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COMMANDER

MARCI A. HOFFMAN, Lt Col, USAF

BUSINESS OPERATIONS MANAGER EUROPE

JOHN RODRIQUEZ

PUBLISHING & MEDIA DESIGN, DIRECTOR

MARIE WOODS

WRITER-EDITOR

MARY DEL ROSARIO, ANNA BAGIACKAS

GRAPHIC ARTISTS

CARRIE FARRELL, DANIELA GAMMON,
RYYAN JOYE

ENGAGEMENT MANAGER

KAREN LEWIS

MARKETING COORDINATOR

LEAH GEIER

MULTIMEDIA ADVERTISING, MANAGER

DOUG DOUGHERTY

MULTIMEDIA ADVERTISING, CONSULTANTS

SEAN ADAMS, HEIDI BAYFIELD,
NATE JAMISON, TOM KEYS,
CLAUDIA STIER, JEFF TEESELINK

ADVERTISING COORDINATOR

AL GREEN

COVER DESIGN BY

DANIELA GAMMON

ADVERTISING OFFICE

Unit 29480, APO, AE 09211

Postfach 1980, 67607

Kaiserslautern, Germany

+49(0)631-3615-9000

or email: dougherty.doug@stripes.com

CONTACT US:

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"DROGERIEN"

GERMAN DRUG STORES

By Mary Del Rosario

If you poll Americans living in Europe and ask them what stores they miss the most, I bet you'll find a lot of "Target" responses. Who doesn't miss haphazardly walking down the aisles as you put your fifth facial mask in your cart, convincing yourself you "need" it? This beloved store has it all—home accessories, furniture, makeup, clothes and much more. Whenever I feel a pang of homesickness, I head to Globus, Germany's popular supermarket, to fill that void. But what happens when I want to dodge the crowds? That's where my obsession of the "Drogerie," or drugstore, kicks in.

"Drogerien," drugstores, are similar to your average drugstore in the States, just smaller. What I love most about the ones in Germany is the opportunity to try inexpensive, yet good-quality brands that may be foreign to us. Not to mention, these drugstores are perfect for other needs such as baby diapers and wipes, photo printing, certain health foods and even home decor if you're lucky. From the latest hair mask popular in France to the prettiest shade of lipstick, I enjoy treating myself to the simple finds I can buy at these stores. DM and Rossmann are the two main drugstores to note down. ■

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Whether you're new to Germany or are just curious to see what others have in their cart, below are a few of my favorite things to buy at either store:



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Enjoy a

Radler

This Summer

By Karen Bradbury

For a country that adheres so strictly to a 500-year-old Beer Purity Law that dictates the only ingredients allowed in the brewing process, the Germans sure do some mind-blowing things to their beer once it's made. Beer is mixed with cola, banana juice, cherry juice, grapefruit juice and for the health-conscious, versions with pomegranate and the caffeine-heavy guarana are sold as well. In Berlin, mixing up beer with a shot of raspberry or woodruff syrup is common practice.

But there's one beery mixed drink you're sure to be able to find virtually anywhere: the Radler. A Radler is a mix of a light-colored beer, likely a lager such as a Helles or Pils, mixed with a clear and sparkling lemon soda. In the U.S. and England, you'd know this drink as a shandy. Elsewhere in Europe, the beloved summertime beverage goes by the names clara (Spain), panaché (France) and Sneeuw witje, literally "Snow White" (Netherlands).

While the term Radler is commonplace across most of Germany, in the north, the drink is more commonly known as an Alsterwasser. It's named after the Alster River, a tributary of the Elbe, in reference to the water's yellowish tint.

Bike riders in particular may be aware of the fact that the word Radler is another term for cyclist, and there's a reason for that. According to a popular tale, on a Sunday in June of 1922, Franz Xaver Kugler, manager of a

guesthouse just outside Munich, faced the unthinkable: he would soon run out of beer. The quick-thinking innkeeper mixed what beer he had left with lemonade and served it to the thirsty cyclists clamoring for refreshment. The beer/lemonade mix proved a hit and became a staple not only at the Kugler Alm but throughout the land. While some cite references to the drink's earlier existence, it's a fun little story, and that's the likely reason it's stuck.

