

Website: 39fss.com

Mobile App (Available in Apple Store and Google Play): 39 FSS

Club Complex

Weekly recurring events at the Club will ensure you'll be able to catch a night at energetic Bingo, Trivia or Moola Night with a friend. If you're not shy on the mic or the dance floor, Karaoke and DJ Nights are also a fun time.

Club Member Benefits

FSS provides extra incentives for Incirlik personnel who sign up to become a Club Member. Free dinners at weekly Moola Night, other free and discounted meals and events, plus five to 10 percent off food and services at other FSS facilities will more than pay for the rank-based monthly dues. Please visit their website at 39fss.com/club, call 676-6101 or visit the Club Complex in Bldg. 878 for more information.

Outdoor Recreation Center

Trips to fascinating locations around Türkiye are made easy with the help of the ODR staff. All you have to bring is yourself and a sense of adventure. Stay tuned to weekly emails for the monthly trip schedule or stop in at Bldg. 3975 to sign up.

ODR also provides archery classes on Fridays and Saturdays and scuba class at the pool on Wednesdays. The staff is well-versed in supporting group functions with equipment and supplies at well, so don't hesitate to reach out. Call 676-6044 for more information.

Fitness Centers and Sports

There are two fitness centers on Incirlik, the Titan Fitness Center and the Larger Than Life Fitness Center, focused on providing quality fitness classes, fun events, equipment and sports programs. Visit 39fss.com/fitness-center to see their current Classes, Fitness Events and Sports Calendars.

Titan Fitness Center Hours, Bldg. 971

6 a.m. to 9 p.m., Mon. to Fri.
24/7 card access Sat. – Sun. (Stop in to register)
676-6086

Larger Than Life Fitness Center Hours, Bldg. 2712

5 a.m. to 9 p.m., Mon. to Fri.
Closed Sat., Sun. and holidays
676-1451

A full array of sports programs and groups are available

INTRAMURAL SPORTS 2023

(Tentative season schedule)

Basketball: Jan. – March

Soccer: June – Aug.

Volleyball: July – Sept.

Softball: Aug. – Oct.

Flag Football: Oct. – Dec.

SPORTS ORGANIZATIONS

- ▶ Bowling: Year-Round
- ▶ Rugby Football Club: Year-Round
Join the Incirlik Rugby group on Facebook for more information.
- ▶ Tennis: Year-Round
- ▶ Running Improvement Program: Year-Round

CAMPUS DINING

FSS implemented USAFE's first Campus Dining Program at Incirlik. This allows Airmen who live in the Dorms and receive Essential Station Messing (ESM), also known as a meal card, to not only eat at the two Dining Facilities (DFAC), but at other eateries on base, adding more choice in individual food offerings on base. This also means that Basic Allowance of Subsistence (BAS) recipients can pay for DFAC meals using touchless pay and credit/debit cards.

TITAN'S REFUGE

Titan's Refuge is USAFE's largest ministry center, hosted by the Chapel and located in Bldg. 970. This is an enjoyable environment with Airman-led happenings based on interests. Events like tabletop gaming, video game competitions, drawing and craft workshops, escape rooms, trivia nights, watching movies or hanging out in the game room aim to bring everyone together. Follow Titan's Refuge on Facebook at facebook.com/Titan-RefugeMinistryCenter.

USO INCIRLIK

A cozy, welcoming place is the Incirlik USO, where everyone is welcome to gather around home-made food, movie nights, gaming competitions, open mic nights or just lounge in a comfortable and fun environment with a full snack bar, WiFi, computers, TVs with gaming consoles, a pool table and air conditioning. It is a much needed taste of home. Stop by Patriot Village in Bldg. 7320 and follow them on Facebook at facebook.com/USOIncirlik or their website at incirlik.uso.org. ■

Guidance & SAFETY TIPS

INCIRLIK AB ANIMAL PRECAUTIONS

There are many critters on the installation, including feral dogs and cats. Per the 39 ABW commander, feeding, fostering and/or adopting of stray animals on the installation is strictly prohibited and punishable under the UCMJ for active duty and civilians alike.

