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QUALIFIER

JUNE 1

AZMY TEN-MILER

AUSA * KBR

CHECK-IN: 6-7:30 a.m.

RUNNERS MEETING: 7:30 a.m.

Mandatory runner safety briefing. **OPENING REMARKS:** 7:55 a.m.

RUN START: 8 a.m.

The top five male and female active-duty Army qualifiers will represent USAREUR at the Army 10 Miler in Washington, D.C. Minimum qualifying times for men 69:59 and for women 89:59.

Open to U.S. ID card holders 18+ (out of high school). ID card check before race. Only Active Duty Soldiers can qualify for the USAREUR Ten Miler team and division/team/individual awards.

REGISTRATION:



SCAN TO PRE-REGISTER ONLINE & FOR MORE INFORMATION!

April 15 - May 31, 2024 **No Day of Registration**

ON-SITE REGISTRATION:

May 31, 8 a.m. - 5 p.m. USAG Bavaria Tower Barracks Physical Fitness Center, B170

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COMMANDER

Katie R. Fidler, LTC, U.S. Army

BUSINESS OPERATIONS MANAGER

John Rodriguez

PUBLISHING & MEDIA DESIGN, MANAGER

Carrie Farrell

WRITER-EDITORS

Tamala Malerk, Kat Nickola, Katie Wells

GRAPHIC ARTISTS

Amanda DeHart, Ryyan Joye

ENGAGEMENT MANAGER

Leah Geier

MARKETING COORDINATOR

Kristen Thoennes

MARKETING ASSISTANT

Al Green

MULTIMEDIA ADVERTISING, MANAGER

Doug Dougherty

MULTIMEDIA ADVERTISING, CONSULTANTS

Sean Adams, Heidi Bayfield, Kandace Blevin, Nate Jamison, Capri Roe, Jeff Teeselink

ADMINISTRATIVE ASSISTANT

Danny Padro

ADVERTISING OFFICE

Unit 29480, APO, AE 09211 Postfach 1980, 67607 Kaiserslautern, Germany +49 (0) 152-5672-5020

COVER DESIGN BY

Ryyan Joye

PHOTO CREDIT

Bethany Walk

Washington Office

PUBLISHER

Max D. Lederer, Jr.

CHIEF OPERATIONS OFFICER

Laura Law

REVENUE DIRECTOR

Scott Foley

ENGAGEMENT DIRECTOR

Chris Verigan

PUBLISHING & MEDIA DESIGN, DIRECTOR

Marie Woods

— TO ADVERTISE CONTACT: —



CAPRI ROE

BAVARIA MULTIMEDIA CONSULTANT roe.capri@stripes.com **TEL:** 0172-670-7342

CONTACT US:

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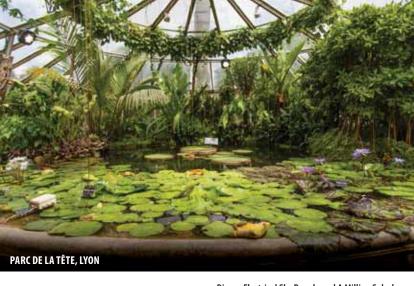
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GERMANY

Family Sunday | Stuttgart | Sundays, Open Year Round Miniature Wonderland | Hamburg | Open Year Round

HEAVYSAURUS: The Dino Rock Band | Concerts across Germany throughout the year

This popular rock band plays kid-friendly heavy metal, and the concerts are decibel-controlled to protect their audience's ears. Though the songs are in German, the topics are universal: UFOs, chewing gum, treasure, goblins, milk shakes and, of course, dinosaurs.

The Big Meeting: Fantasy Festival | Aach am Bodensee Aug. 9-11

Museum Embankment Festival | Frankfurt | Aug. 23-25 LEGOLAND® | Günzburg | Until Nov. 3

HALLOWinter at Europa Park | Rust | Nov. 4-29

Head over to Europa Park for this two-seasons-in one special. Enjoy ghoulish good times alongside a winter wonderland. This is perfect for families who are not ready to give up on the Halloween fun for Christmas adventures.

