

FREE

STARS  AND STRIPES[®]

MARCH 2021

WHAT'S UP

WHAT TO SEE | WHAT TO DO

BAVARIA

Jordaan:

Amsterdam's trendiest neighborhood

A weekend itinerary

for the Black Forest

And much more!

The Charm of the

NETHERLANDS





DROP OFF TAX SERVICE

GETTING YOUR REFUND IS MORE IMPORTANT THAN EVER.

We're here to help with your tax prep. Safely drop off your docs and go - with or without an appointment.

- ▶ Leave your docs with us.
- ▶ Your tax pro will call with any questions.
- ▶ Review and approve your return online.

Military tax expertise to get every deduction you deserve.



HRBLOCK.COM
800-HRBLOCK

ITIN ACCEPTANCE AGENT • EXPAT TAX SERVICE

**Questions?
Call us:**

Open Year-Round

BAMBERG

Zollner Str. 187
95052 Bamberg
Phone: 0951-7000899
rosie.short@hrblock.com

VILSECK

Ambergerstr. 1
92249 Vilseck
Phone: 09662-701339
jorellano@hrblock.com

GRAFENWOEHR AAFES

AAFES Shopping Mall
Seasonal Office
Phone: 0173-573-6112
jorellano@hrblock.com

VILSECK AAFES

AAFES Shopping Mall
Seasonal Office
Phone 0152-520-68935
jorellano@hrblock.com



WHAT'S UP

A Stars and Stripes Community Publication

COMMANDER

MARCI A. HOFFMAN, Lt Col, USAF

BUSINESS OPERATIONS

MANAGER EUROPE

CAROLINE MILLER

**PUBLISHING & MEDIA DESIGN,
DIRECTOR**

MARIE WOODS

WRITER-EDITOR

MARY DEL ROSARIO, ANNA BAGIACKAS

GRAPHIC ARTISTS

CARRIE FARRELL, DANIELA GAMMON,
LAURA HERSH

ENGAGEMENT MANAGER

KAREN LEWIS

MARKETING COORDINATOR

REMY JOHNSON

**MULTIMEDIA ADVERTISING,
MANAGER**

DOUG DOUGHERTY

**MULTIMEDIA ADVERTISING,
CONSULTANTS**

SEAN ADAMS, HEIDI BAYFIELD,
NATE JAMISON, TOM KEYS,
CLAUDIA STIER, JEFF TEESELINK

ADVERTISING COORDINATOR

AL GREEN

COVER DESIGN BY

LAURA HERSH

ADVERTISING OFFICE

Unit 29480, APO, AE 09211

Postfach 1980, 67607

Kaiserslautern, Germany

+49(0)631-3615-9000

or email: dougherty.doug@stripes.com

CONTACT US:

Telephone: +49 (0) 0631-3615-9111

or DSN: 314-583-9111

Email: memberservices@stripes.com

Visit our website for more information

at www.StripesEurope.com

TO ADVERTISE CONTACT:



TOM KEYS

BAVARIA MULTIMEDIA CONSULTANT

keys.tom@stripes.com

TEL: 0172-670-7342

Unlimited Digital Access

INTRO OFFER!

FOUR WEEKS Web + Mobile

ONLY
99¢

Stars and Stripes content features

- Access to Stars and Stripes mobile apps
- Exclusive reports on military matters
- Coverage of all military branches
- Special features on current issues
- Veterans topics
- Retrospectives such as Vietnam at 50
- Archive Photo of the Day
- Unbiased, First Amendment protected reporting from U.S. military bases around the world.

stripes.com/subscribe

LOVELY LICORICE

By Karen Bradbury

LicoriceFact

The licorice plant is native to Asia and Southern Europe, and it grows usually in the wild. If you ever come across one of these plants, you will marvel at the beauty of its blue and purple flowers and its height of 1.5 meters.

Brussels sprouts. Flip-flops. Starbucks pumpkin lattes. There are many things in life that people either loathe or adore, with seldom seen an opinion in-between. When it comes to the snacking world, there's one treat that polarizes like no other. Licorice. Are you a lover or a hater?