It is essential that you do not interact with these animals because Türkiye is a high-risk area for rabies, which is fatal if left untreated. Transmission can come from dogs, cats, bats, raccoons, skunks and foxes. They shed the virus for three to seven days prior to showing any symptoms. Even if an animal appears healthy, it may not be the case and is never worth the risk. There is NO guarantee that rabies treatment will be available at the Military Treatment Facility (MTF) or hospitals off base.

Steps to take if you are bitten, scratched or make contact with the animal's saliva on open skin:

- Immediately wash the wound or contaminated area thoroughly with soap and water.
- Immediately seek medical care at the Clinic. Call 676-6666.
- Call the Civil Engineer Squadron (CES) at 676-7008 to report the stray animal that bit you.
- Call the Veterinary Clinic at 676-3119 for animal welfare concerns or if the animal that bit you is still present in the immediate area.

OPERATIONAL SECURITY (OPSEC)

- Be familiar with your Critical Information List in your unit.
- No outside photography around the base.
- Report suspicious activity to BDOC at 676-3200 or OSI at 676-6488.
- This is not a U.S. installation, so access controls are different. Secure your belongings in your home, vehicle and workplace. If you hire a housekeeper or have guests in your residence, this is especially important to keep in mind.
- Call the OPSEC Office for questions at 676-6693.

ANTI-TERRORISM

- Be vigilant for suspicious activity, such as small, unmanned aircraft systems (sUAS). Note a description and behavior of the sUAS and photograph it if it is possible without approaching it. If it crashes, alert bystanders to stay away and call the Base Defense Operations Center (BDOC) at 676-3200. Call Anti-Terrorism/Force Protection for questions at 676-6657.
- Sign up for the U.S. State Department's Smart Traveler Enrollment Program at step.state.gov/step to get travel advisory notifications.
- In the event of civil unrest, stay tuned to advisories in order to ensure personnel safety. ■



Explore TÜRKIYE

► Eat meals on the economy, attend local festivals and learn about Turkish traditions. Address the differences between life here versus back home but move conversations in a positive direction. You can gain an appreciation for diversity while exploring.

► Dining

- Some restaurants may not serve alcohol and pork due to Muslim religious practices.
- Tipping is generally around 10-15 percent of the bill, and if especially good service is received, 20 percent is appreciated. Leaving it on the table or adding it to the bill is fine.
- Complimentary tea or small pastries are sometimes served after a meal.
- Open containers of alcohol are prohibited on streets and sidewalks. Please keep open containers within businesses and residences.

► Shopping

- When you enter a store, you may be pressured to buy something. A good rule of thumb is to not enter unless you are prepared to purchase an item.
- Upon entering and being greeted by the shop owner, you may be offered Turkish tea as a sign of hospitality and friendship. There may also be instances where you will even be offered a small gift or food as their guest. It is suggested that you take the offer and thank them.
- It is typical to politely haggle for certain items, depending on the situation. For example, if the item does not have a price tag, or you know the price of comparable items,

you may be able to lower the price. If you agree to the price, it is considered binding.

- Do not give away or sell your items purchased at the BX.

► Driving

- Drivers in Türkiye may follow the traffic laws differently than what we're used to.
- Follow traffic laws and regulations as you would anywhere else in the world.

► When Out and About

- Give seats on crowded transportation to elders or others in need of a seat.
- Watch out for scams in urban areas, and always have situational awareness about you. Elicitation is common, including sextortion through online dating applications or flirting in-person. Always be cognizant of strangers' potential motivations.
- Religious professing is frowned upon culturally.
- The Turkish Penal Code makes it illegal to insult the President of Türkiye and you can be arrested by local police as a result. Additionally, you will see the great respect given to historical figures such as Mustafa Kemal Atatürk, the first president of Türkiye from 1923 to 1938. A good rule of thumb is to avoid controversial or political conversations or statements.
- If you are detained for any reason, present your "I am an American" card, then contact your chain of command and the Legal Office at 676-6800 (for Incirlik personnel).

