

STARS  AND STRIPES®

FREE

OCTOBER 2021

# WHAT'S UP

WHAT TO SEE | WHAT TO DO

STUTTGART

## A Little Known Must-See

# MONTENEGRO

*Prague* IN 48 HOURS

*Tafelspitz* TREAT YOUR TASTE BUDS TO THIS HEARTY DISH

& **Much  
More!**



- STARS AND STRIPES' BEST OF GERMANY WINNER 2021 •
- BEST USED CAR DEALERSHIP IN STUTT GART •

Insurance & Financing Assistance • Trades Welcome



Visit our award winning  
showroom, just 4 minutes  
from Panzer Kaserne.

### FIND A CAR

Large Inventory of late model US Spec  
cars, trucks and SUVs.

### ARRIVE & DRIVE PROGRAM

PCSing to Germany? In Quarantine?  
Reserve online and we will get every-  
thing ready for you.

### SELL YOUR CAR

We have great prices with quick,  
friendly service and fast payment.

#### Stuttgart Showroom

Robert-Bosch-Str 6  
71101 Schönaich  
Tel: 01727 129 046  
stuttgart@usedcarguys.net

#### Kaiserslautern Showroom

Weilerbacher Str 110  
67661 Kaiserslautern  
Tel: 0631 680 31 210  
kaiserslautern@usedcarguys.net

#### Ramstein Showroom

Am Lanzenbusch 1  
66877 Ramstein  
Tel: 06371 920 000  
ramstein@usedcarguys.net

**WWW.USEDCARGUYS.NET**





# WHAT'S UP

A Stars and Stripes Community Publication

## COMMANDER

MARCI A. HOFFMAN, Lt Col, USAF

## BUSINESS OPERATIONS MANAGER EUROPE

JOHN RODRIQUEZ

## PUBLISHING & MEDIA DESIGN, DIRECTOR

MARIE WOODS

## WRITER-EDITOR

MARY DEL ROSARIO, ANNA BAGIACKAS

## GRAPHIC ARTISTS

CARRIE FARRELL, RYAN JOYE

## ENGAGEMENT MANAGER KAREN LEWIS

## MARKETING COORDINATOR LEAH GEIER

## MULTIMEDIA ADVERTISING, MANAGER DOUG DOUGHERTY

## MULTIMEDIA ADVERTISING, CONSULTANTS SEAN ADAMS, HEIDI BAYFIELD, NATE JAMISON, TOM KEYS, CLAUDIA STIER, JEFF TEESELINK

## ADVERTISING COORDINATOR AL GREEN

## COVER DESIGN BY CARRIE FARRELL

## ADVERTISING OFFICE

Unit 29480, APO, AE 09211

Postfach 1980, 67607

Kaiserslautern, Germany

+49(0)631-3615-9000

or email: [dougherty.doug@stripes.com](mailto:dougherty.doug@stripes.com)

## CONTACT US:

Telephone: +49 (0) 0631-3615-9111

or DSN: 314-583-9111

Email: [memberservices@stripes.com](mailto:memberservices@stripes.com)

Visit our website for more information  
at [www.StripesEurope.com](http://www.StripesEurope.com)

## TO ADVERTISE CONTACT:



### HEIDI BAYFIELD

STUTTGART AREA MULTIMEDIA CONSULTANT

[bayfield.heidi@stripes.com](mailto:bayfield.heidi@stripes.com)

TEL: 0152-56725021



**pullman**  
HOTELS AND RESORTS

STUTTGART FONTANA



**your home  
away from  
home**



## LUXURY ACCOMMODATIONS

Adjoining rooms and suites

## RESTAURANT & BAR

Abundant breakfast

## SPA & WELLNESS CENTER

Rejuvenate at our pool and spa

## IDEAL LOCATION

Steps from the Vaihingen S-Bahn and U-Bahn stations

## LAUNDRY AND IRONING

facilities available

## CITY PARK

with kids playground and jogging trails in front of the hotel

## Families PCSing receive:

- 10% Discount on food and beverages
- Choose two complimentary amenities - pet accommodation, laundry or parking

Vollmoellerstrasse 5 • 70563

VAIHINGEN - STUTTGART

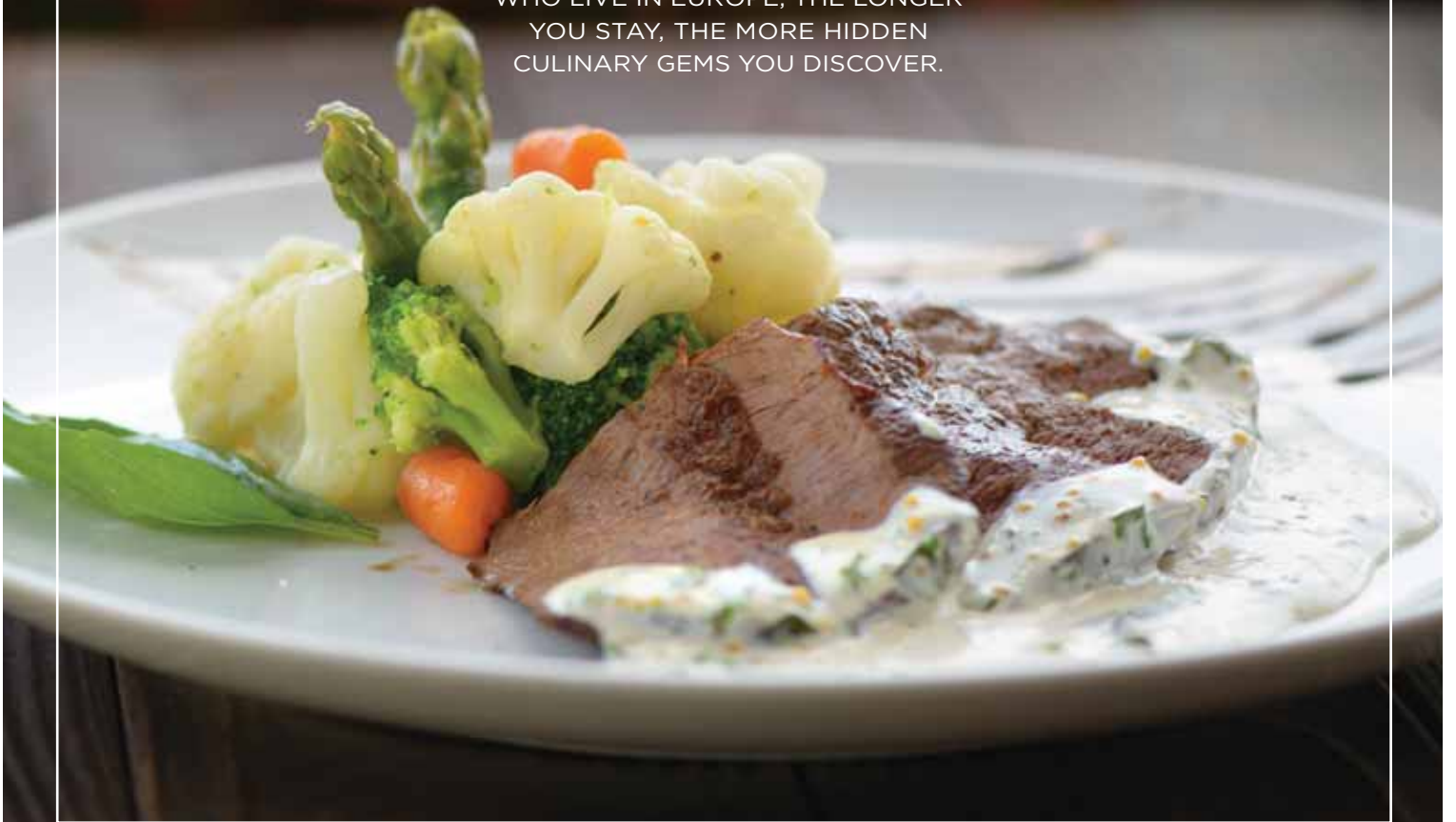
T. +49 711 730 0 • F. +49 711 730 2525 • E. [h5425@accor.com](mailto:h5425@accor.com)