Personally, I happen to adore the stuff, and the stronger the better. I can trace the start of my licorice addiction back some two decades ago, when I was living and working in Denmark. Perhaps enticed by the large neon advertisement I used to cycle past in Copenhagen's main square, I fell into the habit of buying boxes of a breath-freshening gumdrop type of licorice named Ga-Jol. "Danish Weather is Ga-Jol Weather," the huge, unmissable sign proclaimed. And certainly, some kind of a pick-me-up on the endless gray and blustery days of winter was called for.

As it goes with many addictions, I found myself craving the black stuff all the more often and in ever-increasing strength. The Danish fondness for licorice meant it was readily available. Soon enough I was sucking down "Turkish Pepper," a licorice bonbon filled with a substance called Salmiak, which is ammonium chloride. Such strong candies, which sometimes come in packages bearing the risqué-sounding warning "for adults only," start off sweet and innocently enough, but mid-way through, you hit a substance that feels like you've inhaled a hit of bleach or ultra-strong cleaning agent.

In my travels throughout northern Europe, it became apparent that Danes aren't the only Scandinavians with a fondness for licorice. The Swedes seem to love theirs with more of a salty than sweet kick, and the Finns are such fans that consumers have organized a fan club. Another land in which licorice lovers are spoiled for choice is the Netherlands. The Dutch variety delights with its profusion of fun shapes from cars to toy soldiers and a brown variety with a taste unto its own.

In my present home base of Germany, I continue to indulge in this form of black gold. An open bag of Katje's Salzige Herringe (Salty Herring) quickly becomes an empty bag. Katzen-Pfötchen (Cat Paws) are soft and mild, and their distinctive orange and black packaging always reminds me of Halloween. And the individually wrapped "Salitos" are wonderful for strewing about in coat pockets and rediscovering while out hiking or cycling.

Where do you stand on the licorice divide? ■

KFZ-Rupprecht



MR

all car brands

YOUR ALLROUND-SERVICE

IN GRAFENWOEHR

OUR SERVICES

- ▶ Inspections
- ▶ Service (without losing Manufacturer warranty)
- ▶ Tire Service
- ▶ Air Conditioning Service
- ▶ Engine Diagnostic & Repair

- ▶ Parts Sale
- ▶ Glass Repair
- ▶ Body Repair
- ▶ Tuning
- ... and a lot more!

Hours:

Mon-Thu: 7:30 am - noon
12:45 - 6 pm
Fri: 7:30 am - noon
12:45 - 5 pm
Sat: 9 am - noon

Interested? Come and visit us!

Beim Flugplatz 14 ▶ 92655 Grafenwöhr
Tel. 09641/9290909



PAINT SHOP

We paint all
(incl. Special Paint
& Car foiling)



ACCIDENT?

No problem –
We help you!



Natterer

Paint & Body Specialists

YOUR EXPERTS FOR:

- Body & Paint
- Brake and exhaust
- Winter and holidays prep
- Windshield & Car Glass
- Accident damage repair
- Vehicle inspection
- Towing and Rental Service

From drab to fab!

CHANGE YOUR **DULL CAR**
INTO A **HEAD TURNER.**

VAT forms accepted

Oskar-von-Miller-Str. 22
92637 Weiden

Tel: 0961-670780
www.auto-natterer.de





GERMANY'S HIGHLIGHT

Triberg

By Anna Leigh Bagiackas

Whether you're doing a deep dive into the Black Forest (Schwarzwald) or you only have time for a quick weekend trip, Triberg will give you the quintessential Black Forest experience. Located one and a half hours south of the larger spa town of Baden-Baden, Triberg is tucked away in the iconic German forest that the Romans considered mysterious and uninhabitable, giving it its name: Black Forest. But with so many places to explore in this area, why Triberg?