Nicholas in Wilhelma | Stuttgart | Dec. 8

FRANCE

ZooParc de Beauval | St. Aignan | Open Year Round

Parc de la Tête | Lyon | Open Year Round

There is so much fun here for the entire family. Explore the Forest of Asia, the Lyon Zoo, the lizard train, the small and big carousels, water activities on the lake, mini boats and mini go-karting, pedal quads, swings and so much more.

Robin's Forest, "Archery Differently" Soulac & Montalivet | Open Year Round

Du Prem Alpaca Farm | Maleville | Open Year Round-Closed on Sundays

International Animated Film Festival | Annecy June 9 to June 15

Pyrotechnic Art Festival | Cannes | Various dates July 14-Aug. 24

The MiMa - Puppet Art Festival | Mirepoix | Aug. 1-4

Disney Electrical Sky Parade and A Million Splashes of Color | Disneyland Paris | Until Sept. 30

IRELAND AND THE U.K.

Stonebridge City Farm Nottingham | Open Year Round

The farm is free for all visitors and there is no need to make a reservation. Go see the cows, sheep, ponies, meerkats, pigs, barn animals and more. Check out the award-winning garden and play in the play area. They have a café and shop onsite so you can eat lunch (or pack your own picnic).

AirHop Trampoline Park | Guilford | Open Year Round

Disney's Aladdin | Bristol | July 10-Aug.11

Madagascar: The Musical | Touring throughout the U.K. Until Aug. 10

The Yorkshire Wartime Experience | Yorkshire Aug. 9-11

Puck Fair: Ireland's Oldest Festival | Killorglin Aug. 10-12

Bluey's Big Play | Bristol | Aug. 15-18

Peppa Pig's Fun Day Out | Touring throughout the U.K. Until Oct. 26

101 Dalmatians: The Musical | Edinburgh | Nov. 19–23

POLAND

ENERGYLANDIA (Poland's Largest Amusement Park) Zator | Open Year Round

Wroclaw Zoo and Africarium | Wroclaw Open Year Round

Krakow Arcade Museum Krakow | Open Year Round

This is the largest collection of arcade games in Poland, and you get to play them! Enjoy classics (and modern classics) such as Donkey Kong, Galaga, Pac Man, Star Wars: Racer Arcade, Frogger, Super Mario Bros, Tetris, Guitar Hero, Double Dragon, Mortal Kombat and more. Prices are by the hour, or for the most fun choose "open play" for unlimited gaming.

Jewish Cultural Festival | Krakow | June 28 – July 2

AUSTRIA

ZOOM Children's Museum | Vienna | Open Year Round, Closed Mondays

House of the Sea | Vienna | Open Year Round

Swarovski Crystal Worlds | Wattens | Open Year Round

Giant Ice Caves | Werfen | May 1- Oct.31

Fairytale Park | Unterweißenbach Season open until Oct. 20

Obir Stalactite Caves | Bad Eisenkappel Season open until Oct. TBD

Family Park | St. Margarethen im Bgld Season open until Nov. 3

ESTONIA

Future Circus | Tallin | June 6-9

ITALY

Free Children's Art Workshops at Peggy Guggenheim Collection | Venice | Every Sunday

Genoa Aquarium - Europe's Largest Aquarium | Genoa | Open Year Round

"Kong: Village of the Gentle Giant" at Naples Zoo | Naples | June 18- Aug. 29

Cous Cous Festival | San Vito Lo Capo | Sept. 20-29 Palio (Race) of the Donkeys | Alba | Oct. 6

LIECHENSTEIN

Balzer's Ranger Band | Balzers | Wednesdays, Year Round The Mystical Powers of the Monks of Shaolin Kung Fu Balzers | June 3

THE NETHERLANDS

Hans & Gretel Pancake House | Zeewolde | Open Year

Candy Castle Play Paradise | Amsterdam | Open Year Round

Dutch Pinball Museum | Rotterdam | Open Year Round, Wed. Sat. and Sun.