**BOOK TODAY 0711 730 2300**

# TAFELSPITZ

By Carrie Farrell

I DIDN'T LEARN ABOUT "TAFELSPITZ" UNTIL AFTER 10 YEARS OF LIVING IN GERMANY. LIKE MANY AMERICANS WHO LIVE IN EUROPE, THE LONGER YOU STAY, THE MORE HIDDEN CULINARY GEMS YOU DISCOVER.



# JOSEF SEIBEL

## Schuhfabrik.



**Come visit one of Germany's  
most authentic Shoe Factories.**

Customize your own 1886 sneakers directly in our factory during your visit or online 24/7. Guided tours available. Credit cards and VAT Forms accepted.

Opening hours (Sept & Oct):

Monday – Saturday | 10:00 – 17:00

Sunday & German Holidays | 13:00-17:00

**Waldenburgerstr. 1, 76846 Hauenstein** (35 minutes from Ramstein AB) **Tel: 06392-9221 321** [www.josef-seibel.de](http://www.josef-seibel.de)



The word “tafelspitz” refers to the tasty cut of beef from the end of the sirloin, commonly known in the United States as tri-tip. Eventually, the term simply became the generic description for boiled beef. Despite any preconceptions you might have about boiled beef, let me assure you that nothing is dry or gray as you might expect in an authentic “tafelspitz.” Despite the name, the beef isn’t actually boiled. The meat is only slowly simmered.

Boiled beef was a favorite dish of Franz Joseph I, the Emperor of Austria. It’s rumored that he ate it every day. Local stories suggest that, as the laws dictated, the emperor started his meal before his soldiers, but the soldiers could not continue eating after the emperor had finished. This caused many of the soldiers to remain hungry at the end of the meal. In response to this problem, Anna Sacher, the landlord of Hotel Sacher, invented “Tafelspitz,” which could be cooked for several hours and served as soon as everyone was at the table. It is still very popular today and is considered the national dish of Austria and is similarly popular in Germany.

Still wondering why I’m crushing so hard on this dish? The secret is in the sauce. This potentially bland-sounding entrée is traditionally plated in a rich beef broth and topped with a creamy apple-horseradish sauce. Typically accompanied by crispy fried potatoes and steamed vegetables, “tafelspitz” has a lot going on. It’s hot, cold, spicy, creamy, crunchy, soft and highly addictive. My love affair with this unique meal began in St. Wendel at a typical German restaurant I happened upon. Now I look for it wherever I go. ■

The horseradish root possesses a potent flavor, commonly described as hot, spicy and peppery. Unlike hot peppers that burn the tongue, the intense spice of the horseradish is experienced through the nose and sinuses.



MANY CUISINES  
HAVE THEIR  
OWN DELICIOUS  
VERSIONS OF  
BOILED BEEF.

#### ITALY

“Bolito misto” is the Italian answer to boiled beef. Although there are many regional versions, it is typically a stew of mixed meats.

#### FRANCE

The French “pot-au-feu” is a similar take on “Tafelspitz.” “Port-au-feu” is a beef dish with root vegetables served in the style of a hearty stew.

#### ENGLAND

England’s boiled beef recipes are similar to the Austrian version. However, sometimes the traditional root vegetables are replaced with cabbage.

# Changing Smiles, Changing Lives



- Aesthetic Dentistry
- TMJ/Facial Pain Treatment
- Certified Dental Hygienist
- Preventive Care and Periodontal Therapy
- Orthodontics/Invisalign
- Implants
- Oral Surgery



**Dr. Charles A. Smith, DDS** is an American trained dentist providing expert dental care with the newest and most successful techniques. Dr. Smith and his Team are proud to provide for your entire family, from infants to geriatrics, treatment to cover all of your dental needs. Our Team is available in two locations and we **now have new extended evening hours in our Böblingen office!**

We look forward to your visit!

