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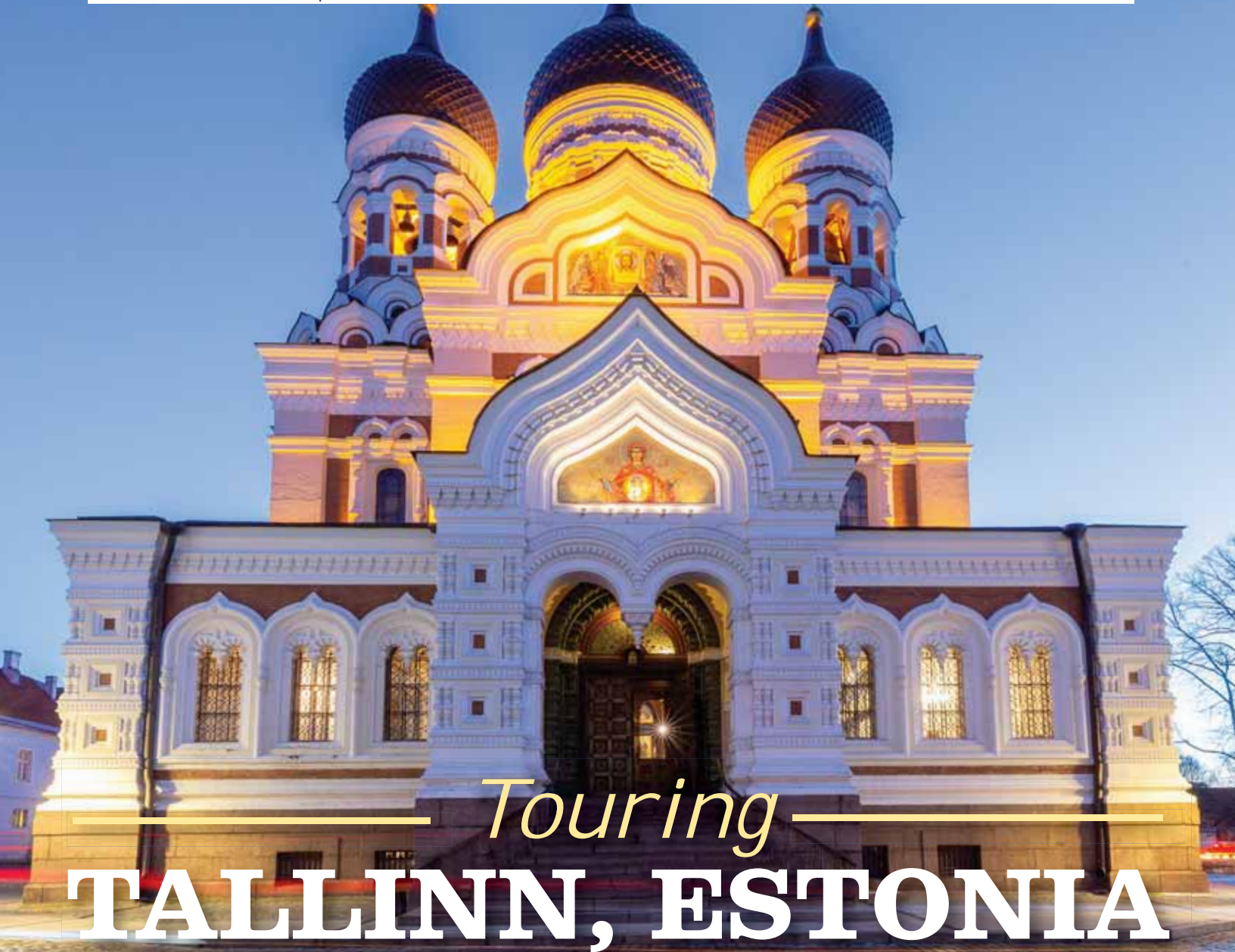
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NOVEMBER 2022