Slagharen Wild West Theme Park and Resort | Slagharen | Open Year Round

Maritime Museum | Rotterdam | Open Year Round

NEMO Science Museum | Amsterdam | Open Year Round, **Closed Mondays**

Fairytale Wonderland | Enkhuizen Season open until Nov. 3

SPAIN

Cookie Making at the Chocolate Museum Barcelona | By Reservation

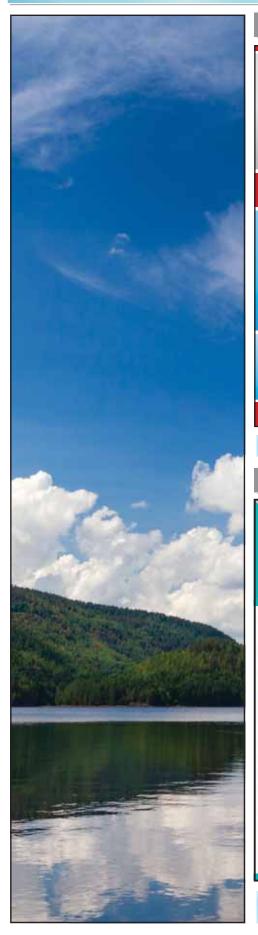
Blue (formerly Smurf) Village | Júzcar | Open Year Round

Summer Camps at Madrid Zoo and Aquarium | Madrid | Weekly Camps June 23- Sept. 5

Extra -



For links and more information about all of these events across Europe, scan the QR code. ■



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Molly Gallivan

By Kat Nickola

In the early 1800s, Irish widow Molly Gallivan became a local legend by opening an illegal pub, or "Sibheen," where she sold her own homemade poitín. A distilled alcoholic beverage made from the mash of whatever was at hand—whey, grains, potatoes—Gallivan's poitín became known as "Molly's Mountain Dew." And, yes, the makers of Mountain Dew used the slang term for moonshine used by rural Appalachian Irish immigrants to name their sweet soda.

Back in County Kerry, Ireland, Molly Gallivan's small mountain farm needed additional income to provide for her seven children. As luck would have it, a new carriage road was built over the pass near her home and soon wealthy English tourists were visiting on scenic tours. Gallivan took advantage of the crowds by opening a tea shop and selling her knitted sweaters. She further developed this into a local wool industry that supported her neighboring sheep farming families.

Today, visiting the 200-year-old Molly Gallivan cottage is a step back in time. Her smallholding still houses cows, pigs, sheep, hens and a field of potatoes on the few acres she would have rented from her landlord. The craft shop and tearoom sell locally made woolens and food. And a distiller still continues to make her famous mountain dew, which can be tasted with a traditional lrish meal. ■



Ireland has a reputation for making high-quality beverages, scan here for a look at some historical craft breweries.



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LEGOLAND

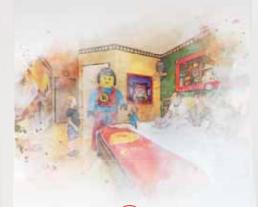
By Kat Nickola | Photos by LEGOLAND® Deutschland Resort



LEGOLAND Deutschland is not a foodie destination, but there is plenty of variety at reasonable prices. Your best bet for avoiding a long wait is to take a late lunch in the mid-afternoon. It is just fine to bring food into LEGOLAND, so you can save time and money by eating your own packed snacks in the morning, and then have a relaxing meal later.

Though no particular restaurant is a standout, there are a few unique offerings. At the City Restaurant – Markthalle, you can get fun meals created by choosing toppings for your cross-cut potatoes. The family platter to share is a good value. If you happen to catch a show in the arena, be sure to grab some novelty LEGO-shaped french fries at the LEGO Pommes stand. Schnitzel Depo is popular for its consistent fried options, while Pizza Mania has standard Italian fare.





ne I EGOLANI

The LEGOLAND Holiday Village has direct access to the theme park. The village is dripping with LEGO theming and has extra, fun activities like mini-golf and a ropes course. When booked via the LEGOLAND resort website, your reservation includes park tickets and breakfast. Rates

are comparable across the different themed hotels and cottages, so choose based on your favorite kind of LEGO.