## Heidelberg Dentistry

Römerstr. 1  
69115 Heidelberg  
Tel: (0)6221 651 6090  
[info@heidelbergdentistry.com](mailto:info@heidelbergdentistry.com)  
[www.heidelbergdentistry.com](http://www.heidelbergdentistry.com)

## Böblingen Dental

Charles-Lindbergh-Str. 11  
71034 Böblingen  
Tel: (0)7031 205 6062  
[info@boeblingendental.com](mailto:info@boeblingendental.com)  
[www.boeblingendental.com](http://www.boeblingendental.com)



**CHARLES A. SMITH, DDS  
& ASSOCIATES**

Specialists for Aesthetic Dentistry

# 5 WINE CORK-BASED Craft Ideas

By Anna Leigh Bagiackas

I don't think I am alone in slowly building a collection of wine corks, marked with logos and names of wineries in Germany, France, Italy, Austria, Slovenia and elsewhere throughout Europe. Each time I throw a new cork in the box I have visions of creating beautiful wine cork pieces that will continue to remind me of my time living and traveling in Europe. With the colder and dreary months ahead, I'm thinking I should make these crafts a reality—sooner rather than later. And luckily, I have some inspiration from a couple pre-pandemic trips.

If you're looking for a project to craft and do something with the (inherently growing) collection of wine corks, here are a few ideas to start:

## Wreath

Right outside the Slovenian city of Bled, we visited a charming wine bar and this wine cork wreath appropriately welcomed us in. While you could create one for all or any of the seasons, here is a Christmas themed wreath.



## Birdhouse

While visiting a Christmas market outside the French city of Colmar, this wine cork house sat cozily at a stand for warm vin chaud (mulled wine). I'd like to think it could be a little birdhouse, but it could work as an indoor decoration too.



## Vases and candleholders

Another craft idea well-suited to beginner crafters is a vase or candleholder where you can use a plain glass vase or candleholder as your guide, building your wine corks around it.



## Accessories for your next cheese board

Wine corks can act both as decorations and practical tools to up your cheese board game. Use your corks to make place card holders (for the names of your cheeses), cork cheese knives or wine glass markers (for those pairing wine with their cheese).

## Cork board, tabletop, tray, trivet or bathmat

Creating a flat surface with your corks can provide a range of uses. Think of table or wall decorations, which you have probably seen already because they are simple to make, even for the less crafty of us!



Measure yourself with the best in Europe...



**USAG STUTTGART**

# **Oktoberfest** **BOXING** **CHAMPIONSHIPS**



## **BRING HOME THE BELT.**

**OCTOBER 16, 2021**

**BOXING CLINIC**  
**OCT 14 - 15**

**Matinee starts at 2 p.m. | Main Event starts at 6 p.m.**

Open to male & female US Active Duty & Active Reservists. Register via email at [cory.l.hoffman2.naf@mail.mil](mailto:cory.l.hoffman2.naf@mail.mil), or at the event, 6 a.m. - 12 p.m.

**PANZER FITNESS CENTER, PANZER KASERNE DSN: 431-2724 | CIV: 07031 152724**

FOR MORE INFORMATION VISIT [STUTTGART.ARMYMWR.COM](http://STUTTGART.ARMYMWR.COM)





## GERMANY'S HIGHLIGHT

By Karen Bradbury

# Bayreuth

Countless sights in Bavaria compete for a tourist's attention. Romantics might choose the fairy-tale Neuschwanstein Castle, history buffs are drawn to Nuremberg's dark past and culture hounds in Munich would happily stay put indefinitely. It's no small wonder Bavaria's 10th-largest city doesn't make quite the touristic splash of its better known neighbors.

Bayreuth, a city of 77,000 in Bavaria's Franconian region, lies alongside the Roter Main, one of two rivers that merge to create the mighty Main, between the Fichtel and Franconian Jura mountain ranges. First mentioned in 1194, it profited from a strategic position at the intersection of several trade routes. Fortune favored Bayreuth when the margraves, noblemen assigned by the Holy Roman Emperor to defend its border areas, took up residence. The flourishing of culture, art and architecture peaked during the reign of Frederick, Margrave of Brandenburg-Bayreuth from 1735 to 1763, due in large part to the outside influence of his wife Wilhelmine, sister of Frederick the Great.



*Many visitors name the tour of the Margravian Opera House, a Baroque opera house fit to rival Vienna and Dresden, as a highlight of their time in Bayreuth.*



UP TO -20%\*

# 20 BRAND NEW STORES

Everyone's celebrating from  
18/10 – 23/10/2021



## For all Outletcity fans, the future is bright

With 20 brand new stores, the entire city is celebrating our grand opening season finale. Starting 18/10/2021, not only are the established top brands presenting themselves to the fullest extent available thanks to the spacious architecture, but there is also plenty of room for new names like Longchamp, Haribo, Skechers and Babor. One of the exciting highlights is our City Mall, showing off its new polish. Enjoy wonderful additional opening specials with an extra 20%\* off.

**Insider tip!** Keep your head in the clouds from 10/09 – 24/10/2021 in Hugo Boss Platz thanks to the world's largest swing carousel. Fly as high as 80 m over the roofs of Outletcity Metzingen and round off your shopping day with the experience an unforgettable view.

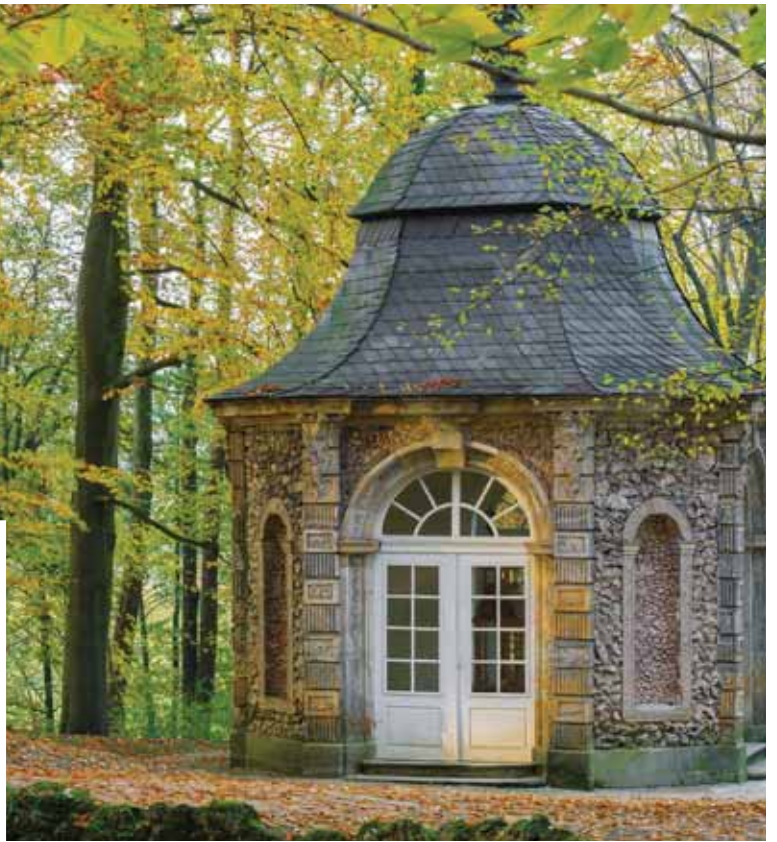
## -10%\*\* VIP Special

Visit us at [outletcity.com/vip-what](https://outletcity.com/vip-what) and receive a code to exclusive prices at over 80 participating brands in Metzingen. It's that easy.