If you haven't yet enjoyed a Radler this summer, perhaps you should. Lower in alcohol than a traditional beer, they're particularly refreshing after an arduous hike or exhausting bike tour. Alcohol-free versions are widely available and no less thirst-quenching. You've had your swim in a lake? Check. Traipsed through a vineyard? Check. Meandered through a charming Old Town? Check. Imbibed in a well-chilled Radler? Your German summer is well on its way to being complete! ■





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GERMANY'S HIGHLIGHT

By Karen Bradbury

Ettal Monastery Brewery

Germany's glorious southernmost state of Bavaria is synonymous with Alpine peaks, Baroque architecture and centuries of beer brewing tradition. A visit to this idyllic corner of the Alps poses a delectable dilemma to those who love natural beauty, dazzling historical sites and frothy beverages in equal measure. Where to head for the next round? A monastery brewery, of course! While Weltenburg Abbey and Andechs Monastery are better-known names, there's no need to leave the smaller but no less spectacular Ettal Monastery Brewery out of the equation.

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A VISIT TO THIS IDYLIC CORNER OF THE ALPS POSES A DELECTABLE DILEMMA TO THOSE WHO LOVE NATURAL BEAUTY, DAZZLING HISTORICAL SITES AND FROTHY BEVERAGES IN EQUAL MEASURE.

Four centuries of brewing tradition

In 1609, the Benedictine monks of Ettal first began churning out their tasty brews, way back then and even now, in accordance with the Bavarian Purity Law. Although ownership of the brewery was transferred to the state during the secularization of church assets in 1803, it never seized operations, and in 1900, the brewery was returned to the monastery.

Spiritual splendor

Baroque influences can be seen from the monastery's gleaming white Mariä Himmelfahrt Church, a minor basilica, which impresses with its massive scale, saintly statuary and huge green cupola framed by twin towers. From within, the opulence of the stucco, paintings and golden trim is overwhelming. The marble statuette of the Madonna, brought from Italy to commemorate the founding of the church in 1330, has long been an object of veneration for pilgrims.

Tour the premises

Now it's time to check out the brewery itself. In non-pandemic times, the tour, conducted in German only, is offered on Tuesdays and Fridays at 10 a.m. The cost of the one-hour guided walk-through is 12 euros; those under the age of 12 enter free. The tour concludes with a tasting for the grown-ups. The museum displaying ancient brewing equipment is worth a look too.

The monastery is also known for its production of liqueurs in accordance with recipes unchanged throughout the centuries. The 45-minute distillery tour is offered on Mondays and Thursdays at 4 p.m. and costs 9 euros per person. Tours conclude with sampling the mysterious green and yellow herbal potions.

Drink and dine

Good things come to those who wait. Here in the Ammergau Alps, this takes the form of tasty meals featuring regional fare. Dishes from trout to deer ragout are sourced from local lakes and forests and are prepared in the kitchen of the Ludwig der Bayer Bräustüberl restaurant. Wash it all down with the monks' beer, available in dark, light or seasonal varieties. On warm and sunny days, dining on the terrace or in the beer garden adds stunning scenery to the mix.

Exit through the gift shop

Before departing the grounds of the monastery, a peek into the Schaukäserei, or show dairy, is in order. Here, visitors can witness the cheese-making process through a glass gallery and sample the savory result. Other dairy products from yogurt to cottage cheese can be taken home as flavorful reminders of a memorable day out.

Those making Garmisch-Partenkirchen their base can complete the 10-mile drive to Ettal in under half an hour; alternately, take bus 9606 heading in the direction of Rottenbuch; the ride takes just 25 minutes. ■