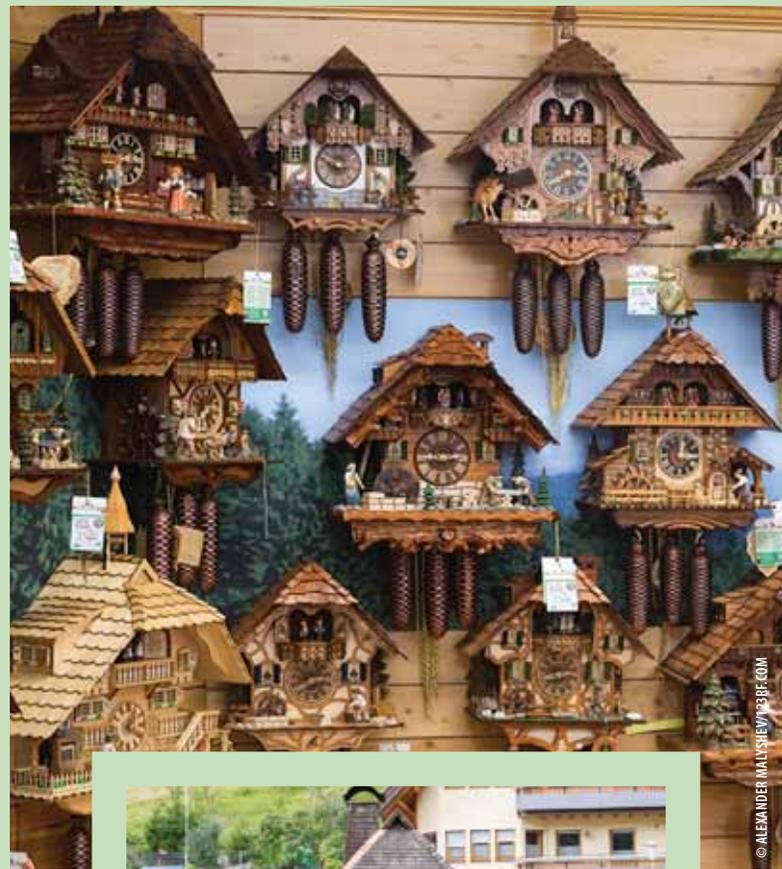


WHETHER YOU'RE DOING A DEEP DIVE INTO THE BLACK FOREST (SCHWARZWALD) OR YOU ONLY HAVE TIME FOR A QUICK WEEKEND TRIP, TRIBERG WILL GIVE YOU THE QUINTESSENTIAL BLACK FOREST EXPERIENCE.

Triberger Falls and the great outdoors

It is safe to say that Triberg is most well-known for the waterfall Triberger Falls. These are the highest accessible falls in Germany, evidenced by the fact that you can easily walk to the main entrance of the falls from the city center. There are four additional entrances you can explore for different views and experiences. Speaking of views, evenings in Triberg offer a lovely sight of the falls lit up in different colors and patterns.

After you've explored the rolling falls, more adventure is in order at the Burggarten, where you can see remains of the castle and its garden. From April to October you could test your adrenaline on the High Level Rope Course. The tower of "Stöcklewald" allows you to climb up to the observation deck for beautiful views, where you can then sit and relax for a quick break, with a side of coffee and cake. For those wanting to take their exploring off their own feet, hop on the Schwarzwaldbahn, the famous mountain railway through the forest that was lauded as an engineering feat when it was finished in 1873. Throughout the year, special rides are organized for tourists, photographers and others wanting a more in-depth historical experience. Last but not least, a trip to the Nature Discovery Park is another option to get your kids out and about in this world-renown forest.



Cuckoo clocks

A trip to the Black Forest is not complete without a little cuckoo clock fun, or in this case, some very big cuckoo clock fun. Triberg can happily claim home to the largest and smallest cuckoo clocks in the world! The world's largest cuckoo clock contains a bird that is 330 pounds and 14 feet long, and the smallest clock will fit in the palm of your hand. There are a number of shops worth visiting to learn more about the history and craft of cuckoo clocks, including the House of 1,000 Clocks, where you will find the charming Tribear Family welcoming you in.

Triberg essentials

A few other must-sees (and must-eats) include visiting the Black Forest Museum to learn of the region's history and traditions, and the Pilgrimage Church (Wallfahrtskirche). This idyllic looking forest church was named for Mary or "Maria in der Tanne" after the water nearby was said to perform two healing miracles.

