

FREE

STARS  AND STRIPES.

JUNE 2023

WHAT'S UP

WHAT TO SEE | WHAT TO DO

STUTT GART



LAKE SIDE

in Switzerland

A DAY IN INNSBRUCK | EDITOR'S PICKS | & MUCH MORE



- **GOOD CARS FROM GOOD GUYS** •
- **STARS AND STRIPES' BEST OF GERMANY WINNER 2021** •

Insurance & Financing Assistance • Trades Welcome



🔍 FIND YOUR CAR

More than 200 late model US spec vehicles in stock

✈️ ARRIVE & DRIVE

PCSing to Germany?
Reserve online and we will get everything ready for you.
Hablamos Espanol

💰 SELL YOUR CAR

We have great prices with quick, friendly service and fast payment.

STUTTGART • KAISERSLAUTERN • RAMSTEIN • SPANGDAHLEM



WhatsApp: 01737 656 926

WWW.USEDCARGUYS.NET

WHAT'S UP

A Stars and Stripes Community Publication

COMMANDER

MARCI A. HOFFMAN, Lt Col, USAF

**BUSINESS OPERATIONS
MANAGER EUROPE**

JOHN RODRIGUEZ

**PUBLISHING & MEDIA DESIGN,
DIRECTOR**

MARIE WOODS

**PUBLISHING & MEDIA DESIGN,
MANAGER**

CARRIE FARRELL

WRITER-EDITORS

ERICA FOWLER, TAMALA MALERK,
KAT NICKOLA

GRAPHIC ARTISTS

AMANDA DEHART, RYAN JOYE

ENGAGEMENT MANAGER

KAREN LEWIS

MARKETING COORDINATOR

AYLA ROBACK

MARKETING ASSISTANT

AL GREEN

**MULTIMEDIA ADVERTISING,
MANAGER**

DOUG DOUGHERTY

ADVERTISING SALES ASSISTANT

DANNY PADRO

**MULTIMEDIA ADVERTISING,
CONSULTANTS**

SEAN ADAMS, HEIDI BAYFIELD,
KANDACE BLEVIN, NATE JAMISON,
JEFF TEESELINK

COVER DESIGN BY

CARRIE FARRELL

ADVERTISING OFFICE

Unit 29480, APO, AE 09211

Postfach 1980, 67607

Kaiserslautern, Germany

+49(0)631-3615-9000

or email: dougherty.doug@stripes.com

TO ADVERTISE CONTACT:



HEIDI BAYFIELD

STUTTGART AREA
MULTIMEDIA CONSULTANT
bayfield.heidi@stripes.com
TEL: 0152-56725021

CONTACT US:

Telephone: +49 (0) 6631-3615-9111

or DSN: 314-583-9111

Email: memberservices@stripes.com

WWW.STRIPESEUROPE.COM



@STARSANDSTRIPESEUROPE



pullman
HOTELS AND RESORTS

STUTTGART FONTANA



**your home
away from
home**



RENOVATIONS ARE COMPLETE!

Everything is brand new and state-of-the-art.

LUXURY ACCOMMODATIONS

Adjoining rooms and suites

RESTAURANT & BAR

Abundant breakfast

SPA & WELLNESS CENTER

Rejuvenate at our pool and spa

IDEAL LOCATION

Steps from the Vaihingen S-Bahn and U-Bahn stations

LAUNDRY AND IRONING

facilities available

CITY PARK

with kids playground and jogging trails in front of the hotel

Families PCSing receive:

- 10% Discount on food and beverages
- Choose two complimentary amenities - pet accommodation, laundry or parking

Vollmoellerstrasse 5 • 70563

VAIHINGEN - STUTTGART

T. +49 711 730 2301 • E. h5425@accor.com

BOOK TODAY 0711 730 2300

June Events

By Tamala Malerk

EDITOR'S PICKS

It is June and summer festival season has officially begun in Germany! Get outside and enjoy the sun, eat some great food, dance to some music, play some games and shop until you drop at one of these fantastic fests. Always check the event's website before traveling.



