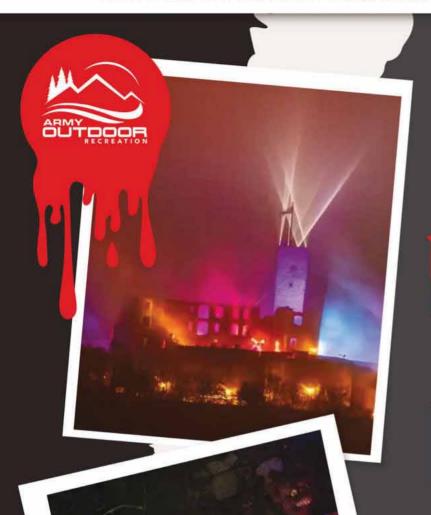


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**PUBLISHING & MEDIA DESIGN, LEAD EDITOR** 

Kat Nickola

WRITER-EDITORS

Tamala Malerk, Katie Wells

**GRAPHIC DESIGNERS** 

Daniela Gammon, Ryyan Joye, Mandy Mills

**ENGAGEMENT MANAGER** 

Kay Moncada

MARKETING COORDINATOR

Kristen Thoennes

COMMUNITY RELATIONS COORDINATOR

Al Green

MULTIMEDIA ADVERTISING, MANAGER

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MULTIMEDIA ADVERTISING, CONSULTANTS

Sean Adams, Heidi Bayfield, Kandace Blevin, Nate Jamison, Jeff Teeselink, Caitlin Weaver

**ADMINISTRATIVE ASSISTANT** 

Danny Padro

ADVERTISING OFFICE

Unit 29480, APO, AE 09211 Postfach 1980, 67607

Kaiserslautern, Germany

+49 (0) 152-5672-5020

**COVER DESIGN BY** 

Mandy Mills

#### **Washington Office**

**PUBLISHER** 

Max D. Lederer, Jr.

CHIEF OPERATIONS OFFICER

Laura Law

REVENUE DIRECTOR

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## PLAMAHEAD

By Katie Wells



#### BAVARIA

#### Tollwood Winter Festival, Munich

NOV. 24-DEC. 31, 2025

"A Feast for the Senses," and an alternative Christmas market, this month-long winter event will quell any winter blues or boredom. Shop fairtrade handicrafts from all over the world at the Market of Ideas, see a fire show and enjoy 100 percent organic food from sweet baumstriezeln (chimney cake) to Indian thali. The Witches' Cauldron is a stage area where 60 bands will perform over 30 days and admission is free. The Performance Stage also features shows, the majority of which are free and include theatre, music, international productions and kid's entertainment. This year's theme for the **Tollwood** Winter Festival is "Circus Festival." There will be three contemporary circus shows: Circa, Circo Zoe and the 7 Fingers, each from a different continent. For those interested in winter sports, there will be four curling rinks to experience. For kids, make a circus mask or listen to a bedtime story at the Children's Tent. The festival ends with the Tollwood New Year's Eve **Party**—a magical midnight waltz on the Theresienwiese.



#### **KAISERSLAUTERN**

#### Saarbrücker Christkindlmarkt

NOV. 17-DEC. 23, 2025

Less than an hour from the KMC area, Saarbrücken's Christmas Market is worth the visit; however, it requires a small amount of extra planning if you want to see the flying Santa. Every day, on St. Johann Market Square, Santa soars above your head in his sleigh pulled by his reindeer. He tells the story of Rudolph the Red-Nosed Reindeer in German. My spouse and I visited a couple of years ago and while the story is told in German, it was still fun to sip a hot cocoa (with a splash of Bailey's), watch and listen as everyone looked to the sky in wonder. Santa flies by overhead with his reindeer each day at 5 and 7 p.m. On Children's Wednesdays, he also flies by at 2 p.m. Additionally, get a Christmas photo taken at the Knips-Mich-Hütte free of charge or ice skate at a small rink. Saarbrücken also has a Christmas Light Garden open the first weekend of Advent, Nov. 29, 2025.