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WHAT TO SEE | WHAT TO DO

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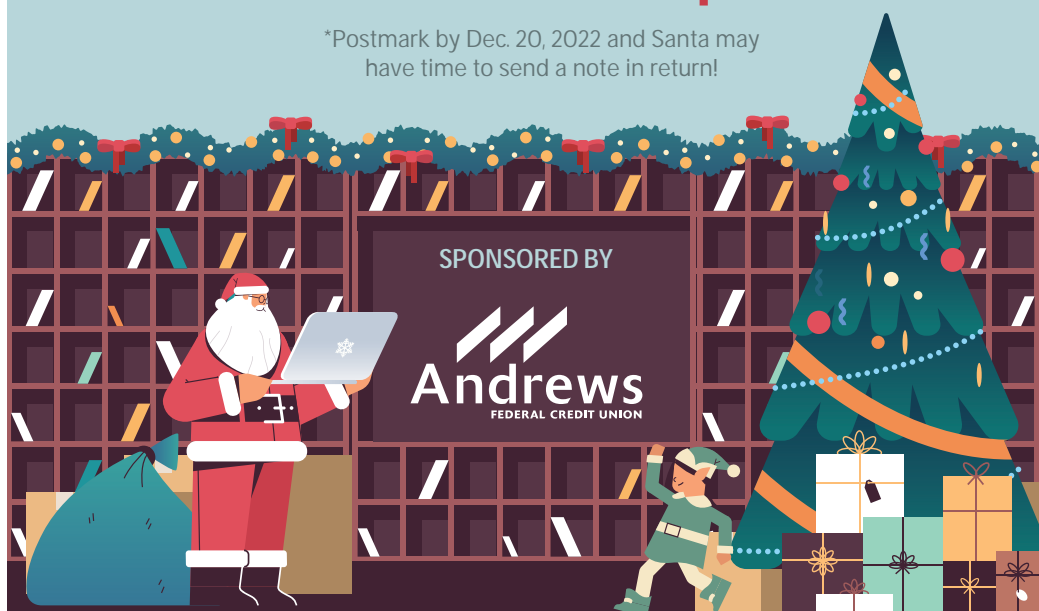


PHOTO of the month

The Sava Valley is home to St. Thomas's Church, which is less than an hour away from Slovenia's capital Ljubljana. The hilltop church seems perfectly juxtaposed against the mighty backdrop of the Alps, almost as if the builders knew it would lie in timeless beauty. Since the 14th century, the Romanesque features have been reimagined several times, and it now has a gothic sanctuary.

Photo by James Hunter.

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November Events

By Tamala Malerk

EDITOR'S PICKS

November is here and before you get consumed with holiday shopping, planning and all that comes with the end of the year, here are events for everyone, from those who want to keep warm indoors or to those who yearn to venture outside and enjoy the brisk, cool air.



Jazzfest Nov. 3 to 6, Berlin

In existence since 1964 and winner of the 2021 Europe Jazz Network Award for Adventurous Programming, Jazzfest includes the sounds of jazz icons and talented up-and-comers from a variety of genres.



Discovery Art Fair Nov. 4 to 6, Frankfurt

This is an art fair for seasoned art lovers and novices alike. Revel in paintings, sculptures, drawings, graphic prints, photographs and mixed-media pieces and purchase your favorite works.



©WINSTON CHEN/UNSPLASH.COM

Japan Light Festival Nov. 5 to 6, Dortmund

Enjoy all things Japan: Matcha, mochi, ramen and more. Sing karaoke and enjoy sushi delights such as donuts, burgers and burritos at the "longest running sushi bar in Europe."



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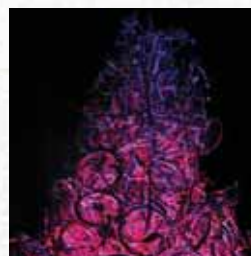
Leonhardifahrt Nov. 7, Bad Tölz

Considered the most important holiday in the area, this pilgrimage leading through Marktstraße to Kalvarienberg has been around since 1855. Horses and horse-drawn carriages are lavishly and elegantly decorated.



KREATIV Autumn 2022 Nov. 17 to 20, Stuttgart

One of the largest DIY fairs in the area, this is the place to pick up everything from home decorations, yarn, doll-making materials, handicrafts and jewelry-making supplies. Also, learn new techniques at one of the daily workshops.



Tollwood Winter Festival Nov. 24 to Dec. 31, Munich

Go catch a theater show and shop at the market (until Dec. 23rd) at this winter festival with over 200 stalls, where 90% of the shows and entertainment is free. The event ends with a New Year's Eve fireworks show.