Elbhagh Festival June 23-25, Dresden

The towns of Loschwitz and Pillnitz combine to create one fantastically large fairy tale themed festival area filled with music, dancing and wine.



@FOTO: STEFAN BRENDING

Rock am Ring June 2-4, Nürnberg

Popular American bands such as Evanescence, Sum 41, Machine Gun Kelly, Bring Me the Horizon, Tenacious D, Incubus, Halestorm and more are performing at this three-day festival.



Kessel Festival June 24-25, Stuttgart

This two-day festival celebrates music, markets, gastronomy and sports. Children will love the circus and getting air-brushed tattoos while adults will love shopping at the sustainability-themed market.



Bachfest June 8-18, Leipzig

This year's theme is "Bach for Future" at this festival dedicated to classical musician Johann Sebastian Bach that is filled with concerts, special exhibitions, guided tours and more. June 11 marks the 300th anniversary of this monumental event.



@RHEINEVENTS, CC BY-SA 4.0

Panama Open Air June 30- July 1, Bonn

This is a two-day festival for those 16+. What began as an illegal rave is now one of the rising multi-genre music festivals in Europe. Enjoy various types of music across four stages.



SUCUK Festival June 9-11, Dortmund

If you love sausage, Dortmund has a three-day festival for you. From French to Jamaican, German and Turkish, you can sample many types of sausages and say you've been to the inaugural event.



Cultural Summer Festival June-September, Berlin

Enjoy three months of special events across Berlin including ballets on ships, readings at the zoo, theater in the streets and so much more. Another event is the Special Olympics World Games occurring between June 17-25.



Kieler Woche (Kiel Week) June 17-25, Kiel

Cheer on your favorite sailor at one of the largest sailing events in the world. The week begins with Olympic competitions in preparation for the Paris 2024 Summer Olympics.

Tell Your Story!

Editor's Pick Call Out:

Did you attend one of previous Editor's Picks events? We want to hear all about it! Please share something memorable about your experience in about 50-70 words and you could be featured here. Send your submissions to contentteam@stripes.com. ■

EHRBAR

BEST BURGER IN TOWN

Lauchstrasse 1
71032 Böblingen
Wednesday - Sunday
5pm-9:30pm



07031 98 96 961



info@ehrbar-bb.de

TREAT YOURSELF TODAY



Antik Cleversulzbach
JOHN
BIRCHALL
ANTIQUITÄTEN



Open Tuesday - Friday 10 a.m. – 6 p.m.
Saturday - 10 a.m. - 4 p.m.

By Appointment: Sunday - 2 p.m. – 5 p.m.

*Visit us in Cleversulzbach.
Our three cross-timbered houses
cover over 1500 square meters.*

Quality Antiques & Accessories

Antik Cleversulzbach, Eberstädterstr. 2-4, 5+8, 74196 Cleversulzbach
Phone: 07139-7963 / Cell: 0172-7193537 / john.birchall@t-online.de

Motorway 81 (Wuerzburg – Heilbronn), 10 minutes from Weinsberger Junction
5 minutes off A81, Exit 8, Neuenstadt to Cleversulzbach

www.antik-cleversulzbach.de

PHOTO of the month

If you are starving for the beauty of immense mountains at any time of year, Garmisch-Partenkirchen is the place to venture to. Now nicknamed Ga-Pa, Partenkirchen was once the Roman town of Partanum while the younger Garmisch began as a Teutonic community, combining townships in 1935. Ga-Pa may be known as a premier winter sports resort, but visitors also look forward to attending warm-weather festivals like AlpenFestival every August for fans of the outdoors.

Photo by Richard Crocker.

For a chance for your photo to be featured, email contentteam@stripes.com. ■





Midwest Family
DENTISTRY



American dentists and team, trained and licensed in the U.S.A.

Relaxed and friendly, we listen to your needs.

Compassionate and comprehensive care.

Located in the heart of Schönaich,
7 minutes from Panzer military base. On-site parking.