#### **STUTTGART**

#### Ravenna Gorge Christmas Market

NOV. 28-DEC. 21, 2025

Twinkling lights, the sound of a train whistling above head and a sparkling blanket of snow create an enchanting atmosphere at the Ravenna Gorge Christmas Market. The market is nestled under a towering stone aqueduct in the Black Forest and allows a limited number of guests to enter each evening. Within the forest, there is an illuminated nativity trail. Kids, or adults, can send a letter with their Christmas wish to Santa at the Christmas Post Office. Plan early as this magical event is only on weekends and tickets sell out fast! First, sign up for the newsletter which will get you access to ticket sales one hour earlier than the rest of the public. www.hochschwarzwald.de/ service/newsletter. The link for ticket purchase comes out a few days prior to the sale date in mid-October. To get there, you can hike by lantern from the winter hiking trail through the Löffeltal from Hinterzarten in about 45 minutes or you can schedule a free bus ticket in advance from Hinterzarten, Himmelreich or Titisee. There is parking onsite; however, it

must be booked and is limited.



#### **WIESBADEN**

#### Hochheimer Markt

NOV. 7-11, 2025

On the weekend after All Souls' Day, the entire town of Hochheim am Main is closed off and transforms into one of the largest folk festivals in Germany. The Hochheim Market is over 500 years old and is a combo of a folk festival, state fair and cattle market. On the opening Friday, at noon, guests and the mayor kick off the festival with five cannon shots. Over the five-day celebration, visitors can enjoy rides like the classic swing carousal. In the cattle market area, free pony rides are available each day and there are scheduled events like the District Horse Show, the traditional Cattle Market and the Historic Showman Tractor Exhibition. In the historic market area, you can sip mead and munch on suckled pig while shopping over 400 artisan and trader stalls. There is even a bathhouse if you'd prefer some R&R. To bid the fun farewell, Tuesday is Family Day with discounted prices, and the evening concludes with a firework show at 7 p.m. ■

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## Hokkaido Pumpkins



#### By Kat Nickola

f you are looking for pumpkins at a German grocery store, think small and tasty. Hokkaido pumpkins, or *kabocha*, are hands-down the most popular winter squash and a favorite for cooks across the country. A type of *kuri* (acorn) squash, red Hokkaido's have very thick, dark-orange flesh and a nutty flavor. Green Hokkaido's have yellowish-orange pulp and a milder flavor. They make incredible cozy, autumnal dishes like soups and stews. While they can be used for super cute jack-o-lanterns, their density makes them pretty difficult to carve.





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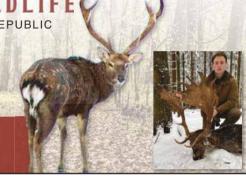
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## Making Magic in The Black Forest By Katie Wells

The Black Forest has earned its name. If you've ever entered it, you may know the eerie feeling of looking back through the tree line at a bright sunny day while all around you the light is eclipsed—almost like you are wearing a dark pair of sunglasses. The Black Forest is full of natural beauty; although, once immersed, it's easy to envision fairytales, legends and darker stories that have been born from it. It's almost as if the lighting plays tricks and from time to time, as you wander, something or someone is lingering in your peripheral.

#### Gfällrote, the Witch of Kandel

It's possible that lingering entity is the Witch of Kandel. Legend says that around 300–500 years ago, witches had feasts and ceremonies on top of **Kandel**, one of the highest mountains in the southern Black Forest. It is said that one of these witches, Gfällrote, has risen from the ashes of a **funeral pyre** and wreaks havoc on the Kandel. A funeral pyre is a structure, typically made of wood, used to burn bodies. This was commonly used to execute witches during witch trials.