ATTIRE

If you are off the installation, you may see that the local population dress differently than what we are used to due to local customs.

► Approved Attire

- Ball caps, beanies, visors
- Collared, casual or dress shirts that cover shoulders and midriff
- Sleeves that cover at least three inches from shoulder seam
- Skirts, dresses or shorts worn at or below the knee
- Jeans, slacks and capri pants (must not be frayed or torn)
- Running shoes, sneakers and dress shoes
- Flip-flops with leather or cloth straps, or wooden sole

► Always Remember

- Some may find it offensive for service members to wear traditional host-nation attire.
- Uniforms are not to be worn off installation.
- Clothing should be appropriate, neat, and conservative and without political or religious imagery or offensive logos or slogans. Know what you are wearing and what it translates to or represents before wearing it off base.
- Personnel should always carry their ID card, but never display it in plain sight.

► Ramadan

Ramadan is the ninth month of the Islamic lunar calendar. During this month, among other observations of their faith, some Muslims fast, which means they do not eat, drink or smoke from dawn until sunset. U.S. personnel are not obligated to fast. It is important to be aware and respectful of this observance, especially if you are off base. Please note that some restaurants, parks, stores and services may have different hours and may seat you away from a wide public view to eat.

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PHOTO COURTESY OF THE 39 FSS LIBRARY

USEFUL TURKISH PHRASES

Ready to learn Turkish? Local nationals will appreciate that you are attempting to speak their native language. Remember, practice makes perfect!

Hello	Merhaba
Welcome	Hoşgeldiniz (Formal)
Welcome	Hoşgeldin (Informal)
Glad to be here.....	Hoş bulduk
Good Morning.....	Günaydın
Good Evening.....	İyi akşamlar
Good Day.....	İyi günler
Please	Lütfen
Thank you.....	Teşekkürler
Thank you very much	çok teşekkür ederim
You're welcome.....	Rica ederim / Bir şey değil

What is your name?.....	Adın ne? (Informal)
What is your name?.....	Adınız nedir? (Formal)
My name is ____	Adım _____. (Informal)
My name is _____.	Benim adım _____. (Formal)
Nice to meet you.	Memnun oldum.
How are you?.....	Nasılsın? (Informal)
How are you?.....	Nasılsınız? (Formal)
Yes	Evet
No	Hayır
Excuse me (To get attention).....	Bakar mısınız? (Polite)
Excuse me (Begging pardon)	Afedersiniz
I'm sorry.....	Özür dilerim

Where is the toilet?.....	Tuvalet nerede?
I don't understand.....	Anlamıyorum / Anlamadım
Do you speak English?.....	İngilizce biliyor musunuz?

LEARNING THE LANGUAGE

Although the basics are great—nothing beats hearing the language spoken well. Make the most of your tour in Türkiye by trying to learn the language.

► Duo Lingo

For language learning (free and paid options).

► Google Lens

Translate in real-time to English using your phone camera.

► Google Translate App

This app allows you to translate typed or spoken language. Keep in mind that there are informal and formal phrases in the Turkish language, so there will be times when Google Translate does not distinguish between the two. It is a good idea to cross reference word choice with another credible source.

► Use the Library

DoD MWR Libraries offers Mango, an interactive program with more than 70 languages to learn. A quick verification of your eligibility at dodmwrlibraries.org and you can access 10 chapters of Turkish for free.

► Web Browser Translation

Desktop and mobile web browsers can be enabled to translate webpages in whole or in part. You may have to enable plug-ins, but apps like Google Chrome and Safari's TranslateMe provide this convenience when Turkish websites do not have language options.

► Education Center

Need an elective for your Community College of the Air Force (CCAF) associate degree or otherwise? Check the course schedules to take Turkish as a foreign language course.

► Conversational Turkish Language & Culture Course – Incirlik Library, Bldg. 1001 (Thursdays from 5:30 – 6:30 p.m.)

The Library provides a weekly culture and language class to get you comfortable being off the installation and having a basic conversation with the locals. For more information, contact the Library at 676-6759.

