





OXIDIO

Find the highest American standard of care and a dedicated team with a focus on family, just around the corner!

Lukas Winkelmann, DMD (University of Pennsylvania) and the international, English-speaking team at OXIDIO welcome you to our state of the art dental practice in Gärtringen.

- Dental exams & cleaning
- Fillings, crowns, bridges, root canals
- Periodontics
- Teeth whitening
- Orthodontics/Invisalign
- Implants

English-speaking staff American dental hygienist Tricare Preferred Provider offering direct billing

Conveniently located, close to the S-Bahn and A81.

Visit **oxidio.com** to find out more or call us to make an appointment.

Dental Office Lukas E. Winkelmann, DMD

Blucherstrasse 13 71116 Gaertringen E-mail: praxis@oxidio.com Tel: 07034-6477290 www.oxidio.com



Opening Hours:

Monday & Tuesday 7 am - 4 pm Wednesday & Thursday 8 am - 5 pm Friday 7 am - 12 pm (Lunch Break 12 - 12:30 pm)





oxidio Dr. Winkelmann



oxidiodentist



oxidio youtube

STARS STRIPES.

WHAT'S UP

A Stars and Stripes Community Publication

Europe Office

COMMANDER

Dan "DQ" Quinlan, Lt Col, USAF

BUSINESS OPERATIONS MANAGER

John Rodriguez

PUBLISHING & MEDIA DESIGN, MANAGER

Carrie Farrell

PUBLISHING & MEDIA DESIGN, LEAD EDITOR

Kat Nickola

WRITER-EDITORS

Tamala Malerk, Katie Wells

GRAPHIC DESIGNERS

Daniela Gammon, Ryyan Joye, Mandy Mills

ENGAGEMENT MANAGER

Kay Moncada

MARKETING COORDINATOR

Kristen Thoennes

COMMUNITY RELATIONS COORDINATOR

Al Green

MULTIMEDIA ADVERTISING, MANAGER Doug Dougherty

MULTIMEDIA ADVERTISING, CONSULTANTS

Sean Adams, Heidi Bayfield, Kandace Blevin, Nate Jamison, Jeff Teeselink, Caitlin Weaver

ADMINISTRATIVE ASSISTANT

Danny Padro

ADVERTISING OFFICE

Unit 29480, APO, AE 09211 Postfach 1980, 67607 Kaiserslautern, Germany

+49 (0) 152-5672-5020 **COVER DESIGN BY**

Mandy Mills

Washington Office

PUBLISHER

Max D. Lederer, Jr.

CHIEF OPERATIONS OFFICER

Laura Law

REVENUE DIRECTOR

Scott Foley

ENGAGEMENT DIRECTOR

Chris Verigan

PUBLISHING & MEDIA DESIGN, DIRECTOR

Marie Woods

TO ADVERTISE CONTACT: -



HEIDI BAYFIELD

STUTTGART MULTIMEDIA CONSULTANT bayfield.heidi@stripes.com TEL: 0152-56725021

CONTACT US:

Telephone: +49 (0) 631-3615-9111 or DSN: 314-583-9111 Email: memberservices@stripes.com

WWW.STRIPESEUROPE.COM







@STARSANDSTRIPESEUROPE





GOING TO FEST?

PLAY IT SAFE AND COME 'HOME' TO PULLMAN ON THE S-BAHN.

We invite you to visit the beautifully renovated, state-of-the-art Pullman Stuttgart Fontana.







A cosmopolitan lifestyle hotel

Suites & Adjoining Rooms | Restaurant & Bar Spa & Wellness Center | Laundry & Ironing | City Park & Playground

Ideally located steps from the Vaihingen S-Bahn and U-Bahn station.