\*Discount on the outlet price, on all styles. The following applies to all offers: already reduced items excluded; cannot be combined with any other offers or promotions; while supplies last; valid only during the indicated period on marked items; offer does not apply to previous purchases; no cash refund; subject to change; errors and omissions excluded. Details in all participating stores and at: [outletcity.com](https://outletcity.com) \*\*Discount on the outlet price (already reduced items excluded, additional conditions may apply). Valid until 31/12/2021. You can find out more about this offer by reading the terms of use at: [outletcity.com/vip-pass](https://outletcity.com/vip-pass)

**OUTLET/CITY**  
METZINGEN

ADIDAS / BOSS / GANT / FURLA / KARL LAGERFELD / MCM / KNEIPP / MICHAEL KORS / POLO RALPH LAUREN  
RAVENSBURGER / SIGIKID / STORCK / THE NORTH FACE / TOMMY HILFINGER / VERSACE / WMF and many more



## Margravine Wilhelmine's Bayreuth

Following her marriage in 1731, Wilhelmine moved from Berlin to Bayreuth and quickly got busy reshaping the town into a center of refinement and intellectualism. Following the fire that consumed the old palace, the New Palace was built in an intimate Rococo style, along with a Baroque opera house fit to rival its most lavish contemporaries in Vienna and Dresden. Other sites associated with this remarkable woman include the Hermitage complex and the "Margravine Wilhelmine's Bayreuth" museum, housed within the New Palace. Many visitors name the tour of the Margravial Opera House, a UNESCO World Heritage site since 2012, as a highlight of their time in Bayreuth.

## Festival Opera House

Bayreuth's history is also intertwined with Richard Wagner, a composer of dramatic operas based on Germanic legends and holder of controversial religious and political views. Wagner settled in Bayreuth in 1872 and four years later, the *Festspielhaus* or Festival House, opened with the premiere of "The Ring of the Nibelung" cycle. Following Wagner's death in 1883, his relatives continued to assist in the organization of operatic music festivals, a tradition that remains at the heart of Bayreuth's cultural calendar to date.

The plain brick façade of the Festspielhaus is at odds with what's found within. One of the world's largest opera houses is also considered one of its greatest, due to its one-of-a-kind acoustics, seating in direct line of sight to the stage, a sunken orchestra pit and a stage that places the singers in intimate contact with the audience. Outside the July-August festival period, guided tours are offered daily. Conducted in German, English handouts help with comprehension. Other Wagner sites include his home, Villa Wahnfried, and his unmarked grave in the surrounding garden.

## Maisel Brewery tour

After all that culture comes the reward. The Maisel Brewery, best known for its wheat beers, has been delighting drinkers since 1887. An hour-long, self-guided audio tour through the Maisel's Bier-Erlebnis-Welt presents brewing techniques of past and present, along with old glasses and advertising signs. The tour is optimally concluded with a frothy glass of the local gold. Prost! The gem that is Bayreuth has been unearthed. ■



NEW  
AT COCADA



## Rejuvenate your skin with a cleansing hydra facial 99€

State-of-the-Art 9-in-1 Hydra Facial Cleansing Machine

Increase skin elasticity • Eliminate rough, aged skin  
Acne treatment • Remove blackheads • Improve skin tone

**COCADA**   
*Kosmetik & Waxen*

*additional spa services available*

Diode laser hair removal, mesotherapy facials, micro-needling, microdermabrasion,  
maderotherapy-cellulite massage, Thai & classic massage, eyelash lifting, henna eyebrows,  
threading, waxing and more.

Call 07031/7217993 for appointments • Postplatz 8, 71032 Böblingen

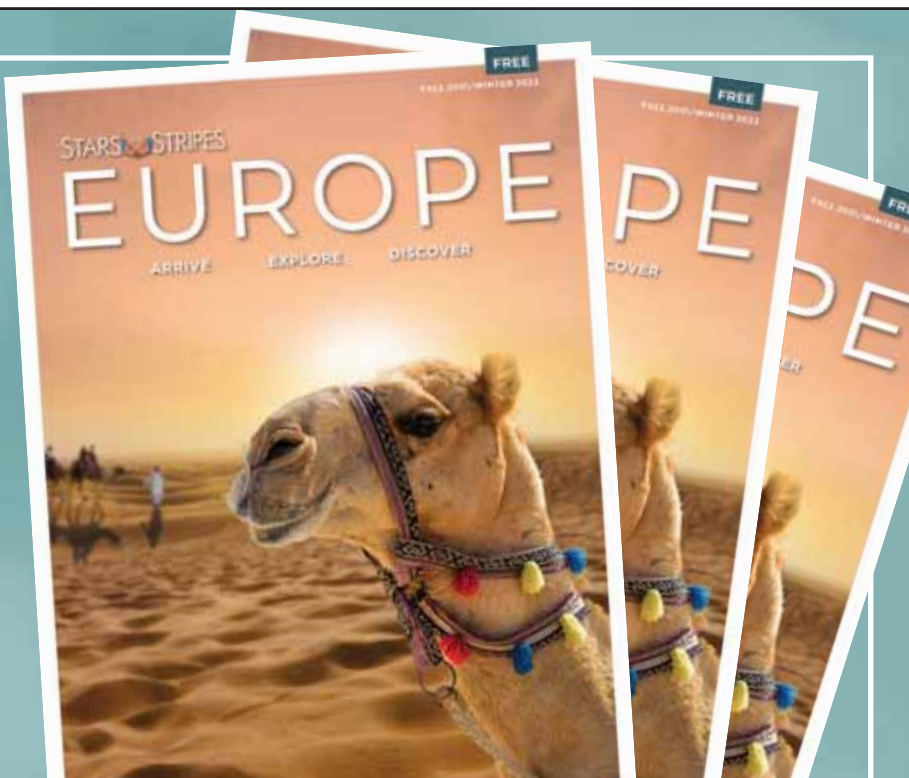
Follow our social media spaces for specials and all of the newest information and services.