Gfällrote is not alone. Her two hellhounds also prowl the forest and help her make mayhem. She acts as a shapeshifter and often transforms into surrounding flora or tree stumps. So, if a stump looks particularly gangly or if you see a lone stem of foxgloves, it might be best to keep your distance. Gfällrote cannot be injured, but her two hounds can. Despite this, she can resurrect them at any time. Saving some of your lunch to share with them or carrying a few dog treats is wise if you dare hike the two-and-a-half hour loop hiking trail.

#### KANDEL TOUR (JOSEF-SEGER-WEG) — BLACK FOREST

Distance: 7.2 km | Hiking Time: 2.5 hours

#### **Highlights:**

- Heiberer rock
- Kandel southwest face
- · Thomas-hütte with panoramic views

For trail information, visit Komoot.com.



#### The Witch of Lautenbach

Some say she was troublemaker; others believe she was a healer and powerful woman with a stroke of mischief. The Witch of Lautenbach is not a real historical figure, rather a local legend based on women who once lived in the forest, practiced herbal medicine and were known healers—therefore "witches." Local legend says you can follow the footsteps of the Witch of Lautenbach by hiking the **Lutenbacher Hexensteig** (Lautenbach Witches' Trail) which is a 15 km loop starting and ending at the Lautenbach (Baden) Station.

The witchy highlight of the trail is the Hexenhäuschen, or "witches' cottage," on the Sohlberg mountain. It is a guirky, small two-story hut that looks as if it jumped out of a drawing. Perched on the roof above the door are two crows looking down curiously at visitors, perhaps they are the witch's familiars. A Hexenhäus, or "witches' house," is a small dwelling, often built deep in the forest. Not all witches' houses were designed to lure children as a snack like in Hansel and Gretel. Traditionally, they were places where witches could channel the natural energy from the earth and perform rituals and spells. Hikers can also see a giant forest sofa with a witch's broom and sip schnapps from the Schnapps Fountain Kohlerhof. If the full loop sounds too long, there are shorter variations of the hike.

#### LAUTENBACH WITCHES' TRAIL-HEXENHAUSCHEN LOOP FROM LAUTENBACH

**Distance:** 15 km | **Hiking Time:** 5 hours

#### **Highlights:**

- The Witches' Cottage
- Forest Sofa with Witch's Broom
- Schnapps Fountain Kohlerhof
- Pilgrimage Church of the Coronation of the Virgin Mary
- Views of the Rechtal Valley

For trail information, visit schwarzwald-tourismus.info.

#### The Schwarzwald Witches

These are just two of the witchy legends from the Black Forest, but there is a lot of Hexen heritage in the **Schwarzwald**. Black Forest witches were wise women who were misunderstood and persecuted during the witch hunts of the 16th and 17th centuries. They are often portrayed as beings deeply connected to the natural world, healers of past and present, forest guardians and keepers of herbal knowledge and remedies. And whether evil or do-gooders, all can agree that witches derive from POWERFUL women.

Witches in the Black Forest, today, are celebrated as cheerful, cunning and magical figures during Fastnacht (Carnival), a festive time leading up to lent. It is tradition for villages to create their own witch characters for Umzüge (parades and processions). Detailed wooden masks, Larve, are made by a master woodcarver to represent the witches and witch effigys are hung from houses as a conduit to bless homes and push away grief. An effigy is a figure or doll made from earthly materials like straw or clay and typically represent a witch. Fasnacht celebrations are rituals that help drive away winter and welcome the magic and healing of spring.



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#### In Germany, a witch is a "hexe."

That German word for witch shares origins with the English word for spells: hexes. Witches, or **Hexen**, have been looped into modern Halloween celebrations, likely because the holiday has its roots in the Celtic pagan festival of Samhain and the beginning of wintertime.

But in Germany, the winter celebrations were different. So, instead, witches became associated with a wild festival at the opposite side of the calendar celebrating the beginning of summer. The evening of April 30 was a time for pre-Christian people to gather together and dance around bonfires to celebrate all the warmth, abundance and fertility that summer would bring. It continues in the tradition of "Tanz in den Mai," on May 1 when German town festivals find people dancing around maypoles and lovers giving decorated birch saplings to each other.