There are three big castle hotels and the massive Pirate Island Hotel with its huge pirate ship playground. Between the large hotels is the Ninjago Quarter and a smattering of small cottages. The cottages are grouped by theme and for an extra fee you can choose which you prefer: Knights, Adventurers, Egyptians or Racers. A campground is also available at the holiday village with pitches designed for RVs and camping barrels that fit families of four. Beyond the core village, tucked into the woods, is the newest wildlife explorer-style hotel called the Forest Adventure Lodge.



With 10 unique worlds, LEGOLAND Deutschland has an interesting combination of attractions. There are plenty of rides for all ages, from the mild DUPLO Express train to the wild Fire Dragon coaster. The newest ride, the Maximus roller coaster, is in the brand-new LEGO Mythica world that opened just last year.

It is a wing coaster with four feet-swinging seats per row on either side of the track.

Where LEGOLAND really shines is in the active and creative play spaces. The playgrounds are top-notch and lean heavily into the LEGO worlds. Come prepared for water play, too, as the DUPLO playground is a massive splash zone. Even in cooler weather, there is indoor creativity to be had. At the Rebuild the World experience kids can build their own LEGO creations and add them to the giant Earth feature. There is also a lovely Sea Life aquarium where the fish swim around LEGO builds, plus fun shows with your favorite LEGO characters and 4D movies for short indoor breaks.

Be sure to take a stroll through Miniland. Built with LEGO at a 1:20 scale, this large outdoor display of famous cities and sites is fun to explore. Spot the gondolas cruising in Venice, trains buzzing past Dutch windmills, and horse-drawn carriages taking people up to Neuschwanstein. For the true LEGO enthusiast, Miniland offers an impressive display of intricate LEGO engineering.









Paint Shop

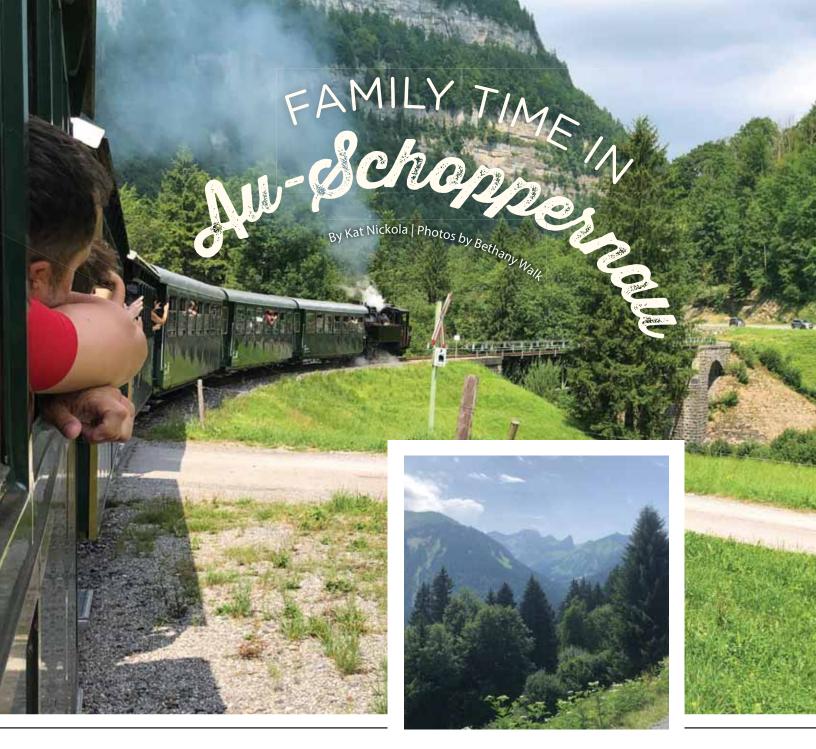
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y three-year-old nephew is obsessed with vehicles. So, when he got to ride inside a fire truck, take an old steam train, and journey up the side of a mountain in a gondola, he was beyond excited. In fact, the whole family was in high spirits, as this was part of an effortless budget family vacation in the mountains around Schoppernau, Austria.