BOOK TODAY - 0711 730 2300

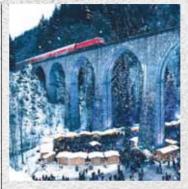
https://pullman-stuttgart.com/en/

PLAMAHEAD

By Katie Wells









BAVARIA

Tollwood Winter Festival, Munich

NOV. 24-DEC. 31, 2025

"A Feast for the Senses," and an alternative Christmas market, this month-long winter event will quell any winter blues or boredom. Shop fairtrade handicrafts from all over the world at the Market of Ideas, see a fire show and enjoy 100 percent organic food from sweet baumstriezeln (chimney cake) to Indian thali. The Witches' Cauldron is a stage area where 60 bands will perform over 30 days and admission is free. The Performance Stage also features shows, the majority of which are free and include theatre, music, international productions and kid's entertainment. This year's theme for the **Tollwood** Winter Festival is "Circus Festival." There will be three contemporary circus shows: Circa, Circo Zoe and the 7 Fingers, each from a different continent. For those interested in winter sports, there will be four curling rinks to experience. For kids, make a circus mask or listen to a bedtime story at the Children's Tent. The festival ends with the Tollwood New Year's Eve Party—a magical midnight waltz on the Theresienwiese.

KAISERSLAUTERN

Saarbrücker Christkindlmarkt

NOV. 17-DEC. 23, 2025

Less than an hour from the KMC area, Saarbrücken's Christmas Market is worth the visit; however, it requires a small amount of extra planning if you want to see the flying Santa. Every day, on St. Johann Market Square, Santa soars above your head in his sleigh pulled by his reindeer. He tells the story of Rudolph the Red-Nosed Reindeer in German. My spouse and I visited a couple of years ago and while the story is told in German, it was still fun to sip a hot cocoa (with a splash of Bailey's), watch and listen as everyone looked to the sky in wonder. Santa flies by overhead with his reindeer each day at 5 and 7 p.m. On Children's Wednesdays, he also flies by at 2 p.m. Additionally, get a Christmas photo taken at the Knips-Mich-Hütte free of charge or ice skate at a small rink. Saarbrücken also has a Christmas Light Garden open the first weekend of Advent, Nov. 29, 2025.

STUTTGART

Ravenna Gorge Christmas Market

NOV. 28-DEC. 21, 2025

Twinkling lights, the sound of a train whistling above head and a sparkling blanket of snow create an enchanting atmosphere at the Ravenna Gorge Christmas Market. The market is nestled under a towering stone aqueduct in the Black Forest and allows a limited number of guests to enter each evening. Within the forest, there is an illuminated nativity trail. Kids, or adults, can send a letter with their Christmas wish to Santa at the Christmas Post Office. Plan early as this magical event is only on weekends and tickets sell out fast! First, sign up for the newsletter which will get you access to ticket sales one hour earlier than the rest of the public. www.hochschwarzwald.de/ service/newsletter. The link for ticket purchase comes out a few days prior to the sale date in mid-October. To get there, you can hike by lantern from the winter hiking trail through the Löffeltal from Hinterzarten in about 45 minutes or you can schedule a free bus ticket in advance from Hinterzarten, Himmelreich or Titisee. There is parking onsite; however, it must be booked and is limited.

WIESBADEN

Hochheimer Markt

NOV. 7-11, 2025

On the weekend after All Souls' Day, the entire town of Hochheim am Main is closed off and transforms into one of the largest folk festivals in Germany. The Hochheim Market is over 500 years old and is a combo of a folk festival, state fair and cattle market. On the opening Friday, at noon, guests and the mayor kick off the festival with five cannon shots. Over the five-day celebration, visitors can enjoy rides like the classic swing carousal. In the cattle market area, free pony rides are available each day and there are scheduled events like the District Horse Show, the traditional Cattle Market and the Historic Showman Tractor Exhibition. In the historic market area, you can sip mead and munch on suckled pig while shopping over 400 artisan and trader stalls. There is even a bathhouse if you'd prefer some R&R. To bid the fun farewell, Tuesday is Family Day with discounted prices, and the evening concludes with a firework show at 7 p.m. ■

Scan here to see what is happening in your community.