For those must-eats, the quintessential Black Forest Cake (Schwarzwälder Kirschtorte) can be found at almost any bakery in town and for those looking for something uniquely savory, try the town's version of Black Forest Ham, the Triberg Spruce Ham (Triberger Fichtenschinken)—you could even visit for the Ham Festival! ■

TRAVEL INSPIRATION

The Charm of the **NETHERLANDS**

By Stacy Roman





It's easy to try to wrap the Netherlands into a neat and tidy package. The glitzy chaos of Amsterdam's bicycle-filled streets and boat-lined canals often encompass the image of the country. If you venture out of the capitol, you'll discover grassy marshlands filled with cycling trails and swaths of brilliant tulip fields extending as far as the eye can see. Bustling metropolises dating back to the Stone Age with urban centers rebuilt with modern edginess dot the landscape. While the country may be small, it's brimming with charisma and just waiting for you to discover.



ROTTERDAM



MASSTRICHT

While the country may be small, it's brimming with charisma and just waiting for you to discover.

Amsterdam

The capital city is an eclectic hodgepodge of history, art and culture. Colorful gabled houses lean precariously into each other along the tree-lined waterways. The clanging bells of bicycles whizzing past create a melody you won't soon forget. The complex narrative of the city can be told through historical institutions such as the Van Gogh Museum and Rijksmuseum. There are plenty of cafes to sample Dutch delicacies such as "bitterballen," a deep-fried meatball and "poffertjes," which are mini pancakes.

Outside the city limits, you'll find a vivid kaleidoscope of tulips and flowers. Accounting for more than two-thirds of the global floral trade, the blooms are best seen from March through May. Gardens such as Keukenhof offer walking trails through more than 7 million blooming flowers. For a different vantage point, hop on a bike and head to the fields in Flevoland or Kop van Noord-Holland. Just be sure to ask before you walk through the working farms.

The Hague

Situated along the southern North Sea coastline is a powerful political stronghold. Den Haag—The Hague—is the beating heart of the Dutch government as well as the international arm of justice

for the United Nations. The Hague is also home to the Dutch royal family, King Willem-Alexander and Queen Maxima. With so much global influence, the city offers an impressive array of museums, architecture and nightlife.

Rotterdam

Just south of The Hague is the second most-populous city in The Netherlands. Rather than return to the past, Rotterdam chose to rebuild from the devastation of World War II using modern and nouveau designs. The result is a spectacular skyline of towers and bridges, including the horseshoe shaped Markthall, the Erasmusbrug connecting the city to the north and south and the Cube Houses in the city center which are actual livable spaces.

Eindhoven

Bursting with innovation, Eindhoven is full of surprises. Nestled in the southeast corner of the Netherlands, this city has a long, industrious history. Electronics giant Philips was founded in 1891 and left an indelible mark which can be seen at the fascinating Philips Museum. Innovation can be felt throughout the city, including through the favored pastime of cycling. The Hovenring is the world's first suspended circular cycling round-



about connecting the different districts. Aspiring designers compete at the annual Dutch Design Week and the city celebrates its self-designated moniker, “City of Light,” during the weeklong Glow Eindhoven festival.

Maastricht

Straddling the Maas (Meuse) River along the Belgian border in the southernmost region, Maastricht is one of the oldest cities in the Netherlands. Traversing through the cobblestoned streets, you’ll find Roman ruins within the Hotel Derlon and remnants of towers and a bridge from the Middle Ages. Go beneath the surface and check out the maze of underground caves which were used as forts and shelter during wartime.

Nijmegen

Near the central German border, Nijmegen bore witness to the onslaught of fighting during WWII. In 1944, the city fell victim to an accidental U.S. bombing raid. Later that same year, the Allies were tasked to capture strongholds along the Rhine River in the doomed Operation Market Garden. After the war, the town rebuilt and embraced its history. Visitors to Nijmegen can visit the Freedom Museum which provides a unique perspective of the war from both sides. During the summer, endurance athletes

test their limits during the Viersdaagse. This four-day march covers distances between 30 and 50 kilometers through beautiful Dutch landscape.