The Mountain Bike City *of Innsbruck*

By Kat Nickola



Nothing beats a sunny day biking in the Alps, and the Innsbruck area is a premier biking destination. Touting itself as a bike city, this Austrian city makes a great day trip for any kind of cyclist. Innsbruck is so bike-focused that its tourist website has a massive section devoted to routes, trails and information. There are scenic valley bike paths and leisurely tours around the city, but the biggest draw is mountain biking.

Mountain Bike Trails

Mountain bikers can tackle one of the numerous routes available. Expect tough uphill slogs followed by incredibly fast downhill sections with views to die for. Almost all the trails have an alpine hut along the way to enjoy a break, take in the peak panorama and maybe grab a pint. The Innsbruck city website offers 60 different routes for experienced mountain bikers.

One of the best-known loops is the 21-kilometer Mutters Three Hut loop. The route features everything you'd want in an alpine trail: forests, meadows and alpine views galore, plus the opportunity to grab a wurst

and beer at a mountain cafe. The route is not difficult after the initial, and optional, uphill section. It is primarily easily navigable wide dirt trails, with grazing sheep and cows as your only potential obstacles.

The first five kilometers are an uphill sweat-fest with roughly 600-meter elevation gain. All that hard work pays off when you emerge from the forest and get your first view of mountain peaks. The top is also your first opportunity for a snack break at the traditional Mutterer Alm (hut). To make this ride friendlier on your calves, or for a family day out, you can skip the uphill portion by buying tickets for the Muttereralm gondola.

The trail is primarily downhill after reaching the Mutterer, with only two short and gradual uphill sections afterward. The middle part of the route flows in and out of the trees to the scenic, but closed, Raitiser Alm. From there, the trail continues down to the quaint Kreither Alm and another potential lunch and drinks stop. The final section is the prettiest as you pedal downhill through mountain meadows facing the views across the valley.



Visit Stars and Stripes
Europe on Komoot for
a route map.

Downhill Tracks

For riders who want to focus on a fun, fast technical downhill ride, there are three gondolas near Innsbruck open to mountain bikers in the summer.

The Muttereralmbahn is the location of Bikepark Innsbruck. If you want speed, this is the place! As the site of the five-day Crankworx festival and race, Bikepark Innsbruck features five singletrack high-speed downhill trails, plus a pump track, a beginner park with easy obstacles and a new jumpline for experts. Bike services abound; there are wash stations, maintenance tools and rental safety equipment – helmets are mandatory. Bike rentals are also available if you book ahead and there is even a bike school for newbies. Tickets are sold for the gondola, and parking is validated for free for those who use it.

The downhill tracks here range in difficulty. There are easier routes aptly named The Simple One and The First One, plus other moderately difficult flow trails with jumps and ramps. The park also has a second, smaller location five kilometers down the road at the Nockspitzbahn with two expert trails: The Rough One and The Wild One.

There is a great family-friendly downhill ride at the Bergbahnen Oberperfuss. After taking the gondola up, you can enjoy a speedy mountain bike ride down on wide, gently sloping trails. There are extensive mountain views, open meadows and three scenic alpine hut cafes to choose from.

The best part of this option is that it can easily be adjusted for distance. Returning downhill from the top of Gondola 1 is five kilometers, mostly through the forest. Adding Gondola 2 means a 7-kilometer downhill



through meadow and forest. You can also bike uphill from the top of Gondola 2 past the pretty reservoir for 2.5 kilometers to Rosskogelhütte where you can grab a snack and soak in peak views before speeding 8.6 kilometers back to the bottom.

The final downhill option is the famous Nordkette Singletrail accessed via the Nordkette gondola. This is an infamously steep, difficult 3.2 kilometer downhill singletrack with a 36 percent grade and 1,000 meters of elevation change. Experts only!

For an extensive bike trail planning tool throughout Tirolian Austria visit radrouting.tirol/index_en.html ■



Expect tough uphill slogs followed by incredibly fast downhill sections with views to die for.