Conversions & HOLIDAYS

LENGTH

1 kilometer =	0.6 miles
1 meter =	3.3 feet
1 centimeter =	0.39 inches

WEATHER TEMPERATURE

°C	°F
-20	-4
-10	14
0	32
5	41
10	50
15	59
20	68
25	77
30	86
40	104
50	122
60	140

TÜRKIYE PUBLIC HOLIDAYS 2023

January 1
New Year's Day

April 21 – 23
Eid al-Fitr

April 23
National Sovereignty
and Children's Day

May 1
Labour Day

May 19
Commemoration of Atatürk,
Youth and Sports Day

June 28 – July 1
Eid al-Adha

July 15
Democracy and
National Unity Day

August 30
Victory Day

October 29
Republic Day

WOMEN'S SIZES

Shoes

US	EU
5	35-36
5.5	36
6	36-37
6.5	37
7	37-38
7.5	38
8	38-39
8.5	39
9	39-40
9.5	40
10	40-41
10.5	41

Dresses/Shirts/Pants

US	EU
2 (XS)	32
4 (XS/S)	34
6 (S)	36
8 (M)	38
10 (M)	40
12 (L)	42
14 (L-XL)	44
16 (XL/1X)	46
18 (1X-2X)	48-50
20 (2X)	50-52

Bras (Cups AA-E)

US	EU
32	70
34	75
36	80
38	85
40	90
42	95
44	100
46	105

MEN'S SIZES

Shoes

US	EU
8	41
8.5	42
9	43
10.5	44
11.5	45
12	46
13	47
14	48

Suits/Coats

US/UK	EU
36	46
38	48
40	50
42	52
44	54
46	56
48	58

Pants

Inches	CM
28	71
30	76
32	81
34	86
36	91
38	97
40	102

CHILDREN'S SIZES

Clothing

US	EU/UK
2T	92
3T	98
4	104
5	110
6	116
6X	122
7	128

Shoes

8	134
9	140
10	146
11	152
EU	US
11	28
12	30
13	31

1	32
2	33
3	34
4	36
5	37
6	38
7	39
8	40
9	41

INFANT SIZES

Clothing

US	EU/UK
NB	56
3 MO	62
6 MO	68
9 MO	74
12 MO	80
18 MO	86

Shoes

US	EU
0	15
1	16
2	17
3	18
4	19
5	20

6	22
7	23
8	24
9	25
10	27



GET TO KNOW

YOUR NEW HOME

TÜRKIYE

The Republic of Türkiye is the birthplace of many ancient civilizations and several of today's bustling metropolises. The world's food supply relies on Türkiye's fertile soil for items such as hazelnuts, fruit-bearing trees, wheat, barley and other fruits and vegetables. Most of the economic production, though, comes from manufacturing important goods such as car parts and electronics. The dramatic rolling landscape is breath-taking and full of variety in a land that is nearly the size of Texas and Louisiana combined. Forested mountains meet the Mediterranean and Black Seas surrounding the edges of the country, which gives the coastal regions a distinct climate from the interior. Central Anatolia sports a bright landscape that communities have called home for millennia, but is also a hub for winter sports with its four seasons.

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TOP 10 PLACES TO GO *in Türkiye*

By Kat Nickola

Whether you are passionate about history, inspired by the outdoors or excited by urban life, these top ten places to visit in Türkiye will make it a memorable assignment.

1. Istanbul

Yes, it was Constantinople, and before that it was Byzantium. Founded in the 7th century B.C.E. by Greek colonists, this eclectic city straddles the Bosphorus Strait and has been a cultural meeting point for centuries. Highlights include the Hagia Sophia Grand Mosque and the Blue Mosque across scenic Sultanahmet Square. Don't miss the Grand Bazaar whose maze of vendors easily occupies an entire shopping day. Then there is Topkapi Palace, this expansive Ottoman sultan's residence takes time to explore. Istanbul offers many more sites, but leave yourself time to enjoy some meze (small plate appetizers), try a borek (sweet and savory pastries) and sip some strong Turkish coffee.