Groningen

Filled with old-world charm, including the towering spire of the Martinitoren (which houses the oldest clock in the city), Groningen is home to the youngest demographic in the Netherlands. This northern metropolis is arguably the epicenter of Dutch cycling. With flat terrain and a vast network of cycle paths, it’s a great way to see the surrounding countryside. Closed off to vehicle traffic, the city center offers plenty of independent coffee brewers. Rest your legs and enjoy a sugary “stroopwafel” filled with caramel or syrupy goodness and a steaming mug of coffee.

With warm smiles and a welcoming culture, the Netherlands has embraced the notion of combining its tumultuous history with modern flair to create a fascinating and charming place to visit. ■



Up Close and Personal *with* Jordaan

by Mary Del Rosario

When you think of Amsterdam, I'm sure the first few images that come to mind are: canals (to include the houses), cheese, Anne Frank, coffee shops, the Red-Light District and quaint architecture. A majority of these images can be found in Jordaan, Amsterdam's trendiest neighborhood, so let's zoom in on this area a little closer.



What to Do

Jordaan's Prinsengracht is one of the liveliest and most beautiful canals in Amsterdam. The most popular site in this canal is the Anne Frank House. Located on Prinsengracht 263, this infamous house not only physically shows you where the young Jewish girl spent her days hiding from the Nazis, but also captures how it felt to be Jewish during this time. You're sure to have a hair-raising experience. It's best to book tickets in advance online as you can be waiting in line for hours without one. Other popular sites and activities in this area include the Dam Square, the Rijksmuseum, renting a bike and, of course, cruising down the river via a canal cruise.

While weaving in and out of the charming, yet overwhelming streets in Jordaan, be sure to look out for "Wolvenstraat 9." This street is part of "The 9 Streets," a conglomerate of nine charming streets with an explosion of trendy—and sometimes pricey—shops and restaurants. For those who love to shop for home decor, I recommend DR Wonen, a home and lifestyle brand. I purchased the chicest ceramic bowls there, and to this day, love eating my oatmeal in these bowls. However, there are a ton of boutiques and clothing stores here, so the only problem you'll have is deciding where to browse first.

If you're more into the market scene, type in Westerstraat on Google Maps. Just a six-minute walk from the Anne Frank House, Westerstraat holds one of the biggest markets in Jordaan. Here, you'll be able to peruse through many stands selling shoes, spices, trinkets and textiles. Tip: If you're a foodie, I suggest heading down to the Noordermarkt, which is part flea-market, part farmer's market. This market is open on Saturday mornings.



Good Eats

I think it's safe to say that one of my favorite activities to do while exploring the streets in Jordaan was searching for restaurants, which was an easy feat. Below are some of my top picks of where to nosh.

- » **Piqniq**—A trendy cafe serving fresh sandwiches, smoothies, waffles and eggs. I highly recommend the warm waffle topped with mascarpone and fresh strawberries.
- » **VISSER Amsterdam**—I'm still drooling over their steak sandwich.
- » **The Good Companion**—If you're missing seafood, this is the restaurant you need to make reservations for.
- » **Winkel 43**—Because they have the best apple pie my tastebuds have ever experienced.
- » **Amigo Argentijns**—Don't know what to order? Try the Argentinian T-bone churrasco.
- » **Vesper Bar**—Perhaps the trendiest bar in Jordaan. I'd go back in a heartbeat to try their cocktail called "Pandanic." Maybe it's inspired from the pandemic?
- » **Bar Oldenhof**—The dark and atmospheric ambiance alone will make you want to stay here all night. ■

explore
BEACHES

discover
CRUISES

and
MORE!



AVAILABLE STARTING
MARCH 19TH

Get your free copy at your installation's Commissary, BX and Shoppette

STARS  AND STRIPES[®]

48 HOURS *in the* Black Forest

Southwest Germany is home to the famed Black Forest, the perfect place to get an elaborate cuckoo clock and go on an outdoor adventure. With its winding rivers, picturesque lakes, half-timbered houses and quaint villages, the Black Forest is nothing short of extraordinary. It's so magical that the Brothers Grimm fairy tales are said to have been inspired by this area!