FOLLOW  
"Cocadakosmetik"  
ON INSTAGRAM

STARS AND STRIPES  
**EUROPE**  
Fall/Winter Edition

*explore*  
**GARMISCH**  
—  
*discover*  
**EGYPT**  
—  
*and*  
**MORE!**



## AVAILABLE STARTING SEPTEMBER 17<sup>TH</sup>

Get your free copy at your installation's Commissary, BX and Shoppette



## Buying a Home in Germany? Why not!

We support you throughout the whole application and cooperate with a large number of lenders, who offer various financial possibilities

We will guide you from the very beginning to the successful completion  
**- all free of charge.**

Our bilingual experts will ensure a perfect and reliable interpretation down to the smallest detail of the contracts.







PMG

Financial Services GmbH

# HOME IS WHERE YOUR STORY BEGINS

Let us help you start your German story.

House hunting can be challenging, but it doesn't have to be....

**Look for your new home with us!**

In addition to outstanding mortgage financing options, we also offer a varied choice of first class real estate, especially single family homes.

Our real estate listings are in the best locations in and around Stuttgart, verified and approved by our subsidiary company, PMG Real Estate.

Our comprehensive service will take you from start to finish, assisted every step of the way by professional, English-speaking, finance and real estate experts.

**Call us for a free consultation today.**

**PMG FINANCIAL SERVICES GmbH**

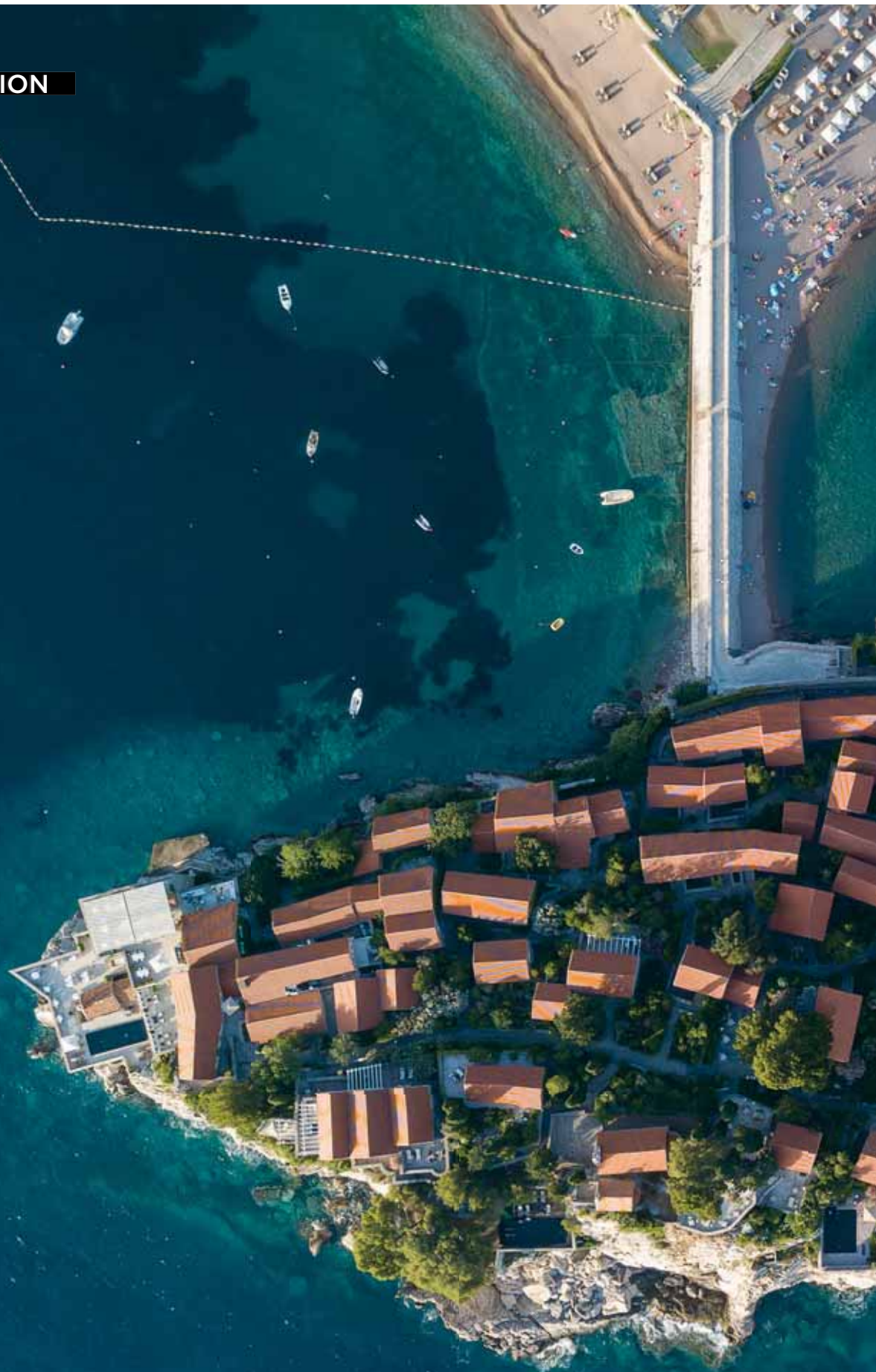
Charles-Lindbergh-Platz 1

71034 Böblingen

Ph: 07031 986 26 70

E-Mail: [info@pmg-finanz.de](mailto:info@pmg-finanz.de)

[www.pmg-finanz.de](http://www.pmg-finanz.de)



Aerial photo of  
Sveti Stefan island  
in Budva.