Worldwide Coverage Wherever You Go

Foreign Service Benefit Plan

Wherever your career takes you, we've got you covered.

- · Competitive premiums
- Comprehensive worldwide medical coverage
- · In and out-of-network benefits
- Wellness incentives

FEHB High Option Plan open to eligible Federal Civilian employees.

All benefits are subject to the definitions, limitations, and exclusions set forth in the Foreign Service Benefit Plan's Federal brochure (RI 72-001).

Check your eligibility now! afspa.org/eligibility



@afspaCares









LOOKING FOR A PERSONALIZED WORKOUT?

WE OFFER:

- · Location Only 5 Minutes From Patch
- · English Speaking Classes
- No Contracts/ Easy Online Booking
- Private or Small Group Classes
- Help to Increase Strength, Flexibility & Find Relief From Those Nagging Pains



My Pilates Place



BOOK NOW and get 5% OFF YOUR FIRST SESSION!

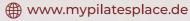
Use code STARS24



My Pilates Place Hauptstraße 19, 70563 Stuttgart

1 0178-261-1180

🔀 hallo@mypilatesplace.de





Hokkaido Pumpkins



By Kat Nickola

f you are looking for pumpkins at a German grocery store, think small and tasty. Hokkaido pumpkins, or *kabocha*, are hands-down the most popular winter squash and a favorite for cooks across the country. A type of *kuri* (acorn) squash, red Hokkaido's have very thick, dark-orange flesh and a nutty flavor. Green Hokkaido's have yellowish-orange pulp and a milder flavor. They make incredible cozy, autumnal dishes like soups and stews. While they can be used for super cute jack-o-lanterns, their density makes them pretty difficult to carve.







Full service for your car — all makes and models

Accident repair

Bodywork & Painting

Maintenance & Repairs

Breakdown service Loaner/Rental cars available Pick-up and delivery service Partnered with many insurance companies
VAT forms / credit cards accepted
English spoken

Best rates on and off post & great offers for oil and tire changes.

Ask for prices!

We are happy to serve you

BRIXNER AUTOMOBILE
BRÜHLHOFSTRASSE 9
70771 LEINFELDEN-ECHTERDINGEN

MON – FRI 7:30 – 16:30 VEHICLE PICKUP POSSIBLE UNTIL 17:30



tel: 0 711 99 33 77 0 www.brixner.de

Making Magic in The Black Standard By Katie Wells

The Black Forest has earned its name. If you've ever entered it, you may know the eerie feeling of looking back through the tree line at a bright sunny day while all around you the light is eclipsed—almost like you are wearing a dark pair of sunglasses. The Black Forest is full of natural beauty; although, once immersed, it's easy to envision fairytales, legends and darker stories that have been born from it. It's almost as if the lighting plays tricks and from time to time, as you wander, something or someone is lingering in your peripheral.

Gfällrote, the Witch of Kandel

It's possible that lingering entity is the Witch of Kandel. Legend says that around 300–500 years ago, witches had feasts and ceremonies on top of **Kandel**, one of the highest mountains in the southern Black Forest. It is said that one of these witches, Gfällrote, has risen from the ashes of a **funeral pyre** and wreaks havoc on the Kandel. A funeral pyre is a structure, typically made of wood, used to burn bodies. This was commonly used to execute witches during witch trials.

Gfällrote is not alone. Her two hellhounds also prowl the forest and help her make mayhem. She acts as a shapeshifter and often transforms into surrounding flora or tree stumps. So, if a stump looks particularly gangly or if you see a lone stem of foxgloves, it might be best to keep your distance. Gfällrote cannot be injured, but her two hounds can. Despite this, she can resurrect them at any time. Saving some of your lunch to share with them or carrying a few dog treats is wise if you dare hike the two-and-a-half hour loop hiking trail.