The Harlem Globetrotters Nov. 24, Frankfurt

Watch these basketball players in action as they perform awe-inspiring tricks with all-new characters guaranteed to make you laugh out loud in the stands. Go to harlemglobetrotters.com for more shows in different German cities.



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Evanescence: Worlds Collide Tour Nov. 25, Düsseldorf

Enjoy the sultry sound of Amy Lee's voice as she brings you to life with the band performing some of their greatest hits such as "My Immortal" and "Call Me When You're Sober." Visit evanescence.com for more shows in different German cities.

PLAN AHEAD

German Comic Con: Winter Edition Dec. 3 to 4, Dortmund

Cosplay as your favorite pop culture icon and completely nerd out at this comic convention filled with Hollywood celebrities, Q and A sessions, photo opportunities and workshops. Stock up on all your favorite series' collectibles and memorabilia. ■

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a day at

Bonn's Museum Mile

By Tamala Malerk

The weather outside is frightful and staying warm indoors is so delightful. Why not get away from the lure of computer screens and televisions and go to Bonn's Museum Mile? Not only will you stay warm, but you'll learn all about the art, history, animals and culture of Germany. Bonn is conveniently located less than two-and-half hours from Kaiserslautern and less than two hours from Wiesbaden.



House of History / Haus der Geschichte

Plan to spend several hours at this multi-story museum all about Germany after World War II (post-1945). The permanent exhibition takes you through the histories and cultures of East and West Germany through artifacts, information, audio and video testimonials and interactive exhibits. There is a free audio guide, available in four languages, that you can download onto your phone to enrich your experience. There is an on-site restaurant that serves a large variety of food from chicken nuggets, pasta dishes and schnitzel, or coffee and cakes for those with smaller appetites. Admission to the museum is free.

Museum Koenig

Founded by zoologist Alexander Koenig in 1912, you can explore a series of "staged habitats" and learn why brushfires are vital in the savannah, about animals in the Arctic and how a tiny ant makes a big difference in the rain forest. Begin your journey by exploring the digital dinosaur exhibit on their website. There is also a cafe on-site. Admission prices range from 6 euros for individuals to 15 euros for families of two adults and three children.

Art Museum / Kunstmuseum

As one of the largest and most nationally renowned contemporary art museums with over 8,000 works of art, this is the museum for

contemporary art lovers everywhere. There is a large collection of works by August Macke, Rhenish Expressionists and Max Ernst. Enjoy breakfast, lunch or coffee at the on-site cafe. Admission to the museum is free for people up to age 18 and is 7 euros for people 19 and older.

Deutsches Museum Bonn

This branch of the Deutsches Museum is all about Artificial Intelligence (A.I.). Children and adults will enjoy the Kl:nderkram table, where they can challenge themselves with jigsaw puzzles, games and riddles of different levels. The Kl:osk offers interactive exhibits and artifacts such as puppet shows and learning games. Admission prices range from 5 euros for children to 20 euros for families.

Art and Exhibition Hall of the Federal Republic of Germany / Bundeskunsthalle

This is a place where art, culture and science combine. There is art from all eras as well as exhibitions on archeology, cultural history and natural science. If you wish to brave the elements, or if the weather is unseasonably warm, check out the rooftop garden. Aside from the art and exhibits, there are theater, dance and music events that happen here. There is both a cafe and a restaurant on-site if you are seeking a snack or a full meal. Admission to the museum is free for people up to age 18 and ranges from 7 euros to 15 euros for those 19 and older.



THINGS TO KNOW

For those who like to take public transportation, Bonn's Museum Mile even has its own U-Bahn stop (Heussallee/Museumsmeile). Keep in mind that all of the museums are closed on Mondays and make sure to check the websites to check their public holiday hours. ■



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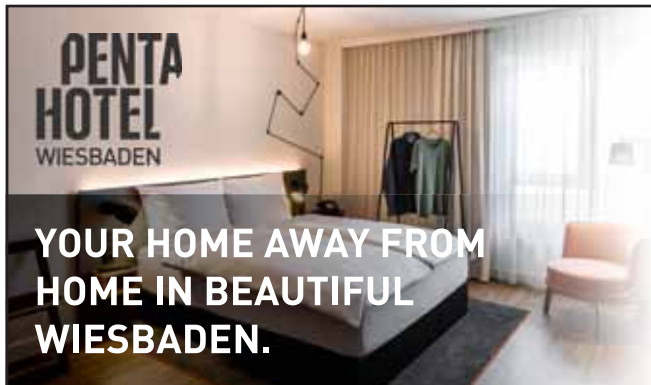
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Touring **TALLINN, ESTONIA**