The village of Schoppernau and its nearby sister hamlet of Au are set along the Bregenzer Ache River in a verdant valley in western Austria. Often seen as a byway between the tourism of Lake Constance and the well-known outdoor spots of the higher Alps, the Au-Schoppernau tourist board has gone to great lengths to make this calm alpine valley a haven for family travel. It is roughly a five-hour drive from Kaiserslautern or Grafenwöhr, and three hours from Stuttgart, to Schoppernau.



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From May to October, there are daily family activities as part of the local children's program, so you can get to know the area at your pace. The free farm experience at the Moosbrugger family's farm was a hit with my nephew who thought it was hysterical when the farmer squirted milk at his mom—straight from the cow! He even got to try some rich straightfrom-the-cow milk. Other activities like family canyoning, zipline courses and rock climbing are available at greatly reduced rates for people staying in town. The helpful employees at the local Schoppernau or Au tourist offices have all the details on local fun and will get your family signed up.

I highly recommend booking lodging via the local tourist board at www.au-schoppernau. at. We found that the website language needed to be set at "DE" (German) to see and book rooms, but the English version is great for research. Not only is it fun to find a cute "ferienwohnung," or vacation rental apartment in a local farmhouse, but staying locally for at least three nights earns you extra privileges with "The Guest-Card Bregenzerwald & Großes Walsertal." It's a long name, sure, but you get free local transportation, free gondola rides up the mountains and free use of the local pools. This covers the Bregenz Forest (Bregenzerwald) regional villages like Schoppernau and the biosphere reserve of the Great Walser





Bergbahnen Diedamskopf Panorama Restaurant Reservations





You will need a Vignette to drive on the highways in Austria. They are readily available at rest stops and gas stations in Bavaria before entering Austria.

Valley (Großes Walsertal). The card is digital, so it is possible to take advantage of the perks on the day you arrive, even before checking into your hotel.

Variety is the name of the game when it comes to accommodations. Vacation apartments in farmhouses make for quaint self-catering budget options, and often guests are invited to see farm operations. My nephew liked watching the barn cats in the Bauernhöfe (farmhouse). Higher in the hills, there are also vacation houses for rent. Many are small, converted mountain huts (Hütte), which make for great off-the-beaten track experiences. Large upscale hotels are also available, some with their own indoor pools and saunas.

The trip up the Diedamskopf gondola (Bergbahnen Diedamskopf) was super fun. An exhibition in the Bergstation at the top has kid-friendly touch-it-all interactive exhibits about life in the mountains. Kids can pop

their heads up into the marmot diorama or learn about the mascot tardigrade named Egon. I learned that microscopic tardigrades, sometimes called water bears, can live frozen in ice for 30 years! In the same building, the Panorama Restaurant has an incredible view from the large outdoor seating area, and great playgrounds for the kids to enjoy while parents have a drink. They offer quick bites and local-style meals, plus special breakfast and sunset dinner buffets on certain weekdays by reservation only.

After taking in the amazing views of the craggy peaks to the north, head out for a hike through the alpine meadows past cows with bells and pretty flowers. A great family trek is downhill along the special 4.2 km "mountain world to see and marvel" (Bergwelt zum Sehen und Staunen) trail. There are nature exhibits and fun rest stops like a massive wooden picture window along the way. The trail is well-signed and makes its way down

to the middle station of the gondola for an easy ride down into the valley.

Along the valley, in the nearby town of Bezau, the Wälderbähnle is an old steam train that still chugs up and down its five-kilometer route a few times daily every summer. Riding this historic train is like traveling back in time to the early 1900s. Opened in 1902, the train was built to help carry lumber. Nowadays, it is like a rolling museum, and sticking his head out the window to see the rest of the curving train was a highlight for my nephew.

Visiting the Schoppernau area is slow travel at its best. It's a place to experience the mountains without the crowds, get to know a little something about farms and enjoy some family time. There is plenty to do, but no lists of must-see attractions to take away from a relaxing family vacation.