KANDEL TOUR (JOSEF-SEGER-WEG) — BLACK FOREST

Distance: 7.2 km | Hiking Time: 2.5 hours

Highlights:

- Heiberer rock
- Kandel southwest face
- · Thomas-hütte with panoramic views

For trail information, visit Komoot.com.



The Witch of Lautenbach

Some say she was troublemaker; others believe she was a healer and powerful woman with a stroke of mischief. The Witch of Lautenbach is not a real historical figure, rather a local legend based on women who once lived in the forest, practiced herbal medicine and were known healers— therefore "witches." Local legend says you can follow the footsteps of the Witch of Lautenbach by hiking the **Lutenbacher Hexensteig** (Lautenbach Witches' Trail) which is a 15 km loop starting and ending at the Lautenbach (Baden) Station.

The witchy highlight of the trail is the Hexenhäuschen, or "witches' cottage," on the Sohlberg mountain. It is a guirky, small two-story hut that looks as if it jumped out of a drawing. Perched on the roof above the door are two crows looking down curiously at visitors, perhaps they are the witch's familiars. A Hexenhäus, or "witches' house," is a small dwelling, often built deep in the forest. Not all witches' houses were designed to lure children as a snack like in Hansel and Gretel. Traditionally, they were places where witches could channel the natural energy from the earth and perform rituals and spells. Hikers can also see a giant forest sofa with a witch's broom and sip schnapps from the Schnapps Fountain Kohlerhof. If the full loop sounds too long, there are shorter variations of the hike.

LAUTENBACH WITCHES' TRAIL-HEXENHAUSCHEN LOOP FROM LAUTENBACH

Distance: 15 km | **Hiking Time:** 5 hours **Highlights:**

- The Witches' Cottage
- Forest Sofa with Witch's Broom
- Schnapps Fountain Kohlerhof
- Pilgrimage Church of the Coronation of the Virgin Mary
- Views of the Rechtal Valley

For trail information, visit schwarzwald-tourismus.info.

The Schwarzwald Witches

These are just two of the witchy legends from the Black Forest, but there is a lot of Hexen heritage in the **Schwarzwald**. Black Forest witches were wise women who were misunderstood and persecuted during the witch hunts of the 16th and 17th centuries. They are often portrayed as beings deeply connected to the natural world, healers of past and present, forest guardians and keepers of herbal knowledge and remedies. And whether evil or do-gooders, all can agree that witches derive from POWERFUL women.

Witches in the Black Forest, today, are celebrated as cheerful, cunning and magical figures during Fastnacht (Carnival), a festive time leading up to lent. It is tradition for villages to create their own witch characters for Umzüge (parades and processions). Detailed wooden masks, Larve, are made by a master woodcarver to represent the witches and witch effigys are hung from houses as a conduit to bless homes and push away grief. An effigy is a figure or doll made from earthly materials like straw or clay and typically represent a witch. Fasnacht celebrations are rituals that help drive away winter and welcome the magic and healing of spring.







At **Docteam42**, our mission is to provide exceptional healthcare tailored to the needs of our American patients. We blend the latest medical advancements with expert knowledge to offer top-quality care for your entire family. To ensure seamless communication and comfort, we have a team of experienced American nurses dedicated to serving our **English-speaking** patients. Whether you're in need of a **Family Doctor**, **Internist**, **Pediatrician**, **Plastic** and **Aesthetic Surgeon**, or **Phlebologist** we're here to support your health journey.

Appointments, Prescriptions, Refills, Referrals or Would You Like To Join Us?

Website: www.docteam42.com **Email:** info@docteam42.com

Pediatrics Clinic Email: Pediatrician@docteam42.com

Docteam42Poststr.42
71032 Böblingen

US Adults: 07031-2043476

US children: 07031-226207

Plastic Surgery: 07031-7216055







Tricare Authorized Provider



HEXENTANZ

Germany's Witchy Heritage

By Kat Nickola

It is that time of year: When we celebrate the shadowy, mysterious side of life and start conjuring ghosts, warding away spirits and magicking our way into longer, darker nights. It's also the time when we think of witches sitting around watching fires burn and cauldrons bubble.