By Jessica Zen

The streets of Tallinn are the place to go for a taste of a new and different culture, architecture and history. From the medieval Old Town to the stunning beach front, there is a rich cultural scene in this northern European country. Located on the Baltic Sea, the capital of Estonia boasts winding cobblestone streets, imposing church towers and a fascinating mix of modernity and history that create the perfect vacation destination.

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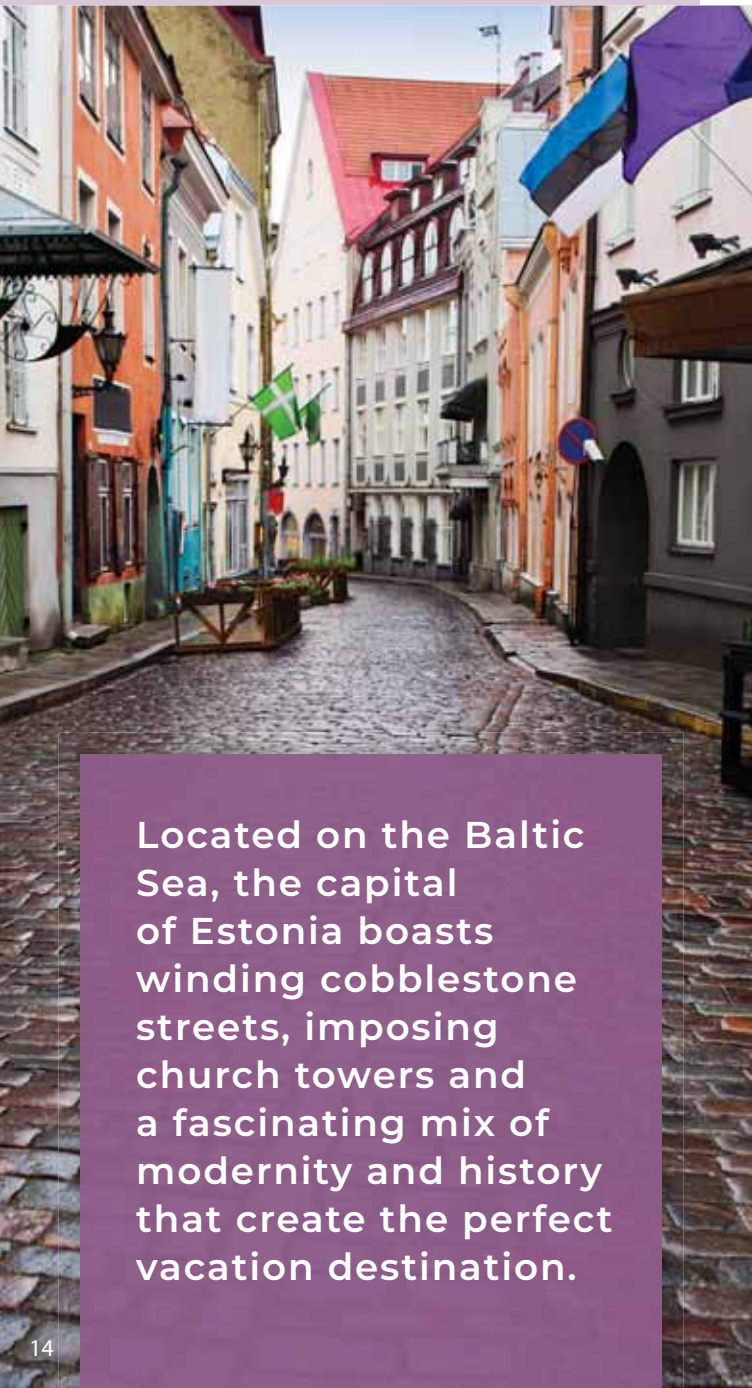


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Located on the Baltic Sea, the capital of Estonia boasts winding cobblestone streets, imposing church towers and a fascinating mix of modernity and history that create the perfect vacation destination.