Visiting Omaha Beach with Kids

By Diana Maria Groom

Omaha Beach in the Normandy region of France is not just a beautiful beach spot, it is also the location where the U.S. Allied troops landed on June 6, 1944, and began their assault on the German forces occupying the area. The Normandy region, however, is huge. It can be daunting to plan a trip there, especially with children. When I researched my family's visit to Normandy, I envisioned a big, busy itinerary but ended up keeping it small, and that made all the difference. When we landed at Omaha Beach, we found that sweet spot.



he first thing we did at Omaha
Beach was put our feet in the sand.
When the tide is out, it is a long
walk to the water, but you can still
see the "hedgehogs." The German military
placed these iron crosses haphazardly all over
the beach in an attempt to stem the tide of
Allied forces. It doesn't seem real until you see
the hulking pieces jutting out of the water.

That first night we dined at a tiny seaside restaurant called La Plage D'Or. The mussels were divine. As we ate and watched the large American flags flapping in the wind, our excitement bubbled over. We had endured an eight-hour drive to Omaha Beach with three children under six. We were here!

"We walked Omaha Beach each day, in the footsteps of my husband's grandfather."

If you want to travel to Omaha Beach and explore sights off the beaten path, then I recommend the seaside town of Arromanches. When we stayed there, low tide was around 5 p.m., which meant we could walk out and explore the temporary harbor pieces in the evening. These are parts of the Mulberry Harbor that was built by British forces to help with offloading cargo. At Omaha Beach, a storm after D-Day damaged the structures and they were abandoned. Now, the remnants are only accessible during low tide. While I am not sure my children remember it, I do. Watching them run up and touch the enormous concrete and steel structures that are only visible a couple of times a day was incredible.

We walked Omaha Beach each day, in the footsteps of my husband's grandfather who was a D-Day+2 Veteran. He manned the 155 Howitzer cannon which was landed two days after D-Day when it was "safer" to get the massive guns onto the beach. We ventured out to the beach in the early mornings when it was empty, except for the occasional group of horseback riders quietly making their way through the surf. While my two boys ran in and out of the waves with my father-in-law and husband, my mother-inlaw and I watched my infant daughter who was enthralled with the sand. She laid on her stomach in the sunshine and happily explored, touching sand for the first time in the

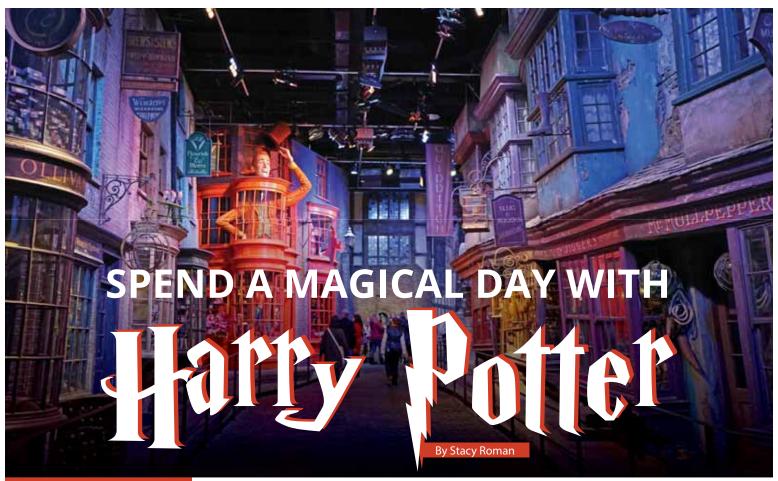
spot where her great-grandfather had landed at Normandy. While he never went back to Omaha Beach in his lifetime, we felt him with us in that moment.

At the edge of Omaha Beach stands the National Guard Monument. At this location, the 29th National Guard Division stormed the beach on D-Day and overran the German defenses. My husband had recently left active duty and joined the National Guard, so this memorial left a deep impression.