2. Cappadocia

Experience this land of unique geology by staying in a Göreme cave hotel and enjoying the town's exotic nightlife. Tour decorated cave churches at the Göreme Open Air Museum or on a hike in Soğanlı Valley. Get a little lost among rock formations down Devrent and Love Valleys and explore the underground city tunnels in Derinkuyu or Kaymakli. Take a classic morning hot air balloon ride, then spend an afternoon tasting the local clay pot kebab and touring a vineyard before marveling at sunset over Rose Valley. In winter, try skiing on a stratovolcano at the Erciyes ski resort.

3. Ephesus

The UNESCO Heritage Site of Ephesus was built by ancient Greek colonists and later flourished as a Roman port city. Today, it is preserved as a massive open-air archaeological park where visitors can wander inside a neighborhood of terraced homes, see the famous two-story façade of the Celsus Library and visit the Temple of Artemis, one of the seven wonders of the ancient world. There are intricate details like mosaic floors and grand structures like the amphitheater. For more archaeological sites, check out the Greek city of Pergamon, the Hittite capital of Hattusa or neolithic Çatalhöyük.

4. Turquoise Coast

Often called the Turkish Riviera, the coastline of Antalya and Mugla provinces boasts 1000 km of cliffs, harbor towns, ancient sites and diverse beaches. It can be hard to choose where to go. Antalya is great for shopping, features a lively downtown, big sandy beaches and plenty of water sports. For something eco-focused, stay in Dalyan

continued on page 30

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with its Greek ruins, hot springs and access to the wild beach and sea turtle conservation area. Need more nightlife? Marmaris is known for its clubs, scenic harbor and boat trips to remote coves, while Kaş offers live music, cobblestone streets and proximity to the 18km-long Patara beach. Can't choose? Try a multi-day Blue Cruise from Fethiye in a traditional gulet sailboat to see it all.

5. Bursa

If there is one Turkish city that has something for everyone, it's Bursa. The central bazaar was an essential silk road waymark and is still a shopping paradise. Non-shoppers will enjoy exploring the historical hans, or Silk Road inns and trading centers, that have been around for 700 years. Bursa was the first Ottoman capital. Unique architecture from the Seljuk empire is on display at the Grand Mosque, built in 1399, and at the impressive sultan tombs. Nearby, wander around the cobble alleys and original wood-beamed Ottoman homes in the quaint village of Cumalıkızık. Take the Bursa Teleferik, one of the longest cable cars in the world, higher into the Uludağ Mountains for summer hikes and winter skiing.

6. Bodrum Peninsula

The Bodrum Peninsula is a haven of small upscale waterfront towns, local markets and leisurely boat trips. Going to Bodrum is about finding the perfect beach town to match your vibe. Looking for epic dining, hopping nightlife, history and plenty of excursions? Try Bodrum City, known as Halicarnassus in ancient times, this city has it all. Looking for nature and a relaxing beach for swimming? Stay in one of the numerous cove resorts near Torba, or try windsurfing in Gumbet. For high-end stays, see if you can keep up with the yacht crowd in Yalıkavak.

7. Izmir

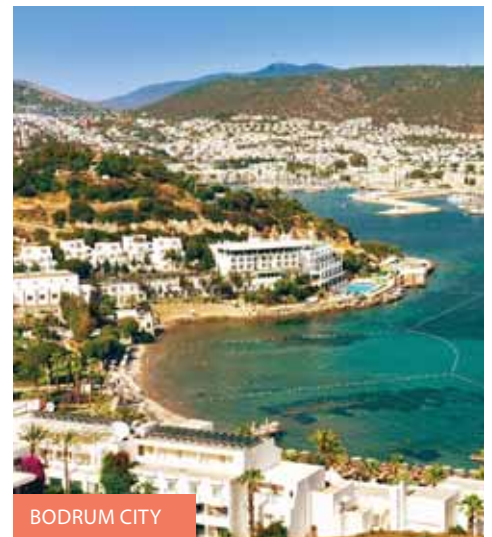
Historically known as Smyrna, Izmir is an active port city. Known for its shopping superiority, the Kemeralti Market has been around for 500 years. Its combination of open-air stalls and small shops make this massive bazaar district a maze of commerce. Visit the Agora Open Air Museum to wander the ruins of the original fourth-century marketplace. Later, enjoy fresh air and sunset views along Izmir's seafront promenade. For the