The luxurious scene

If you want to visit a city in the Black Forest, Baden-Baden is a great stop for your first day. This 19th-century city is nestled in a valley and home to thermal baths and stunning Belle Époque-era architecture. Any of the local spas are incredible and offer serious pampering, but Caracalla Spa is one of the most popular options.

Outdoor adventures

Other activities in Baden-Baden include golf, tennis and hiking. There is also a casino, Hohenbaden Castle and ruins of Roman baths. If you like gardens, be sure to stop by Gönneranlage rose garden, which features over 400 varieties of flowers that bloom from May to October. Take a stroll down Sophienstrasse for a little high-end shopping or stop at Gasthaus Löwenbräu beer garden for a drink and people watching while in the city.

If you love a good waterfall and a hike to boot, the Triberg Waterfall is perfect for the second day of your adventure. It is Germany's highest waterfall, pouring 535 feet off of a mountain slope into the valley. The waterfall is easy to access from the city center and you can go on a 6.5 mile intermediate hike around the area on the Triberger Wasserfälle trail. Check out the Black Forest Museum by the lower entrance to the waterfalls before you leave.

What to buy

Surely no trip to the Black Forest is complete without visiting the German Clock Museum in Furtwangen, just 20 minutes from Triberg. Visit the museum to learn more about the history, art and technology that go into timekeeping. Here you'll find over 8,000 items to admire. There are also timepieces and other instruments of clock making. Purchase an elaborate cuckoo clock while in the Black Forest or just admire the intricate craftsmanship that goes into each clock.

There's so much to do in the Black Forest that it's hard to narrow it down to just two days of fun. No matter what you decide to do, be it hiking, exploring the city or museum touring, you're sure to have an incredible adventure. Get out and get moving in Germany's Black Forest! ■



SHIP/MAIL



Worldwide Shipping Agency

PCS Without Stress!
Ship Cars/Containers
to/from USA

Hours: Monday-Saturday 9am-9pm
For a free rate request, please email us at:
info@worldwide-ship.de

Call 0800-5226274 or
0800-WSA-SHIP (972-7447)

Fragil

MOTORCYCLES



BMW MOTORRAD

Dexheimer
MILITARYSALES ☎ 0631-36190811

www.motorradsale24.de/military-sales

TRAVEL



Worldwide Pet Shipping

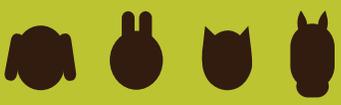
- ▲ Daily departures
- ▲ Pick-up Service

PetAir takes care
Frankfurt-Airport
Ph. 069-690-71915

www.petair.de

PETAIR ...takes care

ANIMAL SERVICES



24/7 Available for Emergencies

Dr. med. vet. Hans Weigl veterinarian

Freihunger Str. 8
92708 Mantel

Office hours:
Mon, Tue, Thu, Fri
4.00 pm – 6.00 pm
further appointments on request

How to find us:
at the crossroads of
Grafenwöhr-Hütten-Weiden
and Vilseck-Freihung-Weiden

phone
09605 / 8715
mobile
0179 / 4665218

MEDICAL SERVICES:

- vaccinations
- microchip-implantation
- issuance of health certificates for travel
- health exams
- laboratory diagnostic evaluations
- canine and feline spays
- neuters
- dentals
- consultancies animal welfare and international transport
- emergencies

LAW OFFICES



BECKER & CO

U.S. & GERMAN ATTORNEYS

U.S. & GERMAN DIVORCES • SUPPORT ISSUES • EEO
WILLS & PROBATE • EMPLOYMENT • PERSONAL INJURY
MSPB • CONTRACTOR ISSUES • TAX ADVISORS

FULL SERVICE LAW & TAX FIRM
Call 069 - 299 - 2069 - 0
maiss@b-co.legal www.b-co.com