Knowing my children could not handle a large busy attraction, I settled on visiting the smallest of the many museums in the area. As we pulled into the tiny parking lot of the Memorial Museum of Omaha Beach, my father-in-law's jaw just about hit the floor. My husband pulled our massive rental van into the only available parking spot, right next to an actual 155 Howitzer cannon used in the storming of Omaha Beach. Could it be his grandfather's Howitzer? We will never know for sure, but we all got goosebumps and felt his presence leading us to places meaningful to him.

We entered the museum and our children instantly lit up. From the displayed bombs to the medical uniforms and Jeep exhibit, the kids could not contain their enthusiasm. As we continued toward the end of the museum, however, something stopped my father-in-law in his tracks. He was pointing intently at a display case, as he excitedly told us, "I knew his son. He lived just down the street from us!" The display was full of items from service members who lived in his small corner of Queens, New York. We plan to return and donate some of his father's memorabilia.

On our last full day in Normandy, we had big plans to explore more sites, but as we left my five-year-old son refused. "No. I want to fly kites on the beach with Pop," he said. So, we did. Instead of a busy day driving to see more sites, my father-in-law flew kites with his two grandsons on the beach for almost three hours. They flew kites where his father had fought for world freedom. And that is what my son remembers from the trip, not the cannon or the bombs or the beach memorial. He remembers flying kites with his grandfather, and that is what is most important to us.



hen J.K. Rowling first introduced the world to "the boy who lived," she created a spellbinding, magical, wizarding world that blended with the actual "muggle" world. The Warner Bros. Studios in Leavesden on the outskirts of London is where the magic moved from the page to the screen. If you're a Potterhead or are looking for an enchanting way to spend the day, head to The Warner **Bros. Studio Tour: The Mak**ing of Harry Potter.

It's Not the Wizarding World - It's Retter

On our first visit to the studio, my tweenagers were giddy with excitement. They had seen photos of the Wizarding World of Harry Potter at Universal Studios and thought it would be similar. I quickly realized I needed to temper their expectations. Aside from having a broom fly into your hand, there are no rides (minus the "line ride" of getting inside). But there is so much more.

We were ushered into a movie theater once we moved through the entrance and past the cupboard under the stairs. After a brief introductory movie, the set lifted, and we found ourselves immersed in an enchanting experience. There's a vast expanse to discover from Hagrid's Hut, Dumbledore's office and Molly Weasley's kitchen to the Great Hall and the Forbidden Forest. My kids loved sitting in Snape's Potions class and the Flying Car.

While there are plenty of computer-generated graphics in the movies, the details in the set designs, props and costumes are incredible. The door panels on the Great Hall are meticulously carved, and the purposeful imperfections and flaws sewn into the fabrics and prosthetics are painstakingly perfect.

Are you feeling a bit peckish? Head to the Food Hall for a bite while sitting beneath the floating candles made famous in the Great Hall. Fancy a Butterbeer? The Backlot Café is the only place in Europe with this decadent drink on tap. If you're in the mood for more desserts, the

Chocolate Frog Café offers plenty of chocolate, ice cream and other sweet treats. For a more elegant experience, you can opt for an afternoon tea.

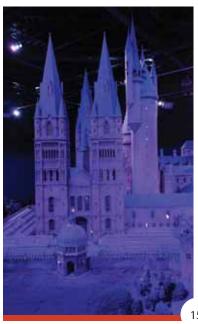
Helpful Hints and Tips

Be sure to take your obligatory photo of Platform 9 ¾ at the studio. While there's an option to do it at London King's Cross train station, the one at the studio is more authentic, and there is usually no line. At King's Cross, there is often a long line and crowds spilling out of the adjacent Harry Potter Shop.

There are several different options for taking the tour. The first time we went, we purchased our tickets through Viator.com. We met at Victoria Station in central London and took a coach (bus) to the studio. The second time, we did an ITT tour through RAF Alconbury. Both were fantastic options, as they included transportation and entry to the studio. However, if you want to arrange it yourself, you can purchase tickets directly through the Warner Bros. website:

www.wbstudiotour.co.uk.





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