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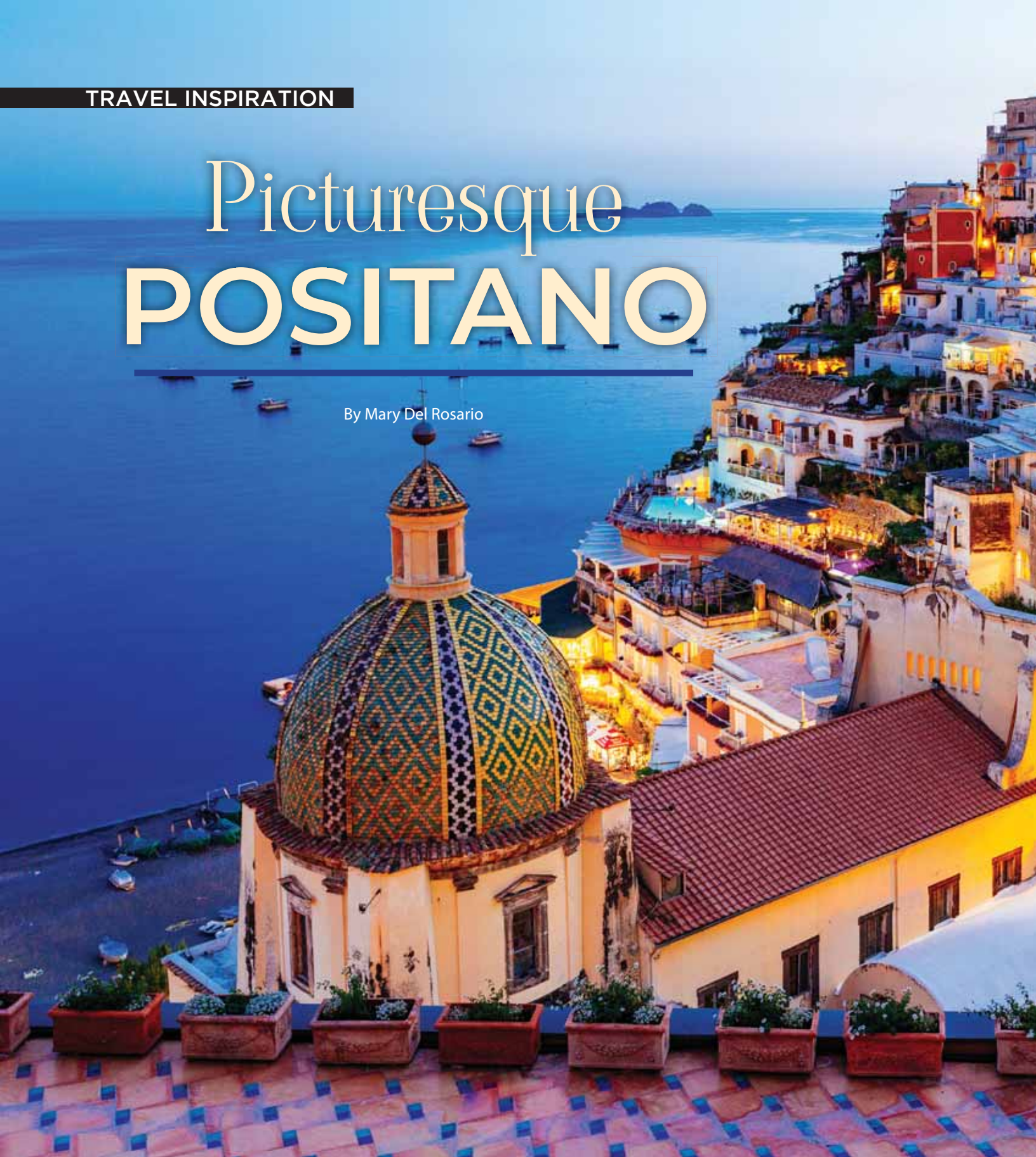
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TRAVEL INSPIRATION

Picturesque POSITANO

By Mary Del Rosario





Multi-colored terracotta houses perched atop a cliff with the beautiful, cerulean Mediterranean hugging the edges and bougainvillea cascading down restaurants and shops — what sounds like a picture-perfect dream is actually reality when you travel to Positano, a dazzling, cliffside village along Italy's Amalfi Coast.



WHAT TO DO

Since Positano is an ideal city for walking, meander down the winding roads and note the places you'd want to visit. Stumbling across a cute café while aimlessly walking through unmarked roads always makes the best memories. Not really the walking type? Rent a scooter instead to capture the best views and coastline. Don't forget to take your camera as Positano boasts the most stunning views.

If you're into the art scene, check out the art galleries — both eclectic and traditional, sprinkled across the village. The notable galleries are Art and Craft Gallery and Absolute Positano. If you like shopping, be on the lookout for handmade, leather sandals and linen clothes as these are the two gifts unique to Positano.

For those who love adventure, rent a boat and explore the open, blue Mediterranean. Positano Boats lets you rent a boat with or without a sailor, but it is highly recommended you opt for a skipper on board if you have no experience at sea. If you're not comfortable with renting a boat, book a sunset cruise and see colorful hues of orange and red light up the sky. Since you're out at sea, a site that shouldn't be skipped are the grottos to include the Green, White and Emerald grottos. These picturesque caves are near Positano along the Amalfi coast and are reached via boat. Other water activities include stand up paddling (SUP), parasailing and kayaking.

Although Positano may not be known for its nightlife, the wine scene won't disappoint because when does it ever in Italy? After a few glasses of wine and refreshing limoncello, take your sun-kissed self to Music on the Rocks, a nightclub that's literally dug into the rock at the end of Spiaggia Grande, a popular beach.

The best thing about the Amalfi coast is its proximity to other neighboring villages. The ferry from Positano to Capri is a popular route many take to experience all that this side of Italy has to offer. The Positano Capri ferry route is operated by three ferries and some companies can travel up to seven times per day.

BEST BEACHES

In Positano, there are no shortages of jaw-dropping beaches. Whether you're looking for a secluded area or are wanting to mingle with other beachgoers, these are the top beaches to put on your itinerary.