BURSA TELEFERIK



ISTANBUL



BODRUM CITY

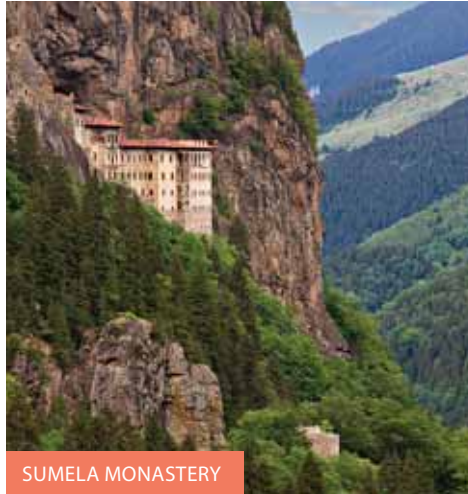


THE TURQUOISE COASTLINE OF ANTALYA



IZMIR CLOCK TOWER

©EFIRED/123RF.COM



SUMELA MONASTERY



CAPPADOCIA



PAMUKKALE



OLYMPUS

©BLLKCBS/123RF.COM

best views in town, ride up the Asansör, a free elevator built in 1907 to allow easy transport between markets at sea level and neighborhoods high on the hillside.

8. Olympos

Nestled within the Olympos Beydaglari National Park, the canyons around the ancient town of Olympos are an outdoor enthusiast's dream. Camp, stay in a treehouse or rent a cabin. Go rock climbing, SCUBA diving or paragliding. Hike to the eternal flames of Chimaera where burning underground gases escape through rock fissures. Explore the ruins of Olympos and its famous Temple of Hephaestus, god of forges. Or just swim and relax at the natural pebbly beach. Take adventuring a step further and hike part of the Lycian way, a 509 km long-distance trail that runs from Fethiye to Antalya. The wildest section of the trail runs through Olympos.

9. Pamukkale

The hot springs at Pamukkale deposit calcium bicarbonate from the surrounding limestone to form uniquely bright white terraces of travertine pools full of pale blue water. In antiquity, the Greek city of Hierapolis was built on part of the formation and is now an archaeological park. Today, the area is a UNESCO World Heritage Site, and the water is diverted into cleverly mimicked swimming pools to control human impact on the natural terraces. A marked boardwalk trail allows viewing of the original travertine. Nearby are the less-touristed Karahayit Red Mud Springs where hot water bubbles up and deposits iron-rich minerals.

10. Black Sea

The northern Black Sea coast of Türkiye is unique with its forests, misty mountains, lofty villages and Byzantine sites. Find a chalet in the Uzungöl valley with its alpine hikes and beautiful mountain lake town. Take a day trip to the Sumela monastery, precariously carved into a cliff. Visit Zilkale castle and you'll think you landed in the alps. If you'd rather be wandering cobblestone streets, eating seafood and relaxing at the beach, stay in a small town like Amasra with its castle walls, quaint market and scenic waterfront ideal for slow travel. ■

DIRECTORY

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 U.S. EMBASSY – ANKARA+90-312-455-5555
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TURKISH TRAFFIC POLICE

DSN: 155

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DSN	FROM U.S CELL
676-3200	90-322-316-3200