But, what, really, is a witch?

Old hags sowing hate from their brooms?

A powerful sorceress fighting evil?

A nature-worshipper dancing around a fire?

Someone who can magically heal with herbs?

Well, yes! Any of these may be a valid representation of a witch, depending on what definition you use.

Ronald Hutton, esteemed historian of paganism and professor at the University of Bristol, literally wrote the book(s) on witches: "The Witch: A History of Fear, from Ancient Times to the Present." For his research, Hutton uses four definitions of witches that have built up over time. The oldest use of the word **witch**, from thousands of years ago, was for a person who used magic to harm-other people.

Nearly as old is the idea that a witch is simply any magic-user, meaning there are both good and bad witches. It wasn't until more recently that two additional definitions came along. A modern witch may be a feisty woman who challenges the patriarchy, or a practitioner of a nature-based or pagan religion. Huttoh say's all definitions can be true at once.

In Germany, a witch is a "hexe."

That German word for witch shares origins with the English word for spells: hexes. Witches, or **Hexen**, have been looped into modern Halloween celebrations, likely because the holiday has its roots in the Celtic pagan festival of Samhain and the beginning of wintertime.

But in Germany, the winter celebrations were different. So, instead, witches became associated with a wild festival at the opposite side of the calendar celebrating the beginning of summer. The evening of April 30 was a time for pre-Christian people to gather together and dance around bonfires to celebrate all the warmth, abundance and fertility that summer would bring. It continues in the tradition of "Tanz in den Mai," on May 1 when German town festivals find people dancing around maypoles and lovers giving decorated birch saplings to each other.

In the Middle Ages, as Christianity was adopted and witches became a negative symbol of paganism, the nighttime celebration became known as "Hexennacht." On this night, supposedly evil witches continued to celebrate the old beliefs, spreading mayhem and meeting with the devil. It became popular to pray to Saint Walpurga for safety from the witchy curses on this night. The saint, after all, brought Christianity to Germany and was canonized on May 1, 870. In many places, the night is also known as "Walpurgisnacht" because the saint's day intertwines with the old beliefs. It is still celebrated as a night for bonfires and a bit of mischief-making with yard ornaments being stolen and toilet paper decorating trees.



PRIVATE CLINIC FOR PLASTIC & AESTHETIC SURGERY

DREAMS COME TRUE



At TRAUMKLINIK, we pursue one goal: to transform your dreams into reality.

Dr. Corina Constantinescu and Team are at your side with empathy and understanding from the first consultation, planning your aesthetic treatment with professionalism and working together to achieve your goals. Medical expertise, state-of-the-art equipment and the latest technical innovations create a framework for maximum success and utmost comfort.

Do you have a dream? Call for a consultation. We make dreams come true everyday. Let the next one be yours. Sindelfinger Straße 10, 71032 Böblingen

+49(0)7031 - 20 91 20

BOOK AN APPOINTMENT ONLINE

info@traumklinik.de www.traumklinik.de/en



OUR FOCUS:

Breast

- · Breast augmentation
- · Breast lift
- · Breast reduction
- · Breast implant replacement

Face

- · Eyelid lift
- · Botox®
- · Filler injections
- · Lip augmentation

Body

- · Labia reduction
- · Tummy tuck
- · Liposuction | Lipofilling
- · Upper arm lift | Thigh lift







The Harz Mountains are famous for witchy gatherings.

With thick forests and dramatic rocky outcroppings, it's no wonder the Harz Mountains are steeped in myth and legend. This misty limestone upland became a safe haven for Germanic pagans during Charlemagne's eighth-century Christianization campaigns. The lingering heritage means that each stream, cave or cliff has a specific story about the fairy that protects it, a gnome who lives nearby or a witch's coven that still meets.