# MONTENEGRO

## A Little Known Must-See

By Anna Bagiackas

Montenegro, which means “Black Mountain,” is a country in the Balkans and situated on the Adriatic Sea. It is a smaller country, surrounded by Kosovo, Albania, Bosnia and Herzegovina, Serbia and across the sea from Italy. Its capital city is Podgorica, which is home to 30 percent of the population. Although Montenegro may not be as well-known among travelers, a little research of its gorgeous landscapes and unique culture will certainly put this country on the top of your travel bucket list.

*continued on page 16*

*“Montenegro is quickly becoming the spot to go, seen as a cheaper yet rewarding locale compared to the French Riviera, Monaco and other Mediterranean spots.”*



LEFT: Bay of Kotor view from Lovcen mountain.

BOTTOM: Aerial view of Budva.



### *A Little Background*

As with many nations in the Balkans, Montenegro has a long history of being under different rulers and influenced by various cultures. In recent history after World War I, Montenegro was part of Yugoslavia, followed by being in a federation with Serbia. In 2006 it separated from the federation to claim its independence.

The country's cultural influences are easily seen and felt. Architectural monuments and remnants of former rulers like the Illyrians, Romans, Dalmatians, Venetians, French and the Habsburg Austrians are sprinkled throughout the country. The culture has also been significantly shaped by religion, primarily Eastern Orthodox Christianity, and the primary language is Montenegrin.

In terms of tourism, Montenegro is quickly becoming the spot to go, seen as a cheaper yet rewarding locale compared to the French Riviera, Monaco and other Mediterranean spots. Although it was a popular travel destination in the 1980s, it fell off many travelers' radars after the Yugoslav wars.





CLOCKWISE FROM LEFT: Durmitor mountains at sunset, river rafting in Tara Canyon, Rijeka Crnojevic River bend at Skadar Lake National Park.

## Enticing Landscapes

For being a small country, it packs a lot in terms of natural features, from its 295-kilometer-long coastline to rugged mountain ranges and gorgeous lakes. The coastline is full of charming stops, including well-preserved medieval towns. The mountains have some extremely rugged terrain and average more than 2,000 meters in elevation.

If spending time outdoors is what you seek, Montenegro has a plethora of national parks to visit.

- **Lake Skadar** – The largest lake in the Balkans, Lake Skadar and the park are shared with Albania, and it is home to the largest bird reserve in Europe.
- **Durmitor** – This UNESCO World Heritage Site is the home of 18 glacial lakes, known as “mountain eyes,” with the largest being Black Lake.
- **Prokletije** – Part of the 192-km Peaks of the Balkans hiking trail, you will find gorgeous views because it is part of the Dinaric Alps.

With Montenegro’s relatively small size, it’s worth renting a car so you can visit as many spots as possible. Drive along the coast and stop in towns like Kotor, Perast and Stari Grad, and make detours to some of these gems:

- **Sveti Stefan** – This fortified island village is worth a visit just to see it, but you can also check in to the five-star resort on the island for a bit of luxury.
- **Njego’s Mausoleum** – For some amazing views and to truly experience Montenegro’s name, visit this impressive mausoleum on top of Black Mountain.
- **Ostrog Monastery** – This is a holy Orthodox site that will give you a taste of the religion that has shaped the country’s culture.
- **Tara Canyon** – For the thrill seekers, a visit to Tara Canyon will warrant a rafting trip, as that will be the best way to get nice views of the canyon.
- **Ulcinj** – The southernmost town on the coast, this is where to go to relax and enjoy the longest sandy beach in the entire eastern Adriatic.
- **Bay of Kotor** – You might think you’re in Norway here, as this bay looks awfully similar to a fjord.

## Good Eating

What treats and dishes pair with discovering these Montenegrin treasures? It depends what area you’re in, such as on the coast, in the mountains or somewhere in between. Although influenced by culinary traditions of Italy, Turkey and other Mediterranean cultures, Montenegro claims a food scene that stands on its own.

Naturally, you will find lots of seafood on the coast, including the dish “Buzara,” consisting of fresh seafood cooked in either a white or red wine sauce. Don’t forget that beach time also means doughnut time! Keep your eye out for a vendor selling sweet and fried doughy goodness while you sunbathe.

Deeper inland and in the more mountainous areas, foods consist of more comforting dishes such as lamb in milk or stew made of slow-roasted meat and vegetables. One of the country’s specialties is Njegusi prosciutto, which is served on its own and wrapped around steak. Cevapi sausages are also common; these are small sausages of pork or beef that you will find all over the country. Lastly, “burek” pastries are worth a taste, made of thin and crispy phyllo dough surrounding savory fillings.

For those interested in wine, be sure to taste some Montenegrin varieties like the red Vranac. You can even visit the Plantaze vineyard near Podgorica to learn more about it. ■



### TIP: GETTING TO MONTENEGRO

You have a few different options for flying into Montenegro. Tivat or Podgorica are the two airports in the country or fly into Croatia’s Dubrovnik airport and rent a car. Lastly, fly into Italy’s Bari airport and ferry across the Adriatic.

---

# Up Close and Personal *with* Porto Montenegro

---

by Stacy Roman

---

Set within the calmness of Boka Bay along the sun-drenched Montenegrin coastline is Porto Montenegro. At first glance, it appears to be a destination for well-heeled yacht dwellers. However, its rich and complicated past lends itself to the grandeur it has become today. Originally known (and sometimes still referred to) as Tivat, this enchanting area still showcases the influences of the various inhabitants over the centuries, including Serbians, Venetians, Yugoslavs, Romans and Greeks. This upscale neighborhood is a great spot to window-shop and explore, from super yachts moored in the harbor to exquisite fashion houses.



Beautiful aerial view of Porto Montenegro at dusk.