MENTAL HEALTH

DSN: 676-6452 After Hours: 676-6666

COMMAND POST

DSN: 676-9920 From U.S. Cell: +90-322-316-9920

ORGANIZATION	DSN	BLDG. #
728th Air Mobility Squadron	676-6001	
Airman Leadership School	676-1017	2715
Anti-Terrorism/Force Protection	676-6657	
Area Defense Counsel	676-6908	948
Email: Incirlik.afloa.adc@us.af.mil Whats App: +90 (549) 821-4511		
Auto Hobby Shop	676-6655	878
Base Exchange	676-6937	3595
Big City Bowl and Diner	676-6789	951
Career Assistance Advisor	676-1019	271
Chaplain	676-6441	971
After Hours (Command Post)	676-9920	
Civilian Personnel		833
Local National Personnel	676-6171	

ORGANIZATION	DSN	BLDG. #
NAF HRO U.S. Civilian	676-1529	
U.S. Civilian (GS)	676-6416	
Club Complex	676-6101	878
Command Post	676-9920	
Community Center	676-6966	1001
Commissary	676-3214	
Dining Facilities		
Sultan's Inn	676-6016	965
Patriot Village Café	676-3054	
Dorm Management	676-3080	
Education and Training	676-3211	1001
Emergency Management	676-8282	
Equal Opportunity	676-6210	
Email: 39abw.eo@us.af.mil EO Hotline: 1-888-231-4058		
Fabric Care Facility	676-8161	883
Finance (CPTS)	676-8114	833
Fire Prevention Office	676-3021	
FSS Command Section	676-3108	912
FSS Marketing	676-8411	912
FSS Manpower and Organization	676-3848	912
Fitness Centers		
Larger Than Life	676-1451	2712
Titan Fitness Center	676-6086	971
Fitness Assessment Cell	676-3343	2712
First Term Airman Center	676-1019	2715
Health Promotion	676-8256	
Hodja Lakes Golf Course	676-8995	8
Lakeside Café	676-6249	8
Inspector General	676-8448	833
Housing Management	676-6232	833
Legal Office/Judge Advocate	676-6800	833
Library	676-6759	1001
Lodging — Hodja Inn	676-9357	1081
Logistics Readiness Squadron		
IPE	676-1234	282
Gas Mask Fit/Bio Environmental	676-6305	
LRS Drivers (Official Travel)	676-6756	
Military & Family Readiness Center	676-6755	833

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Military and Family Life Counselor WhatsApp: +1-254-266-5861	676-3926	833
Military Personnel Flight Website: 39fss.com/mpf	676-3428	833
Movie Theater	676-6986	1001
NAF Accounting Office	676-8488	912
Official Document Center		
Customer Service	676-6301	977
Parcel Pickup	676-6301	977
Outbound Mail	676-7481	975
Office of Special Investigations (OSI)	676-6488	326
Operations Security (OPSEC)	676-6693	
Outdoor Recreation	676-6044	3975
Pass and ID (TURAF)	676-2511	2730
Pest Management	676-6460	
Postal Office (Outbound Mail)	676-7481	975
Postal Office (Parcel Pick Up)	676-6301	977
Police/BDOC	676-3200	
Professional Development Center	676-1019	2715
Public Affairs	676-6060	
Roadhouse Grill World Cuisine	676-8606	878
Shuttle Bus	676-6756	
Starbucks Coffee	0850-969-7826	878
Swimming Pool	676-3442	
Sexual Assault Response Coordinator	676-7272	
Traffic Mgt. Office/Household Goods	676-6030	833
Veterinarian	676-3119	
Violence Prevention Officer	676-0179	
USO Incirlik	676-2166	7320
Wing Safety	676-7233	

39TH MEDICAL GROUP

ORGANIZATION	DSN
Main Line	676-6666
ADAPT	676-6452
Benefits Advisor	676-6628
Dental	676-6104
Family Advocacy Program	676-6452
Flight Medicine	676-6768
Health Promotion	676-8256

ORGANIZATION	DSN
Immunizations	676-8254
Laboratory	676-6950
Mental Health	676-6452
Optometry	676-6159
Patient Advocate Email: usaf.incirlik.39-mdg.mbx.patient-adv@mail.mil	676-3989
Pharmacy Main Line	676-6581
Pharmacy Refill Line	676-1242
Physical Therapy	676-6700
PRP Office	676-8254
Public Health	676-6123
Representative	676-8763
Radiology	676-6168
TRICARE Office	676-8763/3373
WIC Office	676-1237

For additional information about the base, 39 ABW mission and current news visit the official website at incirlik.af.mil.