LAKESIDE *in Switzerland*

By Tamala Malerk

Switzerland is known as a world-class skiing destination; however, there is so much for everyone along the many lakes. This month, we are spending time lakeside in Zürich, Luzern and Lugano.

docteam42



At Docteam42, we strive to deliver the highest quality healthcare to our American patients. Utilizing the most up-to-date medical knowledge and technology, we provide expert medical care to your entire family. We employ several American nurses to provide our English-speaking patients with competent and comfortable care. Whether you need a Family Doctor, Internist, Pediatrician, Physical Therapist, or Plastic and Aesthetic Surgeon, we have you covered.

HELP WANTED

Front Desk Assistant

Friendly • Reliable • English-speaking



Docteam42
Poststr.42
71032 Böblingen

Appointments, prescriptions,
refills, referrals:
www.docteam42.com or
info@docteam42.com

US Adults:
07031-2043476
US Children:
07031-2043434
General Office:
07031-234545



Please visit our website

www.docteam42.com

to see a list of all of the services we
provide or to book your appointment
online. We look forward to your visit!

Tricare Authorized Provider



ZÜRICH

Zürich is known as one of the most expensive cities in the world, but that shouldn't keep you from visiting if given the opportunity. Meandering around Zürich is the lovely price of free.

One of the first places you can check out is the Lindenhof. History buffs everywhere will be interested to know that the Lindenhof was used as an ancient fort and then an early medieval royal residence. Everyone else will be interested to know that this is a place where you can get a gorgeous view of Lake Zürich and the city itself.

For those looking for shops, tourist spots and photo opportunities, make your way into the center part of town. We walked down Bahnhofstrasse where all the luxury stores are in Zürich. I marveled at all the watches, designer bags and clothing and also explained to my spouse what people found so special about red-soled shoes. We stumbled upon a farmers market with a multitude of items, from clothes and shoes to vintage military hats and taxidermized

animals. We also perused bookstores, took pictures of beautiful opera houses and churches, and walked around the lake.

Pro-Tip: Pack water and snacks to stay hydrated and fueled in Zürich. There are stunning views of the boats navigating the water and swimming spots. All of this is nestled around green spaces and cute little gardens perfect for a light picnic.

We loved looking at the lake so much we were inspired to go on a 1.5-hour boat tour. This can be quite the people-watching opportunity as residents use it to ferry themselves around Zürich.

LUZERN

Luzern presents another opportunity for lakeside fun. However, in Luzern, we learned about some of the cultural differences between the Swiss and Americans while walking around the lake. We accidentally stumbled upon the "nude-positive" corner of the swimming area. For those visiting, this was off to the side of the swimming area away from the rest of the swimmers, not front-and-center.

Heading into town you can see some of the more popular attractions: Glacier Garden and the Lion Monument. Glacier Garden offers fun for the whole family. What I enjoyed most was the air-conditioned indoor "tour" through the ice ages and time. There is also a house museum on-site where you can see tons of gems and other artifacts. If you get hungry there is a bistro and shop where you can get coffee, water, hot dogs and other treats.

Next to the garden is the Lion Monument. Visited by over 1.4 million people a year, the monument was erected in 1821 to memorialize the Swiss guards who perished in 1792 when the Tuileries were stormed in France. Nowadays, a lion magnet or figure is the "must-have" souvenir of Luzern.

You can end the night eating pizza and watching the sun go down behind the mountains from the appropriately named Sunset Bar which is beautifully situated on the lake. They have a convenient website where you can order directly from your smartphone and be alerted when the food and drinks are ready to pick up.