The most famous witchy location in all of Germany is atop the highest

mountain in the Harz: the high, rounded Brocken. It is here that the largest witch gatherings were said to have taken place, and that idea was even more engrained in the local lore after Goethe penned a Hexennacht scene for his famous play "Faust."

The Brocken, and surrounding villages like Thale, Schierke and Wernigerode continue to host Hexennacht/Walpurgis celebrations today. Thousands of visitors dress up in their own witch attire for the many parties, parades and bonfires.



Witchy sites in the Harz

Tourist sites across the Harz Mountains cash-in on the witch craze by using "hex" in the names of everything from hotels to alpaca farms. But the following three options offer deeper experiences.



You cannot miss the chance to head to the top of this famous peak. It is accessible by train year-round via the Brockenbahn route from the town of Wernigerode, or via hiking and mountain biking trails. At the top, you can take in the views that draw witches to their dances every year. Unless, of course, the spooky fog has rolled in, bringing the "Brockengespenst," or Brocken specter – a creepy halo that haunts your shadows and photos. Don't miss visiting the **Brockenhaus** visitor center, feasting on a meal at the Hexenklause restaurant, or even staying in the high-altitude Brockenhotel. The peak also has some interesting rock formations like the "witches' altar" and the "devils' pulpit."

THALE

The village of **Thale** is a perfect home base for visiting the cheesiest and most entertaining witch-themed sites in the Harz. Downtown are all manner of shops and small museums dedicated to the dark arts. There is also a forest full of kitschy witch-inspired attractions. There are witchthemed rides in an area called Fun Island, a mountain coaster, animal park, restaurants and plenty of places to buy witch-themed souvenirs. The Seilbahnen cable car takes you up to the Hexentanzplatz (witches' dance place) where local witches partied or mounted brooms for a quick flight to festivities over on the Brocken.

HARZER HEXENSTIEG

For a slower pace, the Harz Witches' Trail traverses the mountains from west to east along 150 kilometers worth of trail, with shorter variations to allow hikers options for routing. There are campgrounds along the way, but the trail also passes near quaint half-timbered towns that offer hotel accommodations and their own witch trial history. One highlight of taking to the mountains on foot are the numerous fantastical rock formations along the way - almost all have a magical story or witchy legend behind them. For a souvenir, you can earn badges by collecting stamps at special locations along the trail. ■



Physical Therapy

Your health is our priority!

Here at Midwest Plus, our vision is to deliver an exceptional patient experience in a state-of-the-art environment, while promoting a culture of warmth and hospitality.

Appointments starting in March. Email us today to get an appointment!

Choose us for:

- Chronic Pain
- Back & Jaw Pain
- · Pain from an Injury
- Improvement of Physical Function

More Information:

07031 765 592 0 info@midwest-plus.com

Bahnhofstr. 2 1 OG, 71101 Schoenaich https://www.midwest-plus.com/



Sylvia Holzapfel





GREECE ON A BUDGET IN THESSALONIKI

By Betsy McLaughlin





"...THESSALONIKI OFFERS
SOMETHING FOR EVERYONE,
freely giving the charm of
Greece without the worry
of cost."



rom Santorini to Crete to Athens, people seemingly flock in droves to the well-known country of Greece. However, the picturesque white domes speckled across blue seas and ancient historical monuments can come with a hefty price tag, leaving even the most well-budgeted traveler longing for some reprieve. If searching for the thrill of Greece without breaking the bank, consider a trip to Thessaloniki which offers views, food and history for half the price (and half the crowds)!

The second largest city in Greece, Thessaloniki sits along the Aegean Sea. With easy to navigate public transportation, the downtown can be directly reached from the airport within forty minutes. There, a bundle of clothing and shoe stores await the shopping enthusiast. For the history buffs, a Roman forum dating from the 2nd century AD can be easily viewed. Nearly every street corner seems to house cathedrals and there are 15 UNESCO World Heritage Paleo Christian and Byzantine monuments in the city, offering plenty to explore.