Old Town Charm

Start your adventure in the Old Town. The 13th-century city plan is still intact, as are various churches, merchant houses, barns and warehouses from the Middle Ages. Start at the Kiek in de K  k Fortifications Museum, which was once a 15th-century defensive tower. The museum includes the namesake tower, Maiden's Tower (Neitsitorn), Stable Tower (Tallitorn), Gate Tower (V  ravatorn), the bastion passages and the Carved Stone Museum. The Kiek in de K  k tower was built in the 15th century, but today there are six floors of history that chronicle the city's defense system. Don't miss touring the bastion passages, which once concealed soldiers and their equipment. These passages were built in the 17th and 18th centuries and helped to monitor enemy mine activity.

Next up in the Old Town is St. Olaf's Church, the city's biggest medieval structure. It was named after a sainted Norwegian king, Olaf II Haraldsson. It dates back to 1267 and is where the reformation started in Tallinn in the early 1500s. Its beautiful Gothic spire towers over the city at 406 feet. Fun fact: the spire was used as a radio tower for the Soviet KGB from 1944 to 1991! This is a great place to look out over the city, but first you have to climb up the 232 steps to the viewing platform.

Another beautiful religious structure in the area is the Alexander Nevsky Cathedral. This stunning piece of architecture is an Orthodox cathedral that was built in 1900 in the Russian Revival style on Toompea Hill. It is amazingly well kept and features four minor golden, onion-shaped domes and a grand cupola, as well as 11 bells, all of which were cast in St. Petersburg. The largest bell in the city is here and weighs 15 tons. Wander inside to experience a calming peace and quiet while you look at various mosaics and icons.



This charming city is the perfect place to learn about northern Europe's culture, both past and present.

Futuristic Fun

Tallinn stretches much further than just the Old Town. Head to PROTO Invention Factory for a unique experience. This was a former submarine factory that is now a place to see amazing inventions come to life. This fantasy world will allow you to discover your inner scientist while experimenting with physical phenomena. Launch a space shuttle or use air cannons to keep a ball afloat. Both children and adults will love this interactive factory.

After enjoying the invention factory, head to Fotografiska, the museum of photography. Here you'll find the perfect blend of art, music, food and design. Linger over some of the world's best photography, then grab a bite to eat at the restaurant on the sixth floor, which offers great views of the city. Discuss your favorite pieces while savoring food made by one of Estonia's top chefs, Peeter Pihel. He utilizes his experience from Estonia, Sweden and France to create delicious, "honest" food.

Outdoor Entertainment

After enjoying the museum, it's time to head outside. Kadriorg Park is a lovely palace and

park with 173 acres that makes you feel like the bustling city is miles away. This beautiful palace was built in 1718 on orders of Tsar Peter I for his summer home. It features a lovely swan pond, lower and upper gardens, fountains and various museums on site, including the Estonian Art Museum. Interestingly enough, the architectural and design styles for the palace and grounds pull from various countries. Here you'll see Italian terraces, Dutch canals, French-style road networks and Russian-inspired flowers, all in one location.

From royals to farmers, get the full scope of what Tallinn used to look like. Go from the palace to the Estonian Open Air Museum, located just outside of the city, for a stark comparison of what the commoners lived like. This outdoor museum has 14 farms displaying the 18th through 20th century rural way of life. Take a horse and cart ride and go inside the school building from 1887. Once you've worked up an appetite, stop at the Kolu Inn. It was originally built in the 1840s and now serves up local dishes.

This charming city is the perfect place to learn about northern Europe's culture, both past and present. Get lost in the winding streets of the Old Town, or rocket into the future at the invention factory. Whatever you decide to do with



your time in Tallinn, make sure you're learning and loving life. That's what a good adventure is all about! ■

YOUR Barcelona BUCKET LIST

By Erica Fowler

Want a trip that will stave off the cold of the coming months? Head to the Mediterranean coast of Spain, where Barcelona is waiting.

1

Experience the unique and colorful Gaudí architecture of several prominent buildings throughout the city, but especially on a stroll through Park Güell.

3

Grab a cold beer and tapas at **La Boqueria** market, before or after you have ventured through the city's massive central street, La Rambla.