- **Spiaggia Grande** - Known as the "large beach," this easily recognizable beach is known for its colorful rows of umbrellas dotted along the shore. In the middle of this beach is the spiaggia libera or free beach where you don't need to pay to rent an umbrella or chair. Be sure to bring your beach towel!
- **Fornillo Beach** - This small and secluded beach is away from the Positano dock and can be reached by the Strada Statale.
- **Arienzo Beach** - It is known as the "300 steps beach" because there are exactly that many steps beachgoers need to climb down to reach it.
- **Marina Grande Beach** - One of the livelier beaches in the area. Music on the Rocks is also located here.
- **Laurio Beach** - This small beach is Positano's best-kept secret and is popular among the locals. There are also two beach restaurants.



FOOD AND DRINKS TO TRY

Stated by the obvious, one can't go to Italy and not devour all the pizza and pasta to their heart's content, but Positano offers more to please the palette! While you've eaten your fifth pizza slice of the day, don't forget these must-try foods as well!

- **Lemon sorbet** - The best can be found at Covo dei Saraceni Hotel.
- **Seafood pasta** - Served with fresh prawns, octopus and mussels.
- **Risotto** - The one in La Terra serves their seafood risotto in a crispy parmesan tortilla.
- **Cornetto** - Similar to a croissant but is softer and has less butter.
- **Pizza** - Really, you can't go wrong in any restaurant you order.

Whether you make a stop on your Amalfi coast expedition or want to flock to a warm and dreamy getaway — the picturesque village of Positano will not disappoint! ■

DON'T FORGET TO TAKE YOUR
CAMERA AS POSITANO BOASTS
THE MOST STUNNING VIEWS.





LEFT: The Amalfi Coast.
RIGHT: The Spiaggia Grande.

Up Close and Personal *with* Spiaggia Grande

by Jessica Zen

The incredibly scenic Amalfi Coast of southern Italy is nothing short of astounding. The sparkling blue seawater paired with quaint villages and delicious food lures visitors from all over the world. For the perfect beach experience, visit Spiaggia Grande in Positano. Spiaggia Grande literally means "large beach," and is the main beach and activity hub in the village. The surroundings of this area are truly spectacular, as the beach is backed by the rocky walls of Sant'Angelo a Tre Pizzi Mount and the village seems to be suspended over the glittering sea.

Spiaggia Grande stretches on for over 1,000 feet and is a fabulous place to sunbathe. The combination of sunshine, the smell of citrus, colorful gardens, the clear blue sea, buzzing shops and amazing restaurants all meld together to give Positano its international fame. If you have the pleasure of spending time on the beach, you'll find a bathhouse where you can rent sunbeds and umbrellas. There is also a children's play area, numerous restaurants and a free area where you can stake your claim with a towel. This is a pebble beach, so consider wearing water shoes. From the beach, you can take a boat tour of the Amalfi Coast or even to the island of Capri if the mood strikes you.



Beyond the Beach

If you want to venture beyond the beach to get a feel for the village itself, you're sure to be dazzled by the Church of Santa Maria Assunta with its tiled Moorish dome. Inside you'll find Byzantine era treasures. The church is considered a centerpiece of the village and makes an ideal picture background. If you're feeling adventurous, rent a vespa and cruise along the cliffside roads and through Positano. If you just want to wander, you can shop for local and international pieces as you take in the sights. There is no shortage of artwork, ceramics, jewelry, food, pet gifts and clothing. Browse the numerous boutiques for the perfect pair of custom-made leather sandals, as southern Italy is known for its handmade leather goods.

have both indoor and outdoor seating. While you're there, you can have a friendly argument about which is better: the food or the view?

For a romantic dinner, dine at Rada. This restaurant features an elegant atmosphere, fine Italian wine and the freshest ingredients. It is located above The Music on the Rocks disco right off the beach. Be sure to finish every meal while you are in Positano with limoncello, a chilled lemon-flavored alcohol. Italians consider this a "digestive" and the perfect end to each meal.

The perfect beach does exist, and it's waiting for you in Positano. Soak up the sun as you relax in one of Italy's most popular destinations. Unparalleled views, truly exquisite food and the bluest of waters are calling you to Spiaggia Grande. ■



Seafood to Die For

Naturally, Positano couldn't be more ideal for finding the freshest seafood. The beach itself is bordered by some of the village's best restaurants, so you don't even have to wander far to have something amazing. Check out Chez Black, a casual dining restaurant that will make you feel like you are on a ship. They



Top: Mussel risotto.
Bottom: Blue ocean water.