MEDICA



THERAPY CENTER AM MAIENPLATZ

Center for: Physiotherapy / Occupational Therapy / Speech Language Therapy

Please contact us via e-mail at info@therapiezentrum-bb.de, or call us at +49 (0)7031 236262

Hours of Operation: Monday-Thursday-7:00-19:00 Friday-7:00-16:00

We accept Tricare and all other private insurances (Cash, Online Banking, EC Card) Waldburgstr. 1 71032 Böblingen therapiezentrum-bb.com



IMPROVE RANGE OF MOTION AND KEEP JOINTS MOVING

FLEXIBILITY/MOBILITY CLASSES

Mondays at 19:30 · Beginner level Taught in English Slow, controlled barre & floor work



WWW.ACT-SING-DANCE.DE Industriestr. 46, 70563 Vaihingen



Massage and Waxing Ayurvedic | Hot Stone | Herbal Stamp Cupping | Body Detox | Maderotherapy Waxing packages for women and men

• studiobrisa.de/en • Dätzingerstrasse 70, 71120 Grafenau-Döffingen



Professional **Aesthetic Treatments** and Foot Care

- Medical Pedicures
- Reflexology Foot Massage
- Waxing | Facials

in-home foot care upon request



Vaihinger Strasse 10-12 71063 Sindelfingen Phone: 0177-3699582 miranda.albayrak@gmx.de

www.kosmetik-miranda-albayrak.de



- International Shippina
- Import & Export
- Inland trucking (U.S. & Europe)
- Door to door pick-up/delivery service
- Customs clearance
- All Risk Marine Insurance
- Auto Insurance (Germany only)

VEHICLE SHIPPING SER







Phone: **Toll-Free:** E-Mail: Web:

GERMANY +49 (0) 6134-58444-0 0800-CARSHIP (Germany only) info@transglobal-logistics.de www.transglobal-logistics.de

UNITED KINGDOM +44 (0)1638-515714

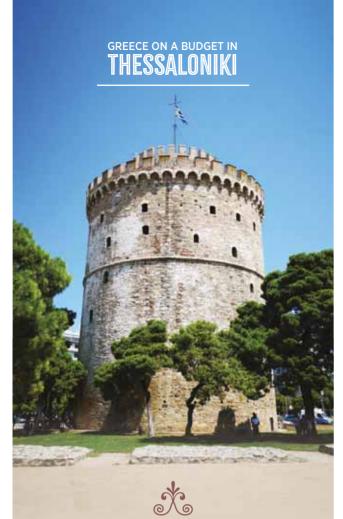
enquiries@carshipuk.co.uk www.carshipuk.co.uk

+1-972-602-1670

+1-800-264-8167 (US only) info@tgal.us

www.tgal.us

For 2nd POV Shipments - Offices / Agencies near Military Installations



For a birds-eye view of the sea, onlookers can walk the winding steps of the **White Tower of Thessaloniki**, overlooking the snow-capped Mount Olympus: the tallest mountain in Greece. For some water adventure, there are plenty of pirate-themed ships that offer a quick ride upon the sea for reasonable prices.

For the curious, the **Archaeological Museum of Thessaloniki** offers a wide variety of statues and history regarding the land of the gods. For those not interested in paying for the indoor tour, the outdoor gardens of the museum can be accessed for free.

A lively outdoor **farmers' market** sits within walking distance of the Archae-ological Museum. While wandering through the tents, each stall will offer samples of their products, including cheeses, honey and oil. For small jars of honey that are suitable for airline carry-on restrictions, be sure to purchase from Bee Care, a company that offers sweet and unique blends of flavors including flower, pine, chestnut and linden honey.