5

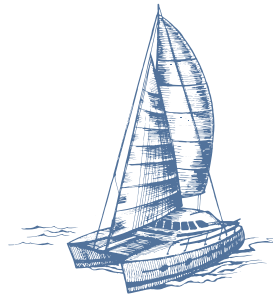
Delight in an evening fountain show at the Fountain of Montjuïc amid a garden and museum-filled area of the city.

Practice Catalan phrases to mingle with the locals, such as the greeting, "**Bon Dia!**" or market shop with the ability to ask, "**Què és això?**" or "What is this?" Marvel at the beautiful blend of French, Spanish and Italian languages that have merged to create one of Spain's four official languages.



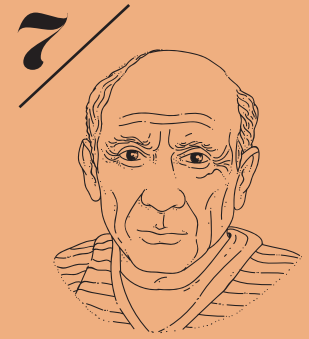
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Take a shared or private **catamaran** ride and relax on the Balearic Sea.



Take in the view from **Montserrat**, a mountain range jutting inland from Barcelona, with a historic abbey, terraces, and interesting sites tucked throughout. You can even take a cable car to the top!

6



The **Picasso Museum** pays homage to the artist's many years in this city. If you are an art lover, the display of over 3,000 of his works is a must-do, which is housed in five medieval mansions.

8

Find your favorite rooms at the **Sant Pau Art Nouveau Site**, which was once a hospital, if you can believe it, when you're looking at intricately tiled murals and palatial, sunny arched rooms.



9

Wind through the beautiful Parc de la Ciutadella for its many green spaces, a zoo, and their indoor palm house and winter garden, which is perfect for days with less than perfect weather.



10

La Sagrada Familia, the largest unfinished church in the world, is a popular site on many bucket lists, and worth seeing it in all its magnificence, despite the crowds. ■





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Mulgipuder

Estonia's Potato Porridge

..... By Anna Leigh Bagiackas



"Mulgipuder," or mashed potatoes with barley, may just be the recipe you've been looking for as autumn grows colder and darker and we all yearn for a bowl of warmth and deliciousness. This description characterizes many of the foods that have become popular in Estonia. With its proximity to the sea, fish is an important of the Estonian culinary culture, as are roasted meats, sausages and a variety of preserved foods. These are necessary to have different ingredients throughout the winter in this colder climate. Be sure to also try some Estonian desserts such as "kohuke" and "kohupiimakreem," which showcase the sweet side of cheese curd.

Mashed potatoes are a common dish around the world, but the combination of potatoes and barley is what makes mulgipuder unique. With almost 4,000 years of history, barley is a staple ingredient in Estonian recipes, as it has been grown in the country longer than other crops. This particular recipe comes from southern Estonia, but is popular all over the country today.

This porridge can be served as a cozy, lighter main course or as a side to go with roasted meat dishes. It is somewhat of an open palette in terms of what the porridge can be topped with. It is traditionally served with cooked onions and bacon on top, plus sour cream and rye bread, but you could add other preserves, sauces or different vegetables. You can also easily make it vegetarian or vegan, substituting the bacon for pan-fried eggplant or sour cream with a vegan alternative.

Mulgipuder

Serves: 4

Start to finish: 1 hour

3 1/3 pounds potatoes
1/2 cup pearl barley, rinsed
2 onions, chopped
2 teaspoons fine sea salt
2 to 3 bay leaves
6 1/3 cups water

Peel the potatoes and cut into halves. Place potatoes in pot with barley, onions, salt and bay leaves. Cover everything with water and bring to a boil. Once boiling, cover the pot with a lid and let it cook on medium heat for at least an hour.


Meanwhile, prepare onions, bacon or other toppings while potatoes cook.

Check on the potatoes and if there is a lot of water left, let it boil an additional 5 minutes without a lid. Then, remove the bay leaves, drain and return potato-barley mixture to pot to mash (using a traditional masher, not a ricer). Season with salt and pepper to taste.

Serve with prepared toppings and enjoy!

(This recipe was adapted from "Vegansandra.")