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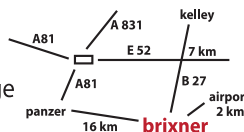
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SCOTTISH HIGHLANDS

By Stacy Roman



The Scottish Highlands are undoubtedly one of the most beautiful places in the U.K. The vast, rugged wildland stretches over a large portion of western and northern Scotland. Filled with mountains, valleys and folklore (including the legendary Loch Ness monster), it should definitely be on your must-visit list. Most visitors give themselves between four and seven days to explore the Highlands. Can it be done in 48 hours? Absolutely.



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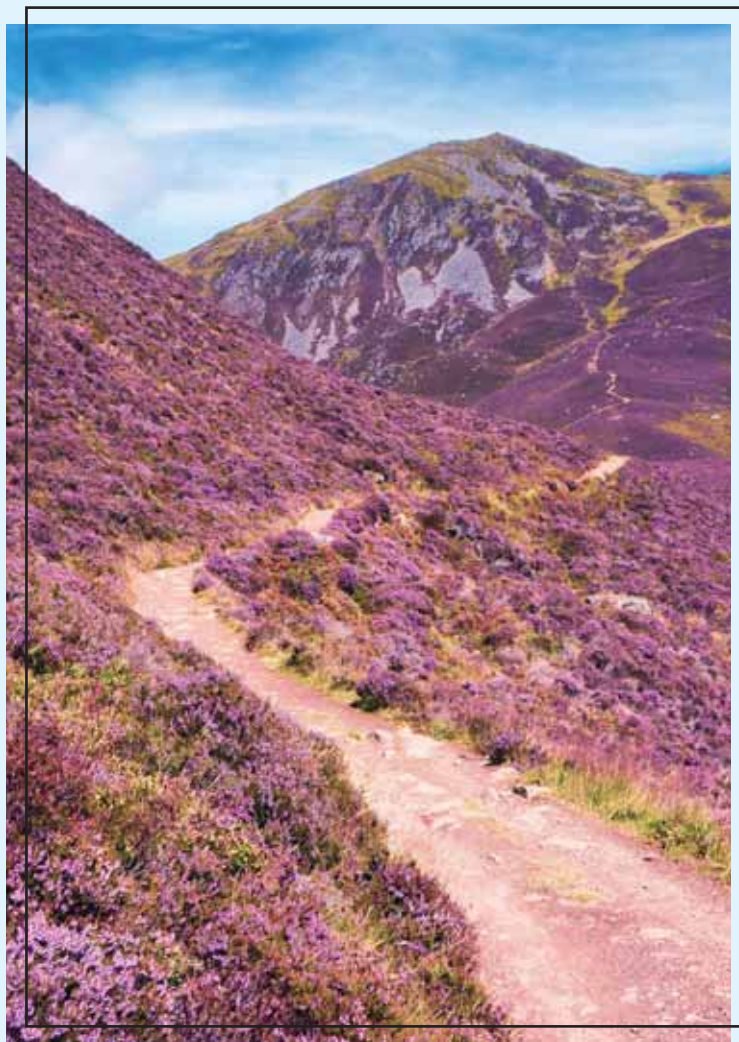
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While many begin their trek through the Scottish Highlands in Inverness, in order to get the full experience, start in Glasgow. From this vibrant, somewhat eccentric and industrious city, head an hour north to Loch Lomond. Nestled in one of Scotland's national parks, this picturesque lake is surrounded by old-world village and is at the foot of the majestic mountain, Ben Lomond. From there, make your way to Fort William (approximately an hour and 45 minutes northwest). This gateway city boasts access to Ben Nevis (the U.K.'s highest peak) and also has a long history of famed Scotch whisky production.

In Fort William, there are few different options to take. For those wanting a more relaxing journey, hop on an old Jacobite steam train and head west to the port village of Mallaig for the day. You'll pass over an old aqueduct featured in the "Harry Potter" movies and relish the scenery while enjoying afternoon tea. If you're feeling a bit more ambitious, head north to Inverness. Along the way, stop at the famed Loch Ness to see if you can spot the mythical beast. To explore more of Mother Nature's striking beauty in the Highlands, make your way to Aviemore in the Cairngorms. This rustic Scottish village offers hiking trails to more secluded lochs. Once you've gazed at the postcard perfection of the Cairngorms, it's time to head back to where you started in Glasgow.

The best part about this circular itinerary is that you don't need to rent a car. This trip can be done completely via train—which helps in remembering which side of the road to drive on. However, to see all the things, you may want to consider your own mode of transportation. The Scottish Highlands are definitely worth exploring for more than 48 hours; however, it's amazing what you can see in that short amount of time. ■





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