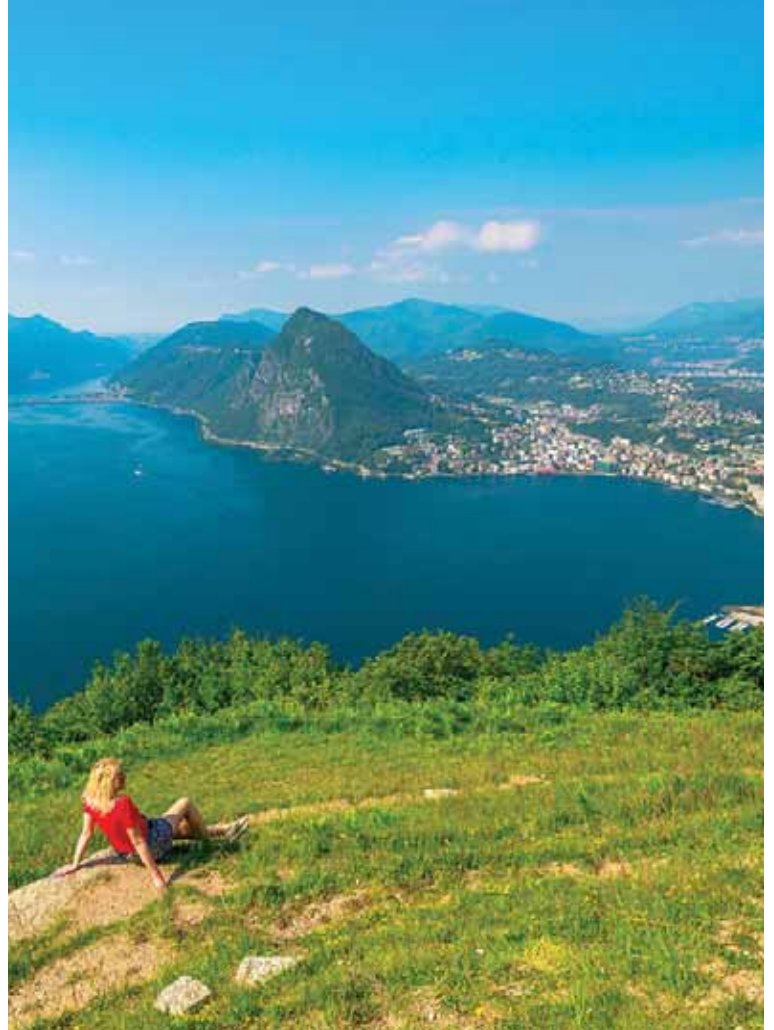
LUGANO

Unlike the rest of Switzerland, which speaks German or French, Lugano is located in the Italian-speaking region of Ticino. Along the lake is a beautiful lakeside promenade and Belvedere Garden. Take in all the gorgeous floral and watery views while the weather is sunny and bright (not to leave out the modern art that is on display).

Just one block away from the lake and under the 270-meter-long ancient city porticoes is Via Nassa, "Lugano's number one shopping destination," according to luganoregion.com. Here you can find department stores, jewelry stores, upscale boutiques, antique shops, food, cafes and more hidden underneath the arches.

For those who want to take advantage of the gorgeous weather and head out on a boat, Società Navigazione del Lago di Lugano offers a variety of rental boat and boat cruise options, (including my favorite, the night cruise) to create your own adventure. People who want to stay on land can also enjoy the beautiful weather by hiking on the Olive Tree Trail. Along this 3.5-kilometer trail, you will find the remains of old olive groves and 18 informative boards about the history and science of olive oil and trees.

Switzerland isn't just snowboarding and skiing; there is so much to do there when the snow on the ground has melted and the sun is high in the sky. ■



Nowadays, a lion magnet or figure makes for the "must-have" souvenir of Luzern.

“SWITZERLAND ISN'T JUST SNOWBOARDING AND SKIING; THERE IS SO MUCH TO DO THERE WHEN THE SNOW ON THE GROUND HAS MELTED AND THE SUN IS HIGH IN THE SKY.”



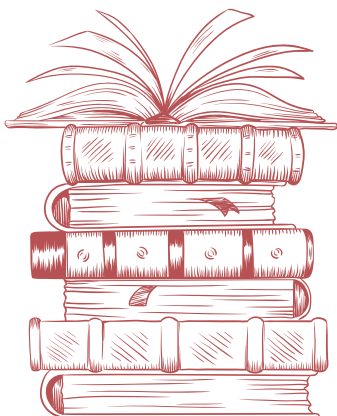


Volunteering with Patch Library

IN STUTT GART

By Tamala Malerk

Volunteering can be such a fulfilling activity. Every other month, we are highlighting a new organization or event for those who are looking to learn more about the services and resources available to them as well as for those who are looking to give back to the community.