In the Middle Ages, as Christianity was adopted and witches became a negative symbol of paganism, the nighttime celebration became known as "Hexennacht." On this night, supposedly evil witches continued to celebrate the old beliefs, spreading mayhem and meeting with the devil. It became popular to pray to Saint Walpurga for safety from the witchy curses on this night. The saint, after all, brought Christianity to Germany and was canonized on May 1, 870. In many places, the night is also known as "Walpurgisnacht" because the saint's day intertwines with the old beliefs. It is still celebrated as a night for bonfires and a bit of mischief-making with yard ornaments being stolen and toilet paper decorating trees.

#### The Harz Mountains are famous for witchy gatherings.

With thick forests and dramatic rocky outcroppings, it's no wonder the Harz Mountains are steeped in myth and legend. This misty limestone upland became a safe haven for Germanic pagans during Charlemagne's eighth-century Christianization campaigns. The lingering heritage means that each stream, cave or cliff has a specific story about the fairy that protects it, a gnome who lives nearby or a witch's coven that still meets.

The most famous witchy location in all of Germany is atop the highest moun-

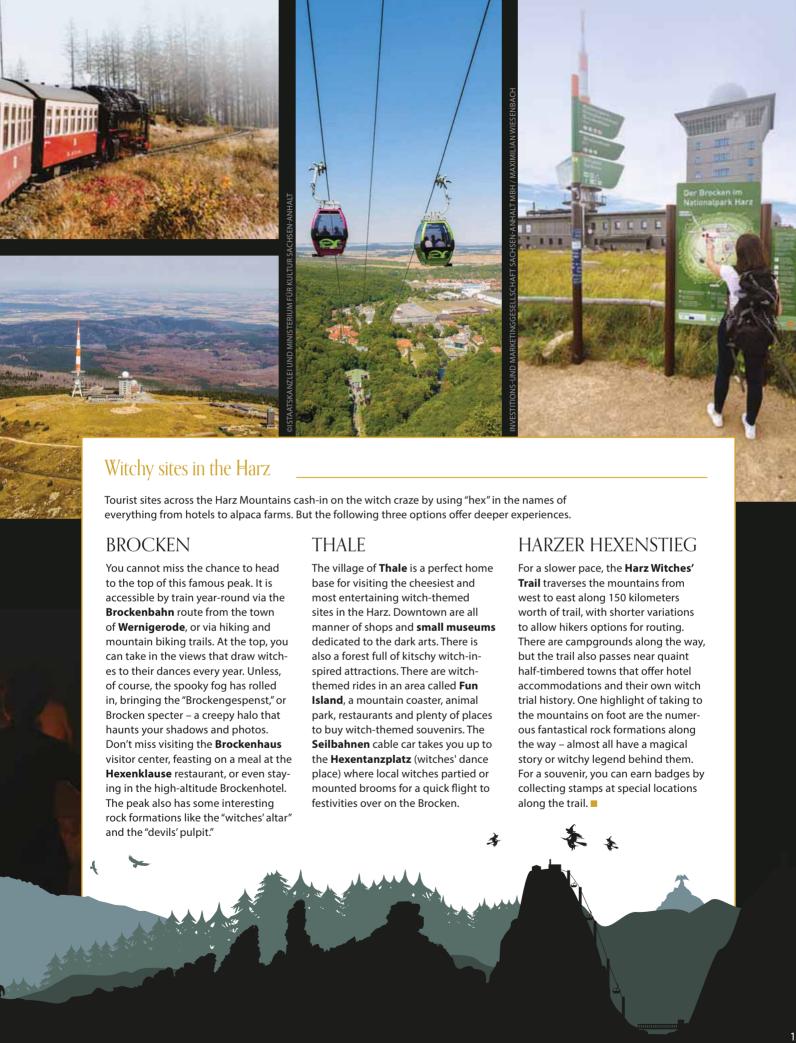
tain in the Harz: the high, rounded Brocken. It is here that the largest witch gatherings were said to have taken place, and that idea was even more engrained in the local lore after Goethe penned a Hexennacht scene for his famous play "Faust."