## SHIP/MAIL



**Trans Global**  
LOGISTICS EUROPE GMBH

- International Shipping
- Import & Export
- Inland trucking (U.S. & Europe)
- Door to door pick-up/delivery service
- Customs clearance
- All Risk Marine Insurance
- Auto Insurance (Germany only)

## VEHICLE SHIPPING SERVICES!



**GERMANY**  
Phone: +49 (0) 6134-58444-0  
Toll-Free: 0800-CARSHIP (Germany only)  
E-Mail: info@transglobal-logistics.de  
Web: www.transglobal-logistics.de

**UNITED KINGDOM**  
+44 (0)1638-515714  
enquiries@carshipuk.co.uk  
www.carshipuk.co.uk

**U.S.A**  
+1-972-602-1670  
+1-800-264-8167 (US only)  
info@tgal.us  
www.tgal.us

For 2nd POV Shipments - Offices / Agencies near Military Installations

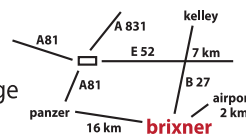
## AUTOMOTIVE



### Maintenance, repair and overhaul - body work

- partner of many insurances
- detailing for PCS shipment
- VAT forms/VISA accepted
- english spoken

**Our promise:**  
**best rate** on- and off post  
**great offers** for oil/tire change  
**Ask for prices!**



*We are happy to serve you*

Mon-Fri 7:30 am-6 pm  
Brühlhofstr. 9,  
70771 L.-Echterdingen

**www.brixner.de**

info@brixner.de • phone: 0711/993377-0



## A Little History and What To Do

Porto Montenegro has a long history of cultural refinement and high society. Archaeological digs around the region have unearthed artifacts belonging to the upper-class Greek and Roman civilizations. Because of its location on the water, this part of the city was also known for its sailing and trade community. Today, Porto Montenegro has kept the luxe sophistication of the past and relishes its high-brow status as the Monte Carlo of the Balkans.

Walking along the port itself gives an air of elegance without breaking your budget. Elbow rub amongst the elite at the Porto Montenegro Yacht Club, which boasts a stunning, crystal-clear infinity pool overlooking the bay. Once you've taken a few hours to unwind, head to the waterfront and check out some of the local museums. Many offer a fascinating look into the history of Tivat and Montenegro as they are located in the former homes of aristocrats, religious clergy and royalty dating back centuries. Take a stroll through the tall evergreens of Spomenik Spasiću i Mašeri Memorial Park and adjacent Veliki Gradski Park. Or head out on the water and take a glimpse of the golden colors of sunset from a boat cruise or rented boat.



Embankment of  
Porto Montenegro.

*Today, Porto Montenegro  
has kept the luxe  
sophistication of the past  
and relishes its high-brow  
status as the Monte Carlo  
of the Balkans.*



TOP: Seafood risotto.

BOTTOM: Linguine  
with shrimp scampi



## Good Eats

For exquisite and expertly prepared dishes, make a booking at the Murano at the Regent Hotel. Freshly caught fish of the day, seafood risotto, handcrafted pasta and decadent desserts can be found on their menu. Looking for something a little less expensive yet still trendy and delicious? Head over to ONE Restaurant and Bar. Open from breakfast through late-night, the cafe offers a tasty and colorful twist on seafood dishes and Mediterranean fare. If you're feeling like a Balkan take on American favorites, head just up the road to Big Ben. Thick, juicy burgers and generous helpings of crispy chips (fries) will satisfy even the hungriest of appetites.

Although it may be a windy road from Kotor or Podgorica to this hidden gem, spending a day basking in the luxury of Porto Montenegro is worth the trip. ■



## SERVICES



**SMARTBOX**  
SELF STORAGE

### SIMPLY PACK UP AND STORE!

- Unit sizes:  
10sqft - 550sqft
- 24/7 Access
- Motion sensor alarms  
in every unit
- Surveillance in each  
corridor
- 4 weeks free
- Insurance Included
- Climate controlled  
facility
- Advance payment  
discounts
- English Spoken

### CALL TO RESERVE STORAGE SPACE

**0711 220 62 999**

**Mo - Fr 8 - 19, Sa 9 - 16**

Use our space calculator and reserve online

**[www.smartboxselfstorage.com](http://www.smartboxselfstorage.com)**



Brunnwiesenstraße 9  
73760 Ostfildern

## MOTORCYCLES

**BMW  
MOTORRAD**



**Dexheimer  
MILITARYSALES**

© 0631-36190811

[www.motorradsale24.de/military-sales](http://www.motorradsale24.de/military-sales)

## LAW OFFICES



**BECKER & CO**

### U.S. & GERMAN ATTORNEYS

U.S. & GERMAN DIVORCES • SUPPORT ISSUES • EEO  
WILLS & PROBATE • EMPLOYMENT • PERSONAL INJURY  
MSPB • CONTRACTOR ISSUES • TAX ADVISORS

### FULL SERVICE LAW & TAX FIRM

**Call 069 - 299 - 2069 - 0**

[maiss@b-co.legal](mailto:maiss@b-co.legal)

[www.b-co.com](http://www.b-co.com)

## SHIP/MAIL

**WORLDWIDE  
SHIPPING AGENCY**

**PCS Without Stress!  
Ship Cars/Containers  
to/from USA**

Hours: Monday-Saturday 9am-9pm  
For a free rate request, please email us at:  
**[info@worldwide-ship.de](mailto:info@worldwide-ship.de)**

**Call 0800-5226274 or  
0800-WSR-SHIP (972-7447)**

## BEAUTY & HEALTH



### THERAPY CENTER AM MAIENPLATZ

Center for: Physiotherapy / Occupational Therapy / Speech Language Therapy

Please contact us via e-mail at **[info@therapiezentrum-bb.de](mailto:info@therapiezentrum-bb.de)**,  
or call us at **+49 (0)7031 236262**

Hours of Operation:  
Monday-Thursday-7:00-19:00  
Friday-7:00-16:00

We accept Tricare and all other  
private insurances  
(Cash, Online Banking, EC Card)

Waldburgstr. 1  
71032 Böblingen  
[therapiezentrum-bb.com](http://therapiezentrum-bb.com)

# 48 HOURS IN PRAGUE

By Jessica Zen



The Czech Republic's capital city of Prague is a lovely place to spend two days. You can see just enough in this time to truly appreciate the intricacies of the city, but also leave enough behind to leave you wanting more. The city is split by the Vltava River and is brimming with Baroque churches, Renaissance architecture, medieval streets and tasty treats.



# docteam42



At Docteam42, we strive to deliver the highest quality healthcare to our American patients. Utilizing the most up-to-date medical knowledge and technology, we provide expert medical care to your entire family. We employ several American nurses to provide our English-speaking patients with competent and comfortable care. Whether you need a Family Doctor, Internist, Pediatrician, Physical Therapist, or Plastic and Aesthetic Surgeon, we have you covered.