This month, we are featuring on-base libraries. I interviewed Kim Dulle from Patch Library, and she shared some insights into what it was like to volunteer.

Kim was drawn to volunteering at the library about a year and a half ago. She noted, "I love the library and reading. So, this way I can touch all the books [and] when I'm putting books away, I find new books." As a fellow lover of books, I totally get the "book-touching" adoration.

Along with putting books away, she has the daunting task of book repair for books that have been, as Kim so aptly put it, "well-loved." We both laughed as she described a giant jar of book glue that she utilizes to piece the books back together.

Some of her favorite programs at the library are the numerous kids' programs, the summer reading program and the scavenger hunts. She elaborated with:

"After the kids get out of school, it's like they have kind-of something to look forward to, and it keeps them reading. And they really do check out a lot of books. I put them away, so I know."



LAW OFFICES



U.S. Immigration Law

Florida Bar Attorney
Over 23 years Experience
"Wir Sprechen Deutsch"

Worldwide legal representation for U.S. Immigration
www.karynjbeginlaw.com

Law Offices of Karyn J. Begin, P.A.
karynbeginlaw@gmail.com

SHIP/MAIL



Trans Global
LOGISTICS EUROPE GMBH

- International Shipping
- Import & Export
- Inland trucking (U.S. & Europe)
- Door to door pick-up/delivery service
- Customs clearance
- All Risk Marine Insurance
- Auto Insurance (Germany only)

LAW OFFICES



BECKER & CO

U.S. & GERMAN ATTORNEYS
U.S. & GERMAN DIVORCES • SUPPORT ISSUES • EEO
WILLS & PROBATE • EMPLOYMENT • PERSONAL INJURY
MSPB • CONTRACTOR ISSUES • TAX ADVISORS

FULL SERVICE LAW & TAX FIRM
Call 069 - 299 - 2069 - 0
maiss@b-co.legal www.b-co.com

VEHICLE SHIPPING SERVICES!



GERMANY Phone: +49 (0) 6134-58444-0 Toll-Free: 0800-CARSHIP (Germany only) E-Mail: info@transglobal-logistics.de Web: www.transglobal-logistics.de	UNITED KINGDOM +44 (0)1638-515714 enquiries@carshipuk.co.uk www.carshipuk.co.uk	U.S.A +1-972-602-1670 +1-800-264-8167 (US only) info@tgal.us www.tgal.us
---	---	---

For 2nd POV Shipments - Offices / Agencies near Military Installations

SHIP/MAIL



WORLDWIDE SHIPPING AGENCY

PCS Without Stress!
Ship Cars/Containers to/from USA

Hours: Monday-Saturday 9am-9pm
For a free rate request, please email us at:
info@worldwide-ship.de

Call 0800-5226274 or 0800-WSR-SHIP (972-7447)

AUTOMOTIVE



Inh. Dietmar Sander e.K.
brixner
automobile & classic cars

CLASSIC CARS
PKW Reparatur
Karosserie- & Lackierzentrum



FULL SERVICE FOR YOUR CAR ALL MAKES and MODELS

Maintenance, repair and overhaul - body work

- partner of many insurances
- detailing for PCS shipment
- VAT forms/VISA accepted
- english spoken

Our promise:
best rate on- and off post
great offers for oil/tire change
Ask for prices!



We are happy to serve you
Mon-Fri 7:30 am-6 pm
Brühlhofstr. 9,
70771 L.-Echterdingen

www.brixner.de info@brixner.de • phone: 0711/993377-0

MOTORCYCLES



BMW MOTORRAD

Dexheimer
MILITARYSALES
0631-36190811
www.motorradsale24.de/military-sales

Volunteering with Patch Library

IN STUTT GART

Kim loves to help out in the children's area of the library and help people find a specific book they are looking for or suggest a new title. When asked about the most fulfilling aspects of volunteering Kim stated, "I really enjoy the librarians and the kids that come in. They're always asking, 'where is this book' and I just love to watch them reading."

Kim emphasized the importance of having on-base libraries while living overseas. Kim noted that "it makes me sad when people don't know that the resource is there...if you need the internet or a computer when you're PCS'ing in or out. There's a lot there [at the library]."