For those interested in biblical history, the **Church of Saint Paul the Apostle** can be accessed for free and is easy to reach via the Cultural Line bus (number 50) from the city center. It is believed that the apostle Paul preached here, helping with the creation of the early Christian church around 50 AD. The church sits atop the city, providing great panoramic views.

From there, meander toward the restaurant called **Kreonidis' Balcony**, where you can feast on the best gyro meat you've ever tasted while gazing at Mount Olympus. If timed just right, the sun may be setting, casting orange and pink hues in the sky, while sailboats bob along the sea.



For a vibrant night life, return to downtown Thessaloniki, where the party is just getting started. Restaurants line the sea, offering music, dance and food galore, with almost everything set at incredibly affordable prices. With the family, find some ice cream at nearly any corner and walk along the water's edge to recap your day.

From families to singles, romantic getaways, to girls' weekends, Thessaloniki offers something for everyone, freely giving the charm of Greece without the worry of cost.

AQUA FACIALS Deep Cleaning Treatment with professional Klapp products

Packages

WAX PACKAGE #1: legs, brazilian, armpits - €95

WAX PACKAGE #2: legs, brazilian, armpits, arms - €120

WAX PACKAGE #3: armpits, brazilian - €64

AQUA FACIAL PACKAGE: 3 treatments - €380

RADIO FREQUENCY FAT REDUCTION: save 19% with your VAT form

LASER HAIR REMOVAL: save 19% with your VAT form

BRAZILIAN LYMPHDRAINAGE:

6 treatments - **€550** | 10 treatments - **€850**

POST SURGERY LYMPHDRAINAGE: consultation and packages available on request

Postplatz 8 • 71032 Böblingen www.cocada-kosmetik.de • 07031/7217993

Give the Gift of

Beauty & Relaxation

with a gift card from Cocada Kosmetik!

Shop online at our website or instagram.
We ship to your home.







YOUR LOCAL MERCHANTS

LAW OFFICES







PHOTO BY

Adel Valdes



The **Boccaccio Ballroom** in Prague is a historically protected ballroom. Built in 1927, the baroque neo-classical interior quickly became the backdrop for high society gatherings, "Soireé Dansantes." It's a perfect place to don fancy clothes, listen to arias and have a meal. In the words of photographer Adel Vlades, "A visit to Prague is not complete without a Mozart dinner show with a three-course meal, balcony seating and a great performance."



Do you love European doors and windows? We want to see your photos of colorful or unique doors and windows from European countries. Email your phot to europesubmissions@stripes.com for a chance to have YOUR SNAPSHOT featured in a "What's Up" magazine!



Changing Smiles, Changing Lives



- Now offering Ceramic Implants: Biological alternative in highest quality!
- Aesthetic Dentistry
- TMJ/Facial Pain Treatment
- Certified Dental Hygienist
- Preventative Care and **Periodontal Therapy**
- Orthodontics/Invisalign
- Implants
- Oral Surgery



Dr. Charles A. Smith, DDS is an American trained dentist providing expert dental care with the newest and most successful techniques. Dr. Smith and his Team are proud to provide for your entire family, from infants to geriatrics, treatment to cover all of your dental needs. Our Team is available in two locations and we now have new extended evening hours in our Böblingen office! We look forward to your visit!

Heidelberg Dentistry Römerstr. 1 69115 Heidelberg Tel: (0)6221 651 6090 info@heidelbergdentistry.com www.heidelbergdentistry.com **Böblingen Dental**

Charles-Lindbergh-Str. 11 71034 Böblingen Tel: (0)7031 205 6062 info@boeblingendental.com www.boeblingendental.com





Midwest Family DENTISTRY

Relaxed and friendly, we listen to your needs. Compassionate and comprehensive care. Located in the heart of Schönaich, 7 minutes from Panzer military base. On-site parking.

Monday to Thursday: 08:00 - 17:00

Friday: 08:00 - 13:00