The Brocken, and surrounding villages like Thale, Schierke and Wernigerode continue to host Hexennacht/Walpurgis celebrations today. Thousands of visitors dress up in their own witch attire for the many parties, parades and bonfires.



The most famous witchy location in all of Germany is atop the highest mountain in the Harz: *the high-rounded Brocken*.





# GREECE ON A BUDGET IN THESSALONIK

By Betsy McLaughlin

립

rom Santorini to Crete to
Athens, people seemingly flock
in droves to the well-known
country of Greece. However,
the picturesque white domes speckled
across blue seas and ancient historical
monuments can come with a hefty
price tag, leaving even the most wellbudgeted traveler longing for some
reprieve. If searching for the thrill of
Greece without breaking the bank,
consider a trip to Thessaloniki which
offers views, food and history for half
the price (and half the crowds)!

The second largest city in Greece, Thessaloniki sits along the Aegean Sea. With easy to navigate public transportation, the downtown can be directly reached from the airport within forty minutes. There, a bundle of clothing and shoe stores await the shopping enthusiast. For the history buffs, a Roman forum dating from the 2nd century AD car be easily viewed. Nearly every street corner seems to house cathedrals and there are fifteen UNESCO World Heritage Paleo Christian and Byzantine monuments in the city, offering plenty to explore.

For a birds-eye view of the sea, onlookers can walk the winding steps of the **White Tower of Thessaloniki**, overlooking the snow-capped Mount Olympus: the tallest mountain in Greece. For some water adventure, there are plenty of pirate-themed ships that offer a quick ride upon the sea for reasonable prices.

For the curious, the **Archaeological Museum of Thessaloniki** offers a wide variety of statues and history regarding the land of the gods. For

those not interested in paying for the indoor tour, the outdoor gardens of the museum can be accessed for free

A lively outdoor **farmers' market** sits within walking distance of the Archaeological Museum. While wandering through the tents, each stall will offer samples of their products, including cheeses honey and oil. For small jars of honey that are suitable for airline carry-on restrictions, be sure to purchase from Bee Care, a company that offers sweet and unique blends of flavors including flower, pine, chestnut and linden honey.

For those interested in biblical history, the **Church of Saint Paul the Apostle** can be accessed for free and is easy to reach via the Cultural Line bus (number 50) from the city center. It is believed that the apostle Paul preached here, helping with the creation of the early Christian church around 50 AD. The church sits atop the city, providing great paporamic views.

From there, meander toward the restaurant called **Kreonidis' Balcony**, where you can feast on the best gyro meat you've ever tasted while gazing at Mount Olympus. If timed just right, the sun may be setting, casting orange and pink hues in the sky, while sailboats bob along the sea.

For a vibrant night life, return to downtown Thessaloniki, where the party is just getting started. Restaurants line the sea, offering music, dance and food galore, with almost everything set at incredibly affordable prices. With the family, find some ice cream at nearly any corner and walk along the water's edge to recap your day.

From families to singles, romantic getaways, to girls' weekends, Thessaloniki offers something for everyone, freely giving the charm of Greece without the worry of cost.



#### PHOTO BY

### **Adel Valdes**

SNAPSHOT

The **Boccaccio Ballroom** in Prague is a historically protected ballroom. Built in 1927, the baroque neo-classical interior quickly became the backdrop for high society gatherings, "Soireé Dansantes." It's a perfect place to don fancy clothes, listen to arias and have a meal. In the words of photographer Adel Vlades, "A visit to Prague is not complete without a Mozart dinner show with a three-course meal, balcony seating and a great performance."



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