When stationed in the States, families may be able to access a local library more easily. However, having an on-base library while living overseas provides resources to families that they may not have access to on the economy including a wide range of English-language books, free computer and internet access and much more. She talked about the nice children's area where even the smaller kids can do activities like coloring.

Kim emphasized that there is "a lot to take away" from volunteering with the library, such as learning new things and perhaps even some gaining skills that will look great on a resume. Whether you go to check out a book or DVD, take part in a scavenger hunt or volunteer, there is something for everyone at the library. Those interested in volunteering can do what Kim did and simply walk in and talk to a staff member or you can use the Volunteer Management Information System (VMIS). ■



RETAIL

Fantasia Blumenland

CUT FLOWERS • BOUQUETS • DECORATIONS • PLANTS • & MUCH MORE



Klaffensteinstraße 8 • 71032 Böblingen
www.fantasiablumenland.com • Tel. 0176 - 577 25 623

10% OFF
with this ad!

FLOWERS ARE *Always* A GOOD IDEA!

weddings • graduations • anniversaries • retirement parties • birthdays • new baby • get well • promotions



Visit our shop in Böblingen for personal assistance and beautiful flowers for any occasion.

THE BEST RATED
Flower Shop
 IN BÖBLINGEN & SINDELFINGEN



BEAUTY & HEALTH



THERAPY CENTER AM MAIENPLATZ

Center for: Physiotherapy / Occupational Therapy / Speech Language Therapy

Please contact us via e-mail at info@therapiezentrum-bb.de, or call us at **+49 (0)7031 236262**

Hours of Operation: Monday–Thursday–7:00–19:00 Friday–7:00–16:00	We accept Tricare and all other private insurances (Cash, Online Banking, EC Card)	Waldburgstr. 1 71032 Böblingen therapiezentrum-bb.com
--	---	---

TRAVEL

Worldwide Pet Shipping



- ▲ Daily departures
- ▲ Pick-up Service

PetAir takes care
 Frankfurt Airport
 Ph. +49 69 120186550

www.petair.de



Ready, Set,

AFN go

LISTEN NOW

afngo.net










Four Cities Perfect for a BUDGET

Solo Getaway

By Kat Nickola



Going solo is the perfect way to take a quick trip focused on personal interests. Keeping costs low can be hard, and summer is peak season in Europe. Here are some frugal travel tips and four cities perfect for a budget solo getaway.

Book now with discount airlines for off-season travel; direct flights are cheapest. Make it a goal to use a small backpack that fits under the seat; this avoids extra charges for overhead space and checked bags. Try to find lodging near the sightseeing so it's easy to walk or take public transportation. Taxis are budget killers. Hostels nowadays are a combination of basic private rooms and dorm-style accommodations. A hotel or hostel that includes breakfast can also mean a great cost savings. Restaurant prices can be daunting; try going out for lunch as costs are lower at midday. Grab picnic foods at a local grocery store for dinner and bring a refillable water bottle.



Alicante

Travelers looking for sun and sand, a bit of history and scenic streets to wander will love Alicante, Spain. Find accommodations in the city center as close to the waterfront esplanade and El Postiguet Beach as your budget allows. Wander the palm-studded town past cute plazas. Hike up to the free cliff-top Castillo de Santa Bárbara via the barrio neighborhood on its western flank and enjoy the Mediterranean view.



Riga

Riga is a city for lovers of artistic architecture and Baltic culture. This capital city sits near the mouth of the Daugava River at the Baltic sea and features a UNESCO-listed old town and art nouveau architecture. Stay in the old town to have maximum time exploring the cobbled streets and unique sculptures like the Cat House and The Ghost. See the magnificent Riga Cathedral and the medieval House of the Black Heads guildhall, or head the opposite direction and take a canal boat tour.