Docteam42  
Poststr.42  
71032 Böblingen

Appointments,  
prescriptions,  
refills, referrals:  
[www.docteam42.com](http://www.docteam42.com) or  
[info@docteam42.com](mailto:info@docteam42.com)

US Adults:  
07031-2043476  
US Children:  
07031-2043434  
General Office:  
07031-234545



Please visit our website

**[www.docteam42.com](http://www.docteam42.com)**

to see a list of all of the services we  
provide or to book your appointment  
online. We look forward to your visit!

**Tricare Authorized Provider**

## OLD TOWN CHARM

---

Start your adventure in Old Town Square. Dine in an al-fresco restaurant, admire the surrounding architecture and listen to the clip-clop of horse-drawn carriages as they convey visitors through the cobblestone streets. In the square, you'll find one of Prague's proudest accomplishments, the 15th-century astronomical clock on the Old Town Hall. The clock is considered one of the best preserved medieval mechanical clocks in the world!

Next up is Charles Bridge. A quick walk will take you to the edge of the Vltava River. The colorful buildings in the background plus the 14th-century bridge make for the perfect picture capturing the essence of Prague. Stroll across the bridge, stopping for photos along the way.

On the other side of the bridge you can make your way up to Prague Castle. It was once the seat of Czech rulers, but today, it is the residence of the president. The grounds are free to visit, but you have to pay to enter the St. Vitus Cathedral, Basilica of St. George and Golden Lane. It's worth the small fee as this massive structure is the largest coherent castle complex in the world.

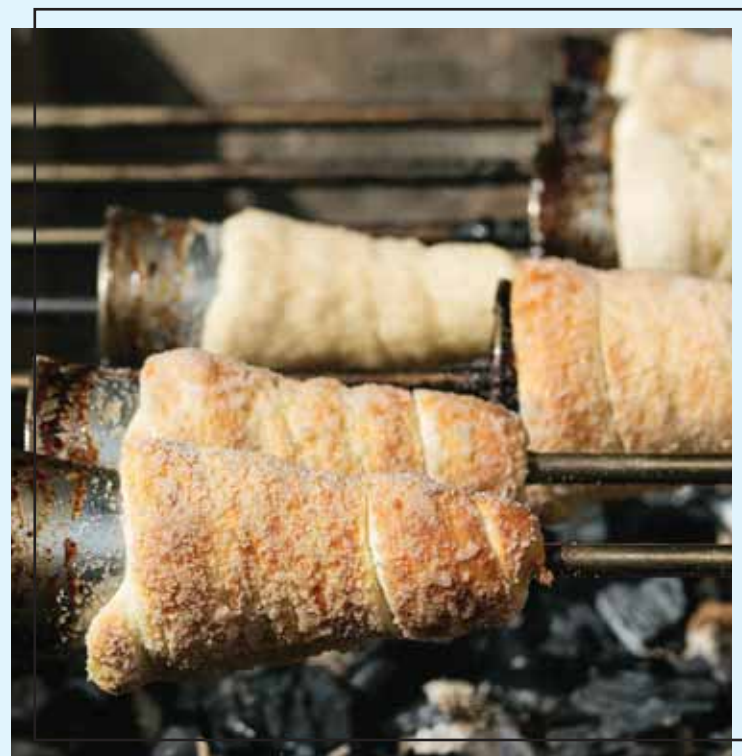


## DELIGHTFUL DELICACIES

---

Prague is the perfect place to sample as many new foods as possible. Add beef tartare to your list of foods to try, a raw minced beef dish often served with an egg. Eat it with bread and pair it with a Pilsner beer. Sample some of the local sweets, particularly the kolache. It is a small dough ball filled with jam. If you're on the go, grab a "trdelník." This is a rolled yeast dough wrapped around a stick and roasted over an open flame. The dough is then brushed with butter and rolled in cinnamon and sugar. Get them filled with Nutella and ice cream for an extra sweet treat!

Spend some time getting to know the winding streets, historical buildings and fascinating restaurants Prague has to offer. In just 48 hours, you're sure to fall in love with this magical city. ■







# Dentistry Of The Next Generation

## OXIDIO

**Dr. Reinhard Winkelmann, Lukas Winkelmann, DMD** (University of Pennsylvania, Philadelphia) and our international, English-speaking team welcome you to our state of the art, renovated office in Gärtringen.

Find the highest American standard of care and a dedicated team with a focus on family, just around the corner!

Visit **[www.oxidio.com](http://www.oxidio.com)** to find out more or call us to make an appointment.

**Dental Office**  
**Dr. Reinhard Winkelmann**  
Blücherstr. 13  
71116 Gärtringen  
Email: [praxis@oxidio.com](mailto:praxis@oxidio.com)  
Phone: 07034-647729-66



**[www.oxidio.com](http://www.oxidio.com)**  **oxidio**  **oxidiodentist**



"AN INTELLIGENT MAN  
IS SOMETIMES FORCED  
TO BE DRUNK TO SPEND  
TIME WITH FOOLS."

- Ernest Hemingway



BOOK YOUR PERSONALIZED, PRIVATE  
TASTINGS FOR 5 TO 40 PEOPLE.

COCKTAIL COURSES BY EXPERT  
MIXOLOGIST.

EVERY TUESDAY IS LADIES NIGHT,  
FEATURING A COMPLIMENTARY,  
WELCOME DRINK.

ASTONISHING SPEAK-EASY AMBIANCE \* DELIGHTFUL DRINKS \* CHILL MUSIC

## FANCY A DRINK?

THE PLACE TO BE!

SOPHIENSTRASSE 3, STUTTGART (CORNER OF SCHLOSSERSTRASSE)  
U-BAHN ÖSTERREICHISCHERPLATZ

OPENING HOURS: 5PM - 2AM

[www.hanky-panky.net](http://www.hanky-panky.net)



@hanky.panky.stuttgart



@hankypankystuttgart



[www.youtube.com/channel/  
UC7oDAShvbPbp9mQaSO7ci7g](https://www.youtube.com/channel/UC7oDAShvbPbp9mQaSO7ci7g)