HOTELS

www.hotel-villa-vilseck.de

Hotel Villa

Just 3 Minutes from Rose Barracks
Amberger Str. 9 92249 Vilseck
E-Mail: hotel-villa@email.de
Tel.: +49 (0) 9662/42070



- ◆ Free WiFi
- ◆ Restaurant(Guest Only)
- ◆ Homemade German Cuisine
- ◆ Breakfast and Special Meals (reservation only)
- ◆ Bar opens at 1600
- ◆ Private Party Room

ANIMAL SERVICES



Veterinary Clinic Kuke



No Appointment Necessary on:
Mon, Wed, Fri 4pm to 6pm
Tus & Thurs 11:00am to Noon
Sat 9:00am to 10:00am

Available for Emergencies 24/7
Please call ahead of your arrival

We Speak English
All Paperwork in English

Accept VAT Forms • Accept Visa
and MasterCard

PCS'ing Back To The States?
We will prepare all health
certificates for your return home



VETERINARY CARE

Industriegebiet Döllnitz 12
92690 Pressath
Phone: 09644 6890404
info@tierarztpraxis-kueke.de

STARS AND STRIPES.

Month^{of}_{the} Military Child

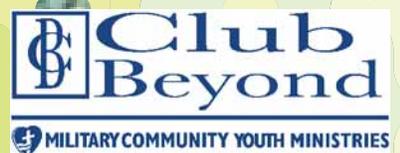
Let's Celebrate by Sharing Your Story!

Submit Today: militarychild.stripes.com

What's Your Story?

Stories will be...

- Featured on our website, militarychild.stripes.com.
- Printed in Stars and Stripes and Pacific community papers.



SHIP/MAIL



Trans Global
LOGISTICS EUROPE GMBH

- International Shipping
- Import & Export
- Inland trucking (U.S. & Europe)
- Door to door pick-up/delivery service
- Customs clearance
- All Risk Marine Insurance
- Auto Insurance (Germany only)

VEHICLE SHIPPING SERVICES!



GERMANY
 Phone: +49 (0) 6134-58444-0
 Toll-Free: 0800-CARSHIP (Germany only)
 E-Mail: info@transglobal-logistics.de
 Web: www.transglobal-logistics.de

UNITED KINGDOM
 +44 (0)1638-515714
 enquiries@carshipuk.co.uk
 www.carshipuk.co.uk

U.S.A
 +1-972-602-1670
 +1-800-264-8167 (US only)
 info@tgal.us
 www.tgal.us

For 2nd POV Shipments - Offices / Agencies near Military Installations

AUTOMOTIVE

**ENGLISH
SPEAKING
OWNER AND STAFF
AVAILABLE!**



**WSA
Shipping
Agency**
 Local Agent for
 Hohenfels,
 Vilseck and
 Grafenwoehr.
 Shipping from
 and to the
 United States



- US SPECIFICATION VEHICLES
- SCHEDULED MAINTENANCE
- CLAIMS ESTIMATES & REPAIRS
- WARRANTY WORK
- PAINT & BODY WORK
- TOWING SERVICE
- AIR CONDITIONING SERVICE
- TIRES & 4-WHEEL ALIGNMENT
- AUTHORIZED AMERICAN FORD SERVICE PARTNER
- OFFICIAL USAA REPAIR FACILITY

**We accept VAT forms
and most credit cards.**

www.ford-segerer.de

Opening Hours:

Monday - Friday
8 am - 6 pm
Saturday
8 am - 12 pm

Autohaus Segerer GmbH
 Am Anger 2 · 92287 Schmidmühlen
 Phone +49 - 9474 - 951 79 40
 Fax +49 - 9474 - 8314
 Mobile +49 - 170 - 33 15 118
 Email info@ford-segerer.de





**CHECK
US OUT!**

TAKEOUT

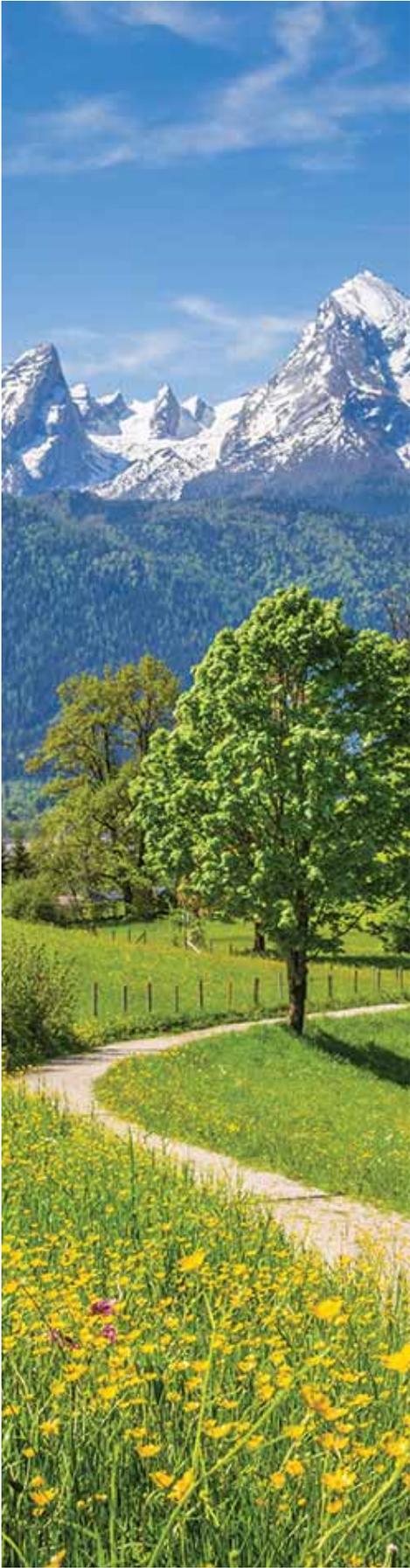
at Family & MWR Cafés:



For more information visit us at
GRAFENWOEHR.ARMYMWR.COM
HOHENFELS.ARMYMWR.COM

**SCAN FOR
FULL MENUS!**





SERVICES

RIGHT IN
THE OLD TOWN
OF REGENSBURG!

SUPPORTED LANGUAGES:
GERMAN & ENGLISH



Facial Plastic Surgery | ORL



Mayo Clinic Trained and US double Board Certified Surgeon

Nose Surgery - Face Lift - Hair Restoration Botox - Lasers - HA Fillers



Holger G. Gassner, MD

- Mayo Clinic Trained ORL / Head and Neck Surgeon
- Double Board Certified Facial Plastic Surgeon (ABOTO, ABFPRS)
- US Medical License



Sinthya Pineda, R.N.*

- Hair Transplantation Technologist (USA)
- 8 years at top centers in NYC and Miami

Finesse Center for Facial Plastic Surgery
 Froehliche-Tuerken-Strasse 8 | 93047 Regensburg
 info@finesse.center | 0941 586 50 - 555

www.DrGassner.com

ENTERTAINMENT



Tiergarten Nürnberg

www.tiergarten.nuernberg.de

**COME SEE OUR
STARS AND STRIPES!**



NÜRNBERG



OUR HONOR
TO SERVE YOU

Grafenwoehr
EXCHANGE™
shopmyexchange.com

EVERYDAY BENEFIT YOU GET
10% OFF
ON YOUR RESTAURANT PURCHASE
WITH YOUR MILITARY STAR® CARD

EARN DOUBLE REWARD POINTS WHEN
YOU USE YOUR MILITARY STAR® CARD



Grafenwoehr
EXCHANGE™
shopmyexchange.com

TOWER BARRACKS MAIN STORE
Monday-Saturday: 0900 to 2000
Sunday: 1000 to 1800

myexchangefood.com

APPLY NOW
Save 10%
on your first days
purchases and start
receiving points today!

Available at Army and Air Force Exchange Service
and other participating facilities. Rewards exclude
Military Clothing Line of Credit.



BAVARIA

Join our facebook page

www.facebook.com/GrafenwoehrExchange