MWR GO

Wiesbaden.ArmyMWR.com  /WiesbadenArmyMWR

Wiesbaden Family
and Morale, Welfare
and Recreation



Run, travel or light up the stage this month with MWR

Christmas Market trips

Wiesbaden Outdoor Recreation offers a host of trips to traditional European Christmas Markets during the holiday season. Upcoming trips include **Valkenburg** (in the Netherlands) on Nov. 19, **Cologne** Nov. 26, **Nuernberg** Dec. 3, **Traban-Trarbach** Dec. 10 and **Rothenburg** on Dec. 17. These trips fill up fast, so contact Outdoor Recreation on Clay North or call civ (0611) 143-548-9801 as soon as possible to register.

'Puffs' Auditions

The Amelia Earhart Playhouse holds auditions for its upcoming youth production of "Puffs" on Nov. 1 and 2 starting at 6:30 p.m. The cast calls for 11 performers — men/boys and women/girls. Visit <https://wiesbaden.armymwr.com/calendar/event/auditions-puffs/5725463/72696>.

Customer Appreciation

The Wiesbaden Library holds a customer appreciation afternoon on Nov. 17 starting at 4 p.m. Come celebrate with the staff and enjoy door prizes.

Trip to Poland

Join Outdoor Recreation on a trip to Krakow and Auschwitz in Poland on Nov. 10-13. The trip will include a visit to the Auschwitz-Birkenau Memorial and State Museum, a tour of Krakow and other options. Cost is \$499 for adults, \$469 for children ages 3-11 and \$329 for infants. Stop by Outdoor Recreation on Clay North or call civ (0611) 143-548-9801 for details. (Note: Outdoor Rec is open from 11 a.m. to 6 p.m. weekdays.)

Picky Eaters Workshop

The Exceptional Family Member Program hosts a workshop presented by

Educational and Developmental Services aimed at



Outdoor Recreation offers a host of trips to noted European Christmas Markets during the season.

helping picky eaters be more open to trying different foods. The workshop will be held in the Army Community Service Multipurpose Room on Nov. 8 from 11 a.m. to noon. Call civ (0611) 143-548-9201 to register.

Turkey Trot

Get ready for the festive season by enjoying a little fitness fun during the five-kilometer Turkey Trot on Nov. 19 starting at 9 a.m. at the Wiesbaden Sports and Fitness Center.

All About the Brick

The Wiesbaden Library holds another Maker Space on Nov. 20 at 10 a.m. This time the theme is "It's All About the Brick — Legos for Everyone." This free event is open to children, teens and adults. Refreshments will be provided. Call civ (0611) 143-548-9821 for details.

Country Line Dancing

The Wiesbaden Entertainment Center Lounge hosts Country Line Dancing on Nov. 19 starting at 7 p.m. All levels of dancers are invited as dance lessons will be featured throughout the evening.

Staged Play Readings

The Amelia Earhart Playhouse will present free staged play readings each quarter as part of director and actor de-

velopment. The plays chosen for staged reading performance will be new (less than five years old) and/or current in topic or theme. People interested in taking part need not audition, simply contact the Playhouse. Staged Play Readings start at 7:30 p.m. and are scheduled to be held on Nov. 19, March 4, May 6 and July 22.

Call the Playhouse at civ (0611) 143-548-9812 for more information.

Recreational Shooting

Spend a day on the range with Wiesbaden Outdoor Recreation on Nov. 19 from 10 a.m. to 3 p.m. Firearms are available for rent on location. Ranges include handgun (25 meter), plus 100-, 200- and 300-meter rifle ranges. Cost is \$10 per person for Hunting, Fishing and Sports Shooting members; \$15 for non-members. Register at Outdoor Recreation on Clay North or call civ (0611) 143-548-9801 for details.

Spouse Orientation

Connect with representatives from around the garrison to learn about education, employment, volunteer, host nation, financial management and other topics during Spouse Orientation at Army Community Service on Nov. 16 from 9 a.m. to 1 p.m. Call civ (0611) 143-548-9201.

Sensory Play Day

The Exceptional Family Member Program hosts a Sensory Play Day on Nov. 16 from 3-4:30 p.m. The theme will be Fall Scented Play Dough. It will be held in the Army Community Service Multipurpose Room (Building 7790 in Hainerberg Housing). Call civ (0611) 143-548-9201.

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