London

London is notoriously expensive, but there are so many free museums, cheap flights and hostel stays that it can be affordable. Food is expensive, however. Visit grocery stores, food courts or sandwich shops and splurge once on lunch at a pub. Stay in the area around the University of London for budget hostels. Walk to the British Museum to spot world-famous archaeological finds, the British Library to see the Magna Carta, or Platform 9¾ at Kings Cross (all free). Big-name sites in London are pricey and often overrated, but it is free to walk by and take pictures. Bus line 11 is especially convenient as a budget 'city tour' on your way to the Tower of London area for iconic bridge pictures.



Cluj-Napoca

Cluj, as its nicknamed, is unique on this list as the starting point for car-touring the dramatic Transylvanian countryside. Entrance fees are cheaper in Romania, as are car rentals when booked ahead. Driving out of town, visit the Romulus Vuia Ethnographic Park to learn about traditional Transylvanian life. Drive southeast to the hilltop fortified old town of Sighișoara and the spooky birthplace of Vlad the Impaler. Nearby are the fortified churches of Biertan and Viscri and rural Transylvanian villages full of goats and horse carts. ■

Scan for more details,
like flight options and itineraries
for these amazing places!



Follow us on
Instagram "CocadaKosmetik"



Give the Gift of *Beauty & Relaxation*

with a gift card from
Cocada Kosmetik!

Shop online at our website or Instagram.
We ship to your home.



Postplatz 8 • 71032 Böblingen
www.cocada-kosmetik.de • 07031/7217993

Specials

Maderotherapy - 75€, Vacuslim Fat Loss Wrap - 50€,
Cellulite Treatment Package (x6) - 420€ or (x10) - 650€,
Eyebrow Threading - 19€, Microblading or Powder
Brow Treatments (x2) - 340€, Lip Pigmentation Treatments (x2) - 340€
Hydra Facial - 99€ or complete for - 120€
Diode Laser Treatment - we accept VAT Forms,
Make-up for Day or Night - 60€, Bridal Make-up with prior consultation
Lymph Drainage, Maternity & Ayurvedic Massage, Waxing, Facials, Spray
Tanning & more

NOW OFFERING - Radio Frequency Treatments for Face and Body
(firmness, fat melting, lifting, contouring)

It's time to get hair free! | Diode Laser Specials | Use your VAT form
GIFT CARDS AVAILABLE AT THE SPA AND ON OUR WEBSITE

COCADA
Kosmetik & Waxes

LEARN *To Paint* IN *Italy!*

JULY 1-7, 2023

WATERCOLOR LANDSCAPE CLASS

ALL SKILL LEVELS | ENGLISH SPEAKING

Paint in the ancient, Italian village
of Castiglione Messer Marino



Learn how to get the most
out of watercolor, the
most portable, spontaneous,
and flexible painting medium
there is. Apply what you learn,
painting outdoors in this lovely
mountaintop village in Abruzzo,
near the Adriatic Coast.

Includes:

- Instruction by award-winning artist Steven Givler
- Small class size (limited to 10)
- Special rates at the local B&B
- Picnic lunches from local suppliers

Sign Up Today!

greyhorsestudio@aol.com

See more work: stevengivler.com

Changing Smiles, Changing Lives



- Now offering Ceramic Implants: Biological alternative in highest quality!
- Aesthetic Dentistry
- TMJ/Facial Pain Treatment
- Certified Dental Hygienist
- Preventative Care and Periodontal Therapy
- Orthodontics/Invisalign
- Implants
- Oral Surgery



Dr. Charles A. Smith, DDS is an American trained dentist providing expert dental care with the newest and most successful techniques. Dr. Smith and his Team are proud to provide for your entire family, from infants to geriatrics, treatment to cover all of your dental needs. Our Team is available in two locations and we **now have new extended evening hours in our Böblingen office!**

We look forward to your visit!

Heidelberg Dentistry

Römerstr. 1
69115 Heidelberg
Tel: (0)6221 651 6090
info@heidelbergdentistry.com
www.heidelbergdentistry.com

Böblingen Dental

Charles-Lindbergh-Str. 11
71034 Böblingen
Tel: (0)7031 205 6062
info@boeblingendental.com
www.boeblingendental.com



**CHARLES A. SMITH, DDS
& ASSOCIATES**

Specialists for Aesthetic Dentistry