FACEBOOK PAGES FOR COMMUNITY INFORMATION

39 FSS Happenings
 Titans' Refuge Ministry Center
 Incirlik AB Health Promotion
 Incirlik AB Dorms
 Incirlik 5/6
 Incirlik Air Base Top 3
 Incirlik 411
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 Long Distance in Country: 0322 + 316 + FOUR DIGIT or
 99+0+CITY CODE+AREA CODE+7 DIGIT
 Long Distance Elsewhere: 99+00+COUNTRY+AREA CODE+7 DIGIT
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 99 + 001 + AREA CODE + SEVEN DIGIT
 Long Distance from the United States:
 011 + 90 + 322 + 316 + FOUR DIGIT
 Europe DSN: 94 + SEVEN DIGIT
 United States DSN: 94 + 312 + SEVEN DIGIT
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IZMIR

ORGANIZATION	DSN
425 ABS Command Section	675-6694
CSS	675-6704
BDOC	675-6771
Chaplain	675-6809
Housing Office	675-6756/6757
Library	675-6814
Medical Aid Station	675-6792
Military & Family Readiness Center Email: 425ABS.AFRC.1@us.af.mil	675-6638
Military & Family Life Counselor	0(538)035-5864
Postal Services	675-6831
Security Forces/Anti-Terrorism	675-6771
Traffic Mgt. Office/Household Goods	675-6729

DSN numbers listed. To convert to commercial and dial +90-232-455-XXXX (last four digits).

For updated information, visit incirlik.af.mil/Units/425th-Air-Base-Squadron or installations.militaryonesource.mil/military-installation/izmir-as

ANKARA

ORGANIZATION	DSN
717 ABS Command Section	672-7170
Chaplain	672-7168
Library	672-7162
Medical Information	672-7165
Postal Services	672-7171
Security Forces/Anti-Terrorism	672-7179
Traffic Mgt. Office/Household Goods	672-6926

DSN numbers listed. To convert to commercial and dial +90-312-422-XXXX (last four digits).

For updated information, visit incirlik.af.mil/Units/717th-Air-Base-Squadron.



USEFUL MOBILE APPS

39 FSS—Mobile app to keep up with Incirlik’s FSS recreation and support programs. Currently only available in the Apple Store.

AFN Go—Live radio streaming from all AFN stations, current gas prices and the exchange rate, plus a live traffic map worldwide.

AFN Now—TV streaming for live news, shows and movies.

DSN Europe—Phone number conversion to or from DSN numbers to commercial phone numbers.

Duo Lingo—For language learning (free and paid options).

Facetime—For communication with mobile data or Wi-Fi.

Facebook Messenger—For communication with mobile data or Wi-Fi.

Google Chat—For communication with mobile data or Wi-Fi.

Google Lens—Translate in real-time to English using your phone camera.

Google Translate—This app allows you to translate typed or spoken language. Keep in mind that there are informal and formal phrases in the Turkish language, so there will be times when Google Translate does not distinguish between the two. It is a good idea to cross reference word choice with another credible source.

Hero Care—From the American Red Cross, this app is used to initiate emergency notifications to or from a deployed service member, sign up for online or in-person deployment workshops for military families and apply online or over the phone for military emergency aid grants.

MilEd Benefits—From the Defense Activity for Non-Traditional Education Support (DANTES), the app outlines educational benefits for all active duty military branches and veterans.

MyCare Overseas—From TRICARE and International SOS, a medical hub for tracking referrals, medical coverage and country-specific information.

Skype—For communication with mobile data or Wi-Fi.

USAF Connect—Add your wing/installation page to your favorites so you can access local information, find phone numbers and information, access resources, check movie times and FSS happenings around the base, and so much more that keeps you connected with your community.

WhatsApp—For communication with mobile data or Wi